

REVIEW

New Therapeutic Target for Metabolic Syndrome: PPAR δ

SADAO TAKAHASHI, TOSHIYA TANAKA* AND JURO SAKAI*,**

Third Department of Internal Medicine, Faculty of Medical Sciences, University of Fukui, Fukui 910-1193, Japan

**Laboratory for Systems Biology and Medicine, Research Center for Advanced Science and Technology, University of Tokyo, Komaba 153-8904, Japan*

***Exploratory Research for Advanced Technology of Japan Science and Technology Corporation, Aomi 153-0064, Japan*

Key words: PPAR δ , Glucose metabolism, Fatty acids metabolism, Atherosclerosis, Metabolic syndrome
(*Endocrine Journal* 54: 347–357, 2007)

PEROXISOME proliferator-activated receptors (PPARs) are ligand-activated transcriptional factors belonging to superfamily of nuclear hormone receptors related to retinoid, steroid, and thyroid hormone receptors. Three subtypes including PPAR α , γ , and β/δ or δ (from now on called PPAR δ for simplicity) have been described. PPARs need to heterodimerize with the 9-*cis*-retinoic acid receptor (RXR) to be transcriptional active. PPAR-RXR heterodimers bind to DNA specific sequences called PPAR responsive elements (PPREs) and regulate gene expression programs of fatty acid uptake and oxidation, lipid metabolism and inflammation [1–3]. The three isoforms are the products of distinct genes: the human PPAR α gene is mapped on chromosome 22 in the general region 22q12-q13.1, the PPAR γ gene is located on chromosome 3 at position 3p25, whereas PPAR δ gene is assigned to chromosome 6, at position 6p21.1-p21.2. The roles of PPAR α and PPAR γ in particular have been exclusively studied because their agonists have been used in the clinical market as hypolipidemic fibrates and insulin sensitizers, thiazolidinediones (TZDs) respectively. PPAR α is mainly expressed in heart, skeletal muscle, kidney, liver, and intestine. Fasted PPAR α $-/-$ (knockout) mice show enhanced accumulation of lipid in the liver and heart due to sufferings from severe hypoglycemia and hypother-

mia. It suggests that PPAR α plays a crucial role in fatty acid uptake and oxidation in the liver and heart [4, 5]. Furthermore, PPAR α is also involved in the intake of dietary long-chain FA in the gut, hepatic fatty acid synthesis, and control of inflammation. It has been established that fibrates is one of the PPAR α ligands, but quest for the endogenous ligand is still ongoing. Mono- and polyunsaturated fatty acid (FA), eicosanoids, long-chain fatty acyl-CoAs, and saturated FAs all bind and activate PPAR α . On the other hand, PPAR γ is highly rich in adipocytes and macrophages, and is involved in adipocyte differentiation, lipid storage, and glucose homeostasis. Thiazolidinediones (TZDs), which are selective ligands of PPAR γ consistently lower fasting and postprandial glucose levels as well as free fatty acid levels. Like PPAR α endogenous ligands, various unsaturated FAs, oxidized lipid species, eicosanoids, and prostaglandins have been shown to activate PPAR γ . To the contrary, PPAR δ is expressed ubiquitously with a less defined function because selective agonists have not been obtained. However, the development of selective PPAR δ activators (GW501516, GW1514, GW0472, Compound F and GW610742) has allowed investigations on the functions of PPAR δ to progress (Table 1).

Metabolic syndrome is composed of abdominal obesity, hyperinsulinemia due to insulin resistance, atherogenic dyslipidemia and hypertension [6]. The development of new treatments for metabolic syndrome is an urgent project for decreasing the prevalence of coronary heart disease and diabetes mellitus in the world. PPARs agonists have shed light on ef-

Correspondence to: Juro SAKAI, M.D., Ph.D., Laboratory for Systems Biology and Medicine, Research Center for Advanced Science and Technology, University of Tokyo, Komaba 153-8904, Japan

Table 1. Characterization of PPAR α , γ , and δ

	Chromosomal location	Tissue distribution	Native activating factors	Main function	Synthetic agents
PPAR α	22q12-q13.1	Liver Kidney Skeletal muscle Cardiac muscle	LTB ₄ 8S-HETE LPL + VLDL	Hepatic fatty acid oxidation	Fibrates Wy1339 Wy14643 GW647 GW957 GW7647
PPAR γ	3p25	Adipocytes Macrophages	15d-PGJ ₂ 9-HODE 13-HODE	Lipid storage in adipocytes Adipocyte differentiation	TZDs GW1929 GW2090 GW7845 GW9820 AD5075
PPAR δ	6p21.1-p21.2	Ubiquitous expressed	PGI ₂ cPGI ₂ Long-chain FA LPL + VLDL	Fatty acid β -oxidation and energy dissipation in skeletal muscle and adipose tissue Decreased glucose output in liver	GW501516 GW1514 GW0742 Compound F L165041 GW610742

LTB₄: leukotriene B₄, 8S-HETE: 8-(S)-hydroxyeicosatetraenoic acid, LPL: lipoprotein lipase, VLDL: very low density lipoprotein, 15d-PGJ₂: 15-deoxy- $\Delta^{12,14}$ -prostaglandin J₂, HODE: hydroxyoctadecadienoic acid, PGI₂: prostacyclin, cPGI₂: carbaprostacyclin, FA: fatty acid

fective therapeutic approaches for correcting some aspect of metabolic syndrome. In this review, we will mainly focus on the recently elucidated function of PPAR δ on metabolic syndrome.

Characterization of PPAR δ

All PPARs bind to the PPRE on the DNA with the sequence AGGTCANAGGTCA (direct repeat with a single nucleotide spacer) as obligate heterodimers with the RXR. Their activation results in a transcriptional regulation of pathway that control energy homeostasis. For structure, PPARs have an NH₂-terminal region with a ligand-inactivation domain (AF-1), followed by a DNA binding domain (two zinc fingers) and, at the COOH-terminus, a ligand binding and dimerization domain and a ligand-dependent activation domain (AF-2). After the discovery of first member of the PPAR family (PPAR α), Schmidt *et al.* discovered a novel member of the steroid hormone receptor superfamily cDNA as NUC1 (later on defined as PPAR β/δ) from a human osteosarcoma cell library [7]. In adult rat, PPAR δ is expressed ubiquitously and is the most abundant of the three PPARs in most tissues except adipose tissue. PPAR δ mRNA levels are

