



Liposomal doxorubicin plus radiofrequency ablation for complete necrosis of a hepatocellular carcinoma

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ABSTRACT

Radiofrequency ablation (RFA) is a standard treatment for small, unresectable hepatocellular carcinomas (HCCs). However, RFA for larger tumours is less successful, and intravenous lyso-thermosensitive liposomal doxorubicin during RFA is one technique postulated to potentially address that limitation. This drug-plus-device combination therapy was used to completely treat a HCC in a patient who underwent liver transplantation 79 days later.

KEY WORDS

RFA, ablation, hepatocellular carcinoma, doxorubicin, liposomes

1. INTRODUCTION

Surgical resection for hepatocellular carcinoma (HCC) is not feasible for most patients because of inadequate hepatic reserve, geography of tumour burden, or tumour location¹. In meta-analyses comparing radiofrequency ablation (RFA) with percutaneous ethanol injection, RFA has shown better survival and effectiveness², and it is currently the most widely used ablative technique for unresectable HCC. However, the use and success of RFA is generally limited by the size of the lesion, with significantly higher failure rates being seen with lesions larger than 3 cm³.

It has been suggested that augmenting thermal effects with local heat-deployed chemotherapy in the treatment margin (where untreated microscopic disease may remain untreated) could improve the effectiveness of RFA. Lyso-thermosensitive liposomal doxorubicin [LTLD (ThermoDox: Celsion Corporation, Lawrenceville, NJ, U.S.A.)] deploys its cargo at temperatures greater than 39.5°C. Drug concentration is highest within a centimetre of the ablative zone⁴, and markedly higher drug levels are present in and around heated tissue in rabbit Vx2 tumours exposed to high-intensity focused ultrasound⁵. In a

phase I dose-escalation clinical trial of RFA with LTLD, a patient underwent transplantation after the combined approach of RFA plus drug⁶. Pathology showed no residual tumour at the treatment site.

2. CASE DESCRIPTION

A 53-year-old man with cirrhosis and chronic hepatitis C for 42 years originally presented with severe jaundice and also had a remote history of intravenous drug use, alcohol abuse, and smoking. A routine liver biopsy 5 years pre-ablation showed bridging fibrosis and a high hepatitis C polymerase chain reaction titre of 690,000 copies per millilitre. His hepatitis C was treated with pegylated interferon and ribavirin in a clinical trial. Normalization of serum aminotransferases was seen with that treatment, although he remained positive for hepatitis C by polymerase chain reaction.

A solid 3.2-cm mass arising from the anterior right lobe of the liver was discovered during routine ultrasonography screening (Figure 1), together with fatty infiltration of the liver. The mass was hypoechoic and showed faint vascularity on both

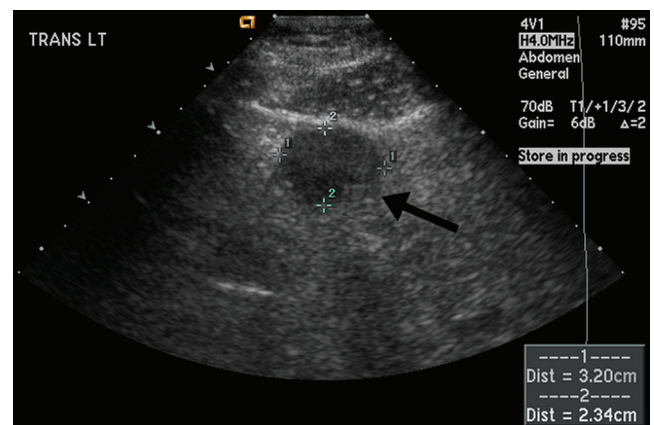


FIGURE 1 Screening ultrasonography shows a 3.2-cm hypoechoic mass (arrow) along the hepatic capsule.

ultrasonography and arterial-phase computed tomography (CT) [Figure 2(A)] and on magnetic resonance imaging.

