

## REVIEW

# Fullerene nanoparticles and their anti-oxidative effects: a comparison to other radioprotective agents

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### Summary

Radiation therapy occupies an important position in the treatment of malignant diseases in spite of the existence of radiation side effects on normal tissues. Thus, substances are being developed which are designed to reduce both the acute and long term radiation effects on healthy tissues. Currently a sulphur-containing compound amifostine (WR2721, ethylol) is used in clinical practice as a radioprotectant. However, it itself has considerable side effects including hypotension (found in 62% of patients), hypocalcaemia, diarrhoea, nausea, and vomiting. Carbon nanospheres, known as fullerenes, and their water soluble derivatives (e.g. C<sub>60</sub>(OH)<sub>24</sub>, dendrofullerene DF-1) exert anti-oxidative properties and reduce damage to the DNA in irradiated cells. Water soluble fullerenes are low-toxic substances and thus, are attractive in terms of their use as radioprotectants.

*Key words:* ionizing radiation; fullerenes; antioxidant; radioprotection; nanoparticles

## INTRODUCTION

Radiotherapy is one of the major treatment modalities in the management of human cancer. However, it can lead to a number of side effects in the human body as a consequence of a series of events over different time periods varying from less than 10<sup>-12</sup> s to many

weeks. The energy transfer from a photon and/or a particle to atoms and molecules results in a direct change, i.e. a chemical conversion of a macromolecule, which could be of importance for the biological function. The critical event is damage to the DNA in the nucleus and formation of DNA double-strand breaks (DSB). This initial event can be caused by two mechanisms: either by direct damage to the DNA by the radiation energy or indirect damage mediated through radicals, peroxides and superoxides produced during the water radiolysis. In the case of radiation with low LET (Linear Energetic Transfer) including gamma radiation and X-rays, a prevalent proportion of the radiation damage results from the indirect mechanism. In this review the effect of classical radioprotectants is compared to the effect of water-soluble C<sub>60</sub> fullerenes.

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## MECHANISM OF RADIOPROTECTION

The radioprotection of living organisms by pharmacological substances particularly depends on their ability to reduce intracellular concentrations of free radicals and peroxides produced over the first milliseconds after irradiation. Substances, which could be used in the protection of healthy tissues from ionizing radiation effects in radiation therapy, should adhere to the following two basic conditions: 1) they must selectively protect normal tissues (without affecting tumour cells) and 2) they must exert minimum toxicity.

### *Radioprotection due to hypoxia*

The degree of radiation damage to tissues directly correlates with their oxygenation. Substances able to reduce oxygenation can therefore have protective effects. A reduction of oxygen levels to 3–10% in the air inhaled during the course of irradiation can exert protective effects in mice and rats comparable to those achieved with traditional radioprotectants (Vacek et al. 1971). Radioprotectants taking advantage of hypoxia as the main mechanism of the effect include indolylalkylamines (serotonin and mexamine). The mechanism of their protective effect is explained by the post-vasoconstriction hypoxia (Zherebchenko and Suvorov 1963). However, given their side effects, such as a decrease in arterial blood pressure, a decrease in body temperature, and the teratogenic effect or degenerative changes in testicles (Kuna 1985), these substances did not find any use in clinical practice.

### *Inactivation of oxidative radicals in water*

Strongly reactive oxygen radicals produced during irradiation by water radiolysis have harmful effects on the cell. Radical scavenging is the basic mechanism of many chemical substances and enzymes protecting biological targets against ionising radiation. It is essentially a competition for a radical between the protective substance and the biological molecule. In aqueous solutions, protective substances and enzymes react with free radicals and peroxides, produce stable non-toxic products and thus reduce the amounts of these species. Many of these radioprotectants are very good extinguishers of oxygen radicals. Compounds containing sulphur are well known radioprotectants exerting the highest protective effects, but they are also very toxic. In contrast, antioxidants of natural origin can be characterized by a relatively low toxicity, but also lower radioprotective properties.

