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CD23 surface density on B cells is associated with IgE levels and determines IgE-facilitated allergen uptake as well as activation of allergen-specific T cells

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2 **IgE-facilitated allergen uptake as well as activation of allergen-specific T cells**

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32

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34

35 Abbreviated title: B cell surface density of CD23 is associated with T cell activation

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38

39 ABBREVIATIONS

40

41 Art v 1: *Artemisa vulgaris* major allergen 1

42 AU: arbitrary units

43 Bet v 1: *Betula verrucosa* major allergen 1

44 CD23/ FcεRII: cluster of differentiation 23, low affinity IgE receptor

45 CD: cluster of differentiation (3, 11c, 14, 19, 27, 41a, 49d, 56, 61, 80, 86, 123)

46 CCR3: C-C chemokine receptor 3

47 EBV-B cells: Epstein-Barr virus transformed B cells

48 FcεRI: high affinity IgE receptor

49 FAB: facilitated antigen binding

50 FAP: facilitated antigen presentation

51 HLA-DR: human leucocyte antigen D related

52 Ig: immunoglobulin (E, D)

53 IL: interleukin (2, 4)

54 kU/L: kilo units per liter

55 MFI: mean fluorescence intensity

56 MHCII: major histocompatibility complex II

57 PBMCs: peripheral blood mononuclear cells

58 PMA: phorbol 12-myristate 13-acetate

59 PHA: phytohemagglutinin

60 R: R-value calculated with Pearson's correlation

61 R_s: R-value calculated with Spearman rank correlation

62 sCD23: soluble CD23

63 SD: standard deviation

64 SPT: skin prick test

- 65 U/ml: units per milliliter
- 66 kUA/L: kilo units antigen per liter
- 67 kDa: kilo Dalton
- 68 FBS/FCS: fetal bovine serum / fetal calf serum
- 69

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70 **ABSTRACT**

71 **BACKGROUND:** Increasing evidence suggests that the low-affinity receptor for IgE,
72 CD23, plays an important role in controlling the activity of allergen-specific T cells via
73 IgE-facilitated allergen presentation.

74 **OBJECTIVE:** To determine the number of CD23 molecules on immune cells in
75 allergic patients and to investigate if the number of CD23 molecules on antigen-
76 presenting cells is associated with IgE levels and influences allergen-uptake and
77 allergen-specific T cell activation.

78 **METHODS:** Numbers of CD23 molecules on immune cells of allergic patients were
79 quantified by flow-cytometry using Quantibrite beads and compared with total and
80 allergen-specific IgE levels as well as with allergen-induced immediate skin reactivity.
81 Allergen uptake and allergen-specific T cell activation in relation to CD23 surface
82 density was determined by flow cytometry in combination with confocal microscopy
83 and T cells transfected with the T cell receptor specific for birch pollen allergen, Bet v
84 1, respectively. Defined IgE-allergen immune complexes were formed with human
85 monoclonal allergen-specific IgE and Bet v 1.

86 **RESULTS:** In allergic patients, the vast majority of CD23 molecules were expressed
87 on naïve, IgD-positive B cells. The density of CD23 molecules on B cells but not the
88 number of CD23-positive cells correlated with total IgE levels ($R_S=0.53$, $p=0.03$) and
89 with allergen-induced skin reactions ($R_S=0.63$, $p=0.008$). Uptake of allergen-IgE
90 complexes into B cells and activation of allergen-specific T cells depended on IgE
91 binding to CD23 and was associated with CD23 surface density. Addition of
92 monoclonal IgE to cultured PBMC significantly ($p=0.04$) increased CD23 expression
93 on B cells.

94 **CONCLUSION:** CD23 surface density on B cells of allergic patients is correlated with
95 allergen-specific IgE levels and determines allergen-uptake and subsequent
96 activation of T cells.

97 **CLINICAL IMPLICATION:** Our study indicates a direct connection between IgE
98 levels, CD23 surface density, allergen uptake and allergen-specific T cell activation. It
99 may open new possibilities for controlling T cell-mediated allergic inflammation by
100 targeting this pathway.

101

102 **CAPSULE SUMMARY:** Our study shows that the surface density of CD23 on B cells
103 is associated with IgE levels and determines IgE-facilitated allergen uptake as well as
104 activation of allergen-specific T cells in allergic patients.

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106 INTRODUCTION

107 Immunoglobulin E (IgE) is known to have two different receptors, the high affinity
108 receptor FcεRI and the low affinity receptor CD23 (FcεRII). Cross-linking of FcεRI-
109 bound IgE by allergens mediates the degranulation of mast cells and basophils and
110 thus leads to immediate symptoms of allergic disease¹. In addition, FcεRI is
111 expressed on eosinophils² and antigen presenting cells (APCs; e.g., monocytes,
112 dendritic cells) and was shown to be involved in IgE-facilitated allergen presentation
113 to T cells^{3,4}. Interestingly, the expression of FcεRI on mast cells, basophils and even
114 on antigen-presenting cells is up-regulated by increasing IgE levels^{5,6} and it was
115 found that omalizumab, an anti-IgE antibody, prevents IgE binding to FcεRI and
116 thereby also down-regulates FcεRI expression⁷.

117 The expression of the low affinity receptor for IgE (CD23), a 45 kDa calcium-binding
118 protein belonging to the family of C-type lectins on various cell types has mainly been
119 investigated using cells cultured under various conditions. These studies have shown
120 that CD23 is expressed on B cells⁸, monocytes⁹, T cells¹⁰, dendritic cells¹¹ platelets¹²
121 and neutrophils¹³. However, the expression of the numbers of CD23 molecules on
122 these cell types has not been studied in detail using *ex vivo* isolated cells from
123 allergic patients. CD23 has an important function in IgE-facilitated allergen
124 presentation to T cells^{14, 15}. In fact, IgE-facilitated antigen presentation (FAP) strongly
125 activates allergen-specific T cells and the secretion of pro-inflammatory and Th2-
126 driving cytokines¹⁴⁻¹⁷. It has been shown that FAP can be inhibited with a therapeutic
127 anti-CD23 antibody¹⁸ and by allergen-specific IgG antibodies induced by allergen-
128 specific immunotherapy¹⁹. An association between improvement of symptoms after
129 specific immunotherapy with a reduction of allergen-IgE binding to CD23 (facilitated
130 antigen binding, FAB) on B cells by enhanced levels of blocking IgG antibodies has
131 been demonstrated using FAB assays^{20,21}.

132 Despite the importance of CD23 in activating allergen-specific T cells, several
133 aspects of its biology have not been investigated as meticulously as for FcεRI. For
134 example, there are no studies which have investigated the density of the expression
135 of CD23 molecules on *ex vivo* isolated cells from allergic patients. Studies
136 investigating CD23 mainly focused on the relative number and percentage of cells
137 expressing CD23²²⁻²⁹. Therefore it has also not been studied if the number of CD23
138 molecules on the cells is associated with total and allergen-specific IgE levels.
139 Furthermore, there are no systematic studies in defined experimental human model
140 systems which have analysed if and how the number of CD23 molecules on antigen-
141 presenting cells has an effect on the magnitude of IgE-facilitated allergen
142 presentation and subsequent T cell activation.

143 In the present study we established a new technique for the measurement of the
144 precise CD23 receptor molecule numbers on the surface of immune cells in order to
145 investigate the distribution frequency of CD23 on immune cells in allergic patients
146 and if and how this parameter is correlated with IgE levels. We also studied whether
147 addition of IgE to PBMC cultures has effects on CD23 expression on B cells.
148 Furthermore, we used CD23 cell lines expressing different numbers of CD23
149 molecules on their surface to study if and how the density of CD23 molecules on
150 APCs influences IgE-facilitated allergen uptake and allergen-specific T cell activation.

151

152

153 **METHODS**

154 **Patients**

155 Blood samples from seventeen study participants with a positive history suggestive of
156 grass pollen allergy and a positive skin prick test reaction with grass pollen extract
157 were analysed. Apart from their allergy, none of the subjects had a history of a
158 chronic or current acute disease. Subjects were included in the study during the
159 grass pollen season (i.e., during the months of June/July in Vienna). The presence of
160 symptoms of grass pollen allergy (rhinitis, conjunctivitis, asthma) was recorded at that
161 time. Furthermore, a history of other allergies was obtained. No patients were
162 analysed who had a contraindication against skin prick testing or were under long-
163 term treatment with systemic corticosteroids, immunosuppressive drugs, tranquilizers
164 or psychoactive drugs. Prior to the study, patients were not allowed to use oral
165 antihistamines for 3 days and local (in the skin test area) and systemic corticosteroids
166 for 14 days. The blood samples were analysed in an anonymized manner with
167 approval of the Ethics Committee of the Medical University of Vienna (EK508/2011)
168 after written informed consent was obtained from the patients.

169

170 **Skin prick tests**

171 Skin test solutions (Timothy grass pollen extract, positive control: codeine phosphate,
172 negative control solution, Stallergenes, France) were applied to the lower arms of
173 patients and were pricked with commercial prick lancets (Allergopharma, Reinbek,
174 Germany). After 20 minutes, the wheal reaction was surrounded with a felt pen and
175 transferred to paper using adhesive tape. The size of the wheal reactions was
176 measured by planimetry as described.³⁰

177

178 **Blood samples, total and allergen-specific IgE measurements**

179 Immediately after venepuncture from the antecubital vein the cells from heparinized
180 blood samples were assessed for CD23-expression. Serum was obtained from
181 clotted blood samples by centrifugation and was stored at -20°C until use. Total IgE
182 and timothy grass pollen-specific IgE levels were measured using the Phadia CAP
183 system (Thermofisher, Uppsala, Sweden).

