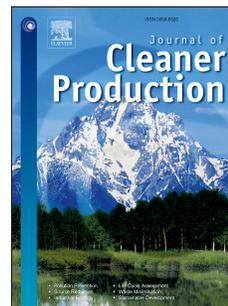


# Journal Pre-proof

Pursuing the route to eco-efficiency in dairy production: the case of Galician area

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## Author Statement

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### Authorship contributions

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#### Category 1

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Analysis and/or interpretation of data: A. Cortés; M. T. Moreira, G. Feijoo, M. Fernández

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1 **Pursuing the route to eco-efficiency in dairy production: the case of Galician area**

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## 1 Pursuing the route to eco-efficiency in dairy production: the case of Galician area

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### 8 Abstract

9 The search for more efficient and sustainable processes has become the cornerstone of any  
10 production system. It is within this framework that it is highly relevant to propose improvement  
11 actions based on a detailed eco-efficiency analysis of different facilities so that roadmaps for  
12 more sustainable processes are considered. The joint use of Life Cycle Assessment (LCA) and  
13 Data Envelopment Analysis (DEA) appears to be an appropriate methodology to assess the eco-  
14 efficiency of multiple units, providing targets and benchmarks for inefficient ones. This work  
15 advances in this direction by integrating both analysis methodologies in the calculation of  
16 environmental indicators associated with milk production for a large group of farms, nearly 100  
17 decision-making units. Twenty-one dairy farms were identified as efficient, and the average  
18 efficiency score of the inefficient farms was 0.58. Based on the comparison of current operation  
19 levels with target levels, it was possible to quantify average reductions of up to 53% for input  
20 consumption levels, resulting in average impact reductions of 49% in carbon footprint and 55%  
21 in water footprint. Comparing the outcomes of this study with those reported in 2011 for  
22 Galician farms (Northwest Spain), a slight decrease in eco-efficiency was noted in the dairy  
23 sector. This study shows how the Galician dairy sector must address sustainable development  
24 objectives, especially those established in Agenda 2030 to achieve constant improvement and  
25 sustainable and efficient production.

### 26 Keywords

27 Life Cycle Assessment; Data Envelopment Analysis; Dairy farms; Eco-efficiency; Carbon  
28 footprint; Water footprint

## 29 **1. Introduction**

30 The concept of sustainable development is only possible if all people are food secure and well-  
31 nourished (Caron et al., 2018). The world population is expected to increase to 9.7 billion  
32 people by 2050 (United Nations, 2017), which implies that the demand for food will increase by  
33 70% (FAO, 2012). This growth framework must be materialised in active and concrete policies  
34 developed to reduce environmental impacts in food production, in order to ensure a constant and  
35 sustainable production chain (Coscieme et al., 2020).

36 The environmental impacts of the food industry are largely driven by livestock production,  
37 which accounts for 3-8% of total energy consumption and emits 14.5% of total anthropogenic  
38 GHG emissions worldwide (Eurostat, 2020), associated with emissions of nitrous oxide (N<sub>2</sub>O)  
39 and methane (CH<sub>4</sub>) from enteric fermentation, fertilisation activities and manure storage  
40 (Aguirre-Villegas et al., 2015). Despite their relevance, the impacts of this sector on other  
41 environmental aspects, such as eutrophication, acidification and water scarcity, should not be  
42 ignored (González-García et al., 2013).

43 Today, milk is one of the most widely produced foods in the world (Üçtuğ, 2019), with dairy  
44 products being a fundamental pillar of the human diet (Wang et al., 2018). In the context of the  
45 European Union, Spain is the seventh largest producer of cow milk, with 5% of the total  
46 (Eurostat, 2019). In Spain, the dairy sector is the second most important of all the livestock  
47 sectors. The latest data published by the Spanish Agrarian Guarantee Fund (FEGA, 2019) show  
48 that the Spanish dairy industry processes more than 7 million m<sup>3</sup> of milk. Galicia, a region in  
49 northwest Spain, produces 38% of the national milk production (MAPA, 2019), making it the  
50 ninth largest dairy region in Europe, with a remarkable turnover of 800 million euros and more  
51 than 25,000 people employed. Given this context, it is desirable to propose strategies for  
52 environmental improvement in livestock and milk production.

53 Among the different methods to evaluate the environmental performance of milk production,  
54 Life Cycle Assessment (LCA) has been applied in recent years for a wide range of production  
55 systems in different countries (Baldini et al., 2020; Berton et al., 2020; Djekic et al., 2019; Egas  
56 et al., 2020; Escribano et al., 2020; Famiglietti et al., 2019; Knudsen et al., 2019; Woldegebriel  
57 et al., 2017). Noya et al. (2018) evaluated the environmental burdens of milk production in  
58 facilities of Northeast Spain. Although a wide range of environmental indicators were  
59 calculated, the study focused mainly on the water footprint according to the Water Footprint  
60 Network (WFN). The capital importance of feed production in the water footprint was  
61 demonstrated due to characterisation factors of agricultural products. Baldini et al. (2018)  
62 compared the environmental profile of three Italian dairy farms within two different scenarios.  
63 On one side, the direct gaseous emissions were estimated according with the Intergovernmental  
64 Panel on Climate Change (IPCC) and European Environmental Agency (EAA) guidelines. On  
65 the other hand, emissions measured in other papers were taken as input data to quantify the  
66 emissions associated to manure management. The results showed the importance of the  
67 emission factors since IPCC equations underestimated manure management emissions while  
68 overestimated ammonia related emissions. Pirlo and Lolli (2019) carried out a different  
69 comparison, eight conventional and six organic dairy farms from Italy. This study concluded that  
70 conventional production is slightly higher than organic (9,004 vs. 7,736 kg/cow per year,  
71 respectively). However, the differences in environmental impacts in terms of GWP, ACP and  
72 EUP categories were not significant. Other authors focus their research on establishing the  
73 environmental performance of milk production based on a single indicator. Thus, numerous  
74 papers on carbon footprint (Finnegan et al., 2017; Horrillo et al., 2020; Laca et al., 2020; Morais  
75 et al., 2018; Vida and Tedesco, 2017) or water footprint (Lu et al., 2018; Mekonnen et al., 2019;  
76 Payen et al., 2018; Usva et al., 2019) were published in recent years.

77 All these studies present differences in the selection in the FU, system boundaries, allocation  
78 factors... These are precisely the characteristics that make LCA a versatile tool, but whose  
79 methodology still lacks a comprehensive approach to milk production systems.

80 Since the use of high-quality data is essential for a study to be transparent and reliable, it is  
81 often necessary to collect inventory data from different similar facilities to ensure the  
82 representativeness of the data. A common solution for managing a large volume of data is to  
83 establish an average. However, the high degree of variability that results from such a system can  
84 lead to uncertainty in the results obtained. An alternative approach to dealing with these cases is  
85 to conduct individual analyses for each inventory. However, this approach makes the results  
86 difficult to interpret. It is therefore necessary to use methodologies that allow performance  
87 indicators to be determined for the operating system as a whole, considering all facilities. Data  
88 Envelopment Analysis (DEA) is a linear programming based technique to assess the relative  
89 efficiency of a set of similar units known as Decision Making Units (DMU), which considers  
90 multiple inputs and multiple outputs simultaneously (Cooper et al., 2007). This is how the  
91 combined use of the LCA and DEA methodologies came about, which allows for the  
92 assessment of the eco-efficiency of similar production systems that enables the environmental  
93 and operational assessment of similar production systems. According to the World Business  
94 Council for Sustainable Development (WBCSD), eco-efficiency is defined as "the delivery of  
95 competitively priced goods and services that satisfy human needs and provide quality of life,  
96 while progressively reducing ecological impacts and resource intensity throughout the life-  
97 cycle, to a level at least in line with the earth's estimated carrying capacity" (Schmidheiny et al.,  
98 2000), or more generally "doing more with less".

