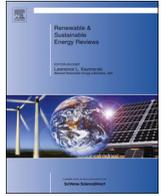




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## Trends of European research and development in district heating technologies

M.A. Sayegh<sup>a</sup>, J. Danielewicz<sup>a</sup>, T. Nannou<sup>b</sup>, M. Miniewicz<sup>a</sup>, P. Jadwiszczak<sup>a</sup>, K. Piekarska<sup>a</sup>, H. Jouhara<sup>b,\*</sup><sup>a</sup> Faculty of Environmental Engineering, Wrocław University of Technology, Wrocław, Poland<sup>b</sup> Institute of Energy Futures, RCUK Centre for Sustainable Energy Use in Food Chains (CSEF), Institute of Energy Futures, College of Engineering, Design and Physical Sciences, Brunel University London, Uxbridge, UK

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## ABSTRACT

There is a considerable diversity of district heating (DH) technologies, components and interaction in EU countries. The trends and developments of DH are investigated in this paper. Research of four areas related to DH systems and their interaction with: fossil fuels, renewable energy (RE) sources, energy efficiency of the systems and the impact on the environment and the human health are described in the following content. The key conclusion obtained from this review is that the DH development requires more flexible energy systems with building automations, more significant contribution of RE sources, more dynamic prosumers' participation, and integration with mix fuel energy systems, as part of smart energy sustainable systems in smart cities. These are the main issues that Europe has to address in order to establish sustainable DH systems across its countries.

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\* Corresponding author. Tel.: +44 1895 267805.

E-mail address: [hussam.jouhara@brunel.ac.uk](mailto:hussam.jouhara@brunel.ac.uk) (H. Jouhara).

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## 1. Introduction

District energy systems (DES) supply the consumers with electrical and thermal energy, in the form of electricity and heating or cooling. DES are a proven energy solution that has been deployed for many years in a growing number of cities worldwide. DES implementation in city's networks offer significant benefits, including an affordable energy provision system, an increased share of renewable energy (RE) sources in the energy mix of the country, the city's autonomy from energy and fossil fuels imports and its control over its energy supply, the economic development of the local community and local air quality improvements by CO<sub>2</sub> emission reductions. Especially the combination of DES and combined heat and power (CHP) systems enhance the economic and environmental benefits of the technology, since CHP systems provide the ability of recycling waste heat. These systems can be integrated into large scale for district heating (DH) and cooling applications [1,2]. DH systems are considered to be valuable assets of the energy supply networks, which enable the efficient resource utilization [3].

Currently, DH networks are well-established in many countries and possess an important part of DES. The operational principle of the system is to produce heat centrally and later distribute it to consumers through pipes buried in the ground, in order to cover their heating and domestic hot water (DHW) demands.

DH networks come in a variety of scheme sizes, able to cover the needs of a small group of buildings in the same neighborhood or city-wide schemes comprising thousands of connected buildings. DH systems are characterized by a diversity of technologies that seek to develop synergies between the power, the heat production, the supply heat, the cooling and the DHW applications of the users. The flexibility of DES allows their integration with thermal renewable technologies, such as biomass, solar thermal, heat pumps, deep geothermal, etc., a fact that can significant reduce the overall carbon gases emissions.

One of the most promising technologies towards the development of sustainable DES is CHP and combined cool, heat and power (CCHP) systems. CHP systems are usually located near commercial or residential buildings, where the waste heat produced by the turbine of the system is readily recovered and used to heat near located buildings [4]. This is typically done by the means of a DH loop, in which hot water, steam, or another medium is used to transport the heat to buildings' network [5]. In CCHP systems besides a DH loop, a district cooling (DC) loop can be used to provide cooling to the buildings. Similarly, DC systems use centrally located chilling equipment to generate cooling in the form of chilled water or another medium, which is later distributed to nearby buildings [6].

The potentials of these sustainable DES can be realized if one considers the fact that the largest amount of energy in the Europe is consumed for space heating and hot water preparation for buildings, reaching the 43% of the total Europe's final energy consumption [7]. Sustainable DES can efficiently cover these consumers' needs. However, the energy demand profile of the consumers must be taken into account, as the demand characteristics

are constantly changing. In order to regulate the relationship between the energy demands, the energy production and the energy distribution, advanced and complex control, forecast and energy management systems are required. A variety of software and models for DH supply systems are used to overcome the different heat demand purposes, always considering the supply reliability of the system [8].

### 1.1. DH overview

DH is a term established in the United States in the late 19th century, and came in Europe in the beginning of the 20th century. The first generation of DH systems was developed in 1880s and consisted of radiators, which were making use of the steam condensation to provide heat. In 1930s the second generation of systems was presented in the markets, in which hot water (higher than 100 °C) under pressure was used in the radiators, while the first CHP systems were introduced in the DH networks. The third generation of DH systems, in 1970s, was using pressurized water of low temperatures (below 100 °C) and instead of petrol oil various local fuels like coal, biomass or waste were used. Currently, RE sources such as solar and geothermal systems, are progressively incorporated into DH networks [9–13]. Nowadays, the trend is towards lower distribution temperatures of water between 30–70 °C [14]. The lower the DH return temperature is, the greater the energy efficiency of the plant is, leading to a decrease of fuel consumption and carbon footprint.