Ultrasound-guided core needle biopsies under local anesthesia showed HCC, Edmondson grade 3 or 4. The biopsy also demonstrated moderately active and bridging fibrosis, concurrent steatohepatitis, portal chronic inflammatory infiltrate, and Mallory body formation; however, vascular invasion was not seen. Radiofrequency ablation was performed in conjunction with LTLT under general anesthesia. The ThermoDox was administered intravenously over 30 minutes at 20 mg/m² for a total dose of 41.9 mg in 291 mL 5% dextrose. The RFA, which was initiated 15 minutes after the start of drug infusion, used standard algorithms, with three slightly overlapping treatment zones, a commercial 200 W generator, and a water-cooled electrode (Covidien, Boulder, CO, U.S.A.). After completion of ablation, contrast-enhanced CT imaging showed a 34×25-mm thermal lesion of devascularization [Figure 2(B)].

To prevent potential systemic drug release, the patient's body temperature was monitored. Had his body temperature risen above 38°C, the patient would have been cooled with a full-body cooling blanket (Gaymar Industries, Orchard Park, NY, U.S.A.) and additional cooling blankets (Cincinnati Sub-Zero, Cincinnati, OH, U.S.A.) wrapped around his thighs, covering the grounding pads. Other than a mild drop in hematocrit (which may have been a result of dilution and hydration), the patient's complete blood count was within normal limits. His post-therapy alanine aminotransferase level increased to 115 IU/L from 52 IU/L, and his aspartate aminotransferase increased to 116 IU/L from 54 IU/L. This increase in serum liver enzymes reflecting liver injury is expected after RFA⁷, and in this case, levels fell to baseline after a week. Contrast-enhanced CT at 1 month post RFA showed a 53×29-mm devascularized region [Figure 2(C)].

The patient was placed high on the list for liver transplantation as a curative therapy 75 days post RFA, and the procedure was performed 4 days later. Pathology evaluation of the explant showed a surface studied with multiple regenerative and cirrhotic nodules of varying size, and a 4.9-cm maximum-dimension "cautery" effect, with no tumour identified in the RFA bed. A previously unsuspected and untreated second tumour, clandestine on all imaging modalities, was incidentally discovered in the caudate lobe of the explant.

3. DISCUSSION

Tumour size greater than 3 cm is an important risk factor for local recurrence of HCC after RFA³. This risk is likely attributable in part to untreated or unvisualized microscopic disease. Combined therapy takes advantage of the fact that the ablation zone margin