dramatically down-regulated in the liver and kidney by up to 80% after an overnight fast. On the other hand, PPAR α expression is up-regulated in the liver and small intestine, and PPAR γ expression is decreased by 50% in adipose tissues in the fasted state in mature rat tissues [8]. Prostacyclin (PGI₂), carbaprostacyclin (cPGI₂), and saturated fatty acids are PPAR δ ligands, but those ligands also activate PPAR α or γ . That is the reason why knowledge of the function of PPAR δ is emerging slowly. GlaxoSmithKline first identified a high-affinity PPAR δ ligand, GW501516 that has more than 1,000-fold selectivity for PPAR δ over other subtypes. Chawla *et al.* reported that native very low-density lipoprotein (VLDL) particles might be one of the endogenous sources of PPAR δ ligands. Especially triglycerides in VLDL that is hydrolyzed by lipoprotein lipase (LPL) are an efficient activator of PPAR δ in macrophages. PPAR δ deficient macrophages lost the transcriptional response by VLDL particles [9]. Activation of PPAR δ by VLDL particles induces carnitine biosynthesis and lipid mobilization, and subsequently to initiate a fat burning program to prevent macrophage from lipid overload [10]. Those findings are impressive because oxidized low-density lipoprotein (ox-LDL) activates PPAR γ and induce the expression of the scavenger receptor, CD36 and the oxysterol

receptor, liver X receptor (LXR α). On the other hand, PPAR δ activation induces adipose differentiation-related protein (ADRP) expression but does not induce CD36 or LXR α . It seems that PPAR γ and PPAR δ are related to ox-LDL and TG-rich lipoprotein respectively.

Three independent PPAR δ $-/-$ knockout mice lines

Three independent homozygous PPAR δ $-/-$ mice lines have been established. Gonzalez *et al.* ahead established PPAR δ $-/-$ mice lacking the last 60 amino acids of the ligand-binding domain [11]. PPAR δ $-/-$ mice are smaller than normal from the fetal stage to the postnatal period and myelination of the corpus callosum in brain is altered. Gonadal adipose stores are smaller and CD36 mRNA levels are higher. Enhanced hyperplasia of the epidermis has been detected in the skin of PPAR δ $-/-$ mice. They suggested that PPAR δ is involved in placental and myelination defects, reduced adipose stores, and impaired wound healing. They observed no embryonic lethality on a pure C57BL/6N background but a lower than expected number of newborn homozygous pups on a mixed genetic background. Second Evans's group eliminated DNA binding domain of PPAR δ gene in mice [12]. Over 90% of the embryos PPAR δ $-/-$ mice are prone to die due to placental defects and the mice that survive show an extremely lean phenotype. The difference between two knockout mice for lethality is likely due to the different targeting strategies. It is likely that the former truncated receptor mice might retain PPAR activity for survival. Wahli's group also indicated that only few PPAR δ $-/-$ mice could be obtained but no null mice line could be established for very high penetrance of a lethal phenotype [13]. Their group has continued to establish third PPAR δ $-/-$ mice lacking DNA binding domain and reported in detail that deletion of the PPAR δ gene causes a severe failure of the placenta to undergo proper morphogenesis, leading to embryonic lethality at E9.5 to E 10.5 [14]. Those data are compatible to second generated PPAR δ $-/-$ mice by Evans's group.

Several *in vitro* studies proposed the impact of PPAR δ in adipocyte differentiation [14–16]. Furthermore PPAR δ $-/-$ mice showed smaller and lean phenotype in all types of fat tissues *in vivo* [11, 12]. But

adipose-specific PPAR δ $-/-$ mice do not affect adipose tissue mass. Those data indicate that the reduced adiposity in PPAR δ $-/-$ mice reflects a response of the tissue to an exogenous stimulus, rather than an intrinsic function of PPAR δ in fat cell [12]. Expression of activated PPAR δ in adipose tissue (ligand independent active form of PPAR δ) leads to leanness but features of irregular adipogenesis are not shown, and no effect of PPAR δ on adipocyte differentiation in 3T3-L1 cells is re-confirmed [18]. Those *in vivo* data suggest that the direct effect of PPAR δ on adipose differentiation in adipose tissue *in vitro* is in the negative, and peripheral PPAR δ functions in systemic lipid metabolism more than the direct effect on adipocyte differentiation that might be working in PPAR δ $-/-$ mice.

Lipoprotein metabolism and PPAR δ

Elevated triglycerides and low levels of HDL (high-density lipoprotein)-cholesterol are one of the hallmarks of metabolic syndrome. It is well established that plasma levels of HDL-cholesterol are inversely related to the development of atherosclerosis. Furthermore the ATP-binding cassette A1 (ABCA1) protein has been identified as a regulator of reverse cholesterol transport [19]. Leibowitz *et al.* indicated that a weak nonselective PPAR δ agonist L-165041, at dose that had no effect on either glucose or triglycerides, raised HDL-cholesterol levels in obese and diabetic db/db mice [20]. The high affinity PPAR δ agonist, GW501516 for four weeks also dramatically improved serum lipid profiles, causing a 79% increase in HDL cholesterol level in insulin resistant obese rhesus monkeys, while lowering the levels of small-dense LDL (low density lipoprotein), fasting triglycerides, and fasting insulin. No changes in fasting glucose levels were detected. Those data indicated that PPAR δ agonist might correct the hyperinsulinemia in insulin resistant monkeys *in vivo*. GW501516 also showed strong induction of ABCA1 mRNA expression and apolipoprotein (apo) A-I specific cholesterol efflux in macrophages *in vitro* [21]. Van der Veen *et al.* confirmed the effect of PPAR δ agonist on HDL-cholesterol via ABCA1 [22]. Treatment with PPAR δ agonist, GW610742 resulted in a 50% increase of plasma HDL-cholesterol in wild-type mice, whereas plasma cholesterol levels remained extremely low in ABCA1 $-/-$ mice. They also found that GW610742 resulted in

a 43% reduction of fractional cholesterol absorption with a significantly reduced expression of the cholesterol absorption protein, Niemann-Pick C1-like 1 in the intestine. Akiyama *et al.* investigated a lipoprotein metabolism in first generated PPAR δ $-/-$ mice lacking the ligand-binding domain of the murine PPAR δ gene [11, 23]. PPAR δ $-/-$ mice showed elevated plasma TG and free fatty acid (FFA), but similar total cholesterol (TC), free cholesterol (FC), and phospholipids (PL) on normal chow diet. During a high fat diet (HFD) challenge for 10 weeks, TG levels remained significantly elevated in the PPAR δ $-/-$ mice. PPAR δ $-/-$ mice have an increased rate of hepatic VLDL production as well as lowered lipoprotein lipase (LPL) activity with increased hepatic angiopoietin-like proteins (Angptl) 3 and 4 in PPAR δ $-/-$ mice compared to wild-mice. Angptl 3 and 4 proteins have been shown to inhibit LPL activity. Those data are compatible with hypotriglyceridemia that was observed in targeted activation of PPAR δ [18]. However, in second generated PPAR δ $-/-$ mice (deletion of DNA binding domain of PPAR δ gene) reported by Barak *et al.* [12], there are no changes in TC, TG, HDL-C and FFA with a normal chow diet; there is no data for lipoprotein profiles during a HFD challenge. In third generated PPAR δ $-/-$ mice, they did not examine a systemic lipoprotein metabolism [14]. The reason why there are different lipoprotein patterns in normal chow diet among PPAR δ $-/-$ mice lines is unclear. One plausible reason is their method for the deletion of the PPAR δ gene like an embryonic lethality as mentioned above.

