Endocrine Journal 2013, **60** (2), 231-236

NOTE

Neuromuscular symptoms in a patient with familial pseudohypoparathyroidism type Ib diagnosed by methylation-specific multiplex ligation-dependent probe amplification

Keisuke Nagasaki[1), 2)]*, Shuichi Tsuchiya[3)]*, Akihiko Saitoh[2)], Tsutomu Ogata[1), 4)] and Maki Fukami[1)]

[1)] *Department of Molecular Endocrinology, National Research Institute for Child Health and Development, Tokyo 157-8535, Japan*
[2)] *Division of Pediatrics, Department of Homeostatic Regulation and Development, Niigata University Graduate School of Medical and Dental Sciences, Niigata 951-8510, Japan*
[3)] *Department of Pediatrics, Ojiya general Hospital, Niigata 947-8641, Japan*
[4)] *Department of Pediatrics, Hamamatsu University School of Medicine, Hamamatsu 431-3192, Japan*

Abstract. Pseudohypoparathyroidism type Ib (PHP-Ib) is a rare genetic disorder characterized by hypocalcemia and hyperphosphatemia due to imprinting defects in the maternally derived *GNAS* allele. Patients with PHP-Ib are usually identified by tetany, convulsions, and/or muscle cramps, whereas a substantial fraction of patients remain asymptomatic and are identified by familial studies. Although previous studies on patients with primary hypoparathyroidism have indicated that hypocalcemia can be associated with various neuromuscular abnormalities, such clinical features have been rarely described in patients with PHP-Ib. Here, we report a 12-year-old male patient with familial PHP-Ib and unique neuromuscular symptoms. The patient presented with general fatigue, steppage gait, and myalgia. Physical examinations revealed muscular weakness and atrophies in the lower legs, a shortening of the bilateral Achilles' tendons and absence of deep tendon reflexes. Laboratory tests showed hypocalcemia, hyperphosphatemia, elevated serum intact PTH level, and impaired responses of urinary phosphate and cyclic AMP in an Ellsworth-Howard test, in addition to an elevated serum creatine kinase level. Clinical features of the patient were significantly improved after 1 month of treatment with alfacalcidol and calcium. Methylation-specific multiplex ligation-dependent probe amplification (MS-MLPA) and subsequent PCR analyses identified a methylation defect at exon A/B of *GNAS* and a microdeletion involving exons 4-6 of the *GNAS* neighboring gene *STX16* in the patient and in his asymptomatic brother. The results suggest that various neuromuscular features probably associated with hypocalcemia can be the first symptoms of PHP-Ib, and that MS-MLPA serves as a powerful tool for screening of GNAS abnormalities in patients with atypical manifestations.

Key words: Pseudohypoparathyroidism type Ib (PHP-Ib), Neuromuscular symptoms, Hypocalcemia, *STX16,* Methylation-specific multiplex ligation-dependent probe amplification (MS-MLPA)

PSEUDOHYPOPARATHYROIDISM (PHP; MIM 103580) is a genetically heterogeneous condition characterized by hypocalcemia and hyperphosphatemia resulting from end-organ resistance to PTH [1]. PHP is classified into 2 subtypes, PHP-Ia and -Ib, according to the molecular causes and clinical features of the patients [1]. PHP-Ia results from loss-of-function mutations in the maternally derived *GNAS* gene that encodes the stimulatory G protein α-subunit [1]. Patients with PHP-Ia manifest multiple hormone resistance and characteristic physical stigmata such as short stature, obesity, round face, brachydactyly, subcutaneous ossification, and mild to moderate mental retardation, which are collectively referred to as Albright's hereditary osteodystrophy (AHO) [1, 2].

