

Accepted Manuscript

Multifactorial skin barrier deficiency and atopic dermatitis: Essential topics to prevent the atopic march

Gyohei Egawa, MD, PhD, Kenji Kabashima, MD, PhD



PII: S0091-6749(16)30498-5

DOI: [10.1016/j.jaci.2016.06.002](https://doi.org/10.1016/j.jaci.2016.06.002)

Reference: YMAI 12181

To appear in: *Journal of Allergy and Clinical Immunology*

Received Date: 15 February 2016

Revised Date: 8 June 2016

Accepted Date: 13 June 2016

Please cite this article as: Egawa G, Kabashima K, Multifactorial skin barrier deficiency and atopic dermatitis: Essential topics to prevent the atopic march, *Journal of Allergy and Clinical Immunology* (2016), doi: 10.1016/j.jaci.2016.06.002.

This is a PDF file of an unedited manuscript that has been accepted for publication. As a service to our customers we are providing this early version of the manuscript. The manuscript will undergo copyediting, typesetting, and review of the resulting proof before it is published in its final form. Please note that during the production process errors may be discovered which could affect the content, and all legal disclaimers that apply to the journal pertain.

1 **Multifactorial skin barrier deficiency and atopic dermatitis: Essential topics to**
2 **prevent the atopic march**

3
4
5
6 Gyohei Egawa, MD, PhD,^a and Kenji Kabashima, MD, PhD^{a, b, c}

7
8 ^aDepartment of Dermatology, Kyoto University Graduate School of Medicine, Kyoto,
9 Japan

10 ^bSingapore Immunology Network (SiGN) and Institute of Medical Biology, Agency for
11 Science, Technology and Research (A*STAR), Biopolis, Singapore

12 ^cPRESTO, Japan Science and Technology Agency, Saitama, Japan
13

14 ***Corresponding author:***

15 Kenji Kabashima, MD, PhD, or Gyohei Egawa, MD, PhD

16 Department of Dermatology, Kyoto University Graduate School of Medicine, 54

17 Shogoin-Kawahara, Sakyo, Kyoto 606-8507, Japan

18 Tel: + 81-75-751-3310; Fax: + 81-75-751-4949

19 Email: kaba@kuhp.kyoto-u.ac.jp (K. K) or gyohei@kuhp.kyoto-u.ac.jp (G. E)
20

21 Supported by Grants-in-Aid for Scientific Research from the Ministry of Education,
22 Culture, Sports, Science and Technology of Japan.
23

24 ***Disclosure of potential conflict of interest:***

25 The authors declare that they have no relevant conflicts of interest.
26

27 ***Key words:***

28 atopic dermatitis, barrier function, stratum corneum, corneocytes, cornified envelope,
29 tight junction, filaggrin, lipid
30

31 ***Abbreviations used:***

32 AD: atopic dermatitis, ARCI: autosomal recessive congenital ichthyosis, CE: cornified
33 envelope, FLG: filaggrin gene, KLK: kallikrein, NMF: natural moisturizing factor, PCA:
34 pyrrolidine carboxylic acid, SC: stratum corneum, SG: stratum granulosum, SPR: small
35 proline-rich protein, TG: transglutaminase, TJ: tight junction, UCA: urocanic acid
36

37 **Abstract**

38 Atopic dermatitis (AD) is the most common inflammatory skin disease in the
39 industrialized world, and has multiple etiologies. Over the past decade, data from both
40 experimental models and patients have highlighted the primary pathogenic role of skin
41 barrier deficiency in AD. Increased access of environmental agents into the skin results
42 in chronic inflammation and contributes to the systemic “atopic (allergic) march”. In
43 addition, persistent skin inflammation further attenuates skin barrier function, resulting
44 in a positive feedback loop between the skin epithelium and the immune system that
45 drives pathology. Understanding the mechanisms of skin barrier maintenance is
46 essential for improving management of AD and limiting downstream atopic
47 manifestations. In this article, we review the latest developments in our understanding
48 of the pathomechanisms of skin barrier deficiency, with a particular focus on the
49 formation of the stratum corneum, the outermost layer of the skin, that contributes
50 significantly to skin barrier function.

51

52 The skin covers the entire body and protects us from the external environment. When
53 this barrier is impaired, external toxins are able to penetrate the skin and induce
54 inflammation. Over the last decade, numerous studies have demonstrated that skin
55 barrier dysfunction is a critical component of atopic dermatitis (AD).¹⁻³ In particular,
56 inherited defects in epidermal barrier proteins facilitate the interaction of external
57 antigens with skin-resident immune cells, driving local inflammation that can also lead
58 to systemic immune responses. This is the “outside-in” hypothesis of AD pathogenesis,
59 and it helps to explain the increased risk AD sufferers have of developing food allergies,
60 asthma and allergic rhinitis later in life, the progression to which is known as the “atopic
61 (allergic) march”.⁴ In addition, it is now evident that this secondary immunologic
62 activation results in further attenuation of the skin barrier, which further exacerbates
63 inflammation and allergic sensitization to environmental allergens.⁵ These observations
64 suggest that maintaining the skin barrier function is important for both the effective
65 management of AD and preventing the development of subsequent allergic diseases.

66 In this article, we summarize how the physical barrier of the skin is organized and
67 review its link to AD pathogenesis. This article does not cover chemical and biological
68 skin barriers (such as the skin acid mantle, antimicrobial peptides and bacterial flora) or
69 the immune cell-mediated skin barrier function. Reviews covering these aspects can be
70 found elsewhere.⁶⁻⁸

71

72

73 **DEVELOPMENT OF THE STRATUM CORNEUM**

74 The barrier function of the skin is largely dependent on the stratum corneum (SC), the
75 outermost layer of the epidermis (**Fig 1A and B**). The SC is formed during the course of
76 a tightly regulated processes of keratinocyte differentiation called cornification.⁹

77 Cornification is achieved by keratinocytes passing through four cell layers of the
78 epidermis: the stratum basale, the stratum spinosum, the stratum granulosum (SG), and
79 the SC (**Fig 1B**). In the SG, keratinocytes start to produce two membrane-circumscribed
80 granules: keratohyalin granules and lamellar bodies. Keratohyalin granules contain
81 intracellular components of the SC (such as filaggrin [FLG], loricrin, and keratin
82 filaments), whereas lamellar bodies contain extracellular components (such as lipids,
83 corneodesmosin and kallikreins). In the SC, keratinocytes become flattened and
84 denucleated (which are then called corneocytes), while their membranes are replaced by
85 a specific barrier structure known as the cornified envelope (CE) (**Fig 1C and D**). At
86 the transition from the SG to the SC, lamellar bodies are secreted into the intercellular
87 space between the corneocytes and fill with lipids. These structures are often described

88 as bricks (corneocytes) and mortar (intercellular lipids), which together provide a highly
89 hydrophobic barrier against the environment.

90 Below, we describe the formation of the SC barrier in terms of the following five
91 categories, and review their link to AD pathogenesis: 1) FLG metabolism; 2) the
92 cornified envelope; 3) intercellular lipids; 4) the corneodesmosome; and 5) corneocyte
93 desquamation. The genes involved in each process are listed in **Table 1**.

94
95

96 **FILAGGRIN METABOLISM**

97 FLG and its metabolites are critical for normal cornification (**Fig 2**).^{10, 11} In the SG, FLG
98 is produced as a polymer (profilaggrin) of 10-12 linked repeats of FLG monomer, stored
99 in keratohyalin granules. At the transition from the SG to the SC, profilaggrin is cleaved
100 to generate FLG monomers by proteases such as CAP1/Prss8 and SASPase/ASPRV1.^{12,}
101 ¹³ FLG monomers bind to keratin filaments and this keratin-FLG bundle is a
102 fundamental structure within the corneocyte. At the upper layer of the SC, FLG
103 becomes dissociated from the keratin filaments. In this process, the citrullination of
104 FLG and keratin1 by peptidylarginine deiminase is considered essential.¹⁴ The released
105 FLG monomers are degraded to free amino acids, including glutamine, arginine and
106 histidine, which are then converted into urocanic acid (UCA) and pyrrolidine carboxylic
107 acid (PCA). This process is mediated by the proteases caspase14, calpain1 and
108 bleomycin hydrolase.^{15, 16} UCA is an important ultraviolet-absorbing chromophore in
109 the SC and contributes to maintaining the acidic pH of the skin.¹⁷ In contrast, PCA is a
110 major constituent of natural moisturizing factors (NMFs), which are responsible for
111 retaining water in the SC. Therefore, FLG and its metabolites assume a manifold role in
112 the barrier function of the SC.

113 Gene targeting studies have revealed that FLG-deficient mice exhibit reduced SC
114 barrier function with enhanced susceptibility to environmental sensitization.¹⁸ Further,
115 on a proallergic BALB/c background, FLG-deficient mice develop spontaneous
116 dermatitis.¹⁹ Likewise, the mice that have defect in profilaggrin processing
117 (CAP1-deficient mice¹²/ SASPase-deficient mice¹³) or filaggrin processing
118 (CASP14-deficient mice¹⁵) exhibit impaired skin barrier and/or dehydration of the SC,
119 suggesting that the FLG metabolic process is also important for the development of
120 intact SC barrier.

