

# Kinetics of the inhibition of mitochondrial respiration by NO

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**Abstract** The kinetics of the inhibition of mitochondrial respiration by NO was examined in isolated mitochondria (here obtained from rat brown adipose tissue). The  $K_i$  of NO for the inhibition was  $\sim 27$  nM; the  $IC_{50}$  of NO increased in proportion to the square of an increase in  $O_2$  tension. The  $K_m$  of  $O_2$  for respiration was  $\sim 16$   $\mu$ M; in the presence of NO, the dependence of respiration on  $O_2$  tension had a Hill coefficient of  $\sim 2$ . The unusual kinetics is probably related to the ability of cytochrome *c* oxidase to use 2 NO or 1  $O_2$  as electron acceptor. The interaction between NO and  $O_2$  in the control of respiration could be described by the formula  $V_{O_2}(O_2, NO) = V_{O_2, max} \cdot ([O_2]^2 / ((16 \mu M \cdot (1 + [NO]/27 \text{ nM}))^2 + [O_2]^2))$ . Thus, the kinetics is such that respiration in the presence of physiological levels of NO is very sensitive to decreasing  $O_2$  tension.

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**Key words:** Nitric oxide; Oxygen; Cytochrome *c* oxidase; Hypoxia; Non-shivering thermogenesis; Brown fat mitochondria

## 1. Introduction

Nitric oxide (NO) reversibly and dose-dependently attenuates or inhibits respiration in mitochondria isolated from every cell type so far examined [1–14]. This inhibition has been established to be due to NO functioning as an alternative substrate (instead of  $O_2$ ) for cytochrome *c* oxidase (probably this is an evolutionary relict [15]). In this alternative reduction reaction, 2 NO yield  $N_2O$  and  $H_2O$  [7–9,16–19]. When NO functions as the substrate instead of  $O_2$ , respiration (defined as the rate of  $O_2$  consumption) is, of course, eliminated. However, a de-energization of the mitochondria is also seen [3,20], presumably because the reduction of NO has slower kinetics than that of the normal substrate of cytochrome *c* oxidase:  $O_2$ . Electron flow through the respiratory chain – and hence proton pumping – therefore essentially ceases.

Although the degree of inhibition by NO has consistently been found to be higher at lower  $O_2$  tensions, a more detailed study of the kinetics has not as yet been performed. We have here made a first examination of the kinetics of the inhibition. We find that the apparent affinity of NO is 3 orders of magnitude higher than that of  $O_2$ , and that the presence of NO apparently induces a pseudocooperative interaction between  $O_2$  and the respiratory system.

## 2. Materials and methods

### 2.1. Mitochondrial preparation

Brown fat mitochondria were prepared principally as described by Cannon and Lindberg [21] from adult female Sprague-Dawley rats

which had been acclimatized (one rat per cage) to 4°C (6 h light, 18 h dark) for 3 weeks. The rats had free access to food and water. Brown adipose tissue from the interscapular, periaortic, axillary and cervical deposits was dissected out. The pooled tissue was minced with scissors, and the tissue pieces were homogenized in 40 ml 250 mM sucrose solution, filtered through gauze and centrifuged at  $8500 \times g$  for 10 min. The pellet was resuspended in sucrose and centrifuged at  $800 \times g$  for 10 min. The resulting supernatant was then centrifuged at  $8500 \times g$  for 10 min, and the pellet was resuspended in 100 mM KCl+20 mM Tris (pH 7.2) +0.2% fatty-acid-free bovine serum albumin. After recentrifugation at  $8500 \times g$  for 10 min, the mitochondria were further washed and finally resuspended in KCl/Tris (without albumin). The mitochondrial protein concentration was measured with the fluorescamine method (Fluram from Fluka), and the suspension diluted to a stock concentration of 20 mg/ml.

### 2.2. Experimental conditions

The mitochondria, at a final concentration of 0.2 mg mitochondrial protein per ml, were added to 1.1 ml of a continuously stirred incubation medium in an air-sealed Plexiglas chamber. The medium consisted of 100 mM KCl, 20 mM Tris (pH 7.2), 2 mM  $MgCl_2$ , 5 mM malate, 5 mM pyruvate, 4 mM  $KP_i$ , 1 mM EDTA and 0.05% fatty-acid-free bovine serum albumin. Further additions were made with a syringe through the lid.

