

# A patient with novel mutations causing MEN1 and hereditary multiple osteochondroma

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## Summary

We report of a male patient aged 32 years who presented with primary hyperparathyroidism. Three parathyroid glands were resected. At the age of 46 years, nervus facialis irritation was noted, and an MRI scan incidentally revealed a non-functioning pituitary adenoma with affection of the chiasma opticum. The patient underwent transsphenoidal operation resulting in pituitary insufficiency postoperatively. At the same time, primary hyperparathyroidism reoccurred and a parathyroid adenoma located at the thymus was resected. The mother of the patient died early due to multiple tumors. The patient was suspected to have multiple endocrine neoplasia type 1 (MEN1) and genetic analysis was performed. In addition, on clinical examination, multiple exostoses were noticed and an additional genetic analysis was performed. His father was reported to have multiple osteochondromas too. MEN1 was diagnosed in the patient showing a novel heterozygote mutation c.2T>A in exon 2, codon 1 (start codon ATG>AAG;p.Met1?) of the *MEN1* gene. In genetic mutational analysis of the *EXT1* gene, another not yet known mutation c.1418-2A>C was found in intron 5 of the *EXT1* gene (heterozygotic). In conclusion, we report novel mutations of the *EXT1* and the *MEN1* genes causing hereditary multiple osteochondromas and MEN1 in one patient.

## Learning points:

- It is important to ask for the patient's family history in detail.
- Patients with MEN1 are characterized by the occurrence of tumors in multiple endocrine tissues and nonendocrine tissues, most frequently parathyroid (95%), enteropancreatic neuroendocrine (50%), and anterior pituitary (40%) tissues.
- Familiar MEN1 has a high degree of penetrance (80–95%) by the age over 50; however, combinations of the tumors may be different in members of the same family.
- Patients with *EXT1* gene mutations should be monitored for possible transformation of bone lesions into osteochondrosarcoma.

## Background

We report of a patient who presented with multiple endocrine neoplasia type 1 (MEN1) and multiple osteochondromas.

MEN1 is an autosomal dominant inherited disease (1), caused by germline mutations in the *MEN1* gene which is located on 11q13. It typically occurs with tumors of the parathyroid glands, the pancreatic islet cells, and the



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**Figure 1**  
Deformities of the forearms and shortened upper arms of the patient aged 52 years.

pituitary. Less common manifestations include foregut carcinoids, lipomas, angiofibromas, thyroid adenomas, adrenocortical adenomas, angiomyolipomas, and spinal cord ependymomas (2). Bone tumors have not been reported to be associated with *MEN1* mutations.

Hereditary multiple osteochondroma (HMO) is an autosomal dominant bone disorder characterized by the presence of multiple benign cartilage-capped tumors. With a prevalence of ~1:50 000 in western population, osteochondromas are the most common benign bone tumors (3). Two causal genes have been identified, *EXT1* and *EXT2*, which account for 65 and 30% of cases respectively (4). *EXT1* is located on chromosome 8q23–q24 (5) and *EXT2* on 11p11–p12 (6). Mutations in *EXT1* and *EXT2* result in insufficient heparin sulfate (HS) biosynthesis. This leads to irregular diffusion patterns of Indian hedgehog (IHH), which plays a major role in enchondral ossification, and hence to abnormal chondrocyte polarization and proliferation (7). Complications that can result from osteochondromas are deformities, functional limitations, compression of nerves and blood vessels, pain due to pressure on neighboring tissues, and most seriously malignant transformation to secondary peripheral chondrosarcoma that occurs in 1–2% of the cases (4) (8).

### Case presentation

A 46-year-old male patient presented in 2008 to our endocrine outpatient clinic after three weeks of in-patient stay. He was admitted in the hospital due to facial paralysis with gustatory dysfunction. Anamnestically, the patient reported the resection of three parathyroid glands in 1994 due to primary hyperparathyroidism. During his hospital

stay, no sound explanation for the quickly remittent partial paralysis of the facial nerve could be determined. However, imaging of the head revealed incidentally a tumor of the pituitary gland. Hormone diagnostics showed suppressed testosterone and IGF1, normal thyrotropin (TSH) with low free-thyroxine ( $fT_4$ ) levels. Basal adrenocorticotropin (ACTH) and cortisol were normal, and prolactin was slightly increased. In the ophthalmological examination, minor changes in the visual field but not in typical bitemporal location were found. However, due to contact and elevation of the chiasma opticum by the tumor, transsphenoidal resection of the non-functioning pituitary macroadenoma was performed. Immunohistochemistry was negative for TSH-, HGH-, PRL-, LH-, FSH-, and ACTH-expression and Mib-1 was 3%. Postoperatively, the patient developed insufficiencies of the gonadotropic, thyreotropic, and corticotropic hormone axes.

