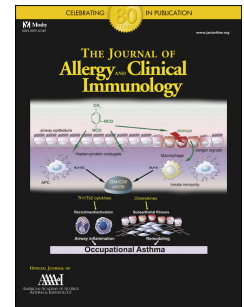


Accepted Manuscript

Multifactorial skin barrier deficiency and atopic dermatitis: Essential topics to prevent the atopic march

Gyohei Egawa, MD, PhD, Kenji Kabashima, MD, PhD



PII: S0091-6749(16)30498-5

DOI: [10.1016/j.jaci.2016.06.002](https://doi.org/10.1016/j.jaci.2016.06.002)

Reference: YMAI 12181

To appear in: *Journal of Allergy and Clinical Immunology*

Received Date: 15 February 2016

Revised Date: 8 June 2016

Accepted Date: 13 June 2016

Please cite this article as: Egawa G, Kabashima K, Multifactorial skin barrier deficiency and atopic dermatitis: Essential topics to prevent the atopic march, *Journal of Allergy and Clinical Immunology* (2016), doi: 10.1016/j.jaci.2016.06.002.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

Multifactorial skin barrier deficiency and atopic dermatitis: Essential topics to prevent the atopic march

Gyohei Egawa, MD, PhD,^a and Kenji Kabashima, MD, PhD^{a, b, c}

^aDepartment of Dermatology, Kyoto University Graduate School of Medicine, Kyoto, Japan

^bSingapore Immunology Network (SiGN) and Institute of Medical Biology, Agency for Science, Technology and Research (A*STAR), Biopolis, Singapore

^cPRESTO, Japan Science and Technology Agency, Saitama, Japan

Corresponding author:

Kenji Kabashima, MD, PhD, or Gyohei Egawa, MD, PhD

Department of Dermatology, Kyoto University Graduate School of Medicine, 54

Shogoin-Kawahara, Sakyo, Kyoto 606-8507, Japan

Tel: + 81-75-751-3310; Fax: + 81-75-751-4949

Email: kaba@kuhp.kyoto-u.ac.jp (K. K) or gyohei@kuhp.kyoto-u.ac.jp (G. E)

Supported by Grants-in-Aid for Scientific Research from the Ministry of Education, Culture, Sports, Science and Technology of Japan.

Disclosure of potential conflict of interest:

The authors declare that they have no relevant conflicts of interest.

Key words:

atopic dermatitis, barrier function, stratum corneum, corneocytes, cornified envelope, tight junction, filaggrin, lipid

Abbreviations used:

AD: atopic dermatitis, ARCI: autosomal recessive congenital ichthyosis, CE: cornified envelope, FLG: filaggrin gene, KLK: kallikrein, NMF: natural moisturizing factor, PCA: pyrrolidine carboxylic acid, SC: stratum corneum, SG: stratum granulosum, SPR: small proline-rich protein, TG: transglutaminase, TJ: tight junction, UCA: urocanic acid

Abstract

Atopic dermatitis (AD) is the most common inflammatory skin disease in the industrialized world, and has multiple etiologies. Over the past decade, data from both experimental models and patients have highlighted the primary pathogenic role of skin barrier deficiency in AD. Increased access of environmental agents into the skin results in chronic inflammation and contributes to the systemic “atopic (allergic) march”. In addition, persistent skin inflammation further attenuates skin barrier function, resulting in a positive feedback loop between the skin epithelium and the immune system that drives pathology. Understanding the mechanisms of skin barrier maintenance is essential for improving management of AD and limiting downstream atopic manifestations. In this article, we review the latest developments in our understanding of the pathomechanisms of skin barrier deficiency, with a particular focus on the formation of the stratum corneum, the outermost layer of the skin, that contributes significantly to skin barrier function.

The skin covers the entire body and protects us from the external environment. When this barrier is impaired, external toxins are able to penetrate the skin and induce inflammation. Over the last decade, numerous studies have demonstrated that skin barrier dysfunction is a critical component of atopic dermatitis (AD).¹⁻³ In particular, inherited defects in epidermal barrier proteins facilitate the interaction of external antigens with skin-resident immune cells, driving local inflammation that can also lead to systemic immune responses. This is the “outside-in” hypothesis of AD pathogenesis, and it helps to explain the increased risk AD sufferers have of developing food allergies, asthma and allergic rhinitis later in life, the progression to which is known as the “atopic (allergic) march”.⁴ In addition, it is now evident that this secondary immunologic activation results in further attenuation of the skin barrier, which further exacerbates inflammation and allergic sensitization to environmental allergens.⁵ These observations suggest that maintaining the skin barrier function is important for both the effective management of AD and preventing the development of subsequent allergic diseases.

In this article, we summarize how the physical barrier of the skin is organized and review its link to AD pathogenesis. This article does not cover chemical and biological skin barriers (such as the skin acid mantle, antimicrobial peptides and bacterial flora) or the immune cell-mediated skin barrier function. Reviews covering these aspects can be found elsewhere.⁶⁻⁸

DEVELOPMENT OF THE STRATUM CORNEUM

The barrier function of the skin is largely dependent on the stratum corneum (SC), the outermost layer of the epidermis (**Fig 1A and B**). The SC is formed during the course of a tightly regulated processes of keratinocyte differentiation called cornification.⁹

Cornification is achieved by keratinocytes passing through four cell layers of the epidermis: the stratum basale, the stratum spinosum, the stratum granulosum (SG), and the SC (**Fig 1B**). In the SG, keratinocytes start to produce two membrane-circumscribed granules: keratohyalin granules and lamellar bodies. Keratohyalin granules contain intracellular components of the SC (such as filaggrin [FLG], loricrin, and keratin filaments), whereas lamellar bodies contain extracellular components (such as lipids, corneodesmosin and kallikreins). In the SC, keratinocytes become flattened and denucleated (which are then called corneocytes), while their membranes are replaced by a specific barrier structure known as the cornified envelope (CE) (**Fig 1C and D**). At the transition from the SG to the SC, lamellar bodies are secreted into the intercellular space between the corneocytes and fill with lipids. These structures are often described

as bricks (corneocytes) and mortar (intercellular lipids), which together provide a highly hydrophobic barrier against the environment.

Below, we describe the formation of the SC barrier in terms of the following five categories, and review their link to AD pathogenesis: 1) FLG metabolism; 2) the cornified envelope; 3) intercellular lipids; 4) the corneodesmosome; and 5) corneocyte desquamation. The genes involved in each process are listed in **Table 1**.

FILAGGRIN METABOLISM

FLG and its metabolites are critical for normal cornification (**Fig 2**).^{10, 11} In the SG, FLG is produced as a polymer (profilaggrin) of 10-12 linked repeats of FLG monomer, stored in keratohyalin granules. At the transition from the SG to the SC, profilaggrin is cleaved to generate FLG monomers by proteases such as CAP1/Prss8 and SASPase/ASPRV1.^{12, 13} FLG monomers bind to keratin filaments and this keratin-FLG bundle is a fundamental structure within the corneocyte. At the upper layer of the SC, FLG becomes dissociated from the keratin filaments. In this process, the citrullination of FLG and keratin1 by peptidylarginine deiminase is considered essential.¹⁴ The released FLG monomers are degraded to free amino acids, including glutamine, arginine and histidine, which are then converted into urocanic acid (UCA) and pyrrolidine carboxylic acid (PCA). This process is mediated by the proteases caspase14, calpain1 and bleomycin hydrolase.^{15, 16} UCA is an important ultraviolet-absorbing chromophore in the SC and contributes to maintaining the acidic pH of the skin.¹⁷ In contrast, PCA is a major constituent of natural moisturizing factors (NMFs), which are responsible for retaining water in the SC. Therefore, FLG and its metabolites assume a manifold role in the barrier function of the SC.

Gene targeting studies have revealed that FLG-deficient mice exhibit reduced SC barrier function with enhanced susceptibility to environmental sensitization.¹⁸ Further, on a proallergic BALB/c background, FLG-deficient mice develop spontaneous dermatitis.¹⁹ Likewise, the mice that have defect in profilaggrin processing (CAP1-deficient mice¹²/ SASPase-deficient mice¹³) or filaggrin processing (CASP14-deficient mice¹⁵) exhibit impaired skin barrier and/or dehydration of the SC, suggesting that the FLG metabolic process is also important for the development of intact SC barrier.

In humans, loss-of-function mutations in the *FLG* gene are associated with the development of AD as well as with ichthyosis vulgaris, a skin disorder with similarly dry and scaly skin.^{1, 20} The prevalence of *FLG* mutations in AD patients ranges from

25-50% in Northern European and Asian populations.^{21, 22} In addition, genome-wide association studies (GWAS) of individuals with European, African, Japanese and Latino ancestry have identified more than 30 risk loci for AD to date (**Supplementary Table 1**), and among them, the mutation in *FLG* has proven to be the consistent risk factor.²³ These observations indicate a major contribution of FLG-deficiency in AD pathogenesis. Manifestations of AD might also be influenced by FLG metabolic processes, since the mutations in *ASPRV1*, encoding SASPase, have been linked to the development of human AD.¹³

Although mutations in *FLG* are common in Northern European and Asian subjects, *FLG* mutations are less common in Southern Europe²⁴ and are even absent in some African countries.^{25, 26} A recent study showed that the expression of another skin barrier protein, FLG2, is reduced in the epidermis of AD patients.²⁷ Further, a nonsense mutation in the *FLG2* gene was shown to be associated with persistent AD in patients of African ancestry.²⁸ The biological function of FLG2 remains to be elucidated, but its structure, pattern of expression, and biological properties are very similar to FLG. Therefore, FLG2 likely also plays an important role in skin barrier integrity. We must also note the possibility that FLG deficiency might be compensable under a tropical climate.²⁹

FORMATION OF CORNIFIED ENVELOPE

The cornified envelope (CE) is a specific barrier structure formed beneath the cell membrane of corneocytes (**Fig 1D**).³⁰ The CE consists of highly crosslinked insoluble proteins anchored by extracellular lipids. This structure acts as a vital physical barrier to the SC.

