

# Taxanes Plus Trastuzumab Compared To Oral Vinorelbine Plus Trastuzumab in HER2-Overexpressing Metastatic Breast Cancer

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## Keywords

Brain metastases · Metastatic breast cancer ·  
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## Summary

**Background:** This retrospective analysis was planned as a direct comparison of taxanes plus trastuzumab to the less toxic combination of oral vinorelbine (OV) plus trastuzumab as a first-line therapy for metastatic HER2-positive breast cancer. **Patients and Methods:** Patients (n = 76) receiving either taxanes (group A) or OV (group B) in combination with trastuzumab were identified from a breast cancer database. Progression-free survival (PFS) was defined as the primary study endpoint; secondary endpoints were overall survival (OS), response rate (RR), incidence of brain metastases, and brain metastases-free survival (BMFS). **Results:** 36 patients received taxanes and 40 patients OV in combination with trastuzumab. At a median follow-up of 47.5 months, median PFS was 7 months (group A) and 9 months in group B (log-rank; non-significant), respective numbers for OS were 49 and 59 months (p = 0.033). The incidence of brain metastases did not differ significantly between the 2 treatment groups, whereas BMFS was significantly longer in pa-

tients receiving OV. **Conclusions:** OV plus trastuzumab yielded similar results in terms of PFS and RR and was superior in terms of OS and BMFS. These results add to the growing body of evidence that vinorelbine is a viable alternative to taxanes in HER2-positive metastatic breast cancer.

## Introduction

Vinorelbine (5'-noranhydrovinblastine) is a third-generation vinca alkaloid with anti-microtubule properties [1]. In a preclinical model, Pegram and co-workers suggested synergistic activity for the combination of vinorelbine and trastuzumab [2]. In vivo, the results of 2 randomized studies showed comparable activity of intravenous vinorelbine and taxanes in HER2-positive breast cancer patients receiving chemotherapy plus trastuzumab, although 1 of these studies was discontinued prematurely due to poor recruitment [3, 4]. Both studies reported a consistent lower toxicity rate in the respective vinorelbine arms. Another potential advantage of vinorelbine is the availability of an oral formulation. Although oral vinorelbine (OV) in general provides similar activity as compared to

**Table 1.** Patient characteristics (separated for groups A and B)

Characteristics	Group A	Group B	p*
Entered, n	36	40	
Median age at breast cancer diagnosis, years (range)	45.5 (36–64)	56 (28–83)	
Patients ≥ 65 years	–	9 (22.5%)	0.003
Oestrogen receptor positive	18 (50%)	15 (37.5%)	n.s.
Her2-positive	36 (100%)	40 (100%)	–
Grading 3	26 (72.2%)	32 (80%)	n.s.
Invasive ductal carcinoma	27 (75%)	33 (82.5%)	n.s.
Stage at primary diagnosis			
Localized	28 (77.8%)	34 (85%)	n.s.
Metastatic	8 (22.2%)	6 (15%)	n.s.
Disease-free interval ≤ 24 months	11 (30.5%)	17 (42.5%)	n.s.
Visceral disease	27 (75%)	26 (65%)	n.s.
Adjuvant chemotherapy	20 (55.6%)	25 (62.5%)	n.s.
Adjuvant taxane-based chemotherapy	3 (8.3%)	11 (27.5%)	0.04
Adjuvant endocrine therapy	17 (47.2%)	13 (32.5%)	n.s.
Adjuvant trastuzumab	3 (8.3%)	5 (12.5%)	n.s.
Palliative endocrine therapy before trastuzumab	7 (19.4%)	6 (15%)	n.s.

\* Fisher's exact test.  
n.s. = not significant.

standard intravenous vinorelbine, no direct comparison of OV to taxanes in combination with trastuzumab as first-line therapy of metastatic HER2-positive breast cancer has yet been conducted (and is unlikely to be conducted in the future due to the introduction of novel HER2-targeted drugs) [5, 6]. Therefore, this retrospective chart review was initiated.

