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**Turn-On Fluorescence Sensor for Glutathione in Aqueous  
Solutions Using Carbon Dots-MnO<sub>2</sub> Nanocomposites**

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**Abstract:** A novel fluorescence sensor based on carbon dots-MnO<sub>2</sub> nanocomposites was fabricated successfully, which can detect glutathione (GSH) in aqueous solutions succinctly, rapidly and selectively. The carbon dots (CDs), which were synthesized by using organosilane as a coordinating solvent, had a highly luminescent quantum yield. The nanoflower-like MnO<sub>2</sub> had an enormous specific surface area, which could react with more CDs. Subsequently, CDs-MnO<sub>2</sub> nanocomposites were synthesized through a facile one-step method. As a result of fluorescence resonance energy transfer (FRET) from CDs to the MnO<sub>2</sub>, the fluorescence of CDs can be quenched by MnO<sub>2</sub>. However, when GSH was introduced into the system, the quenched fluorescence could be restored because MnO<sub>2</sub> was reduced to Mn<sup>2+</sup> by GSH, which led to the elimination of FRET. Compared with other electrolytes and biomolecules, we find that the chemical response of the CDs-MnO<sub>2</sub> nanocomposites exhibited good selectivity toward GSH. Under the optimal conditions, the proposed immunosensor was successfully performed with a linear range of 0.03  $\mu\text{mol L}^{-1}$  - 974.1  $\mu\text{mol L}^{-1}$ , with a detection limit of 0.015  $\mu\text{mol L}^{-1}$ . In addition, the proposed fluorescence sensor has several merits, such as low cost, good selectivity, great biocompatibility and chemical turn-on fluorescence response.

**Keywords:** carbon dots-MnO<sub>2</sub> nanocomposites; fluorescence; glutathione; fluorescence sensor

## 1. Introduction

Glutathione ( $\gamma$ -L-glutamyl-L-cysteinylglycine) is a special water-soluble peptide with the most prevalent low-molecular weight thiol in mammalian cells, which is synthesized endogenously from the precursor amino acids L-cysteine, L-glutamic acid, and glycine [1,2]. Under normal circumstances, this tripeptide can be found in oxidized disulfide (GSSG) or reduced thiol (GSH) states and the major existing form is the reduced form (GSH). Glutathione is used in vivo almost exclusively in the reduced state hence the importance of a high GSH/GSSG ratio in the cell can never be ignored [3]. Recent studies have demonstrated that GSH have played a more and more important role in a variety of molecular reactions and biological applications in many cellular processes, including amino acid transportation, detoxification of xenobiotics, maintenance of protein redox state, neuromodulation and neurotransmission [4]. What's more, the level of GSH in tissues is related to a variety of diseases, such as AIDS, Alzheimer disease, alcoholic liver disease, cardiovascular disease, diabetes mellitus, and cancer [5-10]. Because of the biological importance of GSH, there are numbers of approaches to quantify or monitor the changes of GSH in samples, including high-performance liquid chromatography [11], electrochemistry [12], electrogenerated chemiluminescence [13], surface-enhanced raman scattering [14], mass spectrometry [15] and fluorescence spectroscopy [16]. Compared with other analytical methods, fluorescence spectroscopy has significant advantages for its high sensitivity, simplicity, and nondestructive properties [17]. Therefore, we adopt the method of fluorescence spectroscopy for the GSH detection, which may be a valuable

54 research.

55       Fluorescent probes have been recognized as the most efficient molecular tools  
56 that can help monitor and visualize trace amounts of samples in live cells or tissues  
57 because of its high sensitivity and high spatiotemporal resolution [18]. Nowadays, a  
58 variety of materials, such as organic fluorophores [19], gold nanoclusters [20],  
59 quantum dots (QDs) [21] and carbon nanomaterials [22] have been used as  
60 fluorescent probes. Among them , QDs have become one of the most extensively  
61 optical sensing nanomaterials in the detection of nucleic acids, enzymes, proteins,  
62 metal ions, and other small molecules because of high emission quantum yields and  
63 size tunable emission profiles [23]. However, those popular QDs have serious toxicity  
64 even at relatively low concentration [24]. In contrast with common QDs, carbon dots  
65 (CDs) have no burden of intrinsic toxicity or elemental scarcity and do not need for  
66 stringent, intricate, tedious, costly, or inefficient preparation steps. Therefore, CDs  
67 have attracted much interest in various fields, such as biosensing and bioimaging in  
68 live cells. At the same time because of their excellent luminescence properties, CDs  
69 have been used as benign fluorescent probes [25,26]. Hence, a design of a fluorescent  
70 probe for detecting GSH based on CDs could be available.