Atherosclerosis and PPAR δ

Even though GW501516 increased expression of the reverse cholesterol transporter ABCA1 and induced apoA1-specific cholesterol efflux in macrophages *in vitro* [21]. Opposite findings for atherosclerosis have been reported. Vosper *et al.* reported that PPAR δ agonist, compound F promoted lipid accumulation in human macrophages by increasing the expression of the class A and B scavenger receptors (SR-A and CD36) and adipophilin. The expression of ABCA1 was increased, but apoE and cholesterol 27-hydroxylase (CYP27) were repressed by PPAR δ agonist. Overall total cholesterol efflux may not be increased because apoE and CYP27 are important medi-

ators of lipid efflux from macrophages [24]. PPAR δ was increased by 3–4 fold in vascular smooth muscle cells (VSMCs) treated with platelet-derived growth factor (PDGF) and overexpression of PPAR δ in VSMCs increased post-confluent cell proliferation [25]. Those *in vitro* data suggest that PPAR δ agonists may be pro-atherogenic in macrophage and VSMCs. Meanwhile it has been accepted that inflammation couples dyslipidemia to atheroma formation [26]. Welch *et al.* proposed that the effect of high concentration of PPAR γ agonist is due to PPAR δ activation, and established the overlapping transactivation and transrepression functions of PPAR δ and PPAR γ in macrophages. It seems that PPAR δ activation may induce anti-inflammatory effect on macrophages because high dose of rosiglitazone (PPAR γ agonist) inhibited induction of lipopolysaccharide target gene in PPAR γ deficient macrophages in part by activating PPAR δ [27].

The *in vivo* function of macrophage PPAR δ in atherosclerosis has been tested with the transplantation of PPAR δ $-/-$ or wild-type bone marrow into LDL receptor $-/-$ mice. After 8 weeks HFD, vascular lesion in PPAR δ $-/-$ recipients were at least 50% smaller than those of wild-type recipient control [28]. In contrast to *in vitro* data, there are no differences in the expression of SR-A, CD36 and ABCA1 between wild-type and PPAR δ $-/-$ macrophages in the absence or presence of GW501516. Furthermore they found that PPAR δ controls the inflammation status by its association (pro-inflammatory) and dissociation (anti-inflammatory) from transcriptional repressors. Deletion of PPAR δ in macrophages leads to an anti-inflammatory status [low levels of the monocyte chemoattractant protein (MCP-1), interleukin-1 β (IL-1 β), and matrix metalloproteinase (MMP-9)] and showed less atherosclerosis in LDL receptor $-/-$ mice. It means that deletion of PPAR δ enhances the released of anti-inflammatory transcriptional repressors. PPAR δ ligands inhibited inflammatory gene expression in wild-type macrophages, mimicking the suppressed inflammation elicited in PPAR δ $-/-$ macrophages. An interaction between PPAR δ and the inflammatory suppressor protein B cell lymphoma-6 (BCL-6) was detected and BCL-6 was released from PPAR δ in a ligand-dependent manner. Overexpression of PPAR δ (increased unliganded PPAR δ receptor) increases MCP-1 levels in the primary macrophages by decreasing the release of anti-inflammatory repressors. The effect is com-

Table 2. Effect of PPAR δ deletion or agonist on atherosclerosis *in vivo*PPAR δ knockout mice

Treatment	Model	Diet	Duration	Lipoprotein profile	Atherosclerotic lesion	Reference
PPAR δ $-/-$ BMT	LDL-R $-/-$ σ	1.25% Chol, 15.8% Fat	8 weeks	None	51% \downarrow	28

PPAR δ agonist

Agents	Model	Diet	Period	Lipoprotein profile	Atherosclerotic lesion	Reference
GW0742	LDL-R $-/-$ σ	1.25% Chol, 21% Fat	14 weeks	TG \downarrow	0%	29
GW0742	LDL-R $-/-$ ϕ	0.25% Chol, 15% Fat	16 weeks	TC \rightarrow , HDL-C \rightarrow , VLDL \downarrow	50% \downarrow	30

BMT: bone marrow transplantation, Chol: cholesterol, TC: total cholesterol, TG: triglycerides, HDL-C: high density lipoprotein cholesterol, VLDL: very low density lipoprotein

pletely reversed by GW501516 (decreased unliganded PPAR δ receptor induces anti-inflammatory repressor release). It seems that the amount of unliganded PPAR δ receptor determines the inflammatory status. Both ligand activation and loss of PPAR δ receptor release the repressor and produce anti-inflammatory effects (Fig. 1). Those results indicate that PPAR δ agonists have anti-atherosclerotic effects *in vivo*, however, two contradictory papers have been reported. Li *et al.* showed that GW0742 (5 mg/kg/day) for 14 weeks failed to decrease atherosclerosis in LDL receptor $-/-$ mice but repressed inflammatory gene expression including interferon- γ (IFN- γ), tumor necrosis factor- α (TNF- α), MCP-1, vascular cell adhesion molecule-1 (VCAM-1) and intracellular adhesion molecule-1 (ICAM-1) [29]. In contrast, Graham *et al.* reported that GW0742 (6 or 60 mg/kg/day) for 16 weeks inhibited atherosclerosis in female LDL receptor $-/-$ mice and resulted in decreased expression of MCP-1, ICAM-1, and TNF- α in aorta [30]. The efficacy of PPAR δ agonists on atherosclerosis may be depends on dose of agonist, treatment duration, dose of cholesterol supplementation, or sex (Table 2).

Effect of PPAR δ on fatty acid β -oxidation (FAO) and energy dissipation in skeletal muscle and adipose tissue

In skeletal muscle from PPAR α $-/-$ mice, there were only minor changes in fatty acid homeostasis and neither constitutive nor inducible mRNA expression of known PPAR α target genes was negatively affected.