121 In humans, loss-of-function mutations in the *FLG* gene are associated with the
122 development of AD as well as with ichthyosis vulgaris, a skin disorder with similarly
123 dry and scaly skin.^{1, 20} The prevalence of *FLG* mutations in AD patients ranges from

124 25-50% in Northern European and Asian populations.^{21, 22} In addition, genome-wide
125 association studies (GWAS) of individuals with European, African, Japanese and Latino
126 ancestry have identified more than 30 risk loci for AD to date (**Supplementary Table 1**),
127 and among them, the mutation in *FLG* has proven to be the consistent risk factor.²³
128 These observations indicate a major contribution of FLG-deficiency in AD pathogenesis.
129 Manifestations of AD might also be influenced by FLG metabolic processes, since the
130 mutations in *ASPRVI*, encoding SASPase, have been linked to the development of
131 human AD.¹³

132 Although mutations in *FLG* are common in Northern European and Asian subjects,
133 *FLG* mutations are less common in Southern Europe²⁴ and are even absent in some
134 African countries.^{25, 26} A recent study showed that the expression of another skin barrier
135 protein, FLG2, is reduced in the epidermis of AD patients.²⁷ Further, a nonsense
136 mutation in the *FLG2* gene was shown to be associated with persistent AD in patients of
137 African ancestry.²⁸ The biological function of FLG2 remains to be elucidated, but its
138 structure, pattern of expression, and biological properties are very similar to FLG.
139 Therefore, FLG2 likely also plays an important role in skin barrier integrity. We must
140 also note the possibility that FLG deficiency might be compensable under a tropical
141 climate.²⁹

142

143 **FORMATION OF CORNIFIED ENVELOPE**

144 The cornified envelope (CE) is a specific barrier structure formed beneath the cell
145 membrane of corneocytes (**Fig 1D**).³⁰ The CE consists of highly crosslinked insoluble
146 proteins anchored by extracellular lipids. This structure acts as a vital physical barrier to
147 the SC.

148 The assembly of the CE starts in the upper layer of the stratum spinosum. In response
149 to elevated intracellular Ca^{2+} , keratinocytes produce envoplakin, periplakin and
150 involucrin. Envoplakin and periplakin form heterodimers that, together with involucrin,
151 accumulate beneath the plasma membrane.³¹ These three proteins become crosslinked to
152 each other by transglutaminase (TG) 1 and TG5.³² Involucrin acts as a scaffold of the
153 CE, while the plakin dimers are binding sites for keratin filaments, enabling them to be
154 combined with desmosomal proteins. Importantly, since plakin proteins are tightly
155 crosslinked to the involucrin scaffold, desmosomes and keratin filaments are rigidly
156 linked in the CE, thereby conferring mechanical stability to the corneocyte.

157 In the SG, loricrin and small proline-rich (SPR) proteins are produced. These proteins
158 are crosslinked by TG3 and translocate to the cell periphery, where they are crosslinked
159 to the involucrin scaffold by TG1 and TG5.³³ This process is repeated many times over,

160 resulting in a heavily reinforced CE in which up to 80% of the protein consists of
161 loricrin. TG1 also combines extracellular ceramide lipids onto the involucrin scaffold
162 until, eventually, ceramides replace the lipid bilayer of the plasma membrane.³⁴ This
163 process is described in greater detail below.

164 Despite the ubiquitous presence of involucrin, envoplakin and periplakin in the CE
165 (**Fig 1D**), single knockout mice of these genes do not show any obvious skin
166 abnormalities.³⁵⁻³⁷ Mice that lack all three of these proteins exhibit abnormal CE
167 formation with reduced lipid content and decreased mechanical integrity, but skin
168 barrier function remains intact, possibly compensated for by reduced desquamation of
169 corneocytes.³⁸ Similarly, loricrin-deficient mice exhibit only a subtle phenotype, with
170 shiny skin at birth and reduced CE stability.³⁹ These studies suggest that CE proteins are
171 redundant, and indicate the existence of strong compensatory mechanisms. In
172 accordance with this notion, no mutations in the genes of CE components have been
173 linked to AD pathogenesis thus far. In contrast, the CE is abnormal or even absent with
174 TG1-deficiency, in which severe ichthyosiform erythroderma (autosomal recessive
175 congenital ichthyosis [ARCI]-1) develops.⁴⁰ In addition, TG5 deficiency causes peeling
176 skin syndrome 2, which presents as superficial acral skin peeling, occurring at the
177 junction between the SG and the SC.⁴¹ These phenotypes indicate the non-redundant
178 role of TGs in the formation of CE; however, there does not appear to be any
179 association between genetic mutations in TGs and AD susceptibility.⁴²

180
181

182 **FORMATION OF INTERCELLULAR LIPID LAMELLAE**

183 The intercellular lipids (the “mortar”) are an integral component of the SC barrier. They
184 consist of a heterogeneous mixture of ceramides, free fatty acids and cholesterol in a
185 roughly 1:1:1 molar ratio. These lipids are produced in the SG and stored in lamellar
186 bodies, which are subsequently secreted into the extracellular space during the transition
187 to the SC.

188 In the ceramide fraction alone, over 300 distinct species have been identified in
189 human SC.⁴³ Among them, omega-hydroxyceramide is indispensable, as it is conjugated
190 to the involucrin scaffold by TG1 and covers the surface of each corneocyte (**Fig 1D**).
191 Using this ceramide as a template, multiple sheets of lipid lamellae are formed in the
192 intercellular space between corneocytes.⁴⁴

193 Several defects in ceramide-processing enzymes have been linked to the etiology of
194 barrier-deficient skin diseases. 12R-lipoxygenase (encoded by the *ALOX12B* gene) and
195 epidermal lipoxygenase-3 (encoded by the *ALOXE3* gene) are both essential for the

196 generation of omega-hydroxyceramide.⁴⁵ Defects in these enzymes causes congenital
197 ichthyosis (ARCI-2, and ARCI-3, respectively).⁴⁶ The skin manifestations of ARCI-2
198 and ARCI-3 are less severe than those of ARCI-1, probably because the protein layer of
199 the CE is still formed in these diseases.

200 The transmembranal transport of lamellar bodies is conducted by a lipid transporter
201 called ATP-binding cassette subfamily A member 12 (ABCA12).⁴⁷ Mutations of this
202 gene result in moderate (ARCI-4A) to severe (ARCI-4B, also known as harlequin
203 ichthyosis) congenital ichthyosis, suggesting that the contents of lamellar bodies play an
204 essential role in cornification. Recently, transmembrane protein 79/matrin
205 (Tmem79/Matt) was identified to be involved in the secretion of lamellar body
206 contents.^{48, 49} Tmem79 is a five-transmembrane protein that is localized to lamellar
207 bodies, and Tmem79-deficient mice exhibit spontaneous dermatitis with elevated serum
208 IgE, which resembles human AD. Further, a meta-analysis of AD patients revealed that
209 a missense mutation of the *TMEM79* gene has a small, but significant, association with
210 AD.⁴⁹ This suggests that abnormalities in lamellar body function, and/or intercellular
211 lipid layer dysformation, contributes to barrier deficiency in some AD patients.

212

213

214 **STRUCTURE OF CORNEODESMOSOME**

215 The adhesion of corneocytes to one another is dependent on the desmosome apparatus,
216 called the corneodesmosome (**Fig 1C and D**). The desmosome is composed of three
217 protein families: desmosomal cadherin, armadillo proteins, and plakins. In the
218 corneodesmosome, desmoglein 1 and desmocollin 1 (members of the cadherin family)
219 interact with plakoglobin and plakophilins (armadillo proteins), which attach to
220 envoplakin and periplakin (**Fig 1D**). As described above, envoplakin and periplakin
221 heterodimers are crosslinked to the involucrin scaffold to bind keratin filaments. The
222 corneodesmosin is another important modulator of corneodesmosomal adhesion.⁵⁰ It is
223 stored in the lamellar bodies and secreted into the intracellular space of the SC to
224 interact with cadherin proteins and support their adhesion.

225 Abnormalities of the corneodesmosome make the skin prone to hyper-desquamation
226 (peeling) of the corneocytes, which may lead to skin barrier defects and inflammation. A
227 recent study revealed that the homozygous mutation of desmoglein 1 results in severe
228 dermatitis (erythroderma) accompanied by palmoplantar keratoderma, hypotrichosis,
229 and increased serum IgE (EPKHE, also known as severe dermatitis, multiple allergies,
230 and metabolic wasting [SAM] syndrome).⁵¹ Importantly, EPKHE patients often have
231 multiple food allergies. In contrast, deficiency in corneodesmosin causes peeling skin

232 syndrome 1, which is characterized by dermatitis, severe pruritus, food allergies,
233 repeated episodes of angioedema and urticaria, asthma, and increased serum IgE.⁵²
234 Since these corneodesmosome-deficiency-oriented diseases share several clinical
235 features of AD, this deficiency may also contribute to AD pathogenesis; however, this
236 remains to be demonstrated.

237

238

239 **CONREOCYTE DESQUAMATION**

240 At the surface layer of the SC, corneocytes are constantly shed. This phenomenon is
241 called desquamation and it is an important aspect of SC homeostasis. Corneocyte
242 desquamation is mainly regulated by a proteolytic cascade of kallikrein (KLK)-related
243 peptidases, such as KLK5, KLK7 and KLK14.⁵³ The activity of these proteases is
244 pH-dependent and is enhanced when the pH in the SC is elevated. Their activity is also
245 strictly regulated by a cocktail of protease inhibitors, including lymphoepithelial
246 Kazal-type 5 serine protease inhibitor (LEKTI) encoded by serine protease inhibitor
247 Kazal-type 5 (*SPINK5*).⁵⁴ KLKs and LEKTI are stored in lamellar bodies and secreted
248 into the intercellular space at the SG-SC interface.