71       Manganese oxide nanoparticles have high reactivity, specificity and can be used  
72 as both catalyst and reactant. Among them, manganese dioxide ( $\text{MnO}_2$ ) is one of the  
73 most stable manganese oxides with excellent physical and chemical properties under  
74 ambient conditions [27-30]. As a type of transition metal oxide, it has drawn an  
75 increasing amount of attention in batteries, supercapacitors and even visible

light-driven catalysis [31-34]. However, it has rarely been reported in fluorescence strategy [35]. A special morphological  $\text{MnO}_2$  is of great interest because of their unique properties including exceptionally high specific surface area and unique electronic property. Among them,  $\text{MnO}_2$  nanoparticles have a broad absorption spectrum (250-550 nm) [36]. The spectrum overlaps with the fluorescence excitation and/or emission spectra of most kinds of fluorescent dyes. This feature allows the occurrence of FRET [37] with  $\text{MnO}_2$  nanomaterials, of which the FRET mechanism has recently been utilized for fluorescent sensing [38]. In our work, we synthesized a nanoflower-like  $\text{MnO}_2$  which have an enormous specific surface area by a microemulsion method. The novel materials have the merits of nanoparticles, and at the same time have controllable particle size, nice particle dispersion and narrow size distribution, which have a broad application prospect. Thus, the prepared nanoflower-like  $\text{MnO}_2$  was applied to fluorescence strategy in our work.

In this paper, a turn-on fluorescence sensor for GSH in aqueous solutions was fabricated successfully. We first used a delicate one-step method to produce CDs- $\text{MnO}_2$  nanocomposites which was used for detecting GSH rapidly and selectively in aqueous solution. The sensor we established exhibits superior selectivity for GSH chemical response parallel with other biomolecules and electrolytes, which may be promising to apply for monitoring changes of the intracellular GSH level in living cells. The nanoflower-like  $\text{MnO}_2$  nanoparticles we prepared exhibit an enormous specific surface area, hence, may combine much more CDs. The CDs are low-toxicity and eco-friendly, which have highly luminescence, benign optical

properties and inherent stability. They have drawn increasing attention owing to their biocompatible and nontoxic characters, demonstrating attractive applications in biosensor and biomedical imaging. As a result of FRET from CDs to the  $\text{MnO}_2$ , the formed CDs- $\text{MnO}_2$  nanocomposites can quench the fluorescence of CDs. When GSH appeared the system, the quenched fluorescence would be restored, which could be the reason that GSH reduced the  $\text{MnO}_2$  to  $\text{Mn}^{2+}$ . As far as we know, the CDs- $\text{MnO}_2$  nanocomposites fluorescence sensor could be demonstrated firstly for GSH detection and its application to constitute a fluorescent method for in vivo sensing of GSH may be promising.

## 2. Experimental section

### 2. 1. Chemicals and materials

N-( $\beta$ -aminoethyl)- $\gamma$ -aminopropyl methyldimethoxy silane (AEAPMS) was purchased from Beijing Shenda Fine Chemical Co, Ltd.(Beijing, China). Citric acid anhydrous and potassium permanganate ( $\text{KMnO}_4$ ) were purchased from Shanghai Chemical Reagent Company (Shanghai, China). Oleic acid was purchased from sinopharm chemical Reagent Co., Ltd. 3-Aminopropyltrimethoxysilane (APTS) and ethyl dimethylamino carbodiimide hydrochloride ( $\text{EDC}\cdot\text{HCl}$ ) were purchased from Xiya Reagent Research Center No.67 Chang Lin Rd, Linshu, Shandong. Rabbit liver metallothionein (MT) II was purchased from Shanghai Sangon Biotechnology Co., Ltd. (China). Glycine (Gly), D-aspartic acid (Asp), thioredoxin (Trx) (from *Escherichia coli*), glucose, bovine serum albumin (BSA), GSH (reduced form), glutathione reductase (GR) and other reagents of analytical reagent grade were

120 purchased from Aladdin Co., Ltd (Shanghai, China). All reagents were of analytical  
121 grade reagent or the highest purity available and directly used for the following  
122 experiments without further purification and the aqueous solutions unless indicated  
123 were prepared with doubly distilled water.

## 124 **2. 2. Apparatus**

125 The morphology and composition of the prepared materials were characterized  
126 by a QUANTA FEG 250 thermal field emission scanning electron microscope (SEM,  
127 FEI Co., USA) and energy dispersive X-ray spectroscopy (EDS) equipped with an  
128 X-MAX50 X-ray energy dispersive spectrometer (Oxford Co., UK), operated at 15  
129 kV. Ultraviolet-visible light (UV-vis) absorption spectra were recorded on a UV-2550  
130 spectrophotometer (Shimadzu Suzhou instruments Mfg. Co. Ltd.) in the range of  
131 200-800 nm. Fluorescence spectra were collected using a RF-5301PC  
132 fluorophotometer (Shimadzu Co., Ltd., Japan). The samples were excited at 325 nm  
133 and the fluorescence emission ranged from 360 nm to 600 nm, in steps of 1 nm. All  
134 UV-vis absorption and fluorescence measurements were measured at room  
135 temperature.

## 136 **2. 3. The synthesis of CDs**

137 CDs were synthesized according to previous typical literature [39]. Firstly, 10  
138 mL AEAPMS were placed into a 100 mL three-necked flask, and degassed with  
139 nitrogen for 5 min. After that, the flask was heated and till 240 °C, 0.5 g citric acid  
140 anhydrous was then quickly added to the solution with vigorous stirring. The mixture  
141 was then kept at the temperature for 1 min. Finally, the final products were purified by



142 precipitation with petroleum ether for three times; about 2 mL CDs were obtained.