PHP-Ib is caused by imprinting defects of the maternally derived *GNAS* allele; patients with this condi-

Submitted Jul. 17, 2012; Accepted Oct. 14, 2012 as EJ12-0257
Released online in J-STAGE as advance publication Oct. 25, 2012
Correspondence to: Keisuke Nagasaki, Division of Pediatrics, Department of Homeostatic Regulation and Development, Niigata University Graduate School of Medical and Dental Sciences, Niigata, 951-8510, Japan. E-mail: nagasaki@med.niigata-u.ac.jp
Maki Fukami, Department of Molecular Endocrinology, National Research Institute for Child Health and Development, Tokyo 157-8535, Japan. E-mail: mfukami@nch.go.jp
* K.N. and S.T. contributed equally to this work.

tion show hypomethylation at one or more of the 4 differentially methylated regions (DMRs) of *GNAS* [3-7]. Genetic causes of PHP-Ib include cryptic deletions within the genes neighboring *GNAS*, *STX16* and *NESP55*, and epimutation of *GNAS* DMRs [4, 5]. Patients with PHP-Ib manifest PTH resistance without AHO [1]. These patients are usually identified by hypocalcemia-associated neuromuscular irritability, such as tetany, generalized convulsions, and/or muscle cramps, although a substantial fraction of the patients remain asymptomatic and are identified only by familial studies [6, 7].

Previous studies of patients with primary hypoparathyroidism have shown that hypocalcemia can be associated with various types of neuromuscular symptoms [8, 9]. However, such clinical features have been rarely described in patients with PHP-Ib [10]. Here, we report a Japanese patient with familial PHP-Ib due to an intragenic deletion of *STX16*, who presented with unique neuromuscular symptoms.

Methods

Case report

This male patient was born as the third child to non-consanguineous Japanese parents at 39 weeks of gestation, after an uncomplicated pregnancy and delivery. His birth weight was 3482 g (+1.1 SD) and length 50 cm (+0.7 SD). Neonatal screening tests were normal. His postnatal growth and development were uneventful.

From the age of 6 years, he had general fatigue. At 12 years of age, he was seen by a local doctor because of general fatigue, gait disturbance, and myalgia in the lower legs. He was suspected to have congenital myopathy, and was referred to our clinic for further investigation. His height and weight at the time of examination were 161.4 cm (+1.1 SD) and 42.4 kg (-0.2 SD), respectively. Physical examinations revealed muscular atrophies with weakness in the lower legs, a shortening of the bilateral Achilles' tendons and absence of deep tendon reflexes. He showed a high stepping gait with markedly reduced strength of dorsiflexors of the ankles. Sense of touch and temperature was normal. The Chvostek's sign was positive, while the Trousseau's sign was negative. He had neither AHO stigmata nor episodes of tetany or convulsions. Laboratory examinations revealed hypocalcemia, hyperphosphatemia, and an elevated serum intact PTH level, together with decreased urinary calcium excretions (Table 1). Serum creatine kinase (CK) level was markedly elevated. An Ellsworth-Howard test showed impaired responses of both urinary phosphaturic and cyclic AMP levels (Table 1). The TSH level was slightly elevated, while free T4 and gonadotropin levels were within the normal range. The serum 1,25-dihydroxy vitamin D (1,25(OH)2D) level was mildly elevated. Head computerized tomography (CT) delineated symmetric calcifications of the basal ganglia and thalami, and subcortical calcification of the right middle frontal gyrus. Dual-energy X-ray absorptiometry (DEXA) revealed decreased bone mineral density at the lumbar spine (L2-L4) (0.640 g/cm^2, -2.9 SD). Based on these data, we diagnosed him as having PHP-Ib with neuromuscular symptoms. After 1 month of treatment with alfacalcidol (1.5 μg/day) and calcium lactate (3.0 g/day), his general fatigue, gait disturbance, and myalgia were markedly improved.

The 15-year-old brother of the patient manifested no clinically discernible phenotype; the brother had no gait disturbance or muscle weakness. Furthermore, physical examinations revealed neither muscular atrophy nor neurologic abnormalities. However, laboratory examinations detected an elevated serum intact PTH level, although serum calcium level was within the normal range (Table 1). Thus, the brother was also suspected as having PHP-Ib. The brother manifested mildly elevated serum 1,25(OH)2D level.

