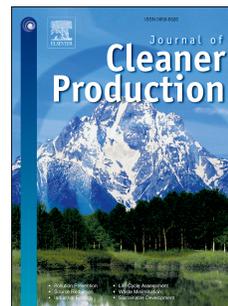


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The origin of microplastic fiber in polyester textiles: The textile production process matters

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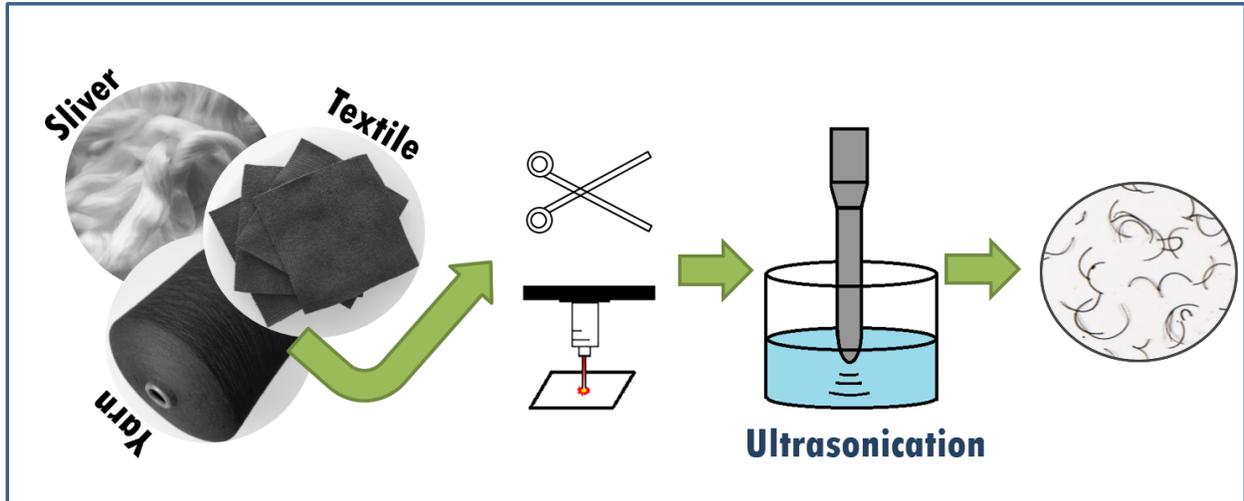
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1 The origin of microplastic fiber in polyester textiles:
2 the textile production process matters

3

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21 **Highlights**

- 22 • A sonication method was developed to extract microplastic fibers (MPFs) from textiles
- 23 • The method was applied to 18 representative products along the textile production line
- 24 • The number of MPFs extracted was influenced by the type of textiles and the cutting method
- 25 • High(er) quantities of MPFs originate from processed surfaces and cut edges

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29 **Abstract**

30 Microplastic fibers (MPF) are often detected in waste water treatment plants and environmental samples,
31 which implies a pathway of MPF release from domestic washing of textiles into the environment.
32 Although there are many textile washing/release studies, it is still unclear to what extent the liberated
33 MPFs originate from processes during washing (e.g. abrasion) or rather from processes earlier in the
34 textile supply chain. Understanding the origin of MPFs is important since different MPF formation
35 mechanisms would lead to different mitigation strategies. Therefore, the aim of our study was to
36 investigate the presence of MPFs in various intermediate and finished polyester textiles products. In this
37 study, we developed a sonication extraction method to quantify and characterize extractable MPFs already
38 present in the textiles (i.e. manufacturing related MPFs). To identify the manufacturing process
39 responsible for the MPF formation, this study included 18 representative products along the textile
40 production line. The extraction dynamics of MPFs for all materials were investigated by ultrasonication.
41 The number of extracted MPFs ranged from 15 MPF/g for a filament to 45'400 MPF/g for a scissor-cut
42 microfiber textile. We found that a rotor yarn exhibited an elevated number of extracted MPFs (4'310
43 MPF/g) compared to other types of yarns (160-230 MPFs/g), suggesting that the rotor spinning may be a
44 critical step responsible for MPF formation. On average, five times more MPFs could be extracted from
45 textiles with processed surfaces (such as Fleece, Plain brushed and Microfiber) compared to those with
46 unprocessed surfaces. This suggests that abrasive friction during production may be another critical factor
47 for MPF formation. Furthermore, scissor-cut textiles demonstrated three to 31 times higher number of
48 extracted MPFs than laser-cut textiles, enabling us to quantitatively discriminate between the contribution
49 of MPFs from the textile surface opposed to those originating from the textile edges. The majority of the
50 extracted MPFs were found to be between 100 to 800 μm in length. The results of this study may help to
51 reduce the MPF release from textiles by modifications throughout the production and finishing process.

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56 **Keywords:** microplastic fiber release, textile production, ultrasonic extraction, polyester, pollution

57

58 1. Introduction

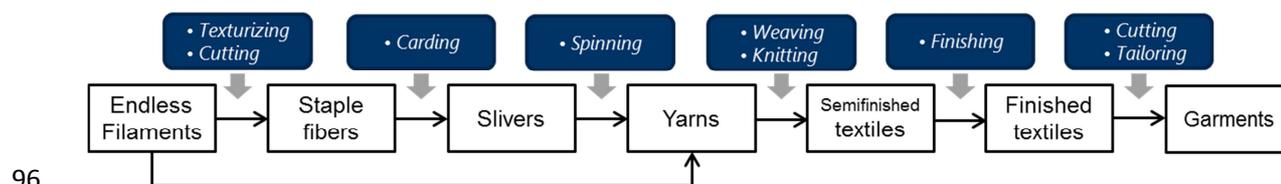
59 The increasing global production of synthetic fibers raises the concern that microplastics released from
60 synthetic textiles are likely to continue contaminating our environment in the future (Henry et al., 2019).
61 Fibers are often detected as the dominant constituent of microplastics found in waste water treatment
62 plants (WWTP) (Dris et al., 2015; Kay et al., 2018; Murphy et al., 2016) as well as in many environmental
63 samples (Desforges et al., 2014; Frias et al., 2016). A recent modeling study has reported that fibers from
64 textiles significantly contributes to microplastic releases into freshwater (Kawecki and Nowack, 2019).
65 These findings imply that a pathway of microplastic fibers (MPF) from domestic washing of textiles into
66 the environment likely exists (Browne et al., 2011). Although WWTPs exhibit a high removal efficiency
67 (above 98%) for microplastics (Schmiedgruber et al., 2019; Sun et al., 2019), elevated microplastic
68 concentrations were still observed downstream of WWTPs compared to control sites (Estahbanati and
69 Fahrenfeld, 2016; Kay et al., 2018; McCormick et al., 2014). Moreover, approximately 50% of the sewage
70 sludge is estimated to be used on agricultural soils in Europe and North America (Nizzetto et al., 2016),
71 constituting a direct release pathway of the fibers removed during wastewater treatment to the
72 environment. One also needs to keep in mind the disparity of wastewater connectivity ratio to WWTPs,
73 which ranges from about 70% in high-income countries to only 8% in low income countries (WWAP,
74 2017). This results in the (direct) release of unprocessed wastewater. Therefore, MPFs can be released into
75 the environment regardless of the fact that the MPFs are in the effluent or captured by the sludge.

76 Several studies have been performed to quantify MPF release from textiles during laundering. Browne et
77 al. (2011) were the first to quantify the number of MPF from polyester garments. Later, additional
78 experiments were conducted to investigate factors which may influence MPF release during washing, such
79 as the addition of detergents, temperature, washing duration and types of textiles (Almroth et al., 2018;
80 Belzagui et al., 2019; Henry et al., 2019; Hernandez et al., 2017; Jonsson et al., 2018; Napper and
81 Thompson, 2016; Pirc et al., 2016; Sillanpaa and Sainio, 2017). A decrease of the MPF release with
82 repeated wash cycles has been observed in several studies (Belzagui et al., 2019; Cai et al., 2020; Napper
83 and Thompson, 2016; Sillanpaa and Sainio, 2017). These findings spurred us to question if there were any
84 MPFs present in textiles before washing.

85 The manufacturing of synthetic textiles usually begins with polymer chips which are melted and spun into
86 endless filaments. These filaments are cut into short staple fibers and then carded into slivers (Figure 1). In
87 the next step, different yarn spinning methods are applied to spin slivers into yarn. The yarn made from
88 short staple fibers are called "spun yarns". Correspondingly, there are yarns made from endless filaments
89 which are called "filament yarns". These yarns can then be further woven or knit into textiles. The woven
90 textile is made by interlacing two threads perpendicularly and the knit textile has only one thread

91 following a course to produce symmetric loops on both sides of the mean path. In the finishing step,
 92 various techniques can be applied to enhance the performance, look and feel of the final product. Some
 93 surface treatments can be applied at this stage to produce textiles with special textures, such as fleece.
 94 Finally, the finished textiles are cut and tailored into garments and delivered to customers.

95



96

97 Figure 1. A simplified flow chart of the important stages for the manufacturing of polyester textiles. Blue
 98 blocks represent processes and white blocks represent the corresponding products.

