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**Simultaneous adrenal and cardiac GPCR-G $\beta$   $\gamma$  inhibition halts heart failure progression**

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Brief title: Inhibiting the cardio-adrenal axis in heart failure

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**Abstract**

**Background:** elevated sympathetic nervous system activity is a salient characteristic of heart failure (HF) progression. It causes pathologic desensitization of  $\beta$ -adrenergic receptors ( $\beta$ -AR), facilitated predominantly through  $G\beta\gamma$ -mediated signaling. The adrenal glands are key contributors to the chronically elevated plasma catecholamine levels observed in HF, where adrenal  $\alpha_2$ -AR feedback inhibitory function is impaired also through  $G\beta\gamma$ -mediated signaling. **Objective:** we propose simultaneous inhibition of  $G\beta\gamma$  signaling in the heart and the adrenal gland as a novel therapeutic approach for HF. **Methods and results:** we investigated the efficacy of a small molecule  $G\beta\gamma$  inhibitor, gallein, in a clinically relevant, pressure-overload model of HF. Daily gallein treatment (10 mg/kg/day), initiated four weeks following transverse aortic constriction, improved survival and cardiac function, and attenuated cardiac remodeling. Mechanistically, gallein restored  $\beta$ -AR membrane density in cardiomyocytes, attenuated  $G\beta\gamma$ -mediated GRK2-PI3K $\gamma$  membrane recruitment, and reduced Akt and GSK-3 $\beta$  phosphorylation. Gallein also reduced circulating plasma catecholamine levels as well as catecholamine production in isolated mouse adrenal glands by restoring adrenal  $\alpha_2$ -AR feedback inhibition. In human adrenal endocrine tumors (pheochromocytoma), gallein attenuated catecholamine secretion, as well as GRK2 expression and membrane translocation. **Conclusions:** these data suggest small molecule  $G\beta\gamma$  inhibition as a systemic pharmacologic therapy for HF by simultaneously normalizing pathologic adrenergic/ $G\beta\gamma$  signaling in both the heart and the adrenal gland. Our data also suggest important endocrine/cardiovascular interactions and a possible role for small molecule  $G\beta\gamma$  inhibition in treating endocrine tumors such as pheochromocytoma, in addition to HF.

**Key Words:** catecholamines; fibrosis; heart failure; hypertrophy; sympathetic nervous system.

**List of abbreviations**

Heart failure (HF)

Sympathetic nervous system (SNS)

Catecholamines (CA)

Adrenergic receptors (AR)

G-protein coupled receptor (GPCR)

G-protein coupled receptor kinase 2 (GRK2)

Phosphoinositide 3-kinase $\gamma$  (PI3K $\gamma$ )

A truncated  $G\beta\gamma$ -binding GRK2 peptide that lacks the kinase domain ( $\beta$  ARKct)

Transverse aortic constriction (TAC)

Isoproterenol (ISO)

## 1. Introduction

Heart failure (HF) is a progressive disease with poor prognosis. A common feature of HF is elevated sympathetic nervous system (SNS) activity to compensate for poor cardiac output, including excess adrenal production of the catecholamines (CA) epinephrine and norepinephrine (1-3). Chronic CA-mediated stimulation of  $\beta$ -adrenergic receptors ( $\beta$ -AR, a G-protein coupled receptor (GPCR)), elicits pathologic upregulation of G-protein coupled receptor kinase 2 (GRK2) that is recruited to membrane  $G\beta\gamma$  subunits to phosphorylate  $\beta$ -AR, leading to their desensitization (4,5). Prior reports suggest a therapeutic role for inhibiting  $G\beta\gamma$ -GRK2 interaction in HF to restore  $\beta$ -AR expression and function, utilizing a truncated  $G\beta\gamma$ -binding GRK2 peptide that lacks the kinase domain ( $\beta$ ARKct) (6-13), as well as a truncated  $G\beta\gamma$ -binding phosducin (14), and a truncated phosphoinositide 3-kinase ( $PI3K\gamma$ ) (15-17). Interestingly,  $G\beta\gamma$ -GRK2 was recently found to desensitize the adrenal  $\alpha_2$ -AR, another GPCR responsible for feedback inhibition of CA release from the adrenal gland. Importantly, adrenal  $\alpha_2$ -AR desensitization contributes to elevated plasma CA and consequent  $\beta$ -AR desensitization in HF (18,19).

We recently identified and validated novel compounds that selectively inhibit  $G\beta\gamma$  binding interactions (20), namely M119 and its highly homologous structural analog, gallein. These compounds competitively antagonize the binding of GRK2 to a specific protein-protein interaction domain of the  $G\beta\gamma$  subunit, thus inhibiting the pathologic  $G\beta\gamma$ -GRK2 interaction. Both compounds bind to  $G\beta\gamma$  with equal affinity in vitro, and have equivalent efficacies in enhancing contractility in isolated cardiomyocytes as well as in acute pharmacologic and genetic mouse models of HF (21). The advantages of these compounds include their convenient route of administration (i.p. injection or oral gavage), and their bioavailability and cell permeability (22).

Additionally, they inhibit the  $G\beta\gamma$ -GRK2 interaction without disturbing various other aspects of basal or agonist stimulated G-protein signaling (20). We were the first to report early proof-of-concept studies regarding possible beneficial effects of these newly identified compounds in acute pharmacologic and transgenic animal models of HF (21).