The 50-year-old father and 17-year-old sister were clinically normal. The mother, deceased at 49 years of age of an unknown cause, allegedly had no clinical symptoms indicative of PHP. Endocrine studies revealed no abnormalities in the father, sister, or mother (Table 1).

Molecular analyses

This study was approved by the Institutional Review Board Committee at the National Center for Child Health. After obtaining written informed consent, we extracted genomic DNA from leukocytes of the patient and his brother and father.

We examined mutations in the coding region of *GNAS* by direct sequencing, and copy number alternations and methylation defects in the *GNAS*-flanking region by methylation-specific multiplex ligation-dependent probe amplification (MS-MLPA), using a commercially available probe mix (SALSA MLPA kit, ME031-A1) (MRC-Holland, Amsterdam, The Netherlands). To confirm the results of MS-MLPA, we performed PCR analyses using forward and reverse

Table 1 Laboratory findings of the patient and his family members

	Patient	Brother	Father	Mother	Sister	Reference range
Age at the examinations (years)	12	15	50	43	17	
Height (cm) (SDS)	161.4 (+1.1)	171 (+0.1)	N.A.	N.A.	N.A.	
Weight (kg) (SDS)	42.4 (-0.2)	53 (-0.9)	N.A.	N.A.	N.A.	
<Blood>						
Intact PTH (pg/mL)	**430**	**254**	26	44	26	10-65
Calcium (mg/dL)	**6.4**	8.9	9.3	8.7	9.2	8.5-10.2
Phosphate (mg/dL)	**9.1**	**5.2**	2.9	3.8	3.4	2.4-4.3
Magnesium (mg/dL)	1.8	2.0	N.A.	N.A.	N.A.	1.8-2.5
Na (mEq/L)	142	140	N.A.	N.A.	N.A.	135-147
K (mEq/L)	4.1	4.0	N.A.	N.A.	N.A.	3.6-5.0
Creatinine (mg/dL)	0.6	0.7	N.A.	N.A.	N.A.	0.4-1.1
Alb (g/dL)	4.9	4.5	N.A.	N.A.	N.A.	3.9-5.1
CK (IU/L)	**741**	136	N.A.	N.A.	N.A.	0-170
ALP (IU/L)	**1809** (388-1190)[a]	648 (225-680)[a]	N.A.	N.A.	N.A.	
1,25(OH)2D (pg/mL)	**69**	**79**	N.A.	N.A.	N.A.	20-60
TSH (mU/L)	**5.6**	4.1	N.A.	N.A.	N.A.	0.5-5.0
Free T4 (ng/dL)	1.0	1.0	N.A.	N.A.	N.A.	0.9-1.6
<Urine>						
Calcium/Creatinine ratio	**0.004**	**0.008**	N.A.	N.A.	N.A.	0.08-0.20
%TRP	**99.6**	**99.6**	N.A.	N.A.	N.A.	89.6-93.6
<Ellsworth-Howard test>						
Urinary phosphate (mg/2 hrs)[b]	**8.33**	N.A.	N.A.	N.A.	N.A.	≥30
Urinary cAMP (μmol/hr)[c]	**0.029**	N.A.	N.A.	N.A.	N.A.	≥1.0

The conversion factors to the international system of units (SI unit) are as follows: intact PTH 1.0 (ng/L), serum calcium 0.25 (mmol/L), serum phosphate 0.3229 (mmol/L) serum magensium 0.411 (mmol/L), serum sodium 1.0 (mmol/L), serum potassium 1.0 (mmol/L), serum creatine 88.4 (μmol/L), serum albumin 10 (g/L), serum 1,25(OH)2D 2.6 (pmol/L), serum Free T4 12.9 (pmol/L). Hormone values have been evaluated by the age- and sex-matched Japanese reference data; abnormal data are in bold.
[a] The values in parentheses indicate the age-and sex-matched reference laboratory data.
[b] Urinary phosphate denotes the increment of 2 hours urinary excretion of phosphate after injection of human PTH (100 unit).
[c] Urinary cAMP denote the increment of 1 hour urinary cAMP excretion after injection of human PTH (100 unit).
N.A., not analysed; CK, creatine kinase; 1,25(OH)2D, 1,25-dihydroxy vitamin D; %TRP, % tubular reabsorption of phosphate

primers that hybridize to introns 3 and 6 of *STX16*, respectively [4].