249 In AD patients, the skin surface pH is increased, at least in part due to the decreased
250 production of UCA derived from FLG (**Fig. 2**).⁵⁵ As such, KLK activity is often
251 enhanced in the AD skin. This condition is thought to induce an adverse effect on the
252 SC barrier through multiple mechanisms (**Fig 3**). Firstly, KLKs cleave
253 corneodesmosomal cadherins to promote corneocyte desquamation. Secondly, KLKs
254 activate protease-activated receptor (PAR)-2, a G-protein-coupled receptor on
255 keratinocytes. Upon activation, PAR-2 signals lead to suppression of lamellar body
256 secretion via the downregulation of lipid-processing enzymes.⁵⁶ Finally, activated KLKs
257 increase the generation of interleukin (IL)-1 α and IL-1 β , whose preforms are
258 abundantly stored in the cytosol of corneocytes. Indeed, IL-1 cytokines are increased in
259 the SC of AD patients and their enhanced production is associated with FLG
260 deficiency.⁵⁷

261 Two genetic polymorphisms that result in increased KLK activity have been linked to
262 AD pathogenesis: gain-of-function mutations in *KLK7*, and loss-of-function mutations
263 in *SPINK5*. A 4bp insertion polymorphism of *KLK7* was first reported to be associated
264 with AD in the UK,⁵⁸ however this was not replicated in a French study.⁵⁹ *SPINK5* is
265 known as the gene responsible for Netherton syndrome, in which patients display a
266 broad range of allergic manifestations, such as AD-like dermatitis, food allergies,
267 asthma, hay fever and markedly elevated serum IgE levels.⁶⁰ A significant association

268 between polymorphisms in *SPINK5* and AD has been found in the UK and Asian
269 populations,⁶¹⁻⁶³ but not in the French population.⁵⁹ Further, a single nucleotide
270 polymorphism in the gene encoding PAR-2 (*F2RL1*) has been associated with AD in the
271 Korean population.⁶⁴ This mutation is thought to increase the stability of *F2RL1* mRNA
272 transcripts. These studies suggest that the congenital mutations in protease activity in
273 SC are linked to AD pathogenesis in specified populations.

274

275

276 **TIGHT JUNCTION IN AD PATHOGENESIS**

277 In addition to the SC, tight junctions (TJs) are structures that are essential to the
278 integrity of the skin barrier. In the skin, TJs seal adjacent keratinocytes in the SG (**Fig**
279 **1B**) and act as a barrier for water and solutes.⁶⁵ TJs are composed of transmembrane
280 proteins, particularly the claudin and occludin families, and several cytosolic scaffold
281 proteins, including zonulae occludens (ZO)s. The indispensable role of TJs in skin
282 homeostasis was first demonstrated using claudin1-deficient mice, which die within 24
283 hours of birth from severe dehydration.⁶⁶ Importantly, these mice had no abnormalities
284 in the production of SC components. A recent study using an AD model in mice showed
285 that the expression of TJ proteins was suppressed during skin inflammation but was not
286 affected by FLG deficiency.⁶⁷

287 In humans, *CLDN1* (encoding Claudin 1) expression is reduced in non-lesional skin
288 of AD patients, and an association between *CLDN1* polymorphisms and AD
289 susceptibility has been reported.⁶⁸ These observations suggest that an impairment in TJs
290 contributes to the barrier dysfunction observed in AD patients. Since most of the skin is
291 covered with the SC, TJs appear to act as a second line of defense against external
292 pathogens; however, TJs are likely to act as the primary barrier structure in skin
293 appendages lacking SC, such as hair follicles and sweat glands (**Fig 1A**). Indeed, it is
294 well known that hair follicles are important “shunt routes” into the skin for drugs and
295 chemicals.⁶⁹ In accordance with this notion, widespread eruptive infections with *herpes*
296 *simplex virus* or *molluscum contagiosum virus*, which enter the body through hair
297 follicles, often occur as a complication of AD.^{70, 71} These observations suggest that such
298 skin appendages are the “security holes” of the skin, particularly in AD patients with TJ
299 deficiency.

300

301

302 **IMMUNOLOGICAL MODULATION OF SKIN INTEGRITY**

303 Accumulating evidence suggests that immune cells influence skin integrity through the

304 production of cytokines.^{72,73} Although the complex inflammatory cascade that drives
305 AD skin lesions remains incompletely understood, multiple lines of evidence strongly
306 suggest that AD immunopathogenesis is driven by a Th2 cell-skewed immune
307 response.⁷⁴ This is further supported by recent clinical trial data demonstrating that
308 blocking the signalling from the IL-4 and IL-13, the two major 'type 2' cytokines,
309 ameliorates AD.⁷⁵ Previous studies have shown that IL-4 and IL-13 downregulate the
310 production of: 1) FLG and keratins; 2) the CE components (loricrin and involucrin); 3)
311 cell adhesion molecules (desmogleins, ZO-1); and 4) ceramide lipids. IL-31, another
312 Th2 cell-derived cytokine, also downregulates FLG expression.⁷⁶ Interestingly, a recent
313 study has shown that IL-33, an alarmin that is abundantly produced in the epidermis of
314 AD patients, has the potency to downregulate FLG expression as well.⁷⁷

315 The physiological role for this adverse skin response to type 2 cytokines remains
316 unclear, but may have evolved to facilitate anti-parasite responses and/or wound healing.
317 However, in the context of AD, this 'type 2' immune response creates an exacerbation
318 loop between the inherited barrier deficiency and immune dysregulation, resulting in the
319 chronic, persistent skin inflammation that can only be alleviated by
320 immunosuppression.

321

322

323 **BARRIER DEFICIENCY AND THE DEVELOPMENT OF ALLERGIC** 324 **DISEASES**

325 It is now evident that epicutaneous antigens are strong sensitizers of allergic disorders.
326 Mouse studies have demonstrated that food allergy and asthma can be induced via
327 epicutaneous sensitization and are enhanced under disrupted skin barrier.⁷⁸⁻⁸⁰ In human,
328 sequential acquisition of allergic diseases (atopic march) are frequently observed in both
329 AD and some genodermatoses, such as Netherton syndrome (mutation in *SPINK5*),⁸¹
330 peeling skin syndrome 1 (*Corneodesmosin*)⁸² and SAM syndrome (*Desmoglein1*)⁵¹
331 (**Table 1**, asterisks), which strongly suggests that skin barrier deficiency contributes to
332 the development of atopic march. Eosinophilic esophagitis is another chronic immune
333 disorder that is associated with hypersensitivity to food, and has recently been linked to
334 the mutations in *Calpain 14* (*CAPN14*), a protease specifically expressed in the
335 esophagus.⁸³ An in-vitro experiment showed that overactivation of CAPN14 results in
336 loss of Desmoglein1.⁸⁴ These studies demonstrate that barrier deficiency in mucosal
337 epithelium may also contribute to the induction of allergic disorders. Importantly, recent
338 clinical trials have shown that epicutaneous antigen exposure induces sensitization while
339 oral antigen consumption induces immune tolerance.^{85,86}

340 In the presence of barrier defects in the SC, foreign antigens readily penetrate into the
341 epidermis and activate innate immune receptors and pattern recognition receptors. This
342 results in the production of Th2-promoting cytokines, such as IL-33, IL-25 and thymic
343 stromal lymphoproteins (TSLP), which are produced by skin resident cells. Animal
344 studies have demonstrated an essential role for TSLP in the epicutaneous induction of
345 food allergy with AD-like skin lesions. Increased TSLP in the epidermis elicits the
346 accumulation of basophils into the skin that promote Th2-cytokine responses.⁸⁰ In
347 addition, TSLP signaling on epidermal Langerhans cells may be important for IgE
348 production during the epicutaneous sensitization to food allergens.⁸⁷

349
350

351 **CONCLUSION –TOWARD THE BETTER MANAGEMENT OF AD**

352 Skin barrier deficiency and excessive immune responses are two sides of the same coin
353 in AD pathogenesis, and the inflammatory response is both precipitated by and
354 maintained by barrier dysfunction. Thus, while therapeutic intervention in AD typically
355 targets the inflammation through the use of immunosuppressive drugs, it is the
356 maintenance of skin barrier function that is the key to effective management of AD.
357 Recently, two groups investigated whether protecting the skin barrier with a moisturizer
358 during the neonatal period prevents the development of AD.^{88, 89} They reported that
359 moisturizer treatment at an early stage of life resulted in 32 to 50% less AD prevalence.
360 These results suggest that reinforcing the skin barrier function in the neonatal period is a
361 promising strategy for the prevention of AD and epicutaneous sensitization to
362 environmental allergens.

363 FLG replacement therapies have also been proposed. These include: 1) Use of
364 “read-through” drugs, which may enable keratinocytes to skip the nonsense mutation of
365 the *FLG* gene; 2) drugs that enhance FLG production; and 3) topical application of FLG
366 metabolites, such as UCA and PCA.⁹⁰ Read-through drugs, such as gentamicin and
367 PTC124 (Ataluren), are currently being trialed for other genetic diseases.^{91, 92} A number
368 of drugs have been proposed to enhance FLG production *in vitro*, or in animal models,
369 including agonists of peroxisome proliferator-activated receptors (PPARs),⁹³ a
370 serine-rich diet,⁹⁴ apigenin,⁹⁵ JTC801,⁹⁶ JTE-052,⁹⁷ and urea.⁹⁸ However, the efficacy of
371 these strategies in AD remains to be tested, and may only apply to patients with
372 heterozygous, but not homozygous, *FLG* mutations. Intensive research efforts to
373 identify promising candidates that enhance skin barrier function is ongoing and is
374 expected to lead to better management of AD in the near future.

