



# The medial prefrontal cortex is both necessary and sufficient for the acquisition of conditioned defeat

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## ARTICLE INFO

### Article history:

Received 25 July 2011

Received in revised form

23 September 2011

Accepted 25 September 2011

### Keywords:

Social stress

Amygdala

Defensive behavior

Conditioned fear

Aggression

## ABSTRACT

We have previously demonstrated that the basolateral amygdala (BLA) is a key component of a neural circuit mediating memory formation for emotionally relevant stimuli in an ethologically-based model of conditioned fear, termed conditioned defeat (CD). In this model, subjects are socially defeated by a larger, more aggressive hamster. Upon subsequent exposure to a smaller, non-aggressive intruder, the defeated animal will show high levels of submissive behaviors and fail to defend its territory. Here we examined whether the medial prefrontal cortex (mPFC), an area with extensive connections with the amygdala, is also a component of this circuit. Temporary inactivation of the mPFC using muscimol, a GABA<sub>A</sub> receptor agonist, significantly enhanced the acquisition but not expression of CD, while blockade of GABA<sub>A</sub> receptors in the mPFC using bicuculline, a GABA<sub>A</sub> antagonist, impaired acquisition of CD. Given these findings, we next sought to test whether plasticity related to the defeat experience occurs in the mPFC. We infused anisomycin, a protein synthesis inhibitor, in the mPFC but this treatment did not alter the acquisition of CD. In our final experiment, we demonstrated that bicuculline failed to alter the acquisition of CD. Together, these results demonstrate for the first time that while the mPFC is both necessary and sufficient for the acquisition of CD, it does not appear to mediate plasticity related to the defeat experience. In contrast, while plasticity underlying CD does appear to occur in the BLA, GABAergic receptor inhibition in the BLA is not sufficient to enhance CD.

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## 1. Introduction

Our lab has identified the primary components of an integrated neural circuit underlying conditioned defeat (CD), a learned response whereby socially defeated Syrian hamsters (*Mesocricetus auratus*) display submissive and defensive behaviors instead of territorial aggression when they are subsequently paired with a non-aggressive conspecific (Huhman et al., 2003; Potegal et al., 1993). We have also gathered substantial evidence that the amygdala, in particular the basolateral complex (BLA), is a critical component of this circuit because temporary inactivation of the BLA (via muscimol infusion) impairs the acquisition and expression of CD (Jasnow and Huhman, 2001; Markham et al., 2010). Importantly, plasticity related to the defeat experience also appears to be mediated in the BLA because overexpression of cAMP response element-binding protein (CREB) enhances the acquisition of CD whereas pre-training infusion of anisomycin, a protein synthesis inhibitor, or ifenprodil, a NMDA receptor (NR2B subunit) antagonist, both block the acquisition of CD

(Day et al., 2011; Jasnow et al., 2005; Markham and Huhman, 2008). These findings are consistent with a large number of studies showing that the amygdala is necessary for the acquisition and expression of conditioned fear in more traditional models such as auditory fear conditioning and fear-potentiated startle (Davis, 1997, 2000; LeDoux, 2000; Maren, 2001; Walker and Davis, 2002).

The prelimbic/infralimbic cortex (corresponding to the medial prefrontal cortex (mPFC)) is an area that has extensive connections with the amygdala (McDonald et al., 1996), and it is a site which we have yet to investigate for its possible role in CD. Like the amygdala, the mPFC has also been implicated in fear learning, including acquisition (Morgan and LeDoux, 1995; Morgan et al., 1993), expression (Sierra-Mercado et al., 2006) and extinction (Milad and Quirk, 2002; Morgan et al., 1993; Quirk et al., 2003) of conditioned fear. In addition, several lines of evidence suggest a functional interaction between the two areas whereby the mPFC acts to inhibit the activity of the amygdala via glutamatergic projections (Smith et al., 2000) to GABAergic intercalated (IC) cells, which in turn induce feedforward inhibition of the output neurons in the amygdala (Quirk et al., 2003). While Quirk et al. (2003) acknowledge that it is possible that other structures receiving direct

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projections from the mPFC (such as the periaqueductal gray (Floyd et al., 2000) and hypothalamus (Floyd et al., 2001)) are responsible for the inhibition of fear responses to conditioned stimuli independent of the amygdala, this does not seem to be the case because direct stimulation of the mPFC reduces the responsiveness of amygdalar output neurons in a site-specific manner (Milad et al., 2004; Quirk et al., 2003).

The primary aim of the present series of experiments was to determine whether the mPFC is part of the neural circuit mediating CD. If the mPFC exerts a feedforward inhibition of the amygdala, then temporary inactivation of the mPFC should *enhance*, while temporary activation should *impair* the acquisition of CD. We also asked whether protein synthesis in the mPFC is necessary for the formation of CD. Finally, we also sought to determine whether blockade of GABAergic receptors in the BLA would be sufficient to enhance the acquisition of conditioned defeat.

