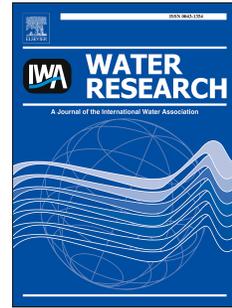


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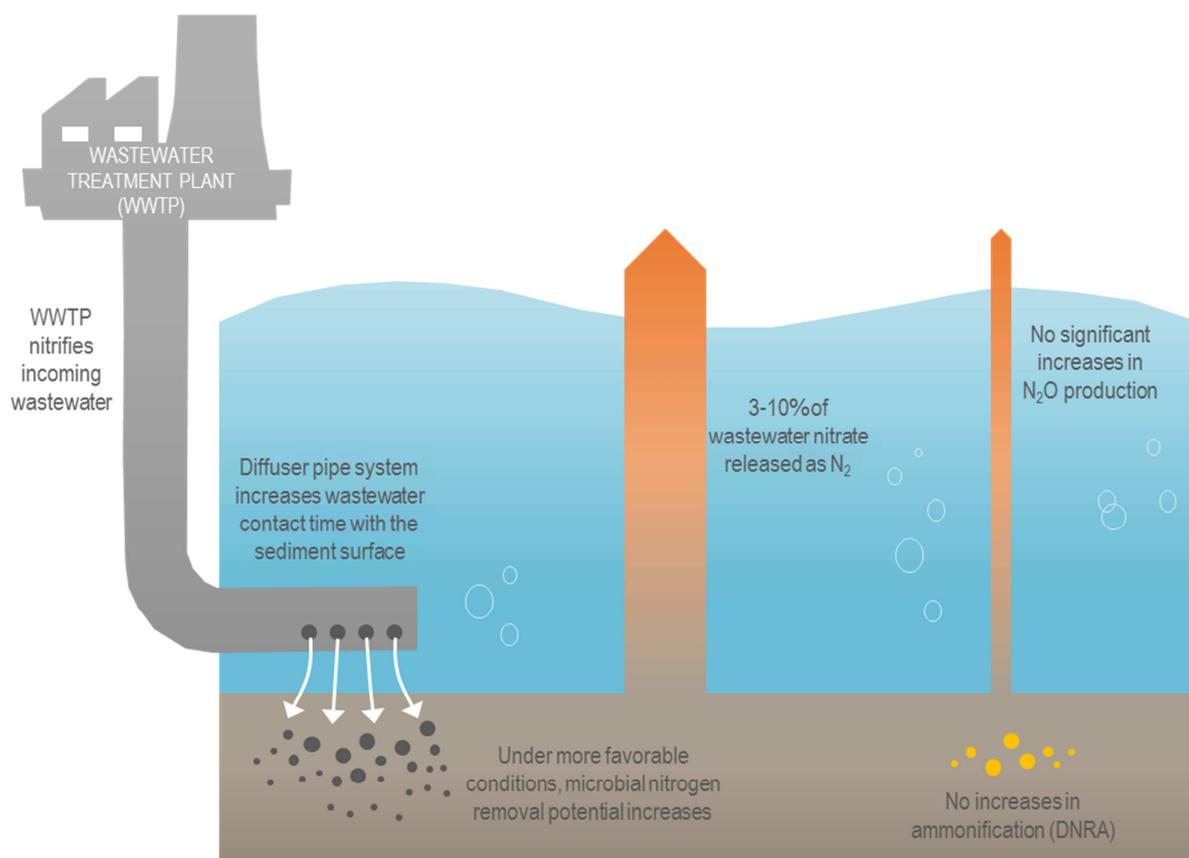
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1 **Sediment diffusion method improves wastewater nitrogen removal in the**
2 **receiving lake sediments**

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16

17 **Abstract**

18 Sediment microbes have a great potential to transform reactive N to harmless N₂, thus decreasing
19 wastewater nitrogen load into aquatic ecosystems. Here, we examined if spatial allocation of the
20 wastewater discharge by a specially constructed sediment diffuser pipe system enhanced the microbial
21 nitrate reduction processes. Full-scale experiments were set on two Finnish lake sites, Keuruu and
22 Petäjavesi, and effects on the nitrate removal processes were studied using the stable isotope pairing
23 technique. All nitrate reduction rates followed nitrate concentrations, being highest at the wastewater-
24 influenced sampling points. Complete denitrification with N₂ as an end-product was the main nitrate
25 reduction process, indicating that the high nitrate and organic matter concentrations of wastewater did
26 not promote nitrous oxide (N₂O) production (truncated denitrification) or ammonification
27 (dissimilatory nitrate reduction to ammonium; DNRA). Using 3D simulation, we demonstrated that
28 the sediment diffusion method enhanced the contact time and amount of wastewater near the sediment
29 surface especially in spring and in autumn, altering organic matter concentration and oxygen levels,
30 and increasing the denitrification capacity of the sediment. We estimated that natural denitrification
31 potentially removed 3-10% of discharged wastewater nitrate in the 33 ha study area of Keuruu, and
32 the sediment diffusion method increased this areal denitrification capacity on average 45%. Overall,
33 our results indicate that sediment diffusion method can supplement wastewater treatment plant
34 (WWTP) nitrate removal without enhancing alternative harmful processes.

35 keywords: denitrification; DNRA; nitrate reduction; nitrous oxide; nitrogen removal; wastewater;

36

37 1 Introduction

38 Wastewater effluents are important point sources of reactive nitrogen (N), significantly altering the
39 biogeochemistry of the receiving aquatic ecosystems (Carey and Migliaccio 2009). Recent studies
40 highlight the importance of efficient N removal in wastewater treatment plants (WWTPs; Lofton et al.
41 2007; Lee et al. 2016). Currently, the most common wastewater treatment standard in Europe, North
42 America and Australia is the secondary treatment (Morris et al. 2017), where activated sludge is used
43 to remove organic material and convert incoming ammonium (NH_4^+) to nitrate (NO_3^- ; Carey and
44 Migliaccio 2009). To protect the ecological condition of the receiving waterbodies, national and
45 international protection acts and regulations (e.g. EU Urban Waste Water Directive, US Clean Water
46 Act; Morris et al. 2017) have established N removal limits for WWTPs. In order to achieve these
47 limits also in future, WWTPs have to acquire more sophisticated treatment methods (e.g. tertiary
48 treatment), meaning high investing costs especially for small WWTPs (population equivalent \leq
49 80 000), which are usually the most common (Hautakangas et al. 2014). In addition, a more efficient
50 N removal at the WWTPs may promote emissions of greenhouse gases, e.g. nitrous oxide (N_2O ;
51 Hauck et al. 2016).

52 Lakes, wetlands and other freshwater ecosystems are large global sinks for reactive N, removing
53 incoming N through denitrification (Seitzinger et al. 2006; Finlay et al. 2013). During denitrification,
54 NO_3^- is sequentially converted into nitrite (NO_2^-), nitric oxide (NO) and N_2O , and, in optimal
55 conditions, into biologically inert nitrogen gas (N_2) (Seitzinger et al. 2006). As increasing nitrogen
56 loading enhances nitrogen removal (Finlay et al. 2013) and denitrification (Seitzinger et al. 2006),
57 denitrification can potentially diminish the detrimental effect of wastewater on the receiving
58 ecosystem, and act as a supplemental N removal for treated wastewater. However, high NO_3^-
59 concentrations together with a lack of carbon (C) can enhance higher production of greenhouse gas
60 N_2O relative to N_2 through incomplete denitrification (Zhao et al. 2014). Thus, wastewater-induced
61 denitrification, although removing reactive N, could also be “an ecosystem disservice” (Burgin et al.
62 2013). However, wastewater typically contains high amounts of organic C as compared to receiving
63 waterbodies (DeBruyn and Rasmussen 2002), which may facilitate complete heterotrophic

64 denitrification with the N_2 as the end-product in the receiving sediments (Weymann et al. 2010).
65 Moreover, high C:N and high C loading have been demonstrated to promote another “ecosystem
66 disservice”, DNRA (dissimilatory reduction of nitrate to ammonium), over denitrification (Kraft et al.
67 2014; Hardison et al. 2015). DNRA converts wastewater NO_3^- into biologically more reactive
68 ammonium (NH_4^+), retaining N in the ecosystem. Previous results from sediments influenced by
69 aquaculture waste (Christensen et al. 2000) suggest that wastewater effluent with both high C and N
70 concentrations could support DNRA, or even favor it over denitrification, in the receiving sediments.

