



Gut Microbiota in Breast Cancer Patients Differs From That of Colon Cancer Patients and Healthy Individuals: A Gut-Tumor Axis

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Published Online November 29, 2021

Keywords: Gut-microbiota,
Breast-cancer, Colon-
cancer, Gut-tumor
axis, Bacteroidetes,
Firmicutes, Actinobacteria,
Proteobacteria,
Fusobacteria,
Verrucomicrobia



Abstract

Background: The gut microbiota influences human health and disease. Alterations in gut microbiota may have pathological consequences. Scientific knowledge about gut microbiota can facilitate predicting the likelihood of certain intestinal and/or extra-intestinal diseases. There are six main phyla in gut including Bacteroidetes, Firmicutes, Actinobacteria, Proteobacteria, Verrucomicrobia, and Fusobacteria, among which Proteobacteria and Fusobacteria are associated with colon cancer. Association of the gut microbiota pattern with colon cancer is conceivable because of their close proximity. Accordingly, breast tissue microbiota has been associated with breast tumor.

Objective: This study aimed to identify the gut microbiota pattern in breast cancer, therefore, the six phyla in fecal sample from patients with breast cancer were investigated and compared with those from healthy individuals and colon cancer patients.

Methods: Real-time polymerase chain reaction (PCR) was performed on DNA extracted from fecal samples based on variable region of 16S ribosomal DNA gene of the six main phyla in the gut.

Results: Bacteroidetes and Firmicutes levels in breast cancer patients were higher than those in colon cancer patients and healthy individuals. Inversely, Actinobacteria, Verrucomicrobia, Proteobacteria, and Fusobacteria levels in breast cancer were lower than those in colon cancer patients and healthy individuals.

Conclusion: Taking into account the decreased level of oncogenic microbiota in fecal sample from breast cancer patients compared to the level of that from colon cancer or healthy cases as well as the presence of oncogenic microbiota in breast tumor, some bacteria may have translocated from gut to breast tissue in some circumstances which likely contribute to the breast tumorigenesis (gut-tumor axis). Migration of the bacteria from gastrointestinal tract to tumor may have occurred in a similar fashion to that of the bacteria from gastrointestinal to fetus. It is worth mentioning that tumor and fetus are immune privileged sites.

Received November 8, 2021; Revised November 15, 2021; Accepted November 25, 2021

Background

The ecosystem in gastrointestinal tract, known as the microbiota, typically contains trillions of microbial cells that play an important role in nutrient absorption, digestion, metabolism, as well as host immunity. Since more than five decades ago, scientist have noted that alteration of the microbiome is associated with the development of gut cancer and other inflammatory disease. Specifically, there are researches indicating the association of human gut microbiome with the development of colon cancer. The disease is the third most common type of cancer detected in the world and the second most common cause of the cancer-related mortality worldwide.¹ In addition, breast cancer is the

first prevalent cancer and leading cause of death among the world's female population.² The disease has been reported to be associated with the pattern of microbiota in the breast tumor.^{1,3,4} The association between the pattern of gut microbiota or breast microbiota with colon or breast cancer, respectively, is conceivable due to the close contact of the microbiota with the corresponding tissue. However, the association of gut microbiota with breast cancer is worth considering and deserves to be examined in greater details. Therefore, this study aimed to determine the six major bacterial phyla in patients with colon or breast cancer, and to compare them with those in healthy individuals. This determination was because the microbiota is dominated by five phyla including

Bacteroidetes, Firmicutes, Fusobacteria, Actinobacteria, Proteobacteria, and Verrucomicrobia.^{5,6}