In the current study, we report the therapeutic efficacy of the selective small molecule  $G\beta\gamma$  inhibitor, gallein, when delivered following the establishment of HF in a clinically relevant surgical model. Further, we report concomitant salutary effects of gallein on the adrenal gland, including direct inhibition of adrenal CA synthesis and release both in HF animal models and in primary human adrenal pheochromocytoma tissue. We propose that simultaneous small molecule inhibition of  $G\beta\gamma$  signaling in the heart and the adrenal gland is a novel therapeutic approach for HF, and possibly for other diseases of excess catecholamine release, such as pheochromocytoma.

## **2. Material and Methods**

Detailed materials and methods are included in the online supplement.

## **3. Results**

### ***3. 1. The small molecule $G\beta\gamma$ inhibitor “gallein” dose-dependently ameliorates cardiac dysfunction and hypertrophy in HF mice***

To test the possible therapeutic effects of small molecule  $G\beta\gamma$  inhibition in treating established HF, daily gallein administration was initiated four weeks following transverse aortic constriction (TAC) and continued for eight weeks (12 weeks post-TAC). Gallein dose-dependently reduced ventricular hypertrophy (VW/TL) and improved cardiac function (Figure 1 and supplementary figure 1). Administration of gallein at a dose of 10 mg/kg/day was found to be the optimal therapeutic dose, and was thus utilized for subsequent studies (identified as TAC+G).

### ***3. 2. Gallein improves survival and preserves cardiac contractility in pressure overload***

### ***hypertrophy***

Following eight weeks of daily treatments initiated four weeks post-TAC (i.e. at 12 weeks post-TAC), gallein significantly enhanced survival to 80%, compared to 54% survival in TAC+V (Figure 2A). Cardiac function in TAC+V mice declined at 8 weeks post-TAC, with further deterioration at week 12. Gallein treatment initiated after establishment of HF prevented such deterioration and preserved cardiac function (Tables 1 and 2, and Figure 2D).

### ***3. 3. Gallein restores $\beta$ -AR density, down-regulates GRK2 expression, and inhibits GRK2 and PI3K $\gamma$ membrane recruitment***

To evaluate mechanisms underlying the beneficial effects of gallein on cardiac function, we measured  $\beta$ -AR density, GRK2 and PI3K $\gamma$  membrane recruitment, and GRK2 gene expression. TAC mice exhibited a significant reduction in  $\beta$ -AR density that was normalized by gallein treatment (Figure 2B). This was accompanied by a reduction in cardiac GRK2 gene expression and GRK2-PI3K110 $\gamma$  membrane translocation in TAC+G mice compared to TAC+V (Figure 2C, E, and F respectively).

### ***3. 4. Gallein attenuates cardiac remodeling and inflammation in pressure overload HF***

Gallein treatment attenuated the progression of cardiac hypertrophy in TAC mice, as reflected by reduced ventricular weight to tibia length ratio (Figure 3A) and cardiomyocyte cross-sectional area (Figure 3B and C). This protective effect of gallein on cardiac hypertrophy was accompanied by reduced phosphorylation of cardiac Akt (Figure 3D) and its downstream signal, GSK-3 $\beta$  (Figure 3E), and a parallel reduction in myocardial fibrosis (Figure 4A and B). This may be attributed to the significantly reduced expression of the fetal genes ANP and BNP (Figure 4C & D), the inflammatory cytokines IL-1 $\beta$ , IL-6, and TNF- $\alpha$  (Figure 4E, F, & G), and the pro-fibrotic marker  $\alpha$ -SMA (Figure 4H). Moreover, we observed less myocardial apoptosis in

TAC+G mice evidenced by less apoptotic nuclei and reduced caspase-3 cleavage in cardiac lysates (supplementary figure 2).

### ***3.5. Gallein attenuates CA production and adrenal remodeling and restores adrenal $\alpha$ 2-AR feedback inhibition in TAC mice***

Heart failure is associated with chronically elevated plasma CA concentrations. At 12 weeks post-TAC, gallein significantly reduced plasma epinephrine and norepinephrine concentrations to 1.5-fold and 2.5-fold of baseline, respectively whereas vehicle treated mice showed significant elevations of 2.8-fold and 7.5-fold, respectively (Figure 5A and B). Adrenal medulla hypertrophy is a common feature in HF that occurs concurrent with elevated plasma CA levels (23); this was also reduced by gallein treatment (Figure 5C). Further, adrenal glands from TAC+G mice cultured in vitro showed significantly lower levels of basal CA secretion (Figure 5D and E). Adrenal  $\alpha$ 2-AR normally provide feedback inhibition of excess CA release, a function that is desensitized in HF. Gallein also restored  $\alpha$ 2-AR feedback inhibitory function as compared to TAC+V mice (Figure 5F and G). Further, gallein attenuated the overexpression of tyrosine hydroxylase (rate limiting enzyme of CA production) and chromogranin A (neurokinin that is synthesized, co-stored, and co-secreted with vesicular CA) (Figure 5C and supplementary figure 5).

### ***3.6. Gallein directly restores $\alpha$ 2-AR feedback inhibitory function in adrenal glands from untreated ISO-pump mice***

Ex-vivo cultured adrenal glands from untreated mice chronically exposed to the  $\beta$ -AR agonist, Isoproterenol (ISO) exhibit impaired adrenal  $\alpha$ 2-AR function, similar to other HF models. Importantly, in vitro gallein treatment directly restored the  $\alpha$ 2-AR feedback inhibitory function in these adrenal glands (Supplementary figure 3).

