

Accepted Manuscript

Noradrenaline has opposing effects on the hydraulic conductance of arterial intima and media

K.Y. Chooi, A. Comerford, S.J. Sherwin, P.D. Weinberg

PII: S0021-9290(17)30040-4

DOI: <http://dx.doi.org/10.1016/j.jbiomech.2017.01.027>

Reference: BM 8099

To appear in: *Journal of Biomechanics*

Received Date: 13 August 2016

Accepted Date: 14 January 2017



Please cite this article as: K.Y. Chooi, A. Comerford, S.J. Sherwin, P.D. Weinberg, Noradrenaline has opposing effects on the hydraulic conductance of arterial intima and media, *Journal of Biomechanics* (2017), doi: <http://dx.doi.org/10.1016/j.jbiomech.2017.01.027>

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Noradrenaline has opposing effects on the hydraulic conductance of arterial intima and media

K.Y. Chooi^{1,2}, A. Comerford^{1,2}, S.J. Sherwin², and P.D. Weinberg¹

¹Department of Bioengineering, Imperial College London

²Department of Aeronautics, Imperial College London

January 30, 2017

Abstract

The uptake of circulating macromolecules by the arterial intima is thought to be a key step in atherogenesis. Such transport is dominantly advective, so elucidating the mechanisms of water transport is important. The relation between vasoactive agents and water transport in the arterial wall is incompletely understood. Here we applied our recently-developed combination of computational and experimental methods to investigate the effects of noradrenaline (NA) on hydraulic conductance of the wall (L_p), medial extracellular matrix volume fraction (ϕ^{ECM}) and medial permeability (K_1^1) in the rat abdominal aorta. Experimentally, we found that physiological NA concentrations were sufficient to induce SMC contraction and produced significant decreases in L_p and increases in ϕ^{ECM} . Simulation results based on 3D confocal images of the extracellular volume showed a corresponding increase in K_1^1 , attributed to the opening of the ECM. Conversion of permeabilities to layer-specific resistances shows that although the total wall resistance increased, medial resistance decreased, suggesting an increase in intimal resistance upon application of NA.

Keywords: permeability, filtration, barrier, artery, vasoconstriction, norepinephrine, noradrenaline, atherosclerosis

1 Introduction

The uptake of lipid-carrying plasma macromolecules by the arterial wall is thought to be a critical factor in the development of atherosclerosis (Weinberg, 2004; Tarbell, 2003, 2010). The characteristically patchy accumulation of such macromolecules is the result of complex transport mechanisms into and within the arterial wall which are only partially understood. Given that such macromolecular transport is dominantly advective (Tedgui and Lever, 1985), elucidating the mechanisms of water transport is a key step towards understanding macromolecule

27 accumulation. Our previous studies have demonstrated that medial hydraulic resistance accounts for most of the
28 total wall hydraulic resistance within the physiological pressure range, even in the relatively thin-walled rat aortic
29 bifurcation (Chooi et al., 2016). The medial permeability to water in atheroprone arteries is therefore of interest.

30 The medial layer of the arterial wall consists of vascular smooth muscle cells (SMCs) surrounded by a complex
31 network of elastin, collagen, proteoglycans and glycosaminoglycans. Changes to the structure of this layer are
32 likely to have an impact on the transport of water and solutes across the wall. Our previous study (Chooi et al.,
33 2016) investigated influences of changes in structure resulting from alteration of transmural pressure. It was found
34 that the structural rearrangement of the solid components of the media gives rise to a nonlinear relation between
35 permeability and wall strain. However, there is also an active mechanical mechanism - SMC contraction - that
36 could alter medial (and hence wall) permeability through effects on structure.

37 SMCs alter their tone or actually contract (i.e. shorten along their long axis) depending on the transmural
38 pressure gradient and hence stretch of the wall (Zulliger et al., 2002); under isobaric conditions, the luminal
39 diameter decreases and wall thickness increases (Rachev and Hayashi, 1999). SMC contraction can be induced
40 by the nervous system, by chemical signals transported in the blood and by locally-released paracrine mediators
41 (Ludmer et al., 1986). Hypertension and obesity are examples of systemic conditions associated with increased
42 SMC tone (Fridez et al., 2001; Meyer et al., 2013); both are important risk factors for atherosclerosis, and may
43 act at least in part by influencing medial transport properties. Examples of paracrine mediators are endothelium-
44 derived endothelin (ET-1) and nitric oxide (NO) (Bourque et al., 2011). More recently, a role of perivascular
45 adipose tissue in SMC tone control has been reported; it acts via another set of vasoactive molecules yet to be
46 identified (Meyer et al., 2013). An important implication of these sources of paracrine signalling is the potential
47 existence of heterogeneous distributions of vasodilators and vasoconstrictors within the tunica media, leading to
48 spatially varying medial permeability. This could account in part for the patchy distribution of macromolecular
49 accumulation and atherosclerosis.

50 Here, we have applied our combined numerical/experimental method (Comerford et al., 2015) to investigate
51 the effects of noradrenaline (NA) on water transport properties of the whole arterial wall and its component
52 layers. Effects on transmural water flux were obtained by direct measurement, effects on medial permeability were
53 obtained by numerical methods using experimentally-derived boundary conditions, and intimal hydraulic resistance
54 was obtained by subtraction.

55 2 Methods

56 2.1 Overview

57 The effect of NA-induced vasoconstriction on arterial wall hydraulic conductance, L_p , was investigated using an *ex*
58 *vivo* preparation of the rat aortic bifurcation (Figure 1a,b) described previously (Chooi et al., 2016). The aortic

bifurcation is a common site for atherosclerosis (Mitchell and Schwartz, 1965); stenosis at this location is a major cause of peripheral arterial disease. To distinguish between SMCs and extracellular matrix (ECM) of the wall, and hence to provide the microstructure for the numerical simulations of medial transport, bovine serum albumin (BSA) labelled with the fluorescent dye LissamineTM rhodamine (Rh-BSA), was added to the luminal fluid and its transport was allowed to reach a steady state across the arterial wall. Following completion of the L_p measurements, the Rh-BSA was chemically fixed by perfusion at pressure and its distribution was imaged by confocal microscopy (Figure 1c). Image volumes were transformed onto a structured computational grid and SMCs and other areas inaccessible to the albumin tracer were removed from the domain using a penalty parameter¹, effectively treating the SMCs and fibres with pores sufficiently small to exclude albumin as impermeable objects. This gave realistic geometries for flow simulations.