99 The first joint use of these two methodologies dates from a scientific publication in which a 3-  
100 step procedure was established to determine a relationship between operational efficiency and  
101 the environmental impacts of a sample of 62 mussel cultivation racks (Lozano et al., 2009).  
102 Over time, other researchers have expanded and improved this methodology to a 5-step method  
103 that allows for the environmental assessment of current and virtual DMUs. This 5-steps method  
104 has been widely applied in different production systems: WWTPs (Lorenzo-Toja et al., 2015),  
105 organic blueberry orchards (Rebolledo-Leiva et al., 2017), grape production (Mohseni et al.,  
106 2018), grocery stores (Álvarez-Rodríguez et al., 2019) or farm-scaled biogas plants (Lijó et al.,

107 2017). This methodology was applied to Galician dairy industry in 2011 to evaluate the eco-  
108 efficiency of a set of 72 farms (Iribarren et al., 2011). This study demonstrated that farm size  
109 had no influence on the efficiency score. However, there was a tendency for small inefficient  
110 farms to perform worse than medium and large farms.

111 The main objective of this study focuses on the application of LCA + DEA methodology to a  
112 group of 96 dairy farms throughout Galicia to evaluate the eco-efficiency of the Galician dairy  
113 sector. This last decade has been strongly influenced by a society concerned for sustainable  
114 production, which causes consumers to be increasingly demanding with environmental aspects  
115 in production methods. A secondary objective is to establish the “hot-spots” in milk production  
116 process by determining two widely used environmental indicators: Carbon Footprint (CF) and  
117 Water Footprint (WF).

## 118 **2. Materials and methods**

### 119 *2.1. Definition of the case study*

120 Galicia is the leading Spanish autonomous regions in milk production at national level since  
121 2001, with 38% of the total Spanish production. In fact 39% of the Spanish dairy farms are  
122 located in the Galician region (MAPA, 2019). The dairy industry is the most important food  
123 industry sector in Galicia, followed in terms of turnover by the canning industry (Torres López  
124 et al., 2017). Galician dairy farms are characterised, like all agricultural and livestock farms, by  
125 a great variability in the consumption of materials and production models (Aguirre-Villegas et  
126 al., 2017). Thus, it is necessary to include as many farms as possible in the analysis so that the  
127 sample is characteristic of the Galician dairy sector. Taking this premise as a key element in the  
128 analysis, 96 farms distributed throughout Galicia were considered. All the farms studied have an  
129 agricultural area around the farm within a 5 km radius to grow mainly corn and grass, which is  
130 subsequently stored in silos and used as cattle feed. This agricultural land is managed by the  
131 farmers themselves and was included within the system boundaries. In this way, the processes  
132 of grass and maize cultivation were modelled considering the use of machinery, the time of use  
133 per hectare, the consumption of diesel and other materials, such as fertilizers or agrochemicals.

134 In some cases, dry grass is also cut for hay production. All farms also use concentrate as cattle  
135 feed, to a greater or lesser extent. The composition of this feed is variable for dairy cows, dry  
136 cows and heifers, but in general it is composed of 30%, 26%, 17% and 12% maize, soybean,  
137 rapeseed and barley respectively, in addition to other minor components.

138 The size of the different farms is variable; the smallest farm is composed of 13 animals with  
139 annual production around 20,000 kg of milk, while the largest farm has 520 animals and  
140 produces 3,000,000 kg of milk per year. Although milk is the main objective of the farms, meat  
141 production should not be neglected. Thus, the production obtained from old cows slaughtered  
142 for meat has been considered a co-product of the farms.

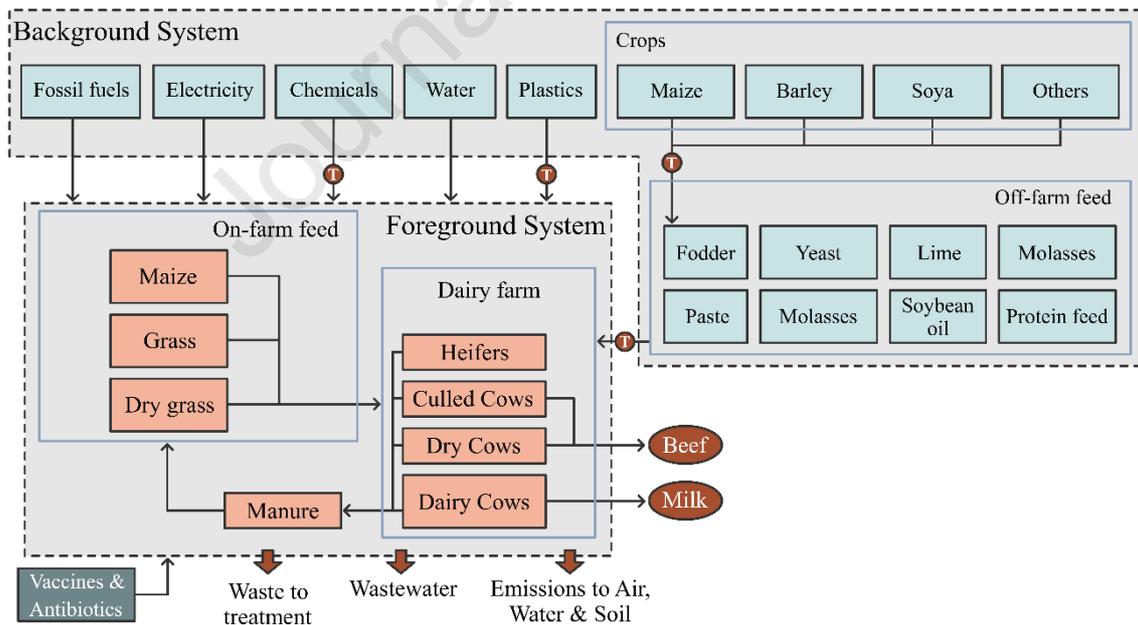
143 In relation to manure management, due to its high amount of nutrients, it is used as an organic  
144 fertiliser in the agricultural land. The direct emissions produced during the storage of the  
145 manure and its subsequent application to the land have been estimated. Infrastructure related to  
146 the farm has not been included, as it has an impact that can be considered insignificant  
147 throughout its useful life (Castanheira et al., 2010; de Léis et al., 2015). However, the  
148 manufacture of tractors and implements used in crops has been computed within the production  
149 of on-farm feed (grass and maize). The main characteristics of each of the farms evaluated  
150 (number of animals and production of milk and meat) can be found in Table S1 of the  
151 Supplementary material.

## 152 *2.2. LCA methodology*

153 Life Cycle Assessment is a fundamental element as a tool to determine the impacts and give a  
154 global vision of the environmental performance of Galician dairy farms. The environmental  
155 performance of dairy farms was analysed, and the main “hotspots” of the process were  
156 determined using LCA methodology. The methodology followed the principles established in  
157 the ISO 14040 and 14044 standards for CF and 14046 standard for WF.

