

Effect of Fluvoxamine on 5-Hydroxytryptamine Uptake, Paroxetine Binding Sites and Ketanserin Binding Sites in the Japanese Monkey Brain and Platelets, In Vivo and In Vitro

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Received September 1, 1995 Accepted May 8, 1996

ABSTRACT—We investigated the in vitro effects of fluvoxamine on ^3H -paroxetine binding and ^3H -monoamine uptake in monkey cerebral cortex in comparison with those of other antidepressants. Fluvoxamine selectively inhibited ^3H -5-hydroxytryptamine (5-HT) uptake and ^3H -paroxetine binding. However, it did not alter ^3H -norepinephrine or ^3H -dopamine uptake. In addition, we examined the effects of chronic treatment with fluvoxamine (5 mg/kg per day, p.o.) on 5-HT uptake sites that bind ^3H -paroxetine and 5-HT₂ receptors that bind ^3H -ketanserin, in monkey brains and platelets. Chronic treatment with fluvoxamine affected neither the paroxetine binding sites nor the ketanserin binding sites of the brains and platelets. These results suggest that long-term treatment with fluvoxamine does not affect either the 5-HT uptake sites or 5-HT₂-receptors of 5-HT neurons in monkey brain in spite of its strong inhibitory effect on 5-HT uptake in vitro.

Keywords: Fluvoxamine, 5-Hydroxytryptamine uptake, Paroxetine binding, Monkey brain, Monkey platelet

5-Hydroxytryptamine (5-HT) is thought to participate in the genesis of affective disorders, a theory based on observed actions of the serotonergic system (1). Biochemical support for this hypothesis includes findings that lower levels of 5-hydroxyindoleacetic acid (5-HIAA) are found in the cerebral spinal fluid of depressed patients (2) and the brain of suicide victims (3), as compared with healthy controls. It has also focused attention on the relationship between 5-HT and antidepressants, since the antidepressive action of these drugs is often accompanied by a parallel inhibition of monoamine oxidase or 5-HT uptake. Therefore, in recent years, several potent and selective 5-HT uptake inhibitors have become available for the treatment of affective disorders. However, some antidepressants have an affinity for certain neurotransmitter receptors, in addition to inhibiting monoamine uptake, and these effects might be responsible for the often observed clinical side effects (4).

Fluvoxamine, a potent 5-HT uptake inhibitor, increases serotonergic neurotransmission by selectively inhibiting the uptake of 5-HT (5, 6). Fluvoxamine does not

alter norepinephrine (NE) uptake, nor does it bind to most types of neurotransmitter receptors. Moreover, the long term effects of fluvoxamine on 5-HT receptors and enzyme expression are still unclear, although fluvoxamine reduced the number of cortical β_1 -adrenoceptors and decreased the expression of tyrosine hydroxylase in rats (7). Unfortunately, little attention seems to have been paid to the possibility of species differences in these effects of fluvoxamine. Therefore, investigation of the effects of this drug on the central nervous system in monkeys should provide information more directly applicable to humans.

This report compares the influences of fluvoxamine and other antidepressants on paroxetine binding and monoamine uptake in monkey brain. In addition, we studied the effects of chronic administration of fluvoxamine on the kinetic parameters of paroxetine binding; ^3H -paroxetine binding to 5-HT-uptake sites (8); and ketanserin binding, whose binding sites represent 5-HT₂ receptor sites (9), in platelets and membranes of the cerebral cortex in monkeys.