### ***3. 7. Gallein directly attenuates CA secretion and GRK2 protein expression and membrane translocation in cultured human pheochromocytoma***

Pheochromocytoma is a tumor of the adrenal gland characterized by excessive CA production (24). Gallein treatment significantly reduced CA production in cultured pheochromocytoma slices (Figure 6A and B) with attenuated GRK2 protein expression and membrane translocation (Figure 6D and E respectively). Interestingly, expression of tyrosine hydroxylase and chromogranin A was significantly downregulated by gallein treatment in cultured pheochromocytoma slices (Figure 6C). Further,  $\alpha_2$ -AR feedback inhibitory function trended towards improvement in gallein treated cultured pheochromocytomas (supplementary figure 4).

## **4. Discussion**

### ***4.1. Small molecule G $\beta$ $\gamma$ inhibition halts HF progression post-TAC***

In the present study, we demonstrate the efficacy of the small molecule G $\beta$   $\gamma$  inhibitor, gallein, in ameliorating established HF through simultaneous inhibition of G $\beta$   $\gamma$  in the heart and the adrenal gland. Importantly, gallein partially restores normal cardiac function and halts or reverses pathologic cardiac remodeling when administered after the establishment of chronic HF in a clinically relevant animal model. It is noteworthy that gallein treatment in sham animals mildly increases cardiac contractility as we have previously shown (21) and in supplementary figure 6. We observed a dose-dependent therapeutic effect of gallein on cardiac function and hypertrophy in TAC mice *in vivo*, with 10mg/kg/day identified as the optimum dose. Concomitantly, gallein treatment attenuated cardiac fibrosis and apoptosis indicating attenuated cardiac remodeling. Further, gallein treatment attenuated cardiac inflammatory cytokine expression in TAC HF mice (Figure 4E, F, & G). Our preliminary studies have demonstrated possible systemic anti-inflammatory effects of G $\beta$   $\gamma$  inhibitors in a mouse carrageenan-induced paw inflammation

model (25). Prior studies have correlated inflammation and loss of cardiac function in pressure overload hypertrophy (26)(27). Thus, attenuated cardiac inflammation in TAC mice by gallein may provide an additional mechanism for its therapeutic effect in pressure overload HF.

In summary, gallein increased survival, improved cardiac function, and reduced cardiac remodeling and inflammation when administered daily to mice with established HF, i.e. four weeks through twelve weeks post-TAC.

#### ***4.2. Small molecule G $\beta$ $\gamma$ inhibition preserves cardiac membrane $\beta$ -AR density by attenuating GRK2-PI3K $\gamma$ signaling***

Excess SNS activity and outflow are salient characteristics of HF, where reduced cardiac output triggers compensatory SNS over-activity (elevated local and circulating CA) that acutely rescues cardiac function. However, chronic stimulation of  $\beta$ -AR by CA leads to their desensitization and attenuated contractile signaling (1-3). Receptor desensitization is mainly mediated by the G $\beta$   $\gamma$ -subunits, which recruit receptor-desensitizing kinases such as GRK2 and PI3K $\gamma$  to agonist-stimulated  $\beta$ -AR, resulting in receptor phosphorylation and the recruitment of arrestins that initiate receptor internalization, desensitization and down-regulation (5,28-30). Previous data from our lab and others suggests that inhibiting G $\beta$   $\gamma$  signaling and its interaction with GRK2 and PI3K $\gamma$  could be of therapeutic value in HF (5,16,29,30). This has been demonstrated by large peptide inhibitors of G $\beta$   $\gamma$  binding in both cell culture and in animal models of HF (2,31) (6) (14) (15-17). In our study, small molecule G $\beta$   $\gamma$  inhibition by gallein reduced GRK2 expression and GRK2-PI3K110 $\gamma$  membrane recruitment, thus preserving  $\beta$  AR membrane expression and cardiac function.

#### ***4.3. Gallein interrupts activation of the cardiac Akt-GSK-3 $\beta$ hypertrophic pathway***

In addition to forming a complex with GRK2 that desensitizes  $\beta$ -AR, PI3K $\gamma$  is of specific

interest in HF because it mediates a myriad of pathological effects. PI3K $\gamma$  activates Akt/PKB following GPCR activation, leading to pathological hypertrophy (28,32,33). Conversely, loss or reduction of activity is associated with increased contractility, relaxation and reduced hypertrophy (34). Akt is a well-known player in cardiac hypertrophy with a large number of downstream effectors. In particular, phosphorylated Akt mediates GSK-3 $\beta$  Ser-9 phosphorylation thus inhibiting its anti-hypertrophic effects. Our results suggest that attenuated Akt activation in gallein treated TAC mice results in elevated levels of active (non-phosphorylated) GSK-3 $\beta$  that attenuates cardiac hypertrophy by negatively regulating hypertrophic gene transcription and protein translation (35).

#### ***4.4. Systemic gallein treatment normalizes sympathetic tone and adrenal function in TAC mice***

The adrenal glands, specifically adrenal medullary chromaffin cells, are the site of CA synthesis and secretion into the circulation. Adrenal chromaffin cell  $\alpha$ 2-AR play a crucial role in feedback regulation of circulating levels of plasma CA (see Figure 7). Recent reports demonstrate that HF prognosis is worse in patients with an  $\alpha$ 2-AR deletion polymorphism that impairs feedback inhibition of CA release (36,37). Further, recent data demonstrate that in HF adrenal  $\alpha$ 2-AR are also desensitized by pathologic G $\beta$   $\gamma$ -GRK2 signaling (19) (18), and that this desensitization can possibly be mitigated by adrenal  $\beta$  ARKct (38).