### 158 *2.2.1. Goal and scope definition*

159 The main objective of the study is to determine the evolution of eco-efficiency in milk  
 160 production in Galicia by comparing the outcomes of the analysis with those reported in 2011.  
 161 To this end, the environmental impacts of a model farm will be analysed to determine which  
 162 elements are the determining factors in the environmental impact and in the eco-efficiency  
 163 score. The study was carried out under a “cradle-to-gate” perspective. Figure 1 is a block  
 164 diagram of an average farm, representative of the set of installations evaluated, in which the  
 165 limits of the system are identified, as well as the main elements, inputs and outputs. All relevant  
 166 processes related to milk production, including energy and material consumption during milking  
 167 and farming activities were considered such as electricity for machinery use and lighting and  
 168 different cleaning and chemical agents: detergent, sealer, acid solution or disinfectant. In  
 169 addition, other inputs considered were the production of feed, paper, plastic for silos, containers  
 170 for chemical products, refrigerant and the management of the waste produced, and transport  
 171 activities. Gaseous emissions from enteric fermentation, storage of manure and its application as  
 172 organic fertiliser for crops were estimated.



173

174 **Figure 1.** System boundaries for the dairy farm model evaluated in this study. Legend: T:

175 Transport.

176 2.2.2. Functional Unit (FU) and allocation approach

177 In the present study, following the guidelines of IDF (2015) when a study is conducted on-farm,  
 178 the quantity of Fat- and Protein- Corrected Milk (FPCM) produced in one year, corresponding  
 179 to the campaign Apr18/Mar19, has been taken as the functional unit (FU). To convert the raw  
 180 milk weight to FPCM, Eq. (1) was followed:

$$181 \quad \text{FPMC (kg/yr)} = P \text{ (kg/yr)} * [0.1226*FC\% + 0.0776*PC\% + 0.2534] \quad (1)$$

182 Where: P: Production; FC: Fat content; PC: Protein content.

183 In accordance with ISO standards, the allocation of environmental loads should be avoided as  
 184 much as possible by giving priority to the division of units into subsystems or the expansion of  
 185 the system boundaries to include other co-production functions. However, since the units  
 186 assessed are considered to have a multi-output system, allocation is unavoidable. Following the  
 187 guidelines of IDF (2015), biophysical allocation between the two products produced – milk and  
 188 meat – has been considered, according to Eq. (2) and Eq. (3):

$$189 \quad AF_{MILK} = 1 - 6.04 * BMR \quad (2)$$

$$190 \quad AF_{MEAT} = 1 - AF_{MILK} \quad (3)$$

191 Where:  $AF_{MILK}$  is the allocation factor for milk; BMR is the ratio  $M_{MEAT}/M_{MILK}$ ;  $M_{MEAT}$  is the  
 192 sum of live weight of all animals sold; and  $M_{MILK}$  is the sum of total FPMC.

193 Section S2 of the Supplementary material shows the economic, mass, and biophysical allocation  
 194 factors calculated for each farm.

### 195 *2.2.3. Data collection*

196 The quality of the inventory data is a key element in ensuring the accuracy and reproducibility  
 197 of LCA studies. A consistent environmental assessment requires high quality baseline data. To  
 198 ensure this data quality, priority should be given to the use of primary sources, minimising as  
 199 far as possible the use of secondary data from databases and/or similar sources. In this context,  
 200 most of the information provided in the life cycle inventory was constructed from primary data  
 201 collected through questionnaires completed by workers. These questionnaires collect  
 202 information on all relevant aspects of the farm, such as operational characteristics, general data

203 on location and degree of technology used, number of animals in the farm, feed consumption,  
204 use of machinery or production of waste, corresponding to the campaign Apr18/Mar19.

205 The life cycle inventories of the background system (chemicals, fossil fuels, electricity, water...)  
206 were taken from the Ecoinvent® database version 3.5, considering the consumption of each  
207 element according to the information collected in the questionnaires. In this way, the processes  
208 of electricity production (Spanish electricity mix), cleaning agents, fuels, lubricants, fertilisers  
209 pesticides correspond to Ecoinvent inventory data (Althaus et al., 2007; Dones et al., 2007;  
210 Hischer, 2007; Spielmann et al., 2007). Regarding livestock feed, two main sources for feed  
211 production were considered:

212 - Concentrate, which is formulated with the same composition as considered in Iribarren  
213 et al. (2011). Thus, a content of 30% maize, 26% soybean, 17% rape meal, 12% barley  
214 and 2% wheat were considered, as well as a certain amount of chemicals and additives.  
215 The production of the background processes was taken from the Ecoinvent database.

216 - Another source of livestock feed is grass and maize grown by farm owners on the  
217 surrounding farmland. These productions were modelled individually considering the  
218 primary information provided by the farmers. The fuel consumption for the machinery  
219 used on the crops was calculated based on the working capacity of the machinery at  
220 each stage (h/ha) and the corresponding fuel consumption (l/h). The activities  
221 considered in each of the crops have been the typical stages of any cereal crop: organic  
222 fertilisation, land clearing, grading, sowing, irrigation, weed control, mineral  
223 fertilisation, harvesting and storage (Noya et al., 2015). In addition, direct emissions  
224 related to diesel combustion in agricultural machinery during cultivation activities were  
225 also estimated from the Ecoinvent database -*Diesel, burned in agricultural machinery*-  
226 (Nemecek and Käggi, 2007). In some cases, the own agricultural production does not  
227 meet the requirements for feeding livestock. A common practice among Galician farms  
228 in this case is to gain surplus production from nearby farms. In these cases, and given  
229 that the production of neighbours can be considered similar, no differentiation was

230 made between the maize or grass produced but feed transport to the farm was taken into  
231 account.

232 In some cases, farmers allow their cattle to graze for a few hours a day. In addition, those farms  
233 did not report any material consumption related to those pastures. According to the information  
234 provided by the farmers, in any case, these grazing lands do not require any care or consumption  
235 of materials. For this reason, no environmental burdens were specifically attributed to grazing  
236 land, though animal emissions with grazing feed intake are fully accounted for within the annual  
237 per-head emission factors applied.

238 Finally, emissions of methane ( $\text{CH}_4$ ), dinitrogen monoxide ( $\text{N}_2\text{O}$ ) were obtained following the  
239 guidelines established by the Intergovernmental Panel on Climate Change (IPCC, 2006).  $\text{CH}_4$   
240 emissions from enteric fermentation as well from manure storage and subsequent field  
241 application were calculated by combining the Tier 1 method and primary data collected through  
242 questionnaires. Direct nitrogen emissions during manure management and soil application were  
243 also calculated, following the Tier 1 approximation due to lack of reliable data. Indirect nitrogen  
244 emissions in form of  $\text{NH}_3$  and  $\text{NO}_3^-$  were also estimated (Denier van der Gon and Bleeker,  
245 2005). In more detail, Section S3 of the Supplementary Material lists the procedures followed in  
246 accordance with the IPCC guidelines for the estimation of gaseous emissions.