Materials and Methods

Inclusion and Exclusion Criteria for Selection of Subjects and Sample Collection

Our study subjects included colon or breast cancer patients or healthy control individuals (n=50), aged between 25–70 years. Breast or colon cancer patients included those diagnosed with breast or colon cancer at early stages. Patients with a history of cancer of any types or with advanced tumor stage with metastasis, those having undergone treatment with antibiotics within a period of three months prior to sampling, and those having received therapy of any types were excluded from the study. Inclusion criteria were patients diagnosed with colon or breast cancer by histopathological examination, and those not having undergone any surgical/physical procedures within 1 week or chemoradiotherapy treatment before sampling. Normal cases were matched to cancer patients by age (± 2 years). Healthy volunteers not having undergone any surgical/physical procedures within 1 week or any therapies within a period of three months prior to sampling were considered as the healthy control group. In addition, cases with obesity, intestinal infection, digestive tract symptoms, dementia, chronic diseases (e.g., hypertension, heart disease, and/or diabetes) and low-performance status (e.g., mentally/physically disabled individuals) were excluded from the study.

Fecal Sample Collection and Storage

The subjects were provided with sterile container for stool sample collection along with information about the sample collection procedure including an instruction as to carefully avoid contaminating the samples with urine or sewage. Fresh fecal samples (not less than 6g) stored in sterile containers were kept at -80°C until DNA was extracted. Stool samples were collected before performing surgery and electronic colonoscopy in patients with colon cancer.

DNA Extraction and Real-Time Polymerase Chain Reaction

DNA was extracted from the stool sample using the

QIAamp DNA Stool Mini Kit (Qiagen, Hilden, Germany) according to the manufacturer's instructions. The DNA concentration of the samples was evaluated using a NanoDrop 2000c (Thermo Fisher Scientific, Waltham, MA, USA) and stored at -20°C for further analysis.

The variable region of 16S ribosomal DNA gene was amplified using ABI Step One (Applied Biosystems, Sequences Detection Systems, Foster City, CA) thermocycler and SYBR[®] Green PCR master mix (Applied Biosystems, Life Technologies, Paisley, United Kingdom) according to the manufacturer's instructions. Each reaction contained 5 μL master mix, 100 nM primers for Bacteroidetes, Firmicutes, Actinobacteria, Proteobacteria, Verrucomicrobia, and universal bacterial reference gene plus 1 μg DNA. The sequences for primers are presented in Table 1. Thermocycler conditions included an initial step at 95°C for 15 minutes, followed by 40 cycles at 94°C :20 seconds, $58-60^{\circ}\text{C}$:40 seconds, and 72°C :30 seconds. The universal bacterial reference gene was chosen as internal control against which DNA level of the target bacteria gene was normalized. The resultant DNA level was presented as $2^{-\Delta\Delta\text{Ct}}$, in which ΔCt was the difference between Ct values of target bacteria gene and universal bacterial reference gene.⁷

Statistical Analysis

Data were analyzed using two-tailed Student's *t* test or one-way ANOVA followed by the Tukey's post hoc test whenever applicable. Statistical analysis was performed using GraphPad Prism software (GraphPad Software, San Diego, CA). Statistical significance was set at $P < 0.05$.

Results

The levels of Bacteroidetes and Firmicutes (Figure 1a, b) in breast cancer patients was significantly higher than those in healthy and colon cancer patients ($P < 0.001$). It was also observed that Bacteroidetes level was significantly higher than Firmicutes level in breast cancer and colon cancer patients ($P < 0.0001$). In this regard, as shown in Figure 1c, Bacteroidetes:Firmicutes ratio in breast cancer patients was markedly more than that in colon cancer patients ($P < 0.01$) and healthy individuals ($P < 0.0001$). There was also a significant difference between colon cancer patients and healthy individuals in terms of Bacteroidetes:Firmicutes ratio ($P < 0.0001$).