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MATERIALS AND METHODS

Chronic treatment with fluvoxamine

Eight adult, male, Japanese monkeys (*Macaca fuscata*, 3- to 6-years-old; donated from the Animal Center, Oita Medical University) were used in the study. Each was housed in an individual cage for 30 days before treatment to allow them to adjust to the experimental conditions. Monkeys were divided into two groups. The first group (control, three monkeys) was given only saline. The second group (five monkeys) was given 5 mg/kg per day of fluvoxamine (p.o.) for 8 weeks. Each of the monkeys in both groups was anesthetized with 50 mg/kg (s.c.) of ketamine, and 5 ml of blood was taken from the femoral artery within 10 min after the ketamine injection. Starting the next day, each monkey in the experimental group was given 5 mg/kg per day of fluvoxamine (p.o.) for 8 weeks, and blood samples were taken during the second, fourth, sixth and eighth weeks. Following the 8 weeks of fluvoxamine administration, the monkeys were killed by blood depletion under ketamine anesthesia, and the brains were quickly removed. With the exception of the brains used for the monoamine uptake assay, all other platelet and brain samples were stored at -80°C until use. For the monoamine uptake assay, the brains were immediately homogenized and then the crude synaptosomes were obtained by differential centrifugation. This study was performed according to the Oita Medical University Guidelines for the Care and Use of Laboratory Animals.

In vitro binding of paroxetine in the monkey brain

The characterization of paroxetine binding to monkey cortical membranes was performed according to the method of Habert et al. (10). Control monkey frontal cortices were homogenized in 25 vol. of ice-cold 50 mM Tris-HCl buffer containing 100 mM NaCl and 5 mM KCl (pH 7.4). The P_2 fractions obtained by centrifugation of the homogenate at $12,000 \times g$ for 20 min were used as crude membrane preparations (final concentration of approximately 0.1 mg protein/tube) for the assays. Aliquots of the crude membrane suspension were incubated with 50 pM ^3H -paroxetine at 22°C in a final volume of 250 μl for 180 min. Fluoxetine (final concentration of 10 μM) was used to determine nonspecific binding. To investigate the effects of various antidepressants on paroxetine binding, we preincubated the crude membranes with reagents at concentrations of 10^{-4} – 10^{-9} M before adding ^3H -paroxetine. The incubation was terminated via rapid filtration of the membrane suspension through Whatman GF/B glass fiber filters under reduced pressure. Each filter was rapidly washed three times with 5 ml of ice-cold 50 mM Tris-HCl buffer, pH 7.4. The filters were then dried, and their radioactivities were measured in Triton X-100-

toluene scintillation fluid by using a liquid scintillation spectrometer.

Monoamine uptake assay, in vitro

The study of 5-HT, NE and dopamine (DA) uptake into synaptosomes was conducted essentially according to the method of Snyder and Coyle (11), with some minor modifications. The cerebral cortices from normal monkeys were homogenized in 0.32 M sucrose, and the crude synaptosomes were obtained by differential centrifugation as described earlier (12). A 100- μl aliquot of crude synaptosomes (final concentration of approximately 0.2 mg protein/tube) was preincubated at 37°C for 5 min with Krebs-Henseleit buffer (121 mM NaCl, 25 mM NaHCO_3 , 11.1 mM glucose, 4.7 mM KCl, 1.4 mM CaCl_2 , 1.2 mM KH_2PO_4 , 1.1 mM ascorbic acid, 130 μM EDTA 2Na and 78 μM pargyline; pH 7.4; bubbled with a 95% O_2 , 5% CO_2 gas mixture). Then the ^3H -labeled monoamines were added (final concentration: 188 nM ^3H -5-HT, 32 nM ^3H -NE, 25 nM ^3H -DA) and incubated at 37°C for either 2 min for NE uptake or 10 min for 5-HT and DA uptake. Nonspecific uptake was calculated from data obtained during incubation at 0°C . In order to investigate the effects of various antidepressants on monoamine uptake, membrane suspensions were preincubated with the reagents at concentrations of 10^{-4} – 10^{-9} M before adding the monoamines. The incubation was terminated via rapid filtration of the membrane suspension through Whatman GF/B glass fiber filters under reduced pressure. Each filter was rapidly washed three times with 5 ml of ice-cold saline. The filters were dried, and their radioactivities were measured as described above.