#### 247 2.2.4. Life cycle inventory

248 It is important to highlight the significant volume of data handled in this study, corresponding to  
249 96 farms. The inventories were classified according to farm size and total milk production.  
250 Thus, small farms with a production below  $400 \text{ m}^3$ , medium farms between  $400$  and  $1,000 \text{ m}^3$   
251 and large farms for production above  $1,000 \text{ m}^3$ . In this study, the impacts of the life cycle of a  
252 simulated farm were evaluated in detail (Table 1). This simulated farm corresponds to an  
253 average farm of all farms included in the medium size. Medium size farms were chosen for this  
254 purpose due to this size is the most numerous within the sample evaluated. However, this life  
255 cycle environmental impact analysis was carried out for each of the 96 farms evaluated.

256

257 **Table 1.** Life cycle inventory data per functional unit (the quantity of FPCM produced during  
 258 the campaign Apr18/Mar19)

<b>Inputs from Environment</b>			
<b>Raw materials</b>	<b>L</b>	<b>Land</b>	<b>ha</b>
Water	3,110,141	Crops	48
<b>Inputs from Technosphere</b>			
<b>Animal feed</b>	<b>kg</b>	<b>Crops</b>	<b>ha</b>
Concentrate dairy cow	249,363	Maize	21
Concentrate dry cow	6,507	Grass	27
Concentrate heifer	32,422		<b>kg</b>
Straw	62,279	Seeds	1,541
<b>Cleaning agents</b>	<b>L</b>	<b>Plastics</b>	<b>kg</b>
Detergent	2334	Silage plastic	807
Acid solution	98	Bottles	137
Disinfectant	112	<b>Fossil fuels</b>	<b>L</b>
	<b>kg</b>	Lubricant oil	60
Kraft paper	122		<b>kg</b>
Sealer	237	Diesel	2,678
<b>Chemicals</b>	<b>L</b>	<b>Energy</b>	<b>kWh</b>
Refrigerant	1	Electricity	27,645
Pesticide	68		<b>kg</b>
	<b>kg</b>	Butane	26
Mineral fertiliser	18,29	<b>Transport</b>	<b>t·km</b>
Calcium carbonate	26,763	Lorry	28,829
<b>Outputs to Environment</b>			
<b>Air emissions</b>	<b>kg</b>	<b>Water emissions</b>	<b>kg</b>
CH <sub>4</sub> -enteric fermentation	10,000	NO <sub>3</sub> <sup>-</sup> -manure management	408
CH <sub>4</sub> -manure management	2,100	NO <sub>3</sub> <sup>-</sup> -soil management	8756
N <sub>2</sub> O-manure management	29		
NH <sub>3</sub> -manure management	1,006		
N <sub>2</sub> O-soil management	576		
NH <sub>3</sub> -soil management	2,161		
<b>Outputs to Technosphere</b>			
<b>Products</b>	<b>kg</b>	<b>Waste to treatment</b>	<b>kg</b>
FPCM	654,441	Plastics to recycling	944
Beef	3,514.30	Paper to recycling	124
<b>Co-products</b>	<b>m<sup>3</sup></b>	Municipal Solid Waste	201
Manure	2,686		<b>m<sup>3</sup></b>
		Wastewater	759

259

260 2.2.5. *Impact assessment*

261 The selected assessment method for the calculation of the environmental impacts of the system  
262 was the ReCiPe Midpoint (H) (Huijbregts et al., 2016). In particular, the impact assessment step  
263 followed the guidelines established in the ISO standards (ISO 14040, 14044, 14046). ISO 14046  
264 states that, to calculate the water footprint of the system, an environmental study based on ISO  
265 14040 and ISO 14044 standards must be carried out and, in the impact stage, categories related  
266 to water consumption must be analysed. Therefore, the environmental results have been  
267 presented in terms of Global Warming and Water Consumption impact categories for the  
268 estimation of the CF and WF indicators, respectively. The inventories were carried out using  
269 Simapro 9.0 software (PRé Consultants, 2017).

### 270 *2.3. Description and selection of DEA methodology*

271 Data Envelopment Analysis (DEA) is a methodology based on linear programming models. The  
272 most widely used models are the slacks-based measure of efficiency (SBM), as it allows  
273 efficiency scores to be calculated independently of the units of measurement used for the set of  
274 inputs and outputs (Tone, 2011). Another feature of this model is that it follows a non-radial  
275 approach, assuming conditions of convexity and scalability to obtain the efficient production  
276 frontier (Lozano and Gutiérrez, 2011). In addition, the SBM model provides targets to reduce  
277 inputs and/or maximise outputs based on the difference with the efficient production frontier  
278 established by the model, so this model is ideal for analysing data from matrices with low or no  
279 correlation between their elements (Lijó et al., 2017). The specific DEA model used in this  
280 work was an input-oriented SBM model with constant returns to scale (SBM-I\_CRS). The same  
281 model as that used by Iribarren et al. (2011) was chosen in order to establish a consistent  
282 methodological basis on which to compare the results obtained and establish a time trend. The  
283 computational implementation of the DEA matrix in the SBM-I model was performed through  
284 the DEA-solver Pro software (Cooper et al., 2007).

### 285 *2.4. LCA + DEA framework*

286 In this study, the five-step LCA + DEA method (Vázquez-Rowe et al., 2012) was selected to  
287 assess the eco-efficiency of 96 dairy farms, allocating each farm as one DMU. Is important to

288 note that DEA and LCA input/output elements are not the same. The limits of the LCA are  
289 broader than the considered in the DEA. Thus, the selection of the elements included in the  
290 DEA was based on the importance in the environmental profile. The DEA matrix was  
291 completed in order of priority, from those with the greatest impact on the environmental profile  
292 to the elements with least influence. A reasonable number of inputs and outputs that allow the  
293 convergence of the model were taken into account considering the total number of DMUs  
294 analysed. The DEA matrix was composed of 7 inputs: i) concentrate (kg), ii) grass silage  
295 (kWh), iii) maize silage (kg), iv) electricity (kWh), v) diesel (kg), vi) silage plastic (kg) and vii)  
296 water (m<sup>3</sup>); and 5 outputs, four of them undesirable and one product: i) CH<sub>4</sub> (kg), ii) N<sub>2</sub>O (kg),  
297 iii) NH<sub>3</sub> (kg), iv) wastewater (m<sup>3</sup>) and v) raw milk (m<sup>3</sup>). It is important to note that the direct  
298 emissions and the wastewater have been modelled as inputs (Lozano et al., 2009). The complete  
299 DEA matrix is shown in Section S4 of the supplementary material.

