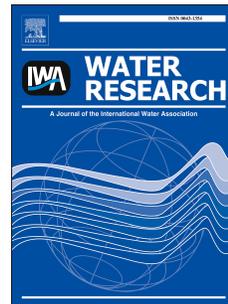


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Propidium monoazide RTqPCR assays for the assessment of hepatitis A inactivation and for a better estimation of the health risk of contaminated waters

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3 **Propidium monoazide RTqPCR assays for the assessment of hepatitis A**
4 **inactivation and for a better estimation of the health risk of contaminated waters**

5

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20

21

22 **Abstract**

23 The waterborne transmission of hepatitis A virus (HAV), the main cause of acute
24 hepatitis, is well documented. Recently, two ISO proposals for sensitive determination
25 of this pathogen by RTqPCR in water and food have been published (ISO/TS 15216-1
26 and ISO/TS 15216-2), and could enable the formulation of regulatory standards for
27 viruses in the near future. However, since detected viral genomes do not always
28 correlate with virus infectivity, molecular approaches need to be optimized to better
29 predict infectivity of contaminated samples. Two methods involving the use of
30 propidium monoazide (PMA), with or without Triton X-100, prior to RTqPCR
31 amplification were optimized and adapted to infer the performance of infectious viral
32 inactivation upon two different water treatments: free chlorine and high temperature.
33 Significant correlations between the decrease of genome copies and infectivity were
34 found for both inactivation procedures. The best procedure to infer chlorine inactivation
35 was the PMA-RTqPCR assay, in which 1, 2 or 3-log genome copies reductions
36 corresponded to reductions of infectious viruses of 2.61 ± 0.55 , 3.76 ± 0.53 and
37 4.92 ± 0.76 logs, respectively. For heat-inactivated viruses, the best method was the
38 PMA/Triton-RTqPCR assay, with a 1, 2 or 3-log genome reduction corresponding to
39 reductions of infectious viruses of 2.15 ± 1.31 , 2.99 ± 0.79 and 3.83 ± 0.70 logs,
40 respectively. Finally, the level of damaged virions was evaluated in distinct types of
41 water naturally contaminated with HAV. While most HAV genomes quantified in
42 sewage corresponded to undamaged capsids, the analysis of a river water sample
43 indicated that more than 98% of viruses were not infectious. Although the PMA/Triton-
44 RTqPCR assay may still overestimate infectivity, it is more reliable than the RTqPCR
45 alone and it seems to be a rapid and cost-effective method that can be applied on
46 different types of water, and that it undeniably provides a more accurate measure of
47 the health risk associated to contaminated waters.

48 **Keywords:** Hepatitis A virus, RTqPCR, propidium monoazide, infectivity, disinfection,
49 free chlorine, thermal inactivation

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50 1. Introduction

51 Water is an important source of human exposure to gastroenteric diseases, mainly as a
52 result of the ingestion of fecally contaminated water or food irrigated with it (Bosch
53 1991, Severi et al. 2015). One of the better characterized waterborne viral pathogen for
54 humans is hepatitis A virus (HAV), which is the etiological agent of the most common
55 type of hepatitis. These viruses are shed in feces as non-enveloped virus particles
56 containing a positive-sense single-stranded RNA genome. In 2013-14, a huge HAV
57 outbreak affecting over 1500 patients hit Europe due to the consumption of frozen
58 berries (Severi et al. 2015). Although the contamination source has not been
59 determined, such a broad contamination could be suspected in the irrigation water.
60 Recently, two ISO proposals for sensitive and quantitative determination of HAV in
61 water and several food matrices have been published and could enable the formulation
62 of regulatory standards for viruses in the near future (ISO/TS15216-1 and 2, 2013).
63 These methods are based on real time reverse transcription quantitative PCR
64 (RTqPCR), which is fast and extremely sensitive, but since detected viral genomes are
65 not always indicative of virus infectivity, molecular approaches need to be optimized to
66 better predict infectivity of contaminated samples. Although HAV cell-culture adapted
67 strains are available, unfortunately wildtype viruses are extremely difficult to grow *in*
68 *vitro* and infectivity assays in cell culture are not available for their detection in water.
69 Common procedures for water disinfection include chlorine and heat treatment, but the
70 inability of molecular tests to distinguish between inactivated and infectious virions has
71 hampered the assessment of the efficiency of disinfection methods. In the last years,
72 several reports have recommended the use fluorescent of dyes such as ethidium
73 monoazide (EMA) or propidium monoazide (PMA) for the live-dead differentiation in
74 molecular tests (Elizaquível et al. 2014). These dyes enter damaged viral capsids and
75 bind to double-stranded nucleic acid after a photo-activation step, thus preventing RNA
76 retrotranscription and further amplification by RTqPCR. However, the efficacy of the

77 treatment depends on the target virus as well as the disinfection procedure (Karim et
78 al. 2015, Kim K 2011, Leifels et al. 2015, Parshionikar et al. 2010). Factors such as the
79 degree of secondary structure present within the target RTqPCR region, its level of
80 interaction and protection by capsid proteins, or the mechanical stability or plasticity of
81 the viral capsid may explain why the efficiency of EMA/PMA-RTqPCR methods varies
82 among viral targets and inactivation mechanisms. However, few studies have
83 addressed the applicability of these methods on water (Moreno et al. 2015,
84 Parshionikar et al. 2010).