Flow was simulated in medial tissue blocks driven by pressure gradients imposed in each of the three orthogonal axes and the intrinsic permeability was calculated (Figure 1e,f). The permeability of the ECM was assumed to remain unchanged under the influence of NA; the implications of this assumption are discussed below. The ECM volume fraction was also quantified in each medial block (Figure 1d). Medial thickness was measured from confocal images that were rotated and aligned with the radial direction. Finally, the total wall hydraulic resistance was decomposed into medial and intimal components by subtracting the computationally-obtained medial resistance from the experimentally-measured whole wall resistance, thus elucidating the effects of NA on medial and intimal hydraulic resistance (Figure 1g).

2.2 Animals

All animal procedures were approved by the Local Ethical Review Panel of Imperial College London and complied with the Animals (Scientific Procedures) Act 1986. Eight male Sprague Dawley rats (271.5 ± 6.5 g; mean \pm SEM; Charles River, UK) were fed a normal laboratory diet (LBS Biotechnology Ltd, UK) *ad libitum* and housed under a 12h light cycle at 20-25°C.

2.3 Vessel Isolation

The *ex vivo* methods used in this study were based on previous work, described in Chooi et al. (2016). Briefly, animals were anaesthetised with isoflurane and the distal abdominal aorta and proximal iliac arteries were cannulated and removed. A system of reservoirs provided a constant hydrostatic pressure (Tedgui and Lever, 1984; Forster and Weinberg, 1997) and prevented collapse or over-pressurisation of the arteries during the isolation. The cannulae were tied to a stereotactic tripod to maintain arterial segment lengths and the bifurcation angle at their *in vivo* values before removal of the vessels from the body. The entire preparation was placed into a temperature-controlled bath of Tyrode's Salt Solution (TSS; composition in g/l was 8 NaCl, 0.2 KCl, 0.2 CaCl₂, 0.1 MgCl₂, 0.05 NaH₂PO₄,

¹This parameter drives the permeability towards zero

90 1 NaHCO₃, 1 glucose; pH 6.5) at 37°C that had been pre-equilibrated with 95% air and 5% CO₂.

91 Figure 2 shows the system used to perfuse the vessel at pressure *ex vivo*. TSS supplemented with 1% Rh-BSA
92 and 3% unlabelled BSA was introduced into the lumen and the abluminal TSS was replaced with TSS containing
93 4% unlabelled BSA.

94 2.4 Hydraulic Conductance Experiments

95 Steady state L_p was measured in arteries exposed to an increasing concentration of NA using methods described
96 previously (Chooi et al., 2016). Baseline L_p in the absence of NA was measured in each specimen. NA concentration
97 in the abluminal bath was then increased stepwise (1nM, 100nM, 10 μ M), allowing water transport to reach steady
98 state after each increase in concentration before re-assessing L_p .

99 2.5 Microscopy and image processing

100 2.5.1 Fixation of arteries at pressure and embedding

101 Steady state tracer distributions were obtained after completion of L_p measurements. Vessels were placed into a fresh
102 abluminal saline bath containing 100nM NA until steady state transmural flux of tracer was reached. Fixation and
103 dehydration followed immediately as described by Chooi et al. (2016). The deformation induced by the 100mmHg
104 transmural pressure and the original vessel lengths and angles were maintained by performing the fixation without
105 removing the vessel from the stereotactic and perfusion apparatus. The use of formal sublimate (6% HgCl₂ in 15%
106 formaldehyde) prevented elastic recoil of the vessel when it was released from the apparatus; our previous study
107 (Chooi et al., 2016) showed that preserved length was ~100% of the original vessel length with this fixative but not
108 with formaldehyde on its own.

109 2.5.2 Confocal microscopy

110 The lateral walls were imaged in 3D at a position 2mm proximal to the apex of the bifurcation (For full details,
111 see Comerford et al. (2015)). Briefly, embedded arteries were cut in the frontal plane so that the cut face showed
112 a longitudinal section. The cut face was imaged using an inverted laser scanning confocal microscope (Leica, TCS
113 SP5) with the z-axis of the z-stack aligned perpendicularly to the cut face. Rhodamine fluorescence was excited at
114 575nm; emission was imaged at 585-595nm.

115 2.5.3 Image processing

116 Five cuboidal blocks were extracted from images of three pieces of tissue from the baseline group. A further
117 four blocks were extracted from images of three pieces of tissue fixed at 100nM NA. An example and coordinate
118 orientation of a block is shown in Figure 3. A correction for intensity attenuation with depth was performed using

119 Fiji (Schindelin et al., 2012) as described previously (Comerford et al., 2015) and three image volume rotations were
 120 applied to align the imaging axes to the cylindrical coordinates of the aorta. Medial thickness was measured after
 121 image rotations were applied.

122 2.6 Effective Permeability

123 To determine the effective permeability of a porous medium, the flow field must be determined. Flow around
 124 solid objects embedded in a porous matrix is described by Brinkman's equation (see Wang and Tarbell (1995);
 125 Huang and Tarbell (1997); Comerford et al. (2015)). In the arterial media the solid objects are the SMCs and
 126 impervious fibrous proteins, and the surrounding medium is the porous ECM. The chosen isotropic value for ECM
 127 permeability, $k_{ECM} = 1.32 \times 10^{-18} \text{ m}^2$, was taken from the mean of published values (Wang and Tarbell, 1995;
 128 Huang and Tarbell, 1997; Dabagh et al., 2009). Although these published values were measured in rabbit tissue,
 129 ECM structure and behaviour are similar between vertebrate species (Wagenseil and Mecham, 2009).