$O_2$  and NO levels in the chamber were continuously and simultaneously monitored with a Clark-type  $O_2$  electrode and an NO electrode (ISO-NOP 200, World Precision Instruments). An incubation temperature of 32°C was chosen because the background current of the NO electrode was very temperature-sensitive and became too high at temperatures closer to 37°C. Calibration of the NO electrode was performed according to the manufacturer's instructions by using  $NaNO_2$  and  $KI+H_2SO_4$  to generate known amounts of NO. The calibration curves exhibited a linear correlation coefficient of 0.99 or better, up to 3  $\mu$ M NO. For calibration of the  $O_2$  electrode, air-saturated distilled water at this temperature was considered to contain 228  $\mu$ M  $O_2$ . The (mutually opposing) effects of oxygen back diffusion and oxygen electrode oxygen consumption were found to influence the data points by  $<4\%$  and have therefore not been compensated for. Further, we did not observe any influence of NO on the  $O_2$  electrode, nor of  $O_2$  on the NO electrode.

### 2.3. Chemicals

The NO gas solution used in the mitochondrial experiments was prepared by purging distilled water in an airtight bottle with helium gas for at least 15 min at room temperature, before gassing it with NO for a further 15 min. Aliquots of this NO-saturated NO solution were then added to the incubation chamber. The exact NO amount present was obtained from the NO electrode measurement.

EDTA, FCCP, KI, malate and pyruvate were from Sigma,  $NaNO_2$  from Aldrich, and the NO and helium gases were from AGA (Lidingö).

## 3. Results and calculations

### 3.1. Inhibition of respiration by NO

For the present experiments, we used brown fat mitochondria [22,23] incubated with pyruvate/malate as substrate, in the absence of added nucleotide. Under these conditions, these mitochondria are uncoupled, due to the action of the uncoupling protein (UCP) (for review see [24]). Respiration unhampered by the activity of the ATP synthase was thus monitored. There is, however, no reason to expect that mito-

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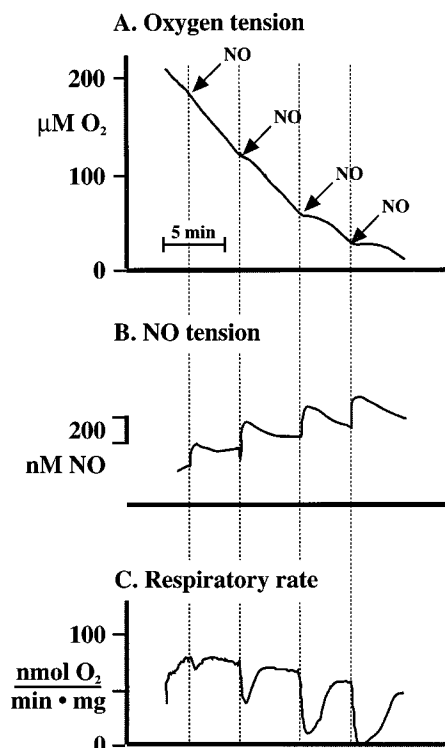


Fig. 1. Effect of NO addition at different  $\text{O}_2$  tensions on the respiratory rate of brown fat mitochondria. Brown fat mitochondria were incubated in the presence of pyruvate+malate as substrate and in the absence of nucleotides, as detailed in Section 2. The traces represent simultaneous measurements of (A)  $\text{O}_2$  tension, (B) NO tension and (C) mitochondrial respiratory rate in the same mitochondrial suspension. The NO electrode baseline showed some drift due to high temperature sensitivity. The mitochondrial respiratory rate (C) is the time derivative of the  $\text{O}_2$  tension curve (A). At the indicated time points, NO-saturated water aliquots were added, each here corresponding to about 200 nM NO; for the graphs and calculations, the exact NO concentration was in each instance determined from the NO electrode calibration curve. Control additions of water had no effect (not shown).

chondria from any other source would behave significantly differently from the present mitochondria, provided they were uncoupled by an artificial uncoupler or were performing ATP synthesis at a high rate. In coupled (state 4) mitochondria, respiratory rates were too low to allow for meaningful analysis of kinetics of NO effects.

