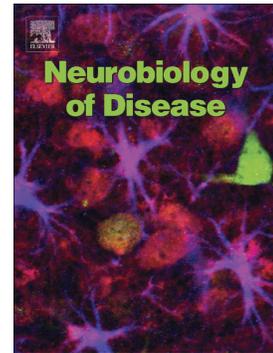


## Accepted Manuscript

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***Crotalus helleri* venom preconditioning reduces postoperative cerebral edema and improves neurological outcomes after surgical brain injury.**

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**Running head:** *C. helleri* preconditioning reduces postoperative cerebral edema

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**ABSTRACT**

**Introduction:** Postoperative cerebral edema is a devastating complication in neurosurgical patients. Loss of blood-brain barrier integrity has been shown to lead to the development of brain edema following neurosurgical procedures. The aim of this study was to evaluate preconditioning with *Crotalus helleri* venom (Cv-PC) as a potential preventive therapy for reducing postoperative brain edema in the rodent SBI model. *C. helleri* venom is known to contain phospholipase A2 (PLA2), an enzyme upstream to cyclooxygenase-2 (COX-2) in the inflammatory cascade, acts to increase the production of inflammatory mediators, such as prostaglandins. We hypothesize that Cv-PC will downregulate the response of the COX-2 pathway to injury, thereby reducing the inflammatory response and the development of brain edema after SBI.

**Materials and Methods:** 75 male Sprague Dawley rats (280-330g) were divided to the following groups—naïve+vehicle, naïve+Cv-PC, sham, vehicle, Cv-PC, Cv-PC+NS398 (COX-2 inhibitor). Vehicle preconditioned and Cv-PC animals received either three daily subcutaneous doses of saline or *C. helleri* venom at 72 h, 48 h, and 24 h prior to surgery. In Cv-PC+NS398 animals, NS398 was administered intraperitoneally one hour prior to each Cv-PC injection. Sham-operated animals received craniotomy only, whereas SBI animals received a partial right frontal lobectomy. Neurological testing and brain water content were assessed at 24 h and 72 h after SBI; COX-2 and PGE<sub>2</sub> expression was assessed at 24 h postoperatively by Western blot and immunohistochemistry, respectively.

**Results:** At 24 h after SBI, the vehicle-treated animals were observed to have increased brain water content ( $83.1 \pm 0.2\%$ ) compared to that of sham animals ( $80.2 \pm 0.1\%$ ). The brain water content of vehicle-treated animals at 72 h post-SBI was elevated at  $83.3 \pm 0.2\%$ . Cv-PC-treated animals with doses of 10% LD<sub>50</sub> had significantly reduced brain water content of  $81.92 \pm 0.7\%$  and  $81.82 \pm 0.3\%$  at 24 h and 72 h, respectively, after SBI compared to that of vehicle-treated animals, while Cv-PC with 5% LD<sub>50</sub> doses showed brain water content that trended lower but did not reach statistical significance. At 24 h and 72 h post-SBI, Cv-PC-treated animals had significantly higher neurological score than vehicle-treated animals. The COX-2 over-expression characterized in SBI was attenuated in Cv-PC-treated animals;

NS398 reversed the protective effect of Cv-PC on COX-2 expression. Cv-PC tempered the over-expression of the inflammatory marker PGE<sub>2</sub>.

**Conclusion:** Our findings indicate that Cv-PC may provide a promising therapy for reducing postoperative edema and improving neurological function after neurosurgical procedures.

**Keywords:** *Crotalus helleri*, rattlesnake venom, surgical brain injury, brain edema, cerebral edema, preconditioning

**Abbreviations:** Cv-PC, *Crotalus helleri* rattlesnake venom preconditioning; COX-2, cyclooxygenase-2; PLA2, phospholipase A2; PGE<sub>2</sub>, prostaglandin E2; SBI, surgical brain injury

## INTRODUCTION

The delicate and complex architecture of the brain presents significant challenges for neurosurgery. To date, developing less invasive surgical methods (Decq et al. 1998, Gerzeny and Cohen 1998) and administering nonspecific postoperative care (Bruder and Ravussin 1999, Hellwig et al. 2003) have been the predominant strategies for limiting surgical brain injury (SBI). However, relatively little research exists that focuses on understanding SBI's pathophysiology or developing therapies to target specific pathways. Previous studies have established that brain edema develops several hours after SBI and is likely the result of compromised BBB integrity (Matchett et al. 2006, Jadhav et al. 2007a, Jadhav et al. 2007b). SBI-induced brain edema requires vigilant postoperative care and may lengthen hospital stay. Thus, reducing brain edema caused by SBI would have a significant impact on both patient outcome and perioperative costs.

The elective nature of many neurosurgical procedures makes SBI a prime candidate for preventative therapy. Preconditioning (PC) utilizes normally harmful methods which, when given well-below toxic levels, induce minimal damage to elicit the body's innate response and reduce damage from the full-insult. While PC studies have shown promising neuroprotective effects for other models of brain injury (Wada et al. 1996, Kapinya et al. 2002), clinical translation is limited in these models since these injuries develop spontaneously. Currently, hyperbaric oxygen preconditioning (HBO-PC) is the only preconditioning modality that has been studied in animal model of SBI. HBO-PC was shown to decrease brain water content and improve neurological function 24 h following SBI; these effects were eradicated with cyclooxygenase-2 (COX-2) inhibition (Jadhav et al. 2009). Furthermore, SBI-induced COX-2 overexpression was tempered by HBO-PC, highlighting the PLA<sub>2</sub>/COX-2 pathway as promising target for therapy.