184

185 **Analysis of the data**

186 All clinical data (patient history, skin prick test results) were obtained by a clinical
187 investigator and deposited in a data base. Measurement of total and specific IgE
188 levels was performed by an independent external laboratory, which was unaware of
189 clinical data and CD23 measurements. Measurement of CD23 levels on different cell
190 types was performed by another independent investigator who was not in contact
191 with the study participants and who was blinded regarding total and specific IgE
192 levels and regarding clinical data (i.e., results from skin prick tests and clinical
193 symptoms). After all three independent data sets (i.e., IgE levels, clinical data, CD23
194 measurements) were completed they were submitted to a data base and correlations
195 were analysed.

196

197 **Blood sample preparation and flow cytometry**

198 Red blood cell lysis solution (155 mM ammonium chloride, 10 mM potassium
199 bicarbonate, 12 mM EDTA) was applied to heparinized patients' blood samples. For
200 flow cytometry, the following surface markers of cells were stained: T cells (positive
201 with anti-CD3, clone OKT3), NK cells (anti-CD3 negative, positive with anti-CD56,
202 clone TULY56), B cells (positive with anti-CD19, clone HIB19), monocytes (positive
203 with anti-CD14, clone 61D3), platelets (positive with anti-CD61, clone VI-PL2 and

204 with anti-CD41a, clone HIP8), basophils (positive with anti-CD123, clone 6H6 and
205 anti-CCR3, clone 5E8-G9-B4), neutrophils (granulocytes negative with anti-CD49d,
206 clone HP2/1), eosinophils (granulocytes positive with anti-CD49d, clone HP2/1, anti-
207 CD19 negative), dendritic cells (lineage cocktail negative, positive with anti-CD11c,
208 clone 3.9), naïve B cells (positive with anti-CD19, clone J3-119 and anti-IgD, clone
209 11-26), memory B cells (positive with anti-CD19, clone J3-119, positive with anti-
210 CD27, clone O323). All cells were additionally stained with anti-CD23 (clone
211 EBVCS2). Matching non-binding isotype antibodies were used as controls. All
212 antibodies were obtained from eBioscience (San Diego, CA, USA) except for anti-
213 CD49d, anti-CD19 for naïve/memory staining (Beckman Coulter, Brea, CA, USA) and
214 lineage cocktail lin1 (BD biosciences, Franklin Lakes, NJ, USA). Aliquots of 1.5×10^6
215 cells were used for each staining. Before staining, cells were blocked with 10% v/v
216 mouse serum (Life Technologies, Carlsbad, CA, USA). Dead cells were excluded
217 from the analysis with e780 fixable viability dye (eBioscience). Flow cytometry
218 analysis was performed on a Beckman Coulter FC 500 flow cytometer (Beckman
219 Coulter, CA, USA). Depending on the cell type, 3×10^5 (T cells, B cells, NK cells,
220 monocytes), 1×10^6 (Basophils), or 5×10^5 (all other cell types, i.e., neutrophils,
221 eosinophils, dendritic cells, platelets) events were recorded. FlowJo Software 7.5
222 (Treestar Inc., Ashland, OR, USA) was used for data analysis. Gates were set
223 according to the matching non-binding isotype control of each antibody for each cell
224 type.

225

226 **Measurement and calculation of CD23 surface density**

227 Quantification of CD23 expression was performed using BD Quantibrite PE beads
228 (BD biosciences) according to the manufacturer's instructions. Briefly, beads with
229 different intensity levels in PE-channel FL-2 and defined numbers of surface PE

230 molecules were used as a standard in flow cytometry and used for back-calculation
231 of CD23 stained with a PE-labelled anti-CD23 antibody. FlowJo Software 7.5
232 (Treestar Inc., Ashland, OR, USA) was used for data analysis. Molecule density on
233 cells was calculated only when more than 20 cells of the assessed cell type were
234 positive for CD23.

235

236 **Measurement of soluble CD23 in sera**

237 Measurement of sCD23 in the sera of the patients was performed with Novex® CD23
238 (soluble) Human Direct ELISA Kit (Life Technologies) according to the
239 manufacturer's instructions. The ng/ml values of soluble CD23 were calculated with a
240 standard measuring the 25 kDa form of sCD23.

241

242 **Recombinant allergens, uptake of IgE-allergen complexes by CD23-expressing** 243 **B cell lines**

244 Recombinant Bet v 1 and Art v 1 were obtained from Biomay AG (Vienna, Austria). A
245 recombinant trimer of Bet v 1³¹ was used for experiments where high fluorescence
246 intensity was required. Three EBV-transformed, CD23-expressing B cell lines (high,
247 medium and low CD23 expression) were generated as previously described³². For
248 each sample of $1-2 \times 10^5$ EBV transformed B cells 300 ng of a Bet v 1-specific
249 recombinant monoclonal antibody with a human IgE heavy chain constant region³³
250 were incubated with 300 ng of Bet v 1 trimer fluorescently labelled with Dylight-488
251 according to the manufacturer's instructions (Pierce DyLight 488 labelling kit, Thermo
252 Scientific, Rockford, USA). Bet v 1 trimer³¹ was fluorescently labelled with pHrodo™
253 Green STP Ester (Life Technologies) according to the manufacturer's instructions.
254 The cells were first blocked with 10% human serum for 20 minutes at 4°C.
255 Subsequently, the IgE-allergen complex or allergen alone was added to the cells and

256 incubated for 20 minutes at 4°C. The cells were washed with PBS and incubated for
257 3.5 or 5 hours in RPMI medium (Gibco, Life Technologies) at 37°C, 5% CO₂. For
258 Dylight-488 labelling, surface fluorescence was removed by acid wash immediately
259 after the 20 minutes incubation at 4°C as well as after 3.5 and 5 hours incubation at
260 37°C. For this purpose cells were exposed to acid wash I (130 mM NaCl, 0.5 mM
261 KCl, 10 mM lactic acid, pH 3.9)³⁴ three times for 5 minutes and additionally to acid
262 wash II (150 mM NaCl, 20 mM HCl, pH 1.7)³⁵ for two times one minute at room
263 temperature. Surface CD23 was stained by anti-CD23-PE antibody or matching
264 isotype control. Binding of fluorescently labelled allergen binding (0h) or uptake (3.5h,
265 5h) by the cells were measured by flow cytometry as stated above.

266 CD23 dependency of binding and uptake of IgE-allergen complexes was shown with
267 an anti-CD23 antibody (clone M-L233, BD Biosciences). Anti-CD23 or a matching
268 isotype control (mouse IgG₁) was incubated with the cells at a concentration of 15
269 µg/ml for 20 minutes on ice before incubation with the allergen-IgE complexes.

270 Uptake of fluorescently (Dylight 488)-labelled allergen in confocal microscopy was
271 visualized using a Zeiss LSM 510 (Zeiss, Oberkochen, Germany) with an oil
272 immersion 60x lense. For this purpose, the silhouettes of cells were stained with anti-
273 CD19 (alexa fluor 647, clone HIB19, Biolegend, San Diego, USA) after incubation
274 with allergen-IgE complexes and after acid wash. Cells were then added to adhesion
275 slides (Paul Marienfeld, Lauda-Koenigshofen, Germany), fixed with acetone, washed
276 twice with PBS and the slides were covered with Fluormount (Sigma-Aldrich, St.
277 Louis, USA). A representative cell sample for each cell line was chosen for depiction.

278

279 **Cell sorting and T cell activation assay**

280 An EBV-immortalized B-cell line (HLA-DRB1:0701) was cytometrically sorted for
281 CD23 expression (FACS Aria, Becton Dickinson). Briefly, EBV-immortalized B-cells

282 cells were stained with α -human CD23-FITC (TU1, Caltag, Invitrogen-Fisher
283 Scientific) for 30 min at 4°C, washed once with 1xP BS supplemented with 0.5% w/v
284 BSA and incubated with α -human CD11a (Efalizumab, 3×10^6 EBV cells, 5-10 μ g/ml)
285 for 30 min at 4°C to prevent homotypic aggregation of the EBV-immortalized B-
286 cells³⁶. Cells were washed once with 1xPBS/0.5% w/v BSA and subsequently sorted
287 for CD23 high (MFI: 325), intermediate (MFI: 138) and negative/low (MFI: 11)
288 expressing EBV-immortalized B-cells (FACS Aria).