To study the effect of NO, small amounts of NO were added to the uncoupled, rapidly respiring brown fat mitochondria. A typical experiment is shown in Fig. 1. Simultaneous recordings of  $\text{O}_2$  tension, NO tension and the rate of mitochondrial respiration are depicted.

In the presence of substrate, the mitochondria initially respired rapidly ( $\sim 75 \text{ nmol O}_2$  per min per mg protein) (Fig. 1C), as they were in an uncoupled state. At an  $\text{O}_2$  tension of  $\sim 190 \mu\text{M}$  (Fig. 1A), an addition of  $\sim 200 \text{ nM}$  NO was made. As seen in Fig. 1C, this had only a weak inhibitory effect on the respiratory rate. NO disappeared during the next 2 min (Fig. 1B). A new dose of NO was then added, now at an  $\text{O}_2$  tension of  $\sim 110 \mu\text{M}$ , and here a more marked inhibitory effect of NO addition was noted. Further additions of NO at  $\text{O}_2$  tensions of  $\sim 50 \mu\text{M}$  or  $\sim 25 \mu\text{M}$  caused higher degrees of inhibition; at the lowest  $\text{O}_2$  tension, respiration was fully inhibited. However, even this full inhibition was reversible

when NO disappeared. In other experiments, we have observed that the recovery always coincided with the disappearance of NO and was seen to occur even after up to 11 min of complete respiratory inhibition (not shown). This inhibitory effect of NO on brown fat mitochondria, the reversibility of the effect and the increased inhibitory effect of NO with decreasing  $\text{O}_2$  tension are all observations in line with what has been observed with mitochondria from many other sources (see Section 1).

To determine that the inhibitory effect of NO was on the respiratory system rather than on the activity of the uncou-