130 We recently outlined an efficient approach to determine the effective permeability of the arterial media using
 131 Brinkman's equation (Comerford et al., 2015) and implemented it in the spectral/hp element framework Nektar++
 132 (Cantwell et al., 2015). Briefly, we first determine the flow around SMCs in a representative region of the realistic
 133 microstructure obtained from 3D confocal imaging data (Figure 3, the green tissue represents the ECM and the
 134 blue regions the SMCs and impervious fibrous proteins). The method treats the impermeable objects by applying
 135 a penalty parameter that ensures flow travels around rather than through them. The flow field is determined in
 136 each of the main coordinate directions of each block taken from the arterial wall (coordinates shown in Figure 3)
 137 subject to a pressure drop in that direction. From these simulations we can determine mean volumetric velocity
 138 ($\langle \mathbf{u} \rangle$) and pressure gradients ($\langle \nabla p \rangle$) using Darcy's law:

$$\langle \mathbf{u} \rangle = \frac{\mathbf{k}}{\nu} \langle \nabla p \rangle, \quad (1)$$

139 where ν is the kinematic viscosity and \mathbf{k} is the permeability tensor:

$$\mathbf{k} = \begin{bmatrix} k_{rr} & k_{rz} & k_{r\theta} \\ k_{rz} & k_{zz} & k_{z\theta} \\ k_{r\theta} & k_{z\theta} & k_{\theta\theta} \end{bmatrix} \quad (2)$$

140 The volume-averaged results are then combined to form an over-determined system of equations that can be
 141 solved using a least squares approach to find the components of \mathbf{k} . This amounts to a homogenisation of the
 142 microscale transport to provide a macroscopic description. The tensor in equation 2 can be diagonalised to find the
 143 principal components of fluid transport of the arterial wall (K_1^1 is the radial component and K_1^2 and K_1^3 are the

144 two transverse components). We focus on the radial principal component; this is the dominant transport direction
 145 as the transmural pressure gradient has the largest magnitude.

146 2.7 ECM Volume Fraction

147 The confocal data were transformed onto the quadrature points of the computational mesh (64000 mesh elements,
 148 8×10^6 quadrature points). Thresholding fluorescence intensities divided the volume into two compartments, the
 149 volume occupied by the SMC and impervious fibres and the remaining volume, corresponding to the ECM. Previ-
 150 ously, we have found that the error in the calculated volume is $\sim 2\%$ due to inter-observer variations in the chosen
 151 threshold value (Chooi et al., 2016). The volume fraction of the ECM (ϕ^{ECM}) of a medial block with volume V
 152 can then be defined by:

$$\phi^{ECM} = \frac{V^{ECM}}{V}. \quad (3)$$

153 Between the baseline and 100 nM NA the increase in volumetric strain generated within the ECM can be determined.
 154 This strain relative to the baseline is given by:

$$J = \frac{\phi^{ECM}}{\phi_B^{ECM}}, \quad (4)$$

155 where ϕ_B^{ECM} is the volume fraction of the ECM in the baseline configuration.

156 2.8 SMC aspect ratio

157 The aspect ratio (AR) of SMCs in baseline and constricted conditions was calculated. SMCs were separated in each
 158 slice of each image stack using watershed segmentation in the scikit-image processing library (van der Walt et al.,
 159 2014). This segmentation algorithm allows apparently-connected SMCs to be separated into two distinct cells. In
 160 brief, the confocal images were manually thresholded to form binary images. For the binary image the foreground
 161 represents the ECM and the background represents the SMCs. In each slice, the distance of each background pixel
 162 from the nearest foreground pixel is calculated. When this distance is plotted as a height above the image and
 163 inverted to produce a heightmap, the SMCs are visualised as a series of basins, divided by ridges. The watershed
 164 algorithm then floods the basins up to the height of the ridges. The line on which two basins meet is termed a
 165 watershed and represents the boundary of two adjacent cells. AR, defined as the minor diameter over the major
 166 diameter, was determined for each cell. The results were collected into 50 bins.

167 2.9 Intimal hydraulic resistance

168 Intimal hydraulic resistance, R_{INT} was determined by a combination of our experimental and computational results.

169 Total wall hydraulic resistance, R_{WALL} was calculated from experimental measurements of L_p :

$$R_{WALL} = \frac{1}{L_p}. \quad (5)$$

170 Medial resistance, R_{MED} , was obtained from medial permeability (K_1^1), medial thickness (T), measured from the
171 confocal images, and the viscosity of water (μ):

$$R_{MED} = \frac{\mu T}{K_1^1}. \quad (6)$$

172 As the layers of the arterial wall are arranged in series, intimal resistance can be calculated as follows:

$$R_{INT} = R_{WALL} - R_{MED}. \quad (7)$$

173 3 Results

174 3.1 Whole Wall Hydraulic Conductance

175 Measurements of L_p showed that exposing the artery to 100nM NA was sufficient to achieve a significantly lowered
176 conductance ($p = 0.004$, paired t-test) and that a further increase in concentration did not produce a greater
177 response (Figure 4). Hence all computational studies focused on two conditions: baseline (0M NA) and 100nM NA,
178 henceforth referred to as the constricted condition.

179 3.2 Medial Geometric Measurements

180 The images shown in Figure 5 (a) and (b) are representative slices in the r-z plane of 3D images of baseline and
181 constricted samples. The difference in SMC size is visually evident: the baseline sample contains larger, wider cells
182 than the constricted tissue. Cells do not align circumferentially but have a helical orientation. Some SMCs appear
183 smaller than others since the cells do not have uniform cross sectional area but rather have a fusiform shape (Clark
184 and Glagov, 1985).