85 The main goal of our study was to develop a PMA/RTqPCR quantitation method to be
86 used as a tool to infer the performance of different disinfection procedures, in
87 correlation with the reduction of infectious titers. Several PMA concentrations were
88 tested, and the effect of Triton X-100 was studied because it has been previously
89 shown to enhance PMA action (Coudray-Meunier et al. 2013, Moreno et al. 2015). HAV
90 was selected because it is highly stable in the environment and particularly resistant to
91 disinfectants and heating (Abad et al. 1997, Abad et al. 1994, Fraisse et al. 2011, Sow
92 et al. 2011). As a disinfection method, we used free chlorine, which alters the viral
93 capsid but which have also been reported to damage specific genomic regions (Li et al.
94 2002), and heat treatment at temperatures over 70°C, which mainly affects virus capsid
95 (Costafreda et al. 2014). Viral inactivation experiments were performed on water
96 containing high levels of chloride salts to simulate river waters from our geographic
97 area in the Mediterranean coast of Spain, which frequently show high salinity, and
98 which may be a source of contamination when used to irrigate crops. Additionally,
99 naturally contaminated water samples were analyzed to assess the applicability of the
100 method on real matrices.

101

102 **2. Methods**

103 2.1. *Cell line, virus propagation and titration*

104 The cell-adapted cytopathogenic pHM175 43c strain of HAV (kindly provided by T.
105 Cromeans, Centers for Disease Control and Prevention, Atlanta, GA) was grown in
106 FRhK-4 cells as previously described (Aragones et al. 2008). Inactivated viruses and
107 control viruses were titrated by TCID₅₀ in the same cell line as previously described
108 (Costafreda et al. 2014).

109 2.2. *Hypochlorite inactivation treatment*

110 Virus stocks were suspended at 1×10^6 TCID₅₀/ml in 3-ml aliquots in water with a
111 chloride concentration of around 8 g/L. Sodium hypochlorite was added to achieve an
112 initial concentration of free chlorine (FC) of 0, 2.5, 5 and 10 mg/L, and samples were
113 incubated for 30 min at room temperature (RT). FC was measured by the DPD (N,N-
114 diethyl-p-phenylenediamine sulfate) method using a portable photometer (HI 96734,
115 HANNA Instruments). Each experiment included 2 replicas for each condition, and
116 each condition was tested in at least 3 different experiments. After inactivation, 1%
117 thiosulfate was added to neutralize FC. Viral inactivation was examined by measuring
118 the loss of infectivity by determination of the TCID₅₀ and by examining the loss of
119 genome copy titers by PMA-RTqPCR.

120 2.3. *Heat treatment*

121 Viruses were suspended at 1×10^6 TCID₅₀/ml in 3-ml aliquots in water with a chloride
122 concentration of around 8 g/L, and incubated at 70°C, 85°C and 99°C for 5 min.
123 Aliquots of virus suspensions were kept at RT and used as controls. Each experiment
124 included 2 replicas for each condition. As above, viral inactivation was examined by
125 measuring the loss of infectivity using the TCID₅₀ assay and by the loss of genome
126 copy titers by PMA-RTqPCR assays.

127 2.4. *Propidium monoazide (PMA) RTqPCR assay*

128 PMA solution (GeniUL, Spain) was dissolved in water and added to each sample at the
129 concentrations ranging from 0-200 μ M. When indicated, 0.5% Triton X-100 (Panreac)
130 was added. Samples were incubated in the dark during 5 min at RT with shaking to
131 allow reagent penetration. Then, samples were exposed to light for 15 min using a
132 continuous light in a photo-activation system (Led-Active Blue, Geniul, Spain). After
133 cross-linking, RNA was extracted using the NucleoSpin® RNA virus kit (Macherey-
134 Nagel GmbH & Co., Duren, Germany) according to the manufacturer's instructions.
135 HAV genome copies were titrated by one-step RTqPCR assay using the RNA
136 UltraSense One-Step quantitative system (Invitrogen SA) and the Strategene Mx3000P
137 system following the standardized ISO guidelines (ISO/TS15216-1 2013). The set of
138 primers and probe used target the 5' non coding region (5'NCR) of the HAV genome
139 and have been previously validated (Costafreda et al. 2006, Pinto et al. 2009). Forward
140 primers, reverse primer and probe concentrations were 500 nM, 900 nM and 250 nM,
141 respectively. Cycling parameters were 1h at 55°C followed by 5 min at 95°C, and 45
142 cycles of 15 sec at 95°C, 1 min at 60°C and 1 min at 65°C. Non PMA-treated samples
143 were quantified in parallel.

144 2.5. Analysis of naturally contaminated water samples

145 Concentrated water samples from a previous survey conducted along the Llobregat
146 river catchment in Spain between 2007 and 2009 (Perez-Sautu et al. 2012) which had
147 tested positive for HAV were analyzed: a freshwater concentrate (S3-Nov07) and an
148 untreated sewage concentrate (S5-Apr09). In addition, a sewage sample collected from
149 the municipal wastewater treatment plant of Marrakesh in August 2015 was
150 concentrated and analyzed. The freshwater sample was concentrated from 10 L by
151 filtration through positively charged glass wool and polyethylene glycol (PEG)
152 precipitation, and the untreated sewage samples were concentrated by PEG
153 precipitation using a starting volume of 0.6 L (Perez-Sautu et al. 2012). RTqPCR
154 assays supplemented or not with PMA and Triton X-100 were performed as described

155 above, and a process control virus (mengovirus) and an external control were included
156 to monitor extraction and RTqPCR efficiencies following the ISO guidelines.
157 Quantifications were repeated at least in duplicate.