289 After 48 hours of recovery, sorted EBV-immortalized B-cells (5×10^4 /well) were
290 incubated with titrated concentrations of allergen/anti-Bet v 1 specific IgE complexes
291 in V-bottom plates at 37°C for 3 h. The dependency of IgE binding on binding to
292 CD23 was investigated by adding an anti-CD23 antibody (clone M-L233, BD
293 Biosciences) or a matching isotype control (mouse IgG₁) to the cells. After washing
294 with 1xIMDM 1×10^5 Bet v 1₁₄₂₋₁₅₆-specific Jurkat T cells³⁷ stably transfected with an
295 IL-2-luciferase reporter were added to each well and co-cultured for 6 h. PMA (10^{-7}
296 M) plus PHA (12.5 μ g/ml) served as positive and medium alone as negative control,
297 respectively. After the co-incubation period, cells were lysed and luciferase activity
298 was determined (Promega, Madison, WI) on a Luminoskan Ascent luminometer
299 (Thermo Scientific) as described.³⁸

300

301 **Flow cytometry measurement of MHC and co-stimulatory molecules**

302 Immunophenotyping of sorted EBV-immortalized B-cells was performed with directly
303 conjugated monoclonal antibodies directed against HLA class II (HLA-DR, L243,
304 FITC), CD80 (2D10, PE), CD86 (IT2.2, APC) and CD19 (HIB19, PerCP) as well as
305 non-binding isotype control antibodies (Biolegend). Four-color data acquisition was
306 performed on a fluorescence-activated cell sorter Calibur flow cytometer (Becton
307 Dickinson) and analysed by the CellQuest software (Becton Dickinson). Mean

308 fluorescence intensity (MFI) data were calculated from the geometric mean of the
309 fluorescent intensity for all positive cells (above isotype control) in the flow cytometry
310 channel used. Only data acquired in the same experiment with the exact same
311 settings were used to compare MFIs.

312

313 **Stimulation of PBMCs with IgE**

314 PBMCs from blood donors (5 allergic patients with total IgE levels between 200-312
315 kU/L; 3 non-allergic subjects with total IgE levels <100 kU/L) were isolated by Ficoll
316 gradient centrifugation (GE Healthcare). Aliquots of 1×10^6 cells/well were cultivated in
317 1x RPMI medium (Life Technologies) in 12-well plates together with 1 μ g/ml of a
318 purified recombinant monoclonal human IgE antibody³³ or with PBS alone (Life
319 Technologies). All experiments were done in duplicates. CD23 expression on B cells
320 was assessed by flow cytometry after 6 days of culture. To this end, 5×10^5 total cells
321 were assessed and B cells were stained with an anti-CD19 antibody (clone HIB19)
322 and with an anti-CD23 antibody (clone EBVCS2). Quantification with Quantibrite
323 beads was done as described above and results represent means of duplicates with
324 an error of <5%.

325

326 **Statistical Analysis**

327 To calculate correlations, we used Pearson's correlation coefficient (R) or
328 Spearman's rank correlation coefficient (R_s), depending on the distribution of the
329 data. Spearman's rank correlation coefficient (R_s) was therefore used for correlation
330 of patient's CD23 with IgE and skin sensitivity values because of the skewed
331 distribution of the data. For correlation in *in vitro* B cell uptake and T cell activation
332 experiments, Pearson's correlation coefficient (R) was used because of the normal
333 distribution of the data. Coefficients were considered significant at a p-value < 0.05.

334 A paired t-test was performed to test the null hypothesis, stating that the mean
335 relative increase of CD23 expression after addition of IgE to PBMCs is zero.

336 The analyses were performed with the software package R version 3.1.1. Significant
337 p-values below 0.05 (two-sided test) are marked with * in figures. P-values below
338 0.01 (two-sided tests) are marked with **.

339

340 **RESULTS**

341 **Characterization of grass pollen allergic patients**

342 Blood samples from seventeen patients (9 males, 8 females) with a history of grass
343 pollen allergy (i.e. rhinitis, conjunctivitis and/or asthma during the grass pollen season
344 May-July) were analysed. Clinical and demographic data of the patients are
345 displayed in Table I. All patients had current symptoms of grass pollen allergy (Table
346 I) when skin prick tests were performed and blood samples for flow cytometry and
347 other experiments were obtained. All but two patients had a history of other allergies.
348 Total IgE levels ranged between 33 and 10856 (median: 462) kU/L while IgE levels
349 specific for timothy grass pollen ranged between 1.1 and 1204 (median: 33) kUA/L.
350 All patients had positive skin prick test reactions to grass pollen extract (12.6 -238.7
351 mm²; median: 61)

352

353 **In the grass pollen allergic patients CD23 was expressed mainly on naïve IgD-**
354 **positive B cells.**

355 When CD23 expression was determined on blood cells from patients who were
356 suffering from symptoms of grass pollen allergy, we found that the receptor was
357 expressed almost exclusively on B cells. Table IIA shows that in average 49.8% of
358 patients' B cells expressed CD23 molecules, whereas in most patients only few
359 monocytes (mean: 1.38%), NK cells (mean: 0.57%) or dendritic cells (mean: 0.43%)

360 were CD23 positive (Table IIA). Next, we investigated the CD23 receptor density on
361 the CD23 positive cell populations (Table IIB). We found a high density of CD23
362 molecules expressed on B cells (2168-6719 molecules/cell; mean: 3968) whereas in
363 only 6 out of the 17 patients it was possible to calculate the number of CD23
364 molecules on monocytes and the density was lower than on B cells (i.e., 388-1465
365 molecules/cell; mean: 1089/cell).

366 In order to characterize the CD23 positive and CD23 negative populations of B cells,
367 we stained blood cells of 3 patients (#8, #11, #17) with antibodies specific for CD19,
368 CD23, IgD and CD27 (Table E1). On an average, 65.1% of B cells were CD23
369 positive in these patients. The majority of the CD23 positive cells were also positive
370 for IgD and negative for the memory marker CD27 (naïve B cells, mean: 89.2%)
371 (Table E1). Only 0.5% of the CD23 positive B cells were IgD/CD27 double positive
372 pre-switch memory B cells, 1.1 % were CD27 positive, IgD negative post-switch
373 memory cells and 9.2 % were IgD/CD27 double negative resting memory B cells.

374 Within the CD23 negative B cell population (i.e., 34.9 % of all B cells), 42.9% were
375 naïve IgD positive, CD27 negative B cells, 47.1% were IgD/CD27 double negative
376 resting memory B cells, 8.9% were CD27 positive, IgD negative post-switch memory
377 cells and 1.1% of the CD23 negative B cells were pre-switch memory B cells
378 (IgD/CD27 double positive) (Table E1). The flow cytometry charts of one
379 representative patient (#11; Table I) are displayed in Fig E1 in the online repository.

380

381 **Total IgE levels are correlated with the number of CD23 molecules on B cells**

382 In our group of 17 grass pollen allergic patients, we found a significant correlation
383 between the density of CD23 on CD23 positive B cells (Table IIB) and total serum
384 IgE levels ($R_S=0.53$, $p=0.03$, Fig 1A). A pilot experiment showed that addition of
385 purified monoclonal human IgE to cultured PBMC resulted in a significant increase

386 (mean: 8.5%; $p=0.04$) of CD23 expression on B cells suggesting that IgE may up-
387 regulate CD23 expression (Fig E2, online repository).

388 Furthermore, grass pollen-specific serum IgE levels were also linked to the number of
389 CD23 molecules on B cells ($R_S = 0.46$, $p=0.07$, Fig 1B). We also found a significant
390 correlation between the molecule density of CD23 on B cells (Table IIB) with the size
391 of skin prick test reactions to grass pollen extract ($R_S=0.63$, $p=0.008$, Fig 1C).
392 Additionally, size of skin prick test reactions correlated significantly with grass pollen-
393 specific serum IgE levels ($R_S=0.54$, $p=0.03$) (data not shown). Since only 6 patients
394 showed substantial CD23 expression on monocytes we did not correlate the number
395 of CD23 molecules on monocytes with respective IgE and skin prick test data.

396

397 **Neither the numbers of CD23 positive B cells nor soluble CD23 levels are**
398 **correlated with total and specific IgE levels or skin sensitivity.**

399 Figure 1 shows also the correlations of the percentage of CD23 positive B cells with
400 total and allergen-specific IgE as well as with grass pollen-specific wheal reactions. In
401 fact, neither total serum IgE levels ($R_S=0.34$, $p=0.19$, Fig 1D) nor grass pollen
402 specific serum IgE levels ($R_S=0.34$, $p=0.19$, Fig 1E) correlated with the number of
403 CD23 positive B cells. We also did not find a statistically significant correlation
404 between the percentage of CD23 positive B cells with skin prick test reactivity to
405 grass pollen ($R_S=0.42$, $p=0.09$, Fig 1F).

406 We analysed also the levels of soluble CD23 in the sera of the 17 patients (Table
407 IIB). However, soluble CD23 serum levels did not correlate with patient's total IgE
408 ($R_S=-0.12$, $p=0.66$), grass pollen-specific IgE ($R_S=-0.33$, $p=0.19$) or grass pollen-
409 specific wheal reactions ($R_S=-0.06$, $p=0.81$) (data not shown).

410

411 **IgE-facilitated allergen uptake is dependent on CD23 density on B lymphocytes**

412 We used 3 different CD23-expressing EBV-transformed B cell clones in order to
413 investigate the possible dependence of IgE-facilitated allergen uptake into B cells on
414 CD23 density. Cell line I had an average number of 3×10^5 CD23 molecules/cell, cell
415 line II expressed 1.2×10^5 CD23 molecules/cell on an average and cell line III 5×10^4
416 molecules/cell on an average (Fig 2). In a first set of experiments, we measured and
417 compared the uptake of the complexes into the different cell lines after removal of
418 bound surface molecules via acid wash by incubating the cells with fluorescently
419 labelled allergen-IgE complexes. The allergen-uptake into the different cell lines was
420 studied by confocal microscopy and CD19 positive cells were stained (Fig 2A). We
421 found that the staining of allergen-IgE immune complexes was more intensive on the
422 cell lines expressing high levels of CD23 molecules (i.e., cell line I and II) as
423 compared to the cell line expressing fewer CD23 molecules (i.e., cell line III) (Fig
424 2A). Cells had been stripped with an acidic wash after incubation with the
425 fluorescently-labelled IgE-allergen complexes followed by anti-CD19 staining. Under
426 these conditions CD19 stained the silhouette of the sections whereas labelled
427 allergen appeared intracellular indicating that the allergen had been taken up. No
428 allergen-staining was observed with any of the three CD23-expressing cell lines
429 when allergen-specific IgE was omitted (data not shown).