185 The visual observations in Figure 5 (a) and (b) are characterised quantitatively by considering a histogram of
186 the SMC ARs (Figure 5 (c) & (d)). Between baseline and 100nM NA there is a shift of the histogram to the
187 right demonstrating that the SMCs are more elliptical in their contracted state (median AR values for baseline and
188 contracted were 0.5232 and 0.4163, respectively).

189 Table 1 summarises ϕ^{ECM} and medial thickness, T . Between baseline and 100nM NA, ϕ^{ECM} increased $\sim 12\%$.

190 This also represents the change in volumetric strain between baseline and the constricted state (see equation 4). T ,
 191 measured from confocal image volumes and expressed as a combined mean of the iliac and aortic region, increased
 192 $\sim 20\%$ ($p=0.044$).

193 3.3 Medial hydraulic permeability

194 Radial hydraulic permeabilities from numerical simulations are shown in Figure 6. Results for individual simulations
 195 are shown in Table 2. K_1^1 in the constricted case was significantly higher than in baseline controls ($\sim 61\%$ increase,
 196 $p = 4.50 \times 10^{-8}$, unpaired t-test). K_1^2 and K_1^3 were 2.2-2.6 times greater than K_1^1 in controls and 1.6-1.8 times
 197 greater in the constricted state. This reflects the anisotropy of the tissue (see Comerford et al. (2015)). However,
 198 water flux is not greater in these directions as the predominant pressure drop is in the radial direction.

199 3.4 Decomposition of wall hydraulic resistance

200 As described in section 3.1, L_p was significantly lower in constricted arteries than in baseline controls ($p = 0.004$,
 201 paired t-test). Thus R_{WALL} was significantly higher in constricted arteries ($p = 8.87 \times 10^{-4}$, paired t-test).
 202 Paradoxically, a corresponding reduction in R_{MED} was observed with NA. K_1^1 was significantly higher in constricted
 203 samples than in baseline ($p = 4.50 \times 10^{-8}$) and medial thickness (T), measured from confocal images², increased from
 204 $27.7 \pm 2.16 \mu\text{m}$ to $33.2 \pm 1.7 \mu\text{m}$. These values were used in equation 6. Despite a $\sim 20\%$ increase in medial thickness
 205 the 61% increase in K_1^1 produced the overall decrease in R_{MED} . Applying the electrical resistance analogy set out
 206 in section 2.9, a 2.6-fold increase in R_{INT} was observed (Figure 7).

207 4 Discussion

208 During contraction, SMCs change in shape, shortening along their long axis and widening in the other two axes
 209 (Seifter et al., 2005). The long axes of SMCs are usually aligned at some angle within the $z-\theta$ plane (Holzapfel
 210 et al., 2002). Previously, it has been shown that following SMC contraction the inner diameter decreases and the
 211 wall thickness increases to reduce circumferential stress (Rachev and Hayashi, 1999). In our experiments, the latter
 212 was observed, with an increase of $\sim 20\%$ in T .

213 In addition to the change in medial thickness, we observed an increase in ϕ^{ECM} (Table 1) between baseline and
 214 100 nM NA, leading to the 61% increase in K_1^1 (Figure 4). ϕ^{ECM} expressed as J (see section 2.7) showed a 12%
 215 increase in volumetric strain, which suggests an increase in the space available for water transport to occur. The
 216 dilatation of the ECM under SMC contraction is due to cell-generated forces pulling on the fibres of the ECM:
 217 contractile elements within SMCs are known to be mechanically connected to extracellular fibres (eg: collagen)

²The thickness T is a mean of 20 samples taken from the aorta and iliac regions

218 through integrins (Moiseeva, 2001; Ye et al., 2014; Bursa et al., 2011), causing a widening of intercellular channels
 219 as seen in Figure 5 and increasing the strain in the matrix.

220 Contraction of SMCs was seen to change their cross-sectional shape: in the baseline configuration, the cross-
 221 section of the SMCs was more circular whilst in the constricted state, the SMCs flattened in the radial direction,
 222 evidenced by a skew of the AR towards zero.

223 A 100nM NA concentration was sufficient to produce a significant decrease in L_p (Figure 4). Higher concentra-
 224 tions had no further effect. Hence the experimental data show that R_{WALL} increases upon NA-induced contraction.
 225 However, the medial permeability data, derived from a numerical simulation based on images of fixed tissue, showed
 226 a decrease in R_{MED} . Although the decrease in R_{MED} may seem counter-intuitive, given the 20% increase in medial
 227 thickness, this is outweighed by the increase in medial permeability of 61%. R_{INT} must have increased with NA in
 228 order to explain the overall increase in R_{WALL} despite the decrease in R_{MED} .

229 We are not aware of any previous studies examining effects of noradrenaline on L_p of endothelium or intima
 230 in large vessels. Several studies have shown that noradrenaline reduces the permeability of cultured aortic or
 231 pulmonary artery endothelium to albumin or dextrans (Langeler and Van Hinsbergh, 1991; Griffin and Moorman,
 232 1994; Zink et al., 1993; Bottaro et al., 1986); these results imply that transport through intercellular junctions is
 233 reduced and hence are consistent with the reduction of intimal hydraulic conductance that we observed. (Note,
 234 however, that transport through intercellular junctions is artefactually elevated in culture (Albelda et al., 1988) for
 235 unknown reasons and hence this agreement may be unreliable.)

236 A study of L_p in individually-perfused capillaries of the frog mesentery showed no effect of noradrenaline (Huxley
 237 et al., 1992). A difference in the properties of capillary and large-vessel endothelium may explain the discrepancy
 238 between this result and our own data. An alternative explanation is that noradrenaline reduced vessel diameter
 239 in the present study but is unlikely to have done so in capillaries, which are devoid of SMC. We speculate that a
 240 reduction in diameter (and hence in endothelial surface area) could lead to buckling or thickening of the endothelium
 241 and hence could influence L_p by making intercellular junctions, longer and/or narrower. Consistent with this view,
 242 our previous study (Chooi et al., 2016) found that L_p decreased when diameter was reduced by lowering the
 243 transmural pressure difference.