### 300 **3. Results and discussion**

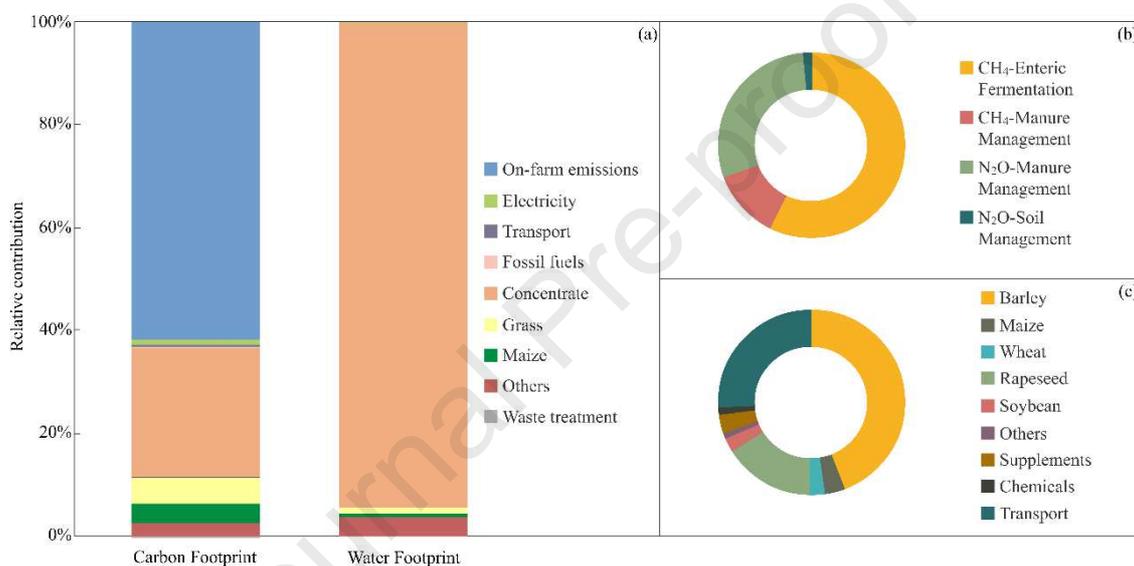
#### 301 *3.1. Carbon and water footprint of an average medium-size dairy farm*

302 Figure 2 shows the distribution of the different elements that contribute to the carbon and water  
303 footprints associated with the operation of a dairy farm. The carbon footprint is 1.33 kg CO<sub>2</sub> per  
304 kg of FPCM, while the water footprint is 52.5 L per kg of FPCM. To facilitate analysis, some of  
305 the inputs were grouped into global elements:

- 306 - **Waste treatment:** This category includes both the treatment of solid waste produced on  
307 the farm and the treatment of the wastewater generated. Solid waste includes plastic  
308 packaging, paper and cardboard waste and municipal solid waste.
- 309 - **Fossil fuels:** It includes the production of diesel, lubricating oil and butane. It is  
310 important to note that the diesel quantified in this category is different from that used for  
311 crops, which is considered in animal feed category. The diesel considered in this category is  
312 used for non-feed related activities, such as mixing operations or additional machinery.
- 313 - **On-farm emissions:** This element is composed of direct emissions of CH<sub>4</sub>, N<sub>2</sub>O, NH<sub>3</sub>  
314 and NO<sub>3</sub><sup>-</sup> directly derived from enteric fermentation, slurry management and soil

315 application. This category also included emissions derived from diesel consumption in  
 316 different operations than feeding. It is important to differentiate the environmental impacts  
 317 from production and combustion of diesel. Environmental burdens of diesel production are  
 318 quantified in animal feed or fossil fuels categories, depending on diesel use. While gas  
 319 emissions from diesel combustion are considered within this category.

320 - **Others:** It includes the rest of the elements inventoried on the farm that are not included  
 321 in another category, highlighting the production and use of detergent, acid solution,  
 322 disinfectant, sealant, plastics, refrigerants, etc.



323  
 324 **Figure 2.** Contribution of the most relevant processes in milk production. (a) Environmental  
 325 profile and distribution of impacts in terms of carbon and water footprint; (b) Breakdown of  
 326 carbon footprint of on-farm emissions and (c) breakdown of water footprint of the concentrate.

327 Most of the contribution of GHG emissions (64.9%) was linked to on-farm emissions, mainly  
 328 CH<sub>4</sub> and N<sub>2</sub>O, from enteric fermentation and manure management (Figure 2.b). In fact, the  
 329 contribution of enteric fermentation, manure management and feed production stand out in the  
 330 environmental profile of milk production. This result is in line with other previously published  
 331 results, which establish these same elements as those with the highest environmental impact in  
 332 the dairy industry (Famiglietti et al., 2019; Pirlo and Lolli, 2019; Vida and Tedesco, 2017).  
 333 Other previous studies obtained similar carbon footprint values to those obtained in this study,

334 despite small differences in the system boundaries, the allocation factors and the inventory data  
335 used. Thus, Noya et al. (2018) obtained a value of 1.32 kg CO<sub>2</sub> eq per kg of FPCM for a similar  
336 sized farm located in Catalonia. Similar values were found in a study conducted in the  
337 Netherlands, with values of about 1.4 kg CO<sub>2</sub> per kg of FPCM (Thomassen et al., 2008).  
338 However, the CF of this farm was higher than the results of 1.02 kg CO<sub>2</sub> eq per kg of FPCM  
339 reported by Aguirre-Villegas et al. (2015) or 1.11 kg CO<sub>2</sub> eq per kg FPCM reported by Vida and  
340 Tedesco (2017). These studies, despite the subtle differences in the data inventory used, have in  
341 common the use of economic or biologic allocation between milk and meat production.

342 While other studies using other types of allocation obtained significantly different values, de  
343 Léis et al. (2015) reported values of 0.78 kg CO<sub>2</sub> eq per kg of Energy Corrected Milk (ECM)  
344 using mass allocation while Castanheira et al. (2010) obtained as result 0.72 kg CO<sub>2</sub> eq per kg  
345 of raw milk eq with economic-allocation. These different results from different LCA studies can  
346 be compared with caution due to the differences between the specific methodologies and  
347 assumptions used, although the general principles may be common (Mc Geough et al., 2012).  
348 Most of the studies consulted use as FU the production of a certain amount (usually 1 kg) of  
349 FPCM, so is possible to carry out direct comparison with most of the studies.

350 In terms of water footprint, as observed in Figure 2.c, the impact is practically focused on feed  
351 production (90.7%), which is logical since this element encompasses the production of different  
352 crops for animal feed (barley, soybean, maize or rapeseed). This relative contribution is in line  
353 with a previous study on the calculation of the water footprint in a dairy farm in Catalonia  
354 (Noya et al., 2018), in which it was determined that feed production represents 99% of the total  
355 water footprint.

356 However, comparing the water footprint is an extremely complex task, as there is no  
357 standardised method, as there is for the carbon footprint. Although in Noya et al. (2018), the  
358 contribution of feed is similar, the water footprint was quantified according to the Water  
359 Footprint Network (WFN), which is a completely different methodology to ISO 14046, so the  
360 two absolute values cannot be compared. A similar case was reported in Payen et al. (2018),

361 which analysed two farms located in different regions of New Zealand. A system very similar to  
362 that of the present study was established, as it included the production of cereals and crops for  
363 animal feed, the production of different materials such as fertilisers, pesticides, fuels, etc.  
364 However, the abovementioned manuscript reported values of 726 and 537 L per kg FPCM, for  
365 the 53 L estimated here. The difference lies mainly in the different methods used, since Payen et  
366 al. (2018) use the Available Water Remaining (AWaRe) methodology.