158 2.6. *Statistical analysis*

159 All inactivation experiments were performed at least in triplicate. Comparisons between
160 means were performed using the student t-test (unpaired) using the IBM SPSS®
161 Statistics version 20 software (SPSS Inc., Chicago, IL, USA). Correlation analyses
162 between the level of inactivation measured by the infectivity assay and the molecular
163 assays were performed using Microsoft Excel 2010. P values < 0.05 were considered
164 statistically significant.

165

166 3. Results

167 3.1. *PMA-RTqPCR assay development*

168 In order to establish the optimal conditions for the PMA-RTqPCR assay, HAV
169 suspensions at a concentration of 10^5 TCID₅₀/ml were completely inactivated by
170 incubation with 10 mg/L of free chlorine for 30 min at RT, and samples were incubated
171 at 0, 25, 100 or 200 µM of PMA and irradiated using continuous light. Results shown in
172 **Table 1** indicate that the use of PMA at 200 µM provided significantly higher
173 differences between infectious and inactivated viruses ($p < 0.05$).

174 3.2. *Monitoring HAV inactivation by PMA-RTqPCR assays*

175 Average levels of inactivation after different chlorine and heat treatments were
176 evaluated both by TCID₅₀ assays and by several molecular assays, and compared
177 (**Fig. 1**). Molecular assays included RTqPCR alone, RTqPCR after PMA treatment at
178 the optimized conditions (PMA-RTqPCR), and RTqPCR after PMA treatment
179 supplemented with Triton X-100 (PMA/Triton-RTqPCR). In the infectivity assays, no

180 cytotoxicity was observed on FRhK-4 cells due to the use of FC and thiosulfate during
181 the inactivation process (data not shown). Since treatment of samples with PMA did not
182 significantly reduce infectivity (**Fig. S1**; $p=0.108$), TCID₅₀ titers shown in **Fig. 1**
183 correspond to samples which had been inactivated but which had not been treated with
184 PMA. On RTqPCR assays, process control virus recoveries and percentages of
185 RTqPCR inhibitions were valid in all cases according to the ISO criteria and were
186 similar between samples (data not shown). A 2.5 mg/L FC dose only affected the
187 infectious titer with a reduction of 1.34 ± 0.45 log (**Fig. 1A**). No effects were observed in
188 any of the genome copy numbers calculated by RTqPCR alone, PMA-RTqPCR or
189 PMA/Triton-RTqPCR. With higher doses including 5 and 10 mg/L of FC, infectivity was
190 reduced over 4.5 logs, and in most cases viral titers decreased below the detection
191 limit. As expected, due to the specific damage of FC on the 5' end of the HAV genome
192 (Li et al. 2002), genome titers obtained by RTqPCR alone were already significantly
193 lower at 5 and 10 mg/L of FC ($p<0.05$) compared to untreated controls. Average log
194 reductions obtained by molecular tests were higher when PMA was included,
195 suggesting that PMA-RTqPCR may better reflect infectivity although differences were
196 not statistically different from RTqPCR alone. Neither did addition of Triton X-100
197 enhance titer reduction (**Fig. 1A**).

198 After treatment at 70°C, infectivity was reduced 2.48 ± 1.30 logs (**Fig. 1B**). Treatment at
199 85°C and 99°C resulted in losses of 3.58 ± 0.32 and 4.50 ± 0.58 logs, respectively.
200 Despite this high effect on infectivity, RTqPCR alone only measured a reduction lower
201 than 1 log in all cases. PMA-RTqPCR assay resulted in reductions of 0.86 ± 0.36 ,
202 1.79 ± 0.36 and 2.87 ± 0.84 logs at 70°C, 85°C and 99°C, respectively. Of note, PMA-
203 RTqPCR assays combined with Triton X-100 performed better, resulting in log
204 reductions of 1.46 ± 0.10 , 2.81 ± 0.38 and 3.63 ± 0.48 , which only differ in less than 1 log
205 with TICD₅₀ log reductions at the 3 assayed temperatures. Interestingly, when looking
206 at the strongest inactivation treatments (30 min at 10 mg/L FC and 5 min at 99°C), log

207 reductions obtained by RTqPCR alone were markedly higher for FC (1.90 ± 0.87)
208 compared to high temperature (0.76 ± 0.37).

209 As an additional approach to estimate correlation between molecular and infectivity
210 methods, an analysis on the average ratio of genome copies versus infectious viruses
211 was also performed (**Fig. 2**). As expected, these ratios were high when using RTqPCR
212 alone in all cases. The addition of PMA resulted in a ratio reduction, although it was
213 only significant when viruses were inactivated by temperatures of 99°C (**Fig. 2B**). As
214 observed before, Triton X-100 improved correlation with infectivity only when viruses
215 were inactivated by heat.

