

POSTER PRESENTATION

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# Diffuse Myocardial Fibrosis detected by Multi-slice T<sub>1</sub> Mapping using Slice Interleaved T<sub>1</sub> (STONE) Sequence in Patients with Hypertrophic Cardiomyopathy

Shingo Kato<sup>1,2\*</sup>, Steven Bellm<sup>1</sup>, Sébastien Roujol<sup>1</sup>, Jihye Jang<sup>1</sup>, Tamer Basha<sup>1</sup>, Sophie Berg<sup>1</sup>, Kraig V Kissinger<sup>1</sup>, Beth Goddu<sup>1</sup>, Martin Maron<sup>3</sup>, Warren J Manning<sup>1</sup>, Reza Nezafat<sup>1</sup>

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## Background

The presence of myocardial fibrosis is associated with worse clinical outcome in hypertrophic cardiomyopathy (HCM) patients. Due to the substantial variations in left ventricular (LV) wall thickness and fibrosis in HCM, volumetric coverage of entire LV myocardium is essential for the accurate assessment of myocardial fibrosis. Slice-interleaved T<sub>1</sub> (STONE) mapping sequence allows for the assessment of native T<sub>1</sub> time with complete coverage of LV myocardium. The aim of this study was to investigate whether STONE sequence is useful for the assessment of regional variability of LV native T<sub>1</sub> time in HCM patients.

## Methods

Twenty-four septal HCM patients (56 ± 16 years) and 10 healthy adult control subjects (57 ± 15 years) were studied. Native T<sub>1</sub> mapping was performed using STONE sequence which enables acquisition of 5 slices in the short-axis plane within a 90 sec free-breathing scan. The sequence was acquired in a free-breathing ECG-triggered slice-selective bSSFP with the following parameters: 5 slices, in-plane resolution = 2.1x2.1 mm<sup>2</sup>, slice thickness=8 mm, slice gap=4 mm, field of view=360x352 mm<sup>2</sup>, TR/TE/α=2.8 msec/1.4 msec/70°, SENSE-factor=2, linear ordering, 10 linear ramp-up pulses and acquisition window=240 msec. We measured LV native T<sub>1</sub> time and maximum LV wall thickness in each 16 segments from 3 slices (basal-, mid- and apical-slice). Late gadolinium enhanced (LGE)

MRI was acquired to assess presence or absence of myocardial enhancement.

## Results

In HCM patients, LV native T<sub>1</sub> time was significantly elevated compared to healthy controls, regardless of presence or absence of LGE (mean native T<sub>1</sub> time; LGE (+) segments (n = 27), 1139 ± 55 msec; LGE (-) segments (n = 351), 1118 ± 55 msec; healthy control (n = 160), 1065 ± 35 msec; p < 0.001 by one-way ANOVA, 6 segments were excluded from analysis due to artifacts). Among 351 segments without LGE, native LV T<sub>1</sub> time was diffusely elevated over the 16 segments (Figure). Significant positive correlation was found between LV wall thickness and native LV T<sub>1</sub> time (y=1013+8.7x, p < 0.001).