Currently, in Europe 4,174 DH systems exist, while the energy market share of DH systems corresponds to 10% of the heating market in Europe [7]. However, many of them around the world require small modifications of modernization (i.e., retrofitting) to bring them to a reliable standard. DH enables the use of a variety of heat sources that are often wasted, as well as the renewable heat [4,15]. Many researchers have focused their field of studies to investigate methods and advantages of reusing the waste energy, RE utilization, modeling of DH systems and components [8,16–21]. DH systems can significantly contribute achieving the goals of EU's energy policy in perspective of 2050 [22].

The main advantages of DH systems are that they can be incorporated into existing heating facilities with reasonable cost, using a mixture of RE sources and conventional fuels. The combination of conventional and RE technologies creates hybrid systems, which are capable to achieve better system's performance. Energy savings in buildings is a key point towards a more sustainable energy future, with the most feasible action first to renovate buildings that are planned to be connected into DH networks. Therefore, energy planning and area mapping is necessary, in order to define zones where building renovation and DH development is promoted. The energy savings obtained from DH network extensions seem an attractive solution from an energy and environmental point of view. However, the economic viability of DH systems still needs to be evaluated. Actually, the current key challenge is to find an optimized economic and energy solution combining both the future development of DH systems and the energy savings [23–27].

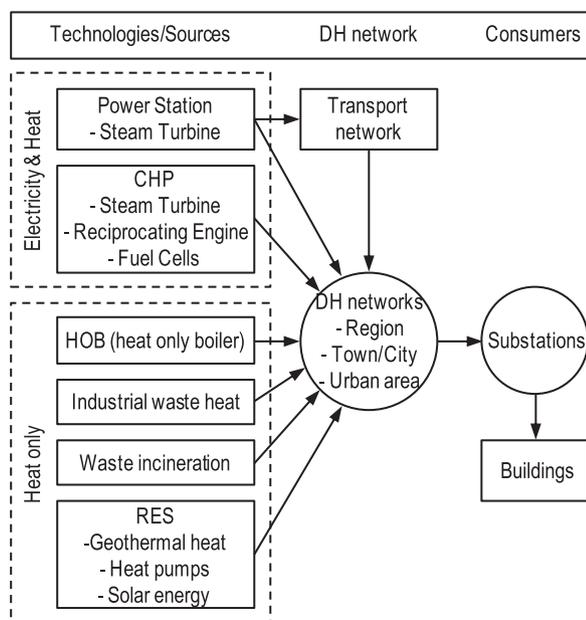


Fig. 1. DH system components and technologies.

The DH technologies vary in many ways in the EU countries, depending on each country's energy policy, energy security, economic development, access to new and innovative technologies, reliance of own fuel resources, regulations, climatic and local conditions. Therefore, the development of DH systems differs in terms of energy efficiency, CO<sub>2</sub> emissions and use of RE sources in each country. However, the ultimate goal is to create a common EU energy legislation regarding DH networks and technologies.

A general scheme of DH is presented in Fig. 1 and describes the operation and the connections of a DH network. The main parts of a DH system are a heat source, a heat transport network and several substations to supply the energy to the consumers. In that way, the end users have only a simple on site unit consisted of heat exchangers, pumps and valves. Some of the benefits of DH installations are that the onsite units of the consumers do not require annual maintenance comparing to the combustion chambers and that the consumers are not facing the risks associated with onsite fuel storage and delivery [28].

DH systems consist of one or more central sources and a network of insulated pipe to provide hot water to end users. The energy technologies used for DH applications can be categorized into two groups: CHP systems and heat only systems as it shown in Fig. 1. CHP systems use the rejected or waste heat from the power generating units to produce hot water. CHP systems have been widely used for several decades now. The most common technologies of these systems are steam turbines with coal, turbines and gas engines with innovative fuel cell technologies. The term 'heat only systems' refers to steam generating systems or hot water boilers, with the use of conventional or renewable fuels (biomass), industrial waste heat, municipal waste incineration plants and RE sources, such as geothermal heating plants, heat pumps and solar energy [7,29].

The basic energy sources used in DH systems are fossil fuels such as coal, gas and fuel oil, as well as RE sources. Fig. 2 represents the share of fuels used in CHP systems in Europe, for the year 2009. It is obvious from Fig. 2 that the two dominant fuel categories are coal (34.8%) and gas (39.4%). However, this fuel distribution may differ for each EU country.

