

# Evaluation of the acute toxicity of dolabelladienotriol, a potential antiviral from the brown alga *Dictyota pfaffii*, in BALB/c mice

Valéria Garrido,<sup>1,3</sup> Gerlinde A. P. B. Teixeira,<sup>3</sup> Valéria L. Teixeira,<sup>2</sup> Patrícia Ocampo,<sup>4</sup> Wilton J. Ferreira,<sup>2</sup> Diana N. Cavalcanti,<sup>2</sup> Sylvia M. N. Campos,<sup>3</sup> Monique de M. B. Pedruzzi,<sup>3</sup> Patricia Olaya,<sup>3</sup> Claudio C. C. dos Santos,<sup>4</sup> Viveca Giongo,<sup>1</sup> Izabel C. P. Paixão<sup>\*,1</sup>

<sup>1</sup>Laboratório de Virologia Molecular, Departamento de Biologia Celular e Molecular, Programa de Pós-graduação em Neuroimunologia, Instituto de Biologia, Universidade Federal Fluminense, Brazil,

<sup>2</sup>Departamento de Biologia Marinha, Instituto de Biologia, Universidade Federal Fluminense, Brazil,

<sup>3</sup>Departamento de Imunobiologia, Programa de Pós-graduação em Neuroimunologia, Instituto de Biologia, Universidade Federal Fluminense, Brazil,

<sup>4</sup>Laboratório de Imunologia Clínica, Departamento de Imunologia, Instituto Oswaldo Cruz/Fiocruz, Brazil.

**Abstract:** Dolabelladienotriol is a product extracted from the brown marine alga *Dictyota pfaffii* from Brazil that has been shown to have antiviral activity and low cytotoxicity. Our studies have evaluated the acute toxicity of dolabelladienotriol in BALB/c mice for ten days after administration of a single dose. Among the parameters considered were behavior, weight, biochemical and histological analyses of blood samples taken at three different times (Bs.0, Bs.1 and Bs.2) and optical microscopic examination of organs like liver, kidney, stomach and small intestine. Mice deaths were not observed at any dose during the ten day period. There were some changes in the biochemical analysis results for urea nitrogen (BUN) and alanine aminotransferase (ALT), but the changes were not significantly different from the reference levels of the animals before administration of the substance. Histological analyses of tissues were very similar for all animals. The alterations in liver and kidney tissues did not affect the animals' behavior at any concentration, not even at 50 mg/kg, where the most significant changes in tissues were seen. This study indicates that dolabelladienotriol has low toxicity in administered dose range.

## Introduction

Marine organisms, including algae, are potentially unlimited sources of highly bioactive metabolites that represent useful prototypes for the development of new pharmaceutical agents. Algae can be classified by size as micro- or macroalgae, each being further classified according to their characteristics. Thus, marine macroalgae are further classified as green, brown and red algae. Both the crude extract and purified products derived from algae usually give a good yield of their by-products and may have therapeutic activity (El Gamal, 2010). Although

red algae are considered to be the most important source of many biologically active metabolites, brown algae have been shown to be a promising source as well. Dolabelladienotriol (**1**) is a minor natural product derived from *Dictyota pfaffii*, a Brazilian brown algae that grows on the Atol das Rocas reef, located in the State of Rio Grande do Norte in Northeastern Brazil (Barbosa et al., 2004). Studies *in vitro* have shown that this compound has low cytotoxicity and acts as a potent inhibitor of the HIV-1 replication cycle in primary cell cultures by inhibiting the Reverse Transcriptase (RT) enzyme. It has also been shown to inhibit the initial replication of HSV-1 (Abrantes et al., 2010; Barbosa et

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al., 2004; Cirne-Santos et al., 2008; 2006).

Pre-clinical trials are required for the determination of the degree of toxicity and efficacy of a new drug. These trials are performed in four separate stages, according to the exposure time, and are classified as: acute, repeated doses, sub-chronic and chronic toxicity (Botham, 2004; Goldim, 2007). The aim of the present study was to assess the acute toxicity of the diterpene dolabelladienotriol, a promising antiviral substance in mice.