## 2. Methods and procedures

### 2.1. Animals and housing conditions

Subjects in all experiments were adult male Syrian hamsters (*Mesocricetus auratus*, Charles River Laboratories, New York, NY) that weighed 120–140 g and were between 9 and 10 weeks old at the time of testing. Upon arrival, they were housed in groups of 5–6 per cage for one week (as a quarantine measure) prior to the start of any manipulation. Animals were housed in a temperature ( $20 \pm 2^\circ\text{C}$ ) and humidity-controlled room with free access to food and water and were kept on a 14:10 h light: dark cycle with lights out at 1100 h. All training and testing sessions were performed under dim red light illumination during the first 3 h of the dark phase of the light–dark cycle in order to minimize circadian effects. Resident aggressors (RA) used for defeat training were older ( $>6$  months), singly housed males weighing between 170 and 195 g, while younger males (2 months), weighing between 110 and 120 g, were group housed (5–6 per cage) and served as non-aggressive intruders (NAI). All procedures and protocols were approved by the Georgia State University Institutional Animal Care and Use Committee and are in accordance with the standards outlined in the National Institutes of Health Guide for Care and Use of Laboratory Animals.

### 2.2. Surgical procedures

One week after arrival, subjects were anesthetized with sodium pentobarbital (90 mg/kg, i.p., Lundbeck, Inc., Deerfield, IL) and were placed into a stereotaxic frame (David Kopf Instruments, Tujunga, CA). For the medial prefrontal cortex, a stainless steel guide cannula (26-gauge, Plastics One, Roanoke, VA), held at a  $20^\circ$  angle toward the midline, was unilaterally implanted in either the left or right hemisphere (3.2 mm rostral and  $\pm 1.6$  mm lateral relative to bregma and 3.2 mm below dura). In order to minimize tissue damage to the area of interest, a smaller, 33-gauge injection needle (Plastics One, Roanoke, VA) that projected 1.2 mm below the guide cannula was used on injection day in order to reach a final depth of 4.4 mm below dura. For the basolateral amygdala, stainless steel guide cannula identical to the ones used above were bilaterally implanted in the following coordinates: 0.2 mm rostral and  $\pm 3.4$  mm lateral relative to bregma and 2.1 mm below dura. Again, in order to minimize tissue damage, a 33-gauge injection needle that projected 4.2 mm below the guide cannula and reaching a final depth of 6.3 mm below dura was used for the injection procedure. Following surgery, dummy stylets were placed in the guide cannula to help maintain patency and 1 cc of warm physiological saline and 0.1 cc of ketoprofen (Fort Dodge Animal Health, Fort Dodge, IA) was injected subcutaneously in order to aid in recovery. Hamsters were allowed 7–10 days to recover prior to the start of behavioral testing during which they were monitored daily to ensure that there was no adverse outcome from the surgery. Three days prior to the start of the experiment, subjects were handled by gently restraining them and removing and replacing the dummy stylet in order to maintain patency and to habituate the subjects to the infusion procedure.

### 2.3. Social defeat and behavioral testing

On the day of social defeat training, animals were transported to our testing suite within the vivarium and allowed to acclimate for at least 30 min. Training sessions consisted of a single 15 min (full defeat) or 5 min (sub-optimal defeat) exposure to the RA in the aggressor's home cage, upon which the RA reliably attacked the experimental hamster within 60 s. During the training session, attacks by the RA against the subject occur only sporadically in bouts, and do not last for the entire duration of the session. All training and testing sessions were recorded via a CCD camera positioned overhead. Twenty-four hours after defeat, subjects were

transported to the testing suite and allowed to acclimate for at least 30 min, after which a NAI was introduced into each subjects' home cage for 5 min. The trials were recorded and scored by an observer that was blind to the experimental conditions using the behavioral analysis software Hindsight (developed by Scott Weiss, Ph.D.). The total duration of four classes of behaviors were scored during the testing session: (a) social behavior (stretch, approach, sniff, nose touching and flank marking), (b) non-social behavior (locomotion, exploration, grooming, nesting), (c) submissive/defensive behaviors (flight, avoidance, tail up, upright, side defense, stretch attend, head flag, attempted escape from cage), and (d) aggressive behaviors (upright a side offense, chase and attack).

### 2.4. Drug infusion

#### 2.4.1. Experiments 1 and 2

Animals were removed from their home cage and gently restrained while the dummy stylet was removed. Muscimol (Sigma-Aldrich, 2.2 nmol in 300 nl saline) or vehicle control (300 nl saline) was then unilaterally infused into the left or right mPFC over a 1.5 min period using a 1- $\mu\text{L}$  syringe (Hamilton, Reno, NV) connected to a mini-infusion pump (Harvard Apparatus, Holliston, MA) via polyethylene tubing. During the infusion procedure, the animal was free to move about in a small, clear polycarbonate cage. The injection needle (33-gauge) was kept in place for an additional 1 min before being removed to ensure complete diffusion of the drug after which the dummy stylet was replaced. Testing began 10 min after drug infusion.

We chose to use muscimol, a GABA<sub>A</sub> agonist, to inactivate the mPFC/BLA for several reasons. First, GABA<sub>A</sub> receptors are widely distributed in the central nervous system, including the mPFC, and infusion of muscimol into specific brain areas induces hyperpolarization (Martin and Ghez, 1999) and has been shown to reversibly suppress excitatory neurotransmission (Allen et al., 2008). In addition, the resulting suppression of neuronal activity is temporary, lasting up to several hours depending on dose (Majchrzak and Di Scala, 2000). We based the dose of muscimol used in this study on our previous experiments showing that this dosage was the most effective in altering the acquisition and/or expression of CD while at the same time not inducing unwanted behavioral side-effects (Markham and Huhman, 2008; Markham et al., 2010).