The main advantage of DH systems against the separated heating methods is the wide variety of energy sources that they

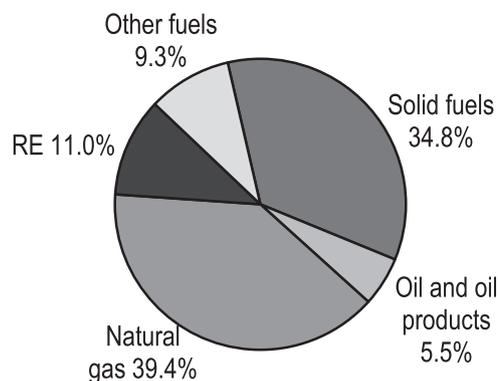


Fig. 2. Share of fuels in CHP systems in EU [5].

can use, such as biomass (straw, wood waste), municipal waste, RE resources (geothermal, solar) and industrial waste heat.

DH systems can use different energy sources in a common cycle, creating hybrid systems, which gives a significant technological advantage and the potentials of further development. These hybrid systems combine conventional methods of energy production from fossil fuels, with the use of alternative and RE technologies, like heat pumps, solar collectors or gasification of fuels (coal, biomass). As a result, hybrid systems manage to achieve higher energy efficiency and greater fuel savings, while minimizing their environmental impact. The transition from conventional energy technologies to combined DH systems is already noticeable in Europe.

## 2. Main principles of analysis

The current state of DH in Europe and its development are characterised on the basis of technical information, scientific diagnosis and statistical analysis. In this paper several types of DH systems, heat sources, potentials end users, DH management tools and health effects are presented. A sustainable DH system aims to reduce the consumption of conventional fossil fuels, to increase the share of RE sources, to improve the energy efficiency of the system and to reduce the impact of DH on the environment and the human health [30–33].

Currently, energy sustainability is an important and common goal for all EU countries. However, the implementation of fully sustainable DH system which will satisfy all the above aims meets various obstacles, due to the limited availability of local energy sources and fuels, energy policies, innovation, economic conditions, environment and health protection, etc. The only feasible solution to overcome these problems is the development of a common EU energy legislation regarding DH networks and their technologies [25,34–38,75].

## 3. Energy technologies in DH

According to Fig. 1 DH technologies are divided into CHP and heating-only technologies [100,101,103,109]. These two categories are analyzed in the following text.

### 3.1. Combined heat and power systems

One of the most desired characteristics of CHP plants is their electricity production. The generation of electricity is a result of the conversion of fossil fuel's chemical energy to thermal and mechanical energy, which powers the generator of the system. Electricity production by conventional-separated methods is

characterized by low efficiency rates, around  $\eta_{el}=0.15-0.4$ , with the average efficiency of conventional plants in the EU being around 0.38. CHP systems achieve higher energy efficiency rates and less fuel consumption and carbon footprint, compared to the separated processes of heat and power generation. Moreover, more advanced CHP technologies allow the recovery of the system's waste heat to provide cooling, along with heating and power. These systems are called Combined Cooling, Heating and Power (CCHP) plants [83,85,86,87,88,91,95].

Currently, the most widespread technologies of power generation in CHP systems are steam turbines, gas turbines, combined gas-steam turbines (GTCC-gas turbine combined cycle), gas engines with spark ignition and diesel engines. The thermal energy produced during the fuel combustion is later used for heating the water of DH systems or to produce high-pressure steam (HP), for further system's operations. In that way, the waste heat of the system is continuously used in the generation process, improving the electrical efficiency of the system [39–42].

The electrical power produced by individual units in power plants ranges from 40 to 1000 MW<sub>el</sub>. The typical components of power generation plants are steam boilers, steam turbines, condensers, circulating pumps and a closed power cycle of working fluid, which is usually water. The power efficiency of these generation units depends on steam's and water's thermodynamic cycle parameters.

One of the greatest concerns of conventional power plants is their pollutants emissions, particularly of CO<sub>2</sub>, caused by coal combustion. It is estimated that the global rate of CO<sub>2</sub> emissions from coal power plants with efficiency of  $\eta_{el}=0.30$  is approximately 1115 gCO<sub>2</sub>/kW h a value that exceeds the limit of 454g CO<sub>2</sub>/kW h, set by the US Environmental Protection Agency (EPA) by 2.5 times [21]. It is possible to reduce the CO<sub>2</sub> emissions, by implementing coal/biomass co-burned technologies, combined coal-burned boilers with biomass boilers or new constructed biomass boilers [43].

One of the benefits of CHP units is that the user can control the ratio between the thermal energy supplied to the DH system and the generated electricity from the unit. The thermal and the electrical energy produced by the CHP plant is characterized by an inversely proportional relationship; the production of higher amount of heat corresponds to less generated power. In the literature this behavior is compared to the operation of virtual heat pumps. The virtual heat pump coefficient of performance (COP) is described as proportion of the heat supplied to the DH system and the unproduced electricity [44]. For a traditional heat pump the COP is around 3–4, while for a virtual heat pump the COP ranges between 6 and 10. Power plant units are more efficient when are operated in baseload mode. Peak water boilers can be integrated to produce extra heat load, in order to cover the heat demands.