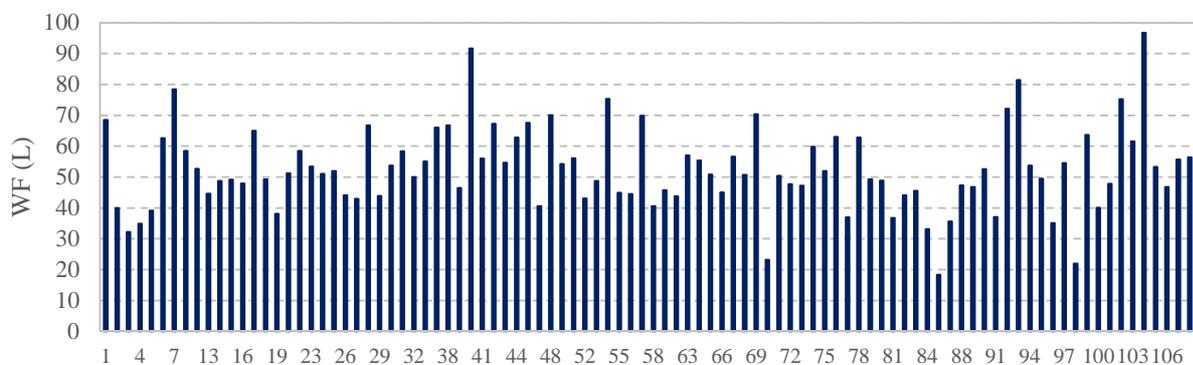
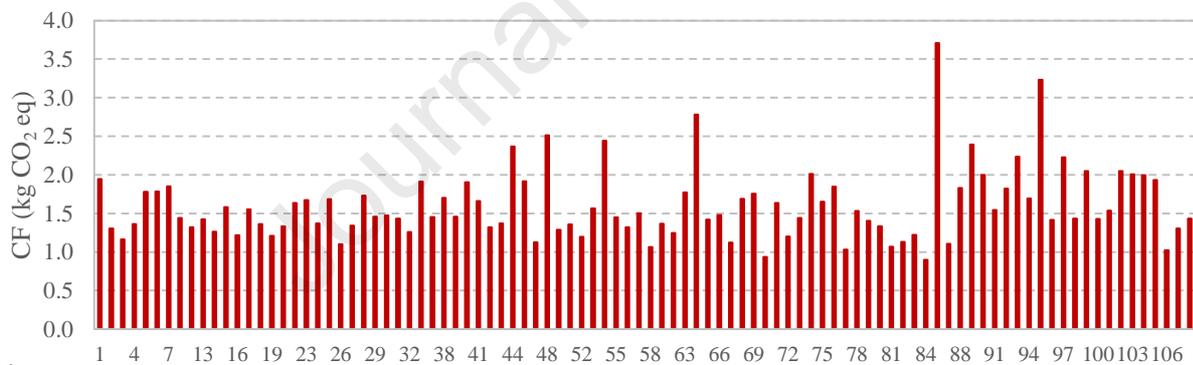
367 Figure 2 also shows the breakdown of water footprint elements. It can be seen that most of the  
368 environmental impact (70%) comes from the cultivation of agricultural products (mainly barley,  
369 maize, wheat, rapeseed and soybean). However, it is the barley crop that has the greatest impact  
370 on this indicator, mainly because it has a high irrigation rate ( $0.75 \text{ m}^3$  per kg product) and  
371 because it is the majority component of feed within the agricultural products. While the  
372 irrigation rate of wheat is similar ( $0.71 \text{ m}^3/\text{kg}$ ), the proportion in feed is much lower, and the  
373 irrigation in maize is practically negligible (only  $0.05 \text{ m}^3/\text{kg}$ ). Another remarkable element is  
374 the transport of raw materials (mainly those same agricultural products), by transoceanic freight  
375 ship. This fact demonstrates the need for a local feed supply that avoids the massive transport of  
376 raw materials and products.

### 377 *3.2. Environmental characterisation of dairy farms*

378 The environmental results obtained for the complete set of farms evaluated are depicted in  
379 Figure 3. The results are highly variable, ranging from 0.9 to 3.71 kg CO<sub>2</sub> eq per kg FPCM in  
380 the case of carbon footprint and from 18.4 to 96.7 L per kg FPCM in terms of water footprint.  
381 The average carbon footprint of the complete sample was 1.6 kg CO<sub>2</sub> eq per kg FPCM, a  
382 relatively high value, since the DMUs with the worst environmental results were included  
383 within the set. The results obtained for DMUs 85, 95 and 64 are noteworthy, with CF values of  
384 3.71, 3.23 and 2.78 kg CO<sub>2</sub> eq per kg FPCM, respectively. The case of DMU 85 is remarkable  
385 since it is a farm with certified organic production that does not use concentrate for animal feed.  
386 However, the carbon footprint presents poor results when put in perspective with a low milk  
387 production. The average CF result is within the range of 1.1-1.7 kg CO<sub>2</sub> eq per kg of milk

388 quantified in Baldini et al. (2018) and Famiglietti et al. (2019). Once again, the high variability  
 389 in the determination of the environmental impacts of this productive activity is evident.

390 Regarding water footprint results, DMUs 104 and 40 stand out with 96.74 and 91.67 L per kg of  
 391 FPCM, respectively. These results can be linked to concentrate consumption, which is a key  
 392 factor in the environmental impact of dairy farms in terms of their water footprint. On the  
 393 opposite, DMUs 70, 85 and 98 can be highlighted for their low water footprint. In fact, these  
 394 three farms have crop/concentrate feed ratio over 86%, reaching 100% in the DMU 85.  
 395 Moreover, if a ratio of concentrate/m<sup>3</sup> milk produced is calculated, these DMUs present the  
 396 lowest values, always below 260 kg of forage per m<sup>3</sup> of raw milk, while the average for the  
 397 entire sample is 435 kg of forage per m<sup>3</sup> of raw milk. As can be observed in Figure 3, there is no  
 398 clear relationship between the two indicators used. CF mainly depends on direct emissions,  
 399 which are related to the livestock and manure produced, while WF depends on 90% of the  
 400 consumption of feed.



403 **Figure 3.** Carbon footprint (top) and water footprint (below) per kg of FPCM produced across  
 404 the sample dairy farms

405 *3.3. DEA computation and efficiency scores*

406 In order to compute the efficiency scores and the operational benchmarks, the DEA matrix  
 407 (Table S3 of Supplementary material) was implemented in the optimisation model. Table 2  
 408 presents the efficiency scores computed for the dairy farms. Section S4 of Supplementary  
 409 material presents the target reduction percentages relative to original values for all the inputs  
 410 considered in the analysis.

411 **Table 2.** Efficiency scores ( $\Phi$ ) for the sample of dairy farms

DMU	$\Phi$										
1	0.33	20	0.58	40	0.54	58	1	76	0.33	93	0.29
2	0.68	22	0.70	41	1	59	0.53	77	0.67	94	0.22
3	0.43	23	0.78	42	0.66	62	0.51	78	0.49	95	0.12
4	0.35	24	1	43	1	63	1	79	0.61	96	0.41
5	0.46	25	0.62	44	0.31	64	1	80	0.50	97	0.24
6	0.42	26	0.94	45	0.33	65	0.44	81	1	98	1
7	0.31	27	0.64	46	1	66	0.40	82	0.57	99	0.25
8	0.44	28	0.47	48	0.14	67	1	83	1	100	0.65
12	0.61	29	0.67	50	0.64	68	1	84	1	101	0.57
13	0.51	30	0.65	51	0.35	69	0.27	85	1	102	0.28
14	0.60	31	1	52	1	70	1	86	0.61	103	0.27
15	0.46	32	0.51	53	0.38	71	0.49	88	0.40	104	0.25
16	0.60	34	0.31	54	0.23	72	0.72	89	0.39	105	0.37
17	0.56	35	0.49	55	0.25	73	0.59	90	0.22	106	1
18	1	38	0.39	56	0.45	74	0.24	91	0.43	107	0.58
19	1	39	0.28	57	0.45	75	0.49	92	1	108	0.49