375

376 **REFERENCES**

377

- 378 1. Palmer CN, Irvine AD, Terron-Kwiatkowski A, Zhao Y, Liao H, Lee SP, et al.
379 Common loss-of-function variants of the epidermal barrier protein filaggrin are
380 a major predisposing factor for atopic dermatitis. *Nat. Genet.* 2006; 38:441-6.
- 381 2. Elias PM, Schmuth M. Abnormal skin barrier in the etiopathogenesis of atopic
382 dermatitis. *Current allergy and asthma reports* 2009; 9:265-72.
- 383 3. Cork MJ, Danby SG, Vasilopoulos Y, Hadgraft J, Lane ME, Moustafa M, et al.
384 Epidermal barrier dysfunction in atopic dermatitis. *J. Invest. Dermatol.* 2009;
385 129:1892-908.
- 386 4. Spergel JM, Paller AS. Atopic dermatitis and the atopic march. *J. Allergy Clin.*
387 *Immunol.* 2003; 112:S118-S27.
- 388 5. Elias PM, Steinhoff M. "Outside-to-inside"(and now back to "outside")
389 pathogenic mechanisms in atopic dermatitis. *J. Invest. Dermatol.* 2008;
390 128:1067-70.
- 391 6. Kuo I-H, Yoshida T, De Benedetto A, Beck LA. The cutaneous innate immune
392 response in patients with atopic dermatitis. *J. Allergy Clin. Immunol.* 2013;
393 131:266-78.
- 394 7. Kubo A, Nagao K, Amagai M. Epidermal barrier dysfunction and cutaneous
395 sensitization in atopic diseases. *The Journal of clinical investigation* 2012;
396 122:440-7.
- 397 8. Nakamizo S, Egawa G, Honda T, Nakajima S, Belkaid Y, Kabashima K.
398 Commensal bacteria and cutaneous immunity. *Seminars in immunopathology:*
399 *Springer*, 2015:73-80.
- 400 9. Matsui T, Amagai M. Dissecting the formation, structure and barrier function of
401 the stratum corneum. *Int. Immunol.* 2015; 27:269-80.
- 402 10. O'Regan GM, Sandilands A, McLean WI, Irvine AD. Filaggrin in atopic
403 dermatitis. *J. Allergy Clin. Immunol.* 2009; 124:R2-R6.
- 404 11. Levin J, Friedlander SF, Del Rosso JQ. Atopic Dermatitis and the Stratum
405 Corneum Part 1: The Role of Filaggrin in the Stratum Corneum Barrier and
406 Atopic Skin. *Journal of Clinical & Aesthetic Dermatology* 2013; 6.
- 407 12. Leyvraz C, Charles R-P, Rubera I, Guitard M, Rotman S, Breiden B, et al. The
408 epidermal barrier function is dependent on the serine protease CAP1/Prss8. *The*
409 *Journal of cell biology* 2005; 170:487-96.
- 410 13. Matsui T, Miyamoto K, Kubo A, Kawasaki H, Ebihara T, Hata K, et al.
411 SASPase regulates stratum corneum hydration through profilaggrin - to -

- 412 filaggrin processing. *EMBO molecular medicine* 2011; 3:320-33.
- 413 14. Nachat R, Méchin M-C, Takahara H, Chavanas S, Charveron M, Serre G, et al.
414 Peptidylarginine deiminase isoforms 1–3 are expressed in the epidermis and
415 involved in the deimination of K1 and filaggrin. *J. Invest. Dermatol.* 2005;
416 124:384-93.
- 417 15. Hoste E, Kemperman P, Devos M, Denecker G, Kezic S, Yau N, et al.
418 Caspase-14 is required for filaggrin degradation to natural moisturizing factors
419 in the skin. *J. Invest. Dermatol.* 2011; 131:2233-41.
- 420 16. Kamata Y, Taniguchi A, Yamamoto M, Nomura J, Ishihara K, Takahara H, et al.
421 Neutral cysteine protease bleomycin hydrolase is essential for the breakdown of
422 deiminated filaggrin into amino acids. *J. Biol. Chem.* 2009; 284:12829-36.
- 423 17. Gibbs NK, Tye J, Norval M. Recent advances in urocanic acid photochemistry,
424 photobiology and photoimmunology. *Photochemical & Photobiological*
425 *Sciences* 2008; 7:655-67.
- 426 18. Kawasaki H, Nagao K, Kubo A, Hata T, Shimizu A, Mizuno H, et al. Altered
427 stratum corneum barrier and enhanced percutaneous immune responses in
428 filaggrin-null mice. *J. Allergy Clin. Immunol.* 2012; 129:1538-46. e6.
- 429 19. Saunders SP, Moran T, Floudas A, Wurlod F, Kaszlikowska A, Salimi M, et al.
430 Spontaneous atopic dermatitis is mediated by innate immunity, with the
431 secondary lung inflammation of the atopic march requiring adaptive immunity. *J.*
432 *Allergy Clin. Immunol.* 2015.
- 433 20. Smith FJ, Irvine AD, Terron-Kwiatkowski A, Sandilands A, Campbell LE, Zhao
434 Y, et al. Loss-of-function mutations in the gene encoding filaggrin cause
435 ichthyosis vulgaris. *Nat. Genet.* 2006; 38:337-42.
- 436 21. Sandilands A, Terron-Kwiatkowski A, Hull PR, O'Regan GM, Clayton TH,
437 Watson RM, et al. Comprehensive analysis of the gene encoding filaggrin
438 uncovers prevalent and rare mutations in ichthyosis vulgaris and atopic eczema.
439 *Nat. Genet.* 2007; 39:650-4.
- 440 22. Nomura T, Sandilands A, Akiyama M, Liao H, Evans AT, Sakai K, et al.
441 Unique mutations in the filaggrin gene in Japanese patients with ichthyosis
442 vulgaris and atopic dermatitis. *J. Allergy Clin. Immunol.* 2007; 119:434-40.
- 443 23. EARly G, Lifecourse EEEc, Australian AGCA, Consortium AAG.
444 Multi-ancestry genome-wide association study of 21,000 cases and 95,000
445 controls identifies new risk loci for atopic dermatitis. *Nat. Genet.* 2015; 47:1449.
- 446 24. Cascella R, Cuzzola VF, Lepre T, Galli E, Moschese V, Chini L, et al. Full
447 sequencing of the FLG gene in Italian patients with atopic eczema: evidence of

- 448 new mutations, but lack of an association. *J. Invest. Dermatol.* 2011; 131:982-4.
- 449 25. Winge M, Bilcha K, Lieden A, Shibeshi D, Sandilands A, Wahlgren CF, et al.
450 Novel filaggrin mutation but no other loss - of - function variants found in
451 Ethiopian patients with atopic dermatitis. *Br. J. Dermatol.* 2011; 165:1074-80.
- 452 26. Thawer-Esmail F, Jakasa I, Todd G, Wen Y, Brown SJ, Kroboth K, et al. South
453 African amaXhosa patients with atopic dermatitis have decreased levels of
454 filaggrin breakdown products but no loss-of-function mutations in filaggrin. *J.*
455 *Allergy Clin. Immunol.* 2014; 133:280-2. e2.
- 456 27. Pellerin L, Henry J, Hsu C-Y, Balica S, Jean-Decoster C, Méchin M-C, et al.
457 Defects of filaggrin-like proteins in both lesional and nonlesional atopic skin. *J.*
458 *Allergy Clin. Immunol.* 2013; 131:1094-102.
- 459 28. Margolis DJ, Gupta J, Apter AJ, Ganguly T, Hoffstad O, Papadopoulos M, et al.
460 Filaggrin-2 variation is associated with more persistent atopic dermatitis in
461 African American subjects. *J. Allergy Clin. Immunol.* 2014; 133:784-9.
- 462 29. Sasaki T, Furusyo N, Shiohama A, Takeuchi S, Nakahara T, Uchi H, et al.
463 Filaggrin loss-of-function mutations are not a predisposing factor for atopic
464 dermatitis in an Ishigaki Island under subtropical climate. *J. Dermatol. Sci.*
465 2014; 76:10-5.
- 466 30. Kalinin A, Marekov LN, Steinert PM. Assembly of the epidermal cornified cell
467 envelope. *J. Cell Sci.* 2001; 114:3069-70.
- 468 31. DiColandrea T, Karashima T, Määttä A, Watt FM. Subcellular Distribution of
469 Envoplakin and Periplakin Insights into Their Role as Precursors of the
470 Epidermal Cornified Envelope. *The Journal of cell biology* 2000; 151:573-86.
- 471 32. Eckert RL, Sturniolo MT, Broome A-M, Ruse M, Rorke EA. Transglutaminase
472 function in epidermis. *J. Invest. Dermatol.* 2005; 124:481-92.
- 473 33. Candi E, Tarcsa E, Idler WW, Kartasova T, Marekov LN, Steinert PM.
474 Transglutaminase Cross-linking Properties of the Small Proline-rich 1 Family of
475 Cornified Cell Envelope Proteins INTEGRATION WITH LORICRIN. *J. Biol.*
476 *Chem.* 1999; 274:7226-37.
- 477 34. Nemes Z, Marekov LN, Fésüs L, Steinert PM. A novel function for
478 transglutaminase 1: attachment of long-chain ω -hydroxyceramides to involucrin
479 by ester bond formation. *Proceedings of the National Academy of Sciences*
480 1999; 96:8402-7.
- 481 35. Djian P, Easley K, Green H. Targeted ablation of the murine involucrin gene.
482 *The Journal of cell biology* 2000; 151:381-8.
- 483 36. Määttä A, DiColandrea T, Groot K, Watt FM. Gene targeting of envoplakin, a