The assembly of the CE starts in the upper layer of the stratum spinosum. In response to elevated intracellular Ca^{2+} , keratinocytes produce envoplakin, periplakin and involucrin. Envoplakin and periplakin form heterodimers that, together with involucrin, accumulate beneath the plasma membrane.³¹ These three proteins become crosslinked to each other by transglutaminase (TG) 1 and TG5.³² Involucrin acts as a scaffold of the CE, while the plakin dimers are binding sites for keratin filaments, enabling them to be combined with desmosomal proteins. Importantly, since plakin proteins are tightly crosslinked to the involucrin scaffold, desmosomes and keratin filaments are rigidly linked in the CE, thereby conferring mechanical stability to the corneocyte.

In the SG, loricrin and small proline-rich (SPR) proteins are produced. These proteins are crosslinked by TG3 and translocate to the cell periphery, where they are crosslinked to the involucrin scaffold by TG1 and TG5.³³ This process is repeated many times over,

resulting in a heavily reinforced CE in which up to 80% of the protein consists of loricrin. TG1 also combines extracellular ceramide lipids onto the involucrin scaffold until, eventually, ceramides replace the lipid bilayer of the plasma membrane.³⁴ This process is described in greater detail below.

Despite the ubiquitous presence of involucrin, envoplakin and periplakin in the CE (**Fig 1D**), single knockout mice of these genes do not show any obvious skin abnormalities.³⁵⁻³⁷ Mice that lack all three of these proteins exhibit abnormal CE formation with reduced lipid content and decreased mechanical integrity, but skin barrier function remains intact, possibly compensated for by reduced desquamation of corneocytes.³⁸ Similarly, loricrin-deficient mice exhibit only a subtle phenotype, with shiny skin at birth and reduced CE stability.³⁹ These studies suggest that CE proteins are redundant, and indicate the existence of strong compensatory mechanisms. In accordance with this notion, no mutations in the genes of CE components have been linked to AD pathogenesis thus far. In contrast, the CE is abnormal or even absent with TG1-deficiency, in which severe ichthyosiform erythroderma (autosomal recessive congenital ichthyosis [ARCI]-1) develops.⁴⁰ In addition, TG5 deficiency causes peeling skin syndrome 2, which presents as superficial acral skin peeling, occurring at the junction between the SG and the SC.⁴¹ These phenotypes indicate the non-redundant role of TGs in the formation of CE; however, there does not appear to be any association between genetic mutations in TGs and AD susceptibility.⁴²

FORMATION OF INTERCELLULAR LIPID LAMELLAE

The intercellular lipids (the “mortar”) are an integral component of the SC barrier. They consist of a heterogeneous mixture of ceramides, free fatty acids and cholesterol in a roughly 1:1:1 molar ratio. These lipids are produced in the SG and stored in lamellar bodies, which are subsequently secreted into the extracellular space during the transition to the SC.

In the ceramide fraction alone, over 300 distinct species have been identified in human SC.⁴³ Among them, omega-hydroxyceramide is indispensable, as it is conjugated to the involucrin scaffold by TG1 and covers the surface of each corneocyte (**Fig 1D**). Using this ceramide as a template, multiple sheets of lipid lamellae are formed in the intercellular space between corneocytes.⁴⁴

Several defects in ceramide-processing enzymes have been linked to the etiology of barrier-deficient skin diseases. 12R-lipoxygenase (encoded by the *ALOX12B* gene) and epidermal lipoxygenase-3 (encoded by the *ALOXE3* gene) are both essential for the

generation of omega-hydroxyceramide.⁴⁵ Defects in these enzymes causes congenital ichthyosis (ARCI-2, and ARCI-3, respectively).⁴⁶ The skin manifestations of ARCI-2 and ARCI-3 are less severe than those of ARCI-1, probably because the protein layer of the CE is still formed in these diseases.

The transmembranal transport of lamellar bodies is conducted by a lipid transporter called ATP-binding cassette subfamily A member 12 (ABCA12).⁴⁷ Mutations of this gene result in moderate (ARCI-4A) to severe (ARCI-4B, also known as harlequin ichthyosis) congenital ichthyosis, suggesting that the contents of lamellar bodies play an essential role in cornification. Recently, transmembrane protein 79/matrin (Tmem79/Matt) was identified to be involved in the secretion of lamellar body contents.^{48, 49} Tmem79 is a five-transmembrane protein that is localized to lamellar bodies, and Tmem79-deficient mice exhibit spontaneous dermatitis with elevated serum IgE, which resembles human AD. Further, a meta-analysis of AD patients revealed that a missense mutation of the *TMEM79* gene has a small, but significant, association with AD.⁴⁹ This suggests that abnormalities in lamellar body function, and/or intercellular lipid layer dysformation, contributes to barrier deficiency in some AD patients.

STRUCTURE OF CORNEODESMOSOME

The adhesion of corneocytes to one another is dependent on the desmosome apparatus, called the corneodesmosome (**Fig 1C and D**). The desmosome is composed of three protein families: desmosomal cadherin, armadillo proteins, and plakins. In the corneodesmosome, desmoglein 1 and desmocollin 1 (members of the cadherin family) interact with plakoglobin and plakophilins (armadillo proteins), which attach to envoplakin and periplakin (**Fig 1D**). As described above, envoplakin and periplakin heterodimers are crosslinked to the involucrin scaffold to bind keratin filaments. The corneodesmosin is another important modulator of corneodesmosomal adhesion.⁵⁰ It is stored in the lamellar bodies and secreted into the intracellular space of the SC to interact with cadherin proteins and support their adhesion.

Abnormalities of the corneodesmosome make the skin prone to hyper-desquamation (peeling) of the corneocytes, which may lead to skin barrier defects and inflammation. A recent study revealed that the homozygous mutation of desmoglein 1 results in severe dermatitis (erythroderma) accompanied by palmoplantar keratoderma, hypotrichosis, and increased serum IgE (EPKHE, also known as severe dermatitis, multiple allergies, and metabolic wasting [SAM] syndrome).⁵¹ Importantly, EPKHE patients often have multiple food allergies. In contrast, deficiency in corneodesmosin causes peeling skin

syndrome 1, which is characterized by dermatitis, severe pruritus, food allergies, repeated episodes of angioedema and urticaria, asthma, and increased serum IgE.⁵² Since these corneodesmosome-deficiency-oriented diseases share several clinical features of AD, this deficiency may also contribute to AD pathogenesis; however, this remains to be demonstrated.

CONREOCYTE DESQUAMATION

At the surface layer of the SC, corneocytes are constantly shed. This phenomenon is called desquamation and it is an important aspect of SC homeostasis. Corneocyte desquamation is mainly regulated by a proteolytic cascade of kallikrein (KLK)-related peptidases, such as KLK5, KLK7 and KLK14.⁵³ The activity of these proteases is pH-dependent and is enhanced when the pH in the SC is elevated. Their activity is also strictly regulated by a cocktail of protease inhibitors, including lymphoepithelial Kazal-type 5 serine protease inhibitor (LEKTI) encoded by serine protease inhibitor Kazal-type 5 (*SPINK5*).⁵⁴ KLKs and LEKTI are stored in lamellar bodies and secreted into the intercellular space at the SG-SC interface.

In AD patients, the skin surface pH is increased, at least in part due to the decreased production of UCA derived from FLG (**Fig. 2**).⁵⁵ As such, KLK activity is often enhanced in the AD skin. This condition is thought to induce an adverse effect on the SC barrier through multiple mechanisms (**Fig 3**). Firstly, KLKs cleave corneodesmosomal cadherins to promote corneocyte desquamation. Secondly, KLKs activate protease-activated receptor (PAR)-2, a G-protein-coupled receptor on keratinocytes. Upon activation, PAR-2 signals lead to suppression of lamellar body secretion via the downregulation of lipid-processing enzymes.⁵⁶ Finally, activated KLKs increase the generation of interleukin (IL)-1 α and IL-1 β , whose preforms are abundantly stored in the cytosol of corneocytes. Indeed, IL-1 cytokines are increased in the SC of AD patients and their enhanced production is associated with FLG deficiency.⁵⁷

Two genetic polymorphisms that result in increased KLK activity have been linked to AD pathogenesis: gain-of-function mutations in *KLK7*, and loss-of-function mutations in *SPINK5*. A 4bp insertion polymorphism of *KLK7* was first reported to be associated with AD in the UK,⁵⁸ however this was not replicated in a French study.⁵⁹ *SPINK5* is known as the gene responsible for Netherton syndrome, in which patients display a broad range of allergic manifestations, such as AD-like dermatitis, food allergies, asthma, hay fever and markedly elevated serum IgE levels.⁶⁰ A significant association

between polymorphisms in *SPINK5* and AD has been found in the UK and Asian populations,⁶¹⁻⁶³ but not in the French population.⁵⁹ Further, a single nucleotide polymorphism in the gene encoding PAR-2 (*F2RL1*) has been associated with AD in the Korean population.⁶⁴ This mutation is thought to increase the stability of *F2RL1* mRNA transcripts. These studies suggest that the congenital mutations in protease activity in SC are linked to AD pathogenesis in specified populations.

