



Invited review

GABA_B receptors and pain

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ABSTRACT

Over the past three decades the research on GABA_B receptor biology and pharmacology in pain processing has been a fascinating experience. Norman Bowery's fundamental discovery of the existence of the GABA_B receptor has led the way to the definition of GABA_B molecular mechanisms; patterns of receptor expression in the peripheral and central nervous system; GABA_B modulatory functions within the pain pathways. We are now harnessing this acquired knowledge to develop innovative approaches to the therapeutic management of chronic pain through allosteric modulation of the GABA_B. Norman's legacy would be ultimately fulfilled by the development of novel analgesics that activate the GABA_B receptor.

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1. Introduction

The GABA_B receptor agonist (\pm)baclofen (β -*p*-chlorophenyl-GABA)(Lioresal) is the drug of choice for spasticity in multiple sclerosis and spinal injury and it is also used as analgesic for chronic pain associated with spinal cord injury and trigeminal neuralgia. Baclofen's side effects such as sedation and motor impairment limit its systemic use, and intrathecal delivery is an alternative route of administration which also overcomes baclofen's poor brain penetration (Bowery, 2006).

In the nineties we knew that (-)baclofen was the stereoselective ligand for the GABA_B receptor which had been

recognised by Norman Bowery as a receptor for GABA, which was different from the GABA_A receptor (Hill and Bowery, 1981). GABA_B receptor antagonists were also synthesised and made available by the CIBA-Geigy laboratories (Olpe et al., 1990). However, it took a number of years for the gene encoding the metabotropic GABA_B receptor to be cloned by Klemens Kaupmann and for GABA_{B1} and GABA_{B2} heterodimers to be identified as critical units for functional expression (Kaupmann et al., 1997; White et al., 1998). GABA_B knock out mice were generated by the Novartis team 5 years after receptor cloning with the aim to establish the role of GABA_B receptor in *in vivo* models of epilepsy, memory and pain (Schuler et al., 2001).

In the early 90's it became evident that the systemic administration of (\pm)baclofen resulted in analgesic and anti-hyperalgesic effects in experimental models of acute and chronic pain at doses

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which were significantly lower than those required for muscle-relaxation. Baclofen exerted antinociceptive effects when administered directly in the CNS by intrathecal and intracerebroventricular injections (Sawynok and LaBella, 1982; Wilson and Yaksh, 1978). Consistent with a central site of action for baclofen, GABA_B receptor antagonists injected intrathecally were able to prevent the analgesic effect of systemic baclofen (Malcangio et al., 1991). Indeed, autoradiography binding studies demonstrated that GABA_B receptors in the spinal cord were localized mainly in the superficial laminae of the dorsal horns where they were found on both primary afferent fibre terminals and intrinsic neurons (Malcangio et al., 1993; Price et al., 1984, 1987). The expression of GABA_B receptors in the dorsal horn showed plasticity and underwent up- or down-regulation after systemic treatment with receptor antagonists or baclofen (Malcangio et al., 1993). GABA_B receptor plasticity explained the tolerance to the analgesic effect of baclofen that developed after prolonged treatments and it limited the chronic use of the drug (Malcangio et al., 1993). At the same time it was clear that baclofen-induced analgesia was effected through a novel pathway, independent from the opioid system as it was not reversed by naloxone. Equally, the pathway was distinct from GABA_A receptor activation as the effect of baclofen was not blocked by bicuculline.

2. GABA_B receptors

The cloning of the two GABA_B receptor subunits demonstrated that GABA_B receptors are metabotropic members of the seven transmembrane G-Protein coupled receptors superfamily, which belong to the same class as metabotropic glutamate receptors (mGluRs), calcium-sensing receptors and receptors for umami and sweet taste. GABA_B receptor activation is associated with opening of inwardly rectifying potassium channels, inhibition of calcium channels and activation of adenylyl cyclase. GABA_B receptors have a heterodimeric structure and complete receptor function requires the assembly of GABA_{B1} and GABA_{B2} subunits, which are linked by protein/protein interactions between their intracellular C-terminal domains. The GABA binding site is located on the extracellular domain of the GABA_{B1} subunit, whilst the GABA_{B2} subunit interacts with the G proteins and is essential for functional expression of the receptor. GABA_B receptor subunits are found both centrally and peripherally including the thalamus, brain stem nuclei and spinal cord.

3. Acute and chronic pain

Pain is a subjective experience associated with actual or potential tissue damage. It is a sensation in a part of our body that is also unpleasant, and therefore an emotional experience. Pain can be acute or chronic: acute pain is a warning system essential for survival and well-being whilst chronic pain does not serve any useful protective mechanism for the organism, outlasts the noxious stimulus and is poorly controlled by current analgesics (Woolf, 2010). The pain experience is mediated by specialised primary afferent fibres, namely the nociceptors, which detect noxious stimuli in the periphery and transmit electrical impulses centrally to the spinal cord on their way to the brain where pain is perceived. Interestingly, the underlying organization and strengthening of nociceptive circuitry in the dorsal horn in adulthood can be altered by sensory inputs in early life (Fitzgerald, 2005) and during early development GABA can induce depolarization due to reduced neuronal ability to extrude chloride ions (Baccei, 2016).