Unlike in liver and heart, PPAR δ in skeletal muscle was several-fold more abundant than either PPAR α or PPAR γ [31]. These results indicate that PPAR γ can compensate for PPAR α deficiency in skeletal muscle. Four groups independently confirmed that activation of PPAR δ including the treatment of PPAR δ agonists enhance fatty acid β -oxidation (FAO) and energy uncoupling in skeletal muscle and adipose tissue. Wang *et al.* described that overexpression of constitutive active form of PPAR δ in white and brown adipose tissues displays an up-regulation of genes involved in FAO and energy uncoupling, and are protected against HFD-induced obesity, fatty liver, and hyperlipidemia via increasing energy expenditure [18]. Conversely, PPAR δ $-/-$ mice on HFD show reduced energy uncoupling and are prone to obesity. Adipose-specific overexpression of PPAR δ or treatment with the PPAR δ agonist, GW501516, prevents development of obesity in db/db mice. Activation of PPAR δ in adipocytes (3T3-L1 preadipocytes) and myotubes (C2C12 cells) *in vitro* promotes fatty acid oxidation and energy uncoupling. They also found that a PPAR γ co-activator (PGC-1 α), a central component of adaptive thermogenesis, is also a potent coactivator of PPAR δ . They suggested that PPAR δ serves as a widespread regulator of fat burning in skeletal muscle and adipose tissue. Our laboratory also indicated that the PPAR δ agonist, GW501516, controls fatty acid oxidation by regulating genes involved in fatty acid transport, FAO, and mitochondrial respiration in rat L6 myotubes [32]. The mRNAs for pyruvate dehydrogenase kinase 4 (PDK4) that spares glucose oxidation and gluconeogenesis, and PGC-1 α are robustly induced by

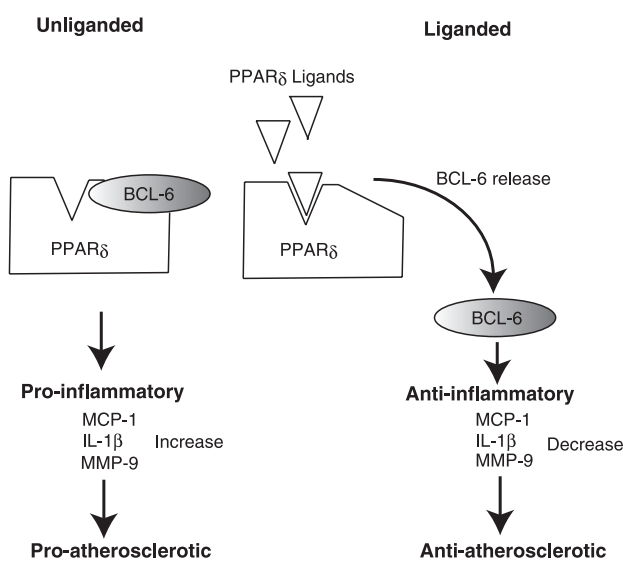


Fig. 1. PPAR δ controls an inflammatory switch
Binding of ligand to PPAR δ may lead to release of BCL-6, a transcriptional repressor of inflammation. In the absence of ligand, BCL-6 may remain bound to PPAR δ , resulting in a pro-inflammatory response. BCL-6; B cell lymphoma-6, MCP-1; monocyte chemoattractant protein-1, IL-1 β ; interleukin-1 β , MMP-9; matrix metalloproteinase-9

GW501516. PPAR δ agonists but not PPAR α or γ agonists induces [$1\text{-}^{14}\text{C}$] palmitate oxidation in a dose-dependent manner in L6 myotubes. Similarly, PPAR δ -mediated increase in FAO is observed in skeletal muscle but not in liver of GW501516-treated mice. Treatment with GW501516 significantly reduces weight gain, but does not affect food consumption in animals fed a HFD. Treatment with a PPAR δ agonist also improves insulin resistance induced by HFD, probably as a consequence of increased fat-burning by muscle and overall improvement in systemic lipid metabolism. GW501516 treatment prevents hepatic and intramuscular lipid accumulation, and improves insulin sensitivity in HFD-induced mice or ob/ob mice. It is interesting that the changes in gene expression induced by GW501516 in cultured myotubes and skeletal muscle *in vivo* are very similar to the gene expression profile induced by cold exposure, fasting, and prolonged exercise. We suggest that the physiological role of PPAR δ may be a direct switch from glucose metabolism to fatty acid metabolism. It is conceivable that free fatty acids released from adipose tissues on fasting or exercise provide PPAR δ ligands to stimulate fatty acid oxidation and thermogenesis in skeletal muscle (Fig. 1). This idea is consistent with the hypothesis

that PPAR δ acts as a pivotal thermogenic transcription factor [18]. Dressel *et al.* reported a similar effect with GW501516 in C2C12 myotubes, a line of mouse skeletal muscle cells, indicating that PPAR δ agonists induces the expression of genes involved in lipid utilization, FAO, cholesterol efflux, and energy uncoupling [33]. It is intriguing that PPAR δ agonist increases apolipoprotein-A1 specific efflux of intracellular cholesterol in skeletal muscle even though the effect has been reported in macrophages [21]. Holst *et al.* indicated that 24 hours of fasting up-regulates PPAR δ expression in gastrocnemius muscle but not in the heart of mice, and PPAR δ agonist GW1514 induces several genes implicated in fatty acid uptake and metabolism in mouse C2C12 myotubes. Furthermore, they generated a Cre/Lox transgenic mouse model allowing overexpression of PPAR δ specifically in skeletal muscle *in vivo* [34]. Those mice promote a decrease in body fat content related to a reduced adipocyte size and increased oxidative enzymatic activities. Histological examination shows that the number of oxidative myofibers is increased in muscles. Muscle remodeling in muscle-specific PPAR δ overexpression is reminiscent of that provoked by endurance training. They also showed that moderate exercise in wild-type mice increases PPAR δ protein in muscle compared to untrained mice in association with the effect of PPAR δ in muscle for FAO. Wang *et al.* also showed that the targeted expression of constitutively active form of PPAR δ in skeletal muscle or treatment with PPAR δ agonist induced oxidative type I fibers in muscle [36]. Genes in those muscles for slow fiber contractile protein, mitochondrial biogenesis, and β -oxidation are up-regulated. These fibers confer resistance to obesity with improved metabolic profiles. PPAR δ transgenic mice in muscle remarkably increase and PPAR δ $-/-$ mice decrease the exercise endurance capacity. Most recently it has been reported that PPAR δ agonists (GW501516 and GW0472) increase glucose uptake independently of insulin in differentiated C2C12 and primary human skeletal myotubes [37]. The effect is coincident with increased expression and phosphorylation of extracellular signal-related kinase (ERK)1/2 mitogen-activated kinase (MAPK), p38 MAPK, and AMP-activated protein kinase (AMPK). PPAR δ activation induces both fatty acid β -oxidation and glucose transport in skeletal muscle.