Snake venom toxins have long been studied for potential therapeutic applications. *Crotalus helleri* venom contains phospholipase 2 (PLA<sub>2</sub>), an enzyme upstream to COX-2 in the inflammatory cascade, that converts membrane phospholipids into arachidonic acid, which eventually leads to the production of prostaglandins and thromboxanes (Bush and Siedenburg 2000; French et al. 2004). We

hypothesize that Cv-PC will downregulate the response of the PLA<sub>2</sub>/COX-2 pathway to injury, thereby reducing the inflammatory response after SBI.

## MATERIALS AND METHODS

### *Animals*

All animal protocols followed NIH Guide for Care and Use of Laboratory Animals and were approved by Institutional Animal Care and Use Committee at Loma Linda University. Seventy-five male Sprague Dawley rats (280-330 g) were used. Animals were housed in cages on a constant 12-hour light/dark cycle with controlled temperature and were given food and water ad libitum.

### *Experimental Groups, Preconditioning Regimen, and Interventions*

The rats were divided into following five groups—Naïve+vehicle (n=1), Naïve+Cv-PC (n=3), Sham (n=13), SBI+vehicle (n=21), SBI+Cv-PC (n=26), and SBI+Cv-PC+NS398 (n=11).

Rats chosen for SBI were preconditioned with either the vehicle (normal saline) or *C. helleri* venom (Cv-PC). The preconditioning regimen was as follows: a single subcutaneous injection of either the vehicle or *C. helleri* venom was given each day for three consecutive days. The last day of preconditioning was 24 hours before SBI.

In the dose study (Figure 1), *C. helleri* venom was administered at 5% or 10% LD<sub>50</sub>. For the remainder of the SBI experiments, the 10% LD<sub>50</sub> dose of *C. helleri* venom was used. In the group of SBI+Cv-PC rats which received the COX-2 inhibitor NS398 (Jadhav et al. 2009), on each day of Cv-PC, NS398 (10 mg/kg, normal saline) was administered by intraperitoneal injection 1 h prior to venom administration. The COX-2 inhibitor NS398 was purchased from Abcam (Cambridge, MA).

*C. helleri* crude venom was collected, by voluntary extraction into a parafilm-covered beaker, from a *C. helleri* which is housed in Dr. Hayes' laboratory. All *C. helleri* venom used throughout this study was collected from the same snake and from consecutive milkings. After milking, the venom was

lyophilized and then stored at -20°C. Lyophilized venom was reconstituted in normal saline to the working doses (5%, 10%, 25%, and 50% LD<sub>50</sub>). The LD<sub>50</sub> dose for *C. helleri* venom via subcutaneous injection is 3.65 mg/kg (Minton 1956). Thus, the mass concentrations of 5%, 10%, 25%, and 50% LD<sub>50</sub> are 0.18 mg/kg, 0.36 mg/kg, 0.71 mg/kg, and 1.83 mg/kg, respectively.

### ***SBI Rat Model***

The SBI rat model was made by performing a partial resection of the right frontal lobe as previously described (Matchett et al. 2006; Jadhav et al. 2007a, Jadhav et al. 2007b). Rats were anesthetized with isoflurane (4% induction and 2.5% maintenance) delivered with 70% medical air and 30% oxygen. A midline skin incision was made and periosteum was reflected to expose the skull. A cranial window was made in the right frontal bone with margins 2 mm lateral to the sagittal suture and 1 mm proximal to the coronal suture to expose the dura. The dura was incised and underlying frontal lobe was resected following margins of the cranial window. Hemostasis was ensured with normal saline irrigation and intra-operative packing after which the skin was sutured. Sham animals were subjected to the same procedures but frontal lobe was left intact. Animals were closely observed for post-operative recovery and then transferred to their home cages.

### ***Neurological Testing***

Neurological testing was performed by a blinded examiner at 24 h after surgery. A 21-point composite neuroscore test was used to evaluate sensorimotor function, as previously described (McBride et al. 2015). Briefly, seven parameters were tested including spontaneous activity, body proprioception, response to vibrissae touch, limb symmetry, lateral turning ability, forepaw outstretching, and climbing ability, with a maximum of 3 points designated for each category.

### ***Brain Water Content***

After neurological testing, animals were euthanized with isoflurane and sacrificed at 24 h for brain harvesting. Brains were divided into ipsilateral and contralateral frontal and parietal lobes, cerebellum, and brainstem. These sections were weighed immediately (wet weight), then placed in a 100 degree Celsius oven for 48 h before being weighed again (dry weight). Brain water content was calculated as a percentage via the following formula:  $[(\text{wet weight} - \text{dry weight}) / (\text{wet weight})] \times 100\%$  (Tang et al. 2004, Sherchan et al. 2016).