In our study, the salutary extra-cardiac effects of systemic G $\beta$   $\gamma$  inhibition by gallein in chronic murine HF included reduced plasma CA levels, limited adrenal medullary hypertrophy, normalized adrenal  $\alpha$ 2-AR function, and attenuated expression of both tyrosine hydroxylase, the rate-limiting enzyme in CA synthesis, and chromogranin A, a neurokinin that is synthesized, co-stored, and co-secreted with CA in chromaffin cell vesicles. To investigate whether these adrenal

effects resulted directly from gallein treatment or were merely the result of HF amelioration, we examined the direct effects of gallein treatment in ex-vivo cultured adrenal glands isolated from vehicle treated ISO-pump HF mice, where gallein treatment directly restored adrenal  $\alpha$ 2-AR function (Supplementary figure 3).

#### ***4.5. Small molecule $G\beta\gamma$ inhibition directly reduces CA secretion in ex-vivo cultured human pheochromocytoma***

To further investigate the salutary effect of gallein on CA secretion in adrenal chromaffin cells, we utilized ex-vivo cultured human pheochromocytoma explants. Pheochromocytoma is a CA secreting tumor of the adrenal medulla that is accompanied by cardiovascular complications (24). Importantly, gallein treatment reduced CA secretion and attenuated GRK2 expression and membrane translocation in ex vivo pheochromocytoma culture with attenuated protein expression of tyrosine hydroxylase and chromogranin A, suggesting a direct inhibitory effect on CA synthesis and secretion by chromaffin cells. To date, pharmacological management of pheochromocytoma is poor at best, and surgical resection remains the final option. Our results suggest a possible therapeutic role for small molecule  $G\beta\gamma$  inhibition in pheochromocytoma through its direct effect on CA secretory mechanisms. Importantly, these experiments were conducted immediately on explanted pheochromocytomas obtained from human subjects.

#### **5. Conclusion**

Recent reports have suggested that, if it were possible, systemic pharmacologic therapy to simultaneously normalize pathologic  $G\beta\gamma$ -GRK2 signaling in both the heart and the adrenal gland could be of substantial therapeutic benefit in HF. Our current study suggests gallein to be such a systemic pharmacologic therapy. Administration of gallein to animals after the establishment of HF in a clinically relevant surgical model appears to normalize dampened AR

signaling in both the heart and the adrenal gland. Our data also suggest a possible therapeutic role for small molecule  $G\beta\gamma$  inhibition in other diseases of elevated catecholamine release, such as pheochromocytoma. Future studies will seek to further establish the therapeutic efficacy of gallein in larger animal models of HF.

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## Figure Legends

**Figure 1. Dose-response efficacy of gallein following TAC.** A). A schematic representation of the experimental time-line showing initiation of gallein treatment after the establishment of HF, i.e. four weeks post-TAC. A dose-dependent cardioprotective effect of daily i.p. gallein was observed by both: B) cardiac morphometry (ventricular weight to tibia length, VW/TL) and C) cardiac function (echocardiography, % fractional shortening). 10 mg/kg/day appears to be the optimum therapeutic dose.  $### P < 0.001$  vs sham;  $** P < 0.01$  and  $* P < 0.05$  vs TAC+V (using one-way ANOVA and Bonferroni's post-hoc analysis);  $§ P < 0.05$  vs baseline TAC+V;  $€€ P < 0.01$  vs all groups at baseline; and  $¥¥ P < 0.05$  vs 12 weeks TAC+V (using repeated measures ANOVA with Bonferroni's post-hoc analysis).

**Figure 2. Salutary effect of gallein post-TAC.** A). Gallein (10 mg/kg/day) treated mice showed enhanced survival (80%; 8/10), while mice receiving vehicle injection showed lower survival rate (54.55%; 6/11) relative to a 100% survival in the sham group. B). Cardiac  $\beta$ -AR density was significantly reduced in TAC mice and was recovered to almost normal levels by gallein treatment. C). GRK2 gene expression was elevated in TAC+V mice and was reduced by gallein treatment. D). M-mode echocardiographic images showing impaired contractile function in TAC+V group and recovered function in gallein treated animals. This likely resulted from Gallein-mediated recovery of  $\beta$ -AR function due to attenuation of GRK2 and PI3K $\gamma$  membrane recruitment (E and F).  $^{\#} P < 0.05$  vs sham;  $*** P < 0.001$ ,  $** P < 0.01$ , and  $* P < 0.05$  vs TAC+V (using one-way ANOVA with Bonferroni's post-hoc analysis). Nonparametric analysis of  $\beta$ -AR binding utilizing Kruskal Wallis test yielded  $P < 0.05$  for sham vs TAC+V.

**Figure 3. Gallein reduces ventricular hypertrophy and Akt phosphorylation.** A). Hypertrophy (ventricular weight to tibia length, VW/TL) was attenuated in gallein treated animals. B). Reduced cardiomyocyte cross-sectional area (CM CA) in gallein treated mice as a quantification of C) wheat germ agglutinin staining (WGA: green and nuclear DAPI: blue; scale bar= 50  $\mu$ m). D). Reduced cytosolic Ser473-Akt phosphorylation as compared to total Akt protein expression and E). Ser9-GSK-3 $\beta$  phosphorylation relative to total GSK-3 $\beta$  protein expression in gallein treated mice (densitometric analysis and fold change), parallel with VW/TL and CM CA data.  $### P < 0.001$ ,  $## P < 0.01$ , and  $^{\#} P < 0.05$  vs sham;  $* P < 0.05$ ,  $** P < 0.01$  and  $*** P < 0.001$  vs TAC+V (using one-way ANOVA with Bonferroni's post-hoc analysis). Nonparametric analysis of pGSK/GSK utilizing Kruskal-Wallis test yielded  $P < 0.05$  for sham and  $P < 0.01$  for TAC+G vs TAC+V.