244 One limitation of this study is the use of the same value of k_{ECM} in all simulations. Although it is plausible that
 245 SMC contraction would open pores in the ECM, increasing its permeability, this effect would be small compared to
 246 that of increasing the ECM volume fraction, which was taken into account in the simulations - Table 1 and figure
 247 6 show that a small change in ECM volume fraction causes a large change in radial permeability. Furthermore, we
 248 note that any increases in k_{ECM} produced by NA would exaggerate rather than negate the effects that we present:
 249 R_{MED} would be even further reduced by NA, and R_{INT} would consequently be further increased. As an additional
 250 check, we tested both an increase and decrease in k_{ECM} of 20%. An increase in k_{ECM} meant the contribution
 251 of the media to wall resistance was decreased to a level slightly higher than that of the intima ($R_{MED} \sim 51\%$ of

252 R_{WALL}); the endothelium still dominated in the NA-induced contracted state ($\sim 75\%$ R_{WALL}). A decrease in
253 k_{ECM} meant the contribution of the media to wall resistance increased ($R_{MED} \sim 76\%$ of R_{WALL}); the endothelium
254 represented $\sim 63\%$ of the wall resistance in the NA-induced contracted state. In all cases, therefore, a consistent
255 trend was observed.

256 Finally, we speculate briefly concerning the relevance of the results to atherosclerosis. NA increased the resistance
257 of the intima to water flux but decreased the resistance of the media. If these trends also hold for the transport of
258 large solutes, which are dominantly transported by advection, then NA might reduce their influx into the intima
259 and increase their efflux across the media, leading to a decreased intimal accumulation. Effects of noradrenaline
260 might be even more pronounced in muscular arteries, where we would expect larger diameter changes. Depending
261 on whether the solute was pro- or anti-atherogenic (e.g. low- and high-density lipoproteins, respectively), this could
262 have a beneficial or adverse effect on disease development.

263 5 Acknowledgements

264 This study was funded by Imperial College's British Heart Foundation Centre of Research Excellence (RE8/2/23906),
265 a British Heart Foundation programme grant (RG11/5/28743) and a Marie Curie fellowship (Project reference:
266 294104).

267 6 Conflict of Interest

268 The authors declare no conflict of interest in relation to the material presented in this manuscript.

269 References

- 270 Albelda, S. M., Sampson, P. M., Haselton, F. R., McNiff, J., Mueller, S., Williams, S., Fishman, A., and Levine,
271 E. (1988). Permeability characteristics of cultured endothelial cell monolayers. *Journal of Applied Physiology*,
272 64(1):308–322.
- 273 Bottaro, D., Shepro, D., Peterson, S., and Hechtman, H. B. (1986). Serotonin, norepinephrine, and histamine
274 mediation of endothelial cell barrier function in vitro. *Journal of cellular physiology*, 128(2):189–194.
- 275 Bourque, S. L., Davidge, S. T., and Adams, M. A. (2011). The interaction between endothelin-1 and nitric oxide
276 in the vasculature: new perspectives. *American Journal of Physiology - Regulatory, Integrative and Comparative*
277 *Physiology*, 300(6):R1288–R1295.
- 278 Bursa, J., Lebis, R., and Holata, J. (2011). Tensegrity finite element models of mechanical tests of individual cells.
279 *Technology and health care: official journal of the European Society for Engineering and Medicine*, 20(2):135–150.

- 280 Cantwell, C., Moxey, D., Comerford, A., Bolis, A., Rocco, G., Mengaldo, G., De Grazia, D., Yakovlev, S., Lombard,
281 J.-E., Ekelschot, D., Jordi, B., Xu, H., Mohamied, Y., Eskilsson, C., Nelson, B., Vos, P., Biotto, C., Kirby,
282 R., and Sherwin, S. (2015). Nektar++: An open-source spectral/hp element framework. *Computer Physics*
283 *Communications*, 192:205–219.
- 284 Chooi, K., Comerford, A., Sherwin, S., and Weinberg, P. (2016). Intimal and medial contributions to the hydraulic
285 resistance of the arterial wall at different pressures: a combined computational and experimental study. *Journal*
286 *of the Royal Society, Interface*, 13(119).
- 287 Clark, J. M. and Glagov, S. (1985). Transmural organization of the arterial media. the lamellar unit revisited.
288 *Arteriosclerosis, Thrombosis, and Vascular Biology*, 5(1):19–34.
- 289 Comerford, A., Chooi, K. Y., Nowak, M., Weinberg, P. D., and Sherwin, S. J. (2015). A combined numerical
290 and experimental framework for determining permeability properties of the arterial media. *Biomechanics and*
291 *modeling in mechanobiology*, 14(2):297–313.
- 292 Dabagh, M., Jalali, P., and Konttinen, Y. T. (2009). The study of wall deformation and flow distribution with
293 transmural pressure by three-dimensional model of thoracic aorta wall. *Medical engineering & physics*, 31(7):816–
294 824.
- 295 Forster, B. A. and Weinberg, P. D. (1997). Changes with age in the influence of endogenous nitric oxide on
296 transport properties of the rabbit aortic wall near branches. *Arteriosclerosis, Thrombosis, and Vascular Biology*,
297 17(7):1361–1368.
- 298 Fridez, P., Makino, A., Miyazaki, H., Meister, J.-J., Hayashi, K., and Stergiopoulos, N. (2001). Short-term biome-
299 chanical adaptation of the rat carotid to acute hypertension: contribution of smooth muscle. *Annals of biomedical*
300 *engineering*, 29(1):26–34.
- 301 Griffin, M. P. and Moorman, J. R. (1994). ph and temperature modulate norepinephrine-dependent changes in
302 endothelial permeability. *Journal of Applied Physiology*, 76(6):2760–2764.
- 303 Holzapfel, G. A., Gasser, T. C., and Stadler, M. (2002). A structural model for the viscoelastic behavior of arterial
304 walls: Continuum formulation and finite element analysis. *European Journal of Mechanics - A/Solids*, pages
305 441–463.
- 306 Huang, Z. J. and Tarbell, J. M. (1997). Numerical simulation of mass transfer in porous media of blood vessel walls.
307 *American Journal of Physiology - Heart and Circulatory Physiology*, 273(1):H464–H477.
- 308 Huxley, V., McKay, M., Meyer Jr, D., Williams, D., and Zhang, R. (1992). Vasoactive hormones and autocrine
309 activation of capillary exchange barrier function. *Blood cells*, 19(2):309–20.