#### 143 **2. 4. Preparation of MnO<sub>2</sub> nanoflowers**

144 MnO<sub>2</sub> Nanoflowers were prepared by a typical procedure [40]. In brief, 0.2500 g  
145 KMnO<sub>4</sub> was dissolved in 125 mL of ultrapure water, and the mixture was stirred for  
146 about 0.5 h. Subsequently, 2.5 mL of oleic acid was then added, and a steady emulsion  
147 was formed. After the emulsion was maintained at room temperature for 24 h, a  
148 brown-black product was collected, and washed several times with ultrapure water  
149 and alcohol to remove any possible residual reactants. Finally, the product was dried  
150 in air at 60 °C for 12 h.

#### 151 **2. 5. The synthesis of CDs-MnO<sub>2</sub> nanocomposites**

152 The MnO<sub>2</sub> nanoflowers were first reacted with aminopropyltrimethoxysilane  
153 (APTS) to modify their surface with NH<sub>2</sub> groups [41]. Typically, MnO<sub>2</sub> nanoflowers  
154 (50 mg), APTS (100 µL), and toluene (16 mL) were added successively into a 250 mL  
155 round-bottomed flask. Afterwards, the reaction mixture was stirred and refluxed at  
156 120 °C under N<sub>2</sub> for 6 h. The modified MnO<sub>2</sub> nanoflowers were then washed with  
157 toluene, and dried in air at 60 °C. 1 mg modified MnO<sub>2</sub> nanoflowers were firstly  
158 dissolved in 10 mL ultrapure water by sonication. In a typical reaction, 200 µL CDs  
159 solution was added to 2.5 mL PBS buffer (0.1 M, pH 7.0). 500 µL of MnO<sub>2</sub> solution  
160 and 3 mg EDC·HCl were then added and the volume of mixture was adjusted to 10  
161 mL with ultrapure water. After that, the resulting mixture was sonicated for 30 min so  
162 that the reaction could be completely finished.

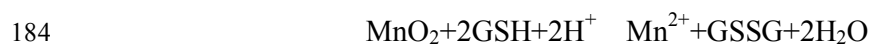
#### 163 **2. 6. Fluorescence sensing of GSH**

The sensing solutions were prepared by mixing 100  $\mu\text{L}$  of CDs-MnO<sub>2</sub> nanocomposites solutions with 100  $\mu\text{L}$  of GSH with different concentrations in 1.5 mL centrifuge tubes at room temperature. The solutions were then diluted in 1 mL in ultrapure water and mixed thoroughly in different incubation reaction time. Afterward, the fluorescence emission spectra of the mixtures were recorded with excitation at 325 nm and the fluorescence intensity of CDs-MnO<sub>2</sub> nanocomposites by GSH in different incubation time was studied.

### 3. Results and discussion

#### 3. 1. Possible mechanism for the sensor

Figure 1 demonstrated the principle of CDs-MnO<sub>2</sub> nanocomposites sensor for GSH. The MnO<sub>2</sub> nanoflowers with functionalized amino groups could be easily connected with CDs via an acylation process, which had active group carboxyl on the surface. Similarly, the -NH<sub>2</sub> modified MnO<sub>2</sub> nanoflowers would react with CDs that were modified with -COOH. Thus, the CDs-MnO<sub>2</sub> nanocomposites could be easily obtained and the nanocomposites are very stable. When GSH is injected into the system, MnO<sub>2</sub> could be reduced by GSH, which lead to the inhibition of the FRET process between CDs and MnO<sub>2</sub>, so the fluorescence intensity restores. In the redox process, MnO<sub>2</sub> was reduced to Mn<sup>2+</sup> and GSH (via the sulfhydryl groups [-SH]) was oxidized to glutathione disulfide (GSSG) via -SH exchange [36], as shown by the equation below.



Hence, the simple and facile CDs-MnO<sub>2</sub> nanocomposites could be as a fluorescence

186 sensor for rapid screening and quantification of the GSH levels.

187 Scheme 1

### 188 3. 2. The characterization of CDs, MnO<sub>2</sub> and CDs-MnO<sub>2</sub> nanocomposites

189 Optical properties of the CDs were characterized by UV-vis absorption and  
 190 fluorescence spectroscopy. As shown in Figure 1A (a), CDs have an obvious moderate  
 191 UV absorption at 200 nm-400 nm. Furthermore, an absorption edge extending to 400  
 192 nm was only found in CDs, indicating the formation of CDs [42]. Under the excitation  
 193 of 325 nm, the CDs exhibit distinct fluorescence emission at 458 nm (Figure 1A (b)).  
 194 The inset in Figure 1A is the photographs of diluted solutions of CDs, which is nearly  
 195 colorless (or a very slight yellow color) under visible light, while it emits intense  
 196 green fluorescence under a 365 nm UV light. Figure 1B displays the fluorescence  
 197 spectroscopy of CDs solutions and the UV-vis absorption spectrum of MnO<sub>2</sub>  
 198 nanoparticles which was synthesized by microemulsion method. It can be observed  
 199 that MnO<sub>2</sub> nanoparticles (Figure 1B (a) ) have a broad absorption band from 250 nm  
 200 to 550 nm, which matches well with the previous reported optical characteristic of  
 201 MnO<sub>2</sub> nanomaterials [36, 43]. Obviously, as shown in Figure 1B, the absorbance  
 202 spectrum of MnO<sub>2</sub> nanoparticles overlaps well with the fluorescence emission of the  
 203 CDs, which leads to FRET from the CDs to the MnO<sub>2</sub>. To get a further understanding  
 204 of the morphology of MnO<sub>2</sub> nanoparticles, the TEM image is displayed in Figure 1C.  
 205 As seen from the TEM image, the MnO<sub>2</sub> nanoparticles of 200 nm in diameter have a  
 206 nanoflower-like structure that formed by the self-assembly of MnO<sub>2</sub> nanoplatelets. A  
 207 typical energy-dispersive spectrometry (EDS) spectrum of MnO<sub>2</sub> products is shown in