A high incidence of brain metastases (BMs) is an important issue with HER2-positive breast cancer [7–9]. Notably, an increased rate of BMs was reported in patients with prior taxane exposure [10]. This led us to investigate whether patients receiving OV as first therapy for HER2-positive metastatic disease had a lower risk of developing BMs or showed longer BM-free survival (BMFS).

## Patients and Methods

Patients with HER2-positive metastatic breast cancer treated with trastuzumab-based first-line chemo-immunotherapy from 2000 until 2010 were identified from a breast cancer database. Information relating to patient demographics, case history, and survival were collected by chart review. This retrospective analysis was conducted in accordance with the ethical regulations of the Medical University of Vienna and approval by the local ethics committee was obtained.

All patients were managed by a dedicated team of breast cancer specialists at an academic breast centre. The decision for treatment of HER2-positive metastatic disease with either taxanes or OV as first-line therapy was taken in an interdisciplinary tumour conference.

### Treatment Plan and Patient Evaluation

Patients received taxanes (docetaxel 75–100 mg/m<sup>2</sup> once every 3 weeks; docetaxel 35 mg/m<sup>2</sup> weekly; paclitaxel 90 mg/m<sup>2</sup> weekly for 3 weeks followed by 1 week of rest; or paclitaxel 175 mg/m<sup>2</sup> once every 3 weeks) or OV (60 mg/m<sup>2</sup> on days 1 and 8 of a 3-week cycle) as the chemotherapy backbone in combination with trastuzumab (4 mg/kg body weight loading dose followed by 2 mg/kg body weight weekly thereafter; or 8 mg/

kg body weight loading dose followed by 6 mg/kg body weight every 3 weeks thereafter) [11].

At initiation of first-line trastuzumab treatment, all patients had computed tomography (CT) scans of chest and abdomen, a bone scan, echocardiography and gynaecological examination with further work-up if indicated. Response was assessed every 9 weeks using World Health Organisation (WHO) response criteria. CT scans were repeated every 9 weeks and echocardiography was routinely performed once every 3 months.

As this was a retrospective analysis, no central radiological re-assessment of response rates was possible. Still, in each individual patient, response was assessed at 1 single radiological institute, thereby assuring the comparability of radiological reports. No routine brain imaging as screening for central nervous system (CNS) involvement was performed and brain imaging was only done when clinically indicated due to neurological symptoms.

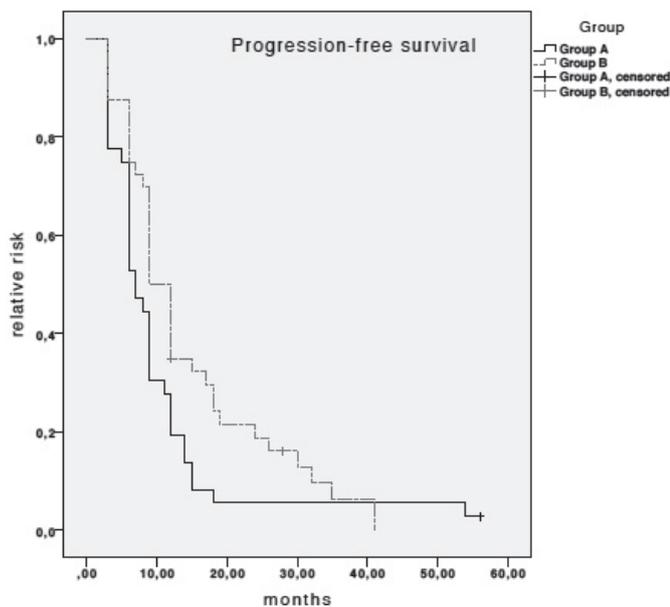
Due to the retrospective nature of this analysis, no reliable data concerning toxicity could be recorded. Dose reductions due to toxicity, on the other hand, were recorded and are provided in the results section. Moreover, data concerning cardiotoxicity are available due to routine echocardiographies, which were performed once every 3 months.