TIGHT JUNCTION IN AD PATHOGENESIS

In addition to the SC, tight junctions (TJs) are structures that are essential to the integrity of the skin barrier. In the skin, TJs seal adjacent keratinocytes in the SG (**Fig 1B**) and act as a barrier for water and solutes.⁶⁵ TJs are composed of transmembrane proteins, particularly the claudin and occludin families, and several cytosolic scaffold proteins, including zonulae occludens (ZOs). The indispensable role of TJs in skin homeostasis was first demonstrated using claudin1-deficient mice, which die within 24 hours of birth from severe dehydration.⁶⁶ Importantly, these mice had no abnormalities in the production of SC components. A recent study using an AD model in mice showed that the expression of TJ proteins was suppressed during skin inflammation but was not affected by FLG deficiency.⁶⁷

In humans, *CLDN1* (encoding Claudin 1) expression is reduced in non-lesional skin of AD patients, and an association between *CLDN1* polymorphisms and AD susceptibility has been reported.⁶⁸ These observations suggest that an impairment in TJs contributes to the barrier dysfunction observed in AD patients. Since most of the skin is covered with the SC, TJs appear to act as a second line of defense against external pathogens; however, TJs are likely to act as the primary barrier structure in skin appendages lacking SC, such as hair follicles and sweat glands (**Fig 1A**). Indeed, it is well known that hair follicles are important “shunt routes” into the skin for drugs and chemicals.⁶⁹ In accordance with this notion, widespread eruptive infections with *herpes simplex virus* or *molluscum contagiosum virus*, which enter the body through hair follicles, often occur as a complication of AD.^{70, 71} These observations suggest that such skin appendages are the “security holes” of the skin, particularly in AD patients with TJ deficiency.

IMMUNOLOGICAL MODULATION OF SKIN INTEGRITY

Accumulating evidence suggests that immune cells influence skin integrity through the

production of cytokines.^{72, 73} Although the complex inflammatory cascade that drives AD skin lesions remains incompletely understood, multiple lines of evidence strongly suggest that AD immunopathogenesis is driven by a Th2 cell-skewed immune response.⁷⁴ This is further supported by recent clinical trial data demonstrating that blocking the signalling from the IL-4 and IL-13, the two major 'type 2' cytokines, ameliorates AD.⁷⁵ Previous studies have shown that IL-4 and IL-13 downregulate the production of: 1) FLG and keratins; 2) the CE components (loricrin and involucrin); 3) cell adhesion molecules (desmogleins, ZO-1); and 4) ceramide lipids. IL-31, another Th2 cell-derived cytokine, also downregulates FLG expression.⁷⁶ Interestingly, a recent study has shown that IL-33, an alarmin that is abundantly produced in the epidermis of AD patients, has the potency to downregulate FLG expression as well.⁷⁷

The physiological role for this adverse skin response to type 2 cytokines remains unclear, but may have evolved to facilitate anti-parasite responses and/or wound healing. However, in the context of AD, this 'type 2' immune response creates an exacerbation loop between the inherited barrier deficiency and immune dysregulation, resulting in the chronic, persistent skin inflammation that can only be alleviated by immunosuppression.

BARRIER DEFICIENCY AND THE DEVELOPMENT OF ALLERGIC DISEASES

It is now evident that epicutaneous antigens are strong sensitizers of allergic disorders. Mouse studies have demonstrated that food allergy and asthma can be induced via epicutaneous sensitization and are enhanced under disrupted skin barrier.⁷⁸⁻⁸⁰ In human, sequential acquisition of allergic diseases (atopic march) are frequently observed in both AD and some genodermatoses, such as Netherton syndrome (mutation in *SPINK5*),⁸¹ peeling skin syndrome 1 (*Corneodesmosin*)⁸² and SAM syndrome (*Desmoglein1*)⁵¹ (**Table 1**, asterisks), which strongly suggests that skin barrier deficiency contributes to the development of atopic march. Eosinophilic esophagitis is another chronic immune disorder that is associated with hypersensitivity to food, and has recently been linked to the mutations in *Calpain 14* (*CAPN14*), a protease specifically expressed in the esophagus.⁸³ An in-vitro experiment showed that overactivation of CAPN14 results in loss of Desmoglein1.⁸⁴ These studies demonstrate that barrier deficiency in mucosal epithelium may also contribute to the induction of allergic disorders. Importantly, recent clinical trials have shown that epicutaneous antigen exposure induces sensitization while oral antigen consumption induces immune tolerance.^{85, 86}

In the presence of barrier defects in the SC, foreign antigens readily penetrate into the epidermis and activate innate immune receptors and pattern recognition receptors. This results in the production of Th2-promoting cytokines, such as IL-33, IL-25 and thymic stromal lymphoproteins (TSLP), which are produced by skin resident cells. Animal studies have demonstrated an essential role for TSLP in the epicutaneous induction of food allergy with AD-like skin lesions. Increased TSLP in the epidermis elicits the accumulation of basophils into the skin that promote Th2-cytokine responses.⁸⁰ In addition, TSLP signaling on epidermal Langerhans cells may be important for IgE production during the epicutaneous sensitization to food allergens.⁸⁷

CONCLUSION –TOWARD THE BETTER MANAGEMENT OF AD

Skin barrier deficiency and excessive immune responses are two sides of the same coin in AD pathogenesis, and the inflammatory response is both precipitated by and maintained by barrier dysfunction. Thus, while therapeutic intervention in AD typically targets the inflammation through the use of immunosuppressive drugs, it is the maintenance of skin barrier function that is the key to effective management of AD. Recently, two groups investigated whether protecting the skin barrier with a moisturizer during the neonatal period prevents the development of AD.^{88, 89} They reported that moisturizer treatment at an early stage of life resulted in 32 to 50% less AD prevalence. These results suggest that reinforcing the skin barrier function in the neonatal period is a promising strategy for the prevention of AD and epicutaneous sensitization to environmental allergens.

FLG replacement therapies have also been proposed. These include: 1) Use of “read-through” drugs, which may enable keratinocytes to skip the nonsense mutation of the *FLG* gene; 2) drugs that enhance FLG production; and 3) topical application of FLG metabolites, such as UCA and PCA.⁹⁰ Read-through drugs, such as gentamicin and PTC124 (Ataluren), are currently being trialed for other genetic diseases.^{91, 92} A number of drugs have been proposed to enhance FLG production *in vitro*, or in animal models, including agonists of peroxisome proliferator-activated receptors (PPARs),⁹³ a serine-rich diet,⁹⁴ apigenin,⁹⁵ JTC801,⁹⁶ JTE-052,⁹⁷ and urea.⁹⁸ However, the efficacy of these strategies in AD remains to be tested, and may only apply to patients with heterozygous, but not homozygous, *FLG* mutations. Intensive research efforts to identify promising candidates that enhance skin barrier function is ongoing and is expected to lead to better management of AD in the near future.

REFERENCES

1. Palmer CN, Irvine AD, Terron-Kwiatkowski A, Zhao Y, Liao H, Lee SP, et al. Common loss-of-function variants of the epidermal barrier protein filaggrin are a major predisposing factor for atopic dermatitis. *Nat. Genet.* 2006; 38:441-6.
2. Elias PM, Schmuth M. Abnormal skin barrier in the etiopathogenesis of atopic dermatitis. *Current allergy and asthma reports* 2009; 9:265-72.
3. Cork MJ, Danby SG, Vasilopoulos Y, Hadgraft J, Lane ME, Moustafa M, et al. Epidermal barrier dysfunction in atopic dermatitis. *J. Invest. Dermatol.* 2009; 129:1892-908.
4. Spergel JM, Paller AS. Atopic dermatitis and the atopic march. *J. Allergy Clin. Immunol.* 2003; 112:S118-S27.
5. Elias PM, Steinhoff M. "Outside-to-inside"(and now back to "outside") pathogenic mechanisms in atopic dermatitis. *J. Invest. Dermatol.* 2008; 128:1067-70.
6. Kuo I-H, Yoshida T, De Benedetto A, Beck LA. The cutaneous innate immune response in patients with atopic dermatitis. *J. Allergy Clin. Immunol.* 2013; 131:266-78.
7. Kubo A, Nagao K, Amagai M. Epidermal barrier dysfunction and cutaneous sensitization in atopic diseases. *The Journal of clinical investigation* 2012; 122:440-7.
8. Nakamizo S, Egawa G, Honda T, Nakajima S, Belkaid Y, Kabashima K. Commensal bacteria and cutaneous immunity. *Seminars in immunopathology: Springer*, 2015:73-80.
9. Matsui T, Amagai M. Dissecting the formation, structure and barrier function of the stratum corneum. *Int. Immunol.* 2015; 27:269-80.
10. O'Regan GM, Sandilands A, McLean WI, Irvine AD. Filaggrin in atopic dermatitis. *J. Allergy Clin. Immunol.* 2009; 124:R2-R6.
11. Levin J, Friedlander SF, Del Rosso JQ. Atopic Dermatitis and the Stratum Corneum Part 1: The Role of Filaggrin in the Stratum Corneum Barrier and Atopic Skin. *Journal of Clinical & Aesthetic Dermatology* 2013; 6.
12. Leyvraz C, Charles R-P, Rubera I, Guitard M, Rotman S, Breiden B, et al. The epidermal barrier function is dependent on the serine protease CAP1/Prss8. *The Journal of cell biology* 2005; 170:487-96.
13. Matsui T, Miyamoto K, Kubo A, Kawasaki H, Ebihara T, Hata K, et al. SASPase regulates stratum corneum hydration through profilaggrin - to -

filaggrin processing. *EMBO molecular medicine* 2011; 3:320-33.