208 Figure 1D, which shows that the obtained deposits are pure  $\text{MnO}_2$ .

209 Figure 1

210 The formation of  $\text{CDs-MnO}_2$  nanocomposites is characterized by UV-vis  
 211 absorption spectrum and fluorescence spectrum. A broad absorption peak at 400 nm  
 212 was displayed in Figure 2A (b), which demonstrates the characteristic of  $\text{MnO}_2$   
 213 nanomaterials. In addition, the fluorescence spectrum of  $\text{CDs-MnO}_2$  nanocomposites  
 214 in Figure 2B (b) further testify the formation of  $\text{CDs-MnO}_2$ , which have an apparent  
 215 extinction of fluorescence intensity than CDs. Figure 2C demonstrates the  
 216 fluorescence response of CDs modified with different concentrations of  $\text{MnO}_2$  (from 0  
 217 mM to 0.04 mM). As expected, the fluorescence intensity of CDs decreased as the  
 218  $\text{MnO}_2$  concentration increased (Figure 2C). A good liner relationship is observed in  
 219 Figure 2D. The fitted equation is  $Y = -1.48781 + 5054.58484X$  with the concentration of  
 220  $\text{MnO}_2$  in the range of 0-0.04 mM ( $R^2 = 0.9968$ ), as displayed in Figure 2D. This is  
 221 possibly because the  $\text{MnO}_2$  had larger superficial area, with the  $\text{MnO}_2$  concentration  
 222 increasing, the absorption capacity to CDs became higher, which lead to the  
 223 fluorescence of CDs be more heavily quenched.

224 Figure 2

### 225 3. 3. Fluorescence sensing of GSH based on the $\text{CDs-MnO}_2$ nanocomposites

226 The kinetics of the reaction between GSH and  $\text{CDs-MnO}_2$  nanocomposites was  
 227 measured in a spectrofluorometer by monitoring the fluorescence recovery on the  
 228 basis of time. Figure 3A shows that the fluorescence intensity of CDs gradually  
 229 increases with the reaction time. The whole approach reached equilibrium at about 3

min, which displays a rapid react process at room temperature. We select 3 min as incubation time for sensitive measurement of GSH in the subsequent experiment.

Figure 3

We researched the fluorescence response of CDs-MnO<sub>2</sub> nanocomposites after incubation 3 min with different GSH concentrations in aqueous solutions for the purpose of studying the applicability of the fluorescence sensor for GSH determination. With the increase of GSH concentration from 0 mM to 2 mM, the fluorescence of the CDs restored gradually and the sensing response reached the maximum finally, which showed no further more fluorescent enhancement. The inset in Figure 3B shows the plot of fluorescence enhancement ( $F-F_0$ ) against the concentration of GSH. The equation of fitted curve is  $Y=171.3-242.8/(1+\exp((X-316.3)/432.9))$ . The fitted curve could be used for the quantification of GSH with a correlation coefficient of 0.9975, and the detection limit could reach as low as 0.015  $\mu\text{M}$  based on the definition of 3 times the deviation of the blank signal ( $3\sigma$ ). The liner fitted equation is  $Y=9.08669+0.12413X$ ,  $R^2=0.9957$ . We attain the final result that the linear range is 0.03  $\mu\text{mol}\cdot\text{L}^{-1}$ -974.1  $\mu\text{mol}\cdot\text{L}^{-1}$  by calculation.

### 3. 4. Selectivity of CDs-MnO<sub>2</sub> nanocomposites based turn-on fluorescence sensor toward GSH

Selectivity is a critical parameter to evaluate the performance of a fluorescence immunosensor. The influence of some electrolytes and biomolecules (amino acids, proteins, etc.) was added into aqueous solutions to evaluate the selectivity of

252 CDs-MnO<sub>2</sub> nanocomposites for GSH and the experimental results was shown in  
 253 Figure 4. Figure 4A demonstrates that CDs-MnO<sub>2</sub> nanocomposites exhibit a higher  
 254 fluorescence response toward GSH concentrations from 200  $\mu$ M to 500  $\mu$ M. However,  
 255 we don't observe a noticeable fluorescence response changes with other electrolytes  
 256 and biomolecules. In addition, protein thiols at the intracellular or higher  
 257 concentration [44] produced a very low fluorescence response, which could be owing  
 258 to the steric factor between nanocomposites and protein (including GR, Trx, MT in  
 259 Figure 4A). What's more, some nonthiol reducing agents (Vitamin E, Vitamin C,  
 260 NADPH, NADH in Figure 4B) at the concentrations according to the intracellular  
 261 concentrations or slightly more than intracellular concentrations [44, 45] was also  
 262 detected. The experimental results are shown in Figure 4B. On the average, the Figure  
 263 4 shows that CDs-MnO<sub>2</sub> nanocomposites display a highly selective fluorescence  
 264 response toward GSH over other nontarget samples.