## RADIOPROTECTIVE AGENTS

### *Sulphur containing compounds*

Radioprotectants containing sulphur are chemical analogues of cysteine (a thiol group containing amino acid). Similar to cysteine, these substances have their SH group separated by two to three carbon atoms from the basic amino group. To provide effective radioprotection, these substances must be present in the organism prior to irradiation. The optimum radioprotection is achieved in the case of an intravenous administration 15–30 min before irradiation. Sulphur containing compounds act through the mediation of three main mechanisms: as extinguishers of free radicals, as carriers of oxygen and last, but not least, they act as substances inducing hypoxic effects. The most well known radioprotectants of this group are cysteamine, cystamine AET and WR2721 (Bacq 1954, Dostál 1967, Kuna 1985).

The Walter Reed Military Institute in the USA has produced and tested 4000 compounds. In 1969, they synthesized a substance marked WR-2721 (Piper et al. 1969) (amifostine, ethiol) which is an organic thiophosphate prodrug (2-(3-aminopropylamino)ethylsulphanyl phosphonic acid) hydrolysed *in vivo* by alkaline phosphatase to the active cytoprotective thiol metabolite, WR-1065 (2-((aminopropyl)amino)ethanethiol). The selective protection of non-malignant tissues is believed to be related to higher alkaline phosphatase activity, higher pH, and vascular permeation in normal tissues. The combination of hypovascularity, low pH, and reduced enzyme levels results in a low accumulation of the active drug in tumour tissues (Kouvaris et al. 2007). Mean lethal doses were established for accurate determination of the radioprotective effects. These doses are typically related to the 30<sup>th</sup> day after irradiation. LD50/30 is a lethal dose after which 50% of animals survive up to the 30<sup>th</sup> day after irradiation. The DRF (Dose Reducing Factor) is a ratio of the mean lethal dose in protected animals to that in non-protected animals. Table 1 presents DRF values of different radioprotectants used in mice. In the case of whole-body  $\gamma$ -ray irradiation, WR-2721 administered at a dose of 300 mg/kg is obviously the most effective radioprotectant (Kuna et al. 1983, Kuna 1985). No radioprotective effect of WR-2721 was found when it was administered at a dose of 160 mg/kg (intravenously or intramuscularly) to rats 15–20 min before their whole-body exposure to fission neutrons (Kuna et al. 2004). This is probably due to the fact that neutrons primarily damage biological molecules directly. WR-2721 also

Table 1. Comparison of the radioprotective effect of DF-1 dendrofullerene with other known radioprotectants.

Drug	Dose	Irradiation	Animals	DRF*	Author
WR-2721	300 mg/kg i.m. 15–20 min before irradiation	gamma	mice	2.39	Kuna 1985
WR-2721	100 mg/kg i.m. 15–20 min before irradiation	gamma	mice	1.3	Kuna 1985
Cystamine	175 mg/kg i.m. 5–15 min before irradiation	gamma	mice	1.83	Kuna 1985
Superoxide-dismutase	i.v. 2 h before irradiation (200 mg/kg) and 1 h after irradiation (35 mg/kg)	X-rays	mice	1.56	Petkau 1978
Hypoxia – 8% O <sub>2</sub>	in the course of irradiation	gamma	mice	1.5	Vacek et al. 1971
DF-1 dendrofullerene nanoparticle	300 mg/kg 15 min before irradiation	X-rays	mice	1.22	Brown 2010

\* The DRF (the Dose Reducing Factor) is a ratio of the mean lethal dose (LD50/30) in protected animals to that in non-protected ones.

considerably reduces the toxicity of chemotherapeutic agents, particularly of cisplatin (Yuhas 1980).

The undesirable side effects of WR-2721 are related to the application of high doses. The LD50/48 value for mouse strain H after an intra peritoneal (i.p.) administration was 764–1054 mg/kg. The best radioprotective effect was achieved by an i.p. application of 300 mg/kg, when DRF was 2.11–2.39. A decrease in the dose to 100 mg/kg caused a significant decrease in the protective effect (DRF = 1.3) (Kuna 1985). The side effects of WR-2721 include hypotension, hypocalcaemia, diarrhoea and nausea (France et al. 1986). Hwang et al. (2004) applied WR-2721 to patients during myeloablative conditioning therapy for allogeneic bone marrow transplantation. WR-2721 was administered at a dose of 1000 mg/day of conditioning and was well tolerated if attention was paid to the serum calcium level, blood pressure and antiemetics.