99

100 Understanding the source of MPFs is relevant since different origins would advocate different mitigation
 101 strategies. If the majority of MPFs are formed during the washing process, then changes in washing
 102 methods, such as improvements of washing detergents, or entrapments of released MPFs during washing
 103 may be needed in the future. However, if MPFs are already generated in the textile throughout the
 104 manufacturing process, then efforts should be made to localize and improve the culprit process(es) in the
 105 production line or submit textiles and garments to additional washing/cleaning steps before they are
 106 shipped to the consumer.

107 Many studies have investigated MPF release from finished textile products during washing, but none of
 108 them have addressed the presence of MPF in intermediate fiber products. Since mechanical stress affects
 109 yarns and textiles at different textile processing steps, a systematic study with the products along the
 110 production line can help in identifying the crucial steps in MPF formation. Therefore, the aim of our study
 111 was to investigate the presence of MPFs in various intermediate fiber products and for a number of
 112 different finished polyester textiles. We first developed a method to quantify the extractable MPFs which
 113 were already present in textiles and applied it to 18 samples at different stages along the production line.
 114 The extracted MPFs were characterized (length and diameter) and counted to identify which stages along
 115 the production line were most relevant for MPF formation. The results from this work enable comparisons
 116 of the presence of MPFs from different textile products leading to the understanding of the origin of MPFs,
 117 and may provide the basis for engineering options to produce textiles with reduced MPF release.

118

119

120

121 **2. Materials and methods**

122

123 **2.1. Sliver, yarns and textiles**

124 A representative set of 18 products along the polyester textile production line was obtained directly from
 125 manufactures and suppliers located in China and Switzerland (Table 1). One sliver, one filament yarn and
 126 four spun yarns were selected to investigate the influence of sliver production and different yarn spinning
 127 methods. To further determine the existence of MPFs in textiles, we selected 12 textiles with different
 128 textile structures, types of yarn and post processing finishing steps, which was also used in a previous
 129 study (Cai et al., 2020). In the manuscript, a suffix is given to distinguish the textiles made of spun yarns
 130 “S” or filament yarns “F”, respectively. Additionally, the suffix “B” was given to the plain textile with a
 131 brushed surface. Most of the samples were dark-colored, except for one sliver and three spun yarns which
 132 were white. This allowed us to more easily and accurately quantify the MPF extracted from the sample
 133 using our detection methods (see below). The density of the textiles ranged from 75 g/m² to 294 g/m²,
 134 which was determined by weighing three pieces of 36 cm² swatches. The chemical composition (polyester)
 135 of the textiles was further confirmed by FTIR analysis (Varian 640-IR).

136 All samples were characterized by scanning electron microscopy (SEM) (Hitachi S6200) to obtain
 137 structures of the textiles and yarns as well as fiber diameters (Figure 2, Table S1). To enhance SEM
 138 contrast, the samples were sputtered with a layer of Au/Pd (nominally 7 nm thick) in a high vacuum
 139 sputter coater (LEICA EM ACE600). Fiber diameters were characterized by randomly measuring 10
 140 fibers from the SEM images.

141 Table 1: Textiles, yarns and sliver used in the study. The values for textiles were taken from a previous
 142 study (Cai et al., 2020).

Product	Surface	Structure	Type	Yarn	Color	Density [g/m ²]	Fiber diameter [μm]
Sliver	-	-	-	-	White	-	12.0±1.3
	-	-	Rotor*	Spun	White	-	12.5±0.7
Yarn	-	-	Air-jet*	Spun	White	-	11.9±0.7
	-	-	Ring*	Spun	White	-	12.3±0.6
	-	-	Ring*	Spun	Black	-	12.8±1.5
	-	-	-	Filament	Black	-	10.8±0.4
Textile	Unprocessed	Knit	Interlock	Spun	Black	209±1	12.2±0.8
			Jersey	Spun	Black	226±1	12.8±0.8
			Rib	Spun	Black	294±2	12.7±1.1
			Rib	Filament	Black	199±1	15.9±2.2
			Terry	Spun	Black	208±2	13.0±1.3

		Plain	Spun	Black	100±0	12.7±0.5/13.4±0.9**
	Woven	Plain	Filament	Black	149±1	7.5±0.6/7.9±0.5**
		Twill	Filament	Black	154±1	12.4±1.8/19.9±1.7**
		Satin	Filament	Black	75±0	13.0±0.7/16.4±1.7**
		Knit	Fleece	Filament	Black	185±1
Processed	Woven	Plain brushed	Filament	Black	131±0	9.0±1.2/10.1±1.5**
	Woven	-	Filament	Grey	191±3	19.9x8.9/7.7x2.2*** (microfiber)

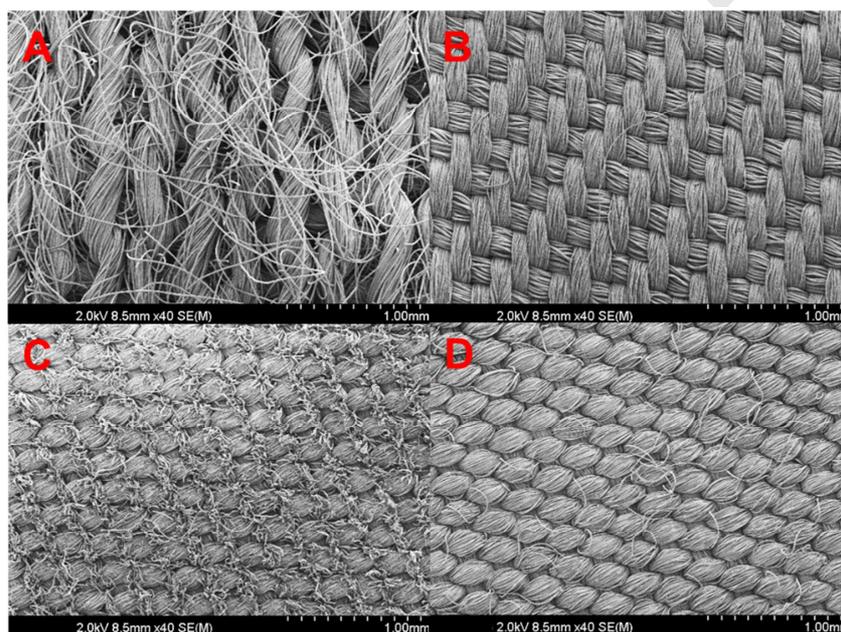
143 * Spinning methods of spun yarns

144 **The diameters of the weft and the warp yarns of the woven textiles

145 ***The width and length of the weft yarn (19.9±1.1 x 8.9±1.2 μm) and the warp yarn (7.7±0.9 x 2.2±0.5 μm)

146 with a rectangular cross section for the microfiber sample

147



148

149 Figure 2. SEM images for three textile samples: A) Interlock S; B) Twill F; C) Plain B: front side
 150 (brushed); D) Plain B: back side (unbrushed)). For the textiles made of spun yarns (Figure 2A), there are
 151 many fibers protruding from the textile surface. In contrast, the filament textiles (Figure 2B) have a
 152 surface with few protruding fibers. Figure 2C and 2D display the front and the back side of Plain B, where
 153 one can observe how the abrasion (brushing) process affects the surface of the textile. The details for the
 154 other products can be found in Table S1.

155 2.2. Sample preparation

156 Textile scissors or a laser cutter (tt-1300, Times technology) were used to cut the textile into swatches
 157 with a dimension of 6 cm x 6 cm. The edges of the laser- and scissor-cut samples were characterized by
 158 SEM (Hitachi S6200) (Figure S1). Depending on the textile sample, the weight of the sample ranged
 159 between 0.16 g to 1.05 g. The sliver and yarns were cut by a laser cutter into pieces of approximately 1.50
 160 g.

161 The white-colored fibers were dyed using a blue-colored pigment (BEMACRON E-RD, CHT,
162 Switzerland) in order to provide increased contrast when imaging the fibers in subsequent analysis steps.
163 In brief, the dyeing process comprised of two steps, where the first step was to dye the polyester and
164 the second step was to fix the color and remove the extra dye on the surface. See the supplementary
165 information (SI) for additional details on the dyeing procedure. The solution from the two dyeing steps
166 was also analyzed to determine if fibers were released through this process as well. The dyed samples
167 were then used in extraction experiments.

168 **2.3. Extraction experiments and filtration processes**

169 Extraction of MPFs was carried out in a 0.75 g/L linear alkylbenzene sulfonic acid (LAS) solution (Alfa
170 Aesar) that was used in previous washing experiments to mimic domestic laundry detergent (Hernandez et
171 al., 2017). LAS is the main surfactant ingredient in many commercial laundry detergents. A 1 mol/L
172 solution of sodium hydroxide (Sigma-Aldrich) was used to adjust the pH of the LAS solution to
173 approximately 9.0-9.5.

174 For the extractions, a sample was placed into a 600 ml beaker filled with 200 ml LAS solution. No
175 prewashing step was performed for any of the samples. The solution, together with the sample, was
176 sonicated for 10 min with an ultrasonic probe with an output power of 70 W and a frequency of 20 kHz
177 (Sonopuls HD 2070, with probe VS 70T). The tip of the probe was submerged in the solution 1 cm under
178 the air-water interface. Preliminary experiments were conducted suggesting that the majority of the
179 extractable MPFs could be extracted from textiles within 90 minutes. Therefore, for each sample, the
180 experiment was stopped at either 90 min (9 sequential extraction steps) or when there were less than 20
181 MPFs per cycle extracted, whichever was reached first. The temperature of the solution was between 23 to
182 27 °C during extraction. For all experiments, three independent replicates were performed for each
183 product. Between each extraction step, the beaker was rinsed with DI H₂O three times to avoid any
184 contamination between extractions.

