

## Ethanol Inhibits Gastric Acid Secretion in Rats Through Increased AMP-Kinase Activity

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### Key Words

Stomach • Parietal cell • H,K-ATPase • pH • BCECF • Alcohol

### Abstract

The effects of ethanol on gastric acid secretion remain controversial. The present study examines the effect of low-dose (2%) short term (15-20min) ethanol exposure on gastric acid secretion via a potential interaction with AMP-activated protein kinase (AMPK). Real-time fluorescence digital imaging was used to provide functional evidence for the interaction of ethanol and AMPK in modulating secretagogue-induced acid secretion. Individual rat gastric glands were loaded with the pH-sensitive dye BCECF and the secretagogues carbachol (200  $\mu$ M) or histamine (200  $\mu$ M) were added to induce secretion. Rates of pH recovery were calculated as  $\Delta$ pH/ $\Delta$ t. In one series of experiments, secretagogue-induced acid secretion was inhibited by 2% ethanol, or the AMPK activator AICAR monophosphate (AICAR) (20 mM). In a separate series, 2% ethanol was added in combination with compound C (20  $\mu$ M), an AMPK inhibitor, to prevent activation of AMPK. 2% ethanol significantly suppressed stimulated acid secretion.

In order to confirm modulation of AMPK activity by ethanol, the specific AMPK inhibitor compound C was used, which reversed the inhibitory effects of ethanol on stimulated acid secretion. This study demonstrates that low dose ethanol (2%) inhibits secretagogue-dependent acid secretion by activation of the AMPK pathway in rat gastric parietal cells.

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### Introduction

The stomach produces large quantities of hydrochloric acid necessary for digestion. This production of acid is dependent on the delivery of protons ( $H^+$ ) into the lumen of the gastric gland, where they combine with secreted  $Cl^-$  ions to produce concentrated acid (0.16 M). In contrast to the passive  $Cl^-$  flow through apical  $Cl^-$  channels [1], the proton extrusion by the parietal cell is an ATP-dependent process, performed by  $H^+,K^+$ -ATPase [2]. Upon stimulation by any one of the many different secretagogues, the parietal cell goes from the quiescent form to the active acid secretory form where the  $H^+,K^+$ -ATPase is trafficked from cytosolic tubulo-vesicular

structures and is inserted into the apical membrane [3]. Three major pathways are known to activate H<sup>+</sup>,K<sup>+</sup>-ATPase in the parietal cell: 1) a neuronal, via the stimulation of the vagus nerve and the release of acetylcholine; 2) a hormonal, via gastrin-stimulated histamine release from ECL cells; and 3) a recently discovered pathway depending on stimulation of the calcium-sensing receptor (CaSR) on the basolateral membrane of the parietal cell [2, 4-8].

There has been a great deal of controversy as to the effects of ethanol on gastric acid secretion from being a mild stimulant to being a potent inhibitor [9-12]. However, the general consensus implicated that alcoholic beverages stimulate gastric acid secretion. Indeed, a series of groups observed a rise in histamine, gastrin and carbachol levels following wine and beer ingestion [13-16]. Paradoxically, this increase in secretagogue concentrations did not occur after consumption of equivalent amount of pure ethanol. The stimulatory effect of the beverages was therefore attributed to other ingredients than ethanol [13-16]. Various groups have thus set out to answer the question of whether pure ethanol influences gastric acid secretion. In summary, the results of this effort proved to be very controversial, but also indicated a dose dependency in the effects of ethanol on parietal cell function. Chacin et al. postulated that low-dose (2-20%) ethanol stimulates gastric acid secretion, whereas high concentrations (>20%) were shown to have an inhibitory effect [9]. A second group applying different concentrations (0,2-5% and >10%, respectively) came to the same conclusion [12]. In sharp contrast to these findings, other investigations concluded that acid secretion is reduced under low-dose conditions. Del Valle et al. not only demonstrated cessation of acid secretion following low-dose (1-20%) ethanol exposure, but also decreased ATP and cAMP concentrations in the affected parietal cells [10]. Niki et al. observed similar inhibition of carbachol- and histamine-triggered proton extrusion [11]. A concomitant ethanol-induced elevation in intracellular Ca<sup>2+</sup> concentration was suggested, via desensitizing to the Ca<sup>2+</sup> response triggered by carbachol, to be responsible for the inhibitory effects of ethanol on cholinergic stimulation [17, 18]. This model, however, does not explain impairment of histamine-induced acid secretion, which is mediated via the second messenger cAMP.

Ethanol metabolism mainly takes place in the liver, where it was recently described to have an effect on the activity of AMP-activated protein kinase (AMPK) [19]. AMPK is a multi-subunit protein kinase, activated by an increase in the AMP/ATP-ratio or as a response to other

stress factors such as hypoxia, exercise, ischemia and inflammation [20, 21]. AMPK thereby acts as a cellular "energy sensor" that prevents ATP-depletion of the cell by down-regulating energy-consuming key-enzymes and by inducing pathways that generate ATP [20, 21]. Chronic ethanol exposure (4 weeks) was shown to inhibit AMPK in rat liver both *in vitro* and *in vivo*, with no major changes in the AMP/ATP-ratio [19]. However, after low-dose acute ethanol treatment, the liver AMP/ATP-ratio was reported to increase immediately, suggesting activation of AMPK [22].