Results

Direct sequence analysis for the patient identified no mutation in the coding region of *GNAS*. However, MS-MLPA revealed decreased peak heights of probes that correspond to exons 5 and 6 of *STX16*, indicating a heterozygous deletion within *STX16*. In addition, MS-MLPA indicated hypomethylation at *GNAS* exon A/B and a normal methylation pattern of the other 3 *GNAS* DMRs (Fig. 1A, B). Subsequent PCR analyses showed the presence of a heterozygous 3 kb deletion involving exons 4-6 of *STX16* (STX16Δexons 4-6) (Fig. 1C). The microdeletion and methylation defect were also observed in the brother, but not in the father. DNA samples of the mother and the sister were not available for genetic analyses.

Discussion

We report here a Japanese patient with PHP-Ib, who was identified by general fatigue, gait disturbance, and myalgia in the lower legs. He showed muscular atrophies in the lower legs, a shortening of the bilateral Achilles' tendons, absence of deep tendon reflexes, and an elevated serum CK value. Such clinical features are indicative of neuromuscular symptoms, although a detailed neurological workup was not performed for

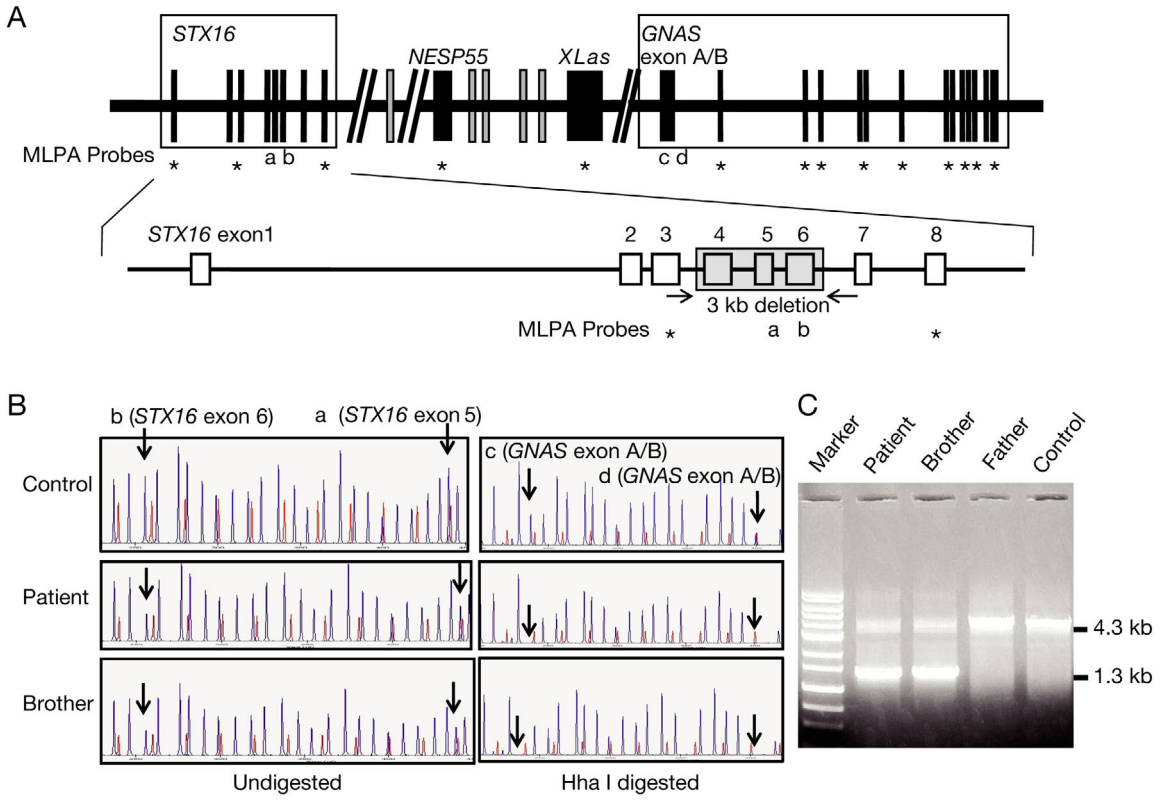

Fig. 1 Molecular analysis of the patient and his family members.