185 After each extraction, the sample was taken out of the beaker with tweezers and allowed to drip for 15 s to
186 remove excess liquid. The remaining solution was continuously stirred and a 10 mL pipet was used to
187 transfer the solution to a vacuum filtration system. A vacuum pump with a filtration unit was used to filter
188 the liquid through a cellulose nitrate membrane (GE Whatman, diameter 4.7 cm, pore size 0.45 µm). We
189 attempted to avoid too many fibers on the filters, which would result in extensive overlapping of fibers
190 and lead to difficulties in analyzing the number and the length of fibers in the extraction solution.
191 Therefore, the volume of water filtered was between 10 ml to 200 mL, depending on the expected
192 concentration of MPFs in the solution. The filters were put into separate petri dishes (VWR, diameter 90
193 mm, height 16 mm), covered, and left to dry overnight at room temperature. Moreover, to determine the

194 reliability of the sample collection and filtration method, triplicate aliquots from the same extraction
195 solution for two randomly selected textiles (Interlock S, Microfiber) were filtered through separate filters
196 and dried overnight as described above.

197 Blanks were measured three times for each experimental day, before the daily analysis, mid-way through
198 the analysis, and after the last extraction. This involved sonicating 200 ml of the LAS solution for 10 min
199 without the textile sample.

200 **2.4. Filter imaging and analysis**

201 A single-lens reflex camera (Nikon D850) with a macro lens (Nikon 105 mm/2.8) was used to image all
202 filters. A ruler was added to each filter as a scale and images (8256 x 5504 pixels) were edited in the
203 software Adobe Lighthroom CC (version: 2015.14) to enhance contrast. Most of the filters were analyzed
204 for fiber number and length with the software FiberApp (version: 1.51) (Usov and Mezzenga, 2015). By
205 manually selecting the starting point and the end point of each fiber, the software automatically calculated
206 the fiber length and recorded the fiber number. One exception was the sliver samples, which were
207 analyzed using ImageJ. This is because the sliver sample shed many long fibers which were difficult to be
208 tracked with FiberApp. Both methods had a lower length detection limit approximately 3-4 pixels,
209 corresponding to about 40 μm fiber length. Only dark-colored fibers were counted. The number of MPFs
210 on each filter was between 4 to 1'320, with an average of 186 MPFs per filter. In total, 615 filters were
211 analyzed and the length of approximately 120'000 MPFs were collected individually. Additionally, the
212 mass of extracted fibers was also calculated for knit textiles, but not for woven textiles. This is because
213 woven textiles have two threads, which made it difficult to determine the diameter of fibers and
214 subsequently which of the two fibers were shed from the textile. The mass calculation was done by using
215 the measured length and the known diameter of the fiber (see Table 1) and multiplying by the polyester
216 density of 1.38 g/cm^3 (Kallay et al., 1990).

217 In addition, for seven selected scissor-cut samples, the diameters of the extracted MPFs on the filters were
218 determined by SEM, which were then compared with the fiber diameter in the unused textile. A high
219 vacuum sputter coater (LEICA EM ACE600) was applied to sputter the filter with a layer of 7 nm Au/Pd.
220 The fibers were observed by SEM (Hitachi S6200) at a voltage of 2.0 kV and a magnification of 400. Ten
221 SEM images were randomly captured from each filter and one fiber was randomly chosen from each
222 image to obtain the fiber diameter.

223 **2.5. Influence of edge processing methods on MPF extraction**

224 Additional experiments were performed to investigate if the number of fibers extracted from the textiles
225 scaled linearly with the total length of the edge of the textile samples. Interlock S samples with a constant

226 area of 36 cm² were cut into smaller pieces with different perimeters of 24, 36, 48, 60 and 72 cm either by
227 a scissor or by a laser cutter. All pieces from one 36 cm² textile were then sonicated together for a 10-
228 minute extraction step. For each length of the perimeter, three replicates were performed. The filtration
229 process and image analysis was done according to the previous experiments.

230 **2.6. Statistics**

231 A linear mixed model (package “lmerTest”) in R (version 3.4.3) was used to determine the influence by
232 factors on the number of extracted MPFs from textiles. The four factors included the surface treatment
233 (unprocessed, processed), the textile structure (knit, woven), the yarn type (spun, knit) and the cutting
234 method (scissors, laser). Each factor was taken as a fixed effect. The textile types (Interlock, Jersey and
235 etc.) were considered as random effects. Since there were several extraction steps throughout the
236 experiment, the number used in the model was the cumulative number of extracted MPFs. A similar
237 model was established to determine the influence on the length, in which the median length of extracted
238 MPF only during the 1st extraction step was considered. Additionally, a non-parametric Kruskal-Wallis
239 (K-W) one way ANOVA test in IBM SPSS statistics (version 25) was used to compare the length
240 distribution in the following groups: 1) the length distribution of MPFs extracted from the sliver and yarns;
241 2) the length distribution of MPFs extracted from the scissor-cut and laser-cut textile samples; 3) the
242 length distribution of MPFs extracted from textile samples in sequential extraction steps. A p-value below
243 0.05 was considered to constitute a significant difference for all the statistical tests.

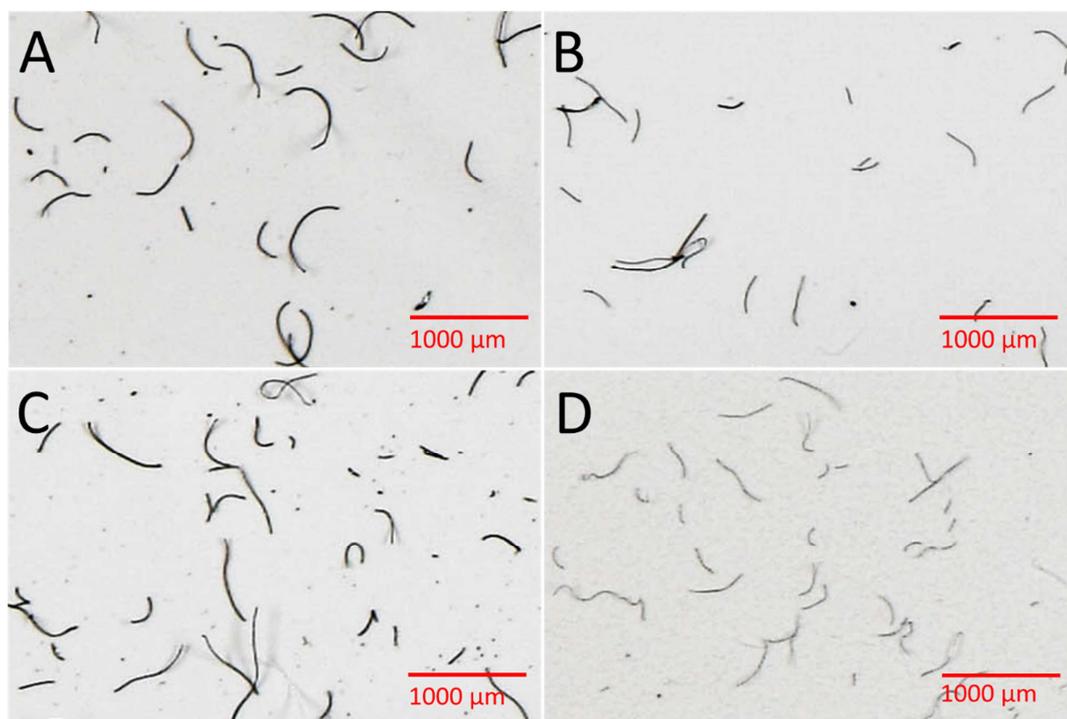
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245 **3. Results**

246

247 **3.1. Assessment of experimental procedures**

248 We conducted several measurements to determine the reliability of the analytical workflow and the
249 potential for contamination throughout the experiments. First, to quantify the contamination from dark-
250 colored fibers, three blanks were investigated three times; before the daily analysis, mid-way through the
251 analysis and after the last extraction on each experimental day. The average number of fibers was found to
252 be 2 ± 2 MPFs per filter (n=60), as monitored over a period of four months. Light-colored fibers do not
253 interfere with the measurements, since we only counted dark-colored fibers through the entire experiment.
254 An example of extracted MPFs collected on the filters for four types of textiles is shown in Figure 3.



255

256 Figure 3. MPFs extracted from four types of textiles: A) Interlock S; B) Plain F; C) Fleece and D)
257 Microfiber.

258

259 By analyzing three aliquots from the same washing solution for two randomly selected samples (Interlock
260 S and Microfiber), we found a similar fiber number (relative standard deviation < 4%) and MPF length
261 distribution (Figure S2). These results confirm that the sub-sampling method used was representative for
262 quantification of MPFs in our system and that the chosen workflow yielded reproducible results.
263 Moreover, all experiments were carried out in triplicate. The average relative standard deviation of MPF
264 number for different samples was 29%, ranging from 1% to 83%. In previously published studies, the
265 average relative standard variation of fiber number ranged between 20% (De Falco et al., 2018) to 36%
266 (Hernandez et al., 2017).