#### 2.4.2. Experiment 3

Bicuculline methobromide (Sigma-Aldrich, 300 ng in 300 nl saline) or vehicle control (300 nl saline) was unilaterally infused into the mPFC using the same procedure described above. The dose of bicuculline used in this experiment was based on pilot studies ensuring that this dose did not induce behavioral side-effects as well as a previous study demonstrating that a similar dose was effective in blocking 8-OH-DPAT-induced circadian phase shifts (Mintz et al., 1997).

#### 2.4.3. Experiment 4

Anisomycin (Sigma-Aldrich, 1.125 nmol in 300 nl saline) or vehicle control (300 nl saline) was unilaterally infused into the mPFC using the same procedure described above, except that testing began 20 min after drug infusion. Anisomycin has been shown to impair memory by disrupting protein synthesis, and we have previously used this dose in the BLA to inhibit the acquisition of CD (Bourtchouladze et al., 1998; Markham and Huhman, 2008; Schafe and LeDoux, 2000).

#### 2.4.4. Experiment 5

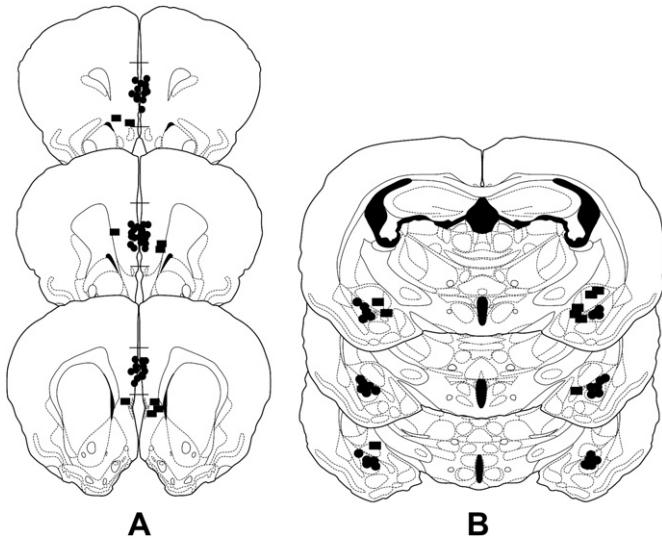
Bicuculline methobromide (Sigma-Aldrich, 200 ng in 200 nl saline) or vehicle control (200 nl saline) was bilaterally infused into the BLA using the same procedure described above. Testing began 10 min after infusion.

### 2.5. Site verification

At the end of each experiment, hamsters were administered an overdose of Sleepaway euthanasia solution (Fort Dodge Animal Health, Fort Dodge, IA) and infused with 300 nl of India ink to verify the placement of the injection needle. The brains were then removed and fixed in 10% buffered formalin for at least 48 h before being sectioned on a Leica CM 3050 S cryostat. Thirty micron sections were taken and stained with cresyl violet and coverslipped with DPX. Sections were then examined under a light-microscope (Zeiss Axioplan 2) for placement verification. Only animals with injection sites within 0.3 mm of the target structure were included in the analysis.

#### 2.5.1. Site verification results

Fig. 1A shows the injection sites for all animals in Experiments 1–4 (mPFC) while Fig. 1B shows the injection sites for animals in Experiment 5 (BLA). Only injections that were localized to within 0.3 mm of the target structure were included in the analysis. In addition, groups were collapsed over side of injection because there was no evidence of laterality (no significant difference between injections of the left and right mPFC). In experiments in which several injection sites were deemed to be misses (i.e., greater than 0.3 mm from target structure), data from these subjects were analyzed separately as an anatomical miss control group.



**Fig. 1.** Histological reconstructions of injection sites for animals receiving infusions of muscimol/bicuculline/anisomycin into the mPFC in Experiments 1–4 (A) or bicuculline into the BLA in Experiment 5 (B). Black dots represent the site of injection into the mPFC or BLA, while rectangles represent misplaced injection sites. Dots and rectangles may represent more than one placement. Drawings are adapted from [Morin and Wood \(2001\)](#).

#### 2.6. Experiment 1 and 2: effect of activation of GABA<sub>A</sub> receptors in the mPFC on the acquisition or expression of CD

The goal of this experiment was to determine whether the temporary inactivation of the mPFC using the GABA<sub>A</sub> agonist muscimol would significantly enhance the acquisition (Experiment 1) and/or expression (Experiment 2) of CD. Animals (Experiment 1,  $n = 32$ ; Experiment 2,  $n = 30$ ) were randomly assigned to either the muscimol (2.2 nmol in 300 nl saline) or the vehicle (300 nl saline) groups. For animals in Experiment 1, muscimol or vehicle was infused 10 min prior to being exposed to the RA for 15 min. We did not use a sub-optimal defeat protocol in this experiment because we were unsure what effect muscimol infusions would have on CD. On the following day, animals were tested drug-free in their own home cage against a NAI for 5 min. In Experiment 2, animals were placed drug-free into the home cage of a RA for 15 min defeat training. On the following day, they were infused with either muscimol or vehicle 10 min prior to being paired with a NAI in their own home cage.