According to the latest statistics of Unids (Uniting the world against AIDS), a Joint United Nations Programme on HIV/AIDS, published in 2008, the number of the people living with HIV worldwide had reached an estimated 33.4 million and continues to grow. It was also forecasted that 2.7 million [2.4-3.0 million] new HIV infections and 2 million [1.7-2.4 million] deaths due to AIDS-related illnesses would occur during the year of 2008 (UNAIDS, 2009).

New drugs that are approved have been divided into seven groups: nucleoside reverse transcriptase inhibitors (NRTI), nucleotide reverse transcriptase inhibitors (NtRTI), non-nucleoside reverse transcriptase inhibitors (NNRTI), protease inhibitors (PI), fusion inhibitors (FI), co-receptor inhibitors (CRI), and integrase inhibitors (INI). This arsenal of drugs permits many combinations of antiretroviral drugs, an approach known as *mega*-HAAR (*mega*-Highly Active AntiRetroviral therapy) or *salvage therapy*, which often increases the drugs' side-effects and treatment costs. Moreover, if an HIV infection becomes sufficiently resistant to antiretroviral drugs, treatment becomes more complicated and the prognosis may deteriorate. However, treatment options tend to improve as additional new drugs enter into clinical trials (Mehellou & De Clercq, 2010). Infections with herpes simplex virus types 1 and 2 (HSV-1 and HSV-2) are among the commonest human viral infections. These are DNA viruses that belong to the Alphaherpesvirinae family, a subfamily of the Herpesviridae that are transmitted across epithelial cells of both the mucosal surface and the skin when interruptions are present. Having crossed the epithelial barrier, they migrate to nerve tissues, where they persist in a latent state. Although HSV-1 predominates in orofacial lesions and is typically found in the trigeminal ganglia, while HSV-2 predominates in the genital tract and is most commonly found in the lumbosacral ganglia, both viruses can infect either area (Anzivino et al., 2009).

Antiviral agents for the treatment of herpes include acyclovir and its derivatives. Since they are nucleoside analogues that function as DNA chain terminators, preventing the elongation of the viral DNA, they act as inhibitors of the DNA polymerase of the virus (De Clercq, 2004). Nonetheless, some of these

antiviral agents might produce toxic side-effects and the emergence of virus strains resistant to commonly used anti-herpes virus drugs is a growing problem, particularly in immunocompromised patients (Bacon et al., 2003). Thus, there is a need to develop new drugs with antiviral action and, preferentially, of lower cost.

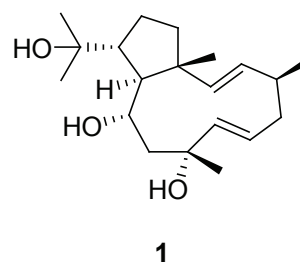
## Materials and Methods

### Plant material

The brown alga *Dictyota pfaffii* Schnetter (Dictyotaceae, Phaeophyceae) was collected at Atol das Rocas reef, Rio Grande do Norte State (lat. 03°51'03"S, long. 33°40'29"W), Brazil, in June, 2000, at a depth of 6-9 m. The voucher specimen (HRJ 9117) was deposited in the Herbarium of the University of Rio de Janeiro, Brazil.

### Compounds

The diterpene 8,10,18-trihydroxy-2,6-dolabelladiene or dolabelladienetriol (**1**) was obtained by reduction of the major natural product from *Dictyota pfaffii* (Abrantes et al., 2010; Barbosa et al., 2004; Barbosa et al., 2003; Cirne-Santos et al., 2008; Cirne-Santos et al., 2006). The diterpene, at over 99% purity, was diluted in 100% dimethyl sulfoxide (DMSO-Merck) and stored at -20 °C. The resulting DMSO concentrations during the assays were below 0.1%, a level that is not significantly cytotoxic (Abrantes et al., 2010).



