CARE case report guidelines

CARE Checklist of information to include when writing a case report

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Topic	Item	Checklist item description	Reported on Line
Title	**1**	The diagnosis or intervention of primary focus followed by the words "case report"	Title page
Key Words	**2**	2 to 5 key words that identify diagnoses or interventions in this case report, including "case report"	After Abstract, before Introduction
Abstract (no references)	**3a**	Introduction: What is unique about this case and what does it add to the scientific literature?	Abstract, Background
	3b	Main symptoms and/or important clinical findings	Abstract, Case presentation
	3c	The main diagnoses, therapeutic interventions, and outcomes	Abstract, Case presentation
	3d	Conclusion—What is the main "take-away" lesson(s) from this case?	Abstract, Conclusion
Introduction	**4**	One or two paragraphs summarizing why this case is unique (**may include references**)	Introduction (first two paragraphs)
Patient Information	**5a**	De-identified patient specific information.	Case Presentation: "A 66-year-old woman"
	5b	Primary concerns and symptoms of the patient.	Case Presentation: "chest tightness"
	5c	Medical, family, and psycho-social history including relevant genetic information	Case Presentation: "hypertension for 3 years"
	5d	Relevant past interventions with outcomes	Case Presentation: "managed with oral antihypertensive agents"
Clinical Findings	**6**	Describe significant physical examination (PE) and important clinical findings.	Case Presentation: Vital signs and ECG Findings (Figure 1)
Timeline	**7**	Historical and current information from this episode of care organized as a timeline	Case Presentation: "Timing of ECGs" paragraph
Diagnostic Assessment	**8a**	Diagnostic testing (such as PE, laboratory testing, imaging, surveys).	Case Presentation: ECG (three serial), CCTA, echocardiography, labs
	8b	Diagnostic challenges (such as access to testing, financial, or cultural)	Discussion 3.4 (Differential Diagnosis)
	8c	Diagnosis (including other diagnoses considered)	Discussion 3.4; final diagnosis in Cardiology Consultation
	8d	Prognosis (such as staging in oncology) where applicable	Case Presentation: CCTA result (mild stenosis) ; symptoms resolved
Therapeutic Intervention	**9a**	Types of therapeutic intervention (such as pharmacologic, surgical, preventive, self-care)	Case Presentation: "No anti-ischemic medications... reassurance and observation"
	9b	Administration of therapeutic intervention (such as dosage, strength, duration)	Same as 9a
	9c	Changes in therapeutic intervention (with rationale)	Not applicable
Follow-up and Outcomes	**10a**	Clinician and patient-assessed outcomes (if available)	Case Presentation: "symptoms resolved spontaneously"
	10b	Important follow-up diagnostic and other test results	Case Presentation: ECG normalization, CCTA findings
	10c	Intervention adherence and tolerability (How was this assessed?)	Not applicable
	10d	Adverse and unanticipated events	None reported
Discussion	**11a**	A scientific discussion of the strengths AND limitations associated with this case report	Discussion 3.5 (Limitations)
	11b	Discussion of the relevant medical literature **with references**.	Discussion (throughout) and References [1-18]
	11c	The scientific rationale for any conclusions (including assessment of possible causes)	Discussion 3.2 (electromechanical hypothesis)
	11d	The primary "take-away" lessons of this case report (without references) in a one paragraph conclusion	Conclusion (final paragraph)
Patient Perspective	**12**	The patient should share their perspective in one to two paragraphs on the treatment(s) they received	Not available
Informed Consent	**13**	Did the patient give informed consent? Please provide if requested	**Yes** ☑ **No** ☐