In Experiment 1, injection needles were localized to within 0.3 mm of the mPFC in 25 of the 32 animals ([Fig. 1A](#)). Other subjects ( $n = 5$ ) had cannula placements that missed the target and were located in the intermediate region of the lateral septum (LSi). These animals were included in the anatomical miss control group. Additionally, the head caps on two of the subjects became detached during the infusion process. In Experiment 2, injection needles were localized to within 0.3 mm in 25 of 30 animals ([Fig. 1A](#)). Other subjects ( $n = 5$ ) had cannula placements that missed the target and were located approximately 0.5 mm lateral ( $n = 1$ ) or ventral to the mPFC ( $n = 4$ ). These animals were included in the anatomical control group.

#### 2.7. Experiment 3: inhibition of GABA<sub>A</sub> receptors in the mPFC on the acquisition of CD

The goal of Experiment 3 was to determine whether antagonism of GABA<sub>A</sub> receptors in the mPFC would impair the acquisition of CD. Animals ( $n = 21$ ) were randomly assigned to either the bicuculline (300 ng in 300 nl saline) or vehicle (300 nl saline) groups and injected 10 min prior to being placed in the home cage of a RA for 15 min. On the following day, animals were tested drug-free in their own home cage against a NAI for 5 min.

Injection needles were localized to within 0.3 mm of the mPFC in 19 of the 21 animals. One subject had a cannula placement that missed the target and was located approximately 0.5 mm caudal to the mPFC. One animal had a clogged cannula during the injection procedure and was excluded from the analysis.

#### 2.8. Experiment 4: inhibition of protein synthesis in the mPFC on the acquisition of CD

The goal of Experiment 4 was to determine whether plasticity related to the defeat experience is mediated, at least in part, in the mPFC. Animals ( $n = 17$ ) were randomly assigned to either the anisomycin (1.125 nmol in 300 nl saline) or vehicle

(300 nl saline) and injected 20 min prior to being placed into the home cage of a RA for 15 min. On the following day, animals were tested drug-free in their own home cage against a NAI for 5 min. Injection needles were localized to within 0.3 mm of the mPFC in all 17 animals.

#### 2.9. Experiment 5: inhibition of GABA<sub>A</sub> receptors in the BLA on the acquisition of CD

The goal of Experiment 5 was to determine whether blockade of GABA<sub>A</sub> receptors in the BLA would potentiate the acquisition of CD. In Experiment 5, animals ( $n = 47$ ) were randomly assigned to either the bicuculline (100 or 200 ng in 200 nl saline) or vehicle (200 nl saline) groups and injected 10 min prior to being defeated by an RA for 5 min. Based on our previous finding that muscimol infusion in the BLA impaired the acquisition of CD ([Markham and Huhman, 2008](#)), we hypothesized that bicuculline in the BLA would enhance CD. Therefore, in order to avoid a ceiling effect, we used a sub-optimal defeat protocol for this experiment, which was comprised of a single 5-min pairing with the RA.

Injection needles were localized bilaterally or unilaterally to within 0.3 mm of the BLA in 37 of the 47 animals ([Fig. 1B](#)). Other subjects ( $n = 10$ ) had cannula placements that missed the BLA bilaterally ( $n = 7$ ), or had clogged cannula at the time of injection ( $n = 3$ ). These animals were not included in the analysis. Of the remaining animals ( $n = 37$ ), 14 had unilateral, while 23 had bilateral cannula placements aimed at the BLA.

#### 2.10. Statistical analysis

The total duration (seconds) of each behavior displayed (Submissive/Defensive, Social, Nonsocial) was determined, and the mean total duration of each behavior was then compared using separate *t*-tests for independent samples (Experiments 1–4) and ANOVA (Experiment 5).

### 3. Results

#### 3.1. Histology

[Fig. 2](#) is a photomicrograph of a representative coronal section of the mPFC (2A) and BLA (2B) showing the location of the injection needle and subsequent ink infusion. [Table 1](#) summarizes the cannula placements, including hits and misses for all experiments in this study.

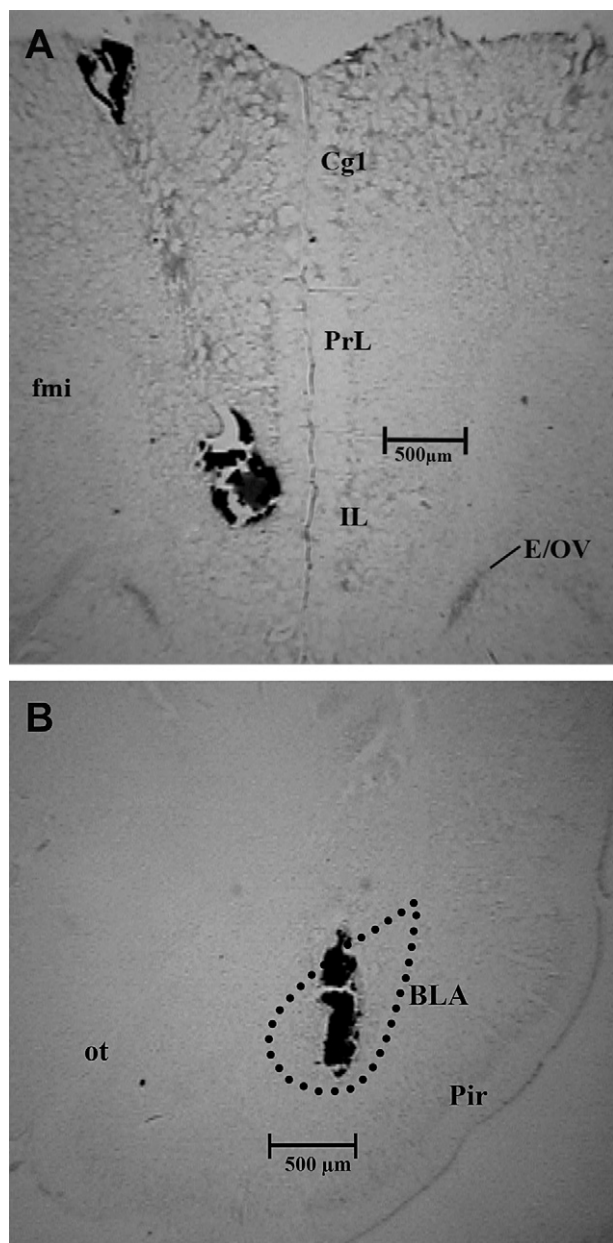
#### 3.2. Experiment 1: inactivation of the mPFC enhanced the acquisition of CD