- 310 Langelier, E. G. and Van Hinsbergh, V. (1991). Norepinephrine and iloprost improve barrier function of human
311 endothelial cell monolayers: role of camp. *American Journal of Physiology-Cell Physiology*, 260(5):C1052–C1059.
- 312 Ludmer, P. L., Selwyn, A. P., Shook, T. L., Wayne, R. R., Mudge, G. H., Alexander, R. W., and Ganz, P. (1986).
313 Paradoxical vasoconstriction induced by acetylcholine in atherosclerotic coronary arteries. *New England Journal*
314 *of Medicine*, 315(17):1046–1051.
- 315 Meyer, M. R., Fredette, N. C., Barton, M., and Prossnitz, E. R. (2013). Regulation of vascular smooth muscle tone
316 by adipose-derived contracting factor. *PloS one*, 8(11).
- 317 Mitchell, J. R. A. and Schwartz, C. J. (1965). *Arterial disease*. Blackwell Scientific Publications.
- 318 Moiseeva, E. P. (2001). Adhesion receptors of vascular smooth muscle cells and their functions. *Cardiovascular*
319 *research*, 52(3):372–386.
- 320 Rachev, A. and Hayashi, K. (1999). Theoretical study of the effects of vascular smooth muscle contraction on strain
321 and stress distributions in arteries. *Annals of biomedical engineering*, 27(4):459–468.
- 322 Schindelin, J., Arganda-Carreras, I., Frise, E., Kaynig, V., Longair, M., Pietzsch, T., Preibisch, S., Rueden, C.,
323 Saalfeld, S., Schmid, B., Tinevez, J.-Y., White, D. J., Hartenstein, V., Eliceiri, K., Tomancak, P., and Cardona,
324 A. (2012). Fiji: an open-source platform for biological-image analysis. *Nat Meth*, 9(7):676–682.
- 325 Seifter, J., Sloane, D., and Ratner, A. (2005). *Concepts in medical physiology*. Lippincott Williams & Wilkins.
- 326 Tarbell, J. M. (2003). Mass transport in arteries and the localization of atherosclerosis. *Annual Review of Biomedical*
327 *Engineering*, 5(1):79–118.
- 328 Tarbell, J. M. (2010). Shear stress and the endothelial transport barrier. *Cardiovascular Research*, 87(2):320–330.
- 329 Tedgui, A. and Lever, M. J. (1984). Filtration through damaged and undamaged rabbit thoracic aorta. *American*
330 *Journal of Physiology - Heart and Circulatory Physiology*, 247(5):H784–H791.
- 331 Tedgui, A. and Lever, M. J. (1985). The interaction of convection and diffusion in the transport of 131I-albumin
332 within the media of the rabbit thoracic aorta. *Circulation research*, 57(6):856–863.
- 333 van der Walt, S., Schönberger, J. L., Nunez-Iglesias, J., Boulogne, F., Warner, J., Yager, N., Gouillart, E., Yu, T.,
334 and the scikit-image contributors (2014). scikit-image: image processing in Python. *PeerJ*, 2:e453.
- 335 Wagenseil, J. E. and Mecham, R. P. (2009). Vascular extracellular matrix and arterial mechanics. *Physiological*
336 *reviews*, 89(3):957–989.
- 337 Wang, D. M. and Tarbell, J. M. (1995). Modeling interstitial flow in an artery wall allows estimation of wall shear
338 stress on smooth muscle cells. *Journal of biomechanical engineering*, 117(3):358–363.

- 339 Weinberg, P. (2004). Rate-limiting steps in the development of atherosclerosis: the response-to-influx theory.
340 *Journal of vascular research*, 41(1):1–17.
- 341 Ye, G. J., Nesmith, A. P., and Parker, K. K. K. (2014). The role of mechanotransduction on vascular smooth
342 muscle myocytes' [corrected] cytoskeleton and contractile function. *Anatomical record (Hoboken, N.J. : 2007)*,
343 297(9):1758–1769.
- 344 Zink, S., Rösen, P., Sackmann, B., and Lemoine, H. (1993). Regulation of endothelial permeability by β -
345 adrenoceptor agonists: contribution of β 1-and β 2-adrenoceptors. *Biochimica et Biophysica Acta (BBA)-Molecular*
346 *Cell Research*, 1178(3):286–298.
- 347 Zulliger, M. A., Kwak, N. T., Tsapikouni, T., and Stergiopoulos, N. (2002). Effects of longitudinal stretch on vsm tone
348 and distensibility of muscular conduit arteries. *American Journal of Physiology-Heart and Circulatory Physiology*,
349 283(6):H2599–H2605.