A, Schematic representation of the genomic region around *GNAS*. Upper panel: The loci examined by methylation-specific multiplex ligation-dependent probe amplification (MS-MLPA) are indicated by letters (a-d) and asterisks. Lower panel: Microdeletion identified in the patient and his brother. Horizontal arrows indicate the binding sites of the primers used for PCR analysis.

B, Representative results of MS-MLPA. Left panel: Decreased peak heights with probes a and b in the patient and his brother indicate heterozygous deletion involving exons 5 and 6 of *STX16*. Right panel: Absence of peaks with probes c and d indicate hypomethylation of *GNAS* exon A/B.

C, PCR analysis using a primer pair flanking the deletion. Both the 4.3 kb (wild-type) and 1.3 kb (STX16Δexons4-6) products were amplified from the patient and his brother, while only the 4.3 kb product was obtained from the father and the control individual.

this patient. In this regard, it is noteworthy that peripheral neuropathy and metabolic myopathy have been reported in patients with primary hypoparathyroidism [8, 9], whereas such symptoms have not been described in patients with PHP, except for mildly elevated blood CK and lactate dehydrogenase (LDH) levels in a single case of PHP-Ia [10]. Moreover, *in vitro* experiments showed that calcium concentration affects excitability at neuromuscular junctions [11]. Thus, the neuromuscular symptoms of our patient are likely to be associated with hypocalcemia. A significant improvement in the clinical features of the patient after 1 month of treatment with alfacalcidol and calcium supports this hypothesis. However, we cannot exclude the possibility that other factors such as vitamin D deficiency may also have played a role in the development of these features. Indeed, slightly elevated serum levels of ALP and 1,25(OH)2D in the patient are consistent with mild vitamin D deficiency [12]. On the other hand, since serum 1,25(OH)2D levels were similarly elevated in the patient and his asymptomatic brother, phenotypic variation in this family can not be explained by vitamin D deficiency. These results indicate that neuromuscular features probably associated with hypocalcemia can be the first symptoms of PHP-Ib. Nevertheless, this notion is based on observations of a single case, and

requires further investigations.

Both the patient and his brother carried a heterozygous STX16Δexons4-6. Although DNA samples of the mother were not available for genetic analyses, the absence of the deletion in the father indicated the maternal inheritance of the deletion. It has been shown that maternally inherited STX16Δexons4-6 (STX16Δexons4-6mat) is associated with hypomethylation at *GNAS* exon A/B, whereas *GNAS* epimutations are usually accompanied by methylation defects not only at exon A/B but also at other *GNAS* DMRs [3, 7]. These results suggest that the 3 kb region around exon 4-6 of *STX16* contains a cis-acting element that regulates methylation status at *GNAS* exon A/B. Consistent with this, our patient and his brother had methylation defects exclusively at exon A/B. Further studies are necessary to clarify the mechanism by which a DNA element >200 kb from *GNAS* controls the methylation status at exon A/B.

Clinical severities of patients with PHP-Ib are known to be variable [6, 7]. Notably, Linglart *et al.* have shown that STX16Δexons4-6mat is often associated with a mild phenotype. They found that about 40% of patients carrying this microdeletion remained asymptomatic, and more than 50% of asymptomatic individuals had normocalcemia at the time of diagnosis [7]. Consistent with this, our patient and his brother lacked typical PHP-Ib features such as tetany, generalized convulsions, or muscle cramps. Furthermore, the brother had normocalcemia. These results suggest that physical examinations and measurement of serum calcium levels are not sufficient to identify patients with PHP-Ib, and that genetic analyses or detailed endocrine evaluations, such as measurement of intact PTH levels and an Ellsworth-Howard test, are necessary for patients with atypical manifestations. In this context, although STX16Δexons4-6mat is the most frequent genetic cause of familial PHP-Ib [7], microdeletions affecting *NESP55* as well as epimutations of *GNAS* DMR also account for etiology of PHP-Ib [5, 7]. Since MS-MLPA is capable of detecting both copy number abnormalities and methylation defects in the *GNAS*-flanking region in a single assay, this method should be particularly useful for the molecular diagnosis of PHP-Ib.