- 484 cytoskeletal linker protein and precursor of the epidermal cornified envelope.
485 *Mol. Cell. Biol.* 2001; 21:7047-53.
- 486 37. Aho S, Li K, Ryoo Y, McGee C, Ishida-Yamamoto A, Uitto J, et al. Periplakin
487 gene targeting reveals a constituent of the cornified cell envelope dispensable for
488 normal mouse development. *Mol. Cell. Biol.* 2004; 24:6410-8.
- 489 38. Sevilla LM, Nachat R, Groot KR, Klement JF, Uitto J, Djian P, et al. Mice
490 deficient in involucrin, envoplakin, and periplakin have a defective epidermal
491 barrier. *The Journal of cell biology* 2007; 179:1599-612.
- 492 39. Koch PJ, De Viragh PA, Scharer E, Bundman D, Longley MA, Bickenbach J, et
493 al. Lessons from Loricrin-Deficient Mice Compensatory Mechanisms
494 Maintaining Skin Barrier Function in the Absence of a Major Cornified
495 Envelope Protein. *The Journal of cell biology* 2000; 151:389-400.
- 496 40. Laiho E, Ignatius J, Mikkola H, Yee VC, Teller DC, Niemi K-M, et al.
497 Transglutaminase 1 mutations in autosomal recessive congenital ichthyosis:
498 private and recurrent mutations in an isolated population. *The American Journal*
499 *of Human Genetics* 1997; 61:529-38.
- 500 41. Cassidy AJ, van Steensel MA, Steijlen PM, van Geel M, van der Velden J,
501 Morley SM, et al. A homozygous missense mutation in TGM5 abolishes
502 epidermal transglutaminase 5 activity and causes acral peeling skin syndrome.
503 *The American Journal of Human Genetics* 2005; 77:909-17.
- 504 42. Liedén A, Winge MC, Sääf A, Kockum I, Ekelund E, Rodriguez E, et al.
505 Genetic variation in the epidermal transglutaminase genes is not associated with
506 atopic dermatitis. *PloS one* 2012; 7:e49694.
- 507 43. Masukawa Y, Narita H, Shimizu E, Kondo N, Sugai Y, Oba T, et al.
508 Characterization of overall ceramide species in human stratum corneum. *J. Lipid*
509 *Res.* 2008; 49:1466-76.
- 510 44. Iwai I, Han H, den Hollander L, Svensson S, Öfverstedt L-G, Anwar J, et al. The
511 human skin barrier is organized as stacked bilayers of fully extended ceramides
512 with cholesterol molecules associated with the ceramide sphingoid moiety. *J.*
513 *Invest. Dermatol.* 2012; 132:2215-25.
- 514 45. Krieg P, Fürstenberger G. The role of lipoxygenases in epidermis. *Biochimica et*
515 *Biophysica Acta (BBA)-Molecular and Cell Biology of Lipids* 2014;
516 1841:390-400.
- 517 46. Eckl K-M, de Juanes S, Kurtenbach J, Nätebus M, Lugassy J, Oji V, et al.
518 Molecular analysis of 250 patients with autosomal recessive congenital
519 ichthyosis: evidence for mutation hotspots in ALOXE3 and allelic heterogeneity

- 520 in ALOX12B. *J. Invest. Dermatol.* 2009; 129:1421-8.
- 521 47. Kelsell PD, Norgett EE, Unsworth H, Teh M-T, Cullup T, Mein CA, et al.
522 Mutations in ABCA12 underlie the severe congenital skin disease harlequin
523 ichthyosis. *The American Journal of Human Genetics* 2005; 76:794-803.
- 524 48. Sasaki T, Shiohama A, Kubo A, Kawasaki H, Ishida-Yamamoto A, Yamada T,
525 et al. A homozygous nonsense mutation in the gene for Tmem79, a component
526 for the lamellar granule secretory system, produces spontaneous eczema in an
527 experimental model of atopic dermatitis. *J. Allergy Clin. Immunol.* 2013;
528 132:1111-20. e4.
- 529 49. Saunders SP, Goh CS, Brown SJ, Palmer CN, Porter RM, Cole C, et al.
530 Tmem79/Matt is the matted mouse gene and is a predisposing gene for atopic
531 dermatitis in human subjects. *J. Allergy Clin. Immunol.* 2013; 132:1121-9.
- 532 50. Lundström A, Serre G, Haftek M, Egelrud T. Evidence for a role of
533 corneodesmosin, a protein which may serve to modify desmosomes during
534 cornification, in stratum corneum cell cohesion and desquamation. *Arch.*
535 *Dermatol. Res.* 1994; 286:369-75.
- 536 51. Samuelov L, Sarig O, Harmon RM, Rapaport D, Ishida-Yamamoto A, Isakov O,
537 et al. Desmoglein 1 deficiency results in severe dermatitis, multiple allergies and
538 metabolic wasting. *Nat. Genet.* 2013; 45:1244-8.
- 539 52. Oji V, Eckl K-M, Aufenvenne K, Nätebus M, Tarinski T, Ackermann K, et al.
540 Loss of corneodesmosin leads to severe skin barrier defect, pruritus, and atopy:
541 unraveling the peeling skin disease. *The American Journal of Human Genetics*
542 2010; 87:274-81.
- 543 53. Brattsand M, Stefansson K, Lundh C, Haasum Y, Egelrud T. A proteolytic
544 cascade of kallikreins in the stratum corneum. *J. Invest. Dermatol.* 2005;
545 124:198-203.
- 546 54. Deraison C, Bonnart C, Lopez F, Besson C, Robinson R, Jayakumar A, et al.
547 LEKTI fragments specifically inhibit KLK5, KLK7, and KLK14 and control
548 desquamation through a pH-dependent interaction. *Mol. Biol. Cell* 2007;
549 18:3607-19.
- 550 55. Rippke F, Schreiner V, Doering T, Maibach HI. Stratum corneum pH in atopic
551 dermatitis. *American journal of clinical dermatology* 2004; 5:217-23.
- 552 56. Hachem J-P, Man M-Q, Crumrine D, Uchida Y, Brown BE, Rogiers V, et al.
553 Sustained serine proteases activity by prolonged increase in pH leads to
554 degradation of lipid processing enzymes and profound alterations of barrier
555 function and stratum corneum integrity. *J. Invest. Dermatol.* 2005; 125:510-20.

- 556 57. Kezic S, O'Regan GM, Lutter R, Jakasa I, Koster ES, Saunders S, et al.
557 Filaggrin loss-of-function mutations are associated with enhanced expression of
558 IL-1 cytokines in the stratum corneum of patients with atopic dermatitis and in a
559 murine model of filaggrin deficiency. *J. Allergy Clin. Immunol.* 2012;
560 129:1031-9. e1.
- 561 58. Vasilopoulos Y, Sharaf N, di Giovine F, Simon M, Cork MJ, Duff GW, et al.
562 The 3'-UTR AACCins5874 in the stratum corneum chymotryptic enzyme gene
563 (SCCE/KLK7), associated with atopic dermatitis; causes an increased mRNA
564 expression without altering its stability. *J. Dermatol. Sci.* 2011; 61:131-3.
- 565 59. Hubiche T, Ged C, Benard A, Léauté-Labrèze C, McElreavey K, de Verneuil H,
566 et al. Analysis of SPINK 5, KLK 7 and FLG genotypes in a French atopic
567 dermatitis cohort. *Acta Derm. Venereol.* 2007; 87:499-505.
- 568 60. Chavanas S, Bodemer C, Rochat A, Hamel-Teillac D, Ali M, Irvine AD, et al.
569 Mutations in SPINK5, encoding a serine protease inhibitor, cause Netherton
570 syndrome. *Nat. Genet.* 2000; 25:141-2.
- 571 61. Walley AJ, Chavanas S, Moffatt MF, Esnouf RM, Ubhi B, Lawrence R, et al.
572 Gene polymorphism in Netherton and common atopic disease. *Nat. Genet.* 2001;
573 29:175-8.
- 574 62. Kato A, Fukai K, Oiso N, Hosomi N, Murakami T, Ishii M. Association of
575 SPINK5 gene polymorphisms with atopic dermatitis in the Japanese population.
576 *Br. J. Dermatol.* 2003; 148:665-9.
- 577 63. Zhao L, Di Z, Zhang L, Wang L, Ma L, Lv Y, et al. Association of SPINK5
578 gene polymorphisms with atopic dermatitis in Northeast China. *J. Eur. Acad.*
579 *Dermatol. Venereol.* 2012; 26:572-7.
- 580 64. Lee JH, Kim KW, Gee HY, Lee J, Lee K-H, Park H-S, et al. A synonymous
581 variation in protease-activated receptor-2 is associated with atopy in Korean
582 children. *J. Allergy Clin. Immunol.* 2011; 128:1326-34. e3.
- 583 65. Kirschner N, Houdek P, Fromm M, Moll I, Brandner JM. Tight junctions form a
584 barrier in human epidermis. *Eur. J. Cell Biol.* 2010; 89:839-42.
- 585 66. Furuse M, Hata M, Furuse K, Yoshida Y, Haratake A, Sugitani Y, et al.
586 Claudin-based tight junctions are crucial for the mammalian epidermal barrier a
587 lesson from claudin-1-deficient mice. *The Journal of cell biology* 2002;
588 156:1099-111.
- 589 67. Yokouchi M, Kubo A, Kawasaki H, Yoshida K, Ishii K, Furuse M, et al.
590 Epidermal tight junction barrier function is altered by skin inflammation, but not
591 by filaggrin-deficient stratum corneum. *J. Dermatol. Sci.* 2015; 77:28-36.