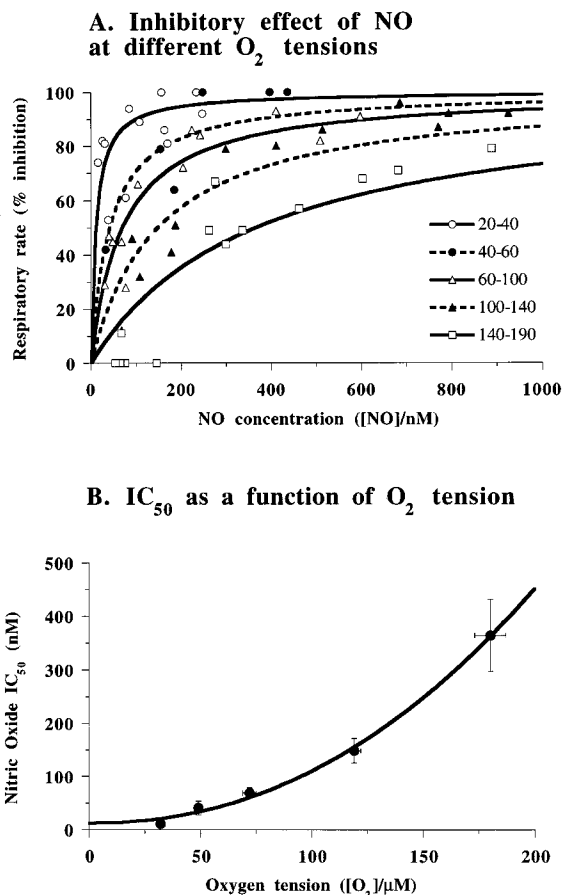


Fig. 2. The  $\text{IC}_{50}$  for NO inhibition of respiration. A: Dose-response curves for NO-induced inhibition of respiration at different  $\text{O}_2$  concentrations. The data are from experiments as that exemplified in Fig. 1. For each NO addition, the corresponding  $\text{O}_2$  tension was read off and binned into one of five  $\text{O}_2$  tension groups (20–40, 41–60, 61–100, 101–140 and 141–190  $\mu\text{M O}_2$ ), the actual NO concentration was read off, and the relative inhibition was calculated as the decrease in respiratory rate between the rate before NO addition and the minimal rate after addition, expressed as a percentage of the rate before NO addition (control experiments had shown that the respiratory rate in the absence of NO was practically independent of  $\text{O}_2$  tension down to very low  $\text{O}_2$  values ( $< 25 \mu\text{M}$ ); cf. also Fig. 3A). The curves were drawn by best-fit analysis by the general curve-fit function of the Kaleidagraph application for Macintosh for a simple Michaelis-Menten equation, implying full inhibition at infinitely high NO concentrations (i.e.  $y = 100 \cdot (x/(\text{IC}_{50} + x))$ ). The resulting data are presented in Table 1. B: The  $\text{IC}_{50}$  values as a function of  $\text{O}_2$  tension. The values are from Table 1 and based on the data in A. The curve is drawn for best fit for a power function of the type  $y = K_1 \cdot (1 + (x/K_m)^n)$ . The resulting values were  $K_1 = 13 \pm 12 \text{ nM}$ ,  $K_m = 40 \pm 24 \mu\text{M}$  and  $n = 2.2 \pm 0.3$ , with a correlation coefficient of 0.99. For  $n$  set at 2, the estimates were  $K_1 = 6 \pm 7$  and  $K_m = 24 \pm 13$ , with a correlation coefficient of 0.99.

pling protein (UCP), we performed control experiments in which the mitochondria were incubated in the presence of the artificial uncoupler FCCP; in these experiments any inhibitory effects on the uncoupling protein would be overrun by the artificial uncoupler. However, results very similar to those illustrated in Fig. 1 were obtained (not shown), indicating that the NO effects observed were entirely on the respiratory system.

### 3.2. The $IC_{50}$ for NO inhibition of respiration

In Fig. 2A, results from a series of experiments such as those illustrated in Fig. 1 have been compiled. For each NO addition, the corresponding  $O_2$  tension was read off and binned into one of five  $O_2$  tension groups. Each point was then plotted in Fig. 2A. Two features are evident from Fig. 2A: there is a dose-dependent inhibitory effect of NO on brown fat mitochondrial respiration, and – in agreement with the example shown in Fig. 1 – the inhibitory effect of NO was dependent on the  $O_2$  tension.

For each  $O_2$  tension, the curves were initially analyzed as adhering to simple Michaelis-Menten kinetics (see, however, Section 3.4), with full inhibition occurring at infinitely high NO concentrations. The resulting inhibition curves are drawn in Fig. 2A, and the resulting data are compiled in Table 1. The calculated  $IC_{50}$  values were, as expected, lower at lower  $O_2$  tensions. Thus, whereas at nearly air-saturated  $O_2$  tensions (140–190  $\mu M$   $O_2$ ) the  $IC_{50}$  was as high as 364 nM, at lower  $O_2$  tensions ( $\sim 50$   $\mu M$ ) it was only 41 nM. A few estimates of  $IC_{50}$  values in other mitochondrial types have earlier been reported [1,6,8]; within experimental accuracy, the values obtained here with brown fat mitochondria are in agreement with these estimates.

In Fig. 2B, the  $IC_{50}$  values for NO from Table 1 are plotted against the actual mean  $O_2$  tension. If NO was a simple competitor with  $O_2$  at a single site, this representation would yield a straight line. However, as seen, the relationship is not linear. A good fit could, however, be obtained if a power function was used. The resulting power for best fit was  $2.2 \pm 0.3$ , i.e. very close to 2. As the suggested power function was so close to 2, the best fit analysis was repeated with a fixed power of 2. This also yielded a correlation coefficient of 0.99 (not shown). Thus, for any increase in  $O_2$  tension, a quadratic increase in NO was necessary to maintain an equal degree of inhibition. Conversely, when the  $O_2$  concentration is decreased, the NO inhibitory power is augmented in a quadratic way.