Determination of the kinetic parameters of paroxetine binding and ketanserin binding

Monkey brain: Monkey brains subjected to 8 weeks of fluvoxamine or saline administration were used in this study. Paroxetine binding to monkey cortical membrane preparations was performed with ^3H -paroxetine (final concentration of approximately 0.1 mg protein/tube), and nonspecific binding was determined by using fluoxetine (final concentration of 10 μM). This procedure was performed according to the method of Habert et al. (10). Ketanserin binding to monkey cortical membrane preparations was performed with ^3H -ketanserin (final concentration of approximately 0.2 mg protein/tube) according to the method of McKeith et al. (13) with minor modifications. Unlabeled spiperone at a final concentration of 1.0 μM was used to determine nonspecific binding. Aliquots of the membrane preparations were incubated with ^3H -paroxetine (final volume of 250 μl) at 22°C for 180 min or with ^3H -ketanserin (final volume of 500 μl) at 37°C for 15 min. The incubation was terminated by

rapid filtration of the membrane suspension under reduced pressure through Whatman GF/B glass fiber filters. Each filter was then rapidly washed three times with 5 ml of ice-cold 50 mM Tris-HCl buffer, pH 7.4. The filters were then dried, and the radioactivity was determined as described above. Specific binding represents the total binding minus the binding in the presence of 10 μ M fluoxetine or 1.0 μ M spiperone, at concentrations of 13–570 pM 3 H-paroxetine or 0.25–4.0 nM 3 H-ketanserin. Values of B_{max} and K_d were estimated by Scatchard analysis of the specific binding. The binding assays were performed in triplicate.

Monkey platelets: To obtain monkey platelets, monkey blood was collected into plastic centrifuge tubes containing heparin (final concentration of 10 U/ml) and then centrifuged at $200 \times g$ for 10 min to yield platelet-rich plasma. Platelets were isolated from the platelet-rich plasma by centrifugation at $3000 \times g$ for 10 min. The platelets were washed twice with 50 mM Tris-HCl buffer, pH 7.4, and they were kept at -80°C until analysis. Binding assays of 3 H-paroxetine and 3 H-ketanserin in monkey platelets were performed by the method of Møllerup et al. (14) and Biegon et al. (15), respectively, with minor modifications. The incubation mixture was 300 μ l in total volume and contained 100 μ l of membrane suspension (approximately 50 μ g membrane protein) and 50 μ l of 3 H-paroxetine (final concentrations of 0.1–3.0 nM) and either a) 150 μ l of 50 mM Tris-HCl buffer, pH 7.4 (total binding) or b) 150 μ l of 50 mM Tris-HCl buffer, pH 7.4 containing 10 μ M fluoxetine (to define non-specific binding). The 3 H-ketanserin binding procedure consisted of incubating 800 μ l of membrane suspension and 100 μ l 3 H-ketanserin (0.25–4.0 nM) with either a) 100 μ l 50 mM Tris-HCl buffer, pH 7.4 (total binding) or b) 100 μ l 50 mM Tris-HCl buffer, pH 7.4 containing 1.0 μ M spiperone (to define non-specific binding). After incubation at 20°C for either 180 min (for paroxetine binding) or 25°C for 60 min (for ketanserin binding), 5 ml of ice-cold 50 mM Tris-HCl buffer, pH 7.4 was added, and each of the samples were rapidly filtered through a Whatman GF/B glass fiber filter. The filters were washed three times with 5 ml of ice-cold 50 mM Tris-HCl buffer, pH 7.4 and then dried. The radioactivity was determined as described above. Values of B_{max} and K_d were estimated by Scatchard analysis of the specific binding. The binding assays were performed in triplicate.

Protein determination

Protein concentrations were determined according to the method of Lowry et al. (16), with bovine serum albumin as the standard.

Chemicals

Paroxetine, [phenyl-6- 3 H]- (555 GBq/mmol–1.11 TBq/mmol); hydroxytryptamine creatinine sulfate, 5-[1,2- 3 H(N)]- (555 GBq/mmol–1.11 TBq/mmol); norepinephrine, levo-[ring-2,5,6- 3 H]- (1.48–2.22 TBq/mmol); dihydroxyphenylethylamine, 3,4-[7- 3 H]- (740 GBq/mmol–1.48 TBq/mmol); and ketanserin hydrochloride, [ethylene- 3 H]- (2.22–3.33 TBq/mmol) were purchased from New England Nuclear (Boston, MA, USA). Fluvoxamine (Solvey-Meiji Yakuhin Co., Ltd., Tokyo) and fluoxetine (Lilly Research Laboratories, Indianapolis, IN, USA), spiperone (Eisai Co., Ltd., Tokyo), zimeldine (Fujisawa, Osaka), maprotiline (Ciba-Geigy, Takarazuka), and nomifensine (Hoechst, Frankfurt, Germany) were donated by the respective companies. All other chemicals were obtained from Wako Pure Chemical Industries, Ltd. (Osaka).