- 592 68. De Benedetto A, Rafaels NM, McGirt LY, Ivanov AI, Georas SN, Cheadle C, et
593 al. Tight junction defects in patients with atopic dermatitis. *J. Allergy Clin.*
594 *Immunol.* 2011; 127:773-86. e7.
- 595 69. Otberg N, Patzelt A, Rasulev U, Hagemester T, Linscheid M, Sinkgraven R, et
596 al. The role of hair follicles in the percutaneous absorption of caffeine. *Br. J.*
597 *Clin. Pharmacol.* 2008; 65:488-92.
- 598 70. Blattner RJ. Molluscum contagiosum: eruptive infection in atopic dermatitis.
599 *The Journal of pediatrics* 1967; 70:997-9.
- 600 71. Lynch FW, Evans C, Bolin VS, Steves RJ. Kaposi's varicelliform eruption:
601 extensive herpes simplex as a complication of eczema. *Arch. Dermatol.* 1945;
602 51:129.
- 603 72. Howell MD, Kim BE, Gao P, Grant AV, Boguniewicz M, DeBenedetto A, et al.
604 Cytokine modulation of atopic dermatitis filaggrin skin expression. *J. Allergy*
605 *Clin. Immunol.* 2007; 120:150-5.
- 606 73. Levin J, Friedlander SF, Del Rosso JQ. Atopic dermatitis and the stratum
607 corneum: part 3: the immune system in atopic dermatitis. *The Journal of clinical*
608 *and aesthetic dermatology* 2013; 6:37.
- 609 74. Kabashima K. New concept of the pathogenesis of atopic dermatitis: interplay
610 among the barrier, allergy, and pruritus as a trinity. *J. Dermatol. Sci.* 2013;
611 70:3-11.
- 612 75. Thaçi D, Simpson EL, Beck LA, Bieber T, Blauvelt A, Papp K, et al. Efficacy
613 and safety of dupilumab in adults with moderate-to-severe atopic dermatitis
614 inadequately controlled by topical treatments: a randomised, placebo-controlled,
615 dose-ranging phase 2b trial. *The Lancet* 2016; 387:40-52.
- 616 76. Cornelissen C, Marquardt Y, Czaja K, Wenzel J, Frank J, Lüscher-Firzlauff J, et
617 al. IL-31 regulates differentiation and filaggrin expression in human organotypic
618 skin models. *J. Allergy Clin. Immunol.* 2012; 129:426-33. e8.
- 619 77. Seltmann J, Roesner LM, von Hesler F-W, Wittmann M, Werfel T. IL-33
620 impacts on the skin barrier by downregulating the expression of filaggrin. *J.*
621 *Allergy Clin. Immunol.* 2015; 135:1659.
- 622 78. Fallon PG, Sasaki T, Sandilands A, Campbell LE, Saunders SP, Mangan NE, et
623 al. A homozygous frameshift mutation in the mouse Flg gene facilitates
624 enhanced percutaneous allergen priming. *Nat. Genet.* 2009; 41:602-8.
- 625 79. Spergel JM. From atopic dermatitis to asthma: the atopic march. *Annals of*
626 *Allergy, Asthma & Immunology* 2010; 105:99-106.
- 627 80. Noti M, Kim BS, Siracusa MC, Rak GD, Kubo M, Moghaddam AE, et al.

- 628 Exposure to food allergens through inflamed skin promotes intestinal food
629 allergy through the thymic stromal lymphopoietin–basophil axis. *J. Allergy Clin.*
630 *Immunol.* 2014; 133:1390-9. e6.
- 631 81. Chavanas S, Bodemer C, Rochat A, Hamel-Teillac D, Ali M, Irvine AD, et al.
632 Mutations in *SPINK5*, encoding a serine protease inhibitor, cause Netherton
633 syndrome. *Nat. Genet.* 2000; 25.
- 634 82. Leclerc EA, Huchenoq A, Mattiuzzo NR, Metzger D, Chambon P, Ghyselinck
635 NB, et al. Corneodesmosin gene ablation induces lethal skin-barrier disruption
636 and hair-follicle degeneration related to desmosome dysfunction. *J. Cell Sci.*
637 2009; 122:2699-709.
- 638 83. Kottyan LC, Davis BP, Sherrill JD, Liu K, Rochman M, Kaufman K, et al.
639 Genome-wide association analysis of eosinophilic esophagitis provides insight
640 into the tissue specificity of this allergic disease. *Nat. Genet.* 2014; 46:895-900.
- 641 84. Davis BP, Stucke EM, Khorki ME, Litosh VA, Rymer JK, Rochman M, et al.
642 Eosinophilic esophagitis–linked calpain 14 is an IL-13–induced protease that
643 mediates esophageal epithelial barrier impairment. *JCI insight* 2016; 1:e86355.
- 644 85. Du Toit G, Sayre PH, Roberts G, Sever ML, Lawson K, Bahnson HT, et al.
645 Effect of avoidance on peanut allergy after early peanut consumption. *N. Engl. J.*
646 *Med.* 2016; 374:1435-43.
- 647 86. Perkin MR, Logan K, Tseng A, Raji B, Ayis S, Peacock J, et al. Randomized
648 trial of introduction of allergenic foods in breast-fed infants. *N. Engl. J. Med.*
649 2016; 374:1733-43.
- 650 87. Nakajima S, Igyártó BZ, Honda T, Egawa G, Otsuka A, Hara-Chikuma M, et al.
651 Langerhans cells are critical in epicutaneous sensitization with protein antigen
652 via thymic stromal lymphopoietin receptor signaling. *J. Allergy Clin. Immunol.*
653 2012; 129:1048-55. e6.
- 654 88. Horimukai K, Morita K, Narita M, Kondo M, Kitazawa H, Nozaki M, et al.
655 Application of moisturizer to neonates prevents development of atopic
656 dermatitis. *J. Allergy Clin. Immunol.* 2014; 134:824-30. e6.
- 657 89. Simpson EL, Chalmers JR, Hanifin JM, Thomas KS, Cork MJ, McLean WI, et
658 al. Emollient enhancement of the skin barrier from birth offers effective atopic
659 dermatitis prevention. *J. Allergy Clin. Immunol.* 2014; 134:818-23.
- 660 90. Miajlovic H, Fallon PG, Irvine AD, Foster TJ. Effect of filaggrin breakdown
661 products on growth of and protein expression by *Staphylococcus aureus*. *J.*
662 *Allergy Clin. Immunol.* 2010; 126:1184-90. e3.
- 663 91. Malik V, Rodino - Klapac LR, Viollet L, Wall C, King W, Al - Dahhak R, et al.

- 664 Gentamicin - induced readthrough of stop codons in Duchenne muscular
665 dystrophy. *Ann. Neurol.* 2010; 67:771-80.
- 666 92. Hoffman EP, Bronson A, Levin AA, Takeda Si, Yokota T, Baudy AR, et al.
667 Restoring dystrophin expression in duchenne muscular dystrophy muscle:
668 progress in exon skipping and stop codon read through. *The American journal of*
669 *pathology* 2011; 179:12-22.
- 670 93. Zhang C, Gurevich I, Aneskievich BJ. Organotypic modeling of human
671 keratinocyte response to peroxisome proliferators. *Cells Tissues Organs* 2012;
672 196:431-41.
- 673 94. Kim H, Lim Y-j, Park J-H, Cho Y. Dietary silk protein, sericin, improves
674 epidermal hydration with increased levels of filaggrins and free amino acids in
675 NC/Nga mice. *Br. J. Nutr.* 2012; 108:1726-35.
- 676 95. Hou M, Sun R, Hupe M, Kim PL, Park K, Crumrine D, et al. Topical apigenin
677 improves epidermal permeability barrier homeostasis in normal murine skin by
678 divergent mechanisms. *Exp. Dermatol.* 2013; 22:210-5.
- 679 96. Otsuka A, Doi H, Egawa G, Maekawa A, Fujita T, Nakamizo S, et al. Possible
680 new therapeutic strategy to regulate atopic dermatitis through upregulating
681 filaggrin expression. *J. Allergy Clin. Immunol.* 2014; 133:139-46. e10.
- 682 97. Amano W, Nakajima S, Kunugi H, Numata Y, Kitoh A, Egawa G, et al. The
683 Janus kinase inhibitor JTE-052 improves skin barrier function through
684 suppressing signal transducer and activator of transcription 3 signaling. *J.*
685 *Allergy Clin. Immunol.* 2015; 136:667-77. e7.
- 686 98. Grether-Beck S, Felsner I, Brenden H, Kohne Z, Majora M, Marini A, et al.
687 Urea uptake enhances barrier function and antimicrobial defense in humans by
688 regulating epidermal gene expression. *J. Invest. Dermatol.* 2012; 132:1561-72.
- 689 99. Carregaro F, Stefanini ACB, Henrique T, Tajara EH. Study of small proline-rich
690 proteins (SPRRs) in health and disease: a review of the literature. *Arch.*
691 *Dermatol. Res.* 2013; 305:857-66.
- 692 100. Matsuki M, Yamashita F, Ishida-Yamamoto A, Yamada K, Kinoshita C, Fushiki
693 S, et al. Defective stratum corneum and early neonatal death in mice lacking the
694 gene for transglutaminase 1 (keratinocyte transglutaminase). *Proceedings of the*
695 *National Academy of Sciences* 1998; 95:1044-9.
- 696 101. Bogнар P, Nemeth I, Mayer B, Haluszka D, Wikonkal N, Ostorhazi E, et al.
697 Reduced inflammatory threshold indicates skin barrier defect in
698 transglutaminase 3 knockout mice. *J. Invest. Dermatol.* 2014; 134:105-11.
- 699 102. de Juanes S, Epp N, Latzko S, Neumann M, Fürstenberger G, Hausser I, et al.

- 700 Development of an ichthyosiform phenotype in Alox12b-deficient mouse skin
701 transplants. *J. Invest. Dermatol.* 2009; 129:1429-36.
- 702 103. Krieg P, Rosenberger S, de Juanes S, Latzko S, Hou J, Dick A, et al. Alox3
703 knockout mice reveal a function of epidermal lipoxygenase-3 as hepoxilin
704 synthase and its pivotal role in barrier formation. *J. Invest. Dermatol.* 2013;
705 133:172-80.
- 706 104. Yanagi T, Akiyama M, Nishihara H, Ishikawa J, Sakai K, Miyamura Y, et al.
707 Self-improvement of keratinocyte differentiation defects during skin maturation
708 in ABCA12-deficient harlequin ichthyosis model mice. *The American journal of*
709 *pathology* 2010; 177:106-18.
- 710 105. Chidgey M, Brakebusch C, Gustafsson E, Cruchley A, Hail C, Kirk S, et al.
711 Mice lacking desmocollin 1 show epidermal fragility accompanied by barrier
712 defects and abnormal differentiation. *The Journal of cell biology* 2001;
713 155:821-32.
- 714 106. Ruiz P, Birchmeier W. The plakoglobin knock-out mouse: a paradigm for the
715 molecular analysis of cardiac cell junction formation. *Trends Cardiovasc. Med.*
716 1998; 8:97-101.
- 717 107. Sklyarova T, Bonn e S, D'hooge P, Denecker G, Goossens S, De Rycke R, et al.
718 Plakophilin-3-deficient mice develop hair coat abnormalities and are prone to
719 cutaneous inflammation. *J. Invest. Dermatol.* 2008; 128:1375-85.
- 720 108. Furio L, de Veer S, Jaillet M, Briot A, Robin A, Deraison C, et al. Transgenic
721 kallikrein 5 mice reproduce major cutaneous and systemic hallmarks of
722 Netherton syndrome. *The Journal of experimental medicine* 2014; 211:499-513.
- 723 109. Hansson L, B ackman A, Ny A, Edlund M, Ekholm E, Hammarstr om BE, et al.
724 Epidermal overexpression of stratum corneum chymotryptic enzyme in mice: a
725 model for chronic itchy dermatitis. *J. Invest. Dermatol.* 2002; 118:444-9.
- 726 110. Stefansson K, Brattsand M, Ny A, Glas B, Egelrud T. Kallikrein-related
727 peptidase 14 may be a major contributor to trypsin-like proteolytic activity in
728 human stratum corneum. *Biol. Chem.* 2006; 387:761-8.
- 729 111. Yang T, Liang D, Koch PJ, Hohl D, Kheradmand F, Overbeek PA. Epidermal
730 detachment, desmosomal dissociation, and destabilization of corneodesmosin in
731 Spink5^{-/-}-mice. *Genes Dev.* 2004; 18:2354-8.
- 732