265 Figure 4

#### 266 4. Conclusions

267 In this study, a simple and efficient CDs-MnO<sub>2</sub> nanocomposites were prepared by a  
 268 facile one-step acylation process route combined with a mild ultrasonic method.  
 269 Because of FRET from CDs to the MnO<sub>2</sub>, the fluorescence of the formed CDs can be  
 270 quenched by MnO<sub>2</sub>. When GSH was introduced into the system, the quenched  
 271 fluorescence could be restored. Therefore, this fluorescence turn-on nanoprobe has  
 272 been successfully applied to monitor changes of the GSH level in solution and is  
 273 promising to be applied to monitor intracellular GSH level in living cells. Compared

274 with other electrolytes and biomolecules, the chemical response of the CDs-MnO<sub>2</sub>  
275 nanocomposites exhibits good selectivity toward GSH. In the meanwhile, the  
276 CDs-MnO<sub>2</sub> nanocomposites have several appealing features, including low cost, easy  
277 preparation, low biotoxicity, nice biocompatibility and turn-on fluorescence response.  
278 As a result, the immunoassay exhibited high sensitivity, excellent selectivity, low  
279 detection limit and accepted precision on the detection of GSH. Therefore, the novel  
280 fluorescence sensor may have a promising applicability for quantitative GSH  
281 detection.

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423

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440

## 440 **Figure Captions**

441 Scheme 1. Schematic representation of CDs-MnO<sub>2</sub> nanocomposites for sensing of  
442 GSH.

443 Figure 1. (A) UV-vis absorption (a) and fluorescence spectra (b) of CDs solution.  
444 Inset shows the color change of CDs solution without and with UV irradiation. (B)  
445 Spectral overlap showing the UV-vis absorption spectrum of MnO<sub>2</sub> nanoparticles (a)  
446 and the fluorescence emission spectrum of the CDs (b). (C) Representative TEM  
447 images of nanoflower-like MnO<sub>2</sub> nanoparticles. (D) EDS of MnO<sub>2</sub> nanoparticles.

448 Figure 2. (A) UV-vis absorption spectra of the CDs (a) and CDs-MnO<sub>2</sub>  
449 nanocomposites (b). (B) Fluorescence spectra of CDs (a) and CDs-MnO<sub>2</sub>  
450 nanocomposites (b). (C) Fluorescence spectra of CDs-MnO<sub>2</sub> prepared by different  
451 concentrations of MnO<sub>2</sub> (a, b, c, d, e, f, g, h represent 0, 0.0051, 0.0102, 0.0153,  
452 0.0204, 0.0256, 0.0307, 0.0358 mM respectively.) at excitation wavelength of 400 nm.  
453 (D) The liner relationship of MnO<sub>2</sub> concentration and nanocomposite fluorescence  
454 intensity.

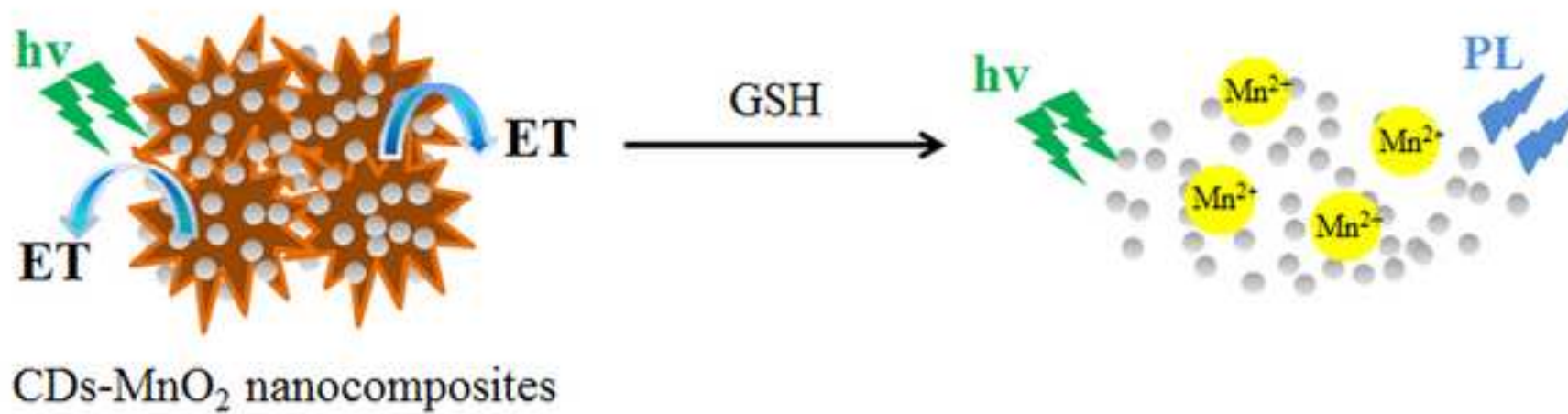
455 Figure 3. (A) Fluorescence response of CDs-MnO<sub>2</sub> nanocomposites in the presence of  
456 GSH (1 mM) (a) and in the absence of GSH (b), as a function of time. (B)  
457 Fluorescence emission spectra of CDs-MnO<sub>2</sub> nanocomposites in the presence of  
458 different concentrations of GSH (0-2 mM). The inset shows plot of the fluorescence  
459 intensity versus GSH concentration (0-2 mM).