### Acute toxicity study in mice

Healthy female BALB/c mice (weight: 22-30 g; age: 8-16 weeks old) were obtained from the Animal Facility at the Federal Fluminense University (Niteroi-RJ, Brazil). The animals were housed in plastic cages with 12 h light cycle at a constant temperature (28±1 °C) and in conventional sanitary conditions. They also had free access to acidified tap water and conventional mouse diet throughout the experiment. The experimental protocol was approved by the animal ethics commission under protocol number 21/08.

Six (two controls and four experimental) groups consisting of five animals each were formed. The experimental groups received a single

subcutaneous (*s.c.*) dose of 15, 20, 25 or 50 mg/kg of dolabelladienotriol (**1**) resuspended in an average volume of 100  $\mu$ L of 1% DMSO. The negative control group received a single subcutaneous dose of 100  $\mu$ L of 1% DMSO, while the positive control group received 50 mg/kg of acyclovir (ACV). Three bleedings (Bs.0, Bs.1, Bs.2) were performed. Bs.0 corresponds to the bleeding prior to the administration of the substance; Bs.1 was performed on the 5<sup>th</sup> day and Bs.2 on the 10<sup>th</sup> day after administration of the substance. Immediately after the administration of dolabelladienotriol, all animals were observed for 2 h to determine whether there were any behavioral changes. After this time, the animals were checked every 24 h and body weight was measured on the day before the substance was administered and on the 10<sup>th</sup> day after treatment.

### Biochemical analyses

For the biochemical analyses, after standing for 60 min, blood was centrifuged at 1500 g for 15 min to obtain the serum, which was stored at 4 °C until blood biochemistry was performed. The determinations of the concentrations of urea nitrogen (BUN), creatinine, alanine aminotransferase (ALT), uric acid and total protein were performed using the respective GoldAnalisa kits-MG, Brazil. Titration was performed with an AUSJENA spectrophotometer.

### Histological analyses

On the 10<sup>th</sup> day after the administration of dolabelladienotriol (**1**), all animals were euthanized with CO<sub>2</sub>. After the macroscopic analysis of the abdominal cavity, the liver, kidneys, stomach and small intestine were removed for histological analyses. All specimens were fully immersed in approximately five times their volume of Carson's fixative and stored at room temperature for 24 h before processing (Carson, 1997; Jones, 2007). Tissue slices were processed (Lison, 1960) and stained with hematoxylin /eosin.

### Statistical analyses

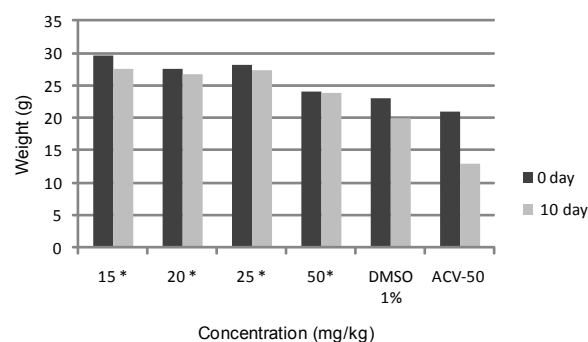
Results were expressed as the mean $\pm$ standard deviation. Body weight and biochemical tests were analyzed by Two Way repeated ANOVA followed by Student-Newman-Keuls Multiple Comparison Test using the Instat. v. 3.3. Software. Statistical significance was assumed when *p*-values were smaller than 0.05 and are represented as \**p*<0.05, \*\**p*<0.01, \*\*\**p*<0.001.

### Results

No behavioral changes or deaths were

observed in any animal of the experimental groups after receiving 15, 20, 25 or 50 mg/kg of dolabelladienotriol (**1**) resuspended in a mean volume of 100  $\mu$ L of 1% DMSO during the acute phase (the 10-day observation period). We also did not observe any deaths or behavioral changes in the negative control group that only received 100  $\mu$ L of 1% DMSO *s.c.* However, in the positive control group, which received 50 mg/kg ACV (provided by Quality Pharmacy), two of the five mice died.