**Figure 4. Reduced cardiac fibrosis and inflammatory markers in gallein treated mice post-TAC.** A). Picro-sirius red and B). Masson's trichrome staining shows less cardiac fibrosis in gallein treated mice. C-H). Real time PCR analysis of inflammatory and profibrotic gene expression (normalized to GAPDH as housekeeping gene) in cardiac RNA extracts show attenuated gene expression of these markers by gallein treatment.  $### P < 0.001$ ,  $## P < 0.01$ , and  $^{\#} P < 0.05$  vs sham;  $*** P < 0.001$  &  $* P < 0.05$  vs TAC+V (using one-way ANOVA with Bonferroni's post-hoc analysis). Nonparametric analysis of Nppb and Il6 utilizing Kruskal-Wallis test yielded  $P < 0.05$  for sham vs TAC+V and  $P < 0.01$  for TAC+G vs TAC+V, respectively.

**Figure 5. Gallein reduces plasma catecholamines, adrenal hypertrophy, and restores adrenal  $\alpha$ 2-AR feedback inhibition of catecholamine release.** A-B). Gallein treatment reduces circulating plasma catecholamines. C). Gallein attenuates adrenal medullae hypertrophy post-TAC (Hematoxylin-eosin staining of paraffin-fixed adrenal sections; scale bar= 25  $\mu$ m) and attenuates tyrosine hydroxylase (TH) as well as chromogranin A (CgA) protein expression in adrenal chromaffin cells (immunofluorescent staining; scale bar= 50  $\mu$ m). D-E). Gallein reduces chronically elevated catecholamine secretion in ex vivo cultures of post-TAC adrenal medullae. F-G). Adrenal  $\alpha$ 2-AR feedback inhibitory function is recovered by gallein treatment in TAC mice. #####  $P < 0.0001$ , ###  $P < 0.001$ , ##  $P < 0.01$ , and #  $P < 0.05$  vs sham; \*\*  $P < 0.01$  and \*  $P < 0.05$  vs TAC+V (using one-way ANOVA with Bonferroni's post-hoc analysis). Nonparametric analysis of plasma epinephrine utilizing Kruskal-Wallis test yielded  $P < 0.001$  for sham vs TAC+V.

**Figure 6. Gallein reduces catecholamine secretion and normalizes  $\alpha$ 2-AR feedback inhibition in diseased human adrenal medullae.** Ex vivo cultured human adrenal pheochromocytoma slices were treated with gallein (G; 10  $\mu$ M) or vehicle (V) for 48 hrs. A-B). Gallein treatment attenuates catecholamines secretion. C). Gallein attenuates tyrosine hydroxylase (TH) and chromogranin A (CgA) protein expression levels and D-E) attenuates GRK2 protein expression and membrane translocation (densitometric analysis and fold change). \*\*\*\* $P < 0.0001$ , \*\*\* $P < 0.001$ , \*\* $P < 0.01$  vs group V (using student's t-test and non-parametric utilizing Mann-Whitney test).

**Figure 7. Model for dual efficacy of small molecule  $G\beta\gamma$  inhibition in the heart and the adrenal gland during HF.** A). In cardiomyocytes,  $G\beta\gamma$ -GRK2 interaction, triggered by elevated sympathetic nervous system (SNS) activity in HF, signals  $\beta$ -AR desensitization. B). In adrenal chromaffin cells, the site of catecholamine (CA) production: (1) central nicotinic stimulation triggers (2) synthesis and (3) secretion of CA into plasma. High levels of plasma CA (4) stimulate  $\alpha$ 2-AR mediated (5) feedback inhibition of CA synthesis and secretion, C). In HF, continuous CA stimulation of  $\alpha$ 2-AR trigger its  $G\beta\gamma$ -GRK2 mediated desensitization and the loss of feedback inhibition of CA release, contributing to SNS over-activity in HF. D). Small molecule  $G\beta\gamma$  inhibitors may provide a novel therapeutic approach for HF by inhibiting  $G\beta\gamma$ -GRK2 signaling simultaneously in the heart and the adrenal gland, thus breaking this vicious cycle.

Table 1. Echocardiographic measurements of mice at baseline and weeks 4, 8, and 12 post-TAC.