Based on the power function of this analysis, it could be suggested that the kinetics could be described as a competition between 1  $O_2$  and 2 NO molecules for a single binding site. In this context, it should be noted that the kinetics earlier de-

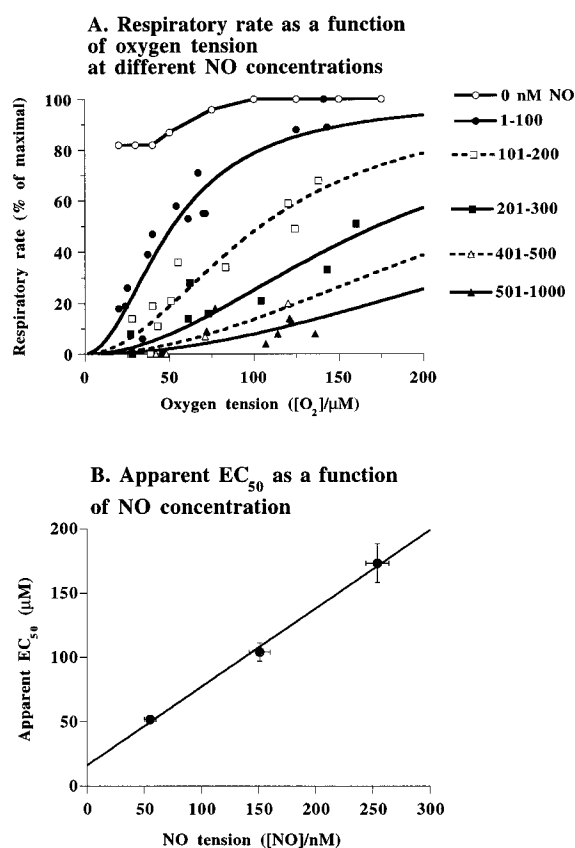


Fig. 3. A: Respiratory rate as a function of  $O_2$  tension in the presence of different NO concentrations. The points are the same as those in Fig. 2A (except for a few outliers) but have been replotted here as a function of  $O_2$  tension. The curves were drawn based on best-fit analysis by the general curve-fit function of the Kaleidagraph application for Macintosh for a Michaelis-Menten equation with a Hill coefficient of 2, implying full respiration at infinitely high  $O_2$  concentrations (i.e.  $y = 100 \cdot (x^2 / (EC_{50}^2 + x^2))$ ). The resulting values for apparent  $EC_{50}$  values were used for the plots in B. B: The apparent  $EC_{50}$  for  $O_2$  as a function of NO concentration. The values for the apparent  $EC_{50}$  for the three lowest groups of NO concentration obtained from A were plotted against the mean NO concentration measured in each group. The line was drawn for best fit to the function  $y = K_m \cdot (1 + x/K_i)$ . The resulting estimate of the  $K_m$  for  $O_2$  was  $16 \pm 6$   $\mu M$  and of the  $K_i$  for NO was  $27 \pm 12$  nM; the correlation coefficient was 0.99.

scribed for NO and  $O_2$  interaction at the binuclear center of cytochrome *c* oxidase implies that 1  $O_2$  competes with 2 NO for this site (see Section 1). The kinetics observed here in isolated mitochondria is therefore in very good agreement with such an interaction being the basis for the inhibition.

Table 1  
 $IC_{50}$  for NO inhibition of mitochondrial respiration at different  $O_2$  tensions

$O_2$ tension group	Actual mean $O_2$ tension ( $O_2^i$ ) ( $\mu M$ )	$IC_{50}$ ( $O_2^i$ ) (nM)	R
20–40	$32 \pm 2$	$11 \pm 3$	0.33
41–60	$49 \pm 2$	$41 \pm 13$	0.87
61–100	$72 \pm 3$	$69 \pm 10$	0.92
101–140	$119 \pm 3$	$148 \pm 23$	0.92
140–190	$180 \pm 7$	$364 \pm 67$	0.90

The values are the results from the analysis of the data in Fig. 2A. The  $O_2$  tension values are means  $\pm$  S.E.M. from each group; the uncertainties given for the  $IC_{50}$  values and the correlation coefficients are those calculated by the best-fit program. The low correlation coefficient for the lowest  $O_2$  tension group is due to the fact that even minute NO concentrations at this  $O_2$  tension practically fully inhibited respiration, making it technically unfeasible to obtain full coverage of the inhibitory scale.