As shown in [Fig. 3A](#), animals receiving muscimol displayed a significant increase in submissive and defensive behaviors ( $t(23) = -2.54$ ,  $p < 0.05$ ) and a significant reduction in non-social behaviors ( $t(23) = 2.56$ ,  $p < 0.05$ ) compared to the vehicle control group. No significant differences were observed between the two groups in total duration of social behaviors. No instances of aggression were observed. In addition, animals in the anatomical miss control group that received muscimol ( $n = 4$ ) exhibited levels of submission that were similar to the vehicle control group, indicating that the increased submission observed in the muscimol-mPFC group was site-specific.

#### 3.3. Experiment 2: inactivation of the mPFC did not alter the expression of CD

As shown in [Fig. 3B](#), inactivation of the mPFC prior to testing with a NAI did not significantly alter any of the behavioral measures, including submission and defensive behaviors. Analysis of the anatomical control group showed that in three of the four animals with infusion of muscimol in the LSi exhibited increased aggression, but no changes in submission (data not shown). This finding is consistent with a recent study in our lab showing that inactivation of the lateral septum (LS) with muscimol induces aggression in previously defeated hamsters ([McDonald et al., in preparation](#)).



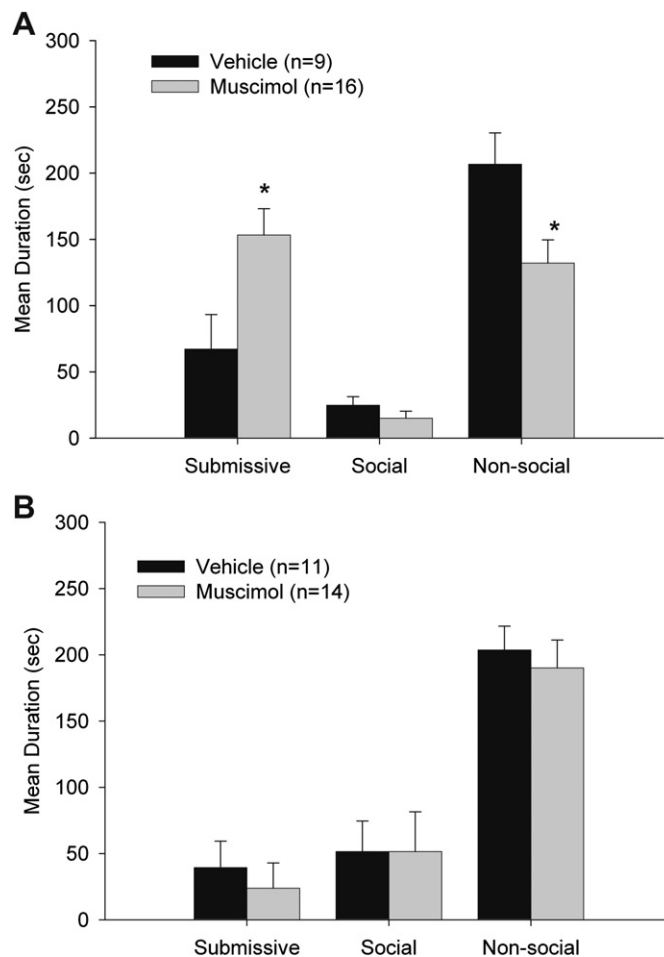


**Fig. 2.** Representative photomicrograph is shown of a coronal brain section of the mPFC (A) and BLA (B). The needle tract and ink injection are clearly visible and indicate an injection site approximately 3.2 mm (mPFC) and 0.2 mm (BLA) rostral to bregma. Injection volume of the ink was identical to the drug/vehicle volume used in the experiments. *Abbreviations:* mPFC – medial prefrontal cortex, Cg1 – cingulate cortex, area 1, PrL – prelimbic cortex, IL – infralimbic cortex, E/OV – ependyma & subependymal layer/olfactory ventricle, fmi – forceps minor corpus callosum, BLA – basolateral amygdala, Pir – piriform cortex, ot – optic tract.

**Table 1**  
Summary of histological placements for all subjects in Experiments 1–5.

	Experiments				
	1	2	3	4	5
Hits	25	25	19	17	23
Misses	5	5	1	0	21
Miscellaneous <sup>a</sup>	2	0	1	0	3
Total	32	30	21	17	47

<sup>a</sup> Indicates animals that were not included in the analysis due to factors other than missed placements, such as missing caps or clogged cannula prior to drug/ink infusion.