Statistics

Results are each expressed as the mean \pm S.E. for three or five monkeys. The significance of the difference between means was determined by Student's *t*-test for unpaired data.

RESULTS

Inhibition of monoamine uptake in the monkey brain by various antidepressants

We tested the *in vitro* effects of fluvoxamine, maprotiline, desipramine, imipramine and nomifensine on monoamine uptake in monkey brain synaptosomes. Table 1 shows that fluvoxamine inhibited 5-HT uptake by 50%

Table 1. IC_{50} values of various antidepressants on monoamine uptake of synaptosomes from monkey brain

	Inhibition of monoamine uptake (IC_{50})		
	5-HT	NE	DA
Fluvoxamine	8.2×10^{-9} M	$>10^{-5}$ M	$>10^{-4}$ M
Maprotiline	$>10^{-5}$ M	10^{-7} M	$>10^{-5}$ M
Desipramine	3.2×10^{-6} M	8×10^{-9} M	$>10^{-4}$ M
Zimeldine	7.5×10^{-7} M	6×10^{-8} M	$>10^{-5}$ M
Nomifensine	$>10^{-5}$ M	2×10^{-8} M	7×10^{-7} M

Synaptosomal preparations from cerebral cortices obtained from control monkeys were incubated at 37°C for 2 min (for NE uptake) or for 10 min (for 5-HT and DA uptakes) in Krebs-Henseleit buffer, pH 7.4. The buffer contained: 130 μ M EDTA 2Na, 1.1 mM ascorbic acid, 78 μ M pargyline and 188 nM 3 H-5-HT, 32 nM 3 H-NE and 25 nM 3 H-DA. Other conditions are described in the text. The IC_{50} values were calculated graphically from the uptake inhibition curves of the reagents. NE, norepinephrine; DA, dopamine; 5-HT, 5-hydroxytryptamine. All were labeled with tritium. Each datum represents the mean value obtained from three separate experiments.

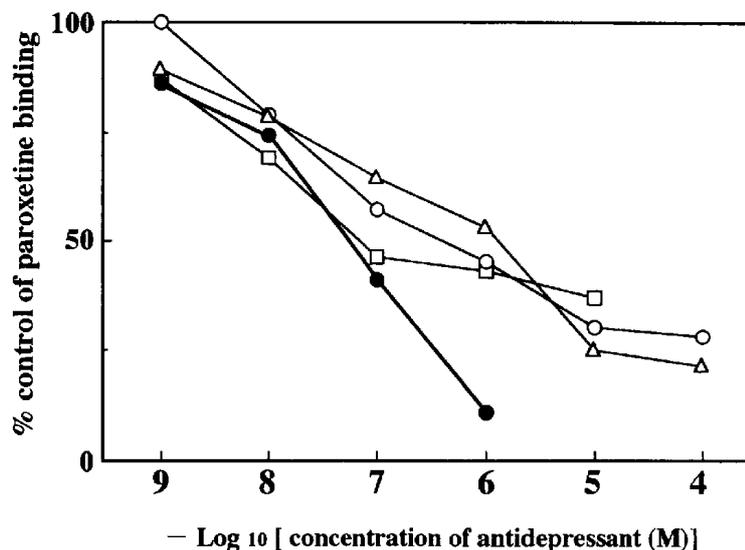


Fig. 1. In vitro inhibition of paroxetine binding by antidepressants to monkey cortical membranes. Binding of paroxetine (50 pM) was determined at 22°C for 180 min. Other conditions are described in the text. Each datum represents the mean value obtained from three separate experiments. ●: fluvoxamine, ○: imipramine, □: fluoxetine, △: zimeldine.

at a concentration (IC_{50} value) of 8.2×10^{-9} M and inhibited NE uptake by 50% at concentrations greater than 10^{-5} M. In synaptosomes of the monkey cerebral cortex, therefore, fluvoxamine inhibited 5-HT uptake 1,000 times more effectively than it inhibited NE uptake. On the other hand, desipramine, nomifensine, maprotiline and imipramine inhibited NE uptake 10–1,000 times more effectively than they inhibited 5-HT uptake. With

the exception of nomifensine, these antidepressants inhibited DA uptake more weakly than they did 5-HT and NE uptakes in the synaptosomes of monkey cerebral cortex.