### 3.3. Estimation of the $K_i$ for NO and the $K_m$ of $O_2$ for the system

From the representation in Fig. 2B, values for the apparent  $K_m$  for  $O_2$  and for the apparent  $K_i$  for NO can be obtained. Mainly because of the uncertainty introduced by the power function, the estimates for  $K_m$  or  $K_i$  based on this analysis were, however, rather imprecise ( $K_i = 6 \pm 7$  nM and  $K_m = 24 \pm 13$   $\mu$ M; cf. legend to Fig. 2) and it was therefore considered necessary to make a second estimate of the parameters.

Therefore, the experimental data were replotted in Fig. 3A, with the respiratory rate – in the presence of different NO concentrations – as a function of  $O_2$  tension. From this graph, it is clear that the interaction between  $O_2$  and NO is of a competitive nature: with increasing  $O_2$  tension, the inhibition caused by NO can be overcome; for the lowest NO concentrations (1–100 nM), the inhibition was fully eliminated at the highest  $O_2$  tensions tested. It is also seen in the graph (curve 0 nM NO) that a direct estimate of the  $EC_{50}$  of  $O_2$  for the reaction site cannot be made within this experimental system: it is below 30  $\mu$ M.

When the points were analyzed for adherence to Michaelis-Menten kinetics, it was clear that simple kinetics (i.e. with a Hill coefficient of 1) did not give reasonable fits (not shown). When the points were instead analyzed with a free Hill coefficient, the resulting estimated Hill coefficients were close to 2 (not shown). The points were therefore finally analyzed for best fits to Michaelis-Menten kinetics with a Hill coefficient of 2; these are the curves plotted in Fig. 3A.

As the binuclear center in cytochrome *c* oxidase reacts with only one  $O_2$  molecule (see Section 1), it may be considered surprising that the respiratory rate did not follow simple Michaelis-Menten kinetics (with a Hill coefficient of 1). However, in the present experiments, the  $O_2$  competes with 2 NO. Thus, at a given NO concentration, the inhibitory power of the NO is diminished to a higher degree than the increase in  $O_2$  tension, probably leading to the apparent cooperativity of  $O_2$  in the stimulation of respiration.

The  $EC_{50}$  values from Fig. 3A for the three lowest NO concentrations (where reasonable estimates of  $EC_{50}$  values could be made) were plotted against the mean NO value measured in each group (Fig. 3B). As seen, the relationship was linear, and from this graph,  $K_i$  for NO and  $K_m$  for  $O_2$  in the system could be obtained with reasonable precision: the  $K_i$  for NO was  $27 \pm 12$  nM and the  $K_m$  for  $O_2$  was  $16 \pm 6$   $\mu$ M. These values are also fairly close to those obtained from the preliminary analysis in Fig. 2.

### 3.4. The interaction between NO and $O_2$

The kinetics of a simple competition reaction can generally be described with the formula:

$$V = V_{\max} \cdot (S / (K_m \cdot (1 + I/K_i) + S)) \quad (1)$$

Based on the two analyses above, the interaction between NO and  $O_2$  in the control of respiration of these mitochondria can adequately be described with Eq. 1 in the following form:

$$V_{O_2}(O_2, NO) = V_{O_2, \max} \cdot ([O_2]^2 / ((16 \mu\text{M} \cdot (1 + [NO]/27 \text{ nM}))^2 + [O_2]^2)) \quad (2)$$

When this equation was used to predict the respiratory rate

under conditions of different  $O_2$  and NO tensions, values close to those experimentally obtained in Fig. 2A and 3A were obtained (not shown). It may be noted that the relationship in Fig. 2A between NO concentration and inhibition plotted with Eq. 2 will not follow simple Michaelis-Menten kinetics with a Hill coefficient of 1 (as that initially used for analysis); rather a positive cooperative relationship is obtained, which better fits the experimental points.