**Fig. 3.** Total duration (mean + S.E.M.) of behaviors exhibited during the 5-min test with a non-aggressive intruder (NAI). Animals received infusions of muscimol or saline into the mPFC 10 min prior to being defeated for 15 min (A) or prior to testing with a NAI (B). \*Indicates significant differences at ( $p < 0.05$ ).

#### 3.4. Experiment 3: stimulation of the mPFC impaired the acquisition of CD

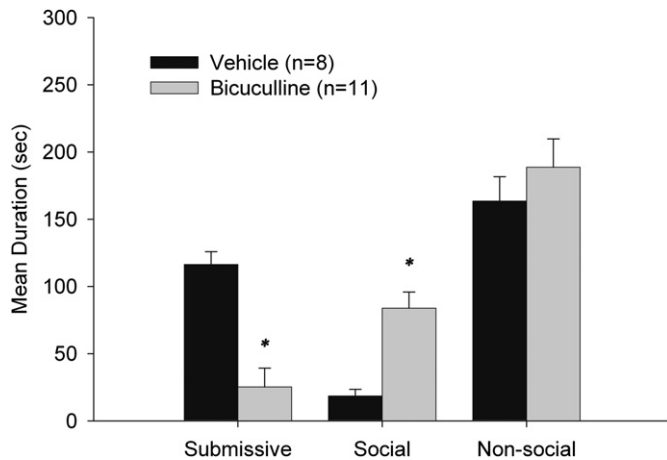
As shown in Fig. 4, infusion of bicuculline in the mPFC inhibited the acquisition of CD, as evidenced by a significant reduction in the duration of submissive and defensive behaviors during testing with a NAI ( $t(17) = 4.62$ ,  $p < 0.001$ ). In addition, there was a significant increase in social behavior in the muscimol group compared to the vehicle animals ( $t(17) = -3.85$ ,  $p < 0.001$ ).

#### 3.5. Experiment 4: inhibition of protein synthesis in the mPFC did not impair the acquisition of CD

As shown in Fig. 5, infusion of anisomycin in the mPFC did not alter the acquisition of CD, with no significant differences in total duration of submissive/defensive, social or non-social behavior between the two groups.

#### 3.6. Experiment 5: stimulation of the BLA did not enhance the acquisition of CD

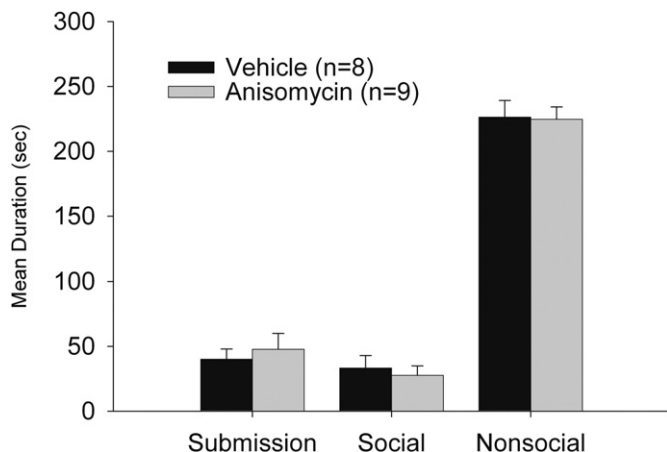
As shown in Fig. 6, infusion of bicuculline did not affect the acquisition of CD, and no significant differences were observed between the bicuculline and vehicle groups on total duration of submissive, aggressive, social and non-social behaviors.



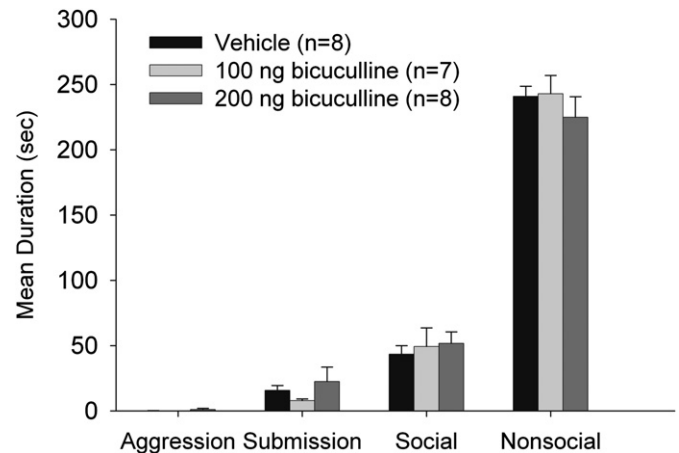
**Fig. 4.** Total duration (mean + S.E.M.) of behaviors exhibited during the 5-min test with a NAI. Animals received infusions of bicuculline or saline into the mPFC 10 min prior to being defeated for 15 min. \*indicates significant differences at ( $p < 0.001$ ).