216 To assess with a higher precision the correlation between molecular and infectious
217 measurements, linear regression analyses were performed using all data pairs. Linear
218 regression analysis provides a better way to estimate correlation between the two
219 variables over the wide range of inactivation levels than mean comparison. Since the
220 ratio between infectious particles and genome copies may vary depending on the
221 particular virus stock used for the experiments and could also be different in wildtype
222 isolates, correlation analyses were performed for the log reductions achieved by the
223 inactivation treatment. Individual data pairs were modeled using linear predictor
224 functions and all pairs were considered valid after standardized residual analysis to
225 identify outliers. The correlation between the infectious log reduction and the log
226 reductions obtained by the applied molecular tests (RTqPCR alone, PMA-RTqPCR and
227 PMA/Triton-RTqPCR) for HAV inactivated by FC is shown in **Fig. 3A, 3C and 3E**,
228 respectively. The linear correlation was statistically significant in all cases but higher for
229 the PMA-RTqPCR assay, with a correlation of 0.884 (p value 5.99×10^{-5}). Again, a
230 significant correlation was also observed between RTqPCR alone and infectivity (**Fig**
231 **3A**) due to the fact that FC specifically damages the 5' end of the HAV genome (Li et al.
232 2002), but the analysis of covariance used to compare slopes from different regression
233 lines indicated significant differences between slopes from RTqPCR alone and PMA-

234 RTqPCR for free chlorine inactivation ($p=0.024$; **Fig 3A** and **3C**). Added to the fact that
235 the slope of PMA-RTqPCR is closer to 1, these results indicate that PMA significantly
236 improves correlation between genome copy reduction and infectious titer reduction
237 when viruses are inactivated by FC.

238 Correlation analysis between infectivity and molecular log reductions for heat-
239 inactivated HAV is shown in **Fig. 3B, 3D and 3F**. Correlation was only significant when
240 PMA/Triton-RTqPCR assay was used (p value of 0.024). Thus, while viral inactivation
241 by chlorine treatment could be better estimated by the PMA-RTqPCR assay (**Fig. 3C**),
242 inactivation by high temperature was better estimated by the PMA/Triton-RTqPCR
243 assay (**Fig. 3F**), confirming that addition of the surfactant was especially helpful to
244 discriminate inactivated viruses damaged by heat. Analysis of covariance also
245 confirmed significant differences between slopes from RTqPCR alone and PMA/Triton-
246 RTqPCR for heat treatment ($p=0.033$; **Fig. 3B** and **3F**).

247 In conclusion, addition of PMA improved correlation between infectivity and molecular
248 tests both for chlorine and heat-inactivated viruses, and it was more effective in the
249 presence of the surfactant agent only for heat-inactivated viruses. Our linear regression
250 analyses show that molecular methods including PMA pre-treatment may be used to
251 estimate the performance of disinfection treatments, but it should be taken into account
252 that correlation depends on the mechanism of inactivation. For example, for chlorine-
253 inactivated viruses, a 1, 2 or 3-log reduction in the PMA-RTqPCR assay would
254 correspond to reductions of infectious viruses of 2.61 ± 0.55 , 3.76 ± 0.53 and 4.92 ± 0.76
255 logs, respectively. For heat-inactivated viruses, a 1, 2 or 3-log reduction in the
256 PMA/Triton-RTqPCR assay would correspond to reductions of infectious viruses of
257 2.15 ± 1.31 , 2.99 ± 0.79 and 3.83 ± 0.70 logs, respectively.

258

259 **3.3. Use of PMA-RTqPCR assays on naturally contaminated water samples**

260 In order to confirm the applicability of the PMA/Triton-RTqPCR assay on real water
261 matrices, the developed method was tested using contaminated samples. We used 2
262 archived naturally contaminated water samples from a study conducted in 2007 (a river
263 water sample and a sewage sample), and a fresh sewage sample collected at the time
264 of the study. Since Triton X-100 contributed to the discrimination of viruses inactivated
265 by high temperature and it was not detrimental in discriminating chlorine-inactivated
266 viruses, we decided its inclusion in the assay. Samples were titrated with and without
267 PMA/Triton treatment in parallel. The percentage of viruses with damaged capsids may
268 be calculated comparing quantification data from the RTqPCR and the PMA/Triton-
269 RTqPCR assay using the following formula: % viruses with damaged capsids = $100 -$
270 $[(\text{genome copies/L PMA/Triton-RTqPCR})/(\text{genome copies/L RTqPCR alone}) \times 100]$.
271 Results from the analysis of 3 HAV positive samples are shown in **Table 2**. Each
272 sample was quantified at least twice. While treatment with PMA/Triton reduced HAV
273 genome copy numbers 1.75 ± 0.48 logs in the river water sample, the titer difference for
274 the two analyzed sewage samples was very low. In order to confirm that PMA/Triton
275 treatment was able to reduce the signal of inactivated viruses in sewage concentrates,
276 parallel aliquot samples were heated for 5 minutes at 85°C before quantification. As
277 expected, heat treatment resulted in a reduction of titer in all samples (**Table 2**). These
278 results suggest that while more than 98% of genomes quantified in the river water
279 concentrate were not infectious due to capsid damage, most genomes detected in
280 sewage are likely to be infectious.