	Baseline		4 Weeks		8 Weeks		12 Weeks	
	TAC+V	TAC+G	TAC+V	TAC+G	TAC+V	TAC+G	TAC+V	TAC+G
<b>% EF</b>	80.42±2.01	81.97±0.51	70.4±5.04	74.08±2.48	58.40±9.29	73.82±2.29	51.26±9.84 <sup>##</sup>	75.77±3.47*
<b>%FS</b>	50.91±0.68	49.37±0.51	39.90±4.04	42.26±2.00	32.16±6.07 <sup>#</sup>	41.94±1.88	26.14±5.28 <sup>##</sup>	44.08±2.81**
<b>LVID; s (mm)</b>	1.50±0.07	1.54±0.06	1.92±.25	1.92±0.14	2.55±0.52	1.91±0.13	2.94±0.71	1.80±0.13**
<b>LVID; d (mm)</b>	3.16±0.08	3.06±0.09	3.44±0.23	3.37±0.13	4.04±0.37	3.25±0.12	4.41±0.58 <sup>#</sup>	3.25±0.12*
<b>Volume; s (□l)</b>	7.20±0.44	6.83±0.55	16.22±4.56	12.31±2.02	38.65±15.69	11.57±1.98	62.34±28.75 <sup>#</sup>	11.19±2.38**
<b>Volume; d (□l)</b>	39.76±1.99	37.62±2.37	50.17±7.21	46.09±3.97	74.64±16.87	42.77±3.60	98.08±30.08 <sup>#</sup>	43.88±3.61**

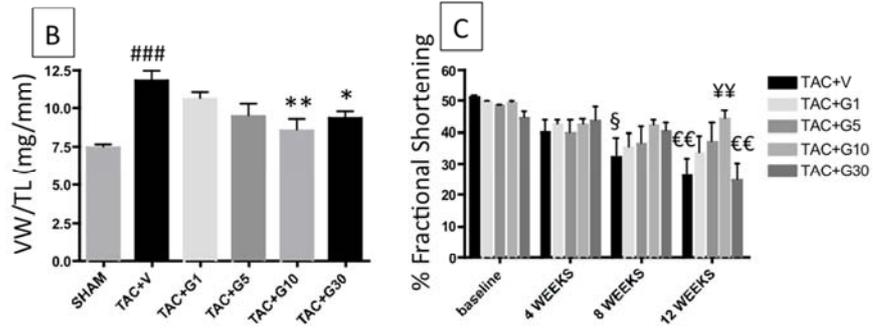
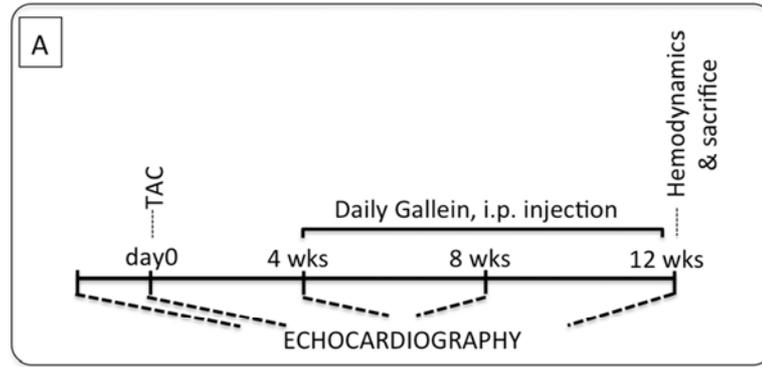
<sup>##</sup> $P < 0.01$ , and <sup>#</sup> $P < 0.05$  vs baseline TAC+V, <sup>\*\*</sup> $P < 0.01$  and <sup>\*</sup> $P < 0.05$  vs TAC+V at 12 weeks post-TAC (using repeated measures

ANOVA and Bonferroni's post-hoc analysis).

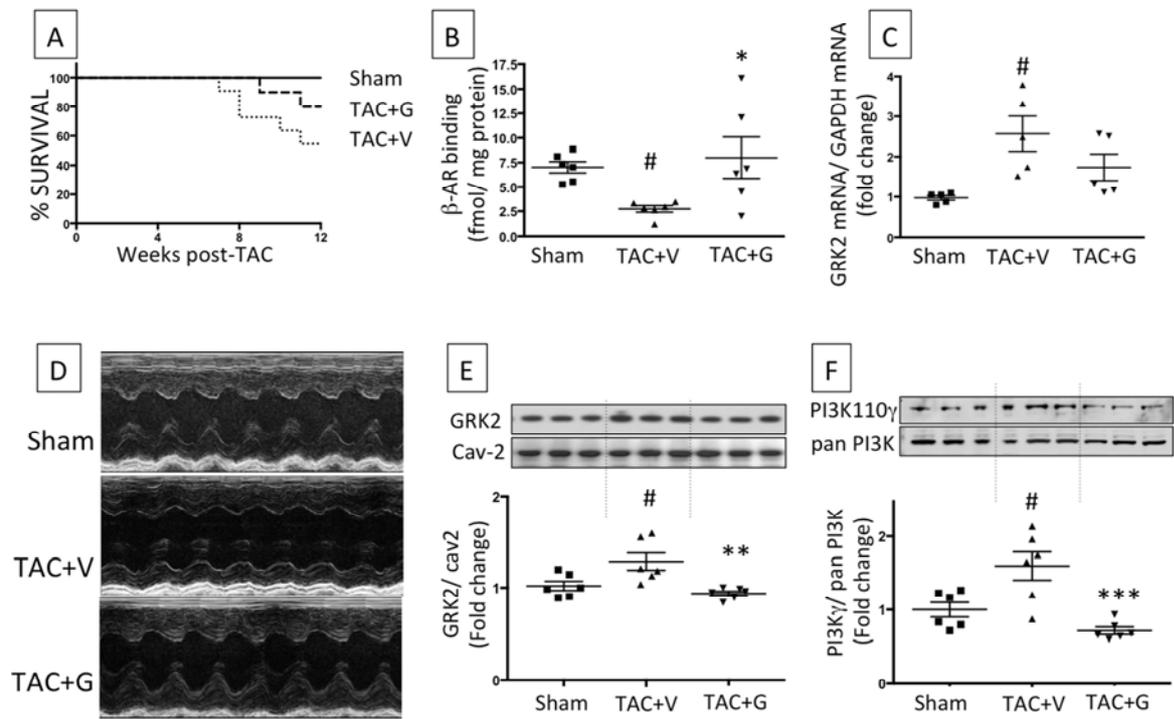
Table 2. Hemodynamic measurements of Sham, TAC+V, and TAC+G mice at the end of the study.