Eq. 2 thus probably is an adequate description of the interaction between NO and  $O_2$ , not only in the control of respiration in brown adipose tissue mitochondria, but – as this probably represents a general cytochrome *c* oxidase reaction – in any type of mitochondria. The formula has, however, limitations in that it predicts a Hill coefficient of 2 for the interaction of  $O_2$  with cytochrome *c* oxidase, even in the absence of NO, and in that the predicted apparent affinity of the mitochondria for  $O_2$  in the absence of NO is somewhat lower than that experimentally observed under such conditions (cf. e.g. Fig. 3A, curve 0 nM NO).

## 4. Discussion

### 4.1. The kinetics of $O_2$ and NO interaction in the control of mitochondrial respiration

In the present study, we have examined the kinetics of the inhibition by NO of respiration in isolated mitochondria. Brown fat mitochondria were used but there is no reason to expect that the behavior of other types of mitochondria would be qualitatively or quantitatively different.

The effects of NO observed here were reversible, and it is therefore likely that they represent effects of NO itself at the cytochrome *c* oxidase complex [25,26]. This localization of the effect is also supported by the competitiveness with  $O_2$  which would not be expected at other sites in the respiratory chain. Inhibitory effects caused by NO treatment but being due to peroxynitrite formation would occur at other localizations in the respiratory chain but would not be reversible [25,26].

We found that the  $K_i$  of NO for inhibition of respiration was as low as  $\sim 27$  nM but that the  $IC_{50}$  in the presence of  $O_2$  increased with the square of the increase in  $O_2$  tension. We estimated the  $K_m$  of  $O_2$  for respiration in this system to be  $\sim 16$   $\mu$ M; this may be considered low in comparison with the  $K_D$  obtained for cytochrome *c* oxidase in direct studies of  $O_2$  interaction (which is in the millimolar range [27]) but in the present studies, it is the kinetics of the entire respiratory system that is followed. Further, we found that in the presence of NO, the dependence of respiration on  $O_2$  tension had a Hill coefficient of 2. The interaction between NO and  $O_2$  in the control of respiration could thus be described by Eq. 2 above.

Qualitatively, the kinetics can be understood by the dual function of the binuclear reaction center in cytochrome *c* oxidase. This center may either reduce  $O_2 \rightarrow 2H_2O$  or  $2NO \rightarrow N_2O + H_2O$  (see Section 1), and the higher power kinetics can be explained by these alternative reactions. We have, however, not directly studied cytochrome *c* oxidase reactions in the present study, but rather the reaction in its biological context within the mitochondrion.

Quantitatively, we have found that the apparent affinities of the alternative substrates NO and  $O_2$  are very different: the affinity of NO is three orders of magnitude higher than that of the normal substrate  $O_2$ .

Functionally, the kinetics is thus such that in the presence

of NO, respiration becomes much more sensitive to decreasing O<sub>2</sub> tension than would be initially supposed.

#### 4.2. The physiological significance of the NO/O<sub>2</sub> interaction

Although it is clear from the results here, and those of others, that experimental conditions can be constructed in which NO significantly attenuates respiration, it may be discussed whether such conditions occur in vivo – i.e. whether a combination of a sufficiently high NO concentration with a sufficiently low O<sub>2</sub> tension occurs within tissues.

Concerning the NO concentration, tissue values quoted range from a few nM up to as much as 1000 nM, even in non-pathological cases (as detailed in e.g. [4]), i.e. exactly the range covered in the present investigation.

The O<sub>2</sub> tension in equilibrium with air is about 200 µM. The arterial tension values are somewhat lower, and tissue O<sub>2</sub> tension has been found to be between 30 and 60 µM [28], i.e. at the lower end of the range covered in the present investigation. Tension within cells may be even lower. Thus, probably only the left parts of the curves drawn in Fig. 3A cover an area of physiological interest. As seen, at these concentrations, the inhibitory potential of NO is very high. The suggestion would therefore be that respiration in many tissues is probably constantly attenuated by NO. A prediction of this tenet is that the total metabolism of an animal should be increased when NO synthase is inhibited. This has in fact been shown to be the case on addition of the NO synthase inhibitor nitro-L-arginine [29].