### ***Western Blot***

At 24 h after SBI, animals were euthanized with isoflurane and perfused transcardially with cold PBS. Brains were divided into hemispheres and stored at  $-80^{\circ}\text{C}$  until analysis. Whole-cell lysates were obtained by gently homogenizing in RIPA lysis buffer (Santa Cruz Biotechnology, Inc., sc-24948) and centrifuging (14,000 g at  $4^{\circ}\text{C}$  for 30 min). The supernatant was collected and the protein concentration was determined using a detergent compatible assay (Bio-Rad, Dc protein assay). Equal amounts of protein (30  $\mu\text{g}$ ) were loaded and subjected to electrophoresis on an SDS-PAGE gel. After being electrophoresed and transferred to a nitrocellulose membrane, the membrane was blocked and incubated with the primary antibody overnight at  $4^{\circ}\text{C}$ . For the primary antibody goat polyclonal to COX-2 1/500 (Santa Cruz, SC-1745) was used. The same membrane was probed with an antibody against  $\beta$ -actin (Santa Cruz, 1:1000) for an internal control. Incubation with secondary antibodies (Santa Cruz Biotechnology) was done for 1 h at room temperature. Immunoblots were then probed with an ECL Plus chemiluminescence reagent kit (Amersham Biosciences, Arlington Heights, IL) and visualized with an imaging system (Bio-Rad, Versa Doc, model 4000). Data was analyzed using Image J software.

### ***Immunohistochemistry***

The coronal sections (10  $\mu\text{m}$  thickness) containing the bilateral frontal lobes were cut on a cryostat (Leica Microsystems, Bannockburn, IL) and mounted on poly-L-lysine-coated slides. Sections were incubated overnight at  $4^{\circ}\text{C}$  with goat polyclonal antibody to COX-2 (Santa Cruz, SC-1745). Appropriate fluorescence dye-conjugated secondary antibodies (Jackson ImmunoResearch, West Grove,

PA) were applied in the dark for 1 hour at room temperature. For negative controls, the primary antibodies were omitted and the same staining procedures were performed. The sections were visualized with a fluorescence microscope, and the photomicrographs were saved and merged with Image Pro Plus software (Olympus, Melville, NY).

### *Local Skin Inflammation*

Four naïve rats were used to examine local inflammation at the injection site (subcutaneous in the right haunch). These animals received a subcutaneous injection on three consecutive days. Twenty-four hours after the final injection, the rats were euthanized. The right haunches were imaged, and then the skin was cut to expose the subcutaneous region of the injection site, and another image was taken. Animals were injected with either normal saline (n=1) or *C. helleri* venom (at doses of 10%, 25%, or 50% LD<sub>50</sub>) (n=1/Cv-PC).

### *Statistical Analysis*

All values are mean  $\pm$  SEM. GraphPad Prism software was used for statistical analysis. Brain water content and Western blot data was analyzed using one-way ANOVA with Tukey's comparisons. Neurological function (Garcia Score) was analyzed using ANOVA on Ranks. A *P* value  $<0.05$  was considered significant.

## **RESULTS**

The mortality in each group is as follows: 0/13 (or 0%) for sham-operated rats, 3/21 (or 14%) for vehicle preconditioned SBI rats, 2/26 (or 8%) for Cv-PC SBI rats, and 1/11 (or 9%) for SBI rats preconditioned with NS398+Cv-PC.

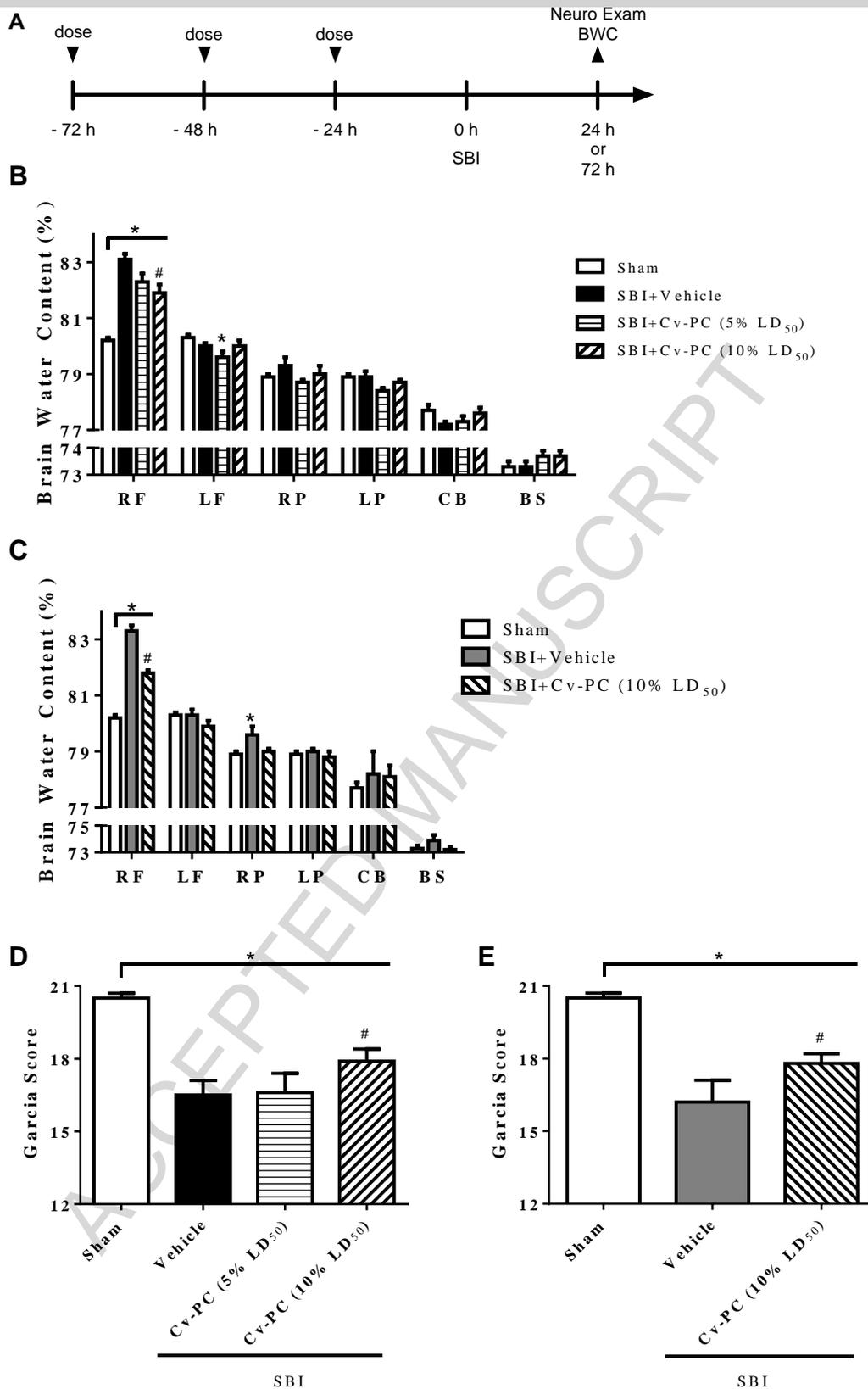
### *Cv-PC Reduces Brain Water Content after SBI*