#### Antioxidants of natural origin

There are a few substances of natural origin that are able to protect cells from the negative effects of free radicals and reactive oxygen species. These substances can be divided into two groups: 1) low-molecular substances acting as scavengers of oxygen radicals and 2) enzymes detoxifying reactive oxygen radicals and peroxides.

The low-molecular compounds acting as oxygen radical scavengers include vitamins A and E, which are lipophilic, and vitamin C, which is hydrophilic. Several studies have established the radioprotective values of vitamins A, C and E and carotenoids in normal cells (Malick et al. 1978, Konopacka et al. 1998, Prasad et al. 2002). In these compounds, the DRF values range between 1.1 and 1.2. Lipophilic vitamins A and E administered i.p. and hydrophilic vitamin C administered i.m. to mice for 14 days (3 days before immunoradiotherapy and 11 days after immunoradiotherapy) reduced the body weight loss and myelosuppression associated with radio-immunotherapy (Blumenthal et al. 2000).

The group of enzymes with antioxidant properties includes superoxide-dismutase (SOD), catalase, glutathione peroxidase and glutathione reductase (Citrin et al. 2010) and these are described below.

#### Superoxide-dismutase (SOD)

Superoxide-dismutase is an enzyme important for the detoxification of reactive oxygen radicals catalyzing the superoxide radical conversion to hydrogen peroxide (H<sub>2</sub>O<sub>2</sub>) and hydrogen. H<sub>2</sub>O<sub>2</sub> is subsequently removed by a reaction with the participation of two enzymes (catalase and glutathione peroxidase). The administration of superoxide-dismutase 2 h prior to irradiation (200 mg/kg) and 1 h after irradiation (35 mg/kg) provides a relatively high radioprotective

effect – DRF = 1.58 (Petkau 1978). In contrast to radioprotectants containing sulphur, these enzymes exert only a minimum toxicity.

In terms of radiation damage, not only DNA impairment is important, but also the damage to mitochondria mediated through the production of superoxide and other reactive oxygen species (ROS) derived from superoxide. An increased ROS production can be observed in the irradiated tissues 6 months after the exposure (Epperly et al. 2008). The damage to the mitochondria is manifested by induction of apoptosis. Manganese superoxide dismutase (MnSOD), which is an enzyme present in human cells, is actually the first line of defense against an increased superoxide production in the mitochondria (Belikova et al. 2009). Thus, antioxidant gene therapy studies have utilised manganese superoxide dismutase-plasmid liposomes (MnSOD-PL). Overexpression of the mitochondria localized MnSOD gene product have been shown to decrease the ionizing radiation-induced apoptosis of cells *in vitro* (Epperly et al. 2002). In the case of intravenous application of MnSOD-PL to mice before their exposure to 9.5 Gy (antioxidant gene therapy – the mice received intravenously 100 µl of liposomes containing 100 µg of human MnSOD-transgene plasmid 24 hours prior to irradiation), increased animal survival was observed 30 days as well as 340 days after irradiation (Epperly et al. 2008).

#### Fullerene – derivatives

Compounds developed based on nanotechnology, such as for example, carbon nanospheres named fullerenes ( $C_{60}$ ,  $C_{70}$ ,  $C_{80}$ – $C_{200}$ ) also represent an important group of antioxidants due to the possible absorption of many oxygen radicals in a single fullerene molecule (Bosi et al. 2003). The most abundant form of fullerenes is buckminsterfullerene  $C_{60}$  (Fig. 1) with 60 carbon atoms arranged in a spherical structure (Marković and Trajković 2008).



Fig. 1. Structure of fullerene  $C_{60}$ .