Table 1. Primer Sequences

Name	Forward	Reverse
Universal	ACTWCTACGYGAGGCAG	GTATTANCGCGYCTGCTG
Bacteroidetes	CATGTGGTYAATTNGATGAT	AGCTGANGACANCCATGCAG
Firmicutes	TGAAANTYAAAGGAAAYTGACG	ACCWTGCANACCTGTGTC
Actinobacteria	CGCNGCCTATWAGCTTGTTG	CCGWACTCCCCAGGCCGNGG
Fusobacteria	GATNCAGCAATTCTNTGTGC	CYAATTTACCTNTACACTTWT
Verrucomicrobia	GAATTCTCGGTYTAGCA	GGCATTGTNGTACGINTGCA
Proteobacteria	CATGNCWTTACCCGYAGNAGAA	CTNTACGAGNCTCAAGCTYG

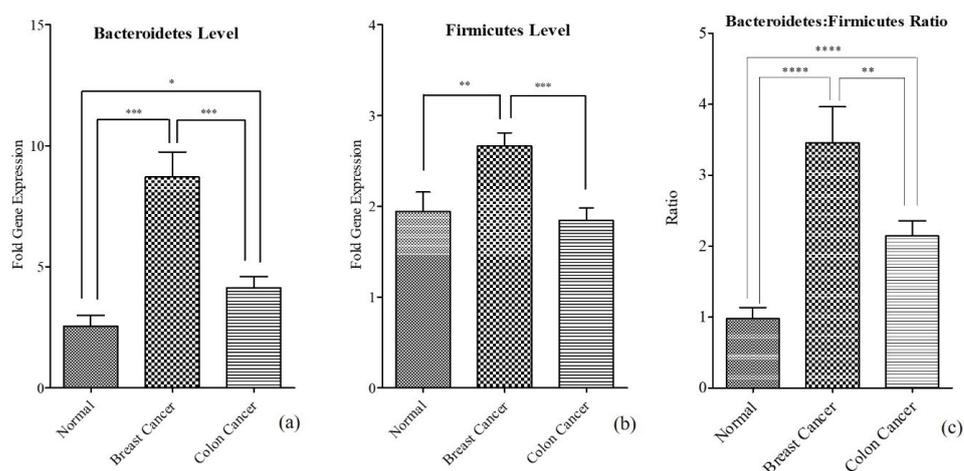


Figure 1. Levels of Bacteroidetes (a), Firmicutes (b), and Bacteroidetes:Firmicutes Ratio (c) in the Fecal Sample of Healthy Subjects, Breast Cancer Patients, and Colon Cancer Patients ($n=50$). Real-time PCR using cyber green was performed using phyla-specific 16S ribosomal DNA on the DNA extracted from fecal samples. The quantification of 16S ribosomal DNA of each phylum was normalized against 16S ribosomal DNA-based universal bacterial reference gene. Data are presented as mean \pm SEM.

The levels of Actinobacteria and Verrucomicrobia (Figure 2a, b) in healthy individuals were significantly higher than those of breast cancer and colon cancer patients ($P<0.01$, $P<0.0001$). In addition, Actinobacteria and Verrucomicrobia levels in colon cancer patients were significantly higher than those of breast cancer patients ($P<0.05$). Inversely, Proteobacteria and Fusobacteria levels (Figure 2c, d) in colon cancer patients were significantly higher than those of breast cancer patients and healthy individuals ($P<0.0001$). Nevertheless, Proteobacteria and Fusobacteria levels in healthy subjects were markedly higher than those of breast cancer patients ($P<0.0001$).

Total level of the six phyla also differed among the three groups where the highest and lowest levels of microbiota were recorded for breast cancer patients and healthy individuals, respectively (Figure 3).

On this basis, the percentages of phyla in each group were in the following order (Figure 3b and Table 2):

- Healthy individual: Fusobacteria < roteobacteria < Verrucomicrobia < Actinobacteria < Firmicutes < Bacteroidetes
- Breast cancer patients: Verrucomicrobia < Fusobacteria < Proteobacteria < Actinobacteria < Firmicutes < Bacteroidetes
- Colon cancer patients: Verrucomicrobia < Fusobacteria < Actinobacteria < Firmicutes < Proteobacteria < Bacteroidetes