At 24 h after SBI, the vehicle preconditioned animals were observed to have increased right frontal lobe brain water content of  $83.1 \pm 0.2\%$ , which was significantly higher than that of sham animals, whose brain water content was  $80.2 \pm 0.1\%$  (Figure 1B). Similarly, the brain water content of vehicle preconditioned animals at 72 h post-SBI was elevated at  $83.3 \pm 0.2\%$  (Figure 1C). Cv-PC animals with doses of 10% LD<sub>50</sub> had significantly reduced brain water content of  $81.92 \pm 0.3\%$  and  $81.82 \pm 0.1\%$  at 24 h and 72 h, respectively, after SBI compared to that of vehicle preconditioned animals, while Cv-PC with 5% LD<sub>50</sub> showed brain water content that trended lower but did not reach statistical significance compared to vehicle preconditioned animals.

Very few differences were observed between any group for the brain water content of the right parietal lobe, left frontal lobe, left parietal lobe, cerebellum, and brain stem. At 24 h post-SBI, the left frontal lobe had a significantly lower brain water content for SBI animals receiving Cv-PC with 5% LD<sub>50</sub> compared to that of sham animals. At 72 h post-SBI, SBI animals preconditioned with the vehicle had a significantly higher brain water content in the right parietal lobe compared to that of sham animals.

#### ***Cv-PC Improves Neurological Function after SBI***

To assess the neurological function after Cv-PC, the modified Garcia neurological scores were assessed (Figure 1D and E). All animals that received SBI scored significantly lower than sham animals ( $20.5 \pm 0.2$ ). At 24 h and 72 h post-SBI, Cv-PC animals receiving 10% LD<sub>50</sub> venom ( $18.3 \pm 0.3$  and  $18.2 \pm 0.4$ , respectively) scored significantly higher than vehicle preconditioned animals ( $16.4 \pm 0.4$  and  $15.8 \pm 0.6$ , respectively). The Cv-PC with 5% LD<sub>50</sub> did not improve neurological function at 24 h after SBI.



**Figure 1.** Cv-PC reduces brain edema and improves neurological function 24 and 72 h after SBI. (A) Schematic timeline of the dosing study. (B) Brain water content for the right frontal lobe (RF), left frontal lobe (LF), right parietal lobe (RP), left parietal lobe (LP), cerebellum (CB), and brain stem (BS) 24 h after SBI. (C) Brain water content 72 h after SBI. (D) Neurological function 24 h after SBI. (E) Neurological function 72 h after SBI. \*  $p < 0.05$  vs Sham #  $p < 0.05$  vs SBI+Vehicle. Data are shown as mean  $\pm$  SEM.  $n = 5-7$  all groups.

***COX-2 Inhibition Reverses Cv-PC Effects on Brain Water Content and Neurological Function after SBI***

To evaluate the role of COX-2 in Cv-PC against SBI, NS398, a COX-2 inhibitor, was administered one hour prior to each Cv-PC dose. This abolished the decrease in the right frontal lobe brain water content by Cv-PC (Figure 2B) to levels comparable to vehicle preconditioned animals. No differences were observed between any groups for the right parietal lobe, left frontal and parietal lobes, and brain stem. An increased brain water content of the cerebellum was observed for the SBI animals given NS398 with Cv-PC compared to SBI animals preconditioned with vehicle.

Similar to the dosing study, the neurological function of SBI animals preconditioned with the vehicle were significant compared to sham animals, and Cv-PC lead to functional recovery. COX-2 inhibition by NS398 during Cv-PC reversed the protective effects of Cv-PC on neurological function at 24 h post-SBI (Figure 2C).