The last twenty years, the driving technology in the field of electricity generation is gas turbines or engines. The developed gas technologies find application in large scale CHP plants and in small/micro scale systems.

### 3.1.1. Gas turbines (GT)

Gas turbines consist of an electricity generator, a gas turbine, several compressors installed on the same shaft and a combustion chamber. The electrical efficiency of a GT usually ranges between  $\eta_{el}=0.35-0.42$  [45,46]. The typical range of electrical generation by GT rates between 1 and 40 MW<sub>el</sub>, and between 1 and 250 MW<sub>el</sub> for industrial turbines. The ratio of power to heat, produced by GT, is in the range of 0.5–2, which is considered to be one of the highest ratios compared to other systems. The high temperature of the exhaust gases of the GT (> 450 °C) allows the production of hot water and high or low pressure steam. However, the cost of electricity production by GT is higher than coal-burning

technologies, mainly due to the price of gas. For that reason, GT are used in cases of peak demand electricity.

### 3.1.2. Gas-steam turbines

Gas-steam turbines combined cycle (GTCC) have higher electrical efficiency comparing to GT. GTCC systems have the ability to further use their waste heat back to the process of the electricity generation. GTCC consist of a heat recovery steam generator (HRSG), a steam turbine and a condenser. The heat supplied in the DH network is produced by the condenser of the steam turbine, the waste heat exchanger and the exhaust gases boiler. The existing GTCC systems can achieve up to  $\eta_{el}=0.59$  electrical efficiency [45]. GTCC power plants are suitable for covering large proportion of DH demands.

### 3.1.3. Gas engines

Reciprocating gas engines [46] are widely used in CHP units, especially for small DH applications and individual buildings. These systems can provide 5k W<sub>el</sub> to 8 MW<sub>el</sub> of electrical power. Their electrical efficiency is in the range of  $\eta_{el}=0.2-0.4$ , while their power to heat ratio is between 0.5 and 1. Furthermore, this type of systems considers being very competitive in terms of volumetric investment cost, compared to other thermal and power solutions. The heat recovery system uses the temperature of the exhaust gases, which is between 380 and 550 °C, and the engine cooling temperature, which is below 90 °C. Hence, they are most often used for low-temperature DH applications. Spark-ignition engines or diesel engines can also be used, but they require constant cooling of their engines. Usually, they are working in the base heat load and the peak heat demand is covered by water boilers. In some cases heat storage are also installed in order to maximize the production of electricity in cases of which the base load production is not sufficient.

### 3.1.4. Fuel cells

Fuel cells enable the production of electricity and heat by the direct conversion of chemical energy of the fuel. They are characterized by higher efficiency rates compared to the traditional energy technologies formerly described [47]. The achieved efficiency of electricity depends on the type of fuel cell used and usually ranges between 30 and 60%. The use of fuel cells in DH systems increases the efficiency of the fuel cells up to 90%. The operating temperature depends on the catalyst design and the type of electrolyte used and ranges from 50 to 200 °C and from 600 to 1000 °C. The generated electric power by current fuel cells ranges from 3 to 1000 kW and can reach up to 10,000 kW. Fuel cell technology is mainly used in applications of small and medium scale power systems [46,48–50].

The power to heat ratio of fuel cells ranges from 0.5 to 1.4. The basic fuel used in fuel cell technology is hydrogen, but it is possible to convert other hydrocarbon fuels to hydrogen, by the process of reforming. In combination with other technologies (gas, steam turbines) fuel cells can achieve electrical efficiency rates up to 60%. However, until now large scale fuel cell DH systems do not exist, due to the high costs of the fuel cell production.

## 3.2. Heat-only systems

### 3.2.1. Boilers

Heat-only boilers (HOB) are probably the oldest system of DH networks. They can be stand alone, as a heat source in DH applications or they can be part of a greater heat system of power plants. The boilers use conventional solid fuels, like coal, oil, natural gas, etc. However, one of the recent developments in the field is the use of boilers burning two types of fuels; conventional fuels and biomass. Biomass is used as a fuel in form of straw, wood

chips, forest waste, biofuels and biogas. The thermal efficiency of a system like this ranges between  $\eta_{th}=0.85\text{--}0.97$  [45]. In addition, higher efficiency is achievable by gas-fired boilers, using exhaust condensation techniques. Solid fuel boilers with grate furnaces show the lowest thermal efficiency. Water boilers are characterized by long-term employment without a significant reduction of efficiency, as long as regular maintenance is provided. HOB can be used in small and medium-sized heating systems ( $< 100\text{ MW}_{th}$ ), in which the use of CHP units is not profitable.