Whether the attenuating effect of NO on respiration is physiologically meaningful or not, is not easily answered. It may be argued that NO inhibition of respiration is meaningful in that it decreases O<sub>2</sub> utilization exactly when O<sub>2</sub> tensions are low, and O<sub>2</sub> should thus be 'protected'. However, in reality this is a form of self-strangulation that does diminish tissue O<sub>2</sub> consumption but – as electron transport is apparently slower with NO as the electron acceptor than with O<sub>2</sub> as acceptor – does so at the risk of mitochondrial de-energization [3,20]. Such a de-energization may have injurious effects on cells and organisms, e.g. due to Ca<sup>2+</sup> release (which has been observed as an effect of NO treatment [20,30]). The realization that cytochrome *c* oxidase probably developed from NO reductase [15] may imply that the binding of NO to cytochrome *c* oxidase is simply an evolutionary relict, and that the resulting attenuation or inhibition of respiration is an effect to which organisms have adapted.

#### 4.3. The significance of NO for non-shivering thermogenesis in brown adipose tissue

Although the kinetics described above is probably general and applicable to mitochondria from most sources, the possibility exists that the phenomenon analyzed is also of particular interest in relation to brown adipose tissue function (for review see [31]).

This is because the cells of this tissue – as earlier suggested [32] – possess NO synthase [33]. An increased expression of the NO synthase in vivo is induced in brown adipose tissue by cold exposure, and in vitro in cultured brown fat cells by noradrenaline treatment [33]. The NO synthase induced is of the i-type [33], which is generally thought to produce sustained micromolar NO concentrations [34]. It is thus very likely that brown fat cells – and hence their mitochondria – are exposed to NO at relatively high concentrations.

The interaction of NO with brown fat mitochondrial respiration described here should probably be understood in relation to other effects of NO in this tissue. Thus, e.g. in a situation in which tissue O<sub>2</sub> tension starts to become low, it may be advantageous for the tissue to direct the remaining O<sub>2</sub> towards the NO synthase instead of using it for respiration; such a redirection would be caused by the NO inhibition of respiration demonstrated here. The continued activity of the NO synthase would therefore lead to a self-promoting process, yielding increasing levels of NO in the tissue. Also the inhibitory effect of NO on the brown fat plasma membrane non-selective cation channels [32] may augment substrate supply to the NO synthase (as discussed elsewhere [35]). The blood flow to the tissue, and hence the O<sub>2</sub> supply, is under NO control [36,37]. Thus, as O<sub>2</sub> tension decreases, the resulting increased NO levels may increase blood flow to the tissue; tissue blood flow would therefore then be under metabolic control, as experimentally demonstrated by Ma and Foster [38]. This may be a self-balancing process, because oxyhemoglobin is thought to be the major mechanism for the inactivation of NO in vivo [39,40]. The increased blood flow caused by increasing levels of NO would therefore result in decreasing levels of NO and thus also alleviate the inhibition of respiration caused by NO.

The direct inhibitory effect of NO on respiration may also be discussed in two other connections. One is the absence of parasympathetic innervation in brown [41,42] and white [43] adipose tissue; only sympathetic nerves are found. Normally the sympathetic and parasympathetic systems have physiologically antagonistic effects but the NO produced upon adrenergic stimulation may perhaps be considered a substitute for the parasympathetic system in that it leads to self-regulation of the respiratory rate of the tissue. This may be also work in white adipose tissue which also possesses NO synthase [44].

The other connection is the hypersensitivity of non-shivering thermogenesis to hypoxia. It is clear from the above that a tissue becomes particularly sensitive to the inhibitory effects of NO when the O<sub>2</sub> tension in the tissue becomes very low. In experimental hypoxic conditions (~half normal O<sub>2</sub> tension), non-shivering thermogenesis is practically eliminated whereas basal metabolism is not much affected [45–47] (nor apparently is blood flow through brown adipose tissue [46]). It may therefore be suggested that the selective inhibition of non-shivering thermogenesis in the hypoxic state may be a consequence of an NO inhibition of brown fat mitochondrial respiration at low O<sub>2</sub>.

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