281

282 **4. Discussion**

283 One of the main challenges in public health is the evaluation of risks associated with
284 water samples that are positive for viruses by a molecular assay. Availability of
285 sensitive culture-independent molecular tests that correlate with infectious titers will be

286 a key step in risk assessment studies, especially for non-cultivable pathogenic
287 viruses such as HAV. Molecular methods that measure capsid integrity, such as the
288 use of intercalating dyes prior to RTqPCR, have been explored by different laboratories
289 (Karim et al. 2015, Moreno et al. 2015, Parshionikar et al. 2010), and it seems that
290 there is no universal pattern of behaviour. In this study we have examined the
291 correlation of two different PMA-RTqPCR assays (with and without Triton X-100) with
292 the infectious titer of HAV after inactivation by FC and high temperature. Our results
293 confirm the observation that both treatments lead to capsid damage allowing PMA
294 penetration and show that correlation between infectivity assays and molecular tests
295 depends on the mechanisms of virus inactivation. Indeed, heat inactivation at
296 temperatures higher than 40°C mainly affects virus capsids and FC has been shown to
297 target both the capsid and the genome (Costafreda et al. 2014, Li et al. 2002). For
298 HAV, inactivation by chlorine at high doses has been reported to be due to the loss of
299 the 5'NCR of the viral genome (Li et al. 2002), and our results are consistent with these
300 observations. When HAV was inactivated by FC, correlation between TCID₅₀ and
301 RTqPCR was statistically significant even in the absence of PMA pretreatment,
302 confirming that free chlorine does degrade the target region of the RTqPCR assay
303 located at the 5'NCR of the genome.

304 In our study, for PMA-RTqPCR assays without Triton X-100, better correlations were
305 observed for viruses inactivated by FC than by heat, and addition of Triton X-100 only
306 improved PMA performance when viruses were thermally denatured but not when
307 they were oxidized by FC. Other studies using PMA assays without Triton X-100 have
308 also described worse performance on other heat-inactivated viruses, compared to
309 other inactivation mechanisms (Karim et al. 2015, Leifels et al. 2015, Parshionikar et al.
310 2010), and addition of Triton X-100 has been shown to improve discrimination of
311 infectious HAV after heat inactivation (Coudray-Meunier et al. 2013, Moreno et al.
312 2015). However, the effect of Triton X-100 had not yet been assessed on other

313 inactivation processes different from heat. The molecular bases for the differential
314 effect of Triton X-100 observed depending on the inactivation mechanisms are unclear.
315 Since PMA requires double-stranded or structured nucleic acids for binding, its binding
316 to nucleic acids may be less efficient when viruses are inactivated by heat due to
317 denaturation of stable secondary structures present within genomes. In this type of
318 samples, Triton X-100 and other surfactants may facilitate reannealing of RNA
319 secondary structures on genomic regions, which are essential for PMA covalent
320 binding.

321

322 Overall, despite significant correlations found between log reductions of infectious titers
323 and genome copy titers, it seems that PMA-RTqPCR assays cannot completely
324 prevent amplification and detection of inactivated viruses. In our hands, despite the
325 high level of viral inactivation, we did not get any RTqPCR result with a genome copy
326 titer below the limit of detection of the assay (2.30 logs genome copies/ml and 1.43
327 logs TCID₅₀/ml) in any of the experiments performed, highlighting the fact that
328 molecular PMA assays are likely to overestimate virus infectivity. Since treatment of
329 purified HAV RNA with PMA completely abolishes RTqPCR signal (data not shown), it
330 seems that this limitation is not due to the stoichiometric ratio between genome copies
331 and dye molecule, neither of the degree of secondary structures within the target
332 region. PMA assays with modified pH or after supplementation with nucleic acid
333 hexamers to induce the formation of double-stranded regions have been performed in
334 our laboratory and did not provide any improvement on the procedure (data not
335 shown). Whether PMA entry into damaged particles may be hindered by viral
336 aggregation, or by capsid lack of plasticity and flexibility remains to be elucidated. In
337 addition, it is also possible that viral capsids suffer structural alterations that render
338 them non-infectious without causing holes through which intercalator molecules can get
339 inside. More than likely, the population of inactivated viruses is not homogeneous.

340 In summary, our study shows that although PMA-RTqPCR assays are not a perfect
341 tool to directly predict the concentration of infectious viruses, they are useful in inferring
342 the efficiency of several water treatments on infectious virus removal. Linear
343 correlations may be employed as a culture-independent tool to estimate the level of
344 disinfection reached upon a certain inactivation process. Thus, for example, for
345 chlorine-inactivation, a 1, 2 or 3-log reduction in the PMA-RTqPCR assay corresponds
346 to reductions of infectious viruses of 2.61 ± 0.55 , 3.76 ± 0.53 and 4.92 ± 0.76 logs,
347 respectively. For heat-inactivated viruses, a 1, 2 or 3-log reduction in the PMA/Triton-
348 RTqPCR assay corresponds to reductions of infectious viruses of 2.15 ± 1.31 , 2.99 ± 0.79
349 and 3.83 ± 0.70 logs, respectively.

350 In addition, we have confirmed the applicability of PMA assays to estimate the
351 proportion of “non-infectious” viruses present in naturally contaminated water samples.
352 We demonstrate that PMA/Triton-RTqPCR assays are suitable for the analysis of
353 naturally contaminated water samples of different kinds without further sample dilution,
354 providing a better estimation of the infectious titer. An additional advantage of applying
355 PMA-RTqPCR tests on water samples is that PMA may prevent amplification of non-
356 specific free nucleic acids. Due to the scarcity of water samples naturally contaminated
357 with HAV in our area, two of the analyzed samples came from a previous study that
358 had been archived at -80°C for 5-7 years (Perez-Sautu et al. 2012), and although HAV
359 capsids have been shown to be highly stable (Costafreda et al. 2014), the levels of
360 damaged virions may have been modified during storage. Although our results suggest
361 that the percentage of non-infectious HAV, and the resulting risk for humans, may be
362 significantly different between the different types of analyzed water samples, the
363 possibility that the long storage time has affected the capsid stability of viruses
364 contaminating the river water sample cannot be completely ruled out.