71 Currently, the knowledge on the influence of wastewater on nitrate reduction processes in natural
72 systems is still rather poor, since previous studies have focused mainly on changes in the genetic N
73 transformation potential (e.g. Rahm et al. 2016; Saarenheimo et al. 2017). They suggest that
74 wastewater supports genetic denitrification potential by bringing more substrate and electron donors
75 to the sediment microbes, but also by bringing new WWTP microbes and shaping the natural
76 microbial community. In an urban stream study, Lofton et al. (2007) measured higher potential
77 denitrification rates at the wastewater-influenced sites than at the pristine upstream sites, but there is
78 no information on wastewater-driven changes in N_2O production. Furthermore, the effect of
79 wastewater on DNRA rates has only been measured in Baltic Sea estuary, where it was found to
80 increase DNRA (Bonaglia et al. 2014). This means that at the moment, it is impossible to estimate the
81 ultimate fate of wastewater nitrate, and the true N removal potential of sediment microbes, at least in
82 lakes and other freshwater ecosystems. In this study, we used stable isotope approach (IPT; Nielsen et
83 al. 1992) to measure denitrification, truncated denitrification, and DNRA process rates in boreal lake
84 sediments along a wastewater gradient. Wastewater could have a significant impact on N
85 transformation processes especially in boreal lakes, where denitrification rates are lower as compared
86 to temperate lakes (Rissanen et al. 2013).

87 One important factor regulating denitrification of wastewater effluents in water bodies is the water
88 residence time (Seitzinger et al. 2006), which affects the contact time between water column nitrate
89 and sediment. Wastewaters are commonly discharged several meters above the sediment surface, into
90 lake water columns, meaning that in boreal area, the seasonal variation in stratification patterns could

91 control the contact times between wastewater and sediment, e.g. wastewater would be near the
92 sediment surface only in winter. This would further lead to seasonal differences in sediment
93 denitrification capacity. In this study, we increased the wastewater contact time throughout the year
94 by discharging the water on the lake sediment surface through a special diffuser pipe system. By this,
95 we aimed to increase concentration of wastewater near the sediment surface to support natural
96 denitrification. By using a full-scale experimental approach, we aimed to: 1) compare how spatial
97 allocation of wastewater affects seasonal N transforming processes, and 2) estimate the applicability
98 of the sediment diffuser method in wastewater N removal. We hypothesized that wastewater increases
99 denitrification rate, but potentially also unfavorable N_2O production or DNRA. In addition, we
100 hypothesized that sediment diffusion method reduces seasonal variation, leading to higher overall N
101 removal capacity.

102 **2 Material and methods**

103 **2.1 Study sites**

104 The two WWTPs, Keuruu (8200 population equivalent; PE) and Petäjävesi (1800 PE), are located in
105 Central Finland (Fig. 1). Both WWTPs have primary (clarification) and secondary treatment
106 (activated sludge with nitrification), and discharge their treated effluents from a one-point outlet to the
107 lake under the normal conditions. In Keuruu, WWTP nitrification process collapsed in winter 2015
108 due to cold weather. In Keuruu, the recipient lake, Lake Keurusselkä, is a large humic lake (117 km²),
109 belonging to Kokemäenjoki drainage area, with average depth of 6.4 m and a maximum depth of 40
110 m. During the experimental study, the diffuser pipe system, having 50 holes (30 mm wide) on both
111 sides of the 30 m long and 60 cm diameter PE pipe (Suppl. Fig. 1), was attached to the end of the
112 original WWTP discharge pipe at the depth of 9 m for one year (October 2014-November 2015). In
113 Petäjävesi, the treated WWTP effluent is discharged to Lake Jämsänvesi, which is a medium-sized
114 humic lake (0.9 km²; Fig. 1), belonging to Kymijoki drainage area, with average depth of 4.2 m and
115 maximum depth of 27 m. In August 2016, the original WWTP discharge pipe was extended with a
116 similar diffuser pipe system as in Keuruu (except it had 100 holes (30mm wide), and the total length
117 was 10 and the diameter 20 cm), which directed the wastewater effluent to the sediment surface. The

118 costs of the diffuser systems were ~35 000€ in Keuruu (including technical design, environmental
119 permits, construction and installation conducted by private companies) and ~3000€ in Petäjävesi
120 (conducted by the local authorities). See Saarenheimo et al. (2017) for further description of the study
121 sites.

122 2.2 Sampling

123 Intact sediment cores for process measurements were collected using the Kajak sediment core sampler
124 (KC Denmark A/S). In Keuruu, there were eight sampling trips between years 2014 and 2015 (11 Feb
125 2014, 6 May 2014, 4 Aug 2014, 14 Oct 2014, 20 Jan 2015, 19 May 2015, 11 Aug 2015 and 20 Oct
126 2015), and in Petäjävesi, seven trips in 2014 and 2016 (8 May 2014, 9 Jun 2014, 11 Aug 2014, 13
127 Aug 2014, 16 Oct 2014, 11 Aug 2016, 20 Oct 2016). During each sampling trip, three to fifteen
128 sediment cores (sediment height ~25 cm and diameter 4 cm) were collected per each lake site. On
129 both lake areas, three main sampling points were sampled each time, one located ~0.8 km upstream
130 from the wastewater discharge point, one at the discharge point and one at approximately 200-300 m
131 downstream from the discharge point (except in 11 Aug 2014 in Petäjävesi; see Suppl. Table 1). To
132 study the effect of sediment diffusion system, additional 2-4 points were sampled between discharge
133 and downstream sampling points (Suppl. Table 1). Temperature and dissolved oxygen concentrations
134 in the water column were measured, and bottom water collected for measuring concentration of
135 dissolved inorganic ammonium (NH_4^+) and nitrate+nitrite (NO_x^-) as in Saarenheimo et al. (2017).

136 2.3 Sediment core incubations

137 After sampling, intact sediment cores were transported to the University of Jyväskylä laboratory and
138 stored at *in situ* temperature in dark until next day. After that, the water above the sediment was
139 replaced with water collected from the sampling sites without disturbing sediment surface, $^{15}\text{NO}_3^-$
140 label (K^{15}NO_3 , Cambridge Isotope Laboratories) was added to give an initial concentration of 150
141 $\mu\text{mol/L}$, and the cores (one core per sampling point) were capped with rubber stoppers and incubated
142 at *in situ* temperature and in dark for 4 h with constant stirring (90 rpm). Pre-incubation time of 5 min
143 was used (Nielsen 1992), which could have led to appr. 20% underestimation of D14 in lower
144 temperatures due to inhomogeneous mixing of the endogenous $^{14}\text{NO}_3^-$ with the exogenous $^{15}\text{NO}_3^-$

145 (Eyre et al. 2002). In addition, the assumptions of IPT (Nielsen 1992) were verified with
146 concentration series incubations (25, 75, 250 and 400 $\mu\text{mol/L}$ of $^{15}\text{NO}_3^-$, one core per concentration
147 per sampling point) at both lake sites in 2014 (11 Feb, 6 May and 14 Oct 2014 in Keuruu, and 8 May,
148 9 Jun, 11 Aug 2014 in Petäjävesi). In addition, one core was used as an unlabeled control, and one as
149 a time zero control per each sampling point. At the end of the incubations, cores were efficiently
150 mixed and slurry samples were collected for process measurements.

151 **2.4 Isotope analysis**

152 **2.4.1 Complete denitrification rates (N_2 production)**

153 Three slurry samples per one core were collected to glass vials (12 mL, Labco), 100 μl of 30%
154 formaldehyde was added to stop the microbial activities, and samples were stored in cold and in dark
155 until isotope analysis. Before IRMS analysis, a helium headspace (~ 5.5 mL) was added to each
156 sample following Tirola et al. (2011). The isotope mass areas (m/z 28, 29 and 30) and N_2
157 concentration of the samples were analyzed with Isoprime IRMS connected to Tracegas
158 preconcentrator unit, using a modified N_2O project with no cryotrapping and valves in CO_2 mode.
159 Actual (D14) and “potential” (D15; 150 $\mu\text{mol/L}$ of $^{15}\text{NO}_3^-$) denitrification rates, the proportion of
160 coupled nitrification-denitrification ($\text{D}_n\%$), and the proportion of denitrification of the NO_3^- in the
161 water above the sediment ($\text{D}_w\%$) were calculated as in Rissanen et al. (2013).

162 **2.4.2 Truncated denitrification rates (N_2O production)**

163 A slurry sample of 30 ml was collected to a syringe (60 mL) and N_2O was extracted to helium gas ,
164 stored in the prevacuumed glass vial (12mL), and subsequently analyzed with Isoprime IRMS
165 connected to TraceGas preconcentrator unit. N_2O production was calculated as in Dong et al. (2006).