All animals were weighed before the first bleeding and on the 10<sup>th</sup> day after the administration of the substance. The weight of each individual animal within the groups ranged from 24 to 29 g and showed no significant change on the last day in the experimental groups. Animals that received acyclovir started in the same weight range, but, at the end of the 10-day experimental period, had lost approximately 6.0 $\pm$ 2.0 g, which is equivalent to 35% of their body weight. Animals that only received 1% DMSO had no significant weight loss (Figure 1).



**Figure 1.** Body Weight of the BALB/c mice before and after administration of dolabelladienotriol (15, 20, 25 or 50 mg/kg)\* and controls (1% DMSO or ACV-50 mg/kg). All animals were weighed before (day 0) and after (day 10) the administration of dolabelladienotriol and the mean of each group (five animals/group) is presented. No significant changes were observed except for the positive control group that received ACV (*p*>0.05).

The results of the biochemical analyses at a dose of 15 mg/kg of dolabelladienotriol (**1**) revealed a decrease in serum BUN (mg/dL) from Bs.0 55 $\pm$ 6.1 to Bs.1 36 $\pm$ 5.2 (*p*<0.05), followed by an increase to Bs.2 42 $\pm$ 8.5 (*p*<0.05) (Figure 2A). There was also a decrease in Total Protein (g/dL) levels from Bs.0 3.7 $\pm$ 0.9 to Bs.1 2.6 $\pm$ 0.6 (*p*<0.05) (Figure 2B). As to the other parameters, there was no significant change in creatinine, uric acid and ALT. At a dose of 20 mg/kg of dolabelladienotriol, there was a significant change in BUN (mg/dL): Bs.0 67 $\pm$ 10.2/Bs.1 44 $\pm$ 14.6 with *p*<0.05 (decrease) (Figure 2C); in creatinine (mg/dL): Bs.0 1.6 $\pm$ 0.2/Bs.1 1.3 $\pm$ 0.3 with *p*<0.05 (decrease) (Figure

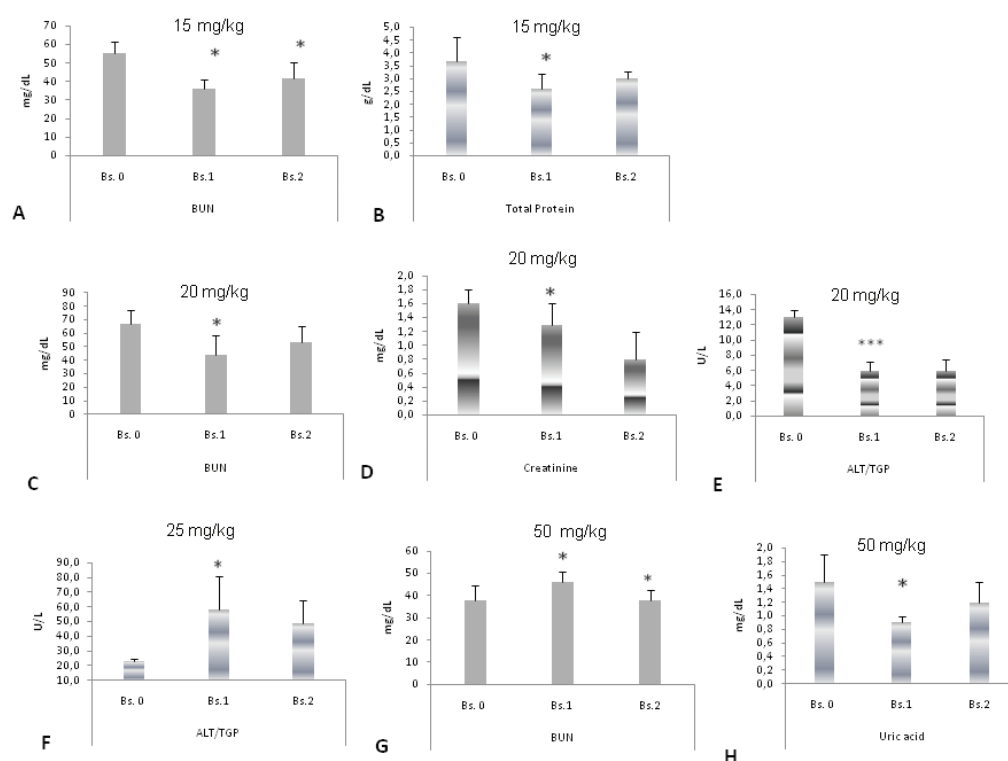
2D); and in ALT (U/L): Bs.0  $13 \pm 1.0$ /Bs.1  $6 \pm 1.2$  ( $p < 0.001$ ) (decrease) (Figura 2E). At a dose of 25 mg/kg of dolabelladienotriol, only ALT presented an increase: Bs.0  $23 \pm 1.9$ /Bs.1  $58 \pm 22.8$  ( $p < 0.05$ ) (Figure 2F). At 50 mg/kg of dolabelladienotriol, there was a significant increase in BUN: Bs.0  $38 \pm 6.8$ /Bs.1  $46 \pm 4.6$  and Bs.2  $38 \pm 4.5$  ( $p < 0.05$ ) (Figure 2G), as well as a decrease of uric acid Bs.0  $1.5 \pm 0.4$ /Bs.1  $0.9 \pm 0.1$  ( $p < 0.05$ ) (Figure 2H). The 1% DMSO control did not show a significant change, while ACV (50 mg/kg) provoked a significant decrease in BUN: Bs.0  $63 \pm 2.3$ /Bs.1  $43 \pm 2.6$  ( $p < 0.001$ ), followed by an increase: Bs.2  $81 \pm 5.7$  ( $p < 0.01$ ). None of the biochemical analyses showed any really large change relative to the reference levels for these animals (data not shown).