430 The findings of the confocal staining experiments were corroborated by a second set
431 of experiments in which allergen-IgE binding to the cell surface (Fig 2B) and uptake
432 into the cells (Fig 2C) were studied by flow cytometry. In these experiments we found
433 that there was a significant correlation ($R=0.7$; $p=0.01$) between the number of CD23
434 molecules on the cells and the binding of the allergen-IgE complexes after 20
435 minutes incubation at 4°C (Fig 2B). An almost linear and striking correlation ($R=0.98$;
436 $p=0.000$; Fig 2C) was found between the uptake of allergen after 3.5 hours of
437 incubation at 37°C and the surface density of CD23 molecules on these cells.

438 Binding as well as uptake of allergen-IgE complexes could be blocked by an anti-
439 CD23 antibody (Fig 2D, 2E), and both, complex binding and uptake were unaffected
440 if a matching isotype control was used instead (Fig 2D, 2E). Our experiments
441 demonstrate the causal dependency of allergen uptake and T cell activation on IgE-
442 facilitated allergen presentation via CD23. In these experiments the extent of IgE-
443 facilitated allergen uptake was correlated with the surface density of CD23.
444 In order to further confirm that the allergen-specific signals measured via flow
445 cytometry were derived only from intracellular compartments and did not represent
446 remaining allergen residing on the cell surface, we repeated the uptake experiment
447 using allergen labelled with the pH-sensitive pHrodo green which only emits
448 fluorescence after uptake into endo-lysosomal compartments due to acidic pH.
449 Again, the measured uptake of allergen significantly correlated with the CD23 surface
450 density ($R=0.97$, $p=0.000$, data not shown).

451

452 **The density of CD23 on the surface of B cells determines the activation of**
453 **allergen-specific T cells by IgE-facilitated allergen presentation**

454 Next, we measured if the density of CD23 on antigen-presenting B cells which had
455 been loaded with IgE-allergen complexes influences the activation of MHC-matched
456 Bet v 1-specific T cells which expressed a single Bet v 1-specific T cell receptor. For
457 this purpose, we sorted EBV-transformed B cells into three different sub-populations
458 according to their CD23 expression levels (high, intermediate or low expression),
459 incubated them with equal amounts of Bet v 1-IgE complexes and measured Bet v 1-
460 specific T cell activation (Fig 3). Our experiments showed that T cell activation was
461 directly dependent on the CD23 surface density of co-cultured B cells when
462 incubated together with allergen-IgE complexes (Fig 3A and B). Initial CD23
463 expression on B cells was correlated with subsequent T cell activation ($R=0.94$;

464 p=0.000, Fig. 3A). No relevant T cell activation was observed when an unrelated
465 allergen (Art v 1) or Bet v 1 without Bet v 1-specific IgE was used for stimulation (Fig
466 3B) and IgE-facilitated T cell activation could be blocked by an anti-CD23 antibody
467 (Fig 3C). Additionally to CD23, we also measured MHCII, CD80 and CD86
468 expression on the sorted B cells. We found some differences in the expression of co-
469 stimulatory molecules CD80 and CD86. However, there was no difference regarding
470 MHC class II expression in CD23 high and CD23 intermediate cell populations
471 although T cell activation was different (Table E2).

472

473

474 **DISCUSSION**

475 Several studies performed in patients during allergen-specific immunotherapy (SIT)
476 have provided evidence that CD23, the low affinity receptor for IgE, has an important
477 role in controlling allergen-specific T cell activation via IgE-facilitated allergen
478 presentation^{19,20,21,39}. In order to investigate the number of CD23 molecules on
479 immune cells of allergic patients we have developed a flow cytometry-based assay
480 using Quantibrite beads. Using this assay we found that CD23 is expressed primarily
481 on naïve IgD-positive B cells in the blood of allergic patients and only in a negligible
482 manner on other immune cells.

483 In fact, CD23 was present on other antigen presenting cells such as dendritic cells or
484 monocytes, however, only few of these cells were CD23 positive and/or expression
485 levels were very low (Table 2A). Therefore it was not possible to calculate reliable
486 numbers of CD23 on their cell surfaces. We therefore must assume that mainly B
487 cells play a role in IgE-facilitated allergen presentation via CD23. Interestingly, the
488 number of CD23 molecules per cell and not the percentage of CD23-positive cells
489 was correlated with total IgE levels and allergen-induced immediate type skin
490 reactions and was associated with allergen-specific IgE levels. Pilot experiments
491 even suggested that addition of highly purified human monoclonal IgE may up-
492 regulate CD23 expression on B cell in cultured PBMC from allergic and non-allergic
493 subjects. The surface expression of CD23 thus seems to follow the rules which guide
494 the expression of the high affinity receptor for IgE, FcεRI, which was shown to
495 depend on IgE levels⁵ and to be regulated directly by IgE binding⁴⁰. In fact, it has also
496 been shown that an anti-IgE antibody (omalizumab) which prevents binding of IgE to
497 FcεRI by shielding IgE binding to the receptor can down-regulate FcεRI expression
498 on basophils, mast cells and antigen presenting cells⁷.

499 Next, we were interested if the surface density of CD23 on B cells may have an
500 influence on IgE-facilitated allergen uptake and subsequent allergen-specific T cell
501 proliferation. To study this question we employed defined model systems. We used
502 the purified major allergen of birch, Bet v 1, a human monoclonal Bet v 1-specific IgE
503 antibody, T cells transfected with a Bet v 1-specific T cell receptor and MHC-
504 matched, EBV-transformed B cells which were characterized regarding the numbers
505 of CD23 molecules on their surface. The experiments performed showed that
506 allergen-uptake by IgE-facilitated allergen presentation was significantly correlated
507 with the numbers of CD23 molecules on the surface of the APCs and depended on
508 the presence of allergen-specific IgE. It was causally related to the ability of IgE to
509 bind to CD23 because it could be blocked with an anti-CD23 antibody. Furthermore,
510 strongest T cell activation was observed when APCs expressing high levels of CD23
511 were used for IgE-facilitated allergen presentation and we found a significant
512 correlation ($p=0.000$) between CD23 levels on B cells and T cell activation. Taken
513 together, our findings suggest that high levels of allergen-specific IgE up-regulate the
514 surface density expression of CD23 on B cells in allergic patients which then may
515 lead to enhanced IgE-facilitated allergen-presentation and activation of allergen-
516 specific T cells. This possible interplay between IgE levels, CD23 surface density on
517 B cells as APCs and allergen-specific T cell activation may open possibilities to
518 control T cell-mediated allergic inflammation due to IgE-facilitated allergen
519 presentation by several, non-directly T cell- or cytokine-targeting approaches and
520 non-pharmacological strategies. For example, it may be considered to block the
521 CD23-binding site on IgE with anti-IgE antibodies as has been suggested earlier^{41,42}
522 to suppress allergen-specific T cell activation. In this context, it was found that
523 omalizumab indeed suppressed markers of T cell activation when administered to
524 patients suffering from atopic dermatitis⁴³. Another possibility would be to block

525 binding of IgE to CD23, for example with therapeutic anti-CD23 antibodies or CD23
526 variants⁴⁴. In this context, it was found that lumiliximab, an anti-CD23 antibody
527 suppressed allergen-specific T cell activation *in vitro*¹⁸. Also other “humoral”
528 approaches which primarily focus on IgE production⁴⁵ and the interference of the IgE-
529 allergen interaction (e.g., passive immunization with blocking allergen-specific IgG⁴⁶)
530 may have an influence on T cell-mediated allergic inflammation.

531 In summary, our study suggests that IgE may play a role in the upregulation of CD23
532 on B cells and demonstrates that the surface density of CD23 on B cells determines
533 allergen-uptake and subsequent T cell activation. These findings conceivably have
534 implications for the treatment of allergic diseases.

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542 **FIGURE LEGENDS**

543 **TABLE I.** Demographic and clinical data of grass pollen allergic patients. Shown are
544 sex, age, current symptoms to grass pollen, sensitization to other allergen sources,
545 total IgE levels (kU/L), timothy grass pollen-specific IgE levels (kUA/L) and sizes of
546 wheal reactions to grass pollen mix (mm²). SPT: skin prick test.

547

548 **TABLE II. A,** Percentages of CD23-positive cells among different cell types. CD23
549 positive cells in blood samples from the grass pollen allergic patients (Table I; n=17).
550 Shown are the mean percentages and the standard deviation (in parentheses, SD) of
551 CD23 positive cells within the investigated cell types and the ranges. **B,** Numbers of
552 CD23 molecules per cell and concentrations of soluble CD23 in serum. The average
553 numbers of CD23 molecules per CD23-positive B cell and monocyte and the
554 concentrations of soluble CD23 in patient's sera (ng/ml) were measured in the blood
555 of the 17 grass pollen allergic patients (Table I). n.d.: Numbers of CD23 molecules
556 could not be calculated when less than 20 of the monocytes among the analyzed
557 cells were positive for CD23.