166 **2.4.3 DNRA rates**

167 DNRA rates were measured from the three main sampling points, and from the two additional points
168 (50 and 100 m downstream from wastewater discharge point) in Keuruu. For the analysis, 100 mL of
169 slurried sediment was collected and filtered (GF/C) and NH_4^+ was isolated by alkaline acid trap
170 diffusion (Holmes et al. 1998), where 40 ml of slurry water together with 2 g of NaCl and 0.12 g of
171 MgO and acid traps (triple 1 cm diameter GF/C filters acidified with 20 μl of 2.5 M KHSO_4) was

172 added to 250 mL glass bottles and incubated for four days in 35°C in shaker. After the incubation,
173 trapped samples were dried for two days in a desiccator with sulfuric acid and atm%15 (the
174 proportion of ^{15}N of total N) of samples was analyzed with Thermo Finnigan Flash EA1112 elemental
175 analyzer connected to a Thermo Finnigan DELTAplus Advantage IRMS. DNRA rate was calculated
176 as in Christensen et al. (2000).

177 **2.5 Laboratory analysis**

178 Samples for DIN species (NH_4^+ , NO_x^-) were filtered through glass fibre filters (Whatman GF/F) and
179 measured as in Rissanen et al. (2011). Furthermore, the porosity and the proportion of organic matter
180 of the sediment (LOI%) were determined for each sampling point as in Rissanen et al. (2011).

181 **2.6 Lake Keuruselkä 3-D flow model**

182 To estimate the contact time between wastewater effluent and lake bottom in the dynamic real world
183 conditions, we used a hydrodynamic simulation. A 3-D model and a simulation model of Lake
184 Keuruselkä, with the wastewater effluent as a conservative tracer, was built using the open source
185 European Union Public License (EUPL) COHERENS code (Luyten 2013). COHERENS solves the
186 three-dimensional hydrodynamic equations using the finite difference method, assumes hydrostatic
187 balance, and uses the Boussinesq approximation when solving buoyancy. The modelled area is
188 depicted in Supplemental Figure 2. The model input data included lake bathymetry, wastewater
189 discharge volume and concentrations, lake inflows and outflows, and weather (temperature,
190 precipitation, wind speed and direction, humidity, air pressure). The bathymetry, inflow and outflow
191 data was provided by Finnish Environment Institute, wastewater data by Keuruu WWTP and weather
192 data by Finnish Meteorological Institute (FMI). Additional verification data of water currents was
193 obtained using an Acoustic Doppler Current Profiler (ADCP) device at 15 minute intervals over a
194 period of 1 Apr – 22 Jun 2015.

195 We used version 2.9 of the COHERENS code to develop a nested Lake Keuruselkä high resolution
196 model. First, the entire lake was modelled using a coarse (250 m) horizontal resolution. The results of
197 this simulation were used as boundary conditions for a high resolution (10 m) model around and
198 including the wastewater outlet. Both resolution models used eleven terrain-following vertical layers.

199 Vertical mixing was based on the k- ϵ turbulence scheme (k: turbulent energy; ϵ : the rate of dissipation
200 of turbulent energy), TVD (total variation diminishing) advection scheme was used for momentum,
201 and tracers and explicit horizontal diffusion was disabled. In the coarse simulation model, we used
202 time-dependant flows as open boundary data. Using the high resolution model, we simulated a total of
203 eight 48 hour long situations: Four different seasons (winter, spring, summer, autumn) and two
204 wastewater discharge pipe configurations (original pipe and diffuser pipe system) for each season.
205 The original wastewater pipe releases the effluent into a single calculation cell (10m \times 10m) at \sim 1 m
206 from the bottom, while the sediment diffuser pipe system spreads the effluent into three cells at the
207 bottom of the water column. The simulation periods were chosen to coincide with field sampling
208 occasions. Relevant input data was used for each season, and the winter scenario also included the
209 effect ice and snow cover. The background concentration of wastewater effluent in the lake was set to
210 zero at the beginning of each modelling scenario, which enabled us to determine how the effluent
211 behaves during the first few hours after the release (see Supplemental video).

212 The simulation data was saved at 10 minute intervals for post-process calculation of the contact time
213 of wastewater and the sediment surface. We defined the contact time to be an arbitrary time interval
214 multiplied by the fraction of wastewater effluent in the bottom layer of the water column vs. the total
215 effluent in the water column during the same time interval. For example, if 20% of all effluent in the
216 model is found in the layer closest to bottom during some 10 minute interval, the contact time would
217 be $0.2 \times 600 \text{ s} = 120 \text{ s}$. This means that in a stable system, when time approaches infinity, the contact
218 time will approach *time interval/number of layers* because the effluent will be nearly fully mixed in
219 the water column. In this method, the only varying parameter is the wastewater discharge pipe
220 configuration. Thus, we could calculate how much the sediment diffuser pipe system altered the
221 contact time, area and concentration of wastewater as compared to the original wastewater pipe during
222 the 48h simulation period.

223

224 2.7 Data analysis

225 Data from Keuruu and Petäjavesi was analyzed separately. The concentration series sediment core
226 data from the three main sampling points (upstream, wastewater discharge point and downstream)
227 was reported as the average of two, or as the average \pm standard error (SE) of three to five cores per
228 sampling occasion. Otherwise, no replicate cores were taken (Suppl. Table 1). The relative DNRA
229 rate (%DNRA) was calculated as the contribution of DNRA on total nitrate reduction
230 (D14+N₂O+DNRA) and the relative N₂O production (%N₂O) as the ratio between the N₂O production
231 and total denitrification (i.e. N₂ + N₂O) using averaged values per each sampling date and site.

232 The interactions between transformation rates (D14, D15, N₂O, %N₂O, DNRA, %DNRA) and
233 environmental factors (temperature, oxygen concentration, NO_x⁻, NH₄⁺, LOI%) were studied using
234 Spearman rank correlation separately before and after installing the sediment diffusor. For this,
235 samples from 13 Aug 2014, 16 Oct 2014, 31 Aug 2016 and 25 Oct 2016 were used in Petäjavesi data
236 (Suppl. Table 1). In Keuruu data, all sampling dates were included. The differences in N
237 transformation rates and environmental factors before and after the sediment diffusion method
238 experiment were studied with Wilcoxon Signed-Rank Test (Suppl. Table 1). All statistical analyses
239 were conducted using R version 3.3.3 (R Core Team, 2017).

240 The areal potential denitrification capacity was calculated for Keuruu data by multiplying mean D15
241 for each sampling date with the estimated wastewater-influenced lake area (33.3 ha). For this, only
242 D15 measured using the same ¹⁵NO₃⁻ concentration (150 μ mol/L) was used. By comparing the
243 calculated areal denitrification potential (mg NO_x⁻ d⁻¹) to the long-term data on nitrate input (mg NO_x⁻
244 d⁻¹) coming from the WWTP, we could estimate how much sediment denitrification could potentially
245 remove incoming wastewater nitrate per day (proportion of NO_x⁻ potentially removed through
246 denitrification). We calculated the estimate for each sampling date (season) before and after sediment
247 diffusion experiment and compared those to finally estimate how much sediment diffusion method
248 can promote areal N removal through denitrification. Similar calculations were conducted using D14
249 to demonstrate the true “areal denitrification capacity”, “proportion of NO_x⁻ removed through
250 denitrification” and the improvement in the latter one.

251 3 Results

252 Both study sites had strong seasonal variation in the physico-chemical characteristics (e.g.
253 temperature, oxygen) at wastewater-influenced and control sampling points (Table 1, Suppl. Table 2).
254 In Petäjävesi, LOI% was generally higher and oxygen concentration lower than in Keuruu. At the
255 wastewater-influenced sampling points in both Keuruu and Petäjävesi, NO_x^- concentrations were
256 always higher than NH_4 , except in winter 2015 in Keuruu, when the nitrification process collapsed in
257 WWTP (Table 1).