### Hormone Receptor and HER2 Status

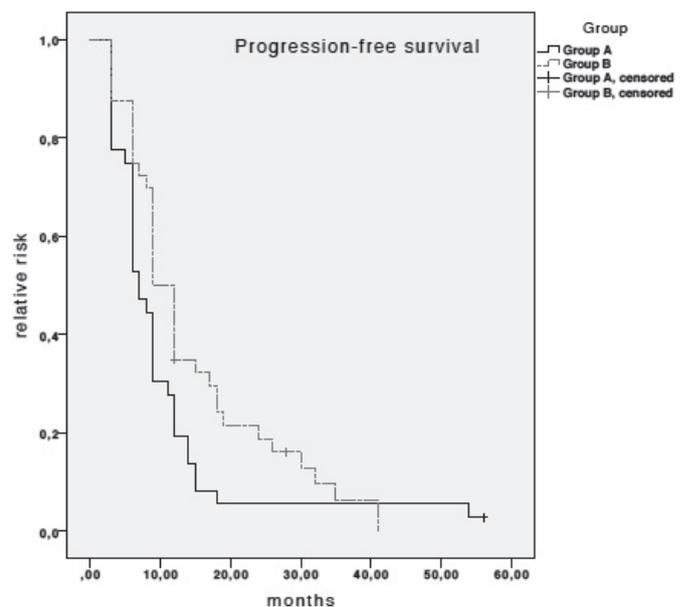
Oestrogen-receptor (ER) and progesterone-receptor (PgR) status was assessed by immunohistochemistry (ER $\alpha$  antibody, clone 1D5; PgR antibody; both from Dako A/S, Glostrup, Denmark) on primary tumour material or on biopsy material from metastatic sites, whichever was available. Hormone receptor expression was estimated as the percentage of positively stained tumour cells. Results were given as 1+, 2+, and 3+ positive or negative staining, with a cut-off value of < 10% positive tumour cells [12]. HER2 status was assessed by immunohistochemistry (Herceptest<sup>®</sup>; Dako A/S) or dual colour fluorescence in situ hybridisation (FISH; PathVision<sup>®</sup> HER2 DNA probe kit, Vysis Inc., Downers Grove, IL, USA). Tumours were classified as HER2 positive if they had a staining intensity of 3+ on the Herceptest<sup>®</sup> scale; tumours with a staining intensity of 2+ were tested by FISH or chromogenic in situ hybridisation (CISH) for HER2 DNA amplification [13].

### Study Endpoints

Progression-free survival (PFS), defined as the time-interval between initiation of first-line trastuzumab-based chemo-immunotherapy and doc-



**Fig. 1.** Kaplan-Meier estimates for progression-free survival (PFS). Median PFS in patients receiving taxanes plus trastuzumab (group A) was 7 months (95% CI, 5.4–8.6) and 9 months (95% CI, 7.23–10.77) in patients receiving oral vinorelbine plus trastuzumab (log-rank test; n.s.).



**Fig. 2.** Kaplan-Meier estimates for overall survival (OS). Median OS in patients receiving taxanes plus trastuzumab (group A) was 49 months (95% CI, 38.24–59.76) and 59 months (95% CI, 41.17–76.83) in patients receiving oral vinorelbine plus trastuzumab (log-rank test;  $p = 0.033$ ).

umented disease progression, was chosen as the primary study endpoint; secondary endpoints were overall survival (OS), response rate (RR), incidence of BMs and BMFS, which was defined as time interval from initiation of first-line trastuzumab treatment up until radiological diagnosis of symptomatic BMs.

#### Statistical Analysis

PFS, OS, and BMFS were estimated with the Kaplan-Meier product limit method. To test for differences between curves, the log-rank test was used. For correlation of 2 parameters, Fisher's exact test was used. 2-tailed  $p$  values  $< 0.05$  were considered to indicate statistical significance. Variables exhibiting significance ( $p < 0.05$ ) or near significance ( $p < 0.07$ ) on univariate analysis of PFS, OS and BMFS were included into Cox proportional hazards models. All statistics were calculated using statistical package for the social sciences (SPSS®) 17.0 software (SPSS Inc., Chicago, IL, USA).

## Results

### Patient Characteristics

Seventy-six consecutive patients with HER2-positive metastatic breast cancer who received taxanes or OV in combination with trastuzumab as first-line therapy were identified from a breast cancer database and included into this retrospective chart review. Data were analysed as of October 2012 at a median follow-up of 47.5 months from initiation of trastuzumab-based first-line chemo-immunotherapy.