In summary, the present study provides that various neuromuscular features probably associated with hypocalcemia can be the first symptoms of PHP-Ib, and suggests that MS-MLPA serves as a powerful tool for screening of *GNAS* abnormalities in patients with atypical manifestations.

Acknowledgments

We thank Dr. K. Kanno (Ojiya General Hospital) for providing us the blood samples of the family. We are also grateful to Ms. T. Tanji and E. Suzuki (National Research Institute for Child Health and Development) for their technical assistance, and Dr. J. Tohyama (Department of Pediatrics, Epilepsy Center, Nishi-Niigata Chuo National Hospital) for his fruitful discussion.

References

1. Levine MA (2000) Clinical spectrum and pathogenesis of pseudohypoparathyroidism. *Rev Endocr Metab Disord* 1: 265-274.
2. Weinstein LS, Yu S, Warner DR, Liu J (2001) Endocrine manifestations of stimulatory G protein alpha-subunit mutations and the role of genomic imprinting. *Endocr Rev* 22: 675-705.
3. Liu J, Litman D, Rosenberg MJ, Yu S, Biesecker LG, et al. (2000) A GNAS1 imprinting defect in pseudohypoparathyroidism type IB. *J Clin Invest* 106: 1167-1174.
4. Bastepe M, Frohlich LF, Hendy GN, Indridason OS, Josse RG, et al. (2003) Autosomal dominant pseudohypoparathyroidism type Ib is associated with a heterozygous microdeletion that likely disrupts a putative imprinting control element of GNAS. *J Clin Invest* 112: 1255-1263.
5. Bastepe M, Frohlich LF, Linglart A, Abu-Zahra HS, Tojo K, et al. (2005) Deletion of the NESP55 differentially methylated region causes loss of maternal GNAS imprints and pseudohypoparathyroidism type Ib. *Nat Genet* 37: 25-27.
6. Kinoshita K, Minagawa M, Takatani T, Takatani R, Ohashi M, et al. (2011) Establishment of diagnosis by bisulfite-treated methylation-specific PCR method and analysis of clinical characteristics of pseudohypoparathyroidism type 1b. *Endocr J* 58: 879-887.
7. Linglart A, Gensure RC, Olney RC, Juppner H, Bastepe M (2005) A novel STX16 deletion in autosomal dominant pseudohypoparathyroidism type Ib redefines the

boundaries of a cis-acting imprinting control element of GNAS. *Am J Hum Genet* 76: 804-814.
8. Kruse K, Scheunemann W, Baier W, Schaub J (1982) Hypocalcemic myopathy in idiopathic hypoparathyroidism. *Eur J Pediatr* 138: 280-282.
9. Goswami R, Bhatia M, Goyal R, Kochupillai N (2002) Reversible peripheral neuropathy in idiopathic hypoparathyroidism. *Acta Neurol Scand* 105: 128-131.
10. Piechowiak H, Grobner W, Kremer H, Pongratz D, Schaub J (1981) Pseudohypoparathyroidism and hypocalcemic "myopathy". A case report. *Klin Wochenschr* 59: 1195-1199.
11. Elmqvist D, Feldman DS (1965) Calcium dependence of spontaneous acetylcholine release at mammalian motor nerve terminals. *J Physiol* 181: 487-497.
12. Bringhurst FR, Demay MB, Kronenberg HM (2011) Hormones and disorders of mineral metabolism. In: Melmed S, Polonsky KS, Larson PR, Kronenberg HM (ed). Williams Textbook of endocrinology (12th). Saunders, Philadelphia: 1237-1304.