***Cv-PC Reduces Expression of Inflammatory Mediators COX-2 and PGE<sub>2</sub> after SBI***

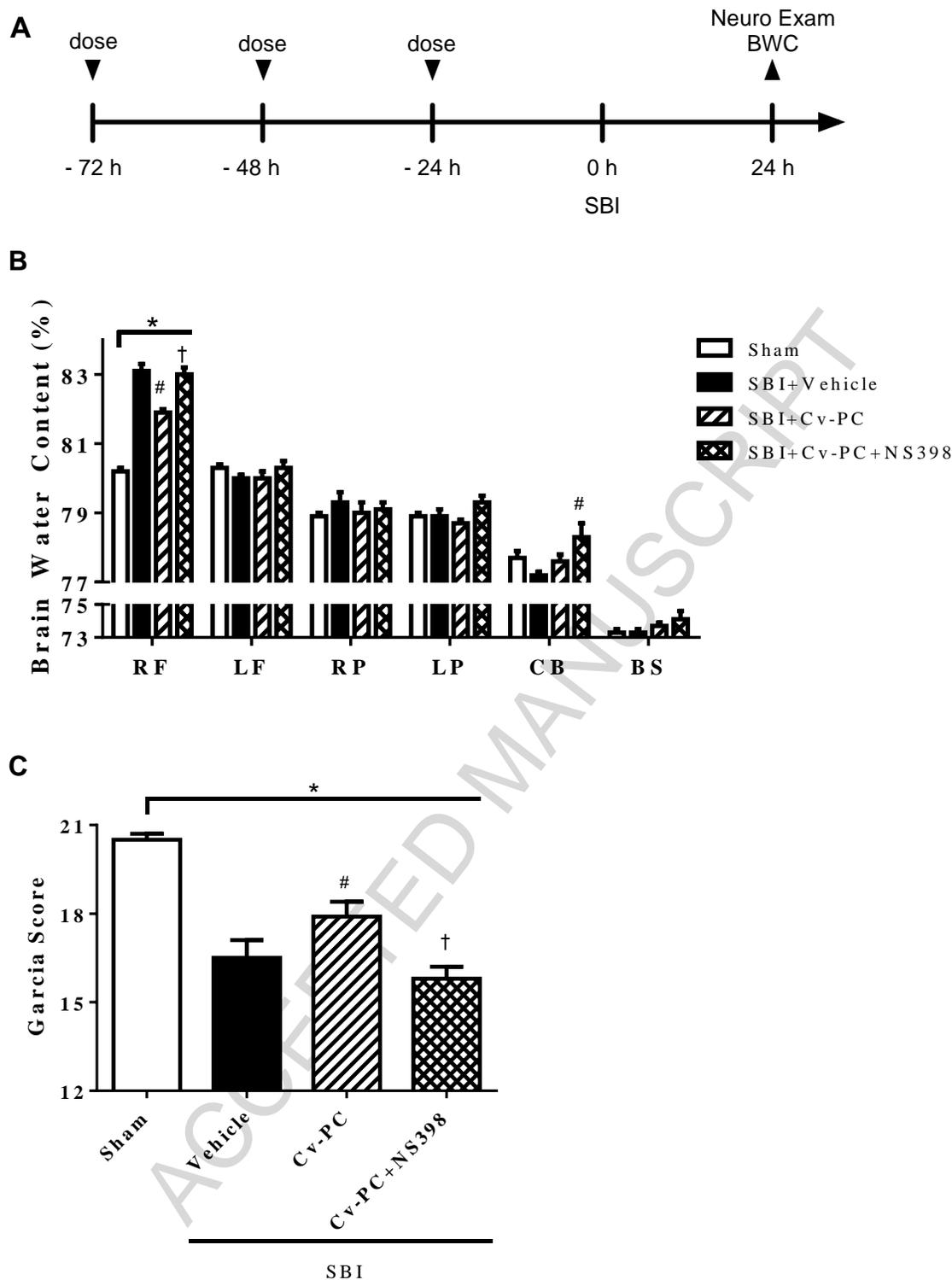
At 24 h following SBI, levels of COX-2 were increased in vehicle-treated animals, as expected. The expression of COX-2 was significantly reduced in Cv-PC-treated animals. COX-2 inhibition during Cv-PC treatment abolished this protective effect but provoked COX-2 expression at 24 h post-SBI (Figure 3). To assess the effects of Cv-PC on downstream inflammatory mediators, PGE<sub>2</sub> was evaluated by immunohistochemistry. Cv-PC appeared to diminish the expression of PGE<sub>2</sub> at 24 h following SBI compared to that of vehicle-treated animals (Figure 4).

***Cv-PC Causes Minimal Local Inflammation in Naïve Rats***

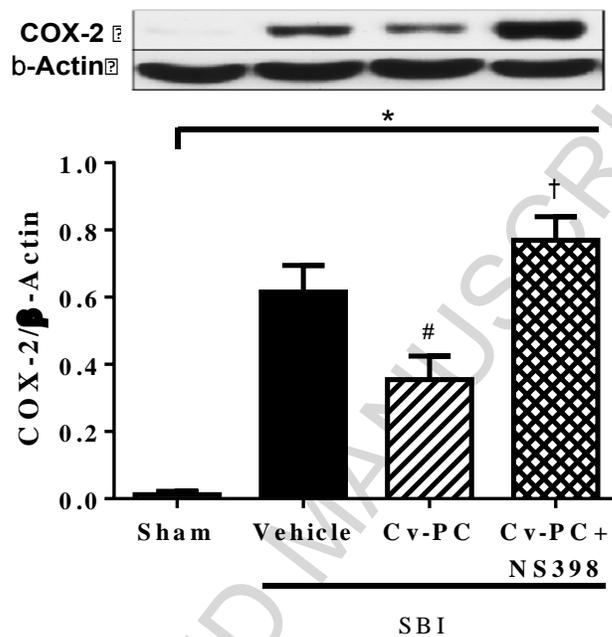
At 24 h following the last dose of Cv-PC, preconditioning with 10% LD<sub>50</sub> causes no apparent local inflammation on the epidermis or the subcutaneous region of the injection site. The epidermis and subcutaneous region at the injection site for the vehicle preconditioned animals and the rats receiving Cv-PC with 10% LD<sub>50</sub> are indistinguishable (Figure 5A-D). However, local inflammation was observed for

Cv-PC with 25% LD<sub>50</sub> which is indicated by marked redness and swelling on the subcutaneous region of the skin (Figure 5F); no apparent inflammation is observed on the epidermis of Cv-PC with 25% LD<sub>50</sub> (Figure 5E). Cv-PC with 50% LD<sub>50</sub> lead to even greater subcutaneous inflammation, as indicated by swelling, redness, and hemorrhage (Figure 5H), and even showed signs of bruising on the epidermis (Figure 5G).