Discussion

It has been shown that there is an association between pattern or gut or breast tissue microbiota with colon or breast cancer, respectively, which seems conceivable because of their close proximity. However, the association of gut microbiota with breast cancer has not been

investigated yet. In this study, a comparison was made between patients with colon or breast cancer and normal individuals with gut microbiota in terms of six major bacteria phyla in the gut, including Bacteroidetes, Firmicutes, Actinobacteria, Verrucomicrobia, Proteobacteria, and Fusobacteria.⁸

Our study results regarding the frequency of six phyla in the normal group were consistent with the findings from previous studies reporting the dominance of Bacteroidetes over Firmicutes.⁸⁻¹¹ Nevertheless, there are studies reporting different dominance/frequency for bacterial phyla within the normal human fecal microbiota, and suggesting the dominance of Firmicutes over Bacteroidetes.¹²⁻¹⁹ This may be attributed to genetic differences, age, gender, or life style causing changes in individuals and between individuals.^{13,20} However, there is a general consensus that Fusobacteria are less predominant than other phyla present in the gut, and can increase in colon cancer^{21,22} along with Bacteroidetes and Proteobacteria whose levels are proportional to tumor mass.²³⁻²⁸ In contrast, Actinobacteria has been suggested as a family with antitumor potential.^{29,30} Our study results regarding Bacteroidetes, Fusobacteria, Actinobacteria, and Proteobacteria levels were consistent with those from previous studies. However, novel results were generated in our study regarding the Firmicutes family in patients with colon cancer with no change in its rate different from others suggesting an increasing or decreasing variation in Firmicutes level.^{14,31-34} As for the Verrucomicrobia family, which are able to regenerate the intestinal mucosa by producing proteases³⁵ and eliminate inflammation,³⁶ different reports have confirmed their association with colon cancer.^{37,38} Our study results were also in line with those highlighting the anti-tumor properties of this family.