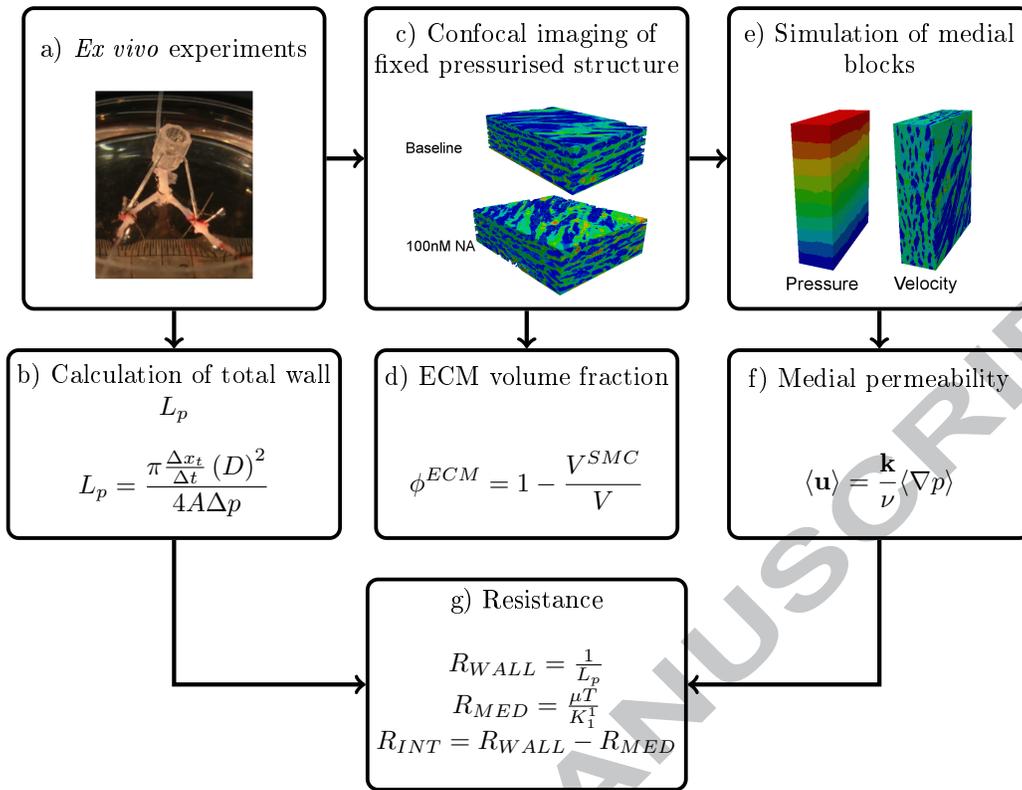


Figure 1: Flowchart describing major steps in the combined computational/experimental method

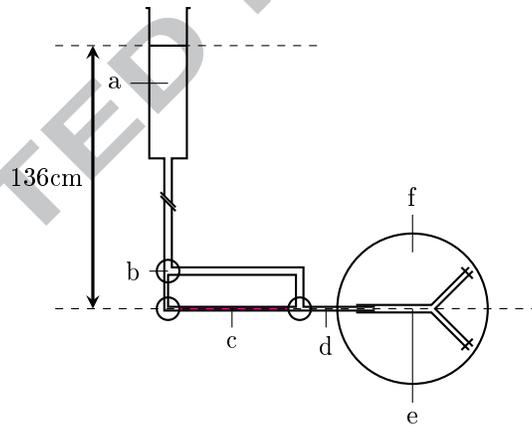


Figure 2: Diagram of *ex vivo* vessel perfusion. (a) TSS reservoir above the vessel, (b) 3-way tap, (c) tracer solution, (d) graduated capillary: Inner diameter= $460\mu\text{m}$, length= 30cm (e) isolated aortic bifurcation: Aortic length= $11 \pm 0.5\text{mm}$, Iliac length= $8 \pm 0.5\text{mm}$ (f) temperature-controlled abluminal bath. Adapted from Chooi et al. (2016).

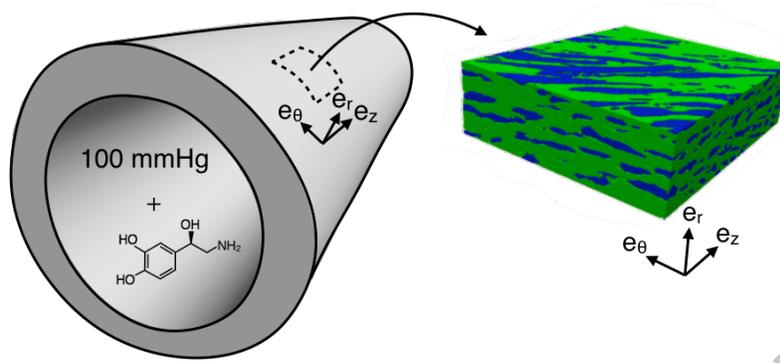


Figure 3: Extraction of a representative region of medial tissue from a 3D confocal image of the fixed artery. The arterial geometry on the left shows the cylindrical coordinate system relative to the artery of an example location for tissue extraction. The medial block on the right shows how the cylindrical coordinates of the artery are represented relative to the tissue block. e_r , e_θ and e_z are the radial, circumferential and axial directions, respectively.

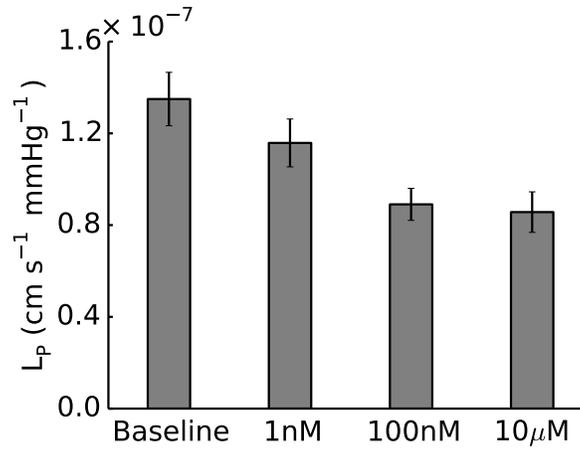


Figure 4: Total wall L_p was significantly reduced in the presence of NA at concentrations $>100\text{nM}$ ($p = 0.004$, $n = 7$ at 100nM ; $p = 0.001$, $n = 5$ at $10\mu\text{M}$, paired t-tests). Error bars represent SEM.