14. Nachat R, Méchin M-C, Takahara H, Chavanas S, Charveron M, Serre G, et al. Peptidylarginine deiminase isoforms 1–3 are expressed in the epidermis and involved in the deimination of K1 and filaggrin. *J. Invest. Dermatol.* 2005; 124:384-93.
15. Hoste E, Kemperman P, Devos M, Denecker G, Kezic S, Yau N, et al. Caspase-14 is required for filaggrin degradation to natural moisturizing factors in the skin. *J. Invest. Dermatol.* 2011; 131:2233-41.
16. Kamata Y, Taniguchi A, Yamamoto M, Nomura J, Ishihara K, Takahara H, et al. Neutral cysteine protease bleomycin hydrolase is essential for the breakdown of deiminated filaggrin into amino acids. *J. Biol. Chem.* 2009; 284:12829-36.
17. Gibbs NK, Tye J, Norval M. Recent advances in urocanic acid photochemistry, photobiology and photoimmunology. *Photochemical & Photobiological Sciences* 2008; 7:655-67.
18. Kawasaki H, Nagao K, Kubo A, Hata T, Shimizu A, Mizuno H, et al. Altered stratum corneum barrier and enhanced percutaneous immune responses in filaggrin-null mice. *J. Allergy Clin. Immunol.* 2012; 129:1538-46. e6.
19. Saunders SP, Moran T, Floudas A, Wurlod F, Kaszlikowska A, Salimi M, et al. Spontaneous atopic dermatitis is mediated by innate immunity, with the secondary lung inflammation of the atopic march requiring adaptive immunity. *J. Allergy Clin. Immunol.* 2015.
20. Smith FJ, Irvine AD, Terron-Kwiatkowski A, Sandilands A, Campbell LE, Zhao Y, et al. Loss-of-function mutations in the gene encoding filaggrin cause ichthyosis vulgaris. *Nat. Genet.* 2006; 38:337-42.
21. Sandilands A, Terron-Kwiatkowski A, Hull PR, O'Regan GM, Clayton TH, Watson RM, et al. Comprehensive analysis of the gene encoding filaggrin uncovers prevalent and rare mutations in ichthyosis vulgaris and atopic eczema. *Nat. Genet.* 2007; 39:650-4.
22. Nomura T, Sandilands A, Akiyama M, Liao H, Evans AT, Sakai K, et al. Unique mutations in the filaggrin gene in Japanese patients with ichthyosis vulgaris and atopic dermatitis. *J. Allergy Clin. Immunol.* 2007; 119:434-40.
23. EARly G, Lifecourse EEEc, Australian AGCA, Consortium AAG. Multi-ancestry genome-wide association study of 21,000 cases and 95,000 controls identifies new risk loci for atopic dermatitis. *Nat. Genet.* 2015; 47:1449.
24. Cascella R, Cuzzola VF, Lepre T, Galli E, Moschese V, Chini L, et al. Full sequencing of the FLG gene in Italian patients with atopic eczema: evidence of

- new mutations, but lack of an association. *J. Invest. Dermatol.* 2011; 131:982-4.
25. Winge M, Bilcha K, Lieden A, Shibeshi D, Sandilands A, Wahlgren CF, et al. Novel filaggrin mutation but no other loss - of - function variants found in Ethiopian patients with atopic dermatitis. *Br. J. Dermatol.* 2011; 165:1074-80.
26. Thawer-Esmail F, Jakasa I, Todd G, Wen Y, Brown SJ, Kroboth K, et al. South African amaXhosa patients with atopic dermatitis have decreased levels of filaggrin breakdown products but no loss-of-function mutations in filaggrin. *J. Allergy Clin. Immunol.* 2014; 133:280-2. e2.
27. Pellerin L, Henry J, Hsu C-Y, Balica S, Jean-Decoster C, Méchin M-C, et al. Defects of filaggrin-like proteins in both lesional and nonlesional atopic skin. *J. Allergy Clin. Immunol.* 2013; 131:1094-102.
28. Margolis DJ, Gupta J, Apter AJ, Ganguly T, Hoffstad O, Papadopoulos M, et al. Filaggrin-2 variation is associated with more persistent atopic dermatitis in African American subjects. *J. Allergy Clin. Immunol.* 2014; 133:784-9.
29. Sasaki T, Furusyo N, Shiohama A, Takeuchi S, Nakahara T, Uchi H, et al. Filaggrin loss-of-function mutations are not a predisposing factor for atopic dermatitis in an Ishigaki Island under subtropical climate. *J. Dermatol. Sci.* 2014; 76:10-5.
30. Kalinin A, Marekov LN, Steinert PM. Assembly of the epidermal cornified cell envelope. *J. Cell Sci.* 2001; 114:3069-70.
31. DiColandrea T, Karashima T, Määttä A, Watt FM. Subcellular Distribution of Envoplakin and Periplakin Insights into Their Role as Precursors of the Epidermal Cornified Envelope. *The Journal of cell biology* 2000; 151:573-86.
32. Eckert RL, Sturniolo MT, Broome A-M, Ruse M, Rorke EA. Transglutaminase function in epidermis. *J. Invest. Dermatol.* 2005; 124:481-92.
33. Candi E, Tarcsa E, Idler WW, Kartasova T, Marekov LN, Steinert PM. Transglutaminase Cross-linking Properties of the Small Proline-rich 1 Family of Cornified Cell Envelope Proteins INTEGRATION WITH LORICRIN. *J. Biol. Chem.* 1999; 274:7226-37.
34. Nemes Z, Marekov LN, Fésüs L, Steinert PM. A novel function for transglutaminase 1: attachment of long-chain ω -hydroxyceramides to involucrin by ester bond formation. *Proceedings of the National Academy of Sciences* 1999; 96:8402-7.
35. Djian P, Easley K, Green H. Targeted ablation of the murine involucrin gene. *The Journal of cell biology* 2000; 151:381-8.
36. Määttä A, DiColandrea T, Groot K, Watt FM. Gene targeting of envoplakin, a

- cytoskeletal linker protein and precursor of the epidermal cornified envelope. Mol. Cell. Biol. 2001; 21:7047-53.
37. Aho S, Li K, Ryoo Y, McGee C, Ishida-Yamamoto A, Uitto J, et al. Periplakin gene targeting reveals a constituent of the cornified cell envelope dispensable for normal mouse development. Mol. Cell. Biol. 2004; 24:6410-8.
 38. Sevilla LM, Nachat R, Groot KR, Klement JF, Uitto J, Djian P, et al. Mice deficient in involucrin, envoplakin, and periplakin have a defective epidermal barrier. The Journal of cell biology 2007; 179:1599-612.
 39. Koch PJ, De Viragh PA, Scharer E, Bundman D, Longley MA, Bickenbach J, et al. Lessons from Loricrin-Deficient Mice Compensatory Mechanisms Maintaining Skin Barrier Function in the Absence of a Major Cornified Envelope Protein. The Journal of cell biology 2000; 151:389-400.
 40. Laiho E, Ignatius J, Mikkola H, Yee VC, Teller DC, Niemi K-M, et al. Transglutaminase 1 mutations in autosomal recessive congenital ichthyosis: private and recurrent mutations in an isolated population. The American Journal of Human Genetics 1997; 61:529-38.
 41. Cassidy AJ, van Steensel MA, Steijlen PM, van Geel M, van der Velden J, Morley SM, et al. A homozygous missense mutation in TGM5 abolishes epidermal transglutaminase 5 activity and causes acral peeling skin syndrome. The American Journal of Human Genetics 2005; 77:909-17.
 42. Liedén A, Winge MC, Sääf A, Kockum I, Ekelund E, Rodriguez E, et al. Genetic variation in the epidermal transglutaminase genes is not associated with atopic dermatitis. PloS one 2012; 7:e49694.
 43. Masukawa Y, Narita H, Shimizu E, Kondo N, Sugai Y, Oba T, et al. Characterization of overall ceramide species in human stratum corneum. J. Lipid Res. 2008; 49:1466-76.
 44. Iwai I, Han H, den Hollander L, Svensson S, Öfverstedt L-G, Anwar J, et al. The human skin barrier is organized as stacked bilayers of fully extended ceramides with cholesterol molecules associated with the ceramide sphingoid moiety. J. Invest. Dermatol. 2012; 132:2215-25.
 45. Krieg P, Fürstenberger G. The role of lipoxygenases in epidermis. Biochimica et Biophysica Acta (BBA)-Molecular and Cell Biology of Lipids 2014; 1841:390-400.
 46. Eckl K-M, de Juanes S, Kurtenbach J, Nätebus M, Lugassy J, Oji V, et al. Molecular analysis of 250 patients with autosomal recessive congenital ichthyosis: evidence for mutation hotspots in ALOXE3 and allelic heterogeneity

in ALOX12B. *J. Invest. Dermatol.* 2009; 129:1421-8.