It is noteworthy that the levels of six phyla in the fecal

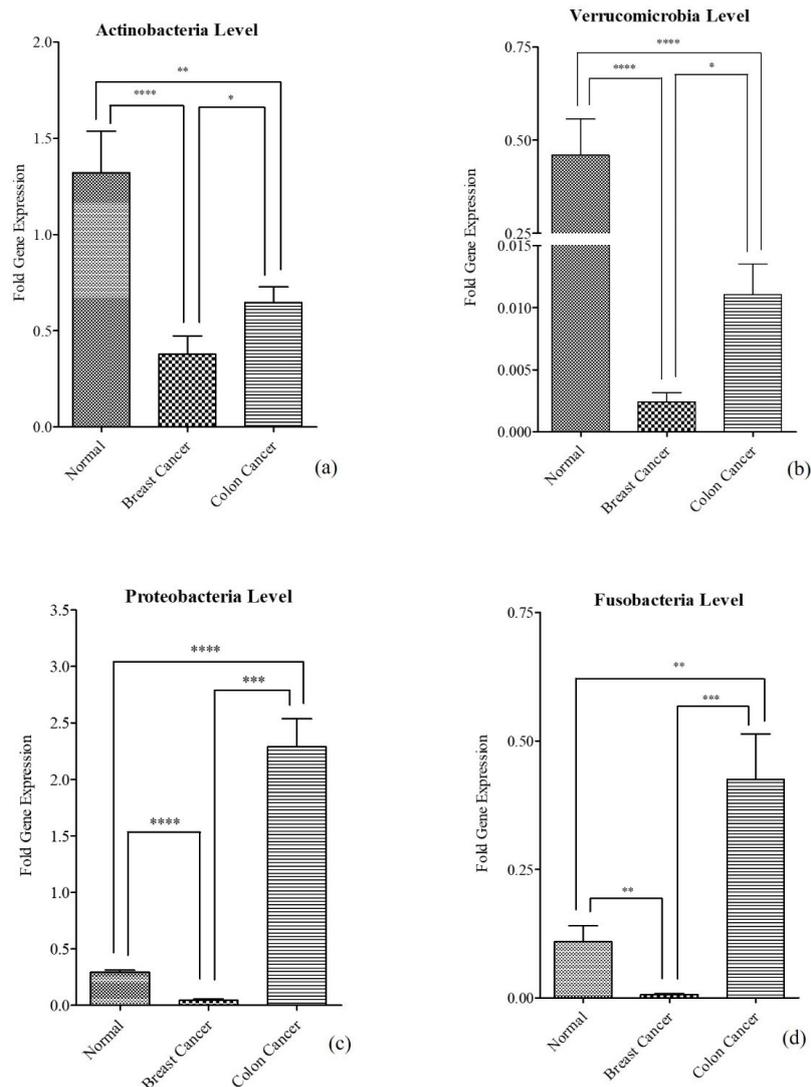


Figure 2. Levels of Actinobacteria (a), Verrucomicrobia (b), Proteobacteria (c), and Fusobacteria (d) in the Fecal Sample of Healthy Subjects, Breast Cancer Patients, and Colon Cancer Patients (n=50). Real-time PCR was performed, as described in Figure 1 legend. Data are presented as mean \pm SEM.

sample from breast cancer patients were completely different than those from colon cancer patients. Fecal sample from breast cancer patients was mainly dominated with Bacteroidetes and Firmicutes, and contained markedly lower levels of Proteobacteria and Fusobacteria. Given the gut microbiome-immune system association with the prevention of tumor development at extra-intestinal tissues, it has been proposed that there is a connection between gut microbiome and microbiome in extra-intestinal tissues.^{4,39-45}

The normal breast tissue has been reported to be mostly enriched with Proteobacteria, Firmicutes, and Actinobacteria phyla, among which Proteobacteria is the most abundant phylum represented in breast tissue, while Firmicutes is the second most common phylum.⁴ Inversely, previous studies have found significant increase of Proteobacteria and colonization of Fusobacteria in the cancerous breast tissue, accelerating tumor growth

and metastatic progression.⁴⁶⁻⁴⁸ Another study has identified bacteremia with *Fusobacterium nucleatum* as a risk factor for cancer,^{49,50} presumably due to its immunosuppressive activities.⁵¹ However, it has been also argued that Fusobacteria is a passenger for which tumor condition is favorable to multiply, rather than a causal factor in colorectal cancer development.^{52,53} Accordingly, the movement of *Fusobacterium* from primary to distal metastases through blood has been reported.⁵⁴⁻⁵⁶ This might be explained by the fact that Fusobacteria, specifically home-in to Gal-GalNAc-displaying tumors, binds via fusobacterium adhesin A, fibroblast activation protein 2, and MORN2 (Membrane occupation and recognition nexus repeat containing 2) proteins.^{48,52} In addition, the relationship between *Fusobacterium* species with the emergence and progression of other types of tumors including oral, esophageal, and colon has been investigated.⁵⁷ In this regard, the present study