558

559 **FIG 1.** Associations of the numbers of CD23 molecules per B cell and of the
560 percentage of CD23 positive B cells with skin sensitivity to grass pollen allergens and
561 total and grass pollen-specific IgE levels. Numbers of CD23 molecules per CD23-
562 positive B cell (**A-C**) or percentages of CD23-positive B cells (**D-F**) are displayed on
563 the y-axis. Total IgE levels (**A, D**), timothy grass pollen-specific IgE levels (**B, E**) or
564 sizes of grass pollen-induced wheal reactions (**C, F**) are plotted on the x-axis. P-
565 values < 0.05 are marked with * and p-values below < 0.01 with **.

566

567 **FIG 2.** Dependence of allergen-uptake on the CD23 cell surface density. **A**, Confocal
568 microscopy of three EBV-transformed B cell lines expressing different numbers of
569 CD23 molecules on their surface (I: 3.5×10^5 , II: 1×10^5 , III: 5×10^4 CD23 molecules /
570 cell). Cell were stained with anti-CD19 in pink whereas allergen (Bet v 1 Trimer) was
571 labeled in green with dye 488, pre-incubated with allergen-specific IgE and then
572 exposed to the cells. The pictures marked "overlay" show an overlay of the anti-CD19
573 and allergen staining. **B**, Binding and **C**, uptake of a fluorescent allergen-IgE complex
574 by CD23-expressing EBV-transformed B cell lines (I, II, III) shown by flow cytometry.
575 CD23 expression was measured before and after 3.5 hours of incubation with IgE-
576 allergen complexes. Different symbols (I: circles; II: squares; III: triangles) represent
577 the three different B cell lines. Four independent experiments performed on four
578 different study days are displayed. Each data point represents the mean of triplicate
579 experiments which were done on the same study day. Background fluorescence
580 measured after incubation with allergen alone was subtracted. Dotted lines: trend
581 lines of the correlations. **D**, Binding and **E**, uptake of allergen-IgE complexes was
582 blocked by an anti-CD23 antibody, but not by the matching isotype control (IgG₁).
583 Closed triangles represent blocking by anti-CD23, open circles show cells incubated
584 with isotype control.

585

586 **FIG 3.** IgE-facilitated T cell activation is dependent on the CD23 surface density.
587 EBV-immortalized B cells were sorted according to their CD23 expression (white: low
588 expression, grey: intermediate expression, black: high expression) **A**, Correlation
589 between the numbers of CD23 molecules on B cells (x-axis) and T cell activation (y –
590 axis: luciferase activity in arbitrary units) induced by IgE-Bet v 1 immune complexes.
591 Four independent experiments on four different study days are displayed. Dotted
592 lines: trend lines of the correlation. **B**, Activation of Bet v 1-specific T cells (y-axis)

593 after incubation of sorted EBV-immortalized B cells with IgE-Bet v 1 immune
594 complexes, Bet v 1-specific IgE and the unrelated allergen Art v 1, or Bet v 1 alone,
595 respectively. Data from two independent experiments showed similar results and
596 were summarized. **C**, IgE-facilitated T cell activation was blocked by pre-incubation of
597 B cells with an anti-CD23 antibody (anti-CD23) but not by an isotype control antibody
598 (IgG₁).

599

600 **Table E1.** Expression of IgD and CD27 on CD23 positive and CD23 negative B cells.
601 The mean percentage of CD23 positive and negative cells was investigated in total B
602 cells as well as among naïve (CD27 negative, IgD positive), post-switch memory
603 (CD27 positive, IgD negative), resting memory (IgD- CD27-) and pre-switch memory
604 (IgD+ CD27+) B cells. Ranges are shown in parentheses.

605

606 **Table E2.** Expression of surface markers on sorted EBV-transformed B cells. B cells
607 sorted according to their CD23 expression (high, intermediate, low) were stained for
608 expression of CD19, HLA class II (HLA-DR) and co-stimulatory molecules CD80 and
609 CD86. MFI: mean fluorescence intensity.

610

611 **FIG E1:** CD23-positive B cells mainly have a naïve IgD positive phenotype. Data
612 from one representative patient are shown. Of the 78.1% CD23-positive B cells,
613 94.4% were IgD positive, naïve cells. The population of CD23-negative B cells
614 consisted of 21.9% of the cells of which 49.6% were IgD positive, naïve cells and
615 9.17% were CD27 positive, IgD negative memory B cells.

616

617 **FIG E2:** Changes of CD23 surface density on B cells after addition of IgE. Shown are
618 the percentage changes of CD23 density on B cells in PBMC from allergic (black)

619 and non-allergic (white) subjects cultured after addition of a monoclonal IgE antibody
620 (1 $\mu\text{g}/\text{ml}$ IgE) for 6 days as compared to untreated cells.

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758

TABLE I. Demographic and clinical data of grass pollen allergic patients

Patient	Sex	Age	current grass pollen symptoms	other allergen	total IgE	grass pollen	SPT
			conjunctivitis (c), rhinitis (r), asthma (a), dermatitis (d)	sources	[kU/L]	IgE [kUA/L]	[mm ²]
1	f	28	r	a, h, t	77	3.3	72.4
2	m	34	c, r	a, f, m, t	94	33.1	14.8
3	m	26	c, r, a	a, f, h, t, w	462	22.5	101.7
4	m	30	c, r	-	33	14.6	20.6
5	f	29	c, r	t, w	395	82.6	17.4
6	m	44	c, r, d	-	82	5.9	61.2
7	m	34	c, r, a, d	a, f, t	680	19.7	34.2
8	m	22	c, r, a, d	a	740	167.0	55.7
9	m	30	c, r, d	a, h, t	10856	1204.0	238.7
10	f	31	c, r, a, d	f, h, t	4967	338.0	169.5
11	f	18	c, r, d	a, h, t, w	1249	92.3	61.9
12	f	32	c, r, a, d	a	695	31.9	20.4
13	f	29	c, r, a, d	a, t	110	19.7	58.4
14	m	41	a, d	a, f, t, w	649	93.8	119.7
15	f	24	r, a, d	a, t, f	346	33.8	159.3
16	m	40	r, d	a, h, t	9113	222.0	78.5
17	f	28	c, r	h, t	277	1.1	12.6
				Median	462	33	61

-: no other allergen source, a: animal dander, f: food, h: house dust mite, m: mould, t: tree pollen, w: weed pollen

TABLE IIA. Percentages of CD23-positive cells among different cell types

	Mean (SD) n=17	Range n=17
T cells	0.02 (0.02)	0-0.07
NK cells	0.57 (0.97)	0-3.35
Monocytes	1.38 (1.89)	0-7.88
Neutrophils	0.00 (0.00)	0.00
Platelets	0.09 (0.13)	0-0.54
Dendritic cells	0.43 (0.97)	0-4
Eosinophils	0.04 (0.07)	0-0.23
Basophils	0.00 (0.00)	0.00
B cells	49.81 (21.47)	3.3-82.33

SD: standard deviation

Table IIB. Numbers of CD23 molecules per cell and concentrations of soluble CD23 in serum

Patient	CD23 molecules per B cell	CD23 molecules per monocyte	soluble CD23 (ng/ml)
1	4869	n.d.	1.2
2	2168	n.d.	0.9
3	3183	n.d.	1.8
4	3088	n.d.	1.6
5	2497	1230	1.0
6	2758	1228	2.3
7	2327	1465	1.1
8	3552	n.d.	1.3
9	6539	n.d.	0.9
10	6719	388	1.1
11	5749	n.d.	1.5
12	2930	1399	1.9
13	3278	826	1.5
14	3989	n.d.	1.0
15	3125	n.d.	1.3
16	6530	n.d.	2.1
17	4150	n.d.	1.3
Mean	3968	1089	1.4