258 3.1.1 *Nitrate reduction processes along wastewater gradient*

259 In general, the underlying IPT assumptions on independence of D14 of and D15 increasing with
260 labeled nitrate were met at the three main sampling points in Keuruu and Petäjävesi (Suppl. Fig. 3).
261 However, on 6 May 2014, there was no positive trend between D15 and labeled nitrate at the
262 downstream sampling site in Keuruu, which was most likely due to the missing data from the cores
263 incubated with the two lowest concentrations of $^{15}\text{NO}_3^-$. Furthermore, on 11 Feb 2014, D14 was
264 increasing with labeled nitrate at the wastewater-influenced sampling points in Keuruu. Nitrate
265 reduction rates were highest at the wastewater-influenced sampling points (Fig. 2-3). At both study
266 sites, the complete (N_2 production; D14) and potential (D15) denitrification rates tended to decrease
267 when moving downstream from the discharge point (Fig. 2-3). DNRA rates measured in Keuruu had a
268 similar decreasing pattern (Fig. 2). Truncated denitrification (N_2O production) or relative N_2O
269 production rates (% N_2O) did not show any clear pattern between the wastewater-influenced sampling
270 points (Fig. 2-3). In Keuruu, where all three nitrate reduction processes were measured, denitrification
271 was the main nitrate reduction process ($86 \pm 12\%$ of all nitrate reduction). There was no difference in
272 the contribution of DNRA in nitrate reduction (%DNRA) between the wastewater-influenced
273 sampling points ($9 \pm 2\%$) and the control point ($11 \pm 5\%$).

274 3.1.2 *The influence of the sediment diffusion method on nitrate reduction processes*

275 Based on 3D modelling, the diffuser pipe system increased the contact time of wastewater with the
276 sediment surface during the first few hours after release when compared to the original configuration
277 (Suppl. Fig. 4). This was observed especially in spring and in autumn. In winter (ice-covered time),

278 the effect was lowest but still positive. In lake-scale, the wastewater concentration near the sediment
279 increased with the sediment diffusion method in all seasons. However, no changes in total contact
280 area were seen (Fig. 4).

281 Nitrate concentrations did not increase after the sediment diffusion at the study sites (Wilcoxon,
282 $P>0.05$; Table 1). At both study sites, oxygen concentration at the bottom was higher after the
283 sediment diffusion, and LOI% was lower in Keuruu, but higher in Petäjävesi (Wilcoxon, $P<0.05$,
284 Table 1). Sediment diffusion method did not increase D14 (Keuruu: before 881 ± 230 after 767 ± 163 ,
285 Petäjävesi: before 451 ± 80 after 2689 ± 2088 , Wilcoxon, $P>0.05$), but the overall potential
286 denitrification rates (D15) increased at both sites (Keuruu: before 1056 ± 184 after 2048 ± 408 , $Z = -$
287 2.20 , $P = 0.028$; Petäjävesi: before 820 ± 91 after 2087 ± 469 , Wilcoxon, $Z = -2.22$, $P = 0.026$). There
288 was no difference in N_2O , % N_2O or %DNRA before and during the diffuser pipe system ($P > 0.05$),
289 but DNRA rates decreased significantly in Keuruu (before 218 ± 82 after 70 ± 28 , $Z = -2.10$, $P =$
290 0.036).

291 The correlation patterns between the nitrate reduction rates and environmental factors before and after
292 the sediment diffusion varied between the two study sites (Table 2). In Petäjävesi, D14 did not
293 correlate with inorganic N concentrations, but increased with oxygen and LOI% before the sediment
294 diffusion. After the optimization, it correlated positively with nitrate and ammonium. Before the
295 optimization, D15 correlated positively with D14, oxygen and LOI% and negatively with temperature,
296 but after that, the correlation to LOI% remained but D15 was higher when temperature was high and
297 oxygen concentration low. Before the optimization, N_2O production and % N_2O increased with
298 temperature and decreased with oxygen, and % N_2O decreased with LOI%. After the wastewater
299 discharge was spatially optimized, both actual N_2O production and % N_2O decreased with LOI%.

300 In Keuruu, D14 was always related to nitrate concentration, and after the diffuser pipe system, also to
301 ammonium (Table 2). Before the sediment diffusion method, D15 was higher in higher temperatures
302 and in lower oxygen concentrations. After the optimization, it correlated with D14, but not with any
303 environmental factors. Before the optimization, % N_2O increased with oxygen but after that only with
304 decreasing LOI%. The DNRA rates always followed nitrate and oxygen concentrations and were

305 higher when temperature was low, but they also followed ammonium after the sediment diffusion. A
306 similar relationship was found between %DNRA and temperature and oxygen in 2014, but not after
307 the sediment diffusion. In both years, %DNRA was higher when LOI% was low.

308 *3.1.3 The influence of sediment diffusion method on areal nitrate removal capacity*

309 We estimated that denitrification could potentially remove 3-10% of WWTP NO_x^- load (mg d^{-1})
310 coming to the area in Keuruu (Table 3). After the implementation of the sediment diffusion method,
311 the removal was improved in winter, spring and autumn, whereas it declined slightly in summer.
312 However, when the removal estimate was based on true denitrification values measured (D14),
313 denitrification could remove 1-15% of WWTP NO_x^- load, and sediment diffusion method improved
314 removal only in spring and autumn (Table 3).

315 **4 Discussion**

316 As expected, highest nitrate reduction rates were observed close to the wastewater discharge points.
317 The measured N_2 production rates (D14; 150-3500 $\mu\text{mol N m}^{-2} \text{d}^{-1}$ in Keuruu and 80-23500 $\mu\text{mol N}$
318 $\text{m}^{-2} \text{d}^{-1}$ in Petäjavesi) at these points were comparable to, or even exceeded the previous reports from
319 eutrophic/hypertrophic lakes (900-1200 $\mu\text{mol N m}^{-2} \text{d}^{-1}$: Mengis et al. 1997; 290-1700 $\mu\text{mol N m}^{-2} \text{d}^{-1}$:
320 Risgaard-Petersen et al. 1999) and wastewater-influenced estuarine sediments (40-370 $\mu\text{mol N m}^{-2} \text{d}^{-1}$:
321 Bonaglia et al. 2014), and denitrification was the main nitrate reduction pathway at all wastewater-
322 influenced sampling points. Both denitrification and DNRA rates followed the wastewater gradient,
323 decreasing downstream as mixing and dilution decreased the wastewater and nitrate concentration.
324 There was also some seasonal variation, as in Keuruu, complete denitrification and DNRA were
325 highest in winter, contradicting with the previous studies from boreal lakes, in which highest rates
326 have been found in summer when nitrate and organic matter concentrations as well as temperature are
327 high (Ahlgren 1994; Rissanen et al. 2011). This is probably due to the contact rate between
328 wastewater and sediment being naturally high during the winter, as also the highest nitrate
329 concentrations were observed then in Keuruu. Then, we also saw D14 increasing with labeled nitrate,
330 which suggest that anammox could contribute to N_2 production (Risgaard-Petersen et al. 2003).
331 However, high nitrate and organic matter concentrations at wastewater-influenced sampling points

332 should not favor anammox, as has been demonstrated earlier in wastewater-influenced estuary
333 sediments (Bonaglia et al. 2014). It is possible that the amount of labeled nitrate was not high enough
334 as compared to the natural nitrate concentrations or too short preincubation period (Eyre et al. 2002),
335 leading to inhomogeneous mixing of label with natural nitrate. This was observed only in winter 2014
336 in Keuruu, when the nitrate concentration was the highest at the wastewater-influenced sites.
337 Agreeing with previous results on genetic nitrous oxide reduction potential in Keuruu (Saarenheimo et
338 al. 2017), N_2O production was not following wastewater nitrate gradient, but was possibly related to
339 seasonal factors and organic matter availability. Although the absolute DNRA rates were occasionally
340 high at the wastewater-influenced sampling sites, the average contribution of DNRA in nitrate
341 reduction was similar between wastewater and control points. In general, observed %DNRA was
342 comparable to the ones recorded in eutrophic lake during high C availability (15%; Nizzoli et al.
343 2010), but not as high as in aquaculture-influenced sediments (300%; Christensen et al. 2000) or in
344 wastewater-contaminated estuary sediments (50-1700%; Bonaglia et al. 2014). Although wastewater-
345 influenced sampling points seem to have higher amount of organic matter (LOI%), the organic matter
346 quality could be less favorable for the fermentative DNRA bacteria (Akunna et al. 1993). In addition,
347 the amount of nitrate was always significantly higher at the wastewater sampling points, lowering
348 C:N, which should favor denitrifying bacteria (Kraft et al. 2013). The habitat characteristics may also
349 be more dynamic and turbid, following the wastewater discharge volume, and this could suppress the
350 growth of DNRA bacteria (Nogaro and Burgin 2014).