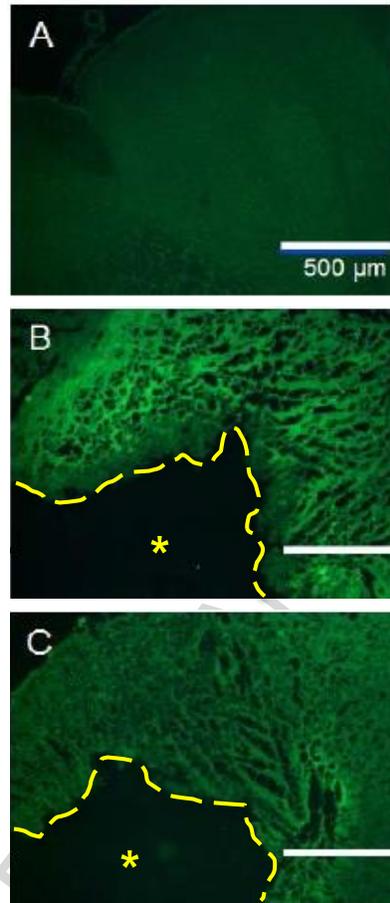
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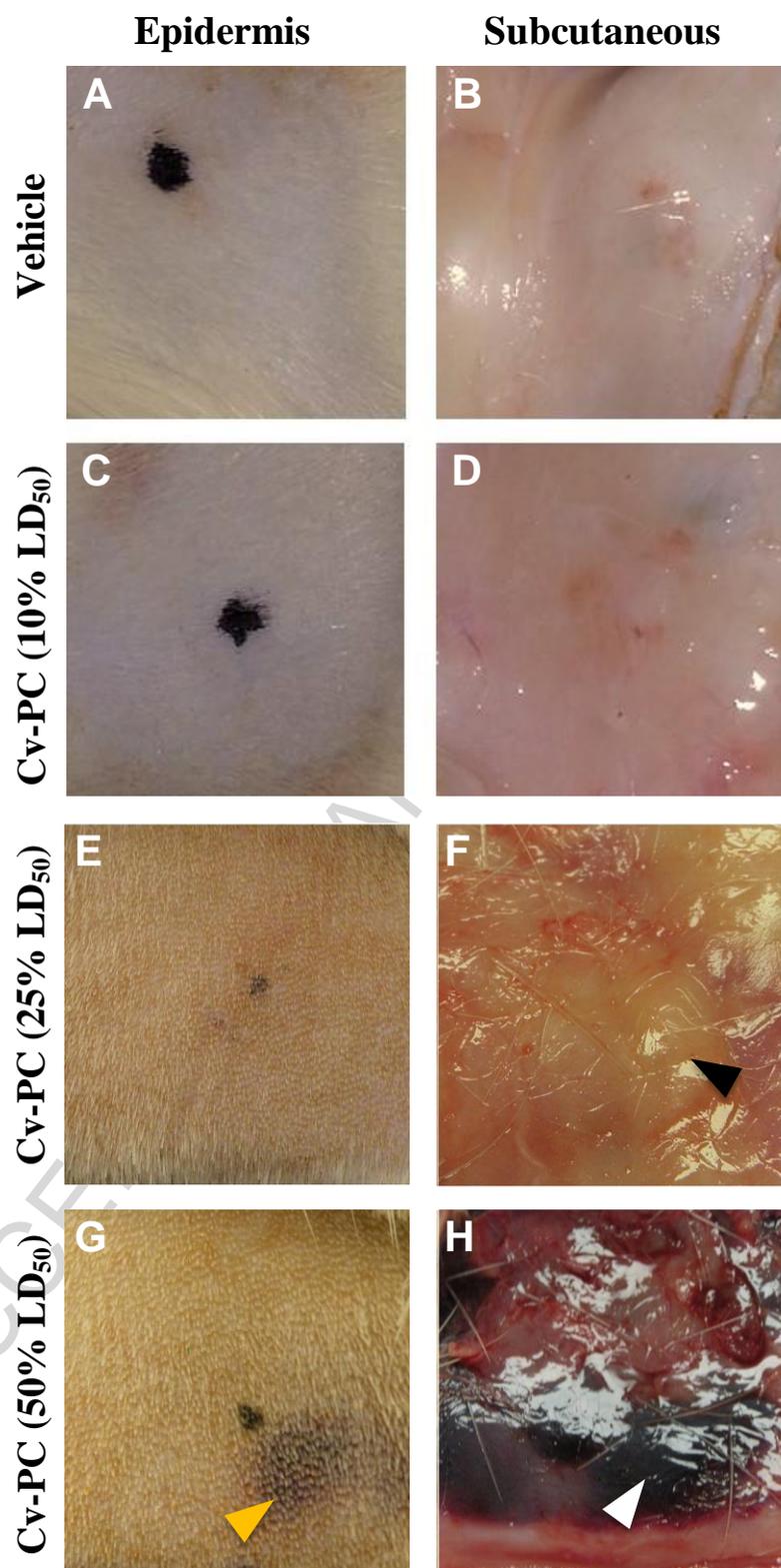
**Figure 2.** COX-2 Inhibition Reverses Cv-PC Effects. (A) Schematic timeline of injections, surgery, and outcomes. (B) Effect of NS398 (COX-2 inhibitor) and Cv-PC on the brain water content for the right frontal lobe (RF), left frontal lobe (LF), right parietal lobe (RP), left parietal lobe (LP), cerebellum (CB), and brain stem (BS) 24 h after SBI. (C) Effect of NS398 (COX-2 inhibitor) and Cv-PC on neurofunctional recovery 24 h after SBI. \*  $p < 0.05$  vs Sham, #  $p < 0.05$  vs SBI+Vehicle, †  $p < 0.05$  vs SBI+Cv-PC. Data are shown as mean  $\pm$  SEM.  $n = 5-7$  all groups.