$C_{60}$  is soluble in aromatic solvents and carbon disulfide but essentially insoluble in water and alcohol (Jensen et al. 1996). For their use in biology, it is necessary to obtain fullerene derivatives, which are soluble in polar solvents. Chemical modification of the fullerene carbon cage by the attachment of various functional groups (e.g. -OH,  $NH_2$ , -COOH) enables the fullerene molecule to establish bonds with water via hydrophilic functional adducts (Marković and Trajković 2008). Johnston et al. (2010) reviewed analyses of the toxicity of fullerenes in detail. Manipulating fullerene water solubility has included the use of surface modifications, solvents, extended stirring, and mechanical processes. However, the ability of these processes to have an impact on fullerene toxicity requires further assessment, especially when considering the use of solvents, which particularly enhance the toxicity of fullerene derivatives (Johnston et al. (2010).

#### Inhibition of HIV replication

These substances were also shown to possess considerable antiviral effects. In 1993, the water-soluble derivative of  $C_{60}$  [bis(monosuccinimide) derivative of bis(2-aminoethyl)diphenyl- $C_{60}$ ] was found to be a substance inhibiting HIV-1 protease (Schinazi et al. 1993). A derivative of tris-hydroxymethyl methano-fullerene was later discovered to exert an even higher antiviral activity (Jensen et al. 1996). The antiviral activity seems to be characteristic for many non-toxic derivatives of the  $C_{60}$  fullerene (Friedmann et al. 1998, Cheng et al. 2010).

#### Photodynamic therapy of tumours

Mroz et al. (2007) showed that the  $C_{60}$  molecule mono-substituted with a single pyrrolidinium group is a remarkably efficient photosensitizer and can mediate the killing of a panel of mouse cancer after exposure to white light. Following intravenous injection of  $C_{60}$ -PEG (polyethylene glycol – PEG conjugated with  $C_{60}$ ) to tumour-bearing mice, coupled with exposure of the tumour site to visible light, the volume increase of tumour mass was suppressed and  $C_{60}$ -PEG conjugate exhibited a stronger suppressive effect than Photofrin (Tabata et al. 1997, Liu et al. 2007). These data demonstrate the potential use of these compounds as photo-sensibilizers for photodynamic therapy of tumours.

#### Antioxidant activity

Oxidative stress and associated oxidative damage are mediators of cellular injury in many pathological conditions, including autoimmunity, atherosclerosis, diabetes, and neurodegenerative disorders (Marković

and Trajković 2008). In many studies, it has been shown that water-soluble fullerene derivatives can act as antioxidant substances scavenging oxygen radicals (including ROS generated by ionising radiation) and

protecting cells and/or tissues against ROS damage. The known antioxidant activity of water soluble  $C_{60}$  derivatives is summarized in Table 2.

Table 2. **Water soluble  $C_{60}$  derivatives and their antioxidative effects.**

Fullerene type	Biological effects	Author
$C_{60}(OH)_{24}$	radioprotection protection from doxorubicin toxicity	Trajković et al. 2007, Cai et al. 2010 Injac et al. 2008
$C_{60}(OH)_{22}$	protection from $H_2O_2$ induced oxidative injury	Yin et al. 2008
Malonic acid $C_{60}$ derivatives carboxyfullerenes	neuroprotection	Dugan et al. 1996, 2001, Ali et al. 2008
$C_{60}$ dendrofullerene	radioprotection	Brown et al. 2010, Theriot et al. 2010
Polyvinylpyrrolidone wrapped $C_{60}$	reduces synovitis	Yudoh et al. 2009

For instance, polyhydroxylated fullerenes –  $C_{60}(OH)_x$ , also referred to as fullerenols, were studied by Trajković et al. (2007) and Cai et al. (2010). Trajković et al. (2007) demonstrated the radioprotective effect of fullereneol ( $C_{60}(OH)_{24}$ ) administered to rats intraperitoneally in a dose of 100 mg/kg 30 min prior to 8 Gy irradiation. The fullereneol protected the rats' haemopoietic and lymphoid tissues. Cai et al. (2010) studied the radioprotective effects of repeated fullereneol administrations (for a period of 14 days) at a dose of 40 mg/kg on the mouse immune system. It was found that 2-week  $C_{60}(OH)_{24}$  pretreatment effectively reduced whole body irradiation-induced mortality without apparent toxicity.  $C_{60}(OH)_{24}$  pretreatment also showed significant protective effects against ionizing-radiation-induced decreases in immune and mitochondrial function and antioxidant defense in the liver and spleen. This suggests that the polyhydroxylated fullerene derivative  $C_{60}(OH)_{24}$  protects against ionizing-radiation-induced mortality, possibly by enhancing the immune function, decreasing oxidative damage and improving the mitochondrial function.