412

413 The results show that this methodology is suitable for identifying the link between the  
 414 operational and environmental performance of multiple similar units. Of all the farms evaluated,  
 415 just 21 of 96 dairy farms proved to be fully efficient ( $\Phi=1$ ). In fact, the efficiency ratio can be  
 416 considered acceptable, an average efficiency of 0.58 is achieved in the analysed sample, while  
 417 only 27 farms present efficiency values below 0.4. For those inefficient farms ( $\Phi<1$ ), important

418 reduction targets are proposed. Thus, average reductions that range from a minimum of 13.6%  
419 in maize silage consumption to 53.7% in silage plastic are achieved Section S5 of  
420 Supplementary material presents the operational reductions proposed by the model for each one  
421 of the inputs considered in the DEA matrix. If these results are considered as the maximum  
422 potential for input reduction that can be achieved in milk production, the sample of farms  
423 evaluated has a greater margin for improvement than other agricultural and livestock systems  
424 previously evaluated (Lozano et al., 2010; Vázquez-Rowe et al., 2012).

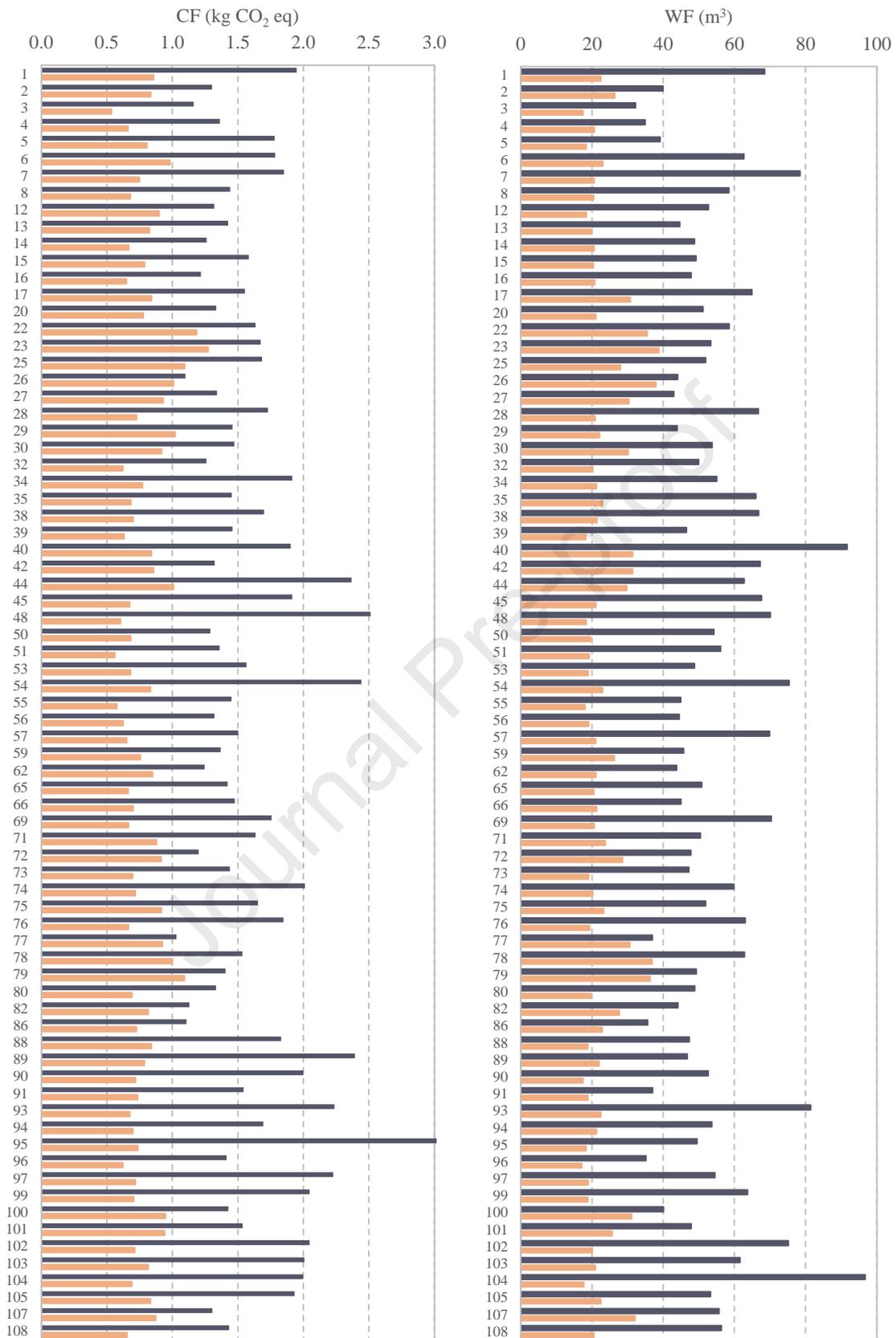
#### 425 *3.4. Environmental impact of virtual DMUs*

426 The last stage of the methodology is to analyse the reduction targets set by the SBM-I model,  
427 which involves modifying the life cycle inventories of inefficient farms. In this way, a  
428 relationship can be established between inefficient operations and environmental impacts by  
429 comparing the environmental profile before and after considering the recommendations for  
430 reducing impacts (current and virtual dairy farms), depicted in Figure 4.

431 All environmental profiles of farms with an efficiency value below 1 have improved by  
432 applying the DEA recommendations. The average percentage of carbon footprint reduction is  
433 around 49% in the set under study. However, it can reach maximum reduction values of 77% in  
434 the case of DMU 95. This farm is characterised by a very low efficiency value (0.11), so  
435 reductions in material consumption are expected to be significant and, consequently, also a  
436 reduction in environmental impacts. This DMU is characterised by a very traditional farm, with  
437 a low degree of modernisation, few heads of cattle and, therefore, low milk production. In fact,  
438 it is the farm with the lowest productivity, barely reaching 2.8 m<sup>3</sup> of milk production per cow,  
439 while the average for the rest of the sample analysed is above 9.3 m<sup>3</sup> per cow. This average  
440 production value is within the expected range 8,000-11,000 litres/cow per year according to the  
441 last National dairy report carried out by the Ministry of Agriculture and Fisheries, Food and  
442 Environment in 2017 (MAPAMA, 2017). In detail, the DMU 95 does not consume concentrate,  
443 since the cattle are fed exclusively on the grass of the surrounding land, which means that direct  
444 emissions are the greatest "hot spot."

445 The reduction of environmental impacts is more evident in terms of WF with an average  
446 reduction around 55% as this element is 90% dependent on the environmental impacts of feed  
447 production. Reductions in this element have a direct positive impact on the environmental  
448 performance of the farm. Thus, observing the recommended percentages of reduction in Section  
449 S5 of the Supplementary material, the farms with the highest reduction in concentrate are  
450 DMUs 104, 48 and 8, with 83.8%, 74.2% and 67.6% respectively, which imply the greatest  
451 reduction in their water footprint: 81.7, 73.8 and 73.8% respectively.