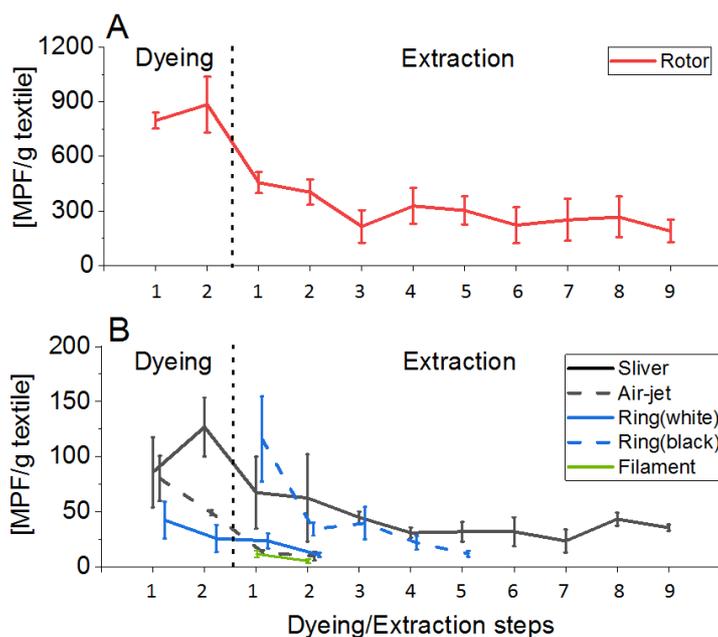
267

268 3.2. Extraction dynamics of MPFs

269 To track the origin MPFs along the manufacturing process, we investigated one filament yarn, one sliver,
270 and four spun yarns. All the dyed products (Sliver, Rotor, Air-jet, Ring-white) demonstrated an elevated
271 initial MPF release during the dyeing steps, followed by a decrease in subsequent extractions. The
272 decreasing trend of MPF release during extractions was also observed for the undyed black-colored ring

273 yarn. For the sliver and the rotor yarn, the number of extracted MPFs remained high after several
 274 extractions at approximately 50 and 220 MPF/g respectively, compared to the air-jet yarn, the white-
 275 colored and the black-colored ring yarns with less than 20 MPF/g (Figure 4). The number of extracted
 276 MPFs from the filament yarn remained at low level (smaller than 20 MPF/g) during the extraction steps.

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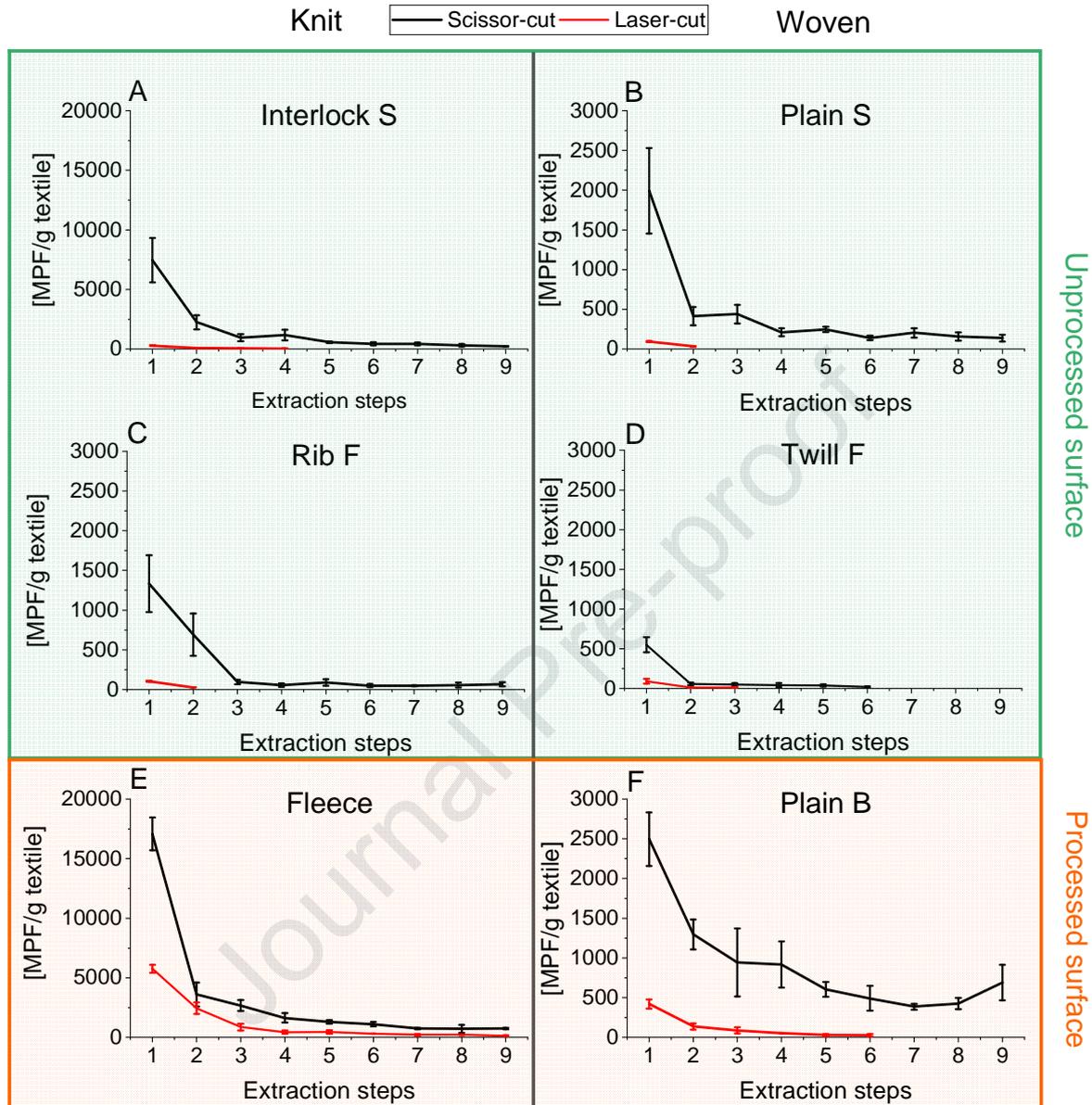


278

279 Figure 4. Number of extracted MPFs from slivers and yarns. All results are presented in number of MPFs
 280 per gram of textile. Standard deviations were calculated from triplicate experiments.

281

282 The number of MPFs extracted from 12 textiles after each extraction step was also determined (Figure 5
 283 and Figure S3). In general, we observed a strong decrease in the number of extracted MPFs between the
 284 1st and 2nd extraction steps, followed by a relatively slow decrease in subsequent extractions. One
 285 exception was the scissor-cut Plain B, which demonstrated a slight increase in the 8th and 9th
 286 extraction steps. Therefore, we continued the extraction for this sample with three more extractions. The results
 287 showed that the number of extracted MPFs from scissor-cut samples dropped to a mean level of 62 MPF/g,
 288 compared with the ones extracted from the 9th step (689 MPF/g). Since there was no elevated number of
 289 extracted MPFs for the laser-cut samples and the standard deviation of this 9th sample was much higher
 290 than for the extractions before and after, this suggest that the peak at extraction step 9th was an outlier.



291
 292 Figure 5. The number of extracted MPFs from textiles as a function of the number of extractions steps. Six
 293 textiles with different textile structures, yarn types and surface treatments were selected to present here
 294 and the remaining six samples are shown in Figure S3. All results are presented in number of MPFs per
 295 gram of textile. The black lines represent the scissor-cut samples, the red lines show results for laser-cut
 296 samples. Error bars represent the standard deviation for triplicate experiments.

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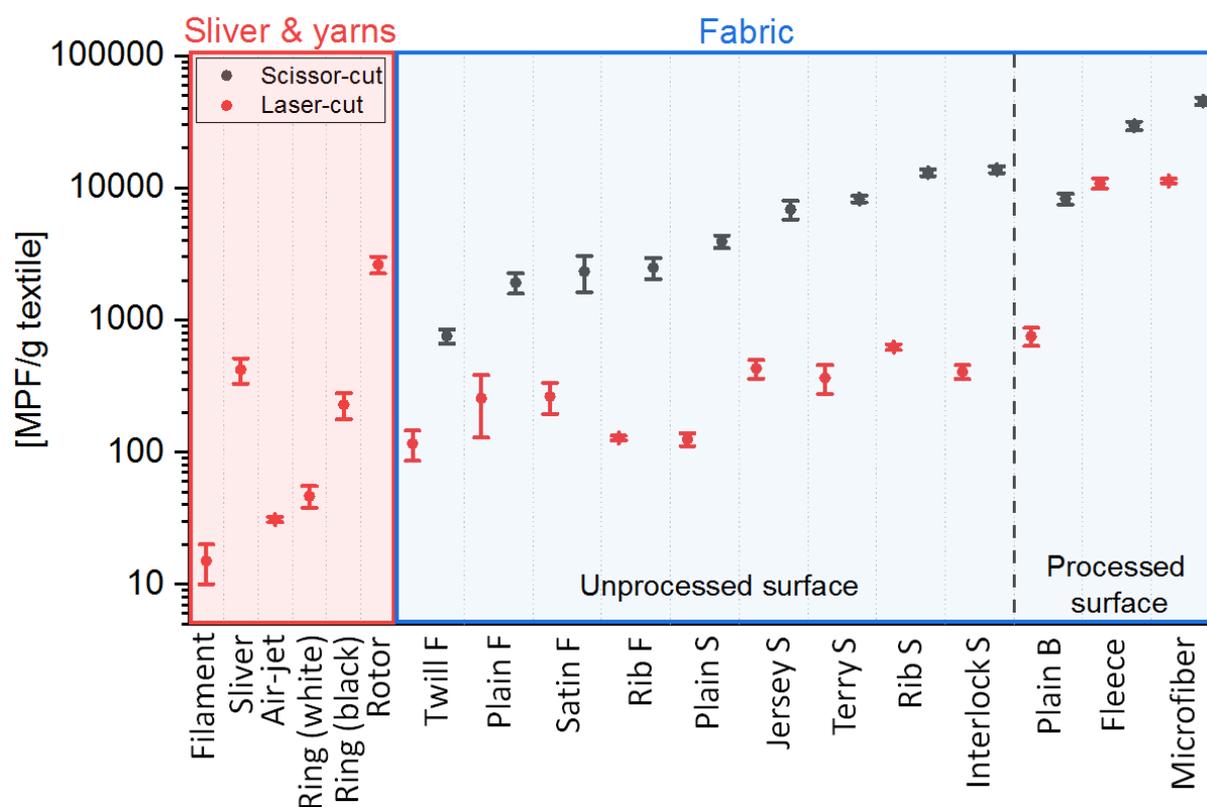
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301 3.3. Cumulative number of MPFs extracted from sliver, yarns and textiles