The antioxidant and protective properties of carboxy-fullerenes have been described by Dugan et al. (1996) and Ali et al. (2008). Both studies showed that carboxy-fullerenes are able to protect neurons against the oxidative stress associated with Parkinson's disease and ischaemic brain injury. Moreover, Ali et al. (2008) compared the structure of

6 carboxy-fullerenes and found the best antioxidative effect in the tris-adduct malonic acid derivate of fullerene –  $C_{60}(C(COOH)_2)_3$ . Ali et al. (2008) described carboxy-fullerenes as three-dimensional carbon carriers with the antioxidative properties depending not only on the number of bound carboxylic groups but also on their distribution on the fullerene ball.

The ability of fullerenes to modulate cytokine production and cellular damage was shown in bis-adduct malonic acid derivate and water-soluble  $C_{60}$  fullerene (polyvinylpyrrolidone wrapped  $C_{60}$ ). Bis-adduct malonic acid derivate inhibited the TNF-alpha initiated apoptosis in HeLa cells (Li et al. 2011). On the other hand, findings by Yudoh et al. (2009) indicate that polyvinylpyrrolidone wrapped  $C_{60}$  reduces pro-inflammatory cytokine production from synovial inflammation-related cells and mitigates the resultant synovitis *in vitro*. Intra-articular treatment with this compound significantly attenuates synovitis and joint destruction in the rat model of arthritis.

Another promising fullerene derivate is dendro (60) fullerene-1 (DF-1). The derivate is characterised by a single branched dendromer architecture containing 18 terminal carboxylic groups attached to the fullerene ball. DF-1 is readily soluble in water, is non-toxic and has radioprotective effects (Brown et al. 2010, Theriot et al. 2010). Theriot et al. (2010) has shown that DF-1 protects lymphocytes as well as cells in the intestinal crypts from radiation-induced cell

death. In this study, human lymphocytes and rat intestinal crypt cells (IEC-6) were incubated with 100  $\mu$ M DF-1 one hour prior to irradiation, rinsed and immediately exposed to a single dose of 4 Gy in the fresh medium. The study shows that 1-hour incubation with DF-1 reduces the number of micronuclei (an indicator of DNA damage) in both types of cells compared to the irradiated non-protected groups. Brown et al. (2010) evaluated the DF-1 DNA protective effects via the expression of phosphorylated histone H2AX ( $\gamma$ -H2AX).  $\gamma$ -H2AX serves as an indicator of DNA double strand breaks. In the DU145 cell culture, a 30-min pre-treatment with 100  $\mu$ M DF-1 resulted in a significant decrease in the number of  $\gamma$ -H2AX foci 1 and 6 h after 4 Gy irradiation. Both studies demonstrate that there is a reduction in DNA damage after DF-1 incubation and that DF-1 acts not only against the oxidative stress but also against the DNA damage generated by ionizing radiation.

## CONCLUSION

Polyamino- and polyhydroxy-fullerenes show that water-solubility increases with the number of groups introduced into the molecule. It is possible to state conclusively that water-soluble fullerene derivatives exert considerable protective effects against the oxidative stress as scavengers of free radicals *in vitro* as well as *in vivo* (Dugan et al. 2001, Ali et al. 2004, Bakry et al. 2007, Injac et al. 2008). The radioprotective effects were demonstrated in fullerenols, carboxy-fullerenes, polyvinylpyrrolidone wrapped fullerene, and DF-1. Table 1 summarizes a comparison of the DRFs after a single water-soluble dendrofullerene DF-1 application 30 min before irradiation (DRF = 1.22) with the effects of other radioprotectants. Given the fact that these substances (fullerenol, DF-1) have no or only slight side effects, they offer a great potential to become radioprotectants with the possibility of repeated administration, which is necessary in standard fractionated radiotherapy.

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