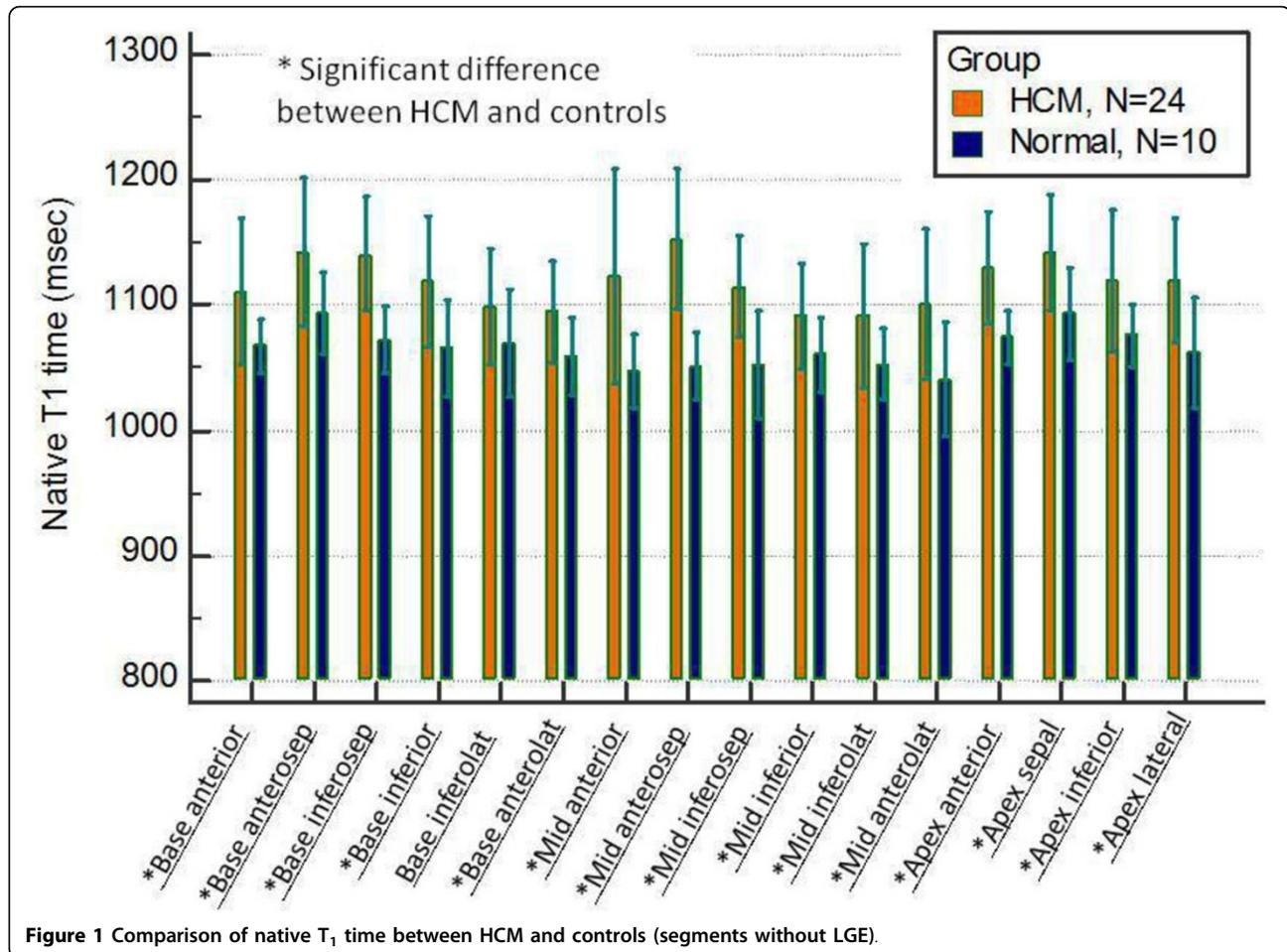
## Conclusions

In HCM, substantial number of segments without LGE showed elevated native T<sub>1</sub> time, and native T<sub>1</sub> time was correlated with LV wall thickness. Slice-interleaved T<sub>1</sub> mapping by using STONE sequence could be advantageous to overcome limited cardiac coverage of conventional single-slice T<sub>1</sub> mapping technique and to accurately detect the diffuse myocardial fibrosis in HCM patients.

## Authors' details

<sup>1</sup>Beth Israel Deaconess Medical Center, Boston, MA, USA. <sup>2</sup>Yokohama City University, Yokohama, Japan. <sup>3</sup>Tufts Medical Center, Boston, MA, USA.

<sup>1</sup>Beth Israel Deaconess Medical Center, Boston, MA, USA  
Full list of author information is available at the end of the article



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