### 3.2.2. Heat pumps

DH multi-stage heat pumps (compressor and absorber) and hybrid systems (absorption-compression) are often used in DH systems [97,113]. The COP of heat pumps ranges between 2.5 and 5.5, depending on the cooling and temperature levels of the lower source, the properties of the working fluid ( $\text{CO}_2$ ,  $\text{NH}_3$ ) and the temperature range of the upper source [45]. The COP of absorption heat pumps ranges between 1.7 and 2.3 for two-stage systems. Absorption heat pumps require high temperature steam, gases or water as a lower heat source [51,52].

### 3.2.3. Geothermal heating plants

Geothermal DH plants are another example of RE use, where the thermal energy stored in the ground is used to supply the DH network [90,102]. Geothermal heating plants are installed in depth of 800–3000 m underground where the temperatures ranges between 30 and 90 °C with low salt levels. Typical geothermal DH systems consist of heat exchangers (geothermal water/network water), a compression or absorption heat pump (for additional cooling of geothermal water) and a peak water boiler. Gas burners or hot-water boilers fired by gases or biomass are used for driving the absorption heat pumps [9,11,13].

### 3.2.4. RE utilization

Some of the RE sources used in DH systems are solar energy, geothermal energy, biogas and biomass [53,54,78,105]. The ultimate goal of EU countries is their independency from fossil fuels. Existing DH systems can be integrated with RE technologies, with small modifications and reasonable cost. The modifications require low temperatures and the incorporation of a heat losses network [55]. Out of the approximately 5000 DH systems in Europe, 250 are using geothermal DH technology, while it is estimated that over 25% of the EU population live in areas suitable for geothermal DH applications [56].

However, DH systems using only RE sources are not very common. They usually combine conventional energy sources with

other kinds of RE sources and thermal or energy storage. Energy storage is an essential part of DH systems due to the fluctuating energy supply from RE resources such as solar (thermal, photovoltaic, photovoltaic/thermal) or wind energy. RE can be integrated to the DH systems by central or onsite heat sources. Local RE installations reduce the heat consumption of the DH system, without any physical connection to the network. Fig. 3 represents the possible connections of RE sources in DH systems. In central mode (Fig. 3A) the RE sources deliver heat to the main heat source with large seasonal heat stores. In distributed mode (Fig. 3B) the RE sources are placed at suitable locations and connected directly to the DH system. These plants usually utilize the DH system as storage.

There are thousands of DH systems in Europe, but a small percentage of them uses RE sources as a heating/cooling system [7]. The legislation of using RE sources in DH installations varies both at national and regional levels. Most of the heat requirements comply with the EU Energy Efficiency Directive 2012/27/EU [57]. There are different barriers for large scale RE resources for DH systems, like the price of the land or restricted application on historic or protected areas, financial incentives for RE etc. However, all DH systems in Europe are operated at temperatures over 70 °C. The implementation of RE sources in the DH may reduce the total annual conventional energy demand of buildings. However, the strict legislation and the lack of practice experience and knowledge of the RE integration in DH systems are the main reasons why there are few applications of those large scale RE integrated in DH systems. The EU tries to overcome these barriers by updating the directives and providing local and regional support policies and funding.

## 4. Mono, multi-fuel and smart DH

The first DH systems were based only on single fuel heat sources (mono-fuel). In the extensive urban systems two or more sources are combined to cover the heat demands, most importantly as back up in case of one of the sources fails. These multi-fuel DH sources operate according to the energy demands and the sources' availability. The integration of energy sources with thermal storage increase the utilization of RE and DH efficiency. The more significant heat sources of DH systems are recycled heat from fossil fuels, from CHP and from industries, followed by direct use of fossil fuels, or recycled heat from renewable CHP (waste and biomass) and at last by direct use of RE sources, like geothermal, biomass and waste [58,59,89,110].

The DH flexibility and efficiency are improved by joining the DH networks with city energy grids. The integrated multi-energy systems (MES) use energy obtained from multiple energy sources and produces electricity, heat and cooling as a switched network. This integration increases the technical, economic and environmental performance of the network. MES is the main part of smart energy systems (SES) or smart cities, as they are called. SES enables the storage and transfer of the energy between the networks (Fig. 4). Until now fully SES or smart cities do not exist; only few projects, which operate as a switched energy network [30,33,35,60].

## 5. DH management

The management term in DH systems refers to the technical operations, the maintenance, the energy and economic management, the continuous development and the modernization of the system.