*Figure 3.* COX-2 Western Blot Analysis. Brain expression of COX-2 was significantly decreased with Cv-PC at 24 h after surgical brain injury. Injection of NS398, a COX-2 inhibitor, 1 h prior to Cv-PC reversed this effect. \*  $p < 0.05$  vs Sham, #  $p < 0.05$  vs Vehicle, †  $p < 0.05$  vs SBI+Cv-PC. Data are shown as mean  $\pm$  SEM.  $n=5$ /group.



*Figure 4.* Immunohistological staining of an axial slice of the ipsilateral frontal lobe near the resection site using inflammatory marker  $PGE_2$  (green) for Sham (A), SBI+Vehicle (B), and SBI+Cv-PC (C). The resection margin is outlined with the yellow dashed line and the resection cavity is denoted by the asterisk (no outline in A since this is Sham). Scale bar = 500  $\mu\text{m}$ .  $n=2/\text{group}$ .



*Figure 5.* Gross anatomical images of the epidermis (left images) and subcutaneous regions (right image) of the injection site for vehicle (A, B), Cv-PC with 10% LD<sub>50</sub> (C, D), Cv-PC with 25% LD<sub>50</sub> (E, F), and Cv-PC with 50% LD<sub>50</sub> (G, H) in naïve rats. The needle insertion site is marked with a black dot on the epidermis. No distinguishable inflammation is observed in either the vehicle preconditioned or the 10% LD<sub>50</sub> Cv-PC. Local inflammation is caused by the 25% and 50% LD<sub>50</sub> of *C. helleri* venom. 25% LD<sub>50</sub> causes swelling (black arrowhead) and redness, while 50% LD<sub>50</sub> also causes significant hemorrhage

(white arrowhead). Additionally, 50% LD<sub>50</sub> also had bruising on the epidermis (orange arrowhead).

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## DISCUSSION

Brain edema is a serious complication of neurosurgery. Given the fixed space within the cranium, postoperative brain edema can lead to devastating complications such as brain herniation (Bruder and Ravussin 1999). This study presents a novel preconditioning method to reduce brain edema by prompting endogenous protective mechanisms prior to injury.

Our hypothesis was that Cv-PC would attenuate the increase in brain water content by SBI in rats. Cv-PC with 10% of the LD<sub>50</sub> with *C. helleri* venom reduces brain water content by approximately 1.2% and improves neurological function 24 and 72 h after SBI. Our SBI model is characterized by about a 3% increase in brain water content compared to sham rats (data presented within, Matchett et al. 2006; Yamaguchi et al. 2007), which translates into a 23% increase in tissue volume (or swelling) due to SBI (Marmarou et al. 2000; Keep et al. 2012). However, in SBI animals receiving Cv-PC, the brain water content was increased by 1.7% compared to sham, which translates into a 9% increase in brain tissue swelling (Keep et al. 2010). So, it follows that although the brain water content was only reduced by 1.2% from Cv-PC, the amount of brain swelling was decreased from 23% (for SBI+vehicle) to only 9% (for SBI+Cv-PC) which is equivalent to approximately a 60% reduction in brain swelling following venom preconditioning.

Herein, we found that Cv-PC with *C. helleri* venom attenuates COX-2 expression in the brain, as well as PGE2 expression in the brain. Moreover, inhibition of COX-2 preceding venom injection prevents the reduced COX-2 expression. This suggests that Cv-PC induces tolerance of the brain to the COX-2 conversion of arachidonic acid into PGE2, thereby leading to reduced COX-2 and PGE2 in the brain 24 h after SBI in rats (Figure 6). Previous reports have shown that attenuating brain COX-2 expression can reduce SBI-induced brain water content increases, and that inhibiting COX-2 prior to a preconditioning stimulus leads to reversal of the beneficial effects (i.e. brain water content, COX-2 expression, and functional outcome) (Jadhav et al. 2009).

PLA2 is a large component of numerous snake venoms (Mackessy 1988), including *C. helleri* venom (Gren et al. 2017; Mackessy 1988). PLA2 is documented to be a potent neurotoxin in snake venoms (Gren et al 2017; Sunagar et al. 2014), leading to local and systemic inflammation, including

swelling (Teixeira et al. 2003). The activation of inflammation from snake venoms have shown to primarily include release of arachidonic acid caused by PLA2 enzymatic activity (Teixeira et al. 2003), thereby activating downstream enzymes, such as COX-2, leading to the release of inflammatory factors, such as PGE2. Herein, our data supports the findings of others that PLA2 in snake venom leads to activation of inflammation via the arachidonic acid/COX-2/PGE2 pathway. We extended the field of knowledge on this subject by showing that preconditioning with snake venom containing PLA2 can lead to sub-injury threshold activation of the arachidonic acid/COX-2/PGE2 pathway, thereby conferring protection against SBI-induced neuroinflammation.