365 In conclusion, although PMA-RTqPCR assays may still overestimate the amount of
366 infectious viruses, acknowledging that a certain percentage of viral genomes present in

367 water are not infectious due to capsid damage undeniably provides a better
368 assessment of the associated risk. This may be highly relevant in outbreak situations in
369 which a waterborne origin is suspected.

370

371 **5. Conclusions**

- 372 • The treatment of samples with PMA prior to RTqPCR amplification may be used
373 to infer the performance of HAV disinfection treatments.
- 374 • Addition of Triton enhances correlation with infectivity for heat-inactivated
375 viruses, but not for free chlorine inactivated viruses.
- 376 • Despite the positive effect of Triton may not be universal, the potential use of
377 PMA/Triton-RTqPCR assays as a horizontal method to monitor a reduction in
378 virus infectivity is promising.
- 379 • PMA/Triton-RTqPCR assays may be used as a refinement for a better
380 estimation of the concentration of infectious particles in naturally contaminated
381 waters.
- 382 • Accurate quantification of intact viruses present in water will be of enormous
383 value in performing and interpreting quantitative risk assessment studies.

384

385 **Conflict of interest**

386 No conflict of interest declared.

387

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394

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474 **Figure 1.** Inactivation of HAV by free chlorine treatment (A) and high temperature (B),
475 as determined by molecular (RTqPCR alone, PMA-RTqPCR and PMA/Triton-RTqPCR)
476 and infectivity methods (TCID₅₀). Titers are expressed as average \pm standard deviation.
477 Dashed lines indicate the detection limit for the TCID₅₀ assay. Dotted lines indicate the
478 detection limit for the molecular assays. Experiments were performed at least in
479 triplicate.

480

481 **Figure 2.** Average log ratio of genome copies and TCID₅₀ titers obtained by RTqPCR
482 alone, PMA-RTqPCR and PMA/Triton-RTqPCR after inactivation by free chlorine (A)
483 and heat treatment (B). Data are represented as mean values \pm standard error.
484 Asterisks indicate statistically significant differences compared to the ratio obtained by
485 RTqPCR alone (t-test; $p < 0.05$).

486

487 **Figure 3.** Linear regression analysis between infectivity and RTqPCR log reductions
488 for HAV inactivated by FC (panels A, C and E) and high temperature (panels B, D and
489 F). Correlation analyses were performed between the reduction of infectivity and the
490 reduction of genome copies by RTqPCR alone (panels A and B), PMA-RTqPCR
491 (panels C and D) and PMA/Triton-RTqPCR (panels E and F). Equations, r , R^2 and p
492 values are shown for each plot. Dashed lines indicate 95% confidence intervals.

493

1 **Table 1.** Quantification by RTqPCR after PMA treatment at 25, 100 or 200 μM in
 2 infectious and inactivated HAV suspensions inactivated by free chlorine (average \pm
 3 standard deviation, n=3).

PMA concentration (μM)	Infectious HAV (Log genome copies/ml)	Inactivated HAV (Log genome copies/ml)	Log Reduction ^a
25	8.33 \pm 0.27	5.66 \pm 0.34	2.67 \pm 0.43
100	7.78 \pm 0.40	4.83 \pm 0.23	2.95 \pm 0.46
200	8.39 \pm 0.18	4.79 \pm 0.38	3.59 \pm 0.43*

4 ^a Reduction in titers obtained between inactivated viruses before and after PMA
 5 treatment. ANOVA test (*p<0.05).

6

- 1 **Table 2.** Quantification of HAV present in naturally contaminated water samples by
 2 RTqPCR alone, and PMA/Triton RTqPCR assays (average \pm standard deviation, n=2-
 3 3).

Sample	Treatment	RTqPCR alone (log genome copies/L)	PMA/Triton- RTqPCR (log genome copies/L)	Log reduction ^a
River water S3 Nov07	Untreated	3.12 \pm 0.27	1.37 \pm 0.21	1.75 \pm 0.48
	5 min at 85°C	NT	NT	NT
Wastewater S5 Apr09	Untreated	5.46 \pm 0.99	5.35 \pm 0.77	0.11 \pm 0.23
	5 min at 85°C	5.79 \pm 0.40	4.55 \pm 0.23	1.49 \pm 0.28
Wastewater M1 Aug15	Untreated	5.16 \pm 0.11	5.32 \pm 0.11	-0.16 \pm 0.23
	5 min at 85°C	4.65 \pm 0.33	\leq 3.42 \pm 0.0	\geq 1.23 \pm 0.33