#### 4. Discussion

In the present series of experiments, we demonstrate that the mPFC is a component of the neural circuit mediating the learned response to social defeat; temporary inactivation of the mPFC *enhanced*, while blockade of GABAergic receptors in the mPFC *impaired* the acquisition of CD. We also found that while the mPFC is necessary for the acquisition of CD, the plasticity related to the defeat experience does not appear to occur here. In addition, although we expected that disinhibition of the BLA might enhance CD following sub-optimal defeat training, this was not the case because there was no significant difference in the duration of submissive behavior exhibited by the bicuculline-infused animals compared to the control group. This was perhaps surprising considering that we had previously demonstrated that inactivation, whether bilateral or unilateral, or inhibition of protein synthesis in the BLA was sufficient to disrupt the acquisition of CD (Markham and Huhman, 2008), and that overexpression of CREB in the BLA enhances the acquisition of CD (Jasnow et al., 2005). Thus, these results suggest that while the mPFC is both necessary and sufficient for CD, simple blockade of GABAergic inhibition within the BLA is not sufficient to enhance CD.



**Fig. 5.** Total duration (mean + S.E.M.) of behaviors exhibited during the 5-min test with a NAI. Animals received infusions of anisomycin or saline into the mPFC 20 min prior to being defeated for 15 min.



**Fig. 6.** Total duration (mean + S.E.M.) of behaviors exhibited during the 5-min test with a NAI. Animals received infusions of bicuculline or saline into the BLA 10 min prior to being defeated for 5 min.

A large number of studies have suggested that the mPFC is involved in the modulation of emotional responses to aversive stimuli (however, see also Gewirtz et al., 1997). For example, an early study by Holson (1986) showed that mPFC lesions increase fear reactivity to aversive stimuli (referred to as 'timidity'), while Morgan and LeDoux (1995) demonstrated that lesions of the mPFC enhance the acquisition of conditioned fear. Conversely, al Maskati and Zbrozyna (1989) found that electrical and chemical (D,L-homocysteic acid) stimulation of the mPFC inhibits the increased cardiovascular tone elicited by electrical stimulation of the amygdala. A more recent study by Quirk et al. (2003) found that electrical stimulation of the mPFC reduces conditioned fear previously paired with an auditory CS. These bidirectional effects on fear reactivity following manipulation of the mPFC (stimulation vs. lesion) are consistent with our findings that pre-training inactivation of the mPFC using muscimol enhanced submissive/defensive behaviors, while disinhibition of this area via infusion of bicuculline impaired submission. Importantly, we believe that these effects are specific to the role of the mPFC on CD because an analysis of the defeat training sessions after muscimol/bicuculline infusions revealed no drug effects on either the amount of aggression exhibited by the RA or on the submissive behaviors exhibited by the subjects in response to attack, indicating that the drugs, themselves, did not directly alter the agonistic interactions. In terms of the role of the mPFC on expression to CD, our finding that temporary inactivation of the mPFC did not affect the expression of CD was rather surprising. Indeed, evidence from a recent study (Sierra-Mercado et al., 2006) showing that inactivation of the mPFC blocks the expression of conditioned fear using a more traditional model led us to hypothesize that the mPFC would also be involved in the expression of CD. One possible explanation for this discrepancy is that while the Sierra-Mercado study (2006) used tetrodotoxin (TTX), a sodium channel blocker, as the inactivating agent, we used muscimol, a GABA<sub>A</sub> agonist. Therefore it is possible that TTX may have caused a more global inhibition of neural activity within the mPFC compared to muscimol, which might be more selective. Further studies will determine whether a more global inactivation of the mPFC using TTX or lidocaine might reveal an effect of the mPFC on the expression of CD.

Previous work from our lab has demonstrated that plasticity related to the defeat experience occurs at least in part in the BLA (Markham and Huhman, 2008), and considering its extensive connectivity with the mPFC and the sufficiency of mPFC inactivation in enhancing CD acquisition demonstrated here, we hypothesized

that the mPFC may also play a role in plasticity related to CD. Several studies have demonstrated that inhibition of protein synthesis in the mPFC is effective in blocking extinction of fear memory (Santini et al., 2004), consolidation of remote memory (Blum et al., 2006) and inhibitory avoidance (Zhang et al., 2011). The results of Experiment 4, however, indicated that infusion of anisomycin did not impair the acquisition of CD. There are several possible explanations for this discrepancy. One possibility concerns the use of the conditioned defeat model, itself, as compared with more traditional fear conditioning models. Both the Zhang and Santini studies used models that are based on a single sensory modality to form a simple US–CS association. On the other hand, CD is a more complex model that most likely involves multiple sensory modalities and therefore necessarily engages multiple neural pathways. Simply inactivating protein synthesis in one structure in this circuit that has been shown to project extensively to the BLA (an area that we have shown to be involved in plasticity for CD) may not have been sufficient to impair plastic changes related to social defeat stress. Additionally, we must also acknowledge the possibility that the mPFC is indeed a critical site for plasticity underlying CD, but that plasticity for defeat-induced memory is not dependent on protein synthesis in this brain area.