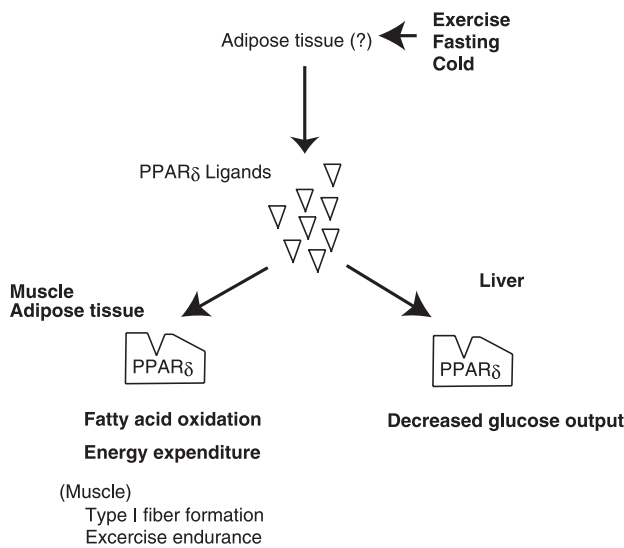


Fig. 2. Mechanism of PPAR δ ligands on metabolic syndrome
The effect of PPAR δ agonists is similar to the condition by exercise, fasting and cold exposure. Exercise, fasting and cold exposure may produce PPAR δ ligands, which effect on muscle, adipose tissue and liver. The combined hepatic and peripheral action of PPAR δ ligands could induce a beneficial effect on metabolic syndrome.

Effect of PPAR δ on hepatic carbohydrate catabolism

In addition to the beneficial effect of PPAR δ on metabolic syndrome in skeletal muscle and adipose tissue by long-term ligand treatment, a direct effect of PPAR δ in liver has been proposed [38]. PPAR δ $-/-$ mice are glucose intolerant, whereas treatment of diabetic db/db mice with GW501516 for 2 weeks improves insulin sensitivity without weight loss in a case of long-term ligand treatment. Molecular and functional analysis show that PPAR δ activation reduces hepatic glucose output by increasing glycolysis and the pentose phosphate shunt and promoting fatty acids synthesis in the liver. As shown in Fig. 2, coupling decreased glucose output in liver with the ability to promote FAO in muscle allow PPAR δ to regulate whole-body metabolic homeostasis and insulin sensitivity (Fig. 2).

Cardiomyocytes and PPAR δ

The effect of PPAR δ on skeletal muscles has expanded the research field to cardiac lipid metabolism.

Gilde *et al.* reported that PPAR α and PPAR δ , but not PPAR γ play a prominent role in the regulation of cardiac lipid metabolism [39]. Moreover the PPAR δ agonist, GW0742, partly restored the expression of key genes of fatty acid oxidation in mouse adult cardiomyocytes isolated from PPAR α $-/-$ mice [40]. Cheng *et al.* examined myocardial fatty acid oxidation in cre-loxP-mediated cardiomyocyte-restricted deletion of PPAR δ mice [41]. These mice have cardiac dysfunction, progressive myocardial lipid accumulation, cardiac hypertrophy, and congestive heart failure with reduced survival. PPAR δ agonist, GW0742 induced the transcript levels of fatty acid oxidation in cultured cardiomyocytes from PPAR δ $+/+$ mice but the effect is not observed in cardiomyocytes from PPAR δ $-/-$ mice. The PPAR α agonist, WY14643 restored the decreased transcript levels of fatty acid oxidation in cells from PPAR δ $-/-$ mice. Those data indicate that PPAR δ is involved in cardiac FAO as does PPAR α .

It has been demonstrated that both PPAR α and γ activation results in inhibition of inflammatory responses during the pathological progression of myocardial ischemic/reperfusion and hypertrophy [42]. Planavila *et al.* indicated that NF- κ B activation down-regulates PPAR δ activity, leading to a fall in fatty acid oxidation through a mechanism involving enhanced protein-protein interaction between the p65 subunit of NF- κ B and PPAR δ . PPAR δ agonist, L-165041 inhibits phenylephrine-induced cardiac hypertrophy in cultured neonatal rat cardiomyocytes and lipopolysaccharide (LPS)-induced NF- κ B activation in embryonic rat heart-derived H9c2 cells [43, 44]. Ding *et al.* also confirmed that activation of PPAR δ using GW0742 or adenovirus-mediated PPAR δ overexpression abrogates LPS-induced NF- κ B activation [45]. But there is a sharp contrast about the mechanism of NF- κ B inactivation by PPAR δ agonists. Former group reported L-165041 did not affect the protein level of I κ Bs, the latter group indicated that PPAR δ activation prevented I κ B proteolysis. More studies may be needed to elucidate the relation between PPAR δ and NF- κ B signaling. For apoptosis, GW501516 treatment protected cells from H₂O₂-induced cell death due to an inhibition of H₂O₂-triggered apoptosis in H9c2 cardiomyoblasts [46].

Oncogenesis and PPAR δ

Overexpression of the adenomatous polyposis coli (APC) tumor suppressor gene product in a genetically engineered colorectal HT29-derived tumor cell line leads to a decrease in PPAR δ mRNA expression. The APC gene and non-steroidal anti-inflammatory drugs (NSAIDs) inhibit tumorigenesis by inhibition of PPAR δ [47, 48]. The up-regulation of PPAR δ expression activity has also been confirmed in K-Ras transformed intestinal epithelial cells [49]. PPAR δ agonist, GW501516 accelerates small-intestine polyp growth in APC^{min} mice and tumorigenesis is inhibited in xenografts of PPAR δ $-/-$ colon cancer cells [50, 51]. Those data indicate that PPAR δ activation is prone to increase colorectal cancer. To the contrary, Barak *et al.* reported that PPAR δ has no influence on intestinal multiplicity [12]. Harman *et al.* and Reed *et al.* showed that PPAR δ depletion induces colon carcinogenesis implying a protective effect of PPAR δ against colon carcinogenesis in PPAR δ -deficient APC^{min} mutant mice (which lack a copy of the adenomatous polyposis coli tumor suppressor gene) [52, 53]. Additionally Reed *et al.* showed that PPAR δ is not required for adenoma formation in the context of a defective mismatch repair (MMR) gene leading to a mutator phenotype [54]. Marin *et al.* showed that inhibition of colon polyp multiplicity is found in GW0742 treated PPAR β $+/+$ mice but the inhibitory effect is not observed in PPAR β $-/-$ mice [55]. Therefore a role for PPAR δ in cancer is inconsistent at this time.