47. Kelsell PD, Norgett EE, Unsworth H, Teh M-T, Cullup T, Mein CA, et al. Mutations in ABCA12 underlie the severe congenital skin disease harlequin ichthyosis. *The American Journal of Human Genetics* 2005; 76:794-803.
48. Sasaki T, Shiohama A, Kubo A, Kawasaki H, Ishida-Yamamoto A, Yamada T, et al. A homozygous nonsense mutation in the gene for Tmem79, a component for the lamellar granule secretory system, produces spontaneous eczema in an experimental model of atopic dermatitis. *J. Allergy Clin. Immunol.* 2013; 132:1111-20. e4.
49. Saunders SP, Goh CS, Brown SJ, Palmer CN, Porter RM, Cole C, et al. Tmem79/Matt is the matted mouse gene and is a predisposing gene for atopic dermatitis in human subjects. *J. Allergy Clin. Immunol.* 2013; 132:1121-9.
50. Lundström A, Serre G, Haftek M, Egelrud T. Evidence for a role of corneodesmosin, a protein which may serve to modify desmosomes during cornification, in stratum corneum cell cohesion and desquamation. *Arch. Dermatol. Res.* 1994; 286:369-75.
51. Samuelov L, Sarig O, Harmon RM, Rapaport D, Ishida-Yamamoto A, Isakov O, et al. Desmoglein 1 deficiency results in severe dermatitis, multiple allergies and metabolic wasting. *Nat. Genet.* 2013; 45:1244-8.
52. Oji V, Eckl K-M, Aufenvenne K, Nätebus M, Tarinski T, Ackermann K, et al. Loss of corneodesmosin leads to severe skin barrier defect, pruritus, and atopy: unraveling the peeling skin disease. *The American Journal of Human Genetics* 2010; 87:274-81.
53. Brattsand M, Stefansson K, Lundh C, Haasum Y, Egelrud T. A proteolytic cascade of kallikreins in the stratum corneum. *J. Invest. Dermatol.* 2005; 124:198-203.
54. Deraison C, Bonnart C, Lopez F, Besson C, Robinson R, Jayakumar A, et al. LEKTI fragments specifically inhibit KLK5, KLK7, and KLK14 and control desquamation through a pH-dependent interaction. *Mol. Biol. Cell* 2007; 18:3607-19.
55. Rippke F, Schreiner V, Doering T, Maibach HI. Stratum corneum pH in atopic dermatitis. *American journal of clinical dermatology* 2004; 5:217-23.
56. Hachem J-P, Man M-Q, Crumrine D, Uchida Y, Brown BE, Rogiers V, et al. Sustained serine proteases activity by prolonged increase in pH leads to degradation of lipid processing enzymes and profound alterations of barrier function and stratum corneum integrity. *J. Invest. Dermatol.* 2005; 125:510-20.

57. Kezic S, O'Regan GM, Lutter R, Jakasa I, Koster ES, Saunders S, et al.
Filaggrin loss-of-function mutations are associated with enhanced expression of
IL-1 cytokines in the stratum corneum of patients with atopic dermatitis and in a
murine model of filaggrin deficiency. *J. Allergy Clin. Immunol.* 2012;
129:1031-9. e1.
58. Vasilopoulos Y, Sharaf N, di Giovine F, Simon M, Cork MJ, Duff GW, et al.
The 3'-UTR AACCins5874 in the stratum corneum chymotryptic enzyme gene
(SCCE/KLK7), associated with atopic dermatitis; causes an increased mRNA
expression without altering its stability. *J. Dermatol. Sci.* 2011; 61:131-3.
59. Hubiche T, Ged C, Benard A, Léauté-Labrèze C, McElreavey K, de Verneuil H,
et al. Analysis of SPINK 5, KLK 7 and FLG genotypes in a French atopic
dermatitis cohort. *Acta Derm. Venereol.* 2007; 87:499-505.
60. Chavanas S, Bodemer C, Rochat A, Hamel-Teillac D, Ali M, Irvine AD, et al.
Mutations in SPINK5, encoding a serine protease inhibitor, cause Netherton
syndrome. *Nat. Genet.* 2000; 25:141-2.
61. Walley AJ, Chavanas S, Moffatt MF, Esnouf RM, Ubhi B, Lawrence R, et al.
Gene polymorphism in Netherton and common atopic disease. *Nat. Genet.* 2001;
29:175-8.
62. Kato A, Fukai K, Oiso N, Hosomi N, Murakami T, Ishii M. Association of
SPINK5 gene polymorphisms with atopic dermatitis in the Japanese population.
Br. J. Dermatol. 2003; 148:665-9.
63. Zhao L, Di Z, Zhang L, Wang L, Ma L, Lv Y, et al. Association of SPINK5
gene polymorphisms with atopic dermatitis in Northeast China. *J. Eur. Acad.
Dermatol. Venereol.* 2012; 26:572-7.
64. Lee JH, Kim KW, Gee HY, Lee J, Lee K-H, Park H-S, et al. A synonymous
variation in protease-activated receptor-2 is associated with atopy in Korean
children. *J. Allergy Clin. Immunol.* 2011; 128:1326-34. e3.
65. Kirschner N, Houdek P, Fromm M, Moll I, Brandner JM. Tight junctions form a
barrier in human epidermis. *Eur. J. Cell Biol.* 2010; 89:839-42.
66. Furuse M, Hata M, Furuse K, Yoshida Y, Haratake A, Sugitani Y, et al.
Claudin-based tight junctions are crucial for the mammalian epidermal barrier a
lesson from claudin-1-deficient mice. *The Journal of cell biology* 2002;
156:1099-111.
67. Yokouchi M, Kubo A, Kawasaki H, Yoshida K, Ishii K, Furuse M, et al.
Epidermal tight junction barrier function is altered by skin inflammation, but not
by filaggrin-deficient stratum corneum. *J. Dermatol. Sci.* 2015; 77:28-36.

68. De Benedetto A, Rafaels NM, McGirt LY, Ivanov AI, Georas SN, Cheadle C, et al. Tight junction defects in patients with atopic dermatitis. *J. Allergy Clin. Immunol.* 2011; 127:773-86. e7.
69. Otberg N, Patzelt A, Rasulev U, Hagemeister T, Linscheid M, Sinkgraven R, et al. The role of hair follicles in the percutaneous absorption of caffeine. *Br. J. Clin. Pharmacol.* 2008; 65:488-92.
70. Blattner RJ. Molluscum contagiosum: eruptive infection in atopic dermatitis. *The Journal of pediatrics* 1967; 70:997-9.
71. Lynch FW, Evans C, Bolin VS, Steves RJ. Kaposi's varicelliform eruption: extensive herpes simplex as a complication of eczema. *Arch. Dermatol.* 1945; 51:129.
72. Howell MD, Kim BE, Gao P, Grant AV, Boguniewicz M, DeBenedetto A, et al. Cytokine modulation of atopic dermatitis filaggrin skin expression. *J. Allergy Clin. Immunol.* 2007; 120:150-5.
73. Levin J, Friedlander SF, Del Rosso JQ. Atopic dermatitis and the stratum corneum: part 3: the immune system in atopic dermatitis. *The Journal of clinical and aesthetic dermatology* 2013; 6:37.
74. Kabashima K. New concept of the pathogenesis of atopic dermatitis: interplay among the barrier, allergy, and pruritus as a trinity. *J. Dermatol. Sci.* 2013; 70:3-11.
75. Thaçi D, Simpson EL, Beck LA, Bieber T, Blauvelt A, Papp K, et al. Efficacy and safety of dupilumab in adults with moderate-to-severe atopic dermatitis inadequately controlled by topical treatments: a randomised, placebo-controlled, dose-ranging phase 2b trial. *The Lancet* 2016; 387:40-52.
76. Cornelissen C, Marquardt Y, Czaja K, Wenzel J, Frank J, Lüscher-Firzlaff J, et al. IL-31 regulates differentiation and filaggrin expression in human organotypic skin models. *J. Allergy Clin. Immunol.* 2012; 129:426-33. e8.
77. Seltsmann J, Roesner LM, von Hesler F-W, Wittmann M, Werfel T. IL-33 impacts on the skin barrier by downregulating the expression of filaggrin. *J. Allergy Clin. Immunol.* 2015; 135:1659.
78. Fallon PG, Sasaki T, Sandilands A, Campbell LE, Saunders SP, Mangan NE, et al. A homozygous frameshift mutation in the mouse Flg gene facilitates enhanced percutaneous allergen priming. *Nat. Genet.* 2009; 41:602-8.
79. Spergel JM. From atopic dermatitis to asthma: the atopic march. *Annals of Allergy, Asthma & Immunology* 2010; 105:99-106.
80. Noti M, Kim BS, Siracusa MC, Rak GD, Kubo M, Moghaddam AE, et al.