There are profound differences between acute and chronic pain when dramatic changes occur in peripheral nociceptors and central nociceptive pathways and the pain system is sensitised thereby

leading to exaggerated responses to noxious stimuli (hyperalgesia) and responses to non-noxious stimuli (allodynia) (Sandkühler, 2009). Tissue injury results in inflammatory pain in diseases such as rheumatoid arthritis (Üçeyler et al., 2009). Neuropathic pain results from lesions to the peripheral nervous system caused by mechanical trauma, metabolic diseases such as diabetes or neurotoxic chemicals such as chemotherapeutic agents. In chronic pain states the increased nociceptive input from the periphery triggers the physiological plasticity and long lasting transcriptional and post-translational changes in the CNS defined as *central sensitization* (Kuner, 2010). Glial cells in the spinal cord, such as microglia and astrocytes, also contribute to central sensitization (Malcangio, 2016; McMahon and Malcangio, 2009) and cortical and subcortical structures modulate pain (Eippert et al., 2009). Under neuropathic pain conditions, loss of function of inhibitory neurons at the level of the spinal cord contributes to the increased excitation and in chronic inflammatory pain GABAergic inhibition is decreased in the spinal cord (Takazawa et al., 2017; Zeilhofer et al., 2012).

4. GABA and GABA_B receptors in pain

GABA is expressed by inhibitory interneurons in the laminae I-III of the dorsal horns which constitute a different neuronal population from excitatory interneurons expressing glutamate (Polgar et al., 2003; Polgár et al., 2013; Zeilhofer et al., 2012). GABAergic islet cells that contain parvalbumin are innervated by myelinated primary afferent fibres which receive axoaxonic synapses from GABAergic cells. Such GABA-mediated pre-synaptic inhibition is likely to regulate myelinated fibres activity following non-noxious mechanical stimulation in the periphery. GABAergic interneurons which also contain neuropeptide Y innervate projection neurons expressing NK₁ receptor for Substance P (SP) and those which also contain nNOS innervate giant cells in lamina I. As NK₁ projection neurons are innervated by the nociceptive C fibres, these GABAergic synapses are likely to regulate activity in response to nociceptive inputs from the periphery.

GABA modulates nociceptive transmission at the level of the dorsal horn through activation of both GABA_A and GABA_B receptors that are located on primary afferent terminals as well as dorsal horn neurones, including lamina I spinothalamic projection neurons (Calver et al., 2000).

In the spinal cord GABA_B receptors regulate the activity of both peptidergic primary afferent terminals and dorsal horn neurons. Indeed, baclofen application to the dorsal horns isolated in vitro inhibits the release of SP evoked by activation of primary afferent fibres (Malcangio and Bowery, 1993) as well as the internalization of the NK₁ receptors on projection neurons (Marvizon et al., 1999). Baclofen inhibits C fibre-evoked activity of convergent/multi-receptive neurons in anaesthetised rats (Dickenson et al., 1985). Furthermore, baclofen inhibits c-fos expression in dorsal horn neurons after exogenous SP application (Riley et al., 2001). Notably, the effect of baclofen on NK₁ receptor internalization are significant after intrathecal rather than systemic administration which results, as discussed above, in a predominant muscle relaxant effect (Riley et al., 2001). GABA_B receptors are localized on the terminals of peptidergic primary afferents fibers (Malcangio et al., 1993; Price et al., 1984). At presynaptic sites the GABA_B receptor activation leads to inhibition of high voltage-gated Ca²⁺ channel activity and inhibits glutamate as well as SP and CGRP release (Bowery, 2006; Malcangio and Bowery 1993, 1995; Marvizon et al., 1999). The decrease of dorsal horn neuron excitability (Kangrga et al., 1991), and the regulation of intrinsic neuronal properties (Derjean et al., 2003) suggest an additional postsynaptic site for the baclofen action on pain.

As the effects of baclofen on primary afferent activity are not reproduced by GABA_A receptor agonists like muscimol and isoguvacine, this ionotropic receptor may play minimal role in the modulation of primary afferent activity. However, it is important to note that post-synaptic GABA_A receptors remain critical for mediating GABA-induced analgesia and indeed some benzodiazepine that are GABA mimetic drugs at the GABA_A receptors exert analgesic effects. In the case of systemic diazepam, the site of action appears to be the spinal cord where GABA_A receptor subunits $\alpha 2$ and $\alpha 3$ are responsible for analgesic effects (Knabl et al., 2008, 2009).

GABA_{B1} knock out mice which lack GABA binding sites and functional GABA_B receptors display reduced sensitivity to hot and mechanical nociceptive stimulation and confirm the existence of a GABA_B-mediated tone of pain and the possibility that GABA_B modulators would act synergistically with endogenous GABA.