351 The 3D modelling results confirmed that the sediment diffusion method enhanced the contact time
352 between wastewater effluent and sediment in Keuruu. This was seen especially in spring and in
353 autumn, which are the mixing periods in the boreal lakes. We did not expect any enhancement in
354 winter, when wastewater is naturally at the lake bottom and the water residence time is long. Also in
355 summer, heavy wastewater, having high conductivity, is supposed to stay at the bottom. Although
356 sediment diffusion method increased near-bottom wastewater concentration, it did not increase the
357 total wastewater-influenced area, indicating that the diffuser pipe system was probably not long
358 enough. In our sampling data, we did not see a significant increase in the nitrate concentration in the

359 bottom water after the diffuser pipe system. It seems that process rates and modelling results are more
360 reliable estimates of the effect of sediment diffusion method on N dynamics than only nitrate
361 concentration. Interestingly, we saw higher oxygen concentration at both study sites after the sediment
362 diffusion method, while organic matter concentration increased in Petäjävesi and decreased in
363 Keuruu, both factors being important in controlling nitrate reduction. Increased oxygen was most
364 likely reflecting the higher concentration of fully oxygen saturated wastewater effluent near the
365 sediment surface. The lower LOI% in Keuruu is in agreement with previous study from wastewater-
366 influenced river sediments (Lofton et al. 2007), and could be due to more turbid conditions after the
367 sediment diffusion. In Petäjävesi, the wastewater discharge point has naturally lower water velocity
368 and lower wastewater effluent volume, suggesting that after the sediment diffusion, WWTP-derived
369 organic matter could be sedimentated more efficiently to the bottom, resulting in higher LOI%.
370 However, the composition and quality of organic matter probably changed at both study sites after the
371 implementation of the sediment diffusion method.

372 Potential denitrification rates (D15) were higher after the diffuser pipe system at both study sites, and
373 this was observed especially at the wastewater discharge sampling point, where D15 were on average
374 three times higher. Since D15 was not related to the environmental nitrate concentrations, wastewater
375 promoted it through some other mechanism. We have previously shown that wastewater shapes the
376 sediment microbial community composition significantly by bringing in WWTP microbes and
377 modifying habitat characteristics (Saarenheimo et al. 2017), so it is likely that by altering oxygen and
378 organic matter concentrations and quality, wastewater favored certain microbes, which directly or
379 indirectly contributed to denitrification. The connection between wastewater and D15 is further
380 corroborated with the found correlations between D15 and D14 in Keuruu, and D15 and LOI% in
381 Petäjävesi. The connection between D15 and D14 was found in Petäjävesi even before the sediment
382 diffusion, and our recent study showed that wastewater has indeed stronger impact on microbial
383 community there than in Keuruu (Saarenheimo et al. 2017). Complete denitrification (D14) and $D_w\%$
384 (data not shown) followed inorganic N concentrations at both study sites, and did not significantly
385 increase after the sediment diffusion, but the method successfully decreased seasonal effects (e.g.

386 oxygen or temperature) on N_2 production, suggesting that the conditions were more favorable to
387 denitrification microbes throughout the year. Furthermore, although higher oxygen concentration
388 could have supported nitrification and coupled nitrification–denitrification (Bonaglia et al. 2013), we
389 did not find a significant increase in the proportion of coupled nitrification–denitrification ($D_n\%$) after
390 the sediment diffusion (data not shown). One reason for D14 not increasing after the implementation
391 of the sediment diffusion method could be inhomogenous mixing of labelled and natural nitrate
392 during IPT incubations, due to inadequate pre-incubation period and higher OPD at cold temperatures
393 (Eyre et al. 2002). However, within-season temperatures remained similar in Keuruu, so possible
394 underestimation of D14 happened at both study years. In Petäjävesi, there was a slight decrease in
395 temperatures after the sediment filtration system, but since only summer and autumn samples were
396 included in the data, the temperature-driven D14 underestimation was probably rather small. We think
397 that best explanation for D14 not increasing is that inorganic nitrogen concentration remained similar
398 and there was no increase in the proportion of coupled nitrification-denitrification after the
399 implementation of the sediment diffusion method.

400 The increased oxygen concentration can explain the decrease in DNRA observed in Keuruu, as re-
401 oxygenation of sediments favors denitrification over DNRA (De Brabandere et al. 2015). As the
402 oxygen concentration increased after the sediment diffusion, obligate anaerobic DNRA bacteria were
403 possibly suppressed (Nogaro and Burgin 2014). Decrease in DNRA rate coincided also with
404 decreased LOI%, implying that lower carbon availability suppressed DNRA (Kraft et al. 2013). We
405 did not analyze DNRA in Petäjävesi, where LOI% increased. However, it was rather unlikely that
406 DNRA would have been promoted there, as we saw no significant decrease in D14, and D15 even
407 increased, and conditions were probably too oxygen-rich and turbid for DNRA bacteria. Furthermore,
408 the quality of sediment organic matter can be even more important in governing the end-product of
409 nitrate reduction than the carbon content. WWTP-derived organic matter is considered to be more
410 biodegradable and protein-rich than natural organic matter (Nam and Amy 2008), which should favor
411 especially denitrifying microbes (Barnes et al. 2012).

412 Sediment diffusion method did not affect N_2O production or % N_2O . It is possible that in addition to
413 denitrification, some proportion of N_2O was derived from nitrification. For example, the negative
414 correlation (see Goreau et al. 1980) found between N_2O and oxygen in Keuruu after the sediment
415 diffusion suggests that nitrification could be the main source of N_2O . This correlation was also
416 observed in Petäjävesi before the sediment diffusion. Organic matter concentration seems to be the
417 main factor controlling N_2O production and % N_2O , especially after the sediment diffusion, when
418 nitrate levels were probably not limiting (Zhao et al. 2015). In general, higher carbon availability
419 facilitates complete denitrification (Weymann et al. 2010). The interaction between N_2O and LOI%
420 more likely reflects spatial distribution of N_2O production rather than the effect of sediment diffusion
421 (as LOI% decreased but % N_2O did not increase in Keuruu after the sediment diffusion), since after
422 the sediment diffusion, % N_2O was constantly higher at downstream sampling points where LOI% was
423 lower. Interestingly, both N_2O and % N_2O were higher in Petäjävesi than in Keuruu, although LOI%
424 was higher there even before the sediment diffusion. In Petäjävesi, the loading of allochthonous
425 carbon from the surrounding catchment area is substantial and lake color is darker than in Keuruu.
426 This suggests that a significant proportion of sediment organic matter might be recalcitrant and less
427 favorable for denitrifiers, although seems to support the denitrification process until N_2O , agreeing
428 with previous studies on carbon-amended denitrification rates at the Baltic Sea oxic–anoxic interface
429 (Bonaglia et al. 2016) and in boreal lakes sediments (Myrstener et al. 2016). However, further studies
430 are needed to understand the importance of wastewater organic matter quantity and quality in
431 governing these different nitrate reduction processes.

432 Areal denitrification calculations based on D15 revealed that natural sediment denitrification could
433 potentially remove 3-10% of wastewater nitrate input at Keuruu site, and sediment diffusion can
434 increase the rate by 17-120%. When using true denitrification values (D14), the proportion of
435 wastewater nitrate removed was 1-15%, and sediment diffusion increased the rate by 22-61%.
436 Although these calculations are based on process rates measurements from sampling points and
437 calculated only on the 33 ha study area, we can expect that they are rather realistic, as our field
438 observations have shown that wastewater can be detected during the first 400 m downstream from the

439 discharge site and is after that efficiently diluted. We did not take the improvement in the wastewater
440 contact time or concentration into account in the calculations, so in reality the improvement in the
441 total areal nitrate removal capacity was probably higher. Previous estimates on denitrification nitrate
442 removal potentials have been ~2% of incoming nitrate from river sites (Lofton et al. 2007) and 60-
443 70% from constructed wetlands (Lee et al. 2009). Sediment diffusion method enhanced areal nitrate
444 removal in spring and in autumn, which followed the pattern in contact time. However, potential
445 nitrate removal was increased also in winter, although wastewater is then naturally near the sediment
446 surface, and thus no improvement in contact time was expected. Furthermore, no change in contact
447 time was observed in winter based on 3D modelling. What makes it especially interesting is that in
448 winter after installing the sediment diffuser pipe, nitrification process in WWTP collapsed for several
449 months, and wastewater effluent consisted mainly of ammonium nitrogen. Possibly nitrification
450 benefitted from the better oxygenation, compensating the problems observed in the function of the
451 WWTP and feeding efficiently denitrification community, increasing the areal nitrate removal
452 potential. When using D14-based estimate in the calculations, no improvement in the wastewater
453 nitrate removal was seen in winter, which can be explained with low nitrate concentration after the
454 sediment diffusion, as nitrification collapsed in WWTP. Here, D15-based estimate is probably more
455 realistic, since it is always based on the same amount of label, which corresponds the wintertime
456 nitrate concentrations in Keuruu, when WWTP nitrification is functional.