- 628 Exposure to food allergens through inflamed skin promotes intestinal food
 629 allergy through the thymic stromal lymphopoietin–basophil axis. *J. Allergy Clin.*
 630 *Immunol.* 2014; 133:1390-9. e6.
- 631 81. Chavanas S, Bodemer C, Rochat A, Hamel-Teillac D, Ali M, Irvine AD, et al.
 632 Mutations in SPINK5, encoding a serine protease inhibitor, cause Netherton
 633 syndrome. *Nat. Genet.* 2000; 25.
- 634 82. Leclerc EA, Huchencq A, Mattiuzzo NR, Metzger D, Chambon P, Ghyselinck
 635 NB, et al. Corneodesmosin gene ablation induces lethal skin-barrier disruption
 636 and hair-follicle degeneration related to desmosome dysfunction. *J. Cell Sci.*
 637 2009; 122:2699-709.
- 638 83. Kottyan LC, Davis BP, Sherrill JD, Liu K, Rochman M, Kaufman K, et al.
 639 Genome-wide association analysis of eosinophilic esophagitis provides insight
 640 into the tissue specificity of this allergic disease. *Nat. Genet.* 2014; 46:895-900.
- 641 84. Davis BP, Stucke EM, Khorki ME, Litosh VA, Rymer JK, Rochman M, et al.
 642 Eosinophilic esophagitis–linked calpain 14 is an IL-13–induced protease that
 643 mediates esophageal epithelial barrier impairment. *JCI insight* 2016; 1:e86355.
- 644 85. Du Toit G, Sayre PH, Roberts G, Sever ML, Lawson K, Bahnson HT, et al.
 645 Effect of avoidance on peanut allergy after early peanut consumption. *N. Engl. J.*
 646 *Med.* 2016; 374:1435-43.
- 647 86. Perkin MR, Logan K, Tseng A, Raji B, Ayis S, Peacock J, et al. Randomized
 648 trial of introduction of allergenic foods in breast-fed infants. *N. Engl. J. Med.*
 649 2016; 374:1733-43.
- 650 87. Nakajima S, Igyártó BZ, Honda T, Egawa G, Otsuka A, Hara-Chikuma M, et al.
 651 Langerhans cells are critical in epicutaneous sensitization with protein antigen
 652 via thymic stromal lymphopoietin receptor signaling. *J. Allergy Clin. Immunol.*
 653 2012; 129:1048-55. e6.
- 654 88. Horimukai K, Morita K, Narita M, Kondo M, Kitazawa H, Nozaki M, et al.
 655 Application of moisturizer to neonates prevents development of atopic
 656 dermatitis. *J. Allergy Clin. Immunol.* 2014; 134:824-30. e6.
- 657 89. Simpson EL, Chalmers JR, Hanifin JM, Thomas KS, Cork MJ, McLean WI, et
 658 al. Emollient enhancement of the skin barrier from birth offers effective atopic
 659 dermatitis prevention. *J. Allergy Clin. Immunol.* 2014; 134:818-23.
- 660 90. Miajlovic H, Fallon PG, Irvine AD, Foster TJ. Effect of filaggrin breakdown
 661 products on growth of and protein expression by *Staphylococcus aureus*. *J.*
 662 *Allergy Clin. Immunol.* 2010; 126:1184-90. e3.
- 663 91. Malik V, Rodino - Klapac LR, Viollet L, Wall C, King W, Al - Dahhak R, et al.

- 664 Gentamicin - induced readthrough of stop codons in Duchenne muscular
 665 dystrophy. *Ann. Neurol.* 2010; 67:771-80.
- 666 92. Hoffman EP, Bronson A, Levin AA, Takeda Si, Yokota T, Baudy AR, et al.
 667 Restoring dystrophin expression in duchenne muscular dystrophy muscle:
 668 progress in exon skipping and stop codon read through. *The American journal of*
 669 *pathology* 2011; 179:12-22.
- 670 93. Zhang C, Gurevich I, Aneskievich BJ. Organotypic modeling of human
 671 keratinocyte response to peroxisome proliferators. *Cells Tissues Organs* 2012;
 672 196:431-41.
- 673 94. Kim H, Lim Y-j, Park J-H, Cho Y. Dietary silk protein, sericin, improves
 674 epidermal hydration with increased levels of filaggrins and free amino acids in
 675 NC/Nga mice. *Br. J. Nutr.* 2012; 108:1726-35.
- 676 95. Hou M, Sun R, Hupe M, Kim PL, Park K, Crumrine D, et al. Topical apigenin
 677 improves epidermal permeability barrier homeostasis in normal murine skin by
 678 divergent mechanisms. *Exp. Dermatol.* 2013; 22:210-5.
- 679 96. Otsuka A, Doi H, Egawa G, Maekawa A, Fujita T, Nakamizo S, et al. Possible
 680 new therapeutic strategy to regulate atopic dermatitis through upregulating
 681 filaggrin expression. *J. Allergy Clin. Immunol.* 2014; 133:139-46. e10.
- 682 97. Amano W, Nakajima S, Kunugi H, Numata Y, Kitoh A, Egawa G, et al. The
 683 Janus kinase inhibitor JTE-052 improves skin barrier function through
 684 suppressing signal transducer and activator of transcription 3 signaling. *J.*
 685 *Allergy Clin. Immunol.* 2015; 136:667-77. e7.
- 686 98. Grether-Beck S, Felsner I, Brenden H, Kohne Z, Majora M, Marini A, et al.
 687 Urea uptake enhances barrier function and antimicrobial defense in humans by
 688 regulating epidermal gene expression. *J. Invest. Dermatol.* 2012; 132:1561-72.
- 689 99. Carregaro F, Stefanini ACB, Henrique T, Tajara EH. Study of small proline-rich
 690 proteins (SPRRs) in health and disease: a review of the literature. *Arch.*
 691 *Dermatol. Res.* 2013; 305:857-66.
- 692 100. Matsuki M, Yamashita F, Ishida-Yamamoto A, Yamada K, Kinoshita C, Fushiki
 693 S, et al. Defective stratum corneum and early neonatal death in mice lacking the
 694 gene for transglutaminase 1 (keratinocyte transglutaminase). *Proceedings of the*
 695 *National Academy of Sciences* 1998; 95:1044-9.
- 696 101. Bogнар P, Nemeth I, Mayer B, Haluszka D, Wikonkal N, Ostorhazi E, et al.
 697 Reduced inflammatory threshold indicates skin barrier defect in
 698 transglutaminase 3 knockout mice. *J. Invest. Dermatol.* 2014; 134:105-11.
- 699 102. de Juanes S, Epp N, Latzko S, Neumann M, Fürstenberger G, Hausser I, et al.

- Development of an ichthyosiform phenotype in Alox12b-deficient mouse skin transplants. *J. Invest. Dermatol.* 2009; 129:1429-36.
103. Krieg P, Rosenberger S, de Juanes S, Latzko S, Hou J, Dick A, et al. Alox3 knockout mice reveal a function of epidermal lipoxygenase-3 as hepoxilin synthase and its pivotal role in barrier formation. *J. Invest. Dermatol.* 2013; 133:172-80.
104. Yanagi T, Akiyama M, Nishihara H, Ishikawa J, Sakai K, Miyamura Y, et al. Self-improvement of keratinocyte differentiation defects during skin maturation in ABCA12-deficient harlequin ichthyosis model mice. *The American journal of pathology* 2010; 177:106-18.
105. Chidgey M, Brakebusch C, Gustafsson E, Cruchley A, Hail C, Kirk S, et al. Mice lacking desmocollin 1 show epidermal fragility accompanied by barrier defects and abnormal differentiation. *The Journal of cell biology* 2001; 155:821-32.
106. Ruiz P, Birchmeier W. The plakoglobin knock-out mouse: a paradigm for the molecular analysis of cardiac cell junction formation. *Trends Cardiovasc. Med.* 1998; 8:97-101.
107. Sklyarova T, Bonn   S, D'hooge P, Denecker G, Goossens S, De Rycke R, et al. Plakophilin-3-deficient mice develop hair coat abnormalities and are prone to cutaneous inflammation. *J. Invest. Dermatol.* 2008; 128:1375-85.
108. Furio L, de Veer S, Jaillet M, Briot A, Robin A, Deraison C, et al. Transgenic kallikrein 5 mice reproduce major cutaneous and systemic hallmarks of Netherton syndrome. *The Journal of experimental medicine* 2014; 211:499-513.
109. Hansson L, B  ckman A, Ny A, Edlund M, Ekholm E, Hammarstr  m BE, et al. Epidermal overexpression of stratum corneum chymotryptic enzyme in mice: a model for chronic itchy dermatitis. *J. Invest. Dermatol.* 2002; 118:444-9.
110. Stefansson K, Brattsand M, Ny A, Glas B, Egelrud T. Kallikrein-related peptidase 14 may be a major contributor to trypsin-like proteolytic activity in human stratum corneum. *Biol. Chem.* 2006; 387:761-8.
111. Yang T, Liang D, Koch PJ, Hohl D, Kheradmand F, Overbeek PA. Epidermal detachment, desmosomal dissociation, and destabilization of corneodesmosin in *Spink5*^{-/-} mice. *Genes Dev.* 2004; 18:2354-8.