Inhibition of paroxetine binding in the monkey brain by various antidepressants

We investigated the effects on in vitro paroxetine bind-

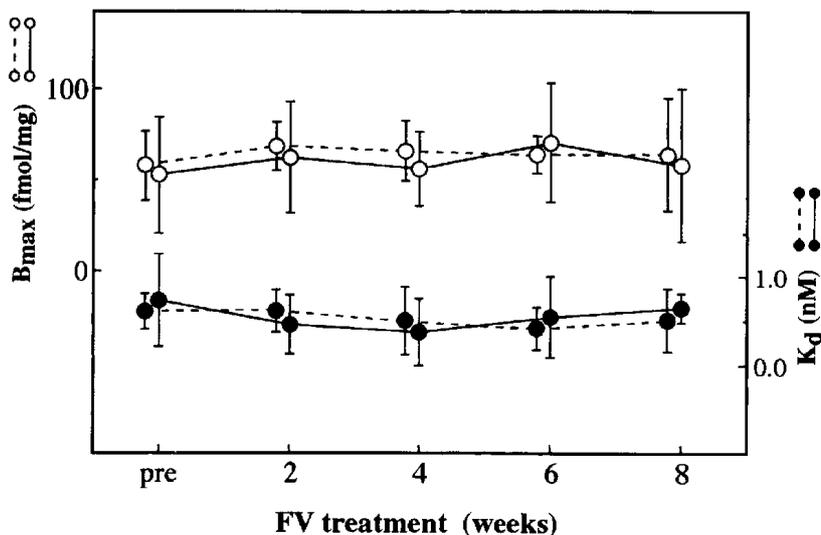


Fig. 2. Changes in B_{max} and K_d values of paroxetine binding sites in monkey platelets after chronic treatment with fluvoxamine. The B_{max} and K_d values of paroxetine binding sites in monkey platelets were determined graphically by Scatchard analysis and are each expressed as the mean \pm S.E. of the values obtained for five fluvoxamine-treated monkeys (○—○, ●—●) or three control monkeys (○····○, ●····●). FV: fluvoxamine, Pre: values before administration of fluvoxamine. B_{max} : fmol/mg protein, K_d : nM.