460 Figure 4. Fluorescence response of the CDs-MnO<sub>2</sub> nanocomposites toward (A) GSH,  
461 different electrolytes and biomolecules (B) NADPH, NADH, Vitamin C, Vitamin E,



462 (50  $\mu\text{M}$  for each) and GSH.  $F$  and  $F_0$  represent the fluorescence intensity in the  
463 presence of the target (GSH) and the response of water, respectively.

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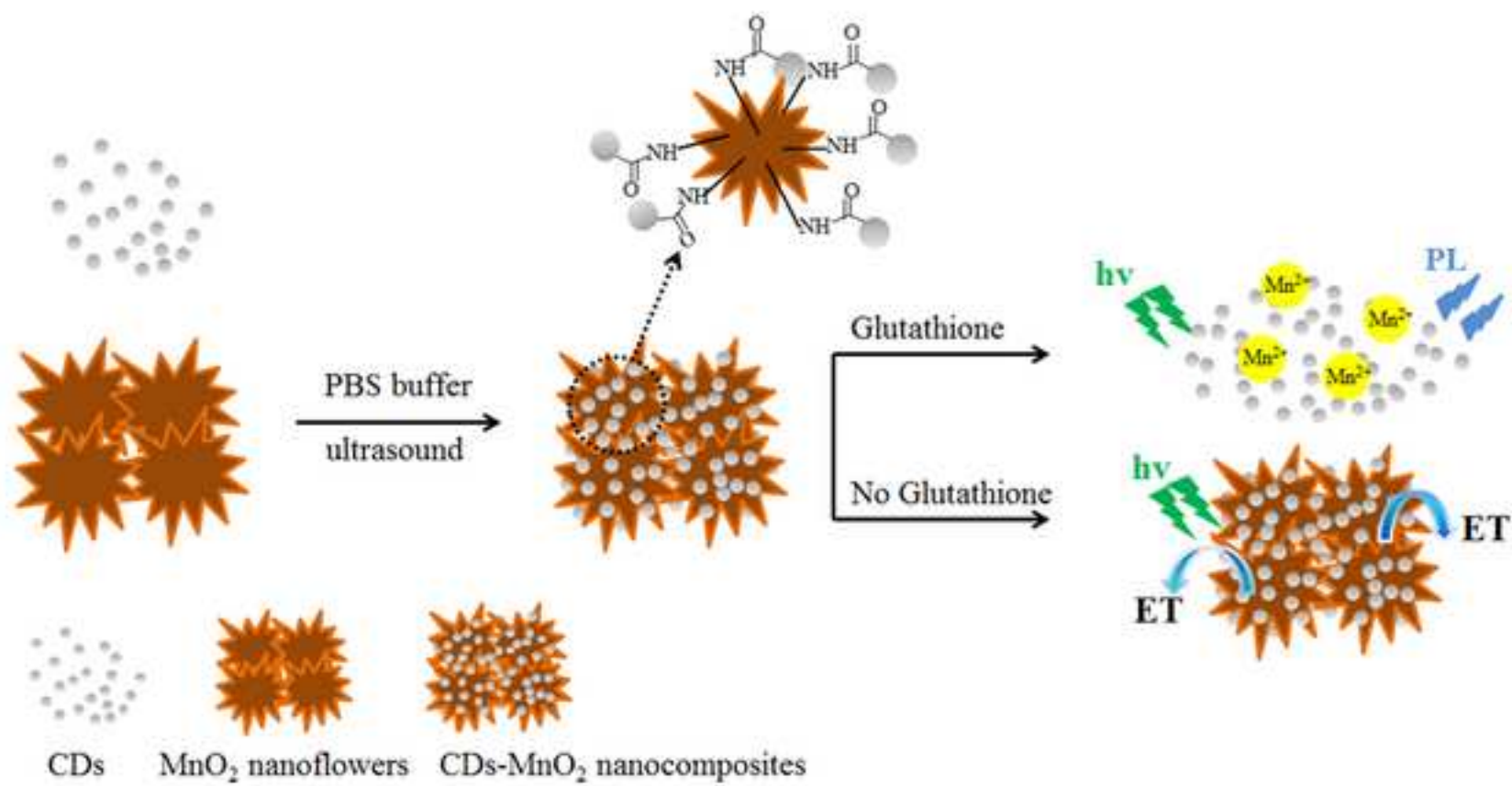