Metabolic syndrome and PPAR δ polymorphism

The therapeutic potential of PPAR δ agonists for metabolic syndrome have been confirmed in animal models. In human, cross-sectional studies have reported an association of single nucleotide polymorphisms (SNPs) of the PPAR δ gene with lipid and glucose me-

tabolism. The +294T/C polymorphism in exon 4 of the PPAR δ gene was identified and rare C allele had a higher plasma LDL-cholesterol concentration than homozygotes for the common T allele in middle-aged men [56]. In male subjects with hyperlipidemia from West of Scotland Coronary Prevention Study (WOSCOPS), the C allele carriers had lower HDL cholesterol and homozygotes had a tendency towards a high risk for coronary artery disease (CAD) [57]. The relation between C allele and lower HDL-cholesterol levels was re-confirmed in female [58]. But negative study in German population was also reported [59]. For diabetes mellitus, one cross-sectional study did not find association between PPAR δ polymorphism and type 2 diabetes [60]. Andrulionytė *et al.* found that SNPs in PPAR δ modify the conversion from impaired glucose intolerance (IGT) to type 2 diabetes in combination with the SNPs of PGC-1 α and PPAR γ 2 genes [61]. SNPs of PPAR δ primarily affected insulin sensitivity by modifying glucose uptake in skeletal muscle but not in adipose tissue [62]. Those findings indicate PPAR δ gene might affect lipid and glucose metabolism in human as well as animal models.

Conclusion

New target for metabolic syndrome, PPAR δ activation clearly induces energy dissipation in skeletal muscle and adipose tissue. Furthermore PPAR δ activation reduces hepatic glucose output by increasing glycolysis and the pentose phosphate shunt and promoting fatty acids synthesis in the liver. It will be exciting to determine whether PPAR δ agonists are clinically beneficial for obesity and its associated problems such as type 2 diabetes and hyperlipidemia. However, potential unwanted consequences of PPAR δ activation need to be considered. Further work to elucidate the roles of the PPAR δ in oncogenesis and organ toxicity will be crucial in determining the safety of chronic PPAR δ ligand treatment in human.

References

1. Lefebvre P, Chinetti G, Fruchart JC, Staels B (2006) Sorting out the roles of PPAR α in energy metabolism and vascular homeostasis. *J Clin Invest* 116: 571–580.
2. Semple RK, Chatterjee KK, O'Rahilly S (2006) PPAR γ and human metabolic disease. *J Clin Invest* 116: 581–589.
3. Barish GD, Narkae VA, Evans RM (2006) PPAR δ : a dagger in the heart of the metabolic syndrome. *J Clin*

- Invest* 116: 590–597.
4. Leone TC, Weinheimer CJ, Kelly DP (1999) A critical role for the peroxisome proliferators activated receptor α (PPAR α) in the cellular fasting response: The PPAR α -null mouse as a model of fatty acid oxidation disorders. *Proc Natl Acad Sci USA* 96: 7473–7478.
 5. Kersten S, Seydoux J, Peters JM, Gonzalez FJ, Desvergne B, Wahli W (1999) Peroxisome proliferator-activated receptor α mediates the adaptive response to fasting. *J Clin Invest* 103: 1489–1498.
 6. Eckel RH, Grundy SM, Zimmet PZ (2005) The metabolic syndrome. *Lancet* 365: 1415–1428.
 7. Schmidt A, Endo N, Rutledge SJ, Vogel R, Shinar D, Rodan GA (1992) Identification of a new member of the steroid hormone receptor superfamily that is activated by a peroxisome proliferator and fatty acids. *Mol Endocrinol* 6: 1634–1641.
 8. Escher P, Braissant O, Basu-Modak S, Michalik L, Wahli W, Desvergne B (2001) Rat PPARs: quantitative analysis in adult rat tissues and regulation in fasting and refeeding. *Endocrinology* 142: 4195–4202.
 9. Chawla A, Lee CH, Barak Y, He W, Rosenfeld J, Liao D, Han J, Kang H, Evans RM (2003) PPAR δ is a very low-density lipoprotein sensor in macrophages. *Proc Natl Acad Sci USA* 100: 1268–1273.
 10. Lee CH, Kang K, Mehl IR, Nofsinger R, Alaynick WA, Chong LW, Rosenfeld JM, Evans RM (2006) Peroxisome proliferator-activated receptor δ promotes very low-density lipoprotein-derived fatty acid catabolism in the macrophage. *Proc Natl Acad Sci USA* 103: 2434–2439.
 11. Peters JM, Lee SST, Li W, Ward JM, Gavrilo O, Everett C, Reitman ML, Hudson LD, Gonzalez FJ (2000) Growth, adipose, brain, and skin alterations resulting from targeted disruption of the mouse peroxisome proliferator-activated receptor β (δ). *Mol Cell Biol* 20: 5119–5128.
 12. Barak Y, Liao D, He W, Ong ES, Nelson MC, Olefsky JM, Boland R, Evans RM (2002) Effects of peroxisome proliferator-activated receptor δ on placentation, adiposity, and colorectal cancer. *Proc Natl Acad Sci USA* 99: 303–308.
 13. Michalik L, Desvergne B, Tan NS, Basu-Modak S, Escher P, Rieusset J, Peters JM, Kaya G, Gonzalez FJ, Zakany J, Metzger D, Chambon P, Duboule D, Wahli W (2001) Impaired skin wound healing in peroxisome proliferator-activated receptor (PPAR) α and PPAR β mutant mice. *J Cell Biol* 154: 799–814.
 14. Nadra K, Anghel SI, Joye E, Tan NS, Basu-Modak S, Treno D, Wahli W, Desvergne B (2006) Differentiation of trophoblast giant cells and their metabolic functions are dependent on peroxisome proliferator-activated receptor β (δ). *Mol Cell Biol* 26: 3266–3281.
 15. Bastie C, Holst D, Gaillard D, Jehl-Pietri C, Grimaldi PA (1999) Expression of peroxisome proliferator-activated receptor PPAR δ promotes induction of PPAR γ and adipocyte differentiation in 3T3C2 fibroblast. *J Biol Chem* 274: 21920–21925.
 16. Bastie C, Luquet S, Holst D, Jehl-Pietri C, Grimaldi PA (2000) Alterations of peroxisome proliferator-activated receptor δ activity affect fatty acid-controlled adipose differentiation. *J Biol Chem* 275: 38768–38773.
 17. Hansen JB, Zhang H, Rasmussen TH, Petersen RK, Flindt EN, Kristiansen K (2001) Peroxisome proliferator-activated receptor δ (PPAR δ)-mediated regulation of preadipocyte proliferation and gene expression is dependent on cAMP signaling. *J Biol Chem* 276: 3175–3182.
 18. Wang YX, Lee CH, Tiep S, Yu RT, Ham J, Kang H, Evans RM (2003) Peroxisome proliferator-activated receptor δ activates fat metabolism to prevent obesity. *Cell* 113: 159–170.
 19. Oram JF, Heinecke JW (2005) ATP-binding cassette transporter A1: a cell cholesterol exporter that protects against cardiovascular disease. *Physiol Rev* 85: 1343–1372.
 20. Leibowitz MD, Fiévet C, Hennuyer N, Peinado-Onsurb J, Duez H, Berger J, Cullinan CA, Sparrow CP, Baffic J, Berger CD, Santini C, Marquis RW, Tolman RL, Smith RG, Moller DE, Auwerx J (2000) Activation of PPAR δ alters lipid metabolism in db/db mice. *FEBS Lett* 473: 333–336.
 21. Oliver WR Jr, Shenk JL, Snaith MR, Russell CS, Plunket KD, Bodkin NL, Lewis MC, Winegar DA, Sznaidman ML, Lambert MH, Xu HE, Sternbach DD, Klierer SA, Hansen BC, Willson TM (2001) A selective peroxisome proliferator-activated receptor δ promotes reverse cholesterol transport. *Proc Natl Acad Sci USA* 98: 5306–5311.
 22. Van der Veen JN, Kruit JK, Havinga R, Baller JFW, CHimini G, Lestavel S, Staels B, Groot PHE, Groen AK, Kuipers F (2006) Reduced cholesterol absorption upon PPAR δ activation coincides with decreased intestinal expression of NPC1L1. *J Lipid Res* 46: 526–534.
 23. Akiyama TE, Lambert G, Nicol CJ, Matsusue K, Peters JM, Brewer HB Jr, Gonzalez FJ (2004) Peroxisome proliferator-activated receptor β/δ regulates very low density lipoprotein production and catabolism in mice on a western diet. *J Biol Chem* 279: 20874–20881.
 24. Vosper H, Patel L, Graham TL, Khoudoli GA, Hill A, Macphee CH, Pinto I, Smith SA, Suckling KE, Wolf CR, Palmer CAN (2001) The peroxisome proliferator-activated receptor δ promotes lipid accumulation in human macrophages. *J Biol Chem* 276: 44258–44265.
 25. Zhang J, Fu M, Zhu X, Xiao Y, Mou Y, Zheng H, Akinbami MA, Wang Q, Chen YE (2002) Peroxisome proliferator-activated receptor δ is up-regulated during vascular lesion formation and promotes post-confluent cell proliferation in vascular smooth muscle cells. *J*