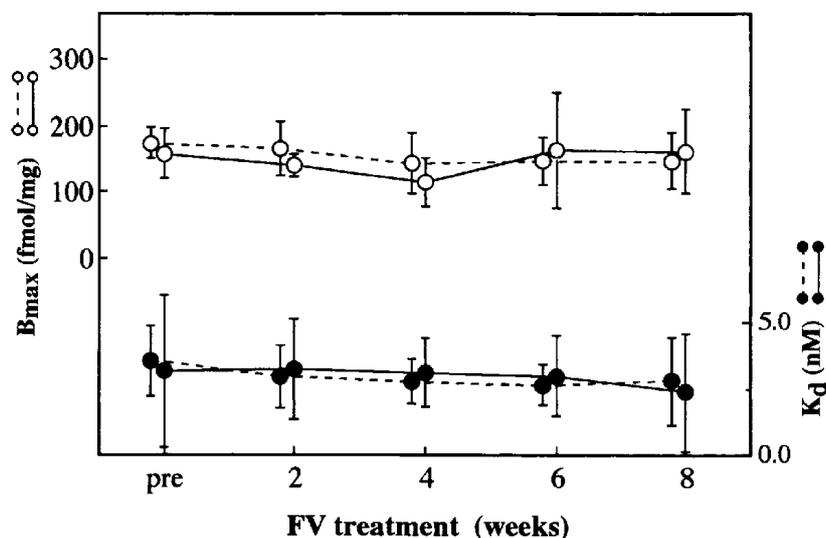


Fig. 3. Changes in B_{max} and K_d values of ketanserin binding sites in monkey platelets after chronic treatment with fluvoxamine. The B_{max} and K_d values of ketanserin binding sites in monkey platelets were determined graphically by Scatchard analysis and are each expressed as the mean \pm S.E. of the values obtained for five fluvoxamine-treated monkeys (\circ — \circ , \bullet — \bullet) or three control monkeys (\circ — \circ , \bullet — \bullet). FV: fluvoxamine, Pre: values before administration of fluvoxamine. B_{max} : fmol/mg protein, K_d : nM.

ing to monkey cerebral membranes by a) various concentrations (100 μ M to 1.0 mM) of fluvoxamine; b) two other selective inhibitors of 5-HT uptake, fluoxetine and zimeldine; and c) a tricyclic antidepressant, imipramine. Figure 1 shows that the paroxetine binding to monkey cerebral membranes was inhibited by antidepressants, in the order: fluvoxamine > fluoxetine > imipramine > zimeldine.

Effects of chronic treatment with fluvoxamine on paroxetine binding and ketanserin binding in monkey platelets

We investigated the effects of chronic treatment with fluvoxamine on paroxetine binding and ketanserin binding in monkey platelets. We detected no significant changes in the B_{max} or K_d values of paroxetine binding during the 8 weeks of fluvoxamine treatment when compared with the values obtained during saline treatment (Fig. 2). Also, we observed no significant changes in either the B_{max} or K_d values of ketanserin binding (Fig. 3).

Effects of chronic treatment with fluvoxamine on paroxetine binding and ketanserin binding to monkey cerebral membranes

We compared the B_{max} and K_d values of paroxetine binding and ketanserin binding to cerebral membranes in monkeys undergoing fluvoxamine treatment (8 weeks) against those of controls. Chronic treatment with fluvoxamine did not produce any significant changes in the kinetic constants of paroxetine or ketanserin binding sites as compared with the controls, when the chronically

treated monkeys were sacrificed 24 hr after the last fluvoxamine administration (Table 2).

The binding parameters for paroxetine binding obtained from 5 different monkeys indicated that the B_{max} values and K_d values of the platelets exhibited a highly significant correlation with the respective parameter in the brain ($r=0.85$, $P<0.007$ for B_{max} ; $r=0.81$, $P<0.009$ for K_d). Similarly, for ketanserin binding, the B_{max} values and K_d values of the platelets showed a good linear correlation with the respective value in the brain ($r=0.89$, $P<0.05$ for B_{max} ; $r=0.87$, $P<0.05$ for K_d).

Table 2. B_{max} and K_d values of paroxetine and ketanserin binding in monkey brains

		Control	FV treatment
3 H-Ketanserin binding	B_{max}	96.2 \pm 8.1	114.0 \pm 15.9
	K_d	19.2 \pm 0.42	1.75 \pm 0.48
3 H-Paroxetine binding	B_{max}	526.2 \pm 56.2	605.3 \pm 38.3
	K_d	1.80 \pm 0.43	2.16 \pm 0.33

The B_{max} and K_d values of paroxetine and ketanserin binding were determined graphically by Scatchard analysis and are expressed as the mean \pm S.E. of the values obtained for five fluvoxamine-treated monkeys or three control monkeys. FV treatment: Fluvoxamine (5 mg/kg per day, p.o.) was administered to monkeys for 8 weeks. B_{max} : fmol/mg protein, K_d : nM.

DISCUSSION

We found fluvoxamine to be the most potent selective inhibitor of 5-HT uptake among the antidepressants used for the experiments on synaptosomal preparations from monkey cerebral cortex. Moreover, in agreement with earlier reports (17, 18), zimeldine and desipramine were relatively weaker inhibitors and maprotiline and nomifensine were the weakest inhibitors of 5-HT uptake in the monkey cerebral cortex. Fluvoxamine inhibited 5-HT uptake with an IC_{50} of 8.2×10^{-9} M, over 1,000 times more effectively than it inhibited NE uptake or DA uptake. This selectivity towards monoamine uptake by fluvoxamine is in good agreement with results from previous studies using rat cerebral cortices (18–20). However, as an inhibitor of 5-HT uptake, the affinity of fluvoxamine in monkey cerebral cortex was about 100 times that in rat cerebral cortex; This difference may be related to a difference in the transport system. To our knowledge, our present study is the first one to investigate the effects of fluvoxamine using monkeys. Our data indicate that there are species differences in the drug effects that must be taken into account, although which preparation is preferable for studying remains to be determined.