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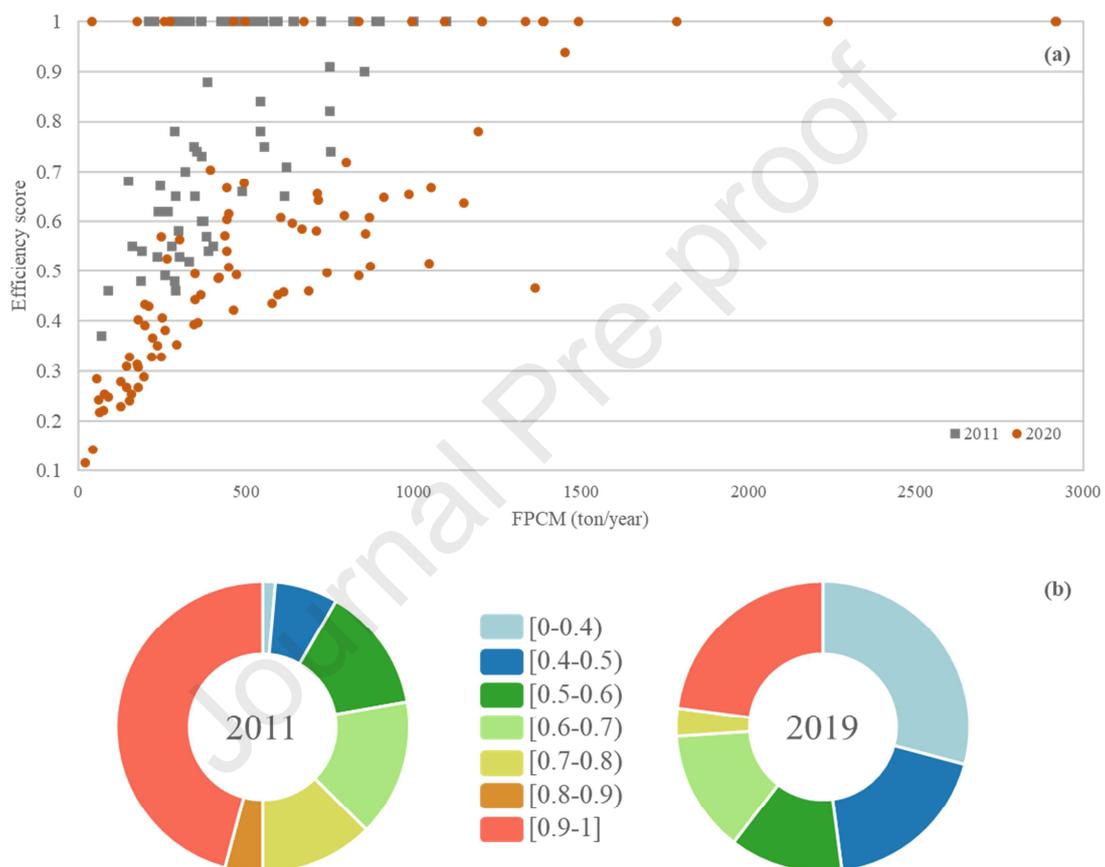
452

453 **Figure 4.** Environmental impacts in terms of carbon footprint (left) and water footprint (right)

454 per kg FPCM for real (black) and virtual (orange) farms

## 455 3.5. Eco-efficiency evaluation over time

456 Given that the sample analysed comprises a wide range of livestock farms of different sizes, it is  
 457 interesting to establish the relationship between farm size and the value of operational  
 458 efficiency, as reported in Iribarren et al. (2011). Figure 5 shows the efficiency scores against  
 459 farm size in terms of total raw milk production for 2011 (grey square) and 2019 (orange circle).  
 460 There is an apparent correlation between farm size and its efficiency score.



461

462 **Figure 5.** (a): Efficiency scores against raw milk production for 2011 (grey square) and 2019  
 463 (orange circle). (b): Relative distribution of dairy farms according to their efficiency score

464 As shown in Table 2 and Figure 5, almost 22% of dairy farms (21 or 96) were considered  
 465 efficient ( $\Phi=1$ ). This value is lower than that obtained by Iribarren et al. (2011), where 31 out of  
 466 72 farms were considered efficient. This difference can be attributed to the fact that Iribarren et  
 467 al. (2011) considered fewer elements in the DEA analysis when handling data from a smaller  
 468 sample. In both studies, two main groups were distinguished in terms of feeding system. On the

469 one hand, import-based feeding refers to feed products that are produced abroad and then  
470 imported into the farm (mainly concentrate) and on the other hand, farm-based feeding, where  
471 the main feed is composed by maize and grass cultivated in the farm. No relationship was found  
472 in any case, only that a high percentage of efficient farms (22 out of 31) used maize and  
473 concentrate as the two main feed products in 2011. Anyway, the progression of Galician dairy  
474 farms towards a local and sustainable diet, consisting mainly of on-farm feeding and following  
475 the principles of the circular economy, is remarkable. Thus, the sample of farms evaluated in  
476 this study presents an average percentage of on-farm feeding above 80% and only 6 farms  
477 present a percentage below 70%.

478 In addition, the overall decrease in the average eco-efficiency of inefficient farms in 2019  
479 should be noted. Furthermore, the positive correlation between the farm size and the operational  
480 efficiency observed in 2011 is even more evident in this study. This fact has been made possible  
481 by an expansion in the total number of farms assessed and their size, pointing out that the  
482 Galician dairy sector needs to continue carrying out improvement actions that lead to better  
483 operational and environmental performance.

#### 484 **4. Conclusions**

485 The life cycle impact has been evaluated on the basis of the carbon footprint and water footprint  
486 of milk production in 96 livestock farms distributed throughout Galicia. Feed production  
487 (mainly concentrate and on-farm maize and grass), as well as direct CH<sub>4</sub> and N<sub>2</sub>O emissions  
488 have been identified as the critical processes of the system. The carbon footprint for an average  
489 medium-sized farm has been estimated at 1.33 kg CO<sub>2</sub> per kg of FPCM, a value that is within  
490 the range found in similar studies.

491 However, the range of environmental results found is very wide, which demonstrates the high  
492 variability of the operational characteristics of this type of production system. The water  
493 footprint according to ISO 14046 is 52.5 L per kg FPCM. The ecoefficiency analysis carried out  
494 has shown that of the 96 farms evaluated, 21 are currently fully efficient. This analysis has also  
495 made it possible to identify actions that efficient farms should carry out. Thus, reductions in the

496 consumption of silage plastic (-53.7%) and the production of wastewater (-49.9%) stand out as  
 497 the principal elements to improve the overall efficiency of the analysed farms. It can be stated  
 498 how the eco-efficiency of milk production has decreased over the last decade, going from an  
 499 average of 0.64 in 2011 to an average of 0.58 in 2019. This fact marks the path that the Galician  
 500 dairy sector must follow, seeking to reduce its environmental impacts so that the production of a  
 501 basic foodstuff such as milk pursue the compliance of international standards, especially in  
 502 terms of environmental certification.

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- Joint Life Cycle Assessment and Data Envelopment Analysis of 96 Galician dairy farms
- Primary inventory data were managed for all evaluated dairy farms
- Determination of carbon and water footprint per kg of FPCM was carried out
- Efficiency scores suggest a positive correlation with farm size

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**Declaration of interests**

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

The authors declare the following financial interests/personal relationships which may be considered as potential competing interests:

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