n.d.: not done

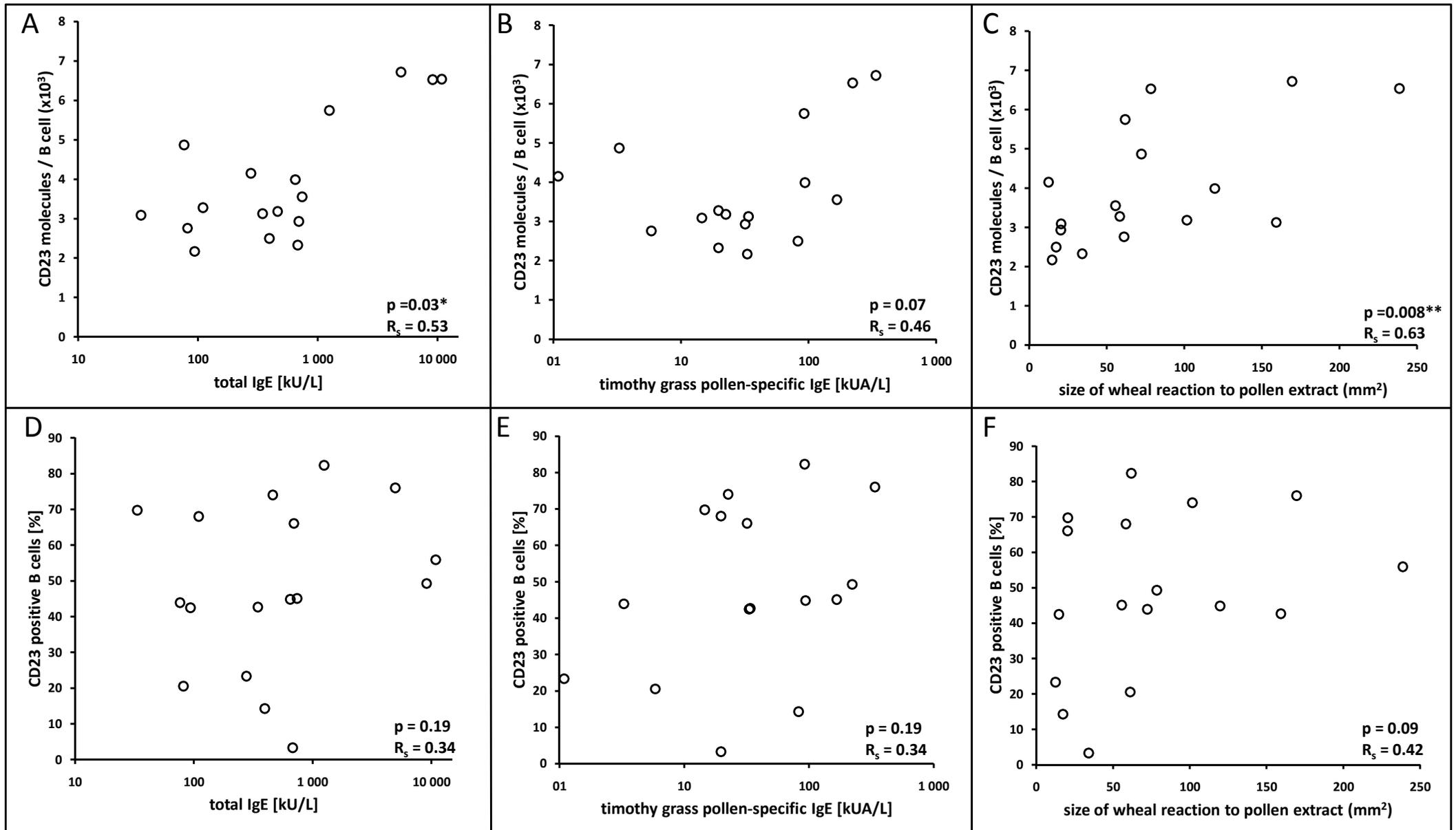
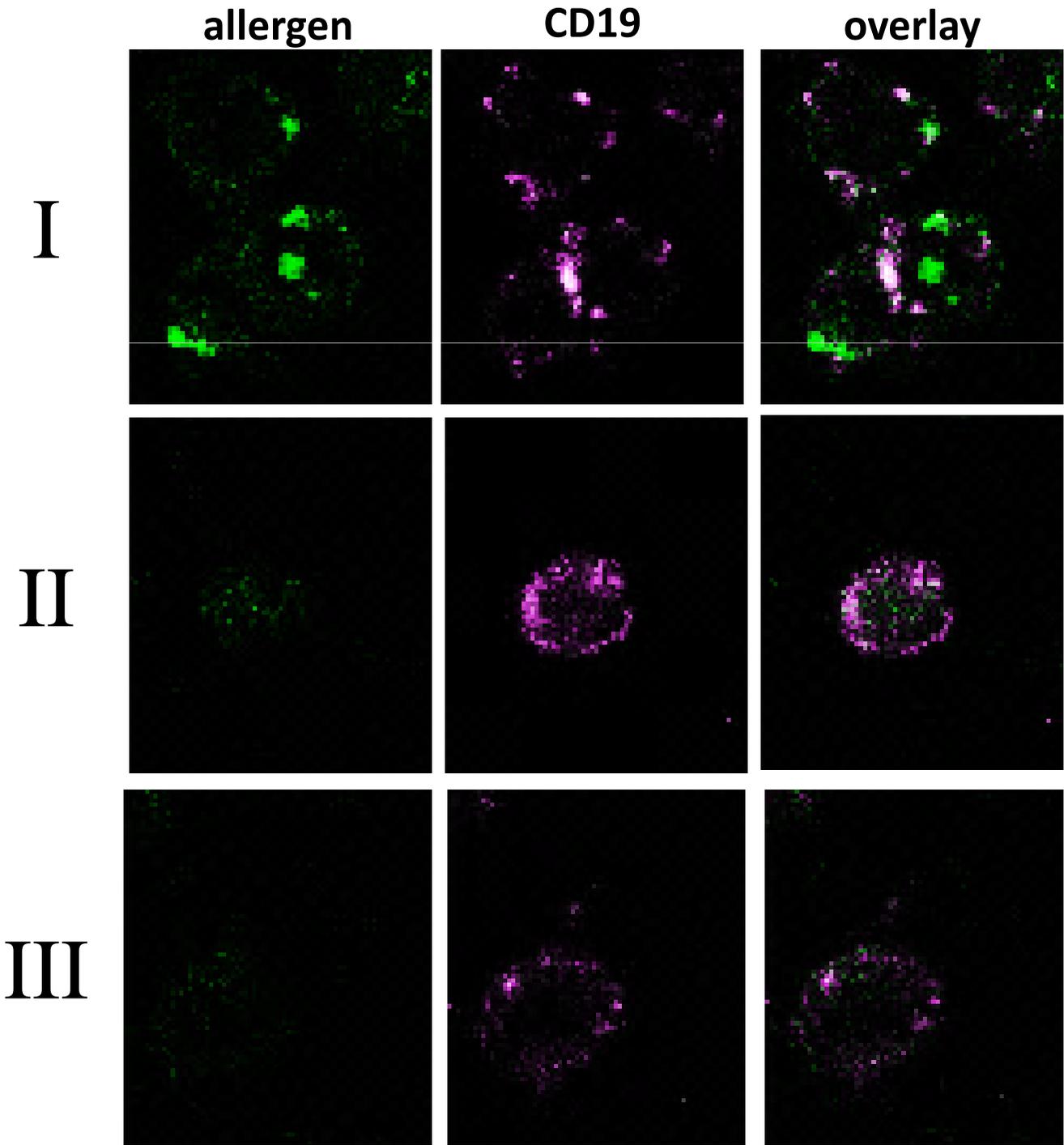
FIG 1.

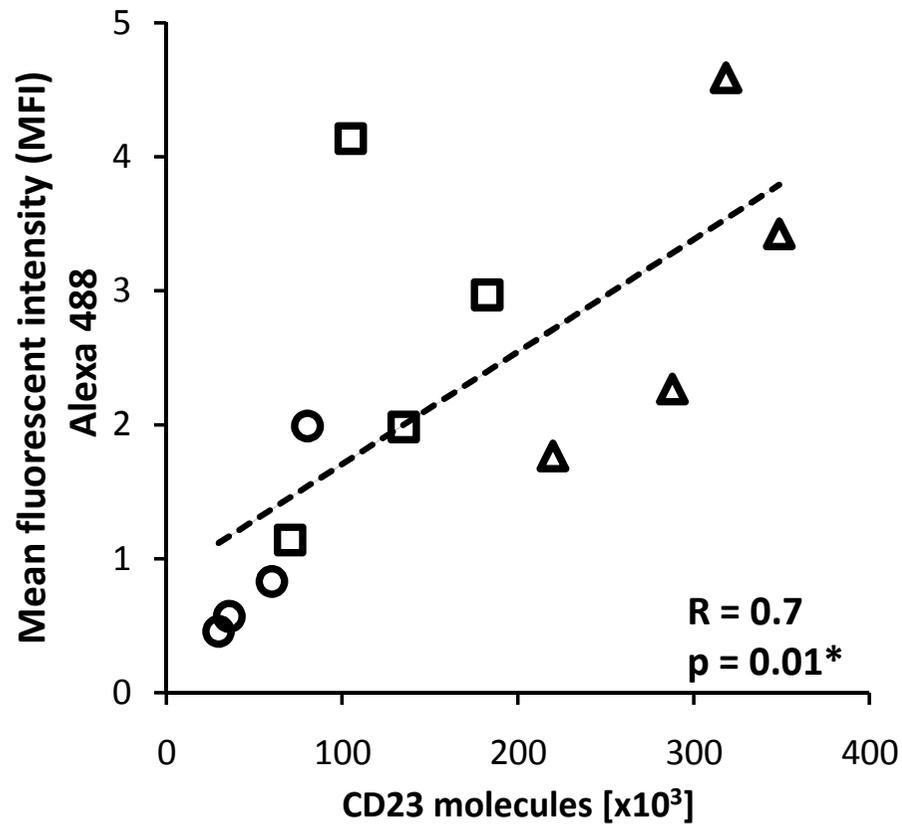
FIG 2.

A.