The existence of high-affinity binding sites for imipramine has been demonstrated in membrane preparations from rat (21) and human brains (22). These recognition sites, labeled with 3H -imipramine, have been shown to be distinct, yet allosterically related to the 5-HT transport system (23, 24). Moreover, several authors have suggested that these sites are clinically important, since platelets of depressed patients show a decrease in the number of imipramine binding sites (25, 26) as well as a decrease in 5-HT uptake (27). However, it has been also reported that paroxetine binding sites appear to be associated with neuronal 5-HT uptake sites when 3H -paroxetine is used as a ligand (28). In a recent paper, 3H -paroxetine was used as a new and highly selective ligand to study the neuronal 5-HT transport complex (29). In the present study, fluvoxamine markedly inhibited 3H -paroxetine binding as compared to other 5-HT uptake inhibitors. The results of the present study also indicate that fluvoxamine acts at the recognition site labeled by 3H -paroxetine and inhibits the 5-HT uptake process.

High-affinity sites for imipramine (30) or paroxetine (31) are located presynaptically on serotonergic neurons and are related to the 5-HT uptake mechanism inside the nerve terminals (32). Published data have shown that chronic administration of antidepressants can produce either a down regulation (30, 33, 34) or no change (35–37) in imipramine binding sites. Paroxetine possesses very high affinity and selectivity for sites on or near the

5-HT uptake region of the 5-HT terminal. Occupation of paroxetine binding sites by fluvoxamine might modify the sensitivity of 5-HT uptake. It has been reported that fluvoxamine competitively displaces imipramine in platelet membranes, *in vitro* (38). Therefore, it is possible that long-term occupation of these sites by fluvoxamine might result in fewer paroxetine binding sites. In the present study, however, we did not observe any changes in the density and affinity of paroxetine binding sites in monkey brains and platelets following long-term administration of fluvoxamine. Brunello et al. (39) reported that fluvoxamine induced an increase in the B_{max} for high-affinity 5-HT uptake in rat cortex slices and that this increase could be due to a rebound phenomenon following withdrawal from drugs that acutely inhibit 5-HT uptake. On the other hand, there have been reports that daily-treatment with fluvoxamine for 7 days reduced 5-HT uptake by crude synaptosomes by 56% in rat brains (40). It is unclear whether these variances reflect species differences or regional differences in the adaptability of 5-HT uptake sites (41), or whether they can be attributed to the conditions used in these *in vitro* experiments.

Further work is needed to clarify whether long-term treatment with fluvoxamine alters the sensitivity of 5-HT receptors. Because the 5-HT₂ receptor sites implicated in ketanserin-inhibited 5-HT-induced aggregation of platelets have been reported to have binding characteristics similar to the central 5-HT₂-receptors, they would be a useful tool for investigations (9). We therefore studied the effects of chronic treatment with fluvoxamine on ketanserin binding sites. In the present study, however, chronic treatment with fluvoxamine did not produce any significant changes in the kinetic constants of ketanserin binding sites in either monkey brains or platelets. In addition, Benfield and Ward reported that long-term administration of fluvoxamine at the dose of 10 mg/kg also did not affect the affinity or density of 5-HT receptors in rat frontal cortex (6). These results indicate that even if normal monkeys are subjected to long-term treatment of fluvoxamine at 5 mg/kg/day, this drug may not change the physiological levels of the central and peripheral 5-HT uptake sites and 5-HT₂-receptors. However, there is report that another specific inhibitor of 5-HT uptake reduced the number of 5-HT receptors in the frontal cortex of rats after several weeks of administration (42). Therefore, additional studies are required to establish the exact nature of the long term effects of fluvoxamine on 5-HT receptors.

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