	Baseline (n=5)	100mM (n=4)
ϕ^{ECM}	0.60 ± 0.01	0.68 ± 0.01
T (μm)	27.7 ± 2.2	33.2 ± 1.7

Table 1: Table of geometric measurements showing mean \pm SEM in baseline and constricted states: ECM volume fraction was significantly increased in the media of constricted arteries ($p = 9.12 \times 10^{-4}$, unpaired t-test). Medial thickness increased $\sim 20\%$ from baseline control to constricted case ($p=0.044$, unpaired t-test).

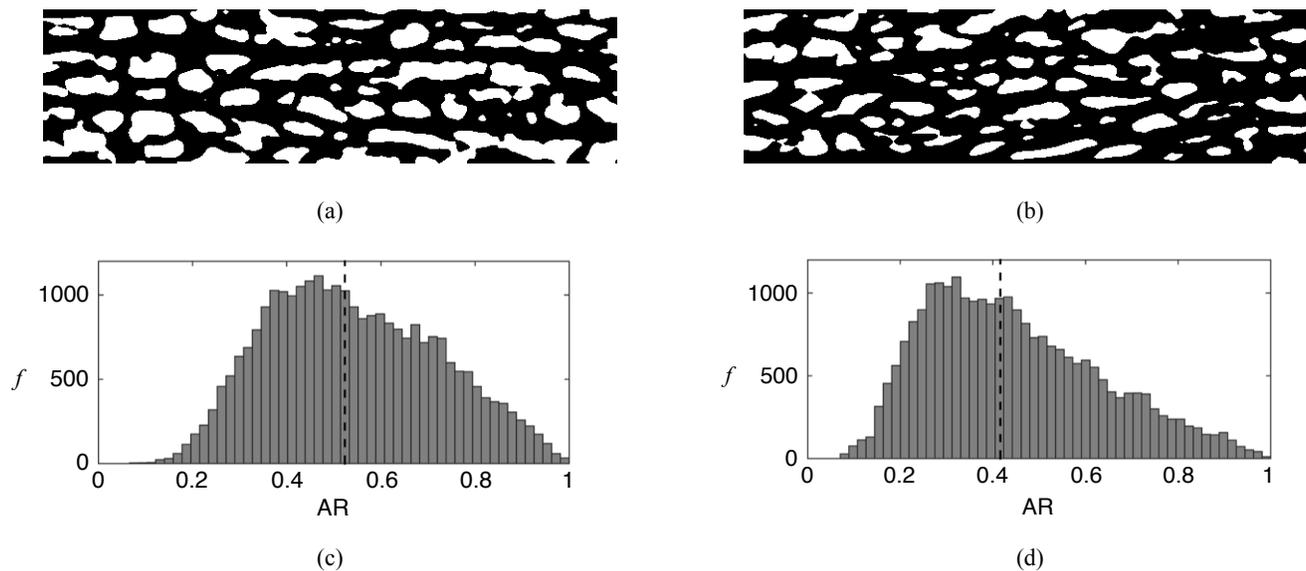


Figure 5: (a) & (b) Thresholded images of tracer in the media in a single r-z slice (Dimensions: $21.28 \times 79.8 \mu\text{m}$) of the 3D confocal stack for typical baseline and constricted samples respectively: white areas represent SMCs and impervious fibres; black areas represent ECM. (c) & (d): Frequency histograms showing aspect ratio (AR) of SMCs for baseline and constricted samples respectively. The black dotted line represents the median AR.

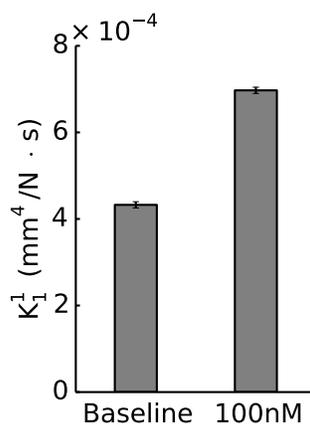


Figure 6: Radial medial hydraulic permeability was significantly increased in arteries constricted with 100nM NA ($p = 4.50 \times 10^{-8}$, unpaired t-test). Error bars represent SEM. $n=5$ (baseline); $n=4$ (constricted).

	Baseline (n=5)	100mM (n=4)
	4.49	7.20
	4.50	6.95
	4.37	6.95
	4.11	6.79
	4.17	
mean	4.33	6.97
SEM	0.0812	0.0844

Table 2: Table of radial medial hydraulic permeability results obtained from simulations. Radial medial hydraulic permeability was significantly increased in arteries constricted with 100nM NA ($p = 4.50 \times 10^{-8}$, Students unpaired t-test).

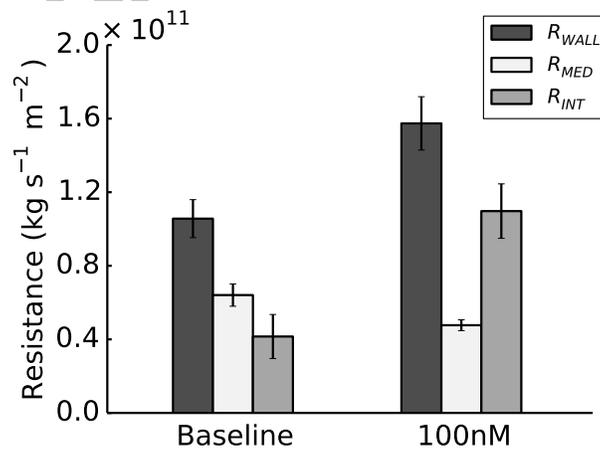


Figure 7: Decomposition of total wall hydraulic resistance at baseline and with 100nM NA. Error bars represent SEM. n=8 (baseline); n=7 (constricted).