Median patient age was 49.5 years (range, 28–83 years). Taxanes were administered as chemotherapy backbone in 36 (47.4%) of the 76 patients (group A), and 40 patients (52.6%) received OV (group B). Within group A, the majority of patients received docetaxel ( $n = 27$ ; 75%).

Patient characteristics were similar between the 2 treatment groups (table 1). The only major disparities concerned age distribution (patients  $\geq 65$  years 0% vs. 22.5% in groups A and B, respectively; Fisher's exact test;  $p = 0.003$ ) and prior exposure to taxanes in the adjuvant setting (8% vs. 28% in groups A and B, respectively; Fisher's exact test;  $p = 0.04$ ). Characteristics of all 76 patients are provided in table 1.

### Efficacy

Median PFS in patients receiving taxanes plus trastuzumab was 7 months (95% confidence interval (CI), 5.4–8.6), as compared to 9 months (95% CI, 7.23–10.77) in patients treated with OV (log-rank test; non-significant (n.s.)) (fig. 1). None of the variables investigated on univariate analysis of PFS were associated with PFS. Therefore, no multivariate Cox regression modelling was performed.

Median OS in patients receiving taxanes plus trastuzumab was 49 months (95% CI, 38.24–59.76), as compared to 59 months in patients receiving OV (95% CI, 41.17–76.83) (log-rank test;  $p = 0.033$ ) (fig. 2). Again, none of the other variables were associated with OS on univariate analysis.

The combination of taxanes plus trastuzumab yielded a complete response (CR) in 1/36 patients (2.8%; 95% CI, 0.00–0.08); a partial response (PR) in 21/36 patients (58.3%; 95% CI, 0.42–0.74); and disease stabilization for a minimum of 6 months in 6/36 patients (16.7%; 95% CI, 0.05–0.29). For 8/36 patients disease progressed despite treatment (22.2%; 95% CI, 0.09–0.36). Respective numbers in patients receiving OV plus trastuzumab were 6/40 patients with CR (15%; 95%,

**Table 2.** Response rates

Response	Group A			Group B		
	n	%	95% CI	n	%	95% CI
CR	1	2.8	0.00–0.08	6	15	0.04–0.26
PR	21	58.3	0.42–0.74	19	47.5	0.32–0.63
SD	6	16.7	0.05–0.29	7	17.5	0.06–0.29
PD	8	22.2	0.09–0.36	5	12.5	0.02–0.23
n.a.	–	–	–	3	7.5	0.00–0.16

CI = 95% confidence interval, CR = complete response, PR = partial response, SD = stable disease, PD = progressive disease, n.a. = not available.

CI 0.04–0.26); 19/40 patients with PR (47.5%; 95%, CI 0.32–0.63); 7/40 patients with stable disease (17.5%; 95% CI, 0.06–0.29); and 5/40 patients with disease progression (12.5%; 95% CI, 0.02–0.23). In 3 patients (7.5%), response was not evaluable due to the retrospective design of this analysis; however, no disease progression within 6 months was documented. Response rates, therefore, were similar between the 2 groups (61.1% group A vs. 62.5% group B; Fisher's exact test, n.s.) (table 2).

Dose reductions due to treatment-induced toxicity were frequently necessary in both treatment arms; not surprisingly, numerically higher rates were observed in patients receiving taxanes as chemotherapy backbone (11/36 patients (30.6%) vs. 6/40 patients (15%); Fisher's exact test; n.s.). No cases of symptomatic cardiac failure were observed; a significant drop of left-ventricular ejection fraction  $\geq 10\%$  (but not below 50%) was reported in a single patient within the taxane group.

#### Brain Metastases

Overall, 36/76 (47.4%) patients were diagnosed with symptomatic BMs during their course of disease. BMFS was significantly longer in patients receiving OV plus trastuzumab as compared to patients receiving taxanes plus trastuzumab as first-line therapy (69 months vs. 51 months;  $p = 0.032$ ). Again, none of the other variables investigated were associated with BMFS. Median OS after diagnosis of BM was 9 months (95% CI, 5.5–12.5).