- Biol Chem* 277: 11505–11512.
26. Libby P (2002) Inflammation in atherosclerosis. *Nature* 420: 868–874.
 27. Welch JS, Ricote M, Akiyama TE, Gonzalez FJ, Glass CK (2003) PPAR γ and PPAR δ negatively regulate specific subsets of lipopolysaccharide and IFN- γ target genes in macrophages. *Proc Natl Acad Sci USA* 100: 6712–6717.
 28. Lee CH, Chawla A, Urbiztondo N, Liao D, Boisvert WA, Evans RM (2003) Transcriptional repression of atherogenic inflammation: modulation by PPAR δ . *Science* 302: 453–457.
 29. Li AC, Binder CJ, Gutierrez A, Brown KK, Plotkin CR, Pattison JW, Valledor AF, Davis RA, Willson TM, Witztum JL, Palinski W, Glass CK (2004) Differential inhibition of macrophage foam-cell formation and atherosclerosis in mice by PPAR α , β/δ , γ . *J Clin Invest* 114: 1564–1576.
 30. Graham TL, Mookherjee C, Suckling KE, Palmer CNA, Patel L (2005) The PPAR δ agonist GW0742X reduces atherosclerosis in LDLR $-/-$ mice. *Atherosclerosis* 181: 29–37.
 31. Muoio DM, MacLean PS, Lang DB, Li S, Houmard JA, Way JM, Winegar DA, Corton JC, Dohm GL, Kraus WE (2002) Fatty acid homeostasis and induction of lipid regulatory genes in skeletal muscles of peroxisome proliferator-activated receptor (PPAR) α knock-out mice. *J Biol Chem* 277: 26089–26097.
 32. Tanaka T, Yamamoto J, Iwasaki S, Asaba H, Hamura H, Ikeda Y, Watanabe M, Magoori K, Ioka RX, Tachibana K, Watanabe Y, Uchiyama Y, Sumi K, Iguchi H, Ito S, Doi T, Hamakubo T, Naito M, Auwerx J, Yanagisawa M, Kodama T, Sakai J (2003) Activation of peroxisome proliferator-activated receptor δ induces fatty acid β -oxidation in skeletal muscle and attenuates metabolic syndrome. *Proc Natl Acad Sci USA* 100: 15924–15929.
 33. Dressel U, Allen TL, Pippal JB, Rohde PR, Lau P, Muscat GEO (2003) The peroxisome proliferators-activated receptor β/δ agonist, GW501516, regulates the expression of genes involved in lipid catabolism and energy uncoupling in skeletal muscle cells. *Mol Endocrinol* 17: 2477–2493.
 34. Holst D, Luquet S, Nogueira V, Kristiansen K, Leverve X, Grimaldi PA (2003) Nutritional regulation and role of peroxisome proliferator-activated receptor δ in fatty acid catabolism in skeletal muscle. *Biochim Biophys Acta* 1633: 43–50.
 35. Luquet S, Lopez-Soriano J, Holst D, Fredenrich A, Melki J, Rassoulzadegan M, Grimaldi PA (2003) Peroxisome proliferator-activated receptor δ controls muscle development and oxidative capability. *FASEB J* 17: 2299–2301.
 36. Wang YX, Zhang CL, Yu RT, Cho HK, Nelson MC, Bayuga-Ocampo CR, Ham J, Kang H, Evans RM (2004) Regulation of muscle fiber type and running endurance by PPAR δ . *PLoS Biol* 2: e294.
 37. Krämer DK, Al-Khalili L, Perrini S, Skogsberg J, Wretenberg P, Kannisto K, Wallberg-Henriksson H, Ehrenborg E, Zierath JR, Krook A (2005) Direct activation of glucose transport in primary human myotubes after activation of peroxisome proliferator-activated receptor δ . *Diabetes* 54: 1157–1163.
 38. Lee CH, Olson P, Hevener A, Mehl I, Chong LW, Olefsky JM, Gonzalez FJ, Ham J, Kang H, Peters JM, Evans RM (2006) PPAR δ regulates glucose metabolism and insulin sensitivity. *Proc Natl Acad Sci USA* 103: 3444–3449.
 39. Gilde AJ, van der Lee KAJM, Willemssen PHM, Chinetti G, van der Leij FR, van der Vusse GJ, Staels B, van Bilsen M (2003) Peroxisome proliferator-activated receptor (PPAR) α and PPAR β/δ , but not PPAR γ , modulate the expression of genes involved in cardiac lipid metabolism. *Circ Res* 92: 518–524.
 40. Cheng L, Ding G, Qin Q, Xiao Y, Woods D, Chen YE, Yang Q (2004) Peroxisome proliferators-activated receptor δ activates fatty acid oxidation in cultured neonatal and adult cardiomyocytes. *Biochem Biophys Res Commun* 313: 277–286.
 41. Cheng L, Ding G, Qin Q, Huang Y, Lewis W, He N, Evans RM, Schneider MD, Brako FA, Xiao Y, Chen YE, Yang Q (2004) Cardiomyocyte-restricted peroxisome proliferator-activated receptor- δ deletion perturbs myocardial fatty acid oxidation and leads to cardiomyopathy. *Nat Med* 10: 1245–1250.
 42. Petrashevskaya NN, Schwarz A (2005) Peroxisome proliferators-activated receptor β/δ : A new antihypertrophic drug target? *Cardiovasc Res* 65: 770–771.
 43. Planavila A, Laguna JC, Vázquez-Carrera M (2005) Nuclear factor- κ B activation leads to down-regulation of fatty acid oxidation during cardiac hypertrophy. *J Biol Chem* 280: 17464–17471.
 44. Planavila A, Rodríguez-Calvo R, Jové M, Michalik L, Wahli W, Laguna JC, Vázquez-Carrera M (2005) Peroxisome proliferators-activated receptor β/δ activation inhibits hypertrophy in neonatal rat cardiomyocytes. *Cardiovasc Res* 65: 832–841.
 45. Ding G, Cheng L, Qin Q, Frontin S, Yang Q (2006) PPAR δ modulates lipopolysaccharide-induced TNF α inflammation signaling in cultured cardiomyocytes. *J Mol Cell Cardiol* 40: 821–828.
 46. Pesant M, Sueur S, Dutarte P, Tallandier M, Grimaldi PA, Rochette L, Connat JL (2006) Peroxisome proliferators-activated receptor δ (PPAR δ) activation protects H9c2 cardiomyoblasts from oxidative stress-induced apoptosis. *Cardiovasc Res* 69: 440–449.
 47. He TC, Chan TA, Vogelstein B, Kinzler KW (1999) PPAR δ is an APC-regulated target of nonsteroidal anti-inflammatory drugs. *Cell* 99: 335–345.
 48. Gupta RA, Tan J, Krause WF, Geraci MW, Willson