In the course, recurrent primary hyperparathyroidism manifested with laboratory changes (PTH: 88 ng/l, calcium: 2.67 mmol/l, phosphate: 1.11 mmol/l) and osteoporosis (lumbal spine  $t$ -score = -4.1) was diagnosed. A suspicious parathyroid gland was detected in the upper left thymus pole via methoxyisobutyl-isonitril (MIBI)-scintigraphy and resected in June 2008 resulting in hypoparathyroidism postoperatively.

Owing to the suspected diagnosis of *MEN1*, genetic testing and further diagnostic work-up were initiated. The latter included abdominal ultrasound, gastroscopy, endosonography, abdominal computed tomography (CT), and somatostatin receptor scintigraphy to search for possible neuroendocrine tumors of the gastrointestinal tract. In CT



**Figure 2**  
X-ray of both forearms at the age of 17 years with sabre-shaped radius and multiple osteochondromas.



**Figure 3**  
Pelvic overview – impairment of ilium, lumbal vertebra 5, and both femoral necks at the age of 17 years.

scan, four hyperperfused pancreatic lesions were detected with a maximum diameter of 13 mm. Those lesions were also observed in endosonography presenting as small hypoechogenic areas but not as well-defined space-consuming lesions. However, the patient did not have any symptoms of neuroendocrine pancreatic tumors and no suspicious laboratory findings were detected. Genetic testing finally revealed a *MEN1* mutation. Taking the patient's family history into account, it could be assumed that his mother suffered and possibly died from MEN1. However, no blood was available from her to confirm the diagnosis. Therefore, there is a very unlikely possibility of a *de novo* *MEN1* gene mutation in our patient.

For further treatment and follow-up, the patient was referred to the endocrine outpatient clinic. During clinical examination of the patient, deformities of the forearms and shortened upper arms were noted (Fig. 1). According to the patient, these skeletal changes existed since early childhood. Reviewing bone X-rays, which were made when he was 17 years old, multiple exostoses, called osteochondromas, of all long bones and some flat bones could be seen (Figs 2 and 3). Neither osteochondromas nor other bone tumors have been reported with MEN1. Reassessing the patient's family history solved this issue. The mother did not have any bone problems, neither bone tumors nor deformities, but the patient's father was reported to have the same kind of bone affections. Thus, an additional genetic disease was made: HMO. In 2011, the patient suffered from increasing pain of the left third rib. An exostosis was removed and

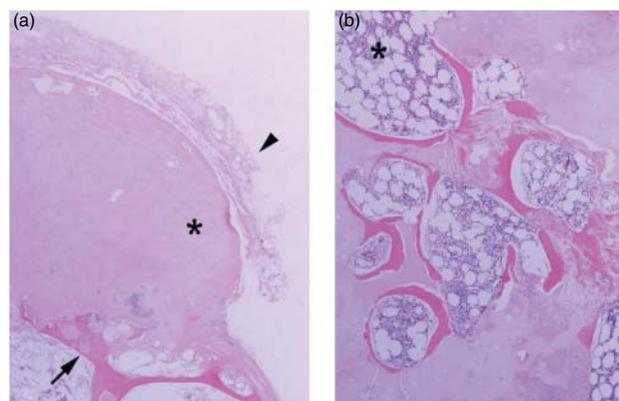
histopathological examination revealed an osteochondroma (Fig. 4).

Currently, the patient is in good general health, but occasionally suffers from bone pain. He is not presenting any clinical signs of neuroendocrine tumor. He is currently on L-T<sub>4</sub> (125 µg/day), testosterone gel (50 mg/day), hydrocortisone (10 mg/day), and calcitriol (0.25 up to 0.5 µg/day). The pancreatic findings are monitored on a regular basis with MRI and sonography.