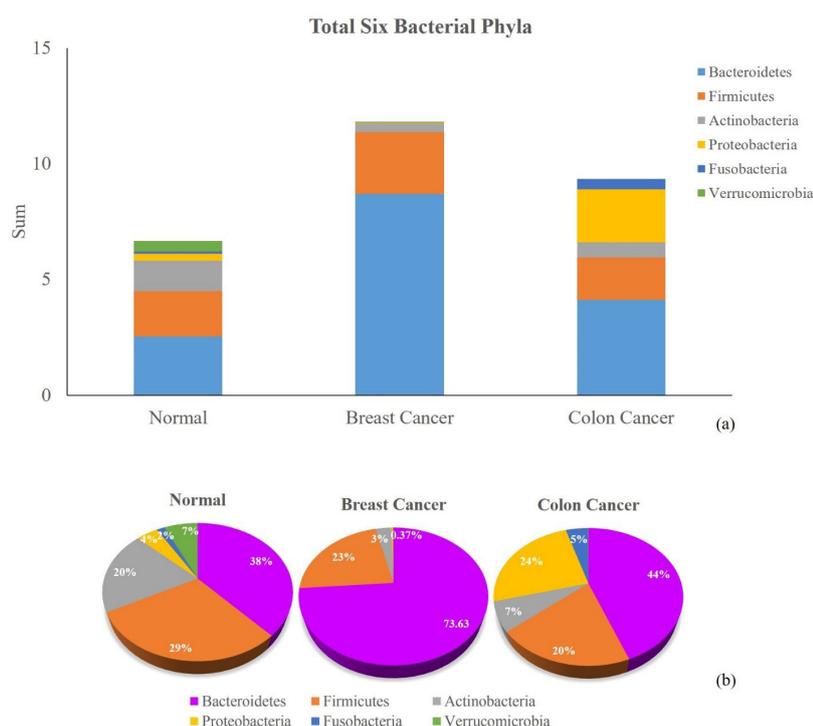


Figure 3. Total Microbiota (a) and Percentage (b) of Each of Six Phyla in Healthy Subjects, Breast Cancer Patients, and Colon Cancer Patients.

Table 2. Percentage of Each Bacterial Phylum in Each Group

	Bacteroidetes	Firmicutes	Actinobacteria	Proteobacteria	Fusobacteria	Verrucomicrobia
Healthy	38.17098139	29.1190724	19.78725058	4.389417923	1.635732595	6.897545125
Breast cancer	73.75536726	22.5884703	3.205231912	0.37571997	0.054749488	0.020461082
Colon cancer	44.16435914	19.7393195	6.926445602	24.49428718	4.557195318	0.118393229

suggested that the decrease in level of Fusobacteria and Proteobacteria in the gut may have been due to their translocation from gut to breast tissue through blood in a similar manner to that seen between mother and fetus.^{58,59}

Conclusion

It was concluded that the gut microbiota in breast cancer patients was different from that in colon cancer patients and healthy individuals. It was recommended that the gut microbiota should be closely monitored in order to develop a potential approach for screening extraintestinal and intestinal cancers. Given the alteration of microbiota in the breast and gut of breast cancer patients compared to that in the healthy breast and gut, it was likely that some bacteria, such as Proteobacteria and Fusobacteria, associated with tumorigenesis, may have translocated from gut to breast tissue in some circumstances. This occurrence may have been attributable to the gut-tumor axis presumably participating in breast tumorigenesis. This finding was significant since fetus and tumor are both immune privileged sites, and the migration of microbiota from gastrointestinal tract to tumor may occur in a similar fashion to that of microbiota from mother's

gastrointestinal tract to fetus.

Acknowledgements

The authors would like to thank Dr Mojan Asadi from Alborz University of Medical Sciences and Dr Habibollah Mahmoodzadeh from Tehran University of Medical Sciences for providing some samples. Special thanks to Dr Yasliani Fard and Ms Atefe Alirezaee for providing the authors with scientific support and for technical help, respectively.

Authors' Contribution

NP conceived and designed the study. All of the authors were involved in development of methodology. AA, SH, NS, and AE collected the samples and performed the experiments under the supervision of NP. Statistical analysis was performed by NP assisted by other authors. NP supervised overall data generation and analysis, and wrote the manuscript cooperatively with other authors. Authors have no competing interests.

Availability of Data and Materials

The data supporting our study findings may become available by corresponding author Dr Nafiseh Pakravan upon reasonable request.

Conflict of Interest Disclosures

The authors declare that they have no conflict of interests.

Ethical Approval

This study was approved by the Ethical Committee of the Alborz

University of Medical Sciences, Karaj, Iran, under reference No. ABZUMS.REC.1395.117. All collected data were regarded as confidential issues and were only accessible to participants upon request. The subjects participated in the study voluntarily and signed an informed consent form. All participants were provided with information about the nature of research, application of samples, obtained data, importance of the results, and perspective application.

Financial Support

The study was approved initially by Clinical Research Development Unit of Emam Ali Hospital, and then by Deputy of Research at Alborz University of Medical Sciences. The foundation was received from Deputy of Research at Alborz University of Medical Sciences under reference number 3046575.

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