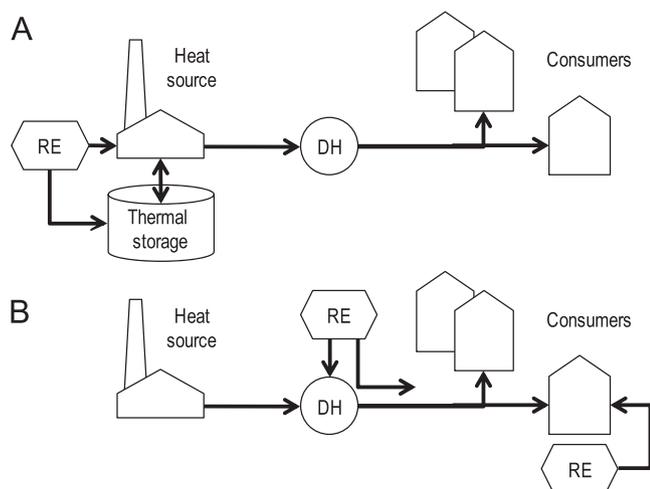


Fig. 3. Integration of RE to DH.

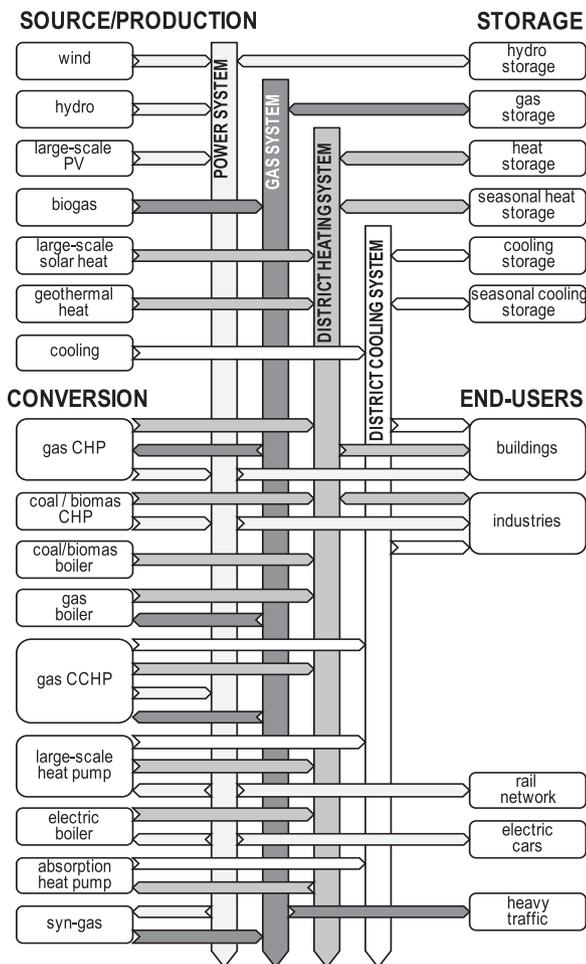


Fig. 4. Multi-fuel smart energy system.

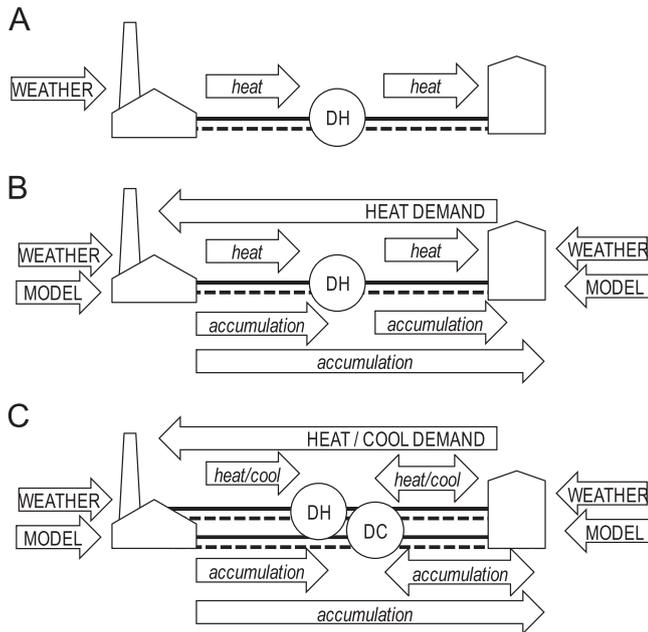


Fig. 5. DH control and forecast.

forecast of heat consumption offers the possibility of increasing the thermal efficiency and minimizing the fuel consumption and emissions. Initial designs of DH systems provided heat to the consumers, based on the ambient temperature (Fig. 5A). This has led to a discrepancy between the energy demand and the supplied heat. Attempts were made to eliminate this disadvantage, by taking into account additional metrological factors, weather data reports and demand forecasts. Good results in DH management were achieved by using weather data control, modeling of buildings' consumption and modeling of DH systems (Fig. 5B). In the literature different models are described: simple, complex, statistical, simulations, learning, adaptive and other. Currently, the most successfully model-based method uses both hierarchical and multi-agent control systems. Improved automatics and metering methods lead to better management of the heat source, the network's distribution and the heat consumption, simultaneously including DH and DC, heat/cool accumulation in network or in buildings, integration of prosumers, etc. Many existing DH systems operate on model-based methods. Smart DH networks use multi-varient simulations, online monitoring, supervisory control and data acquisition (SCADA), emulators, thermal and hydraulic models, geographic information system (GIS) and other decision support tools. The most favorable operation scenario of DH networks is to automatically determine and implement the necessary control functions (Fig. 5C) [71,79,93].