302 To estimate the total amount of MPFs present in the products, we summed the extracted fibers from all
303 extraction steps (Figure 6). A logarithmic scale was used to cope with the large differences in the number
304 of extracted MPFs from different samples. For the sliver and yarns, the lowest number of extracted MPFs
305 was found for the filament yarn with a cumulative extraction of 15 MPF/g. That was about 40 times lower
306 than the number of MPFs extracted from the sliver (590 MPF/g), which suggested that MPFs may be
307 formed during sliver production. Moreover, the number of extracted MPFs from spun yarns was
308 influenced by the spinning method. The majority of the yarns (Air-jet, Ring-black, Ring-white) exhibited a
309 lower number of extracted MPFs than the sliver. On the other hand, the amount of MPFs extracted from
310 the rotor yarn (4'310 MPF/g) was approximately seven times higher than the MPFs extracted from the
311 sliver, suggesting that the rotor-spinning process may be responsible for some MPF formation.

312 For the textiles, the cutting method was one of the most critical factors which significantly influenced the
313 number of extracted MPFs (p -value < 0.001). The ratio of the cumulative number of MPFs extracted from
314 scissor-cut (black symbols) to laser-cut (red symbols) samples was determined (Figure 6), where this is a
315 constant ratio between the two variants. In practice, one can think of this difference between black and red
316 symbols as an indication for the "extra" MPFs extracted due to the cutting method alone. It is interesting
317 to note that the textiles with unprocessed surfaces exhibited a relatively high scissor-to-laser ratio with an
318 average of 19. Meanwhile, the surface-processed textiles demonstrated a much lower scissor-to-laser ratio,
319 averaging approximately 6. This suggested that there was a relatively higher share of MPFs extracted from
320 the entire surface area when the surface underwent additional surface treatment.

321 Besides the cutting method, the number of extracted MPFs from textiles was influenced by the surface
322 treatment. The linear mixed-effect model showed that the number of extracted MPFs from the textiles
323 with processed surfaces was significantly higher than those from the textiles without surface treatment (p -
324 value < 0.001). The highest number of extracted MPFs was found for the Microfiber textile, with 45'400
325 MPF/g and 11'300 MPF/g for the scissor-cut and laser-cut samples respectively. That is approximately 60
326 times higher than the number of MPF extracted from Twill F, which exhibited the lowest number of
327 extracted MPFs (scissor-cut: 760 MPF/g; 120 MPF/g laser-cut). On the other hand, there were no
328 significant influences observed by the yarn type (spun, filament) or the textile structure (woven, knit).



329

330 Figure 6. Cumulative number of MPFs extracted from the sliver, the yarns and the textiles in number of
 331 MPFs per gram of material. The mean values for the scissor-cut and laser-cut methods are represented by
 332 the black dots and red dots, respectively. Error bars indicate the standard deviation from triplicate
 333 experiments.

334 Furthermore, we found that the number of extracted MPFs during the 1st extraction step usually accounted
 335 for a high percentage of the total cumulative extraction (Figure S4). The results show that for 9 out of 13
 336 scissor-cut samples and 12 out of 13 laser-cut samples, more than 50% of their cumulative MPFs were
 337 extracted during the first extraction. In comparison, the number of the MPFs extracted in the last step only
 338 accounted for a few percent of the cumulative extraction; only 3% for the scissor-cut samples and 8% for
 339 the laser-cut samples, on average. For nine out of 13 laser-cut samples, the experiments were stopped in
 340 less than 90 minutes, meaning that there were fewer than 20 MPFs per cycle extracted.

341

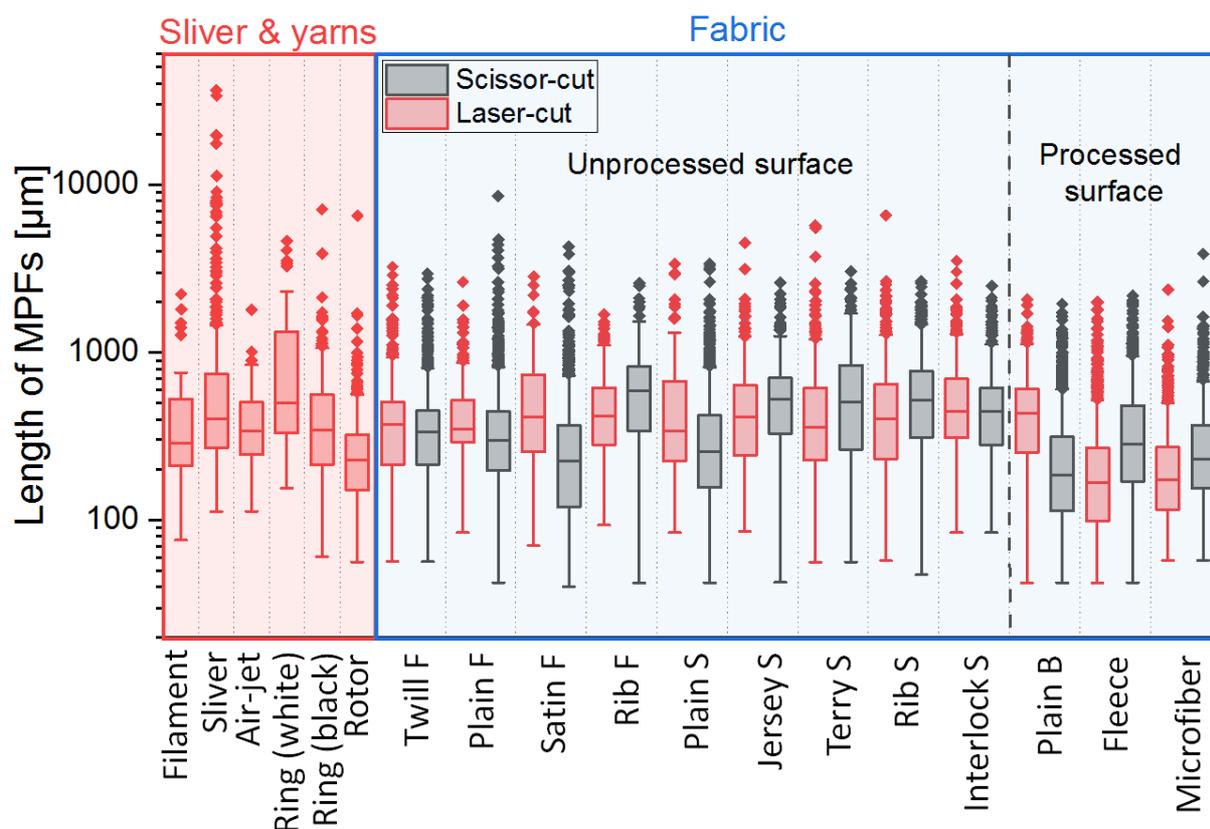
342 3.4. Length distribution of extracted MPFs

343 Although the number of extracted MPFs varied significantly between samples, the length distribution of
 344 released MPFs was relatively similar. The majority of the extracted MPFs were found to be between 100
 345 and 800 μm in the 1st extraction (Figure 7). Significantly longer MPFs were extracted from the sliver
 346 (median: 405 μm) than those from the filament (median: 285 μm , p-value of 0.009). Another notable

347 feature for the sliver was that there were some much longer fibers, as indicated by the outliers in Figure 7,
348 some of which were over 10'000 μm . The MPFs extracted from rotor yarns were significantly shorter
349 (median: 226 μm , p-value < 0.001) than those from other spun yarns (median: 393 μm).

350 The shortest MPFs extracted from textiles were found in laser-cut Plain B, with a median length of
351 approximately 184 μm , while the longest was found in scissor-cut Rib F (median: 595 μm). The length
352 profile of extracted MPFs from textiles was affected by several factors. In particular, the surface treatment
353 was identified as one of the critical points influencing the length of MPFs, with processed surfaces having
354 shorter lengths than those from textiles with unprocessed surfaces (p-value < 0.004). Moreover, we found
355 that the knit textiles tended to have significantly longer MPFs than the woven textiles (p-value of 0.04).
356 No statistical differences in the length of MPFs was observed between the textiles made from spun yarns
357 and the textiles made from filament yarns (p-value of 0.882).