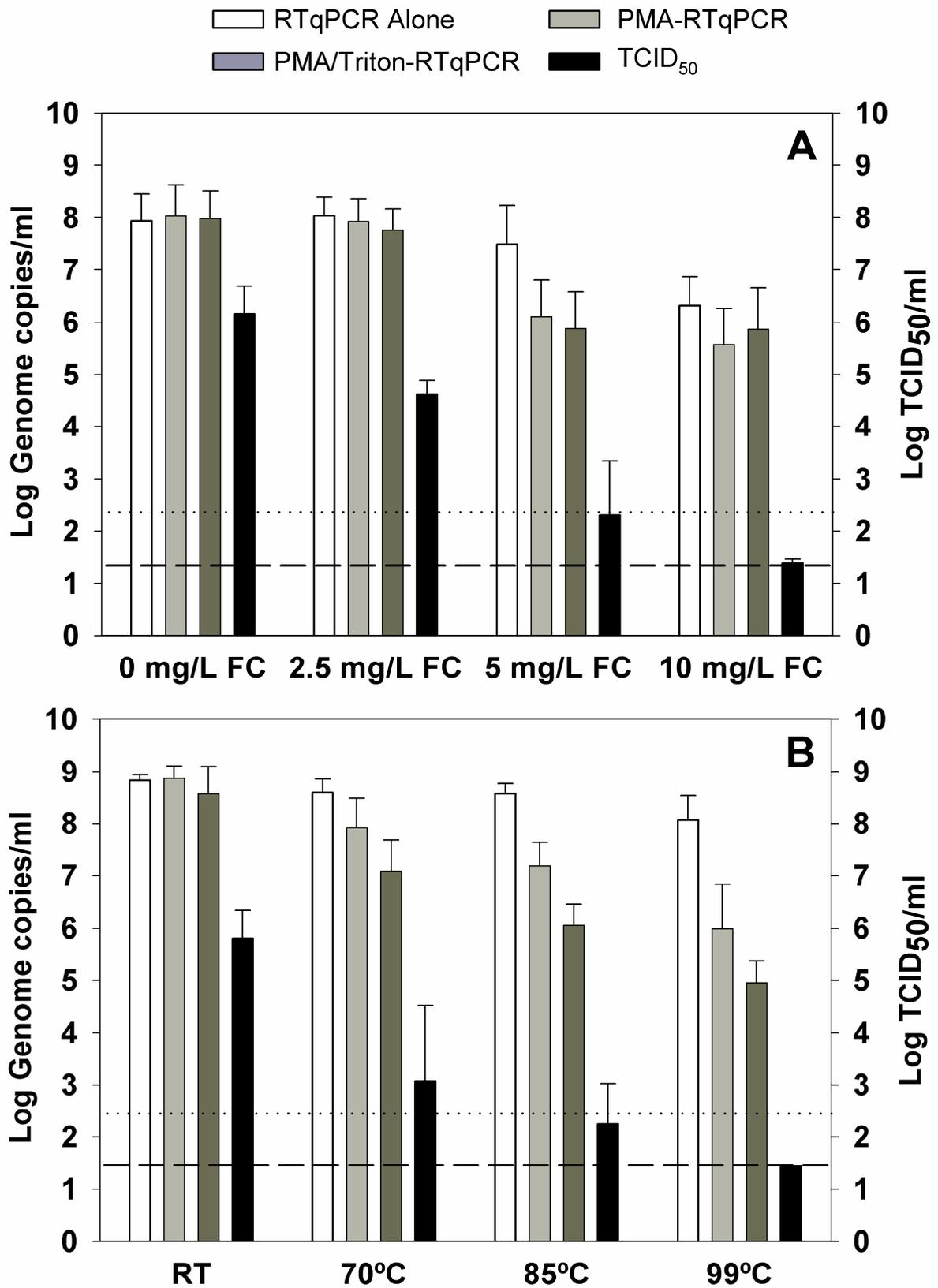
4 ^a Log reduction in titer compared to RTqPCR alone.

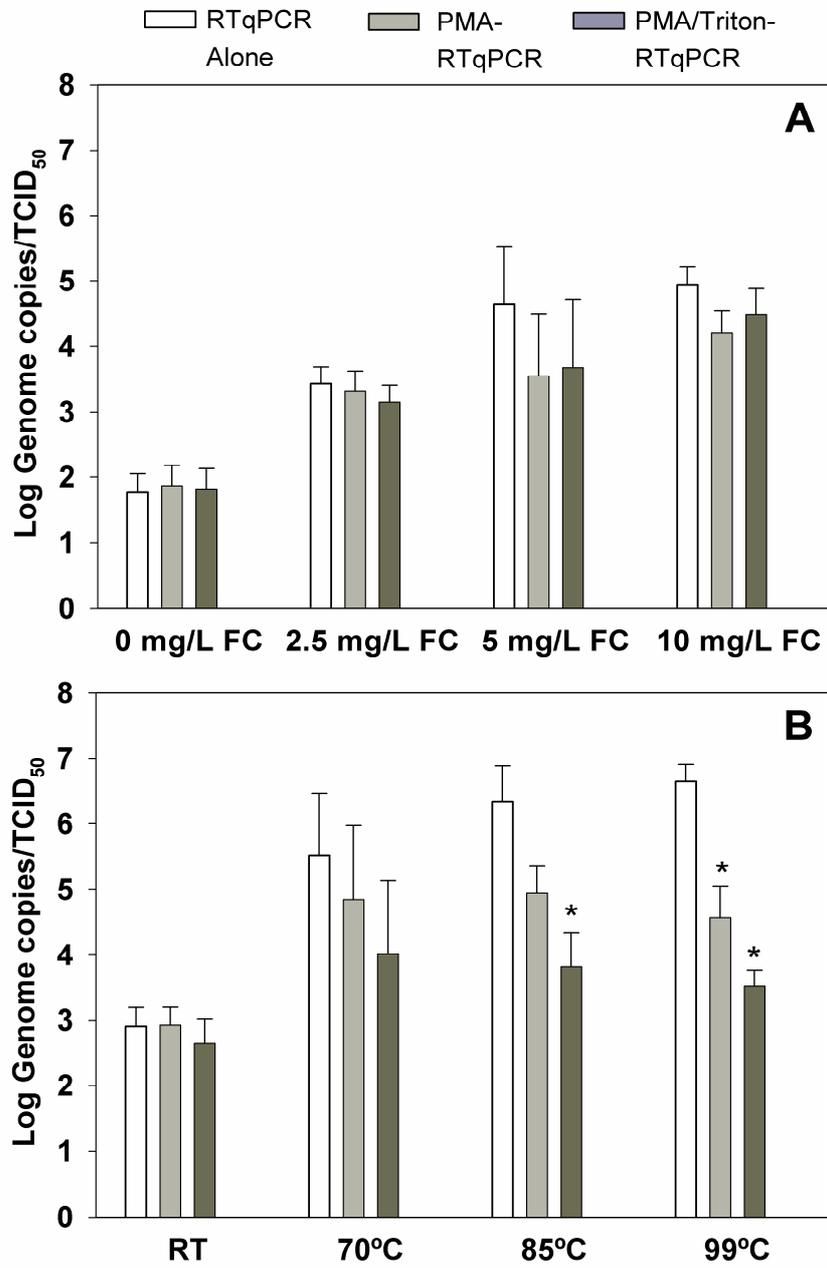
5 NT: Not tested.