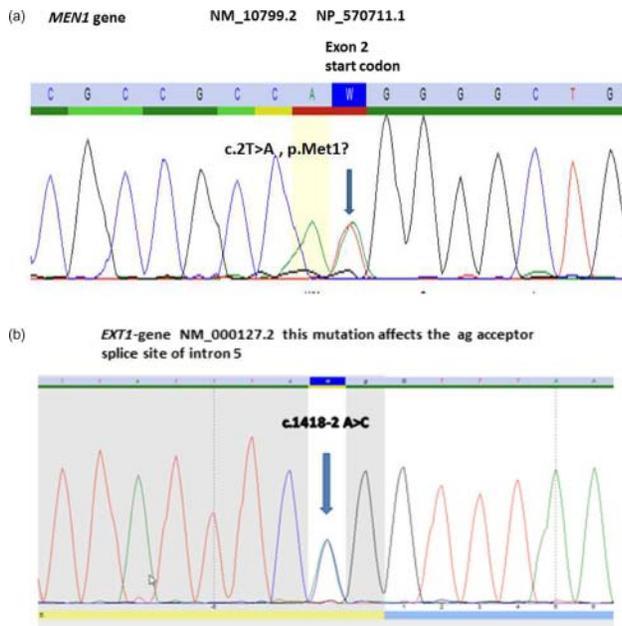
## Discussion

The mutation in the *MEN1* gene found in our patient has not been described before (Fig. 5). However, for this position of the *MEN1* gene mutation, another base exchange has been reported leading to an M1V exchange (9). Villablanca *et al.* described mutation to be associated with isolated primary hyperparathyroidism in the examined family. This stands in contrast with our observation, as our patient also presents with pituitary adenoma, lipomas, and possible pancreatic tumors. For our mutation, the possible outcomes are that either the protein is shorter, being another methionine used by the translation machinery, or the protein is not formed at all.

Moreover, the *EXT1* gene mutation has not been described before (Fig. 5). The *EXT1* mutation is located in the acceptor site of intron 5 and presents with a relatively severe phenotype. Nevertheless, a mutation in the same place in the *EXT1* gene with another base exchange (A>G



**Figure 4**  
Histological picture of a removed symptomatic osteochondroma of the third left rib at the age of 49 years, (a) cartilaginous cap <2 cm (asterisk) with perichondrium (arrowhead) and cancellous bone at the base (arrow), (b) link between cartilage and bone at the base of the cap, marrow spaces with hematopoiesis (asterisk).



**Figure 5**  
Genetic sequencing of the (a) *MEN1* gene and the (b) *EXT1* gene revealing the patient's mutations. Molecular analysis was performed as follows: peripheral blood for germline DNA analysis was drawn from the patient after written informed consent was obtained. Genomic DNA was extracted from peripheral blood leukocytes using QIAmp DNA blood Mini Kit (Qiagen GmbH). The coding regions of the *MEN1* and *EXT1* gene and exon-intron boundaries were amplified by polymerase chain reaction and were directly sequenced using the Sanger method. Mutations are described according to the current mutation nomenclature guidelines (<http://www.hgvs.org>).

instead of A>C) has been reported by Dobson-Stone *et al.* (10). We performed genetic testing in the father and detected the same mutation in the *EXT1* gene (the father did not harbor a mutation in the *MEN1* gene). By using *in silico* prediction (integrated Software Alamut V.2.4, Interaktive Biosoftware <http://www.interactive-biosoftware.com>) for the *EXT1* splicing mutation, we predict that *EXT1* mutation c.1418-2A>C activates an exonic cryptic acceptor splice site (ASS) of exon 6. In that case, the patient had 'three or more radiographically confirmed osteochondromas' (10). In our case, the mutation is related to a severe phenotype, involving upper and lower limbs as well as axial bones (scapula, humerus, ulna, radius, hand bones, femur, tibia, fibula, foot bones, ribs, spine, and pelvis), where multiple osteochondromas and deformities (shortened humerus, sabre-shaped radius as shown in Figs 1 and 2) were observed. The patient needs to be monitored not only regarding possible neuroendocrine tumors in pancreas and gastrointestinal region, but also for a possible transformation of bone lesions into

secondary peripheral chondrosarcoma. Therefore, the patient should be informed that growth and increasing pain are suspicious of sarcomatous transformation.

In conclusion, we report mutations in the *MEN1* gene and the *EXT1* gene found in one patient, which have not been described in the literature yet.

#### Declaration of interest

The authors declare that there is no conflict of interest that could be perceived as prejudicing the impartiality of the research reported.

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#### Patient consent

Written informed consent was obtained from the patient.

#### Author contribution statement

H Remde analyzed the patient's files and records, scanned the X-rays, and wrote the article. E Kaminsky performed the gene analysis and helped with the discussion. M Werner performed the histological analysis and helped with the discussion. M Quinkler treated the patient, planned the case reports, and wrote the article.

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