733 **FIGURE LEGENDS:**

734 **FIG 1:** Barrier structures of the skin. **A**, The skin consists of three layers: the epidermis,
735 the dermis, and subcutaneous adipose tissue. Red arrowheads identify the pores of hair
736 follicles and sweat glands. **B**, The structure of the epidermis. The red line represents
737 tight junctions. **C**, The “bricks and mortar” structure of the SC. **D**, The structures of the
738 CE and corneodesmosome.

739

740 **FIG 2:** Schema of the FLG metabolic process. In the SG, profilaggrins are stored in
741 keratohyalin granules and then cleaved into FLG monomers. FLG monomers bind to
742 keratin filaments in corneocytes. At the upper layer of the SC, FLG monomers are
743 released from keratins and cleaved into free amino acids, followed by conversion into
744 PCA and UCA. Asterisks denote the genes whose mutations have been linked to the AD
745 pathogenesis.

746

747 **FIG 3:** Kallikrein (KLK) function in the SC. 1) KLKs cleave corneodesmosomal
748 cadherins to promote desquamation. 2) KLKs activate PAR2 to regulate lipid synthesis
749 and immune responses. 3) KLK cleavage of IL-1 preforms. IL-1 preforms are stored in
750 the cytosol of corneocytes and escape into the intercellular space upon damage.
751 Asterisks denote the genes whose mutations have been linked to the AD pathogenesis.

752

753 **TABLE 1:** A list of genes involved in the CE formation process. The genes that their
754 mutations have been linked to AD pathogenesis are shown in bold. Asterisks denote the
755 diseases that may represent AD-like dermatitis. In the column of human associated
756 disease, the modes of inheritances (AD; autosomal dominant, AR; autosomal recessive)
757 are shown.

758

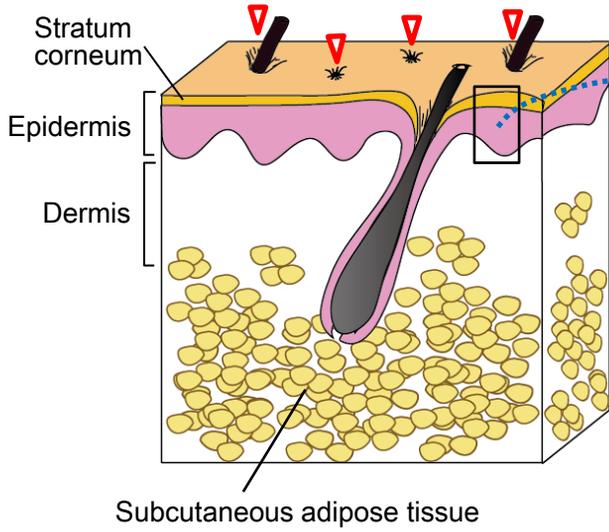
759 **Supplementary TABLE 1:** A list of “AD-associated” loci that are identified by GWAS.
760 This table is modified from the data shown in ref. 23. We should note that some of these
761 loci are still unwarranted (see ref. 23 for detail).

TABLE 1

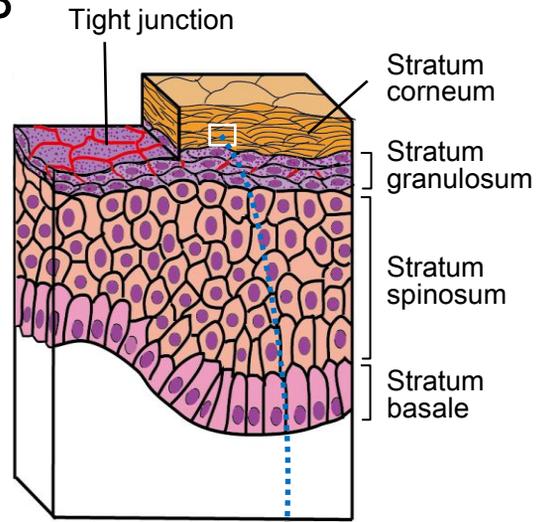
	Gene	Gene symbol	Function	Associated human disease	Knockout mice phenotype	Reference
FLG metabolism	Filaggrin	FLG	Keratin filaments aggregation	Ichthyosis vulgaris [AD]	Skin barrier deficiency Spontaneous dermatitis	1, 18-20
	Filaggrin2	FLG2	Similar to FLG?			28
	Cap1/Prss8	PRSS8	Cleave proFLG to FLG		Skin barrier deficiency	12
	SASpase	ASPRV1	Cleave proFLG to FLG		SC dehydration	13
	Peptidylarginine deiminase	PADI	Citrullination of FLG			14
	Caspase14	CASP14	FLG metabolism		Skin barrier deficiency	15
	Calpain1	CAPN1	FLG metabolism			16
FLG metabolism	Bleomycin hydrolase	BLMH	FLG metabolism		Penetrant ring-tail dermatitis	16
	Involucrin	IVL	Scaffold of CE		No skin phenotype	35
Formation of Cornified envelope	Envoplakin	EVPL	Plakin family		No skin phenotype	36
	Periplakin	PPL	Plakin family		No skin phenotype	37
	Loricrin	LOR	Reinforce CE		Shiny skin	39
	Small proline-rich protein	SPRR	Reinforce CE			99
	Transglutaminase 1	TGM1	Crosslink CE proteins	ARCI-1 [AR]	Skin barrier deficiency	40, 100
	Transglutaminase 3	TGM3	Crosslink CE proteins		Skin barrier deficiency	101
	Transglutaminase 5	TGM5	Crosslink CE proteins	Peeling skin syndrome 2 [AR]		41
Intercellular lipid-lamellae formation	12R-lipoxygenase	ALOX12B	Ceramide processing	ARCI-2 [AR]	Skin barrier deficiency Neonatal death	46, 102
	Epidermal lipoxygenase 3	ALOX3E	Ceramide processing	ARCI-3 [AR]	Skin barrier deficiency Neonatal death	46, 103
	ATP-binding cassette subfamily A member 12	ABCA12	Transport of lamellar body	ARCI -4A/-4B [AR] (Harlequin ichthyosis)	Skin barrier deficiency	47, 104
	Tmem79/matrin	TMEM79	Secretion of lamellar bodies		Spontaneous dermatitis	48, 49
Corneodesmosome	Desmoglein1	DSG1	Cadherin family	SAM syndrome* [AR]		51
	Desmocollin1	DCN1	Cadherin family		Skin barrier deficiency	105
	Plakoglobin	JUP	Armadillo family	Naxos disease [AR]	Embryonic lethal	106
	Plakophilin	PKP	Armadillo family	Skin fragility syndrome [AR]	PKP3-deficient mice develop dermatitis	107
	(Envoplakin)	EVPL	Plakin family		No skin phenotype	36
	(Periplakin)	PPL	Plakin family		No skin phenotype	37
	Corneodesmosin	CDSN	Support the corneodesmosome adhesion	Peeling skin syndrome 1* [AR]	Skin barrier deficiency Neonatal death	82
Corneocyte desquamation	Kallikrein5	KLK5	Serine protease		Skin inflammation *(when overexpressed)	108
	Kallikrein7	KLK7	Serine protease		Skin inflammation *(when overexpressed)	109
	Kallikrein14	KLK14	Serine protease			110
	Lympho-epithelial Kazal-type-related inhibitor (LEKTI)	SPINK5	Serine protease inhibitor	Netherton syndrome* [AR]	Neonatal death due to dehydration	61-63, 111
	Protease-activated receptor 2	PAR2	Receptor on keratinocytes		Altered skin immune response	64