FIGURE LEGENDS:

FIG 1: Barrier structures of the skin. **A**, The skin consists of three layers: the epidermis, the dermis, and subcutaneous adipose tissue. Red arrowheads identify the pores of hair follicles and sweat glands. **B**, The structure of the epidermis. The red line represents tight junctions. **C**, The “bricks and mortar” structure of the SC. **D**, The structures of the CE and corneodesmosome.

FIG 2: Schema of the FLG metabolic process. In the SG, profilaggrins are stored in keratohyalin granules and then cleaved into FLG monomers. FLG monomers bind to keratin filaments in corneocytes. At the upper layer of the SC, FLG monomers are released from keratins and cleaved into free amino acids, followed by conversion into PCA and UCA. Asterisks denote the genes whose mutations have been linked to the AD pathogenesis.

FIG 3: Kallikrein (KLK) function in the SC. 1) KLKs cleave corneodesmosomal cadherins to promote desquamation. 2) KLKs activate PAR2 to regulate lipid synthesis and immune responses. 3) KLK cleavage of IL-1 preforms. IL-1 preforms are stored in the cytosol of corneocytes and escape into the intercellular space upon damage. Asterisks denote the genes whose mutations have been linked to the AD pathogenesis.

TABLE 1: A list of genes involved in the CE formation process. The genes that their mutations have been linked to AD pathogenesis are shown in bold. Asterisks denote the diseases that may represent AD-like dermatitis. In the column of human associated disease, the modes of inheritances (AD; autosomal dominant, AR; autosomal recessive) are shown.

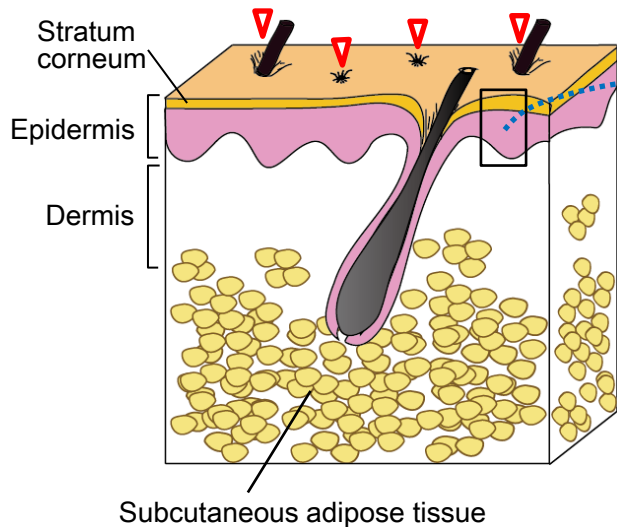
Supplementary TABLE 1: A list of “AD-associated” loci that are identified by GWAS. This table is modified from the data shown in ref. 23. We should note that some of these loci are still unwarranted (see ref. 23 for detail).

TABLE 1

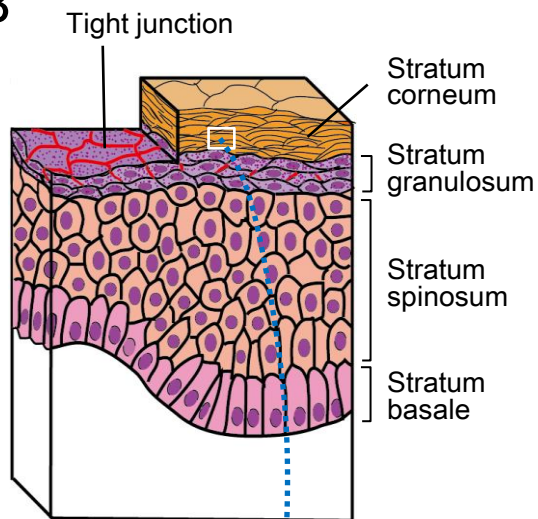
	Gene	Gene symbol	Function	Associated human disease	Knockout mice phenotype	Reference
FLG metabolism	Filaggrin	FLG	Keratin filaments aggregation	Ichthyosis vulgaris [AD]	Skin barrier deficiency Spontaneous dermatitis	1, 18-20
	Filaggrin2	FLG2	Similar to FLG?			28
	Cap1/Prss8	PRSS8	Cleave proFLG to FLG		Skin barrier deficiency	12
	SASpase	ASPRV1	Cleave proFLG to FLG		SC dehydration	13
	Peptidylarginine deiminase	PADI	Citrullination of FLG			14
	Caspase14	CASP14	FLG metabolism		Skin barrier deficiency	15
	Calpain1	CAPN1	FLG metabolism			16
	Bleomycin hydrolase	BLMH	FLG metabolism		Penetrant ring-tail dermatitis	16
Formation of Cornified envelope	Involucrin	IVL	Scaffold of CE		No skin phenotype	35
	Envoplakin	EVPL	Plakin family		No skin phenotype	36
	Periplakin	PPL	Plakin family		No skin phenotype	37
	Loricrin	LOR	Reinforce CE		Shiny skin	39
	Small proline-rich protein	SPRR	Reinforce CE			99
	Transglutaminase 1	TGM1	Crosslink CE proteins	ARCI-1 [AR]	Skin barrier deficiency	40, 100
	Transglutaminase 3	TGM3	Crosslink CE proteins		Skin barrier deficiency	101
	Transglutaminase 5	TGM5	Crosslink CE proteins	Peeling skin syndrome 2 [AR]		41
Intercellular lipid-lamellae formation	12R-lipoxygenase	ALOX12B	Ceramide processing	ARCI-2 [AR]	Skin barrier deficiency Neonatal death	46, 102
	Epidermal lipoxygenase 3	ALOX3E	Ceramide processing	ARCI-3 [AR]	Skin barrier deficiency Neonatal death	46, 103
	ATP-binding cassette subfamily A member 12	ABCA12	Transport of lamellar body	ARCI -4A/-4B [AR] (Harlequin ichthyosis)	Skin barrier deficiency	47, 104
	Tmem79/matrin	TMEM79	Secretion of lamellar bodies		Spontaneous dermatitis	48, 49
Corneodesmosome	Desmoglein1	DSG1	Cadherin family	SAM syndrome* [AR]		51
	Desmocollin1	DCN1	Cadherin family		Skin barrier deficiency	105
	Plakoglobin	JUP	Armadillo family	Naxos disease [AR]	Embryonic lethal	106
	Plakophilin	PKP	Armadillo family	Skin fragility syndrome [AR]	PKP3-deficient mice develop dermatitis	107
	(Envoplakin)	EVPL	Plakin family		No skin phenotype	36
	(Periplakin)	PPL	Plakin family		No skin phenotype	37
	Corneodesmosin	CDSN	Support the corneodesmosome adhesion	Peeling skin syndrome 1* [AR]	Skin barrier deficiency Neonatal death	82
Corneocyte desquamation	Kallikrein5	KLK5	Serine protease		Skin inflammation *(when overexpressed)	108
	Kallikrein7	KLK7	Serine protease		Skin inflammation *(when overexpressed)	109
	Kallikrein14	KLK14	Serine protease			110
	Lympho-epithelial Kazal-type-related inhibitor (LEKTI)	SPINK5	Serine protease inhibitor	Netherton syndrome* [AR]	Neonatal death due to dehydration	61-63, 111
	Protease-activated receptor 2	PAR2	Receptor on keratinocytes		Altered skin immune response	64