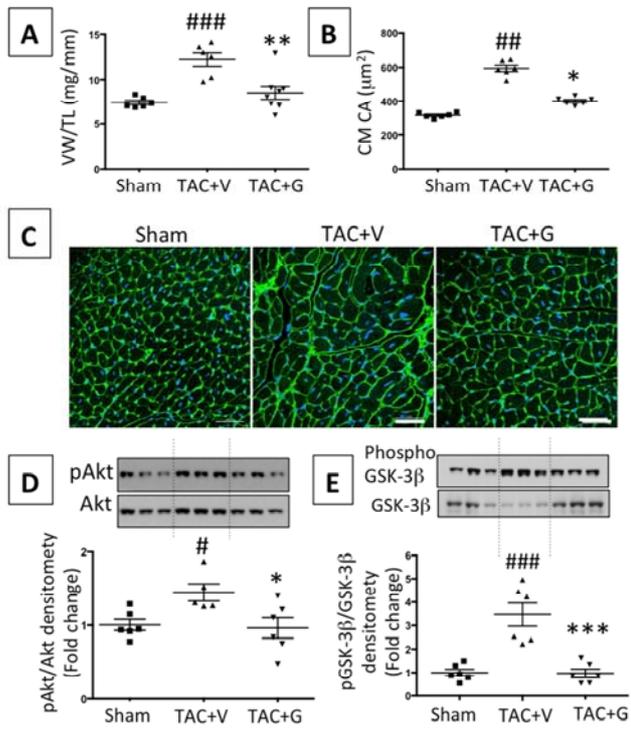
	<b>Sham</b>	<b>TAC+V</b>	<b>TAC+G</b>
<b>LVEDP (mmHg)</b>	6.73±1.83	23.94±4.91 <sup>##</sup>	8.57±2.15*
<b>+dP/dt (mmHg/sec)</b>	8777±860.3	5249±913.3 <sup>#</sup>	8677±743.0*
<b>-dP/dt (mmHg/sec)</b>	-8027±926.5	-4022±570.6 <sup>#</sup>	-7792±824.9*
<b>LV min (mm Hg)</b>	4.99±1.31	18.32±5.03 <sup>#</sup>	5.92±2.33*
<b>LV max (mm Hg)</b>	129.3±3.98	109.9±14.57	166.4±13.35*

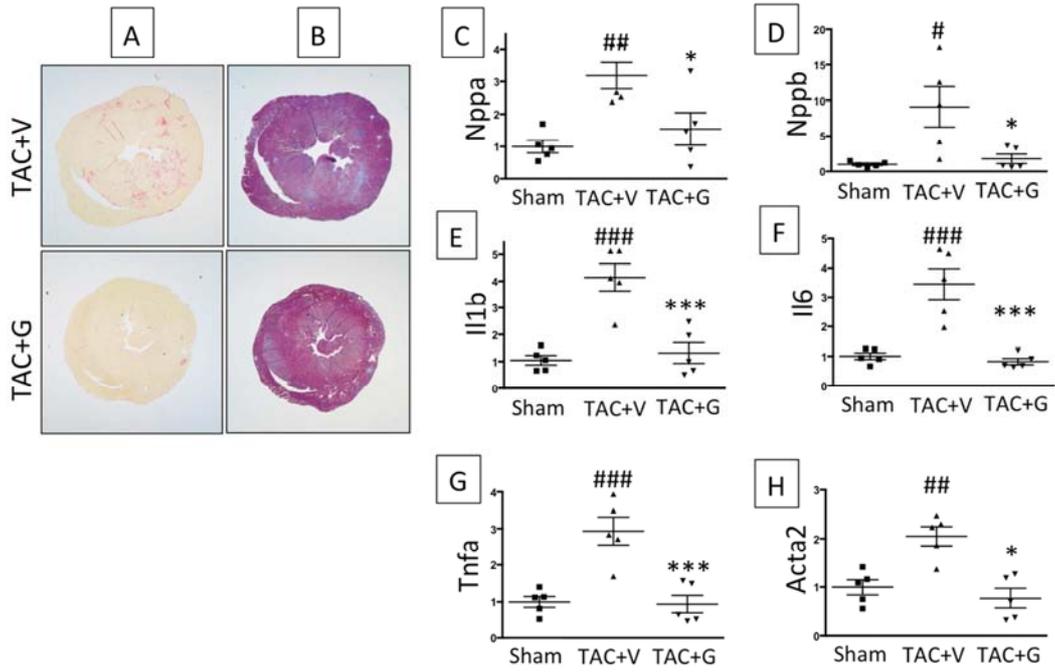
<sup>##</sup> $P < 0.01$  and <sup>#</sup> $P < 0.05$  vs sham, and \* $P < 0.05$  vs TAC+V (using one-way ANOVA and Bonferroni's post-hoc analysis).