FIG 1

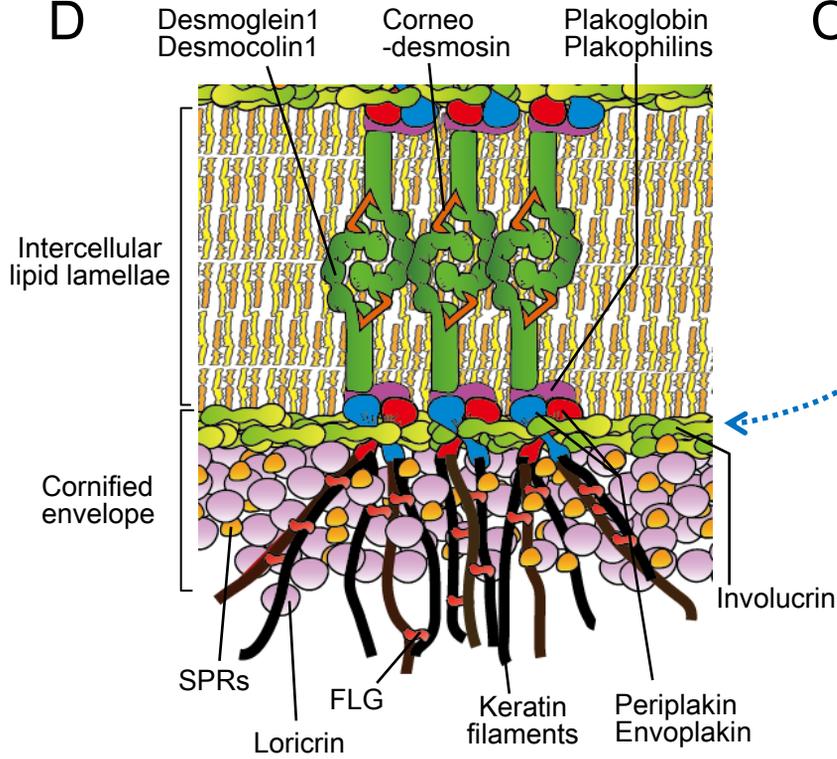
A



B



D



C

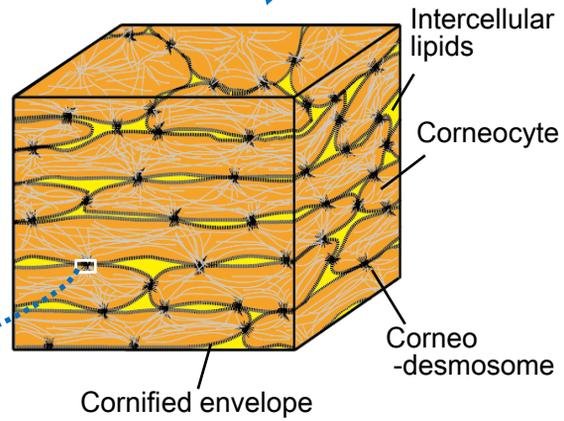


FIG 2

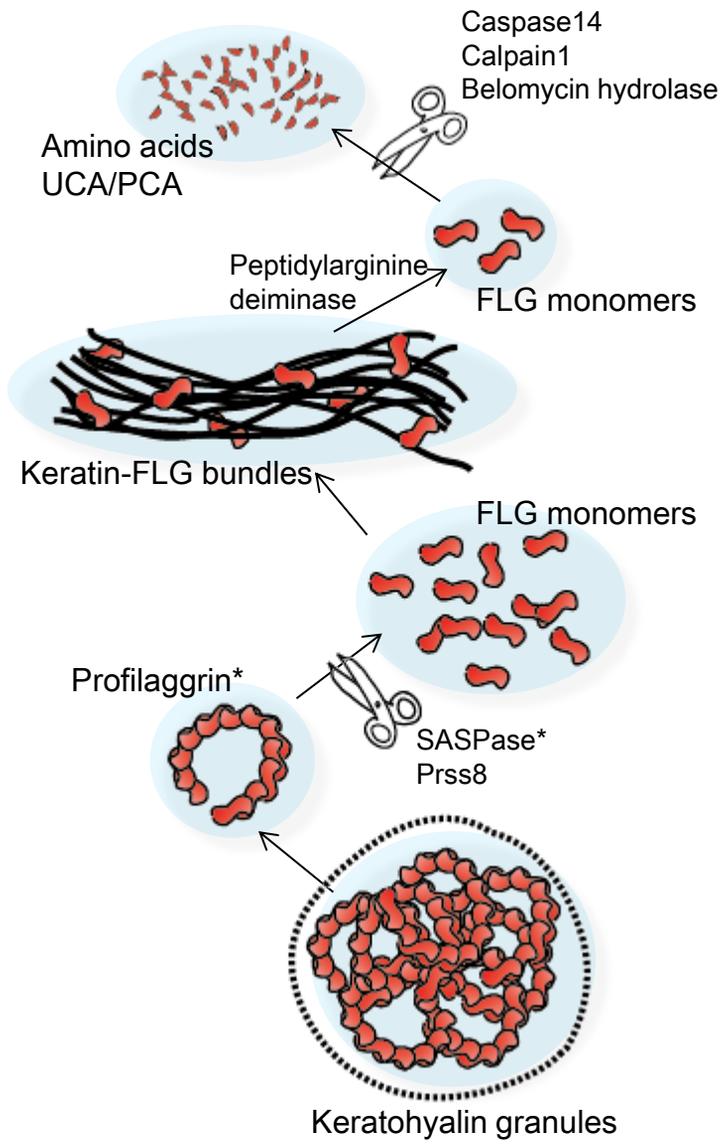
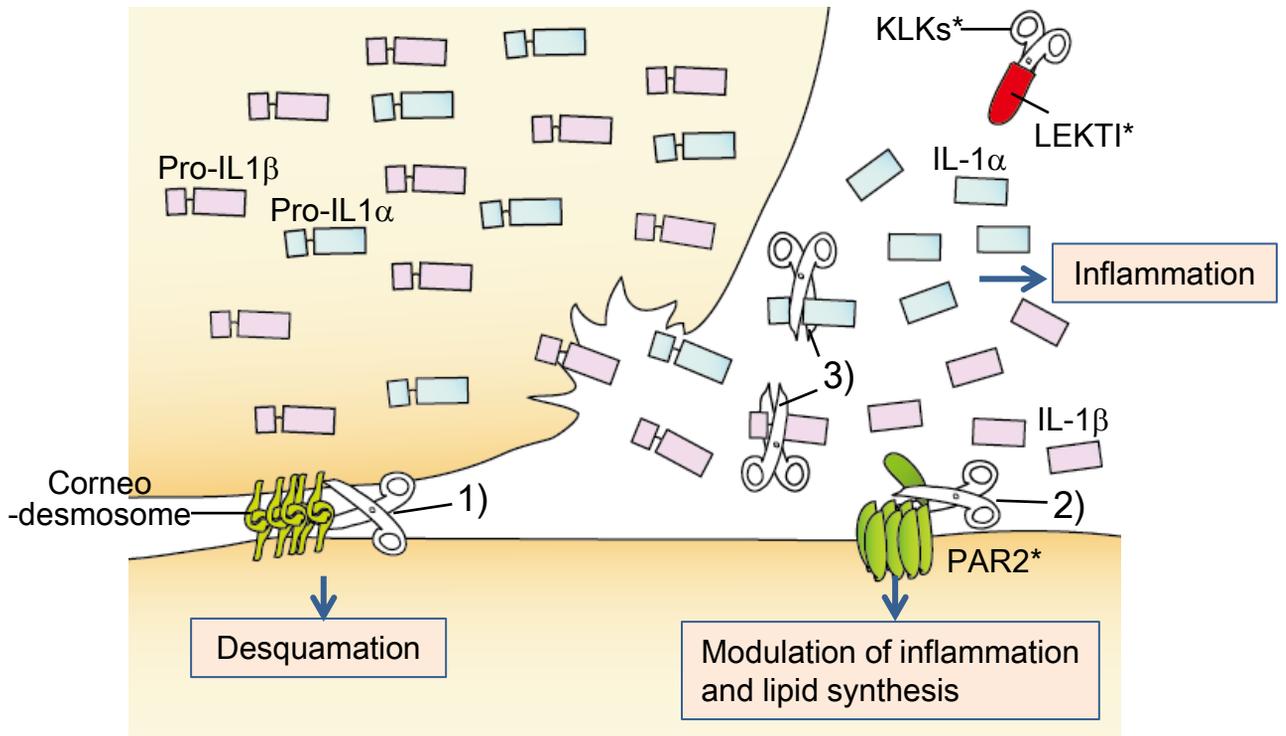


FIG 3



Supplementary TABLE 1:

Variant	Nearest gene	OR	p-value
rs61813875	<i>FLG</i>	1.61	5.6E-29
rs10791824	<i>OVOL1</i>	1.12	2.1E-19
rs12188917	<i>RAD50/IL13</i>	1.14	4.0E-17
rs6419573	<i>IL18R1/IL18RAP</i>	1.11	1.5E-13
rs2212434	<i>C11orf30/LRRC32</i>	1.09	4.6E-13
rs4809219	<i>RTEL1/TNFRSF6B</i>	0.90	7.0E-13
rs2918307	<i>ADAMS10/ACTL9</i>	1.12	4.6E-12
rs2041733	<i>CLEC16A</i>	0.92	2.5E-11
rs12730935	<i>IL6R</i>	1.08	6.1E-11
rs2038255	<i>PPP2R3C</i>	1.11	1.8E-10
rs7127307	<i>ETS1</i>	0.93	3.9E-10
rs7512552	<i>C1orf51/MRPS21</i>	0.93	9.1E-10
rs6473227	<i>MIR5708/ZBTB10</i>	0.93	1.4E-09
rs6602364	<i>IL15RA/IL2RA</i>	1.08	1.5E-09
4:123243592	<i>KIAA1109 (IL2)</i>	1.08	4.2E-09
rs4713555	<i>HLA-DRB1</i>	0.91	5.4E-09
rs10214237	<i>IL7R/CAPSL</i>	0.93	2.9E-08
rs10199605	<i>LINC00299</i>	0.93	3.4E-08
rs4643526	<i>PUS10</i>	1.09	3.5E-08
rs12951971	<i>STAT3</i>	1.13	4.1E-08
rs7625909	<i>SFMBT1/RFT1</i>	1.07	4.9E-08
rs112111458	<i>CD207/VAX2</i>	0.91	1.4E-07
rs2592555	<i>PRR5L</i>	0.93	8.7E-07
rs2944542	<i>ZNF365</i>	0.94	1.2E-06
rs145809981	<i>MICB</i>	0.91	1.5E-06
rs16948048	<i>ZNF652</i>	1.05	1.7E-05
rs1249910	<i>CCDC80/CD200R1L</i>	0.98	1.4E-01
rs7701890	<i>TMEM232</i>	1.02	3.6E-01
rs6780220	<i>GLB1</i>	1.01	4.0E-01
rs4312054	<i>OR10A3/NLRP10</i>	1.00	7.4E-01
rs4733404	<i>CARD11</i>	1.00	8.1E-01