457 **Conclusions**

458 The full-scale experiments showed that sediment diffusion method can create more favorable
459 conditions for the sediment microbes, and thus increase the denitrification potential. Furthermore,
460 they showed that in general, wastewater promotes nitrate reduction, supporting especially N_2
461 production through complete denitrification. As the nitrate-rich wastewater had a longer contact time
462 with the sediment, sediment diffusion method enhanced the total areal wastewater nitrate removal,
463 especially in spring and autumn, when wastewater would have otherwise been mixed with the lake
464 water. However, in order to utilize sediment microbes more efficiently in wastewater N removal,
465 diffuser pipe system should be further modified to increase the effluent contact time and area with the

466 sediment. Through this methodology, nitrate removal can be enhanced with low costs in treatment
467 plants where nitrification is part of the process. As the implementation of the sediment diffusion
468 method is easy and inexpensive, it would be especially recommended for supplementing nitrate
469 removal in small and medium-sized nitrifying WWTPs, where the construction of post-nitrification
470 processes is not economically feasible.

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592 N₂O production in sediment of freshwater rivers. *Environmental Science and Pollution*
593 *Research* 21(16), 9973-9982.

594 Table 1. Physico-chemical characteristics of wastewater-influenced sampling points before and after sediment diffusion in Keuruu and in Petäjavesi. Values are presented as
 595 mean \pm SE. The results of Wilcoxon signed rank test are presented.

Keuruu		temperature (°C)	LOI%	O ₂ (mg/L)	NO _x ⁻ (μmol/L)	NH ₄ ⁺ (μmol/L)	n
	winter	2.59 \pm 0.70	18.81 \pm 3.33	9.34 \pm 0.51	103.57 \pm 82.14	15.71 \pm 1.43	
Before sediment diffusion	spring	7.00 \pm 0.07	26.09 \pm 0.48	10.75 \pm 0.09	40.14 \pm 19.14	1.21 \pm 0.14	
(2014)	summer	15.5 \pm 0.42	26.38 \pm 2.66	3.89 \pm 0.77	49.57 \pm 17.93	13.17 \pm 11.10	
	autumn	8.82 \pm 0.02	13.54 \pm 0.26	9.63 \pm 0.14	16.67 \pm 4.11	1.75 \pm 0.18	
After sediment diffusion	winter	0.91 \pm 0.21	9.07 \pm 3.34	12.85 \pm 0.24	61.57 \pm 7.21	121.05 \pm 8.60	
(2015)	spring	8.70 \pm 0.04	8.76 \pm 0.64	11.15 \pm 0.39	16.60 \pm 1.25	4.57 \pm 0.29	
	summer	18.70 \pm 0.03	7.52 \pm 0.53	7.39 \pm 0.13	43.37 \pm 17.10	5.32 \pm 1.32	
	autumn	7.49 \pm 0.01	10.90 \pm 1.15	10.42 \pm 0.09	23.20 \pm 10.71	6.78 \pm 2.57	
	total 2014	8.48 \pm 1.76	21.21 \pm 2.19	8.41 \pm 1.02	51.92 \pm 20.36	7.96 \pm 3.26	8
	total 2015	8.95 \pm 2.40	9.32 \pm 0.77	10.34 \pm 0.76	36.19 \pm 7.81	34.43 \pm 18.98	8
	Wilcoxon test	NS	P = 0.012	P = 0.025	NS	NS	
Petäjavesi		temperature (°C)	LOI%	O ₂ (mg/L)	NO _x ⁻ (μmol/L)	NH ₄ ⁺ (μmol/L)	n
Before sediment diffusion	summer	13.80 \pm 0.50	14.07 \pm 1.65	0.52 \pm 0.08	27.78 \pm 6.95	11.68 \pm 8.07	
(2014)	autumn	6.72 \pm 0.05	17.32 \pm 1.56	9.09 \pm 0.28	19.76 \pm 1.91	3.17 \pm 0.15	
After sediment diffusion	summer	12.89 \pm 0.70	34.81 \pm 5.15	5.73 \pm 0.83	19.79 \pm 9.36	3.28 \pm 0.82	

596

(2016) autumn	3.54 ± 0.43	28.98 ± 1.17	9.86 ± 0.44	241.92 ± 230.06	121.51 ± 116.21	
total 2014	9.94 ± 1.14	15.84 ± 1.19	5.20 ± 1.36	23.41 ± 3.37	6.82 ± 3.50	7-11
total 2016	7.79 ± 1.52	31.63 ± 2.46	7.98 ± 0.77	140.95 ± 125.19	70.85 ± 66.55	7-11
Wilcoxon test	P = 0.008	P = 0.003	P = 0.013	NS	NS	

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599 Table 2. Significant correlations between environmental factors in bottom water and sediment and complete denitrification (D14), potential denitrification
 600 (D15), truncated denitrification (N₂O), and relative N₂O production (%N₂O) at two study sites, and DNRA rates and relative DNRA rate (%DNRA) in
 601 Keuruu before and after the sediment diffusion.

Keuruu						
Before sediment diffusion				After sediment diffusion		
	Correlation coefficient	P value		Correlation coefficient	P value	
D14 vs. NO _x ⁻	0.81	<0.001	D14 vs. NO _x ⁻	0.72	<0.01	
D14 vs. NH ₄ ⁺	0.74	<0.01	D14 vs. NH ₄ ⁺	0.75	<0.01	
N ₂ O vs. NO _x ⁻	0.71	<0.01	N ₂ O vs. O ₂	-0.58	<0.05	
N ₂ O vs. NH ₄ ⁺	0.59	<0.05	N ₂ O vs. LOI%	-0.56	<0.05	
%N ₂ O vs. O ₂	0.61	<0.05	%N ₂ O vs. LOI%	-0.68	<0.01	
D15 vs. O ₂	-0.65	<0.05	D15 vs. D14	0.63	<0.05	
D15 vs. T	0.86	<0.001	DNRA vs. NO _x ⁻	0.73	<0.001	
DNRA vs. NO _x ⁻	0.64	<0.01	DNRA vs. NH ₄ ⁺	0.78	<0.001	
DNRA vs. O ₂	0.50	<0.05	DNRA vs. O ₂	0.56	<0.05	
DNRA vs. T	-0.68	<0.01	DNRA vs. T	-0.67	<0.01	

%DNRA vs. O ₂	0.75	<0.001	%DNRA vs. LOI%	-0.87	<0.001
%DNRA vs. T	-0.91	<0.001			
%DNRA vs. LOI%	-0.77	<0.001			

602

603

Petäjavesi

Before sediment diffusion			After sediment diffusion		
	Correlation coefficient	P value		Correlation coefficient	P value
D14 vs. O ₂	0.85	<0.001	D14 vs. NO _x ⁻	0.93	<0.001
D14 vs. T	-0.85	<0.001	D14 vs. NH ₄ ⁺	0.92	<0.001
D14 vs. LOI%	0.74	<0.01	N ₂ O vs. NO _x ⁻	0.84	<0.001
N ₂ O vs. O ₂	-0.80	<0.01	N ₂ O vs. NH ₄ ⁺	0.81	<0.001
N ₂ O vs. T	+0.80	<0.01	N ₂ O vs. LOI%	-0.68	<0.01
%N ₂ O vs. O ₂	-0.95	<0.001	%N ₂ O vs. LOI%	-0.70	<0.01
%N ₂ O vs. T	0.95	<0.001	D15 vs. O ₂	-0.72	<0.01
%N ₂ O vs. LOI%	-0.59	<0.05	D15 vs. T	0.92	<0.001
D15 vs. D14	0.92	<0.001	D15 vs. LOI%	0.59	<0.05
D15 vs. O ₂	0.81	<0.01			

D15 vs.T	-0.81	<0.01
D15 vs. LOI%	0.66	<0.05

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606 Table 3. Mean wastewater NO_x^- input, areal denitrification potential, proportion of wastewater NO_x^- potentially removed through denitrification, and
 607 improvement of that, as well as real areal denitrification capacity, proportion of wastewater NO_x^- removed through denitrification, and improvement of that
 608 after the sediment diffusion method in Keuruu.