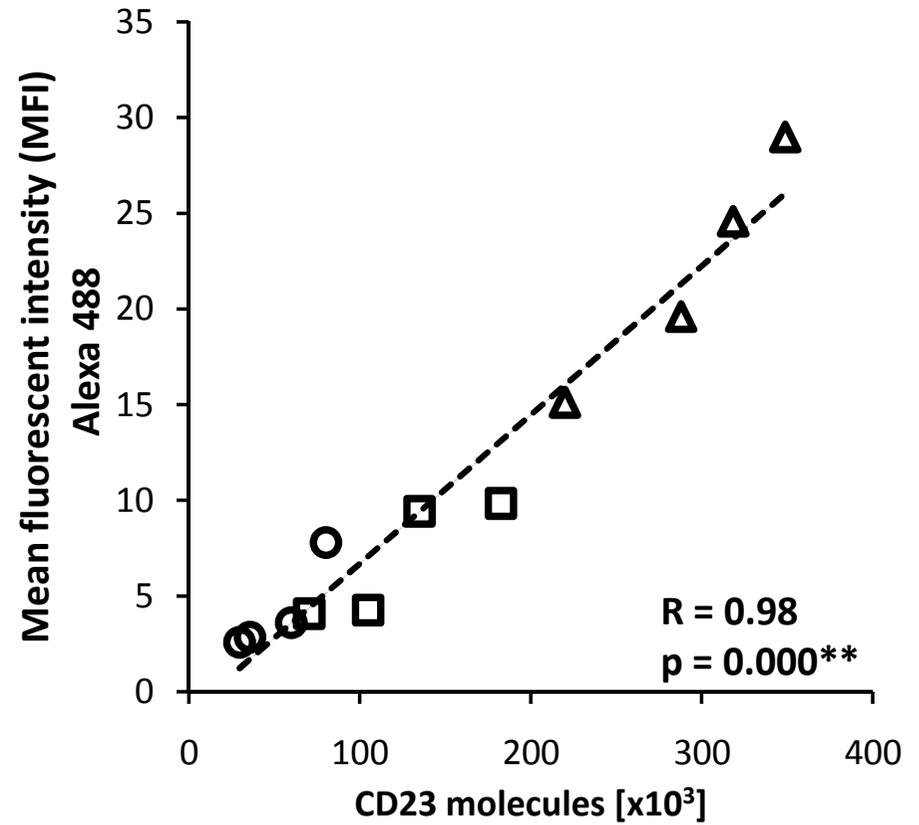


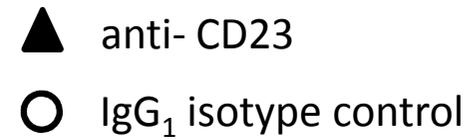
- △ cell line I: high CD23 expression
- cell line II: intermediate CD23 expression
- cell line III: low CD23 expression