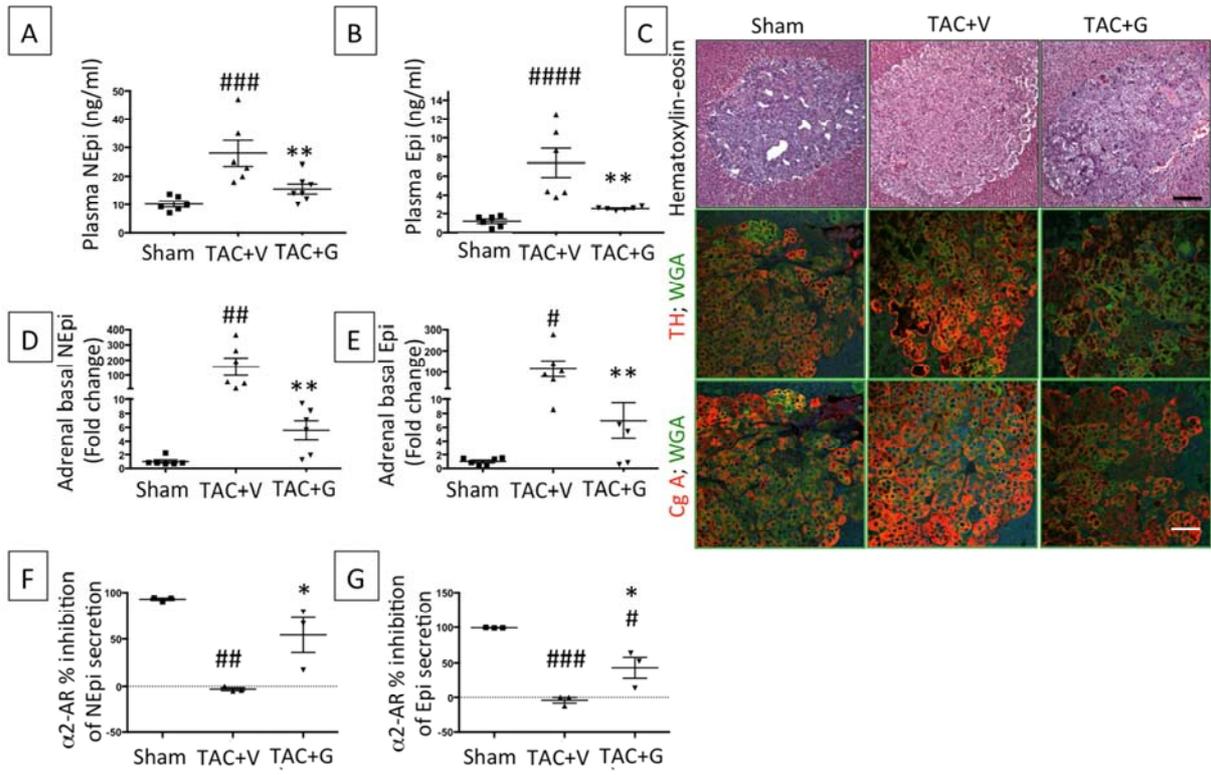
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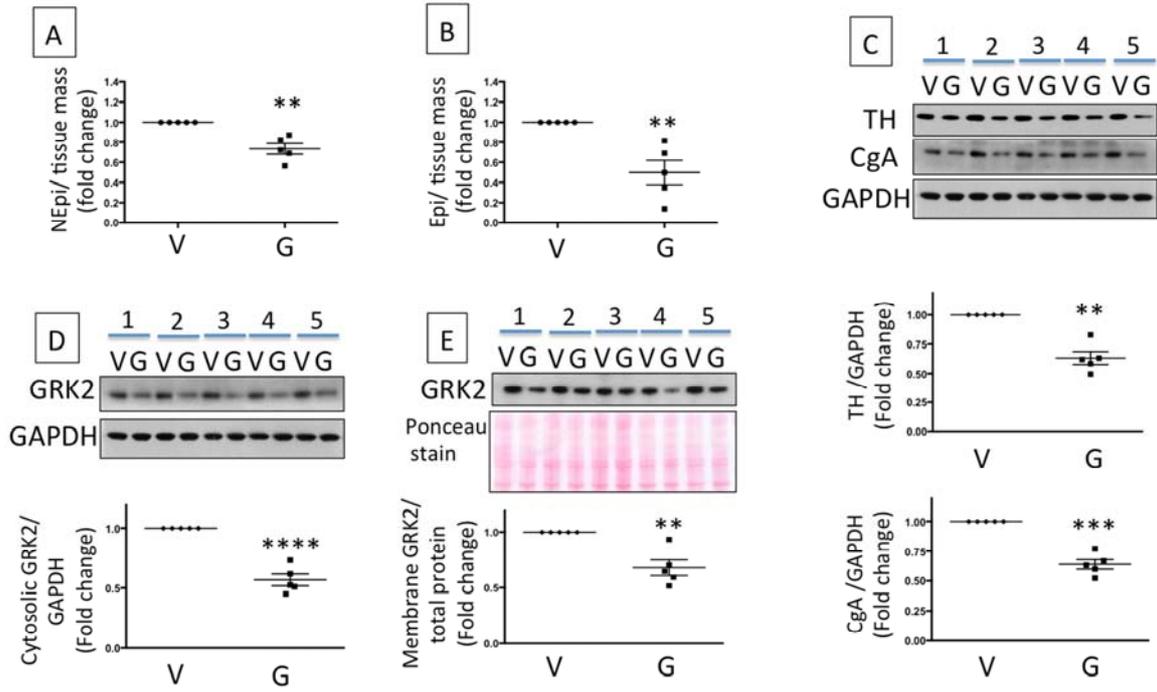




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