In the histological analyses, all of the animals that received dolabelladienotriol (**1**) presented a moderate increase in mitosis of hepatocytes. The groups that received 15, 20 or 25 mg/kg of the experimental substance had a moderate vascular congestion (Figure 3A), while the group that received 50 mg/kg

of dolabelladienotriol presented edema in the liver parenchyma (Figure 3B). In the kidneys, focal areas of hydropic cells were present in the medulla of all groups that received dolabelladienotriol, regardless of the dose (Figure 3C). Furthermore, a moderate interstitial vascular congestion was observed in the group that received 50 mg/kg (Figure 3D). No significant histological changes were observed in the other organs analyzed or in the animals in the negative control group (1% DMSO) (data not shown). On the other hand, animals in the positive control group (that received 50 mg/kg of ACV) presented vascular congestion and inflammatory infiltration in the liver (Figure 3E). The kidneys of the animals from this group presented acute tubular necrosis (Figure 3F).

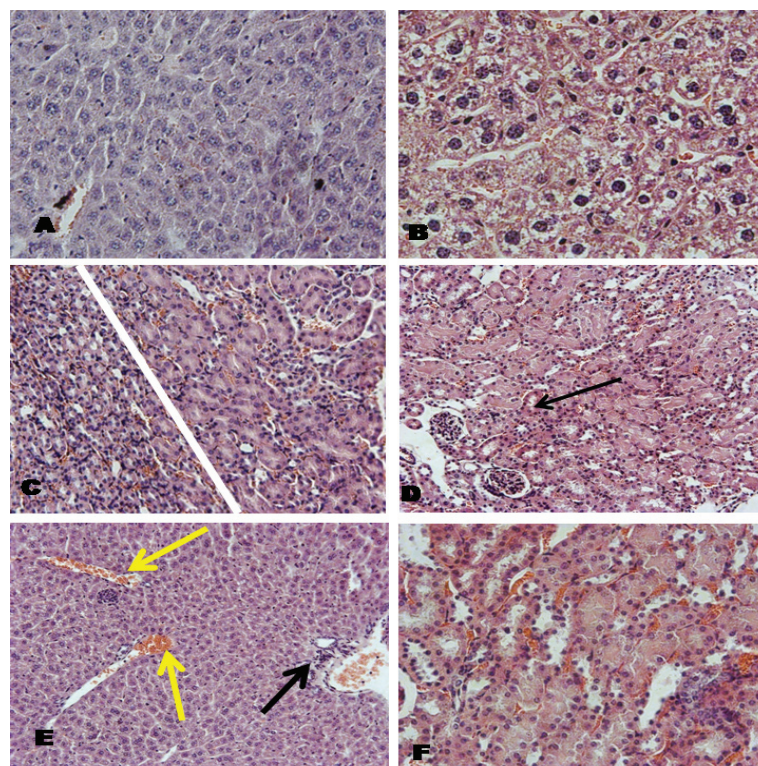
## Discussion

In the previous *in vitro* studies, performed by our group at the Federal Fluminense University (Brazil) (Barbosa et al., 2004; Cirne-Santos et al., 2008; Cirne-Santos et al., 2006), a concentration of



**Figure 2.** Biochemical parameters in BALB/c mice after the administration of dolabelladienotriol (15, 20, 25 or 25mg/kg) by sc route. A. Values for BUN at 15 mg/kg of dolabelladienotriol (**1**); B. Values for Total Protein at 15 mg/kg of dolabelladienotriol; C. Values for BUN at 20 mg/kg of dolabelladienotriol; D. Values for creatinine at 20 mg/kg of dolabelladienotriol; E. Values of ALT at 20 mg/kg of dolabelladienotriol; F. Values of ALT at 25 mg/kg of dolabelladienotriol; G. Values for BUN at 50 mg/kg of dolabelladienotriol; H. Values for uric acid at 50 mg/kg of dolabelladienotriol. Values represent the mean±SEM. (n=5/group). Significance: \* $p < 0.05$ . \*\*\* $p < 0.001$ .





**Figure 3.