358 Furthermore, we found that the length of fibers which were extracted was significantly affected by the
359 cutting method. The MPFs extracted from seven scissor-cut textiles (Interlock S, Jersey S, Rib S Terry S,
360 Rib F, Fleece and Microfiber) had longer lengths than those from the laser-cut ones. In contrast, five
361 textiles, including Plain S, Plain F, Plain F, Twill F and Plain B, had longer MPFs extracted from laser-cut
362 samples. It is notable that all of those that shed longer MPFs from laser-cut samples have a woven
363 structure.



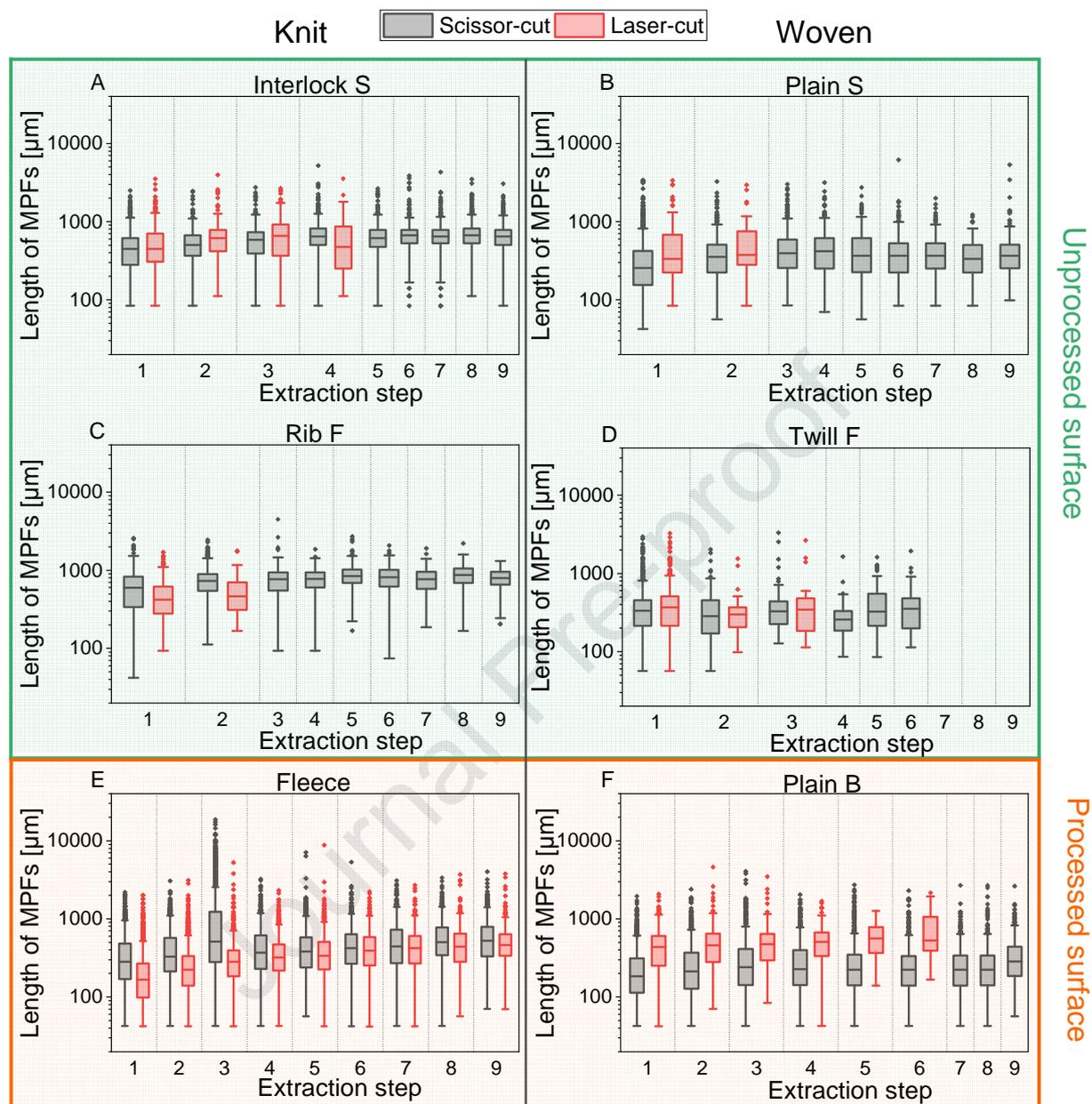
364

365 Figure 7. Length distribution of MPFs extracted during the 1st extraction step. The MPFs extracted from
 366 1st extraction steps were present here, except for the dyed samples (Sliver, Air-jet, Ring-white, Rotor)
 367 where the MPFs from the 1st dyeing solution were present here. 25th and 75th percentiles were plotted in
 368 the boxes with a line indicating the median. Whiskers represent 95% of length distribution and outliers
 369 were labelled dots representing 0.7% of total distribution. The values presented here were a summation of
 370 three experimental replicates. The number of MPFs plotted per sample was between 59 for Air-jet to
 371 3'498 for Plain B, with an average of 993.

372

373 Additionally, we analyzed the changes in length across all extraction steps (Figure 8, Figure S5). In
 374 general, after a few extraction steps, the length of MPFs extracted from the same textile was more or less
 375 constant. A pairwise K-W test was used to compare the length of MPFs from the neighboring steps. For
 376 example, the extraction from 1st and 2nd, 2nd and 3rd were compared in pairs, and so on. For the scissor-cut
 377 samples, the length of the extracted MPFs often increased significantly between steps in the first few
 378 extractions. However, after the 3rd or 4th extraction, there were no longer statistical differences between the
 379 steps. On the other hand, no significant difference in length between steps was observed for most of the
 380 laser-cut samples.

381



382

383 Figure 8. Length distribution of MPFs extracted during the sequential extraction steps. 25th and 75th
 384 percentiles were plotted in the boxes with a line indicating the median. Whiskers represent 95% of length
 385 distribution and outliers were labelled by dots representing 0.7% of total distribution. The value present
 386 here was a summation of three experimental replicates. The number of MPFs plotted per distribution was
 387 between 20 to 3'498 with an average of 663.

388

389 The diameter of extracted MPFs on the filters was compared with the fiber diameters within the original
 390 textile swatches to gain further insight into the origins of the extracted MPFs (Figure S6). The results

391 show that most of the liberated MPFs shared a similar diameter as the fibers in the parent textile. This is
 392 also true for the Plain F, which possesses the smallest fiber diameter in our sample set.

393

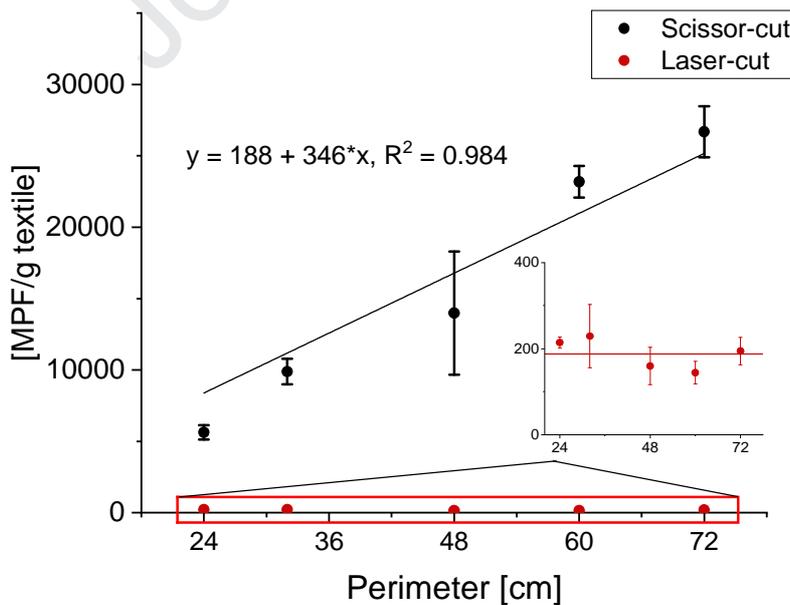
394 3.5. Investigating the edge effect

395 Additional experiments were performed to further investigate if the number of fibers extracted from the
 396 textiles scaled linearly with the total length of the edges. The Interlock S textile of fixed surface area (36
 397 cm²) was cut into a number of smaller pieces, resulting in additional edges. For the laser-cut samples, an
 398 average extraction of 188 MPF/g was observed regardless of the length of the edges (Figure 9), which
 399 corresponds to 5.2 MPF/g textile*cm². In contrast, for the scissor-cut samples, there is a linear correlation
 400 (Equation 1) between the number of extracted MPFs and the total edge length (correlation coefficient of
 401 0.984 with a p-value < 0.001). The intercept of the regression line was set at 5.2 MPF/g*cm², representing
 402 the number of extracted MPFs from the textile surface of a 36 cm² swatch alone (i.e. the number of fibers
 403 detected upon extracting fibers from the laser cut textile swatches). The slope of the equation suggests that
 404 346 MPFs can be extracted from one centimeter of cut textile edge.