B. binding

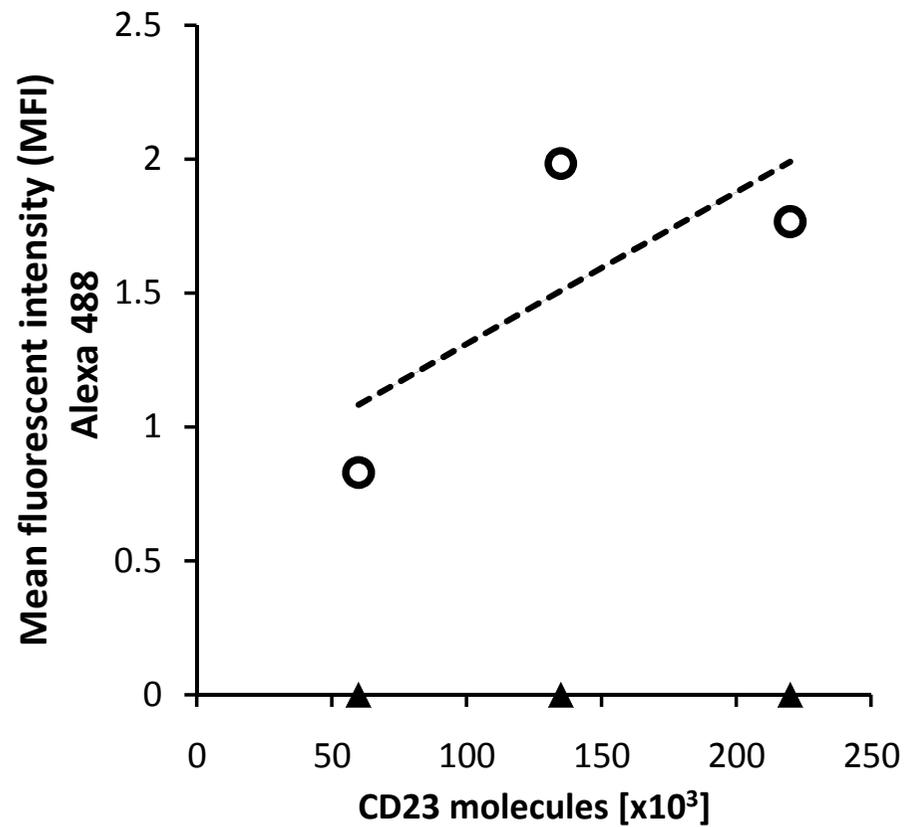


C. uptake





D. Binding – blocking with anti-CD23



E. Uptake – blocking with anti-CD23

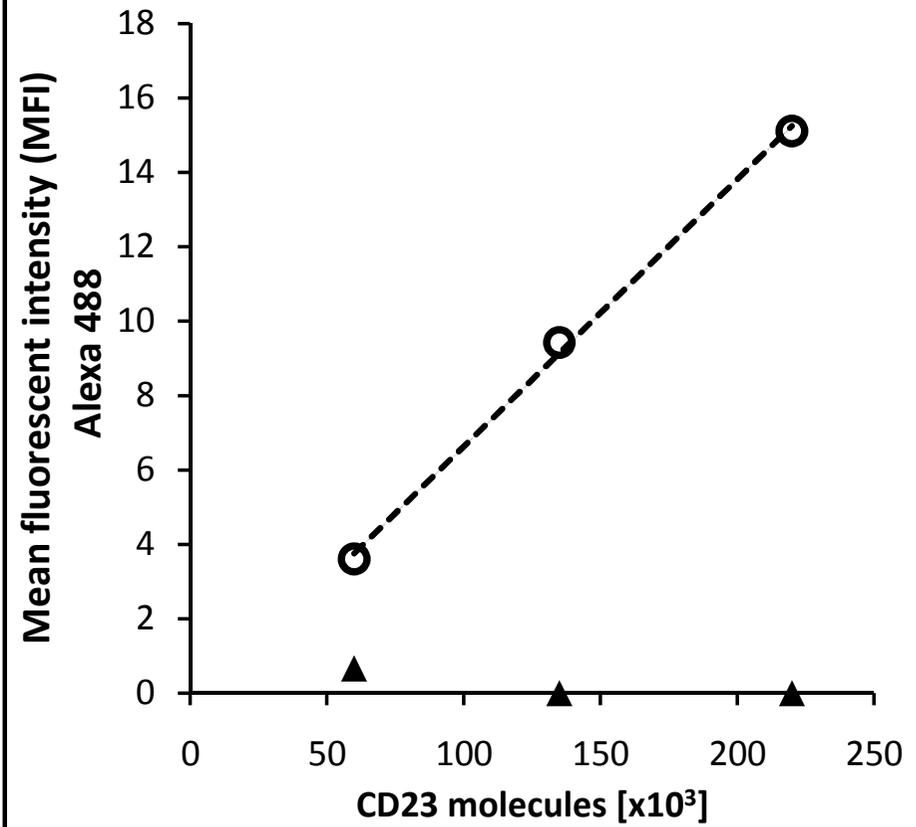
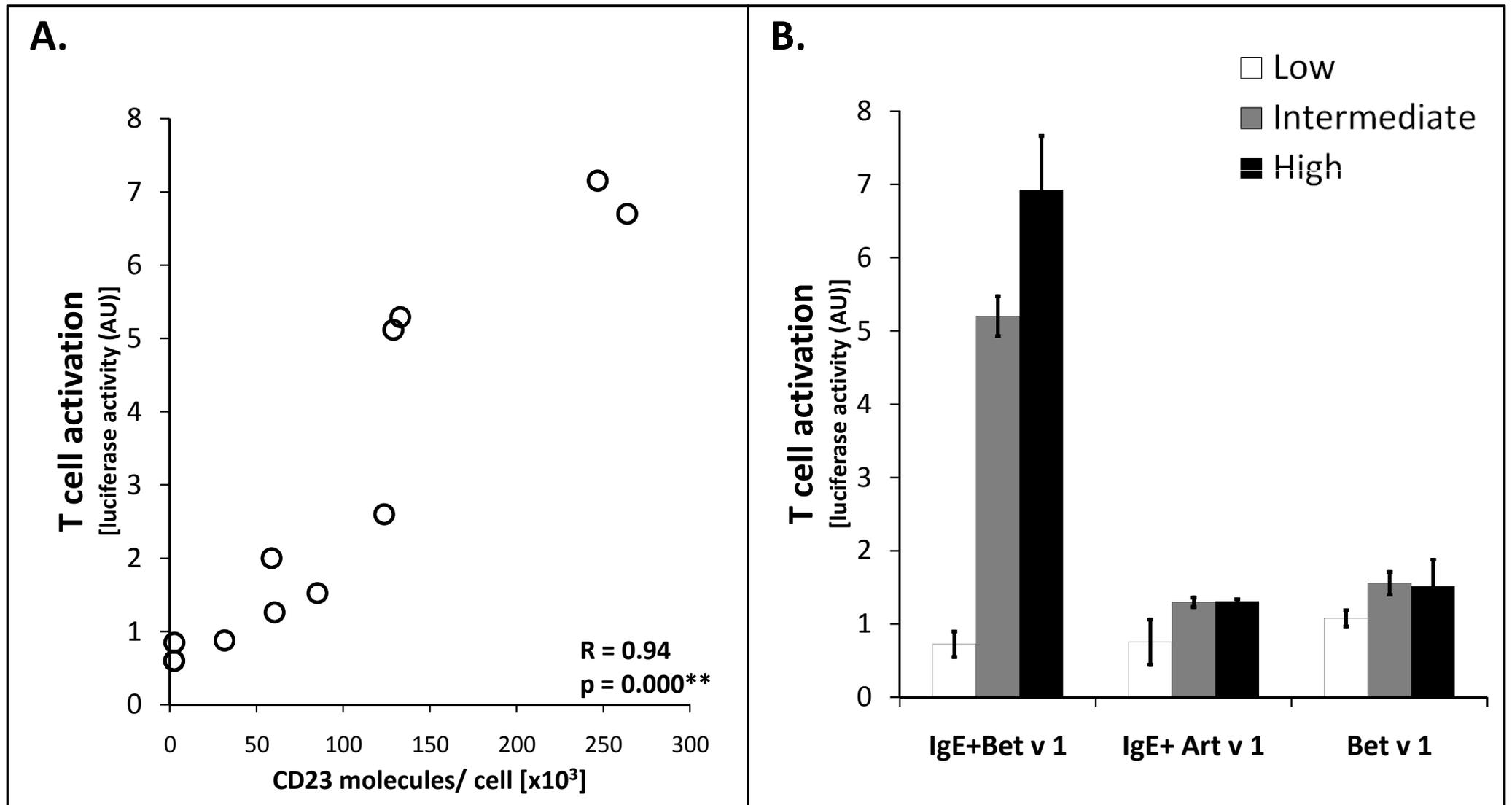
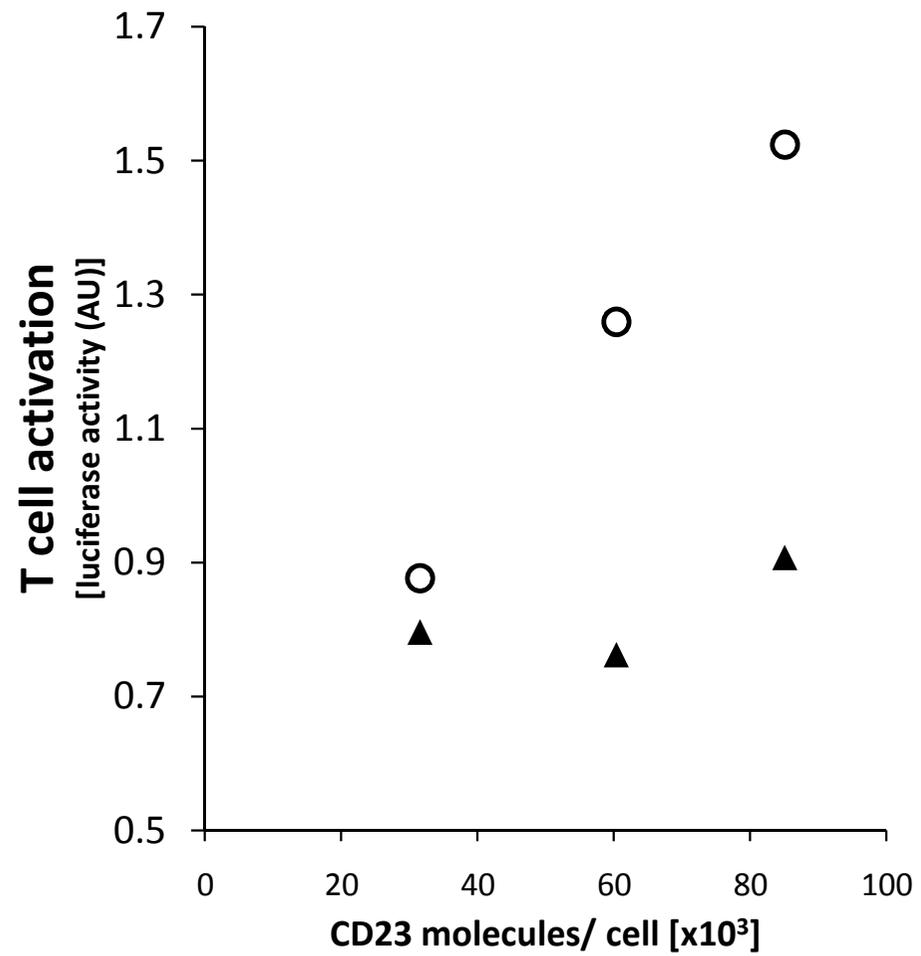


FIG 3.



C.



○ IgG1

▲ anti-CD23

Table E1. Expression of IgD and CD27 on CD23 positive and CD23 negative B cells

		CD23 positive	CD23 negative
total B cells	CD19+	65.1 (55.8-77.9)	34.9 (22.1-44.2)
naive B cells	IgD+ CD27-	89.2 (81.8-94.5)	42.9 (31.9-42.9)
post-switch memory B cells	IgD- CD27+	1.1 (0.25-1.72)	8.9 (6.9-10.2)
resting memory B cells	IgD- CD27-	9.2 (4.8-15.9)	47.1 (41.2-57.3)
pre-switch memory B cells	IgD+ CD27+	0.5 (0.5-0.6)	1.1 (0.6-1.5)

Table E2. Expression of surface markers on sorted B cells

	Mean fluorescent intensity (MFI)		
	High	Intermediate	Low
CD23	325	138	11
CD19	68	48	17
HLA class II	271	271	175
CD80	231	139	34
CD86	793	540	204

FIG E1.

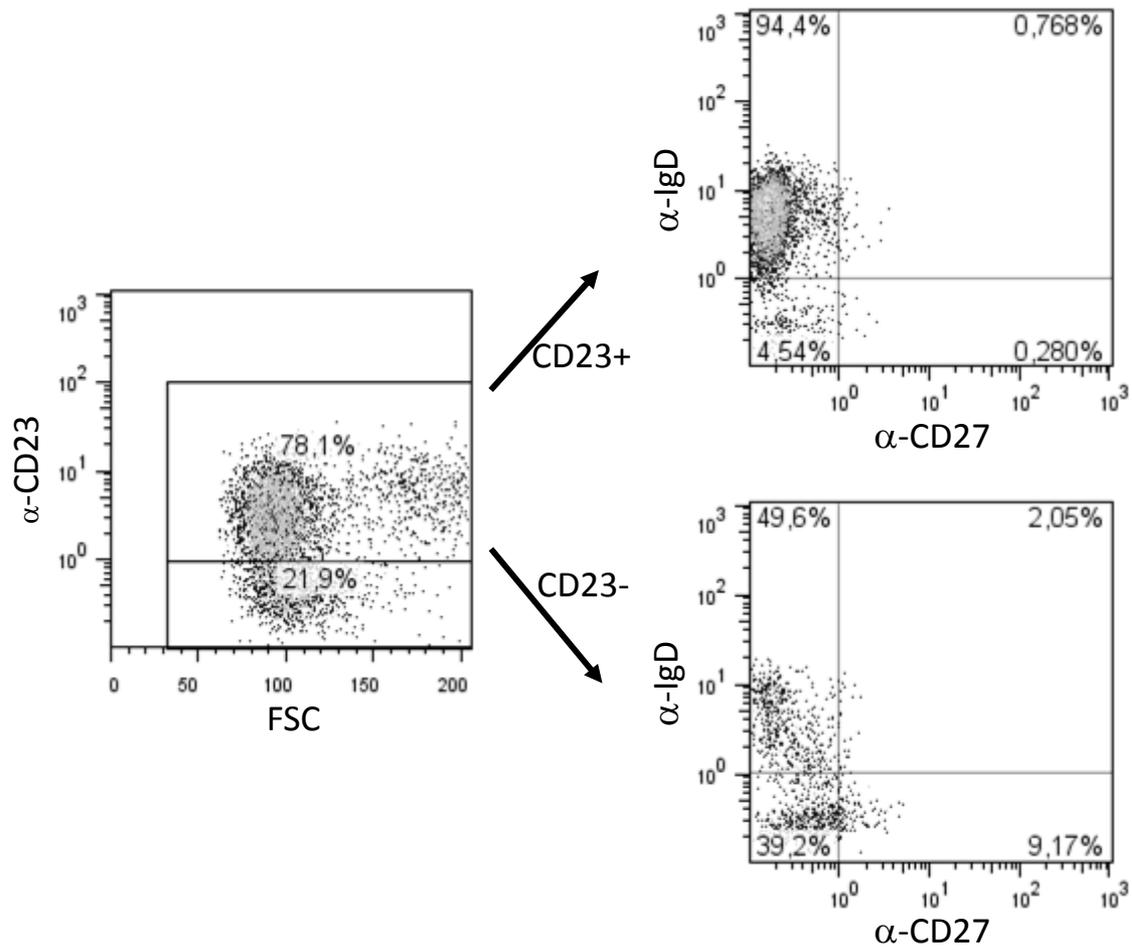


FIG E2