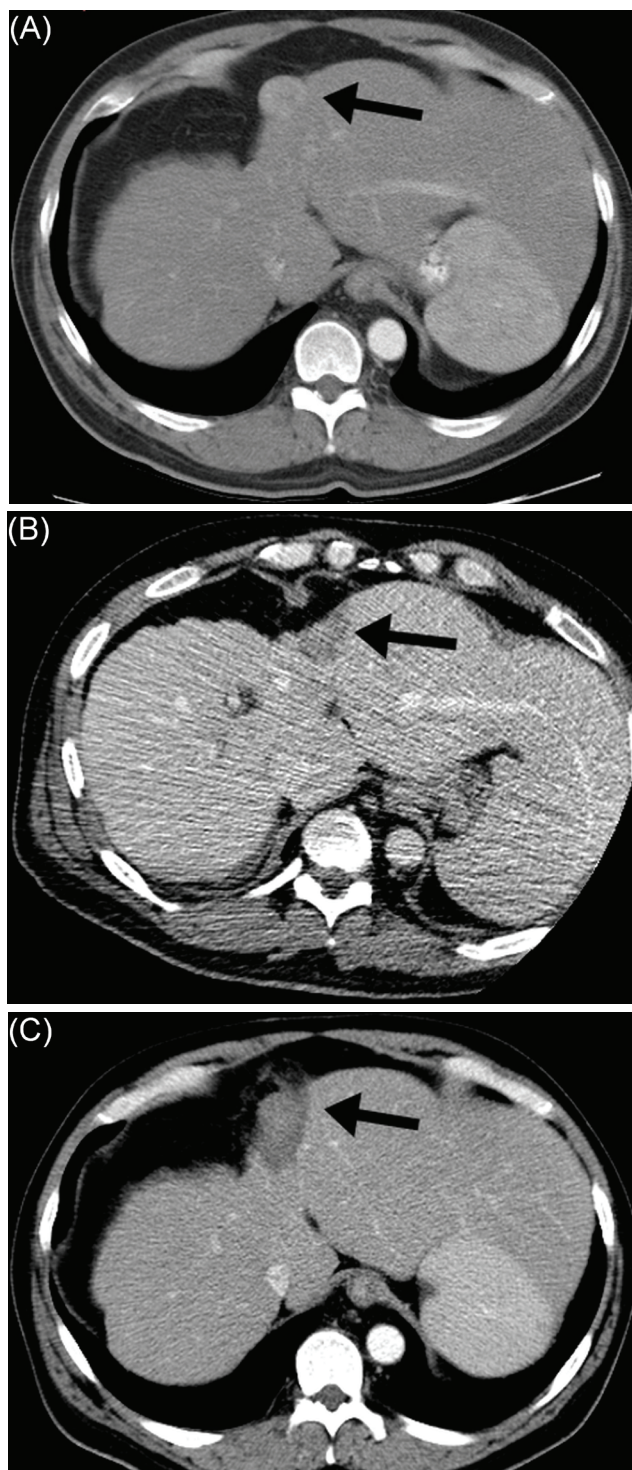


FIGURE 2 Arterial-phase enhanced computed tomography imaging of the liver at similar levels demonstrates the enhancing nodule (arrows) (A) 10 days before treatment, (B) minutes after treatment, and (C) 1 month after treatment with radiofrequency ablation and heat-deployed liposomal doxorubicin.

is heated to the exact temperature required to release the drug⁴. Timing of the simultaneous delivery of RFA during LTLT infusion is based on preclinical data

suggesting that LTLD is most effective when delivered during hyperthermia⁸. This timing also maximizes the drug delivered (roughly correlated with the area under the curve on the pharmacokinetic graph)⁶.

Since completion of the phase I trial, a randomized phase III study comparing RFA plus drug with RFA plus placebo for HCC (search for NCT00617981 at <http://clinicaltrials.gov/>) has completed accrual, and data are being evaluated. The maximum tolerated dose of LTLD is 50 mg/m², which is the standard dose being evaluated in current studies⁶.

At 1 month of follow-up in our patient, the maximum axial ablated devascularized zone had increased in size to 53×29 mm [Figure 2(C)] compared with the 34×25 mm seen on the corresponding slice immediately post procedure [Figure 2(B)]. These findings are not typical for RFA. In fact, in RFA alone (without LTLD), the size of the RFA zone decreases with time. In one study, mean lesion volumes measured by summation of areas decreased by 21% at 1 month after RFA⁹. Although the mechanism of this atypical increase in ablation diameter in the weeks post ablation is unclear, theoretical hypotheses include ongoing cytotoxic chemotherapeutic effect, inhibition of adjacent hepatocyte hypertrophy caused by local chemotherapy, or altered atrophy of necrotic cells.

The 2010 American Association for the Study of Liver Diseases guidelines for HCC screening recommend that, based on growth rates of HCC, ultrasonography screening should be performed every 6 months¹⁰. Although ultrasonography is highly specific, its low estimated sensitivity (approximately 60%) implies that many cases remain undiagnosed¹¹. Despite the higher sensitivity of CT or magnetic resonance imaging, imaging costs and the radiation exposure of repeated CT imaging are prohibitive in establishing those modalities as widespread screening techniques.

Although the original lesion was successfully treated, a second tumour (in a different anatomic location) would have remained undiagnosed if not incidentally detected after transplantation. That finding highlights the imperfect nature of even the most sensitive imaging techniques and might explain why alpha fetoprotein levels in our patient were unchanged by the ablation. They were within normal limits before (8.4 ng/mL) and after (9.9 ng/mL) ablation, but markedly decreased to 2.2 ng/mL after transplantation and removal of the second tumour. All local therapies—such as RFA and surgical resection—have fundamental limitations because they do not address the underlying disease and risk factors (such as hepatitis, alcohol use, and cirrhosis). Radiofrequency ablation can be a bridge to transplantation, but the Milan criteria for transplantation establish a cut-off of 5 cm for a single lesion, in contrast with what many accept as a maximum size of 3 cm for RFA alone¹². Combining RFA with chemotherapy might be a way that this difference can be addressed for tumours larger than 3 cm. A HCC

of that kind showed complete necrosis when RFA was combined with intravenous heat-deployed liposomal doxorubicin therapy, with pathology confirmation at transplantation.

4. ACKNOWLEDGMENTS

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5. DISCLAIMER

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6. CONFLICT OF INTEREST DISCLOSURES

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