## 5.2. Reliability

The reliability of a DH network is an important issue, in addition to the adjustment of energy supply and demand. In the first DH systems, only the occurring system's failures could be detected. Then, periodic inspections and monitoring allowed early detection of threats. Currently, prevention systems, automated detection, localization of failures and eliminating their effects, via SCADA monitoring, thermal mapping, GIS and other tools are used to ensure the networks reliability [8,82,107,112].

## 5.3. Expansion and development

Today's challenge is to find expansion potentials of existing DH systems. In that direction GIS, heat atlases, databases, statistics of energy producers, life cycle assessments (LCA), powerful simulation tools including technical, economic, energy efficiency and environmental aspects are used [61].

DH should keep pace with developments in technology, regulations and heat production methods. Until now, the developments of DH systems relied on network expansions and capacity improvements of the sources. The new challenges that the field of DH is facing are the increasing consumers' heat demands, the fluctuations of heat production and difficulties to efficiently cover the needs of consumers in urban centers and remote areas. However, networks are not easily expanding due to the pumping cost and heat losses. Usually, the development of new local DH networks and the division of existing networks (decentralization) are more profitable than the expansion of existing network. The constant changes require periodic verification of the strategy, forecasting and management methods of DH [75,84,96].

## 6. Consumers in DH

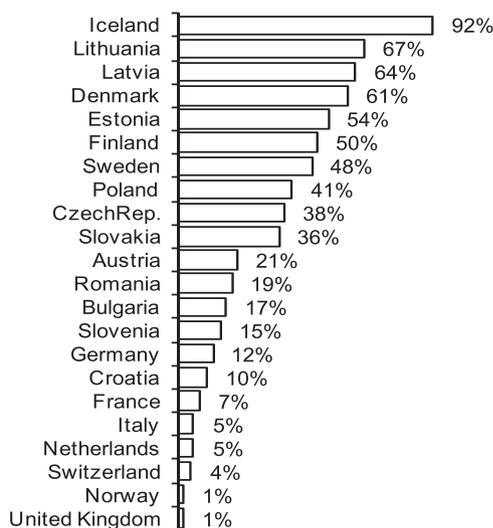
The building sector consumes approximately 40% of the total produced energy in the EU [62]. Power production in the building sector is associated with the 36% of the total EU CO<sub>2</sub> emissions [62]. In addition, the thermal energy production corresponds to approximately 80% of the total energy consumption [62]. The high

### 5.1. Control and forecast

An optimal DH operation means to meet the consumers, environmental, economic and technical requirements. An accurate

**Table 1**  
Heating sources in residential buildings (Europe) [64].

Heat source / fuel	EU region		
	South	Central & East	North & West
Biomass	27%	20%	21%
Electricity	18%	1%	13%
Oil	32%	3%	20%
Gas	23%	7%	39%
DH	0	29%	6%
Coal	0	41%	1%



**Fig. 6.** EU countries participation to DH systems [65].

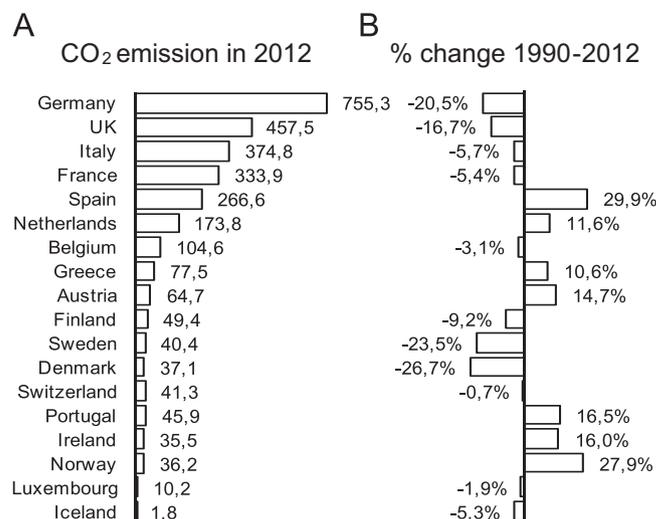
energy consumption of the building sector is mainly caused by the low energy efficiency of buildings. Nearly 40% of the buildings in EU were built before 1960s and only 18% of them fulfill the strict energy performance requirements, while their energy consumption is 5 to 10 times less than prior constructed buildings [63]. Currently, due to the Energy Performance Building Directive (EPBD) 2002/91/EC requirements the annual energy consumption of buildings is around 34 to 125 kW h/m<sup>2</sup> [61]. The potential of energy savings in the building sector is enormous. It is estimated that 75% of the existing buildings in EU are inefficient. The energy sources used for heating in the EU buildings vary considerably, depending on the EU region as it can be seen in Table 1.