## Discussion

In this study, we retrospectively compared clinical activity of taxanes plus trastuzumab (group A) to OV plus trastuzumab (group B) as first-line therapy in HER2-positive metastatic breast cancer patients. We observed similar results in terms of PFS and RR with both chemotherapy backbones (PFS 7 vs. 9 months, RR 61.1% vs. 62.5% in groups A and B, respectively). Notably, OS and BMFS were significantly longer in the OV group; on the other hand, the overall incidence of BMs was comparable between the 2 groups (55.6% group A vs. 40% group B; n.s.).

Concerning activity of OV, comparison of our result to efficacy data from prospective randomized trials using intravenous vinorelbine is pertinent. Indeed, PFS compared well to data from the TRAVIOTA trial (PFS 8.5 months) [3]. Our results are also well in line with efficacy data of OV plus trastuzumab as first-line therapy in 2 smaller single-arm phase II studies and 1 phase II study with alternating administration of intravenous and OV plus trastuzumab [11, 14, 15]. Those data, therefore, strengthen the validity of our results despite the retrospective study design.

Superior OS was observed in patients receiving OV plus trastuzumab as compared to the taxane group (49 months in group A vs. 59 months in group B;  $p = 0.033$ ). None of the other variables tested by univariate analysis were significantly associated with OS. There may be several explanations for the longer survival in patients receiving OV. First, lower toxicity rates associated with OV may have enabled patients to receive a higher overall number of palliative chemotherapy lines; however, this is apparently not the case as the median number of further treatment lines in both groups was the same. Secondly, OV became available in 2003; therefore, a large proportion of patients may have gone on to receive lapatinib in addition to trastuzumab as HER2-targeted therapy. Indeed, for the patients studied here, numerically more patients in group B were treated with lapatinib as compared to group A (10% vs. 0%; Fisher's exact test; n.s.). Thirdly, due to the retrospective design of this study, there were certain disparities between the 2 treatment groups. In the OV group, the number of patients with prior exposure to taxanes in the adjuvant setting was significantly higher (27.5% vs. 8.3%); furthermore 22.5% of patients in group B were  $\geq 65$  years. However, it would be expected that both of these factors would rather predict a worse outcome. We assume that the survival benefit associated with OV treatment is either due to later treatment initiation (from 2003 onwards), or is spurious and due to the overall small sample size and the retrospective design of this study.

Nearly a decade ago, an increasing rate of patients diagnosed with BMs was reported in HER2-positive breast cancer patients [7]. Notably, Crivellari and colleagues observed a higher incidence of BMs in patients receiving docetaxel-based first-line chemotherapy for metastatic or locally advanced

breast cancer [10]. This observation is strengthened by pre-clinical data suggesting a higher incidence of BMs after prior taxane exposure in a mouse model [16]. In our study, however, we could not establish a significantly lower incidence of BMs in the OV group. On the other hand, BMFS was significantly longer in patients receiving OV (69 vs. 59 months;  $p = 0.032$ ). These data are intriguing and re-evaluation of this issue in a larger patient sample therefore appears warranted.

Median OS after diagnosis of BMs was 9 months (95% CI, 5.5–12.5). Results are, therefore, well in line with data from other recent studies and once again highlight the relatively good prognosis of HER2-positive breast cancer patients even after diagnosis of BMs. [9] This fact clearly renders a nihilistic approach to BMs as obsolete in an HER2-positive breast cancer population.

Obviously, our study has several limitations: a small overall patient number, a retrospective design, the long observation period leading to different taxane-based treatment regimens, and the lack of central radiological assessment as well as the lack of toxicity data. On the other hand, this is the first study to directly compare the activity of taxanes to OV as chemotherapy backbone. Despite the clear limitations, we therefore

believe that this study adds information to the field of metastatic breast cancer management.

In conclusion, we suggest that despite the retrospective design of this study, our data add to the growing body of evidence that vinorelbine is indeed a viable alternative to taxanes as chemotherapy backbone for trastuzumab-containing chemo-immunotherapy. In light of those results, further evaluation of OV in combination with novel HER2-targeted therapies appears warranted.

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### Disclosure Statement

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