Figure 1

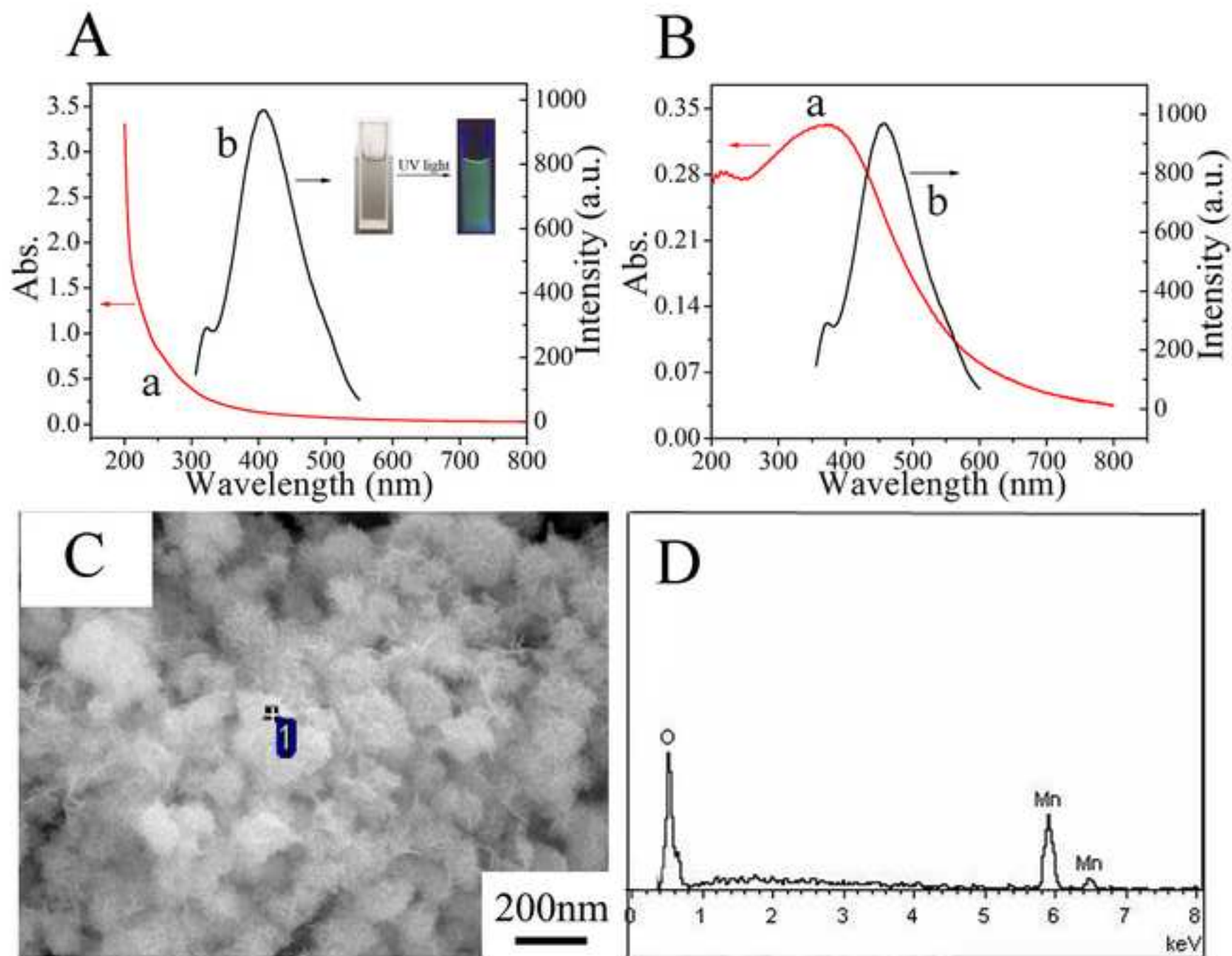


Figure 2

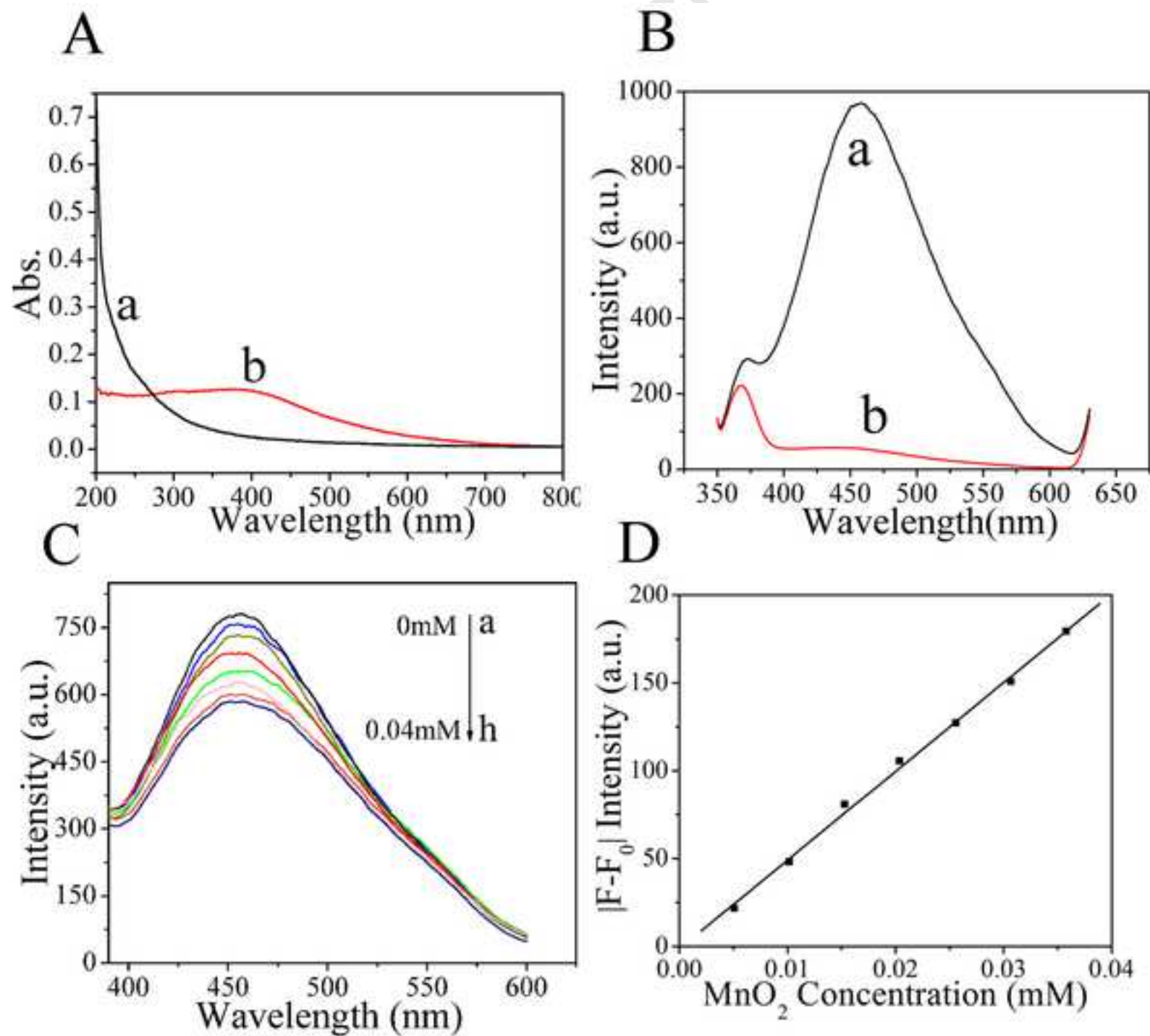