	mean wastewater NO_x^- input (kg d^{-1})	areal denitrification potential (kg d^{-1})	proportion of NO_x^- potentially removed through denitrification (% d^{-1})	improvement (%)	areal denitrification capacity (kg d^{-1})	proportion of NO_x^- removed through denitrification (% d^{-1})	improvement (%)
winter before	63.9	2.4	3.7 %	120 %	9.4	14.7 %	-17 %
after		5.2	8.2 %		7.6	12.1 %	
spring before	131.9	4.2	3.2 %	48 %	1.3	1.0 %	61 %
after		6.2	4.7 %		2.2	1.6 %	
summer before	69.1	7.2	10.4 %	-4 %	4.8	6.9 %	-21 %
after		6.9	10.0 %		3.8	5.5 %	
autumn before	68.0	5.4	7.9 %	17 %	1.9	2.8 %	22 %
after		6.3	9.2 %		2.3	3.4 %	

609

610 Figure captions

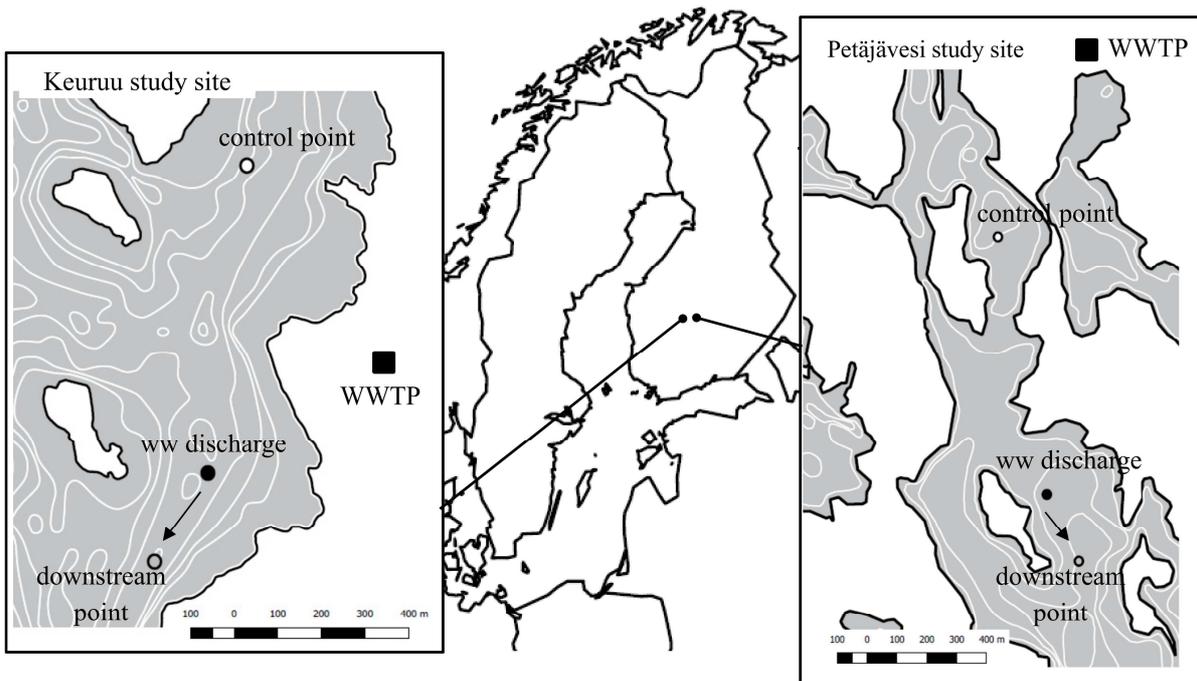
611 Figure 1. Map on the study sites, showing the locations of the wastewater treatment plants (WWTP)
612 and three main sampling points (control point, wastewater discharge point and downstream points) at
613 Keuruu and Petäjavesi study sites. Arrow indicates wastewater gradient flowing downstream from the
614 wastewater discharge point, along which the additional sampling points were located.

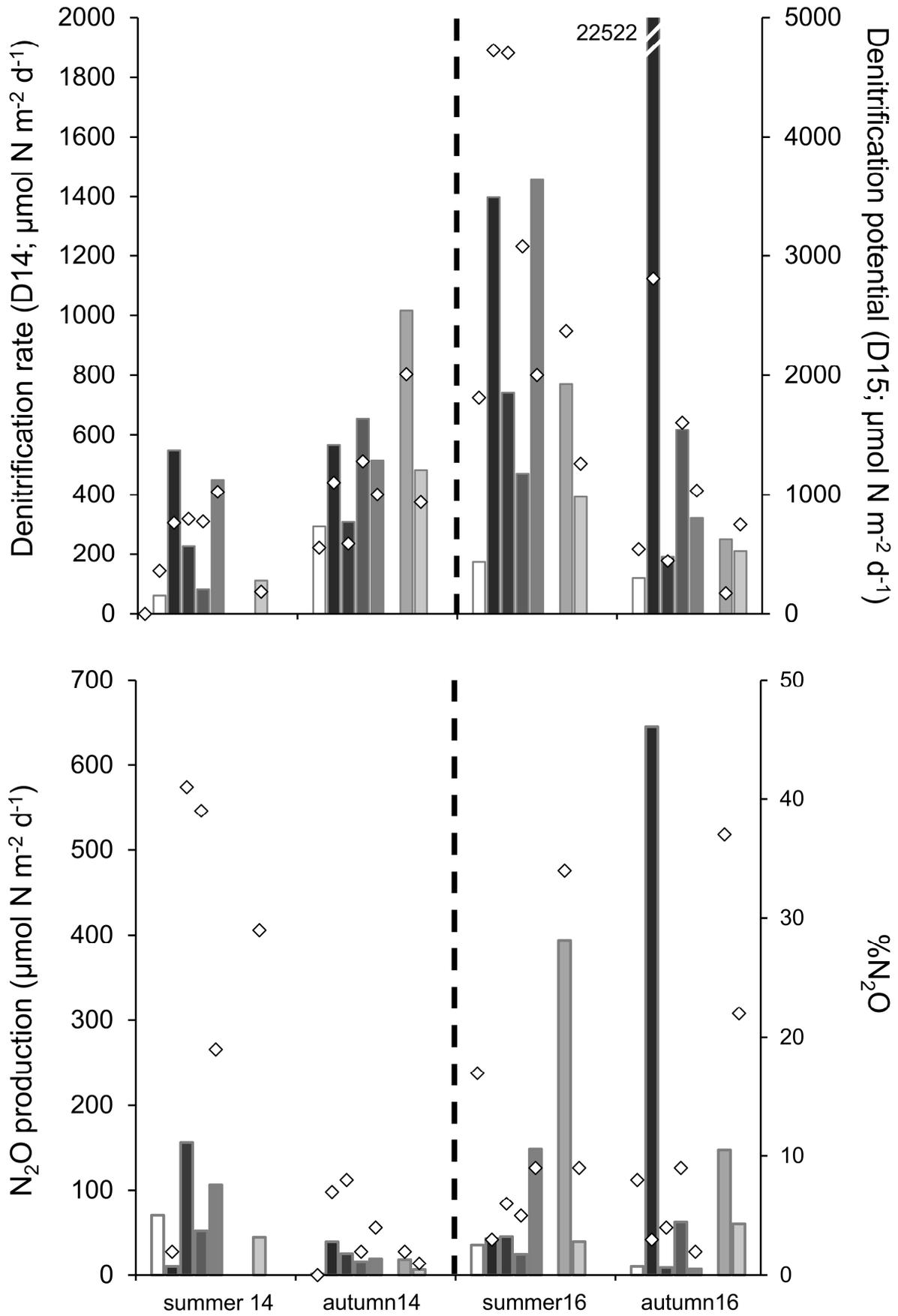
615 Figure 2. A) Complete denitrification (D14) rates (bars) and denitrification potential (D15; dots), B)
616 N_2O production (bars) and relative N_2O production (% N_2O ; dots), and C) DNRA rates (bars) and
617 relative DNRA (%DNRA; dots) in Keuruu. Dashed line indicates the beginning of the sediment
618 diffusion of the wastewater discharge. White bar indicates denitrification rate at the control sampling
619 point, black bar represents wastewater discharge point and color gradient follows the wastewater
620 gradient, lowest sampling point being light grey.