FIG 1

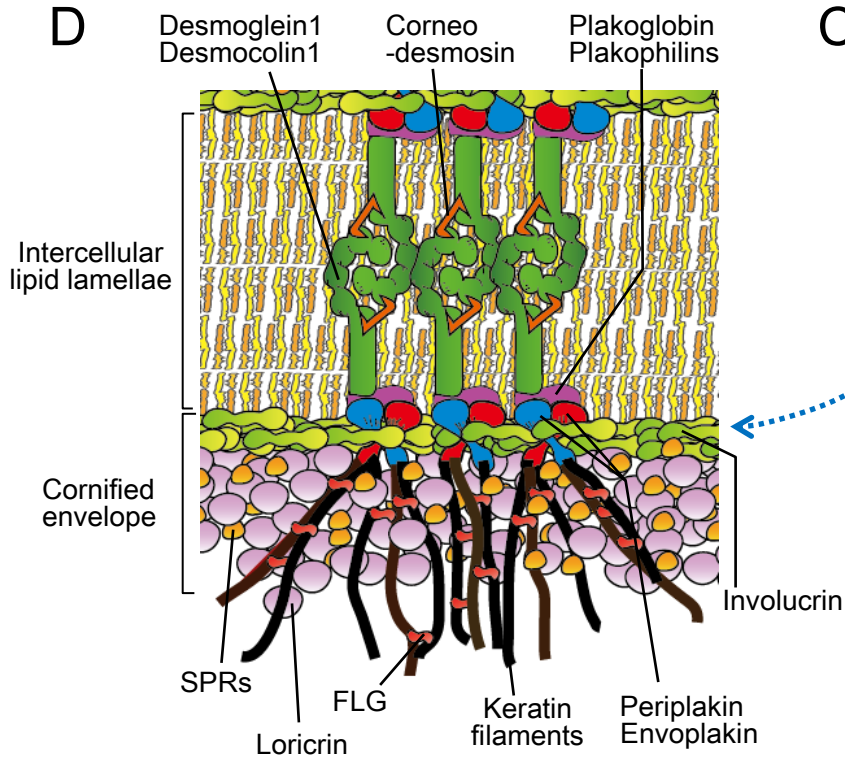
A



B



D



C

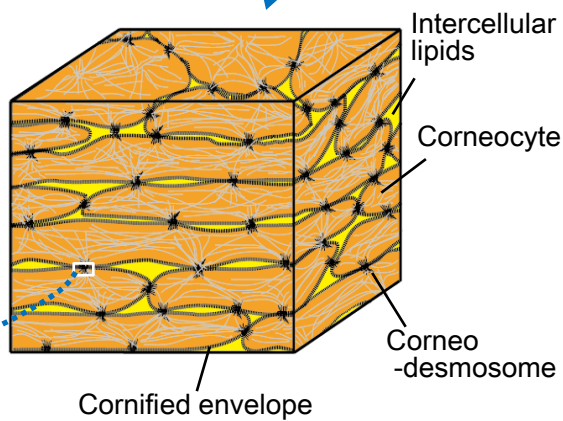


FIG 2

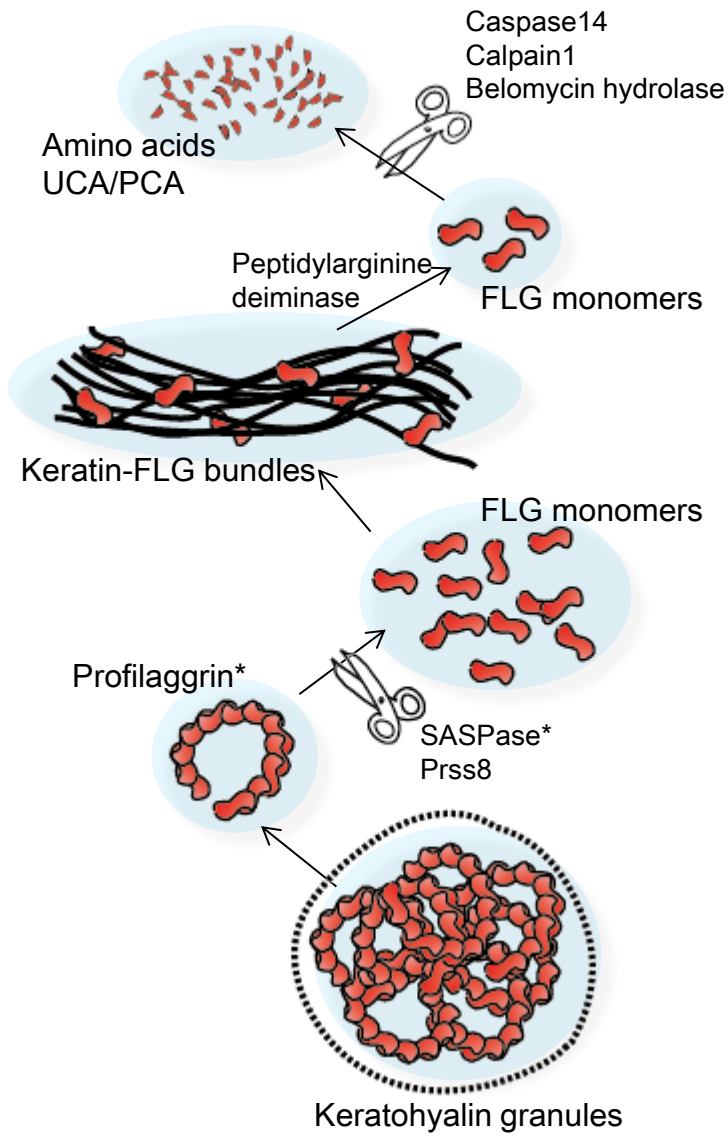
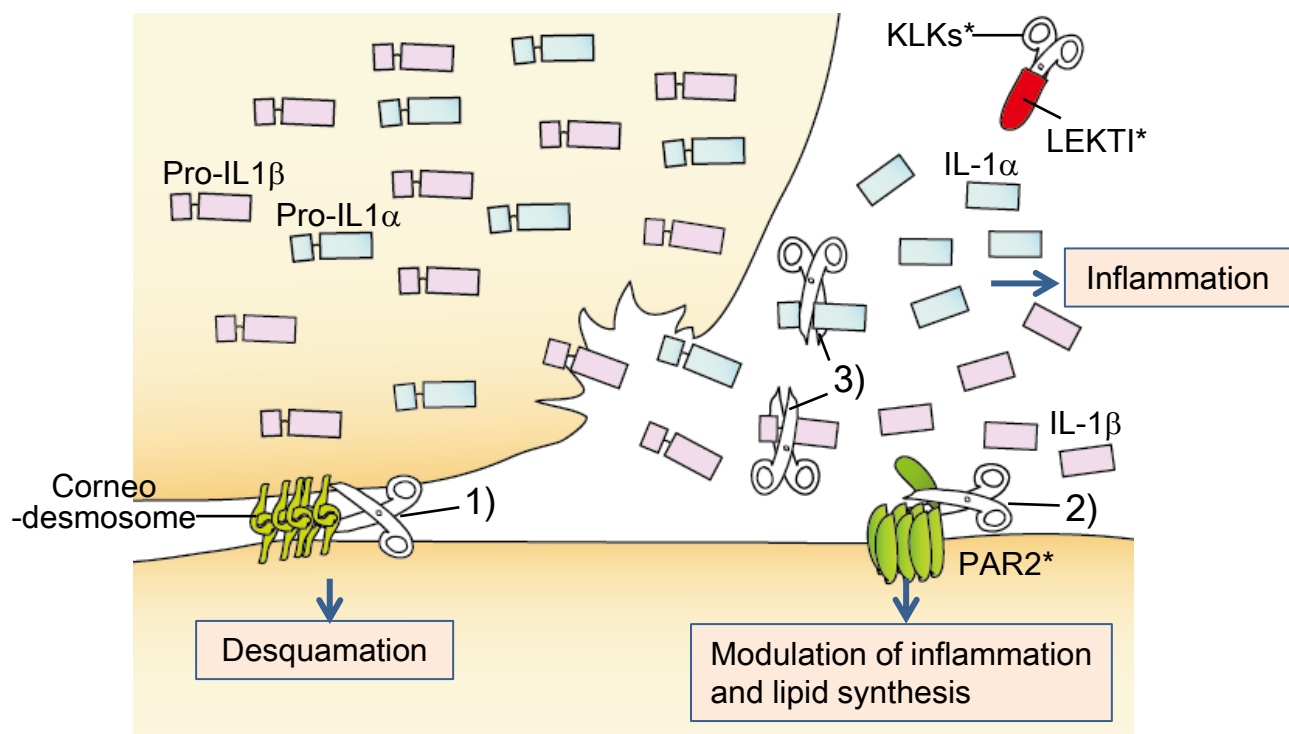


FIG 3



Supplementary TABLE 1:

Variant	Nearest gene	OR	p-value
rs61813875	<i>FLG</i>	1.61	5.6E-29
rs10791824	<i>OVOL1</i>	1.12	2.1E-19
rs12188917	<i>RAD50/IL13</i>	1.14	4.0E-17
rs6419573	<i>IL18R1/IL18RAP</i>	1.11	1.5E-13
rs2212434	<i>C11orf30/LRRC32</i>	1.09	4.6E-13
rs4809219	<i>RTEL1/TNFRSF6B</i>	0.90	7.0E-13
rs2918307	<i>ADAMS10/ACTL9</i>	1.12	4.6E-12
rs2041733	<i>CLEC16A</i>	0.92	2.5E-11
rs12730935	<i>IL6R</i>	1.08	6.1E-11
rs2038255	<i>PPP2R3C</i>	1.11	1.8E-10
rs7127307	<i>ETS1</i>	0.93	3.9E-10
rs7512552	<i>C1orf51/MRPS21</i>	0.93	9.1E-10
rs6473227	<i>MIR5708/ZBTB10</i>	0.93	1.4E-09
rs6602364	<i>IL15RA/IL2RA</i>	1.08	1.5E-09
4:123243592	<i>KIAA1109 (IL2)</i>	1.08	4.2E-09
rs4713555	<i>HLA-DRB1</i>	0.91	5.4E-09
rs10214237	<i>IL7R/CAPSL</i>	0.93	2.9E-08
rs10199605	<i>LINC00299</i>	0.93	3.4E-08
rs4643526	<i>PUS10</i>	1.09	3.5E-08
rs12951971	<i>STAT3</i>	1.13	4.1E-08
rs7625909	<i>SFMBT1/RFT1</i>	1.07	4.9E-08
rs112111458	<i>CD207/VAX2</i>	0.91	1.4E-07
rs2592555	<i>PRR5L</i>	0.93	8.7E-07
rs2944542	<i>ZNF365</i>	0.94	1.2E-06
rs145809981	<i>MICB</i>	0.91	1.5E-06
rs16948048	<i>ZNF652</i>	1.05	1.7E-05
rs1249910	<i>CCDC80/CD200R1L</i>	0.98	1.4E-01
rs7701890	<i>TMEM232</i>	1.02	3.6E-01
rs6780220	<i>GLB1</i>	1.01	4.0E-01
rs4312054	<i>OR10A3/NLRP10</i>	1.00	7.4E-01
rs4733404	<i>CARD11</i>	1.00	8.1E-01