405

$$406 \text{Extraction} \left[\frac{\text{MPF}}{\text{g}} \right] = \underbrace{5.2 \left[\frac{\text{MPF}}{\text{g} * \text{cm}^2} \right] * \text{Surface}[\text{cm}^2]}_{188 \text{ MPF/g}} + 346 \left[\frac{\text{MPF}}{\text{g} * \text{cm}} \right] * \text{Perimeter} [\text{cm}]$$

Equation 1



407

408 Figure 9. Correlation between the number of extracted MPFs and the samples' perimeter. Black dots
409 represent the extraction from the scissor-cut samples and the red dots represent the extraction from the
410 laser-cut samples. The black line indicates the linear regression between the number of MPFs extracted
411 and the length of the perimeter for scissor-cut samples. The red line indicates the average extraction from
412 the laser-cut samples. Error bars represent the standard deviation from triplicate experiments.

413

414 **4. Discussion**

415

416 **4.1. Ultrasound as a method to extract embedded MPFs**

417 In this manuscript, the method we investigated to extract fibers from textiles was an ultrasound extraction.
418 A short-duration (2 to 5 minutes) ultrasonication has been found to cause little damage to textiles in
419 several previous experiments which assessed the removal of soil contaminants from textiles (Gotoh and
420 Harayama, 2013; Gotoh et al., 2015a; Gotoh and Hiram, 2012; Gotoh et al., 2015b; Hurren et al., 2008;
421 Ma et al., 2014). That is not only true for polyester textiles (Gotoh and Hiram, 2012) but also for silk
422 textiles (Gotoh et al., 2015a). By forming and collapsing bubbles or cavities, ultrasound is considered as a
423 gentler way to remove surface contamination from textiles than methods using mechanical agitation,
424 which causes textile-textile friction.

425 Although the duration of the ultrasonication and the input energy is different between the experiments in
426 the literature and our present study, the results from our study suggest that ultrasound itself does not
427 produce a significant amount of MPFs. On one hand, we observed that the number of extracted MPFs
428 from the textiles dropped to 3-8% of the cumulative amount after several extractions, suggesting that the
429 sonication is not responsible for the major amount of extracted MPFs. On other hand, we also have not
430 observed any sign of damage or pills on the fabric and the fiber structure itself remained intact after
431 several extraction steps, as verified by SEM images. However, since there was still a relatively small
432 amount of MPFs extracted from the samples at 90 minutes, we cannot exclude the possibility that the
433 ultrasound treatment generated a small amount of MPFs. Additionally, some MPFs in the textiles may
434 only be extracted after a longer period of time, and thus would not be accounted for in our study.

435

436 **4.2. The origin of MPFs in textile products**

437 To track the origin of MPFs, we need to recall the manufacturing process of polyester textiles. Our
438 hypothesis was that fibers and fabric are subjected to strong forces during certain steps in manufacturing
439 and are responsible for the formation of MPF. Endless melt-spun fibers are converted into filament yarns
440 or cut into staple fibers of lengths between 25 to 150 mm, which are further carded into slivers (Gries et

441 al., 2015; Krifa and Ethridge, 2006). As we can see in Figure 7, the extracted MPFs typically had a length
442 below 1'000 μm , which is 25 times shorter than the length of the shortest staple fiber (25 mm). Therefore,
443 neither the endless filaments nor the sliver are likely to be the origin of MPFs found in our experiments.
444 The number of MPFs extracted from the filament yarn was below 15 MPF/g. That is in agreement with
445 our hypothesis that there should not be any MPFs originating from "endless filaments", except for cross
446 contamination from the production site, which can be removed in the first few extractions. On other hand,
447 we found a broad length distribution of MPFs in the sliver ranging from 80 to 50'000 μm . There are many
448 possibilities of how these fibers may have formed during the sliver production. First, filaments are often
449 texturized before being cut and as a result they might not always be perfectly straight when they are
450 caught by the blade. Second, the machines usually work on a rotating-cutting principle leading to
451 unintentional cuts of protruding fiber ends. Moreover, staple fibers are processed into a carding machine
452 where very sharp edges are applied to merge and parallelize fibers. Thus, it is also possible that these
453 edges may cut fibers in a non-controlled way. The liberated MPFs shared a similar diameter as the fibers
454 in the parent textile, suggesting that the majority of the shed MPFs we analyzed originated from the textile
455 and that abrasion by cross-sectional fibrillation (resulting in smaller fiber diameters) is a negligible
456 mechanism of MPF production.

457 Although fibers underwent additional mechanical stress during spinning the sliver into yarn, most of the
458 spun yarns exhibited a lower number of extracted MPFs than the sliver. One reason may be because yarn
459 has a tighter structure and twisting the yarn creates tensile force, which prevents the extraction of MPFs
460 present in the yarn core. Moreover, the air-jet and ring spinning processes often involve a stage where the
461 fibers are drawn and parallelized and where some of the ultrashort fibers may already be removed.
462 However, there is one exception, the rotor yarn, which shed substantially more MPFs than the sliver as
463 well as the other yarns, suggesting that the rotor spinning process might be the primary step responsible
464 for the formation of MPFs. In rotor spinning, opening rollers with very sharp edges are used to open up
465 the fiber bundle before twisting it together into a yarn. In addition, it is also known that the accumulation
466 of fiber dust (in other words: MPF) in the rotor groove can result in yarn defects and end breakages
467 (Lawrence, 2010), which may also contribute to the formation of ultrashort fibers. However, we must
468 consider that in the current experimental regime there are only a limited number of fiber samples and they
469 are sourced from different companies. Therefore, they do not represent samples from one production line.
470 Further research needs to be performed to better quantify how much variability exists in the MPF content
471 of fiber samples from a larg(er) variety of machinery.

472 The next step along the production line is to weave or knit yarn into textiles. Although we found a similar
473 number of MPFs extracted between the spun yarns and the laser-cut textiles made of spun yarns, we
474 cannot draw a conclusion that the weaving or knitting of yarn into textiles does not form MPFs. That is

475 because textiles may be intensively washed during the finishing process, which could remove some short
476 fibers from the yarn. Therefore, future studies are needed to investigate the influence of knitting or
477 weaving from yarn to textile with more controlled samples.

478 Some treatments can be applied to the textile surface to achieve a special texture. For example, a screw-
479 like shearing blade is commonly used to cut the surface fibers of fleece to create a fuzzy feel. Additionally,
480 several abrasion processes (e.g. sand blasting or rubbing with sandpaper) can also be used to improve the
481 look and feel of the textile. On one hand, a large quantity of MPFs may be formed during this stage and
482 remain in the textile. On the other hand, with a looser surface structure, the MPFs present in the textiles
483 may be more readily extracted. Therefore, it is not surprising to find a statistical difference between the
484 amount of MPFs extracted from the textiles with processed and unprocessed surfaces.

485 One of the most important findings in our study is that the amount of MPF extracted from textiles was
486 significantly influenced by the cutting method. From the SEM images, we know that the textile edges of
487 laser-cut samples exhibited a seal of molten polymer and the scissor-cut samples consisted of a large
488 number of open ends near the edge. Therefore, the major source of MPFs from laser-cut samples is the
489 surface and for the scissor cut ones the source is both the surface and the edges. We observed a much
490 higher number of extracted MPFs from all 12 scissor-cut samples compared to the laser-cut samples,
491 suggesting that the cutting method plays an important role in the number of MPF which can be extracted
492 from textiles. There is the possibility that the textile samples were contaminated by other fibers during
493 production or shipping. However, this contamination level should not be above the amount of extraction
494 from the laser-cut ones, which means the difference of extracted MPFs between the scissor- and laser-cut
495 samples was indeed due to the cutting method. Since cutting textiles is normally undertaken when
496 tailoring garments, as a consequence, tailoring could be jointly responsible for the formation of MPFs
497 present in garments.

498 There are two ways that scissor cutting can contribute to the MPFs extracted from textiles. One is that
499 cutting creates openings at the ends of the yarns by fraying, which enables the extraction of MPFs present
500 inside the yarn trapped during spinning. The other possibility is that the fibers are formed during the
501 cutting process itself. All knitted textiles share a basic loop structure. Therefore, cutting through the loops
502 may produce loose fiber fragments sitting on the edge that can easily be removed by extraction. For
503 woven textiles, the cutting line can pass at random fiber positions leading to the formation of MPFs. We
504 observed that the length of extracted MPFs from scissor-cut knit textiles was longer than those from
505 woven textiles. However, there is no difference between the two kinds of structures in terms of the number
506 of extracted MPFs.