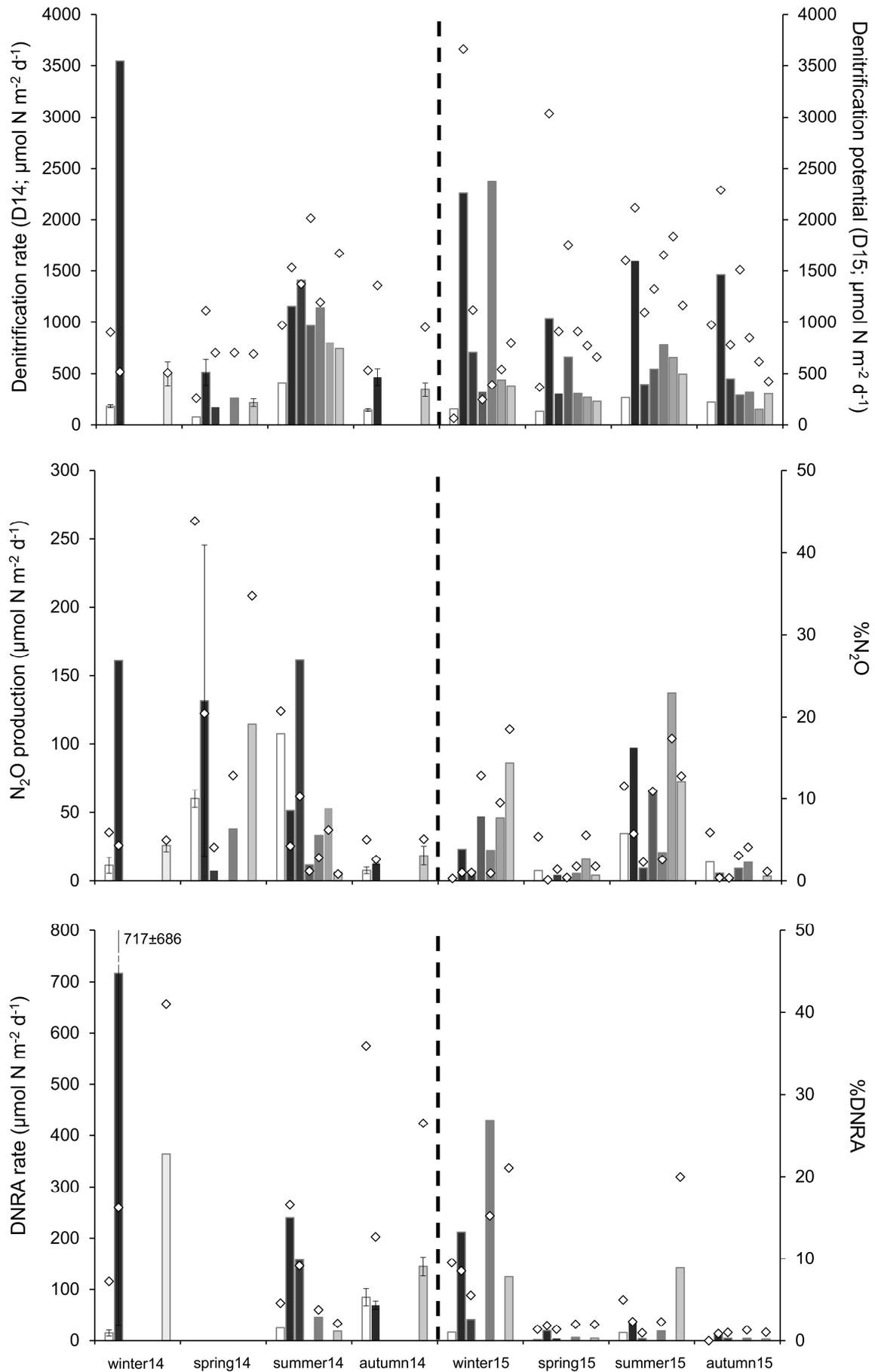
621 Figure 3. A) Complete denitrification (D14) rates (bars) and denitrification potential (D15; dots), and
622 B) N_2O production (bars) and relative N_2O production (% N_2O ; dots) in Petäjavesi. Dashed line
623 indicates the beginning of the sediment diffusion of the wastewater discharge. White bar indicates
624 denitrification rate at the control sampling point, black bar represents wastewater discharge point and
625 color gradient follows the wastewater gradient, lowest sampling point being light grey.

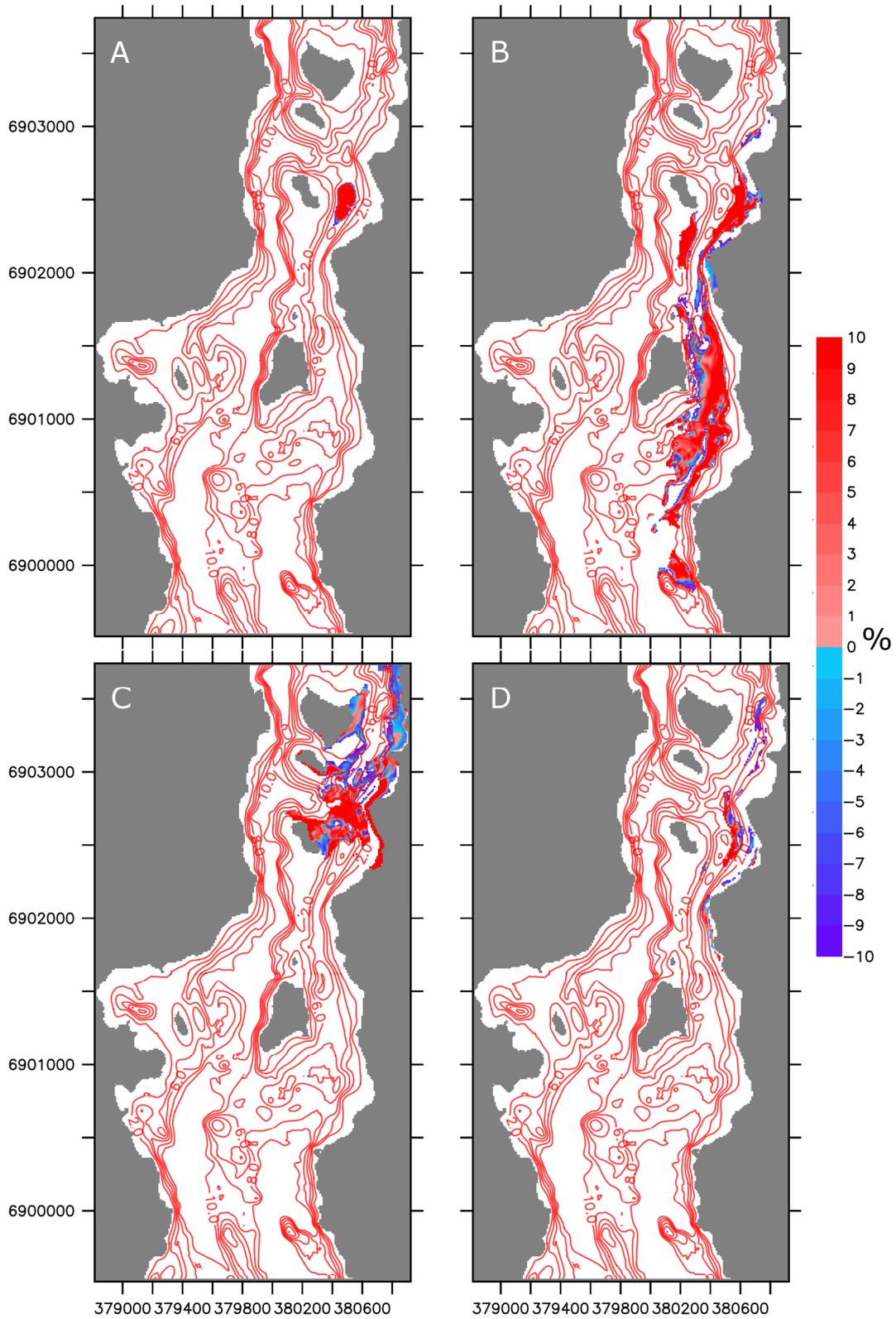
626 Figure 4. The relative difference (%) in near-bottom wastewater concentration between the sediment
627 diffuser pipe system and original discharge pipe configuration at Keuruu study site after 40h
628 simulation in A) winter, B) spring, C) summer and D) autumn scenarios. Red indicates relatively
629 higher and blue relatively lower concentration after the sediment diffusion method implementation.

630









Sanni L. Aalto et al.

Highlights:

- Wastewater supports reduction of nitrate to inert N₂ in the receiving waterbody
- Sediment diffusion method increases contact time between wastewater and sediment
- Sediment diffusion would provide is a cost-efficient method for nitrogen removal