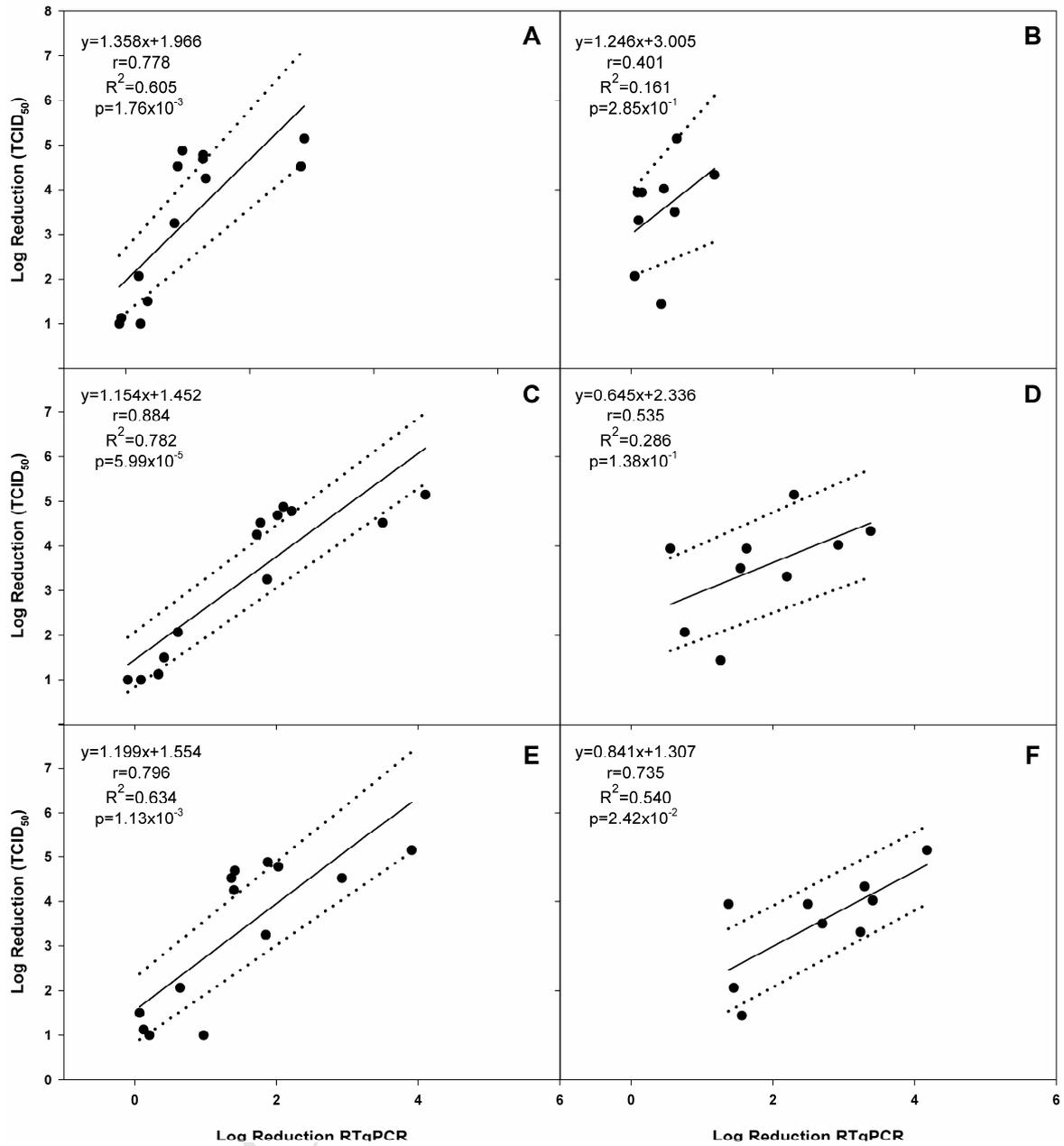
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Highlights

- PMA-RTqPCR assays are useful to infer the efficacy of disinfection on HAV.
- Correlation between genome and infectious virus depends on the disinfection method.
- PMA-RTqPCR assays are applicable on real river water and sewage contaminated samples.
- PMA-RTqPCR assays better estimate the health risk of contaminated waters.