** Histology of the liver (A & B) and the kidney (C & D) of BALB/c mice 10 days after the sc administration of dolabelladienotriol (**1**) or of 50 mg/kg ACV (E & F). A. a typical section of the liver with moderate mitoses of hepatocytes and vascular congestion after the administration of any dose of dolabelladienotriol (15, 20, 25 or 50 mg/kg) (400x); B. distended hepatocytes after the administration of 50 mg/kg dolabelladienotriol (400x); C. a typical section of the kidney with the presence of focal hydropic cells after the administration of any of the doses of dolabelladienotriol (200x); D. moderate vascular congestion of the kidney 10 days after the administration of 50 mg/kg of dolabelladienotriol (200x); E. typical histological changes in the liver after the administration of 50 mg/kg of ACV (positive control), with regional inflammatory infiltration (black arrow) and vascular congestion (yellow arrow) (200x); F. kidneys with acute tubular necrosis after the administration of ACV (positive control) (400x). H&E. (Martins, 2009).

the 50  $\mu$ M of dolabelladienotriol was used. For *in vivo* toxicity tests, the doses used were calculated starting with a dose equivalent to 50  $\mu$ M, which was increased gradually up to a ten-fold dose. As a reference we used the OECD 402 guideline published in 1987 (Botham, 2004; OECD, 1987). The results indicated that doses up to 50 mg/kg of dolabelladienotriol (**1**) did not lead to the animals' death.

Available treatments for many viral diseases are still limited, which demonstrates the need for research in this area. Furthermore, the increasing appearance of viral resistance to the available treatments further underscores this necessity. Although marine organisms that contain bioactive substances have been known for many centuries, systematic investigations of marine natural products only began fifty years ago (Yasuhara-Bell & Lu, 2010). One of these products is acyclovir, a well-known synthetic antiviral product that acts against HSV and is derived from arabinosyl nucleosides of the sponge *Tethya crypta* (Elion et al., 1977).