507 Based on the results, we propose to use a combination of extractions from laser- and scissor-cut samples
 508 to develop an “extraction equation” for each textile (Equation 2):

$$\text{Extraction}_{\text{textile}} = \underbrace{\frac{\text{extraction}_{\text{laser}}}{\text{area}_{\text{sample}} * \text{mass}_{\text{sample}}}}_{\text{Extraction}_{\text{surface}}} * \text{area}_{\text{textile}} + \underbrace{\frac{\text{extraction}_{\text{scissor}} - \text{extraction}_{\text{laser}}}{\text{perimeter}_{\text{sample}} * \text{mass}_{\text{sample}}}}_{\text{Extraction}_{\text{edge}}} * \text{perimeter}_{\text{textile}}$$

509 Equation 2

510 where “extraction_{laser}” is based on the laser-cut samples and “extraction_{scissor}” on the scissor-cut samples.
 511 With this equation, we can predict the number of extracted MPFs from a larger piece of textile by
 512 considering both the surface area as well as the length of the edges (Table 2). The ratio of edge/surface
 513 release is between 3 for Fleece and 53 for Plain S. This procedure could be used as a standardized test that
 514 would be suitable to estimate the number of extractable MPFs present in textiles based on extraction of
 515 small textile swatches. For example, upscaling from the scissor-cut sample of 36 cm² to a fleece textile of
 516 1 m² (edge 4 m) would result in an extraction of approximately 2’234’000 MPFs. The influence of the
 517 area/perimeter ratio decreases with increasing surface area. For a 1 m² fleece textile, only 3% of the MPFs
 518 originated from the edge, but the percentage increases 50 times for a 0.01 m² textile. For Plain S, with the
 519 highest ratio of edge/surface, the corresponding release from a 1 m² piece would result in an extraction of
 520 180’000 MPF, with 56% of MPFs originating from the edge.

521
 522 Table 2. Estimated MPFs extracted per cm² surface area and per cm perimeter. The calculations were
 523 performed according to Equation 2 and based on the cumulative number of extracted MPFs.

Textile	Extraction from Surface	Extraction from edge	Ratio
	[MPF/(g*cm ²)]	[MPF/(g*cm)]	edge/surface [cm]
Twill F	3	27	9
Plain F	7	69	10
Satin F	7	86	12
Rib F	4	98	25
Plain S	3	159	53
Jersey S	12	268	22
Terry S	10	328	33
Rib S	17	518	30
Interlock S	11	556	51
Plain B	21	312	15
Fleece	300	781	3
Microfiber	313	1422	5

524
 525 In addition, it is interesting to note that although the length of extracted MPFs from different textiles
 526 exhibited a degree of variation, the majority of extracted MPFs shared a similar length range between 100

527 μm to 800 μm . The similarity in the length of extracted MPFs may be explained by the origins of MPFs.
528 We have identified that there are two plausible origins of MPFs in textiles. The first is a “liberation” of
529 existing MPFs which are produced during the manufacturing process. Although there are many textile
530 varieties for different purposes on the market, the manufacturing processes of slivers, yarns and textiles
531 are rather similar. Therefore, it is not surprising that the length of MPFs produced during the
532 manufacturing exhibit a high degree of similarity. The second origin of MPFs is suspected to be
533 “production” through the textile cutting process. Apart from the fact that there are many different textile
534 structures such as interlock, jersey, plain, and twill, there were often variations derived from some basic
535 structures. For example, all knitted textiles are knitted by the yarn following a meandering path to form
536 symmetric loops and all the woven textiles are made by two or more threads interlaced at a right angle.
537 This might be another reason that the length of MPFs is limited to a relatively narrow range.

538

539 **4.3. Comparison with previous studies on the MPF release from textiles**

540 Several studies have investigated the MPF release from synthetic textiles during washing, using either real
541 domestic washing machines (Browne et al., 2011; Dris et al., 2016; Hartline et al., 2016; McIlwraith et al.,
542 2019; Napper and Thompson, 2016; Sillanpaa and Sainio, 2017) or lab washing machines to simulate the
543 domestic washing process (Almroth et al., 2018; De Falco et al., 2018; Hernandez et al., 2017; Jonsson et
544 al., 2018). We cannot directly compare our numbers of extracted fibers to these studies or estimated
545 releases from different textiles during washing as the release mechanism may not be the same. Further
546 studies have to show how the extraction used in our work relates to the number of MPF released during
547 washing. Moreover, the MPFs can be also formed in the use phase of textiles. Therefore, the number of
548 the MPFs extracted in our study do not correspond to the total release including the use phase. The MPFs
549 extracted from textiles products may correlate with the MPF release during the first few washing cycles,
550 which needs to be confirmed in future studies.

551 However, several conclusions regarding the release mechanisms can still be made. Because the washing
552 studies investigated different textiles with various experimental setups and analytical methods, the amount
553 of MPFs released per wash reported varied, ranging from 0.012 mg/g (Pirc et al., 2016) to 3.3 mg/g
554 (Sillanpaa and Sainio, 2017), from 23 MPF/g (Pirc et al., 2016) to 1'273 MPF/g (De Falco et al., 2018).
555 Our work has shown that the type of textiles and the treatment of edges can also strongly influence the
556 magnitude of release. The material used in different studies varied from whole garments (Browne et al.,
557 2011; Hartline et al., 2016) to pieces of textiles (De Falco et al., 2018), to double folded and sewn edges
558 (Hernandez et al., 2017) to scissor-cut edges (Jonsson et al., 2018). These variables make it difficult to
559 directly compare the results amongst or between the studies with the data we have collected here. For

560 instance, we found that the MPF extracted from the scissor-cut Jersey S during the first extraction was 0.4
561 mg/g, which is much higher than the 0.1 mg/g release for the jersey textile per wash reported by
562 Hernandez et al. (2017), using doubled folded and sewn edges. Because we demonstrated the importance
563 of the cutting method and the ratio edge/surface is, different studies cannot be compared without a fully
564 standardized procedure.

565 While there are some studies quantifying the number or the mass of MPFs released during textile washing,
566 there is limited information regarding the length of MPFs released. A few recently published studies
567 provided more detailed length distributions of released MPFs by characterizing a larger number of MPFs
568 (De Falco et al., 2018; Hernandez et al., 2017; McIlwraith et al., 2019). Sometimes the length profile was
569 also provided in the form of a “size range” with intervals usually above 200 μm (Almroth et al., 2018;
570 Hartline et al., 2016). Some previous studies only suggested an average length of MPFs released by
571 sampling a limited number of MPFs on filters (Napper and Thompson, 2016; Pirc et al., 2016). The length
572 of the released MPFs ranged from 100 μm (Hernandez et al., 2017) to 25 mm (Pirc et al., 2016),
573 depending on the application of different filtering and analysis methods. The MPFs from our study fell
574 into a range between 100 to 800 μm which is in accordance with the findings by Hernandez et al. (2017)
575 and De Falco et al. (2018), using a similar filtration technique and analysis methods.

576

577 **4.4. Implications for the textile industry**

578 Our results confirm that a predominant fraction MPFs may already be present in textiles when
579 manufactured. The rotor yarn production method leads to the most important number of extracted MPFs
580 compared to the other yarns. This is a strong indication that the rotor spinning process may be a critical
581 stage responsible for the MPF formation during the yarn spinning. A more representative study on rotor-
582 processed yarns is now advised. Furthermore, a comprehensive investigation is needed to compare
583 different spinning methods, which requires the collaboration between industry and academia. A precise
584 location of the origin of MPFs in the production process will guide any future efforts to minimize MPF
585 release. Additionally, we observed that textiles with processed surface treatments (fleece, brushed surface)
586 exhibited a significantly higher release than the other types of textiles.

587 Furthermore, for all textile variants, the laser-cut samples demonstrated on average 17 times fewer
588 extracted MPFs than the scissor-cut ones, suggesting that adopting cleaner cutting methods (e.g. during
589 tailoring) is another option for the industry to help reduce the MPF release since the majority of the MPF
590 originates from the edges of the textile and not from the textile surface. Scrutinizing the cutting and
591 seaming processes thus offers another means to minimize MPF release from garments. Finally, our results

592 revealed a sharp decrease in the number of extracted MPF after the 1st extraction, which typically
593 accounted for more than 50% of the total number of fibers extracted. Therefore, prewashing cut textiles or
594 garments once at the factory and collecting the released MPFs before delivery to the customers may be an
595 efficient way to remove a large part of the present MPFs in the products, which was also suggested by
596 other researchers (Almroth et al., 2018).

597

598 **5. Conclusions**

599 Although there have been a number of textile washing/MPF release studies performed in the recent years,
600 the origins of MPFs released during the wash cycle has remained unclear. In this study, we have
601 developed an ultrasonic extraction method to extract and characterize MPFs already present in the textiles,
602 which was used to discern MPFs exclusively generated in the production process. A representative set of
603 18 polyester products along the textile production line was investigated. We found that the rotor spinning
604 and surface treatment are among the most critical steps responsible for the formation of MPFs during the
605 yarn production and textile production, respectively. Moreover, the cutting methods to create textile
606 swatches (and, to begin tailoring garments) had a significant influence on the number of extracted MPFs.
607 We used this insight to differentiate between surface- and edge- contributions of total MPF in the
608 extraction process.

609 Our results confirm the presence of MPFs in textiles throughout the manufacturing process. Since the first
610 extraction consistently released the majority of the total MPFs, we propose that prewashing textiles may
611 remove a significant portion of the production-initiated MPFs from a textile product at a point source (i.e.
612 the factory). However, it should be noted that MPF which are intrinsically in the textiles from the
613 manufacturing process do not necessarily influence the formation of additional MPF during washing,
614 wearing or the later use phase(s). Therefore, the number of the MPFs extracted in our study does not
615 correspond to the total release of MPFs from textiles during the whole life cycle. Instead, our results
616 confirm that it is analytically possible to discern between production-inherited MPF and those which are
617 produced as part of the use phase of the life cycle, which opens up new avenues to systematically study
618 release scenarios that include abrasive washing and usage.

619

620

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Declaration of interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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