5. GABA_B and inflammatory pain

Under inflammatory pain conditions such as in rat models of monoarthritic inflammatory pain, GABA is up-regulated in dorsal horn superficial laminae (Castro-Lopes et al., 1992) and down-regulated in the ventrobasal thalamus (Zhang et al., 2017) and animals are less sensitive to the analgesic effect of systemic baclofen (Castro et al., 1999; Malcangio and Bowery, 1994). Recent evidence indicates that GABA-mediated inhibitory activity is decreased in the dorsal horn after peripheral inflammation and contributes to reduced inhibition under persistent pain conditions (Takazawa et al., 2017).

Whilst selective deletion of peripheral GABA_{B1} receptor subunit in sensory neurons indicated no major role in inflammatory pain (Gangadharan et al., 2009), both GABA_B receptor activation in the spinal cord and ventrolateral thalamus contribute to the anti-nociceptive effect of baclofen (Buritova et al., 1996; Potes et al., 2006). Recently, GABA expression has been identified in sensory neurons which also express the GABA_{B1} receptor subunit in close juxtaposition with TRPV₁ receptors. A fascinating possibility is that GABA via activation of GABA_{B1} autoreceptor can attenuate sensitization of TRPV₁ receptor in nociceptors (Hanack et al., 2015). A strategy which has yielded significant success evolved around the development of positive allosteric modulators, or PAMs. PAMs provide an opportunity for selectivity as these molecules become operative only in the presence of the endogenous agonist, when they display the positive enhancing effect on receptor activation. The rationale herein would be to positive modulate GABA_B receptor activity only at synapses where GABA is released. Of importance, PAMs can enhance activity of orthosteric agonists like baclofen. Congruently, ADX71441, a compound developed very recently, showed limited muscle relaxant activity but significant anti-nociceptive activity in the inflammatory phase of the mono-iodoacetate model of osteoarthritis (Kalinichev et al., 2017).

6. GABA_B and neuropathic pain

In neuropathic pain conditions, GABAergic inhibitory control at the level of the spinal cord is significantly reduced and contributes to increased excitation and central sensitization of pain transmission. Such loss of inhibition is the result of several possible mechanisms including death of inhibitory neurons (Castro-Lopes et al., 1992; Ibuki et al., 1996; Moore et al., 2002; Yowtak et al., 2013) but see (Polgár and Todd, 2008), diminished neuronal activity and decreased release of GABA (Leitner et al., 2013; Lever et al., 2003; Schöffnegger et al., 2006). Despite the reduced endogenous GABAergic tone, baclofen exerts anti-nociceptive effects in neuropathic animals and intraspinal transplantation of

cortical precursors of GABAergic interneurons from the medial ganglionic eminence (MGE approach) which can release GABA, can reverse neuropathic allodynia (Bráz et al., 2015). Notably, MGE approach is effective in chemotherapy-induced pain models in which GABA levels are not altered (Bráz et al., 2015). In addition, still in models of chemotherapy-induced neuropathy, significant up-regulation of GABA_B receptors in sensory neurons mediates the sustained analgesic effect of the opioid oxycodone (Thibault et al., 2014).

Neuropathic animals display increased sensitivity to the anti-nociceptive effect of baclofen and whilst the number and affinity of GABA_B binding sites in the dorsal horn are not altered (Smith et al., 1994; Zemoura et al., 2016), GABA_B receptors subunits (B1 and B2) are both down-regulated in sensory neurons after nerve injury (Engle et al., 2012) and GABA_{B1} down-regulation in nociceptive neurons is a likely contributor to reduced GABA-mediated inhibition of nociceptive input in the dorsal horn. Allosteric modulators of GABA_B receptors such as rac-BHFF, have not shown efficacy in neuropathic mice and suggest a limited role for that GABA_B-mediated mechanisms under this condition (Zemoura et al., 2016).

On a more positive note, baclofen has shown anti-hyperalgesic effects in cancer induced bone pain (CIBP) which is poorly managed with currently available analgesics including opioids. GABA_B receptors undergo down regulation in the dorsal horn of CIBP rats where they are expressed mainly by neurons. Interestingly, prolonged treatment with baclofen restored receptor expression (Zhou et al., 2017). Whether GABA_B allosteric modulators are effective analgesic in CIBP remains to be explored.

7. Conclusion

In conclusion, over the past three decades the research on GABA biology and pharmacology has been a fascinating voyage. From the intuition of Norman Bowery on the existence of a second receptor for GABA to the definition of GABA_B molecular mechanisms, patterns of expression and potent modulatory functions within the CNS, we are now harnessing this science for innovative approaches to the therapeutic management of pain. In this review I have brought together this knowledge which has stemmed from Bowery's discovery with the excitement and awareness that his legacy would be fulfilled by the development of novel analgesics able to activate the GABA_B receptor.

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