The screening of natural products derived

from marine species for antiviral activity has yielded a considerable number of active crude aqueous or organic solvent extracts, from which thousands of new compounds have been derived. Many of these have already been tested for their pharmacological properties as potential antiviral drugs at the preclinical and clinical stages. Over forty compounds are commercially available on the pharmacological market, including alternative antiviral medicines. The growing interest in marine-derived antiviral compounds, along with the development of new technologies for marine organism culture and extraction, will significantly expedite the current exploration of the marine environment for compounds with significant pharmacological applications and will continue to be a promising strategy and trend in modern medicine.

Brown algae of the family Dictyotaceae and of the genus *Dictyota*, which is represented by more than forty species, produce a significant number of secondary metabolites, especially diterpenes. Several groups in other countries are already exploring the in

vitro effects of diterpenes with encouraging results for antiviral activity (Abrantes et al., 2010; Khan et al., 2005; Siamopoulou et al., 2004; Suzuki et al., 2002). Several studies with natural products demonstrate their potential role in inhibiting certain diseases, as well as their good performance during the active stage of viral replication. It has also been discovered that they are less toxic and can provide low-cost products (Kuo et al., 2008; Talarico et al., 2004; Zhang et al., 2007), which is the case of dolabelladienotriol. Prior *in vitro* experiments showed that it is not only a promising natural product for the inhibition of HIV-1 and HSV-1, but also that it has low cytotoxicity (Abrantes et al., 2010; Barbosa et al., 2004; Cirne-Santos et al., 2008).

The aim of this study was to assess the level of toxicity of dolabelladienotriol, a natural product derived from brown algae, *Dictyota pfaffii*, in experimental animals. This is a necessary procedure to meet the international standards established by the OECD commission (Organization for Economic Cooperation and Development, Paris, 1987) before clinical trials can be performed (Botham, 2004; Goldim, 2007).

Acute toxicity tests were performed by *in bolus* administration of dolabelladienotriol (**1**), via the subcutaneous route, at doses of 15, 20, 25 or 50 mg/kg in mice, which were subsequently observed during ten days. The results revealed that dolabelladienotriol is not significantly toxic. Biochemical data showed that the changes in the ALT and BUN enzymes did not exceed the established limits of the reference samples obtained from the same animals before the administration of dolabelladienotriol (data not shown).

One of the organs most affected by chemical agents is the liver because it is responsible for the biotransformation of many chemicals in the body (Bishop et al., 2000). In our work, we observed discrete biochemical and histological changes after the administration of dolabelladienotriol, showing that some injuries might occur and might not be completely reversible. In fact, others have shown that applications of plant extracts or their products can cause changes in the tissues of organs such as the liver, kidney and others (Baliga et al., 2004; Lima et al., 2009; Mariz et al., 2006; Mukinda & Syce, 2007; Omar et al., 1996; Rauber et al., 2006). The rationale for choosing acyclovir (de Miranda et al., 1981) as the control (50 mg/kg) was to compare dolabelladienotriol with a drug already used as an antiviral agent against HSV-1 in the clinical setting. Our work demonstrated the safety of this new product since the signs of toxicity were noticeably higher in the animals tested with ACV (kidney necrosis was found in almost all of the animals and two out of the five mice died) than with dolabelladienotriol (no behavioral changes, no kidney necrosis and no deaths), confirming its low toxicity.

The low acute toxicity or good short term safety in BALB/c mice of dolabelladienotriol, a product extracted from *Dictyota pfaffii*, indicates the desirability of extending this study to pre-clinical tests on animals infected with HSV in order to determine the long-term toxicity and range of effective therapeutic dosages of dolabelladienotriol (**1**).

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#### \*Correspondence

Izabel C. P. Paixão  
Laboratório de Virologia Molecular, Departamento de Biologia Celular e Molecular, Programa de Pós-graduação em Neuroimunologia, Instituto de Biologia, Universidade Federal Fluminense  
Campos do Valonguinho, Outeiro de São Batista s/n, Sl. 303, 24020-150 Niterói-RJ, Brazil  
[ipaixao@vm.uff.br](mailto:ipaixao@vm.uff.br)