Figure 3

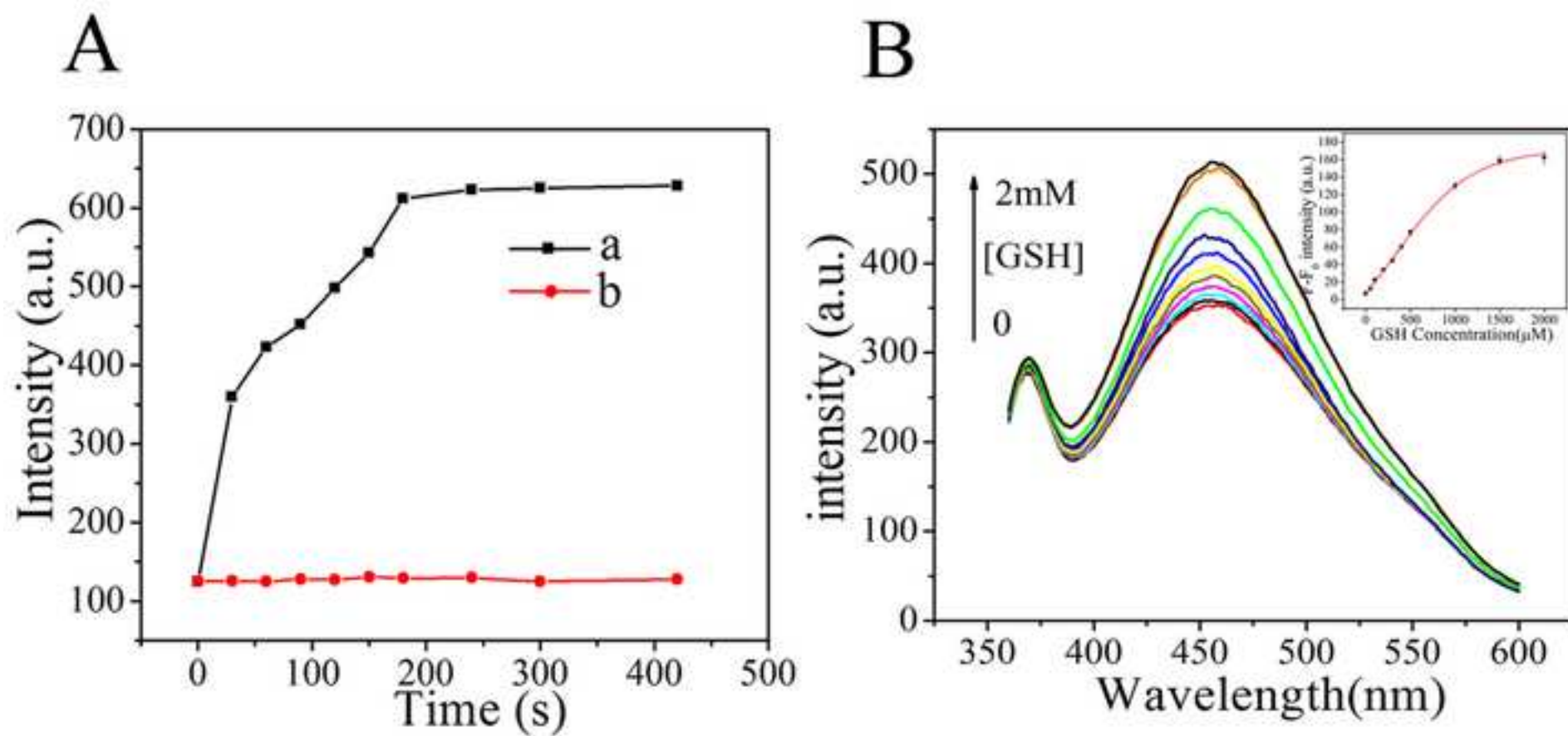


Figure 4