In Experiment 5, bicuculline infusions in the BLA failed to enhance the acquisition of CD. This was an unexpected finding, considering previous data from our lab has shown that temporary inactivation of the BLA via infusion of muscimol is effective in impairing the acquisition of CD (Jasnow and Huhman, 2001; Markham and Huhman, 2008), and overexpression of CREB in the BLA enhances acquisition of CD (Jasnow et al., 2005). We had therefore hypothesized that stimulation of this area via infusion of bicuculline would enhance CD. However, the present data indicate that simple disinhibition of BLA neurons via blocking GABAergic receptors is not sufficient to enhance CD. This finding is inconsistent with reports that infusion of bicuculline in the amygdala is sufficient to enhance the memory formation in some models of conditioned fear (Brioni et al., 1989). Other than simple differences in fear conditioning models used, one explanation for this inconsistency is that the neural and molecular mechanisms underlying CD are mediated by another neurotransmitter system, such as glutamate, and the simple lack of inhibitory tone in the BLA does not directly lead to stimulation of the critical excitatory output for CD. It is possible that direct stimulation of the excitatory projection neurons in the BLA, instead of disinhibiting GABAergic mechanisms, may be more effective in enhancing memory formation related to CD. This would be consistent with our previous finding that overexpression of CREB in the BLA significantly enhanced the acquisition of CD following a sub-optimal defeat (Jasnow et al., 2005). This is especially significant considering CREB phosphorylation and resulting gene expression is, at least in part, dependent on glutamate-initiated activation of NMDA receptors (Rajadhyaksha et al., 1999). In line with these arguments, we have also demonstrated that infusion of the NMDA receptor antagonist DL-2-amino-5-phosphonopentanoic acid (AP5) blocked the acquisition and expression of CD (Jasnow et al., 2005). Additionally, several other studies support the idea that glutamate may be responsible for mediating memory formation related to conditioned fear. For example, infusion of either the metabotropic glutamate receptor antagonist 2-methyl-6-(phenylethynyl)-pyridine (MPEP) or the AMPA/kainate receptor antagonist NBQX blocked the acquisition of fear learning (Schulz et al., 2001; Walker et al., 2005). It is also possible that site-specific differences within the amygdala may explain these findings. For example, disinhibition of the central nucleus (CeA), which is the primary output pathway of the amygdala, may be more effective in enhancing the acquisition of CD. Future studies will examine this possibility by

infusing bicuculline in the CeA in order to determine whether this will result in an enhancement of CD.

While the present data showing that pharmacological manipulation of the mPFC affected the acquisition of CD is consistent with a number of other studies, it should be noted that there are also some contradictory data. For example, while some studies (Holson, 1986; Morgan and LeDoux, 1995; Sacchetti et al., 2002; Vouimba et al., 2000) have demonstrated that lesions and/or inactivation of the mPFC enhance conditioned fear, others have either found no effect (Sierra-Mercado et al., 2006) or that lesions actually impair fear memory (Fryszak and Neafsey, 1991). These differences may be attributed by any number of factors, including the use of a variety of fear conditioning models, different methods used to inactivate the region of interest (i.e., permanent vs. temporary inactivation) as well as site-specific differences within the mPFC, itself. Indeed, recent evidence is beginning to suggest that the dorsomedial prefrontal cortex (dmPFC) mediates fear acquisition (Holson, 1986; Morgan and LeDoux, 1995; Sacchetti et al., 2002), while the ventromedial prefrontal cortex (vmPFC) mediates expression and/or extinction of conditioned fear (Blum et al., 2006; Sierra-Mercado et al., 2006). Because of the ambiguity of the existing data, as well as the fact that the neural circuit mediating CD is not as well-characterized compared to more conventional models of conditioned fear, we purposefully infused a somewhat larger volume of the pharmacological compounds (muscimol, bicuculline, or anisomycin) in order to potentially affect the major portions of the mPFC, including the dmPFC and vmPFC. It must be stated that smaller volume injections aimed specifically at mPFC subdivisions might clarify this point and should be pursued as a future direction for this work.

There is growing evidence that there is a functional interaction between the mPFC and amygdala in mediating certain aspects of conditioned fear. Indeed, our own studies have now demonstrated that temporary inactivation of the mPFC and BLA have opposing effect on the acquisition of CD. This would seem to support the idea that the mPFC functions to inhibit the activity of the amygdala. Akirav and Maroun (2007) have recently suggested such a role for the mPFC and amygdala such that under normal conditions the mPFC is active and exerts an inhibitory tone on amygdalar output. In contrast, during times of stress the inhibitory tone of the mPFC on the amygdala is significantly reduced, thereby activating or enhancing the output pathways of the amygdala and leading to increased fear behaviors. In the context of the present experiment, this hypothesis is consistent, because we show that stimulation impaired, while inactivation of the mPFC, enhanced the acquisition of CD. Importantly, these effects were obtained by activating or inhibiting mPFC activity during social defeat stress. In contrast, previous studies reporting similar results have used traditional fear conditioning models that utilize simple CSs, such as lights or tones that depend on a single sensory modality. We believe the present results extend these findings by showing that learning in a more complex behavioral system, such as that which occurs during social defeat stress, is also modulated by the inhibitory interaction between the mPFC and amygdala. The exact mechanism by which this inhibition occurs is still under debate, especially considering that the mPFC projections to the amygdala are excitatory (Smith et al., 2000). However, Quirk et al. (2003) have suggested that the inhibition of the amygdala via mPFC projections involve inhibitory interneurons that gate transmission of BLA output pathways to the CeA. In support of this hypothesis, they demonstrate that electrical stimulation of the mPFC reduces the responsiveness of neurons in the CeA, and as mentioned above, it is possible that enhancement of CD may have been observed had we examined the CeA. Future studies will directly examine this possibility as well as explore

further possible functional connectivity between the mPFC and amygdala.

## Acknowledgments

The authors would like to thank Alisa Norvelle, M.S., for her overall technical assistance and Anwar Lopez for assistance with the photomicrographs. This research was supported by the National Institutes of Health RO1 MH62044 to KLH. All procedures were approved by the Georgia State University Animal Care and Use Committee and comply with US law.

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