- TM, Dey SK, DuBois RN (2000) Prostacyclin-mediated activation of peroxisome proliferator-activated receptor δ in colorectal cancer. *Proc Natl Acad Sci USA* 97: 13275–13280.
49. Shao J, Sheng H, DuBois RN (2002) Peroxisome proliferator-activated receptors modulate K-Ras-mediated transformation of intestinal epithelial cells. *Cancer Res* 62: 3282–3288.
 50. Gupta RA, Wang D, Katkuri S, Wang H, Dey SK, DuBois RN (2004) Activation of nuclear hormone receptor peroxisome proliferator-activated receptor- δ accelerates intestinal adenoma growth. *Nat Med* 10: 245–247.
 51. Park BH, Vogelstein B, Kinzler KW (2001) Genetic disruption of PPAR δ decreases the tumorigenicity of human colon cancer cells. *Proc Natl Acad Sci USA* 98: 2598–2603.
 52. Harman FS, Nicol CJ, Marin HE, Ward JM, Gonzalez FJ, Peters JM (2004) Peroxisome proliferator-activated receptor- δ attenuates colon carcinogenesis. *Nat Med* 10: 481–483.
 53. Reed KR, Sansom OJ, Hayes AJ, Gescher AJ, Winton DJ, Peters JM, Clarke AR (2004) PPAR δ status and Apc-mediated tumourigenesis in the mouse intestine. *Oncogene* 23:8992–8996.
 54. Reed KR, Sansom OJ, Hayes AJ, Gescher AJ, Peters LM, Clarke AR (2006) PPAR δ status and mismatch repair mediated neoplasia in the mouse intestine. *BMC Cancer* 6:113.
 55. Marin HE, Peraza MA, Billin AN, Willson TM, Ward JM, Kennett MJ, Gonzales FJ, Peters JM (2006) Ligand activation of peroxisome proliferator-activated receptor- β inhibits colon carcinogenesis. *Cancer Res* 66: 4394–4401.
 56. Skogsberg J, Kannisto K, Cassel TN, Hamsten A, Eriksson P, Ehrenborg E (2003) Evidence that peroxisome proliferator-activated receptor delta influences cholesterol metabolism in men. *Arterioscler Thromb Vasc Biol* 23: 637–643.
 57. Skogsberg J, McMahon AD, Karpe F, Hamsten A, Packard CJ, Ehrenborg E (2003) Peroxisome proliferator-activated receptor delta genotype in relation to cardiovascular risk factors and risk of coronary heart disease in hypercholesterolaemic men. *J Int Med* 254: 597–604.
 58. Aberle J, Hopfer I, Beil FU, Seedorf U (2006) Association of the T+294C polymorphism in PPAR δ with low cholesterol and coronary heart disease risk in women. *Int J Med Sci* 3: 108–111.
 59. Gouni-Berthold I, Giannakidou E, Faust M, Berthold HK, Krone W (2005) The peroxisome proliferator-activated receptor delta +294T/C polymorphism in relation to lipoprotein metabolism in patients with diabetes mellitus type 2 and in non-diabetic controls. *Atherosclerosis* 183: 336–341.
 60. Shin HD, Park BL, Kim LH, Jung HS, Cho YM, Moon MK, Park YJ, Lee HK, Park KS (2004) Genetic polymorphisms in peroxisome proliferator-activated receptor δ associated with obesity. *Diabetes* 53: 847–851.
 61. Andrulionytė L, Peltola P, Chiasson JL, Laakso M (2006) Single nucleotide polymorphisms of PPARD in combination with the Gly482Ser substitution of PGC-1A and the Pro12Ala substitution of PPARG2 predict the conversion from impaired glucose tolerance to type 2 diabetes. *Diabetes* 55: 2148–2152.
 62. Vääntinen M, Nuutila P, Kuulasmaa T, Pihlajamäki J, Hällsten K, Virtanen KA, Lautamäki R, Peltoniemi P, Takala T, Viljanen APM, Knuuti J, Laakso M (2005) Single nucleotide polymorphisms in the peroxisome proliferator-activated receptor δ gene are associated with skeletal muscle glucose uptake. *Diabetes* 54: 3587–3591.