### ***Study Limitations and Future Studies***

Our study is not without limitations. Indeed, one limitation of this study is that crude venom from *C. helleri* was used. Snake venoms contain a myriad of protein and non-protein components, leading to numerous physiological and off-target effects. Purification and characterization of proteins in the venom of *C. helleri* needs to be explored in future studies to increase the clinical feasibility of Cv-PC. This will also enable us to determine the protein(s) responsible for Cv-PC via the COX-2 pathway, as well as explore other pathways which might be involved in Cv-PC.

Venoms are well-documented to have both beneficial mechanisms and adverse effects. One adverse effect which needs to be examined in greater detail is the extent to which *C. helleri* venom induces local (at the site of administration), systemic, and neuro-inflammation. In future studies, we will measure the inflammatory response of the local, systemic, and central nervous systems towards single, as well as multiple, sub-lethal *C. helleri* venoms to determine these adverse effects.

Another limitation of this study is the use of normal saline as the control. While normal saline was used as the vehicle of the crude venom, a better control would have been the crude venom without PLA2 (the molecule proposed to induce the observed benefits). However, this control will be used in our future studies when we begin testing the fractionated *C. helleri* venom.

A final caveat of this study is the LD<sub>50</sub> value for *C. helleri*. The LD<sub>50</sub> value for *C. helleri* venom has been shown to have large variability, in part due to geographic location (Gren et al. 2017). The LD<sub>50</sub>

value for subcutaneous injection of *C. helleri* venom used within was based on the work of Minton (Minton 1956). Therefore, care needs to be taken when using the LD<sub>50</sub> values mentioned within this manuscript.

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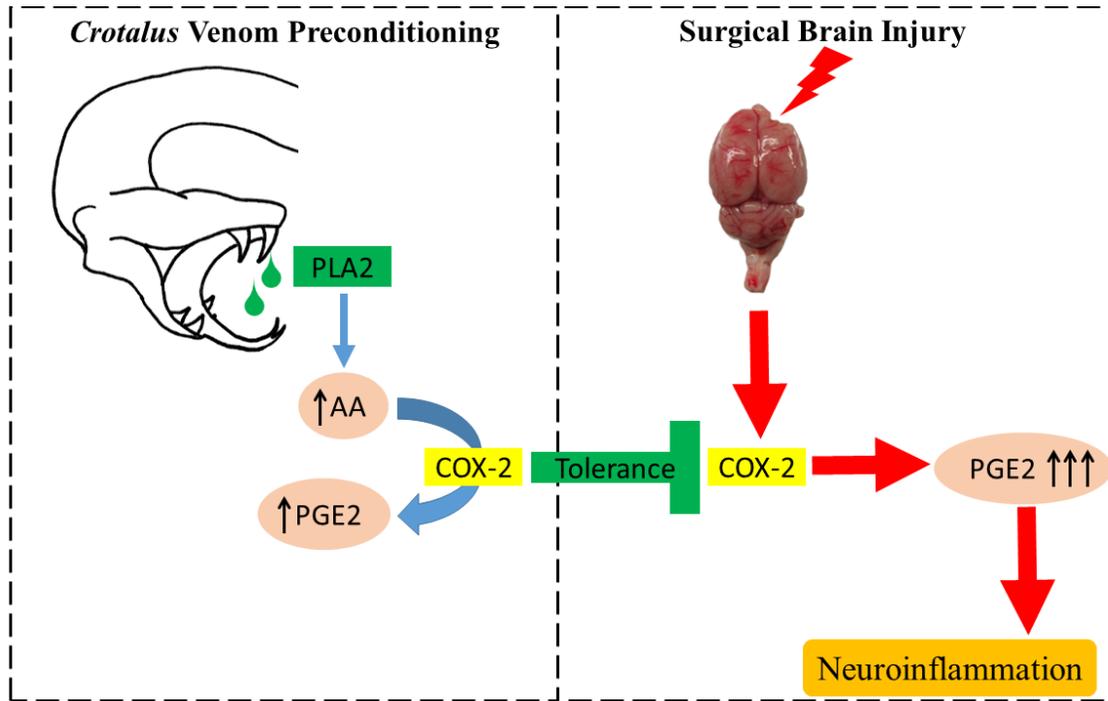


Figure 6. Schematic of preconditioning by *C. helleri* to reduce COX-2 and its downstream product, PGE2. Administering *C. helleri* venom in sublethal doses (i.e. 10% LD<sub>50</sub>) leads to COX-2 activation and minor production of PGE2 from arachidonic acid (which is induced by snake venom PLA2). In small amounts, this COX-2 activation induces the brain to develop a tolerance towards COX-2 activation and downstream signaling. Thus, when an injurious event occurs (i.e. SBI), the brain is able to cope with the injury cascade much better, in part by reduced COX-2 expression.

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## Highlights

- Inflammatory mediators compromise blood-brain barrier integrity after surgical brain injury.
- *C. helleri* venom preconditioning is proposed to reduce postoperative brain edema in rats.
- The mechanism relies on downregulation of the PLA<sub>2</sub>/COX-2 inflammatory pathway.

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