Central and eastern EU regions are characterized by a high share of DH applications for residential buildings, mainly in large urban areas with large reserves of local coal for heating, compared to other EU regions where the dominant energy source is gas and fuel oil. Fig. 6 presents the percentage of contribution of each EU country in supplying the DH system, which varies from 1% to 92%.

Improvements to buildings' energy efficiency, particularly in central and eastern EU countries, and further development of energy-efficient heating systems can save significant amounts of fossil fuel and reduce CO<sub>2</sub> emissions.

## 7. Pollutants emission

The energy sector is considered to be the largest source of CO<sub>2</sub> and greenhouse gases (GHG) emissions worldwide. Due to the changes of the legislation the last 25 years, CO<sub>2</sub> emission in most EU countries have been visibly reduced [65]. But there are also countries where the emission rates have increased, and these countries can be seen in Fig. 7. The factors that helped to



**Fig. 7.** EU CO<sub>2</sub> emissions in MtCO<sub>2</sub> of fuel combustion and percentage of change in CO<sub>2</sub> emissions [70]. A) CO<sub>2</sub> emission in 2012 B) % change 1990–2012.

significantly reduce the CO<sub>2</sub> emissions are the development of filters for gases after treatment, the improvement of the energy efficiency in heat production systems and the increased use of RE sources [66].

Air pollutants are emitted directly into the atmosphere or reformed secondarily in the atmosphere [67]. The concentration, the chemical composition, the quantity and the type of pollutants vary, depending on the sources of emissions, the air masses movement and the weather and topographical conditions. Coal combustion is one of the most polluting energy conversion methods. Short-term exposure causes respiratory diseases, heart arrhythmia and allergic reactions. Prolonged exposure increases lung cancer risks, respiratory and cardiovascular diseases, arteriosclerosis and neurobehavioral changes. Air pollution is undervalued in the health system [22,68,69]. The turning point in air protection actions was the black smoke in London (1952). Similar episodes of black smoke occurred in Western Europe (1989 and 1993). The high concentrations of CO<sub>2</sub> and fine dust particles was the result of air pollution movement from the East to west Europe [67]. The fuel combustion in DH applications takes place under controlled, technologically and ecologically conditions. Compare to local heat sources (low emission) DH systems produce fewer emissions, even in case of burning coal as heat source [77,81,99,111].

## 8. Current and future trends

The DH systems exist in different schemes and stages across Europe. Mainly, the northern, central and eastern EU countries have the highest production of DH, with Poland and Germany leading the market with the greatest amount of energy supply from DH networks. In Scandinavian countries DH systems cover up to 90% of the residential heat demands.

Two scenarios are foreseen for the future of DH systems in Europe. First of all, the improvement of existing systems and the development of the next generation of DH systems, with higher efficiency and lower costs, as well as the expansion of the heat sources' range with conventional and RE sources. The second scenario is the refurbishment of old, less efficient systems by new technologies towards hybrid systems with better performance. Finally, the expansion of existing networks in all scenarios is essential in the future of DH systems. The EU legislation and the regulations regarding DH systems are changing in order to support

the DH networks development across Europe for sharing the produced energy [58]. The future EU trend is towards sustainable DH development which will be feasible by reducing the consumption of conventional fuels, by increasing share of RE, by improving energy efficiency and by reducing the impact of the systems on the environment and the human health [76,92].

## 9. Conclusions

Existing technologies of DH systems in EU countries are characterized by a great diversity of applied technologies and the use of RE sources. The degree of modifications that should be made in the existing DH systems in EU, in respect to the EU goals of 2020 and 2050, differs for each country but are directed towards sustainable development in all EU countries. It is believed that DH systems are capable of achieving all sustainable goals at a lower cost compared to every other technology by 15% [22].

It should be noted that the DH size and location does not only depend on the climatic conditions. Its utilization is highly dependent on national energy policies that play significant role in its the adoption on national levels.

All technologies in DH systems are constantly upgrading and improving. The aim is to improve the efficiency of heat generation and transmission, increase RE uses and to reduce the impact on environment and human health. Contemporary technologies enable sustainable development of small and medium scale DH by using large scale energy sources technologies i.e. CHP, GT, fuel cells, heat pumps, RE etc. It is preferable to use contemporary technologies with energy storage. The DH development requires more flexible energy systems with building automation, RE and increasing the role of prosumers participation, integration with mix fuel energy systems as part of smart energy sustainable systems in smart cities.

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