Recently, we have observed that AMPK is involved in the inhibition of acid secretion in mouse stomach [23]. Preincubation of isolated gastric glands with 5-aminoimidazole-4-carboxamide 1-β-D-ribofuranoside monophosphate (AICAR), a potent activator of AMPK that mimics high intracellular AMP concentrations, resulted in significantly reduced secretagogue-induced acid secretion, whereas the reversible ATP-competitive AMPK inhibitor (6-(4-(2-piperidin-1-ylethoxy)phenyl)-3-pyridin-4-ylpyrazolo(1,5-a)pyrimidine (compound C) restored it. These data serve as evidence that AMPK is a physiological off-switch for gastric acid secretion in the murine parietal cell [23]. Since ethanol was shown to influence AMPK activity in the liver, we hypothesize that it modulates AMPK in the parietal cell and thereby affects acid secretion.

In order to address the controversy about the effects of ethanol on acid secretion, the present study seeks to answer if ethanol has direct effects on acid secretion which are linked to modulations in AMPK activity.

## Materials and Methods

### *Animals*

Sprague-Dawley rats 150-250 g (Charles River Laboratory) were housed in climate- and humidity-controlled, light-cycled rooms, fed standard chow with free access to water and handled according to the humane practices of animal care established by the Yale Animal Care and Use Committee. Prior to experiments, animals were fasted for 12-18 h with free access to water.

### *Isolation of gastric glands*

Animals were killed with an overdose of isoflurane and an abdominal incision was made. Following removal, the stomach was cut longitudinally; the corpus was isolated, sliced into 0.5 cm square sections and washed with ice-cold HEPES to remove residual food particles. The tissues were transferred to the stage of a dissecting microscope, and were prepared for dissection. Individual glands were isolated using a hand-dis-

section technique as described previously [4, 24, 25]. Following isolation, individual isolated glands were transferred to and allowed to adhere to 22x50mm cover slips that had been pre-coated with Cell-Tak (Collaborative Research, Bedford, MA) and were then transferred to the stage of an inverted microscope.

*Digital imaging for intracellular pH measurements in isolated gastric glands*

Isolated gastric glands were incubated in a HEPES-buffered Ringer's solution containing 10  $\mu$ M of the pH-sensitive dye BCECF-AM [2',7'-bis-(2-carboxyethyl)-5-(and-6)-carboxyfluorescein, acetoxymethyl ester (Molecular Probes, Eugene, OR)] for 10 min as described previously [4, 24]. Following dye-loading, the chamber was flushed with a HEPES solution to remove all non-deesterified dye. The perfusion chamber was mounted on the stage of an inverted microscope (Olympus IX50), which was used in the epifluorescence mode with a 60x objective. Individual regions of interest were outlined and simultaneously monitored during the course of the study. A minimum of seven cells or regions were selected per gland.

BCECF-loaded glands were excited at 440 nm  $\pm$  10nm and 490 nm  $\pm$  10nm, respectively, while monitoring the emission at 530 nm  $\pm$  10nm every 15 seconds. The ratio data were used to calculate the  $pH_i$  using the high  $K^+$ /nigericin calibration technique [4, 24, 26].  $H^+$  extrusion by individual parietal cells was monitored as recovery of  $pH_i$  after acid loading the cells with a  $Na^+$ -free HEPES solution containing 20 mM  $NH_4Cl$  [24, 25].  $Na^+$ -free conditions were chosen in order to exclude contribution of  $Na^+$ -dependent proton extrusion mechanisms such as the  $Na^+/H^+$ -Exchanger (NHE), thereby monitoring only  $H^+,K^+$ -ATPase activity as the only potential  $H^+$  extrusion pathway. Intracellular  $pH_i$  recovery rates were calculated from the same initial starting  $pH$  to eliminate potential variation in the individual intracellular buffering power of the cells under different experimental conditions. The recovery rates are expressed as the  $\Delta pH_i/\Delta t$ , and were calculated over the  $pH$  range of 6.6 - 6.8. Trypan blue and a fluorescent LIVE/DEAD Cell Viability Assay (Molecular Probes) were used to confirm that 2% ethanol did not destroy membrane integrity (data not shown). The composition of all solutions used is given in table 1. All experiments were performed in the nominal absence of bicarbonate. All chemicals were obtained from Sigma Chemicals unless otherwise stated.

*Isolated perfused whole stomach pH measurements*

Total gastrectomy was performed on wild-type rats and intragastral pH was measured as described previously [27, 28]. Briefly, gastrectomy was performed following anesthesia with isoflurane and ligation of both the gastroesophageal and gastroduodenal junctions. After excision, 500  $\mu$ l of non-buffered saline was injected into the lumen of the isolated stomach. The whole stomach was placed in an oxygenated and heated (37°C) bath containing HEPES-buffered Ringer solution at pH 7.4. 200  $\mu$ M histamine was added to the bath and ethanol at concentrations of 1, 2 and 5%, respectively, was added to the non-buffered saline used for injection. Following incubation for 60 minutes, the injected non-buffered saline solution was

	Control	$Na^+$ -free	$NH_4Cl$	High- $K^+$ calibration
NaCl	125	-	-	-
NMDG	-	125	125	125
$NH_4Cl$	-	-	20	-
KCl	3	3	3	105
$MgSO_4$	1.2	1.2	1.2	1.2
$CaCl_2$	1	1	1	1
Glucose	5	5	5	-
HEPES	32.2	32.2	32.2	32.2
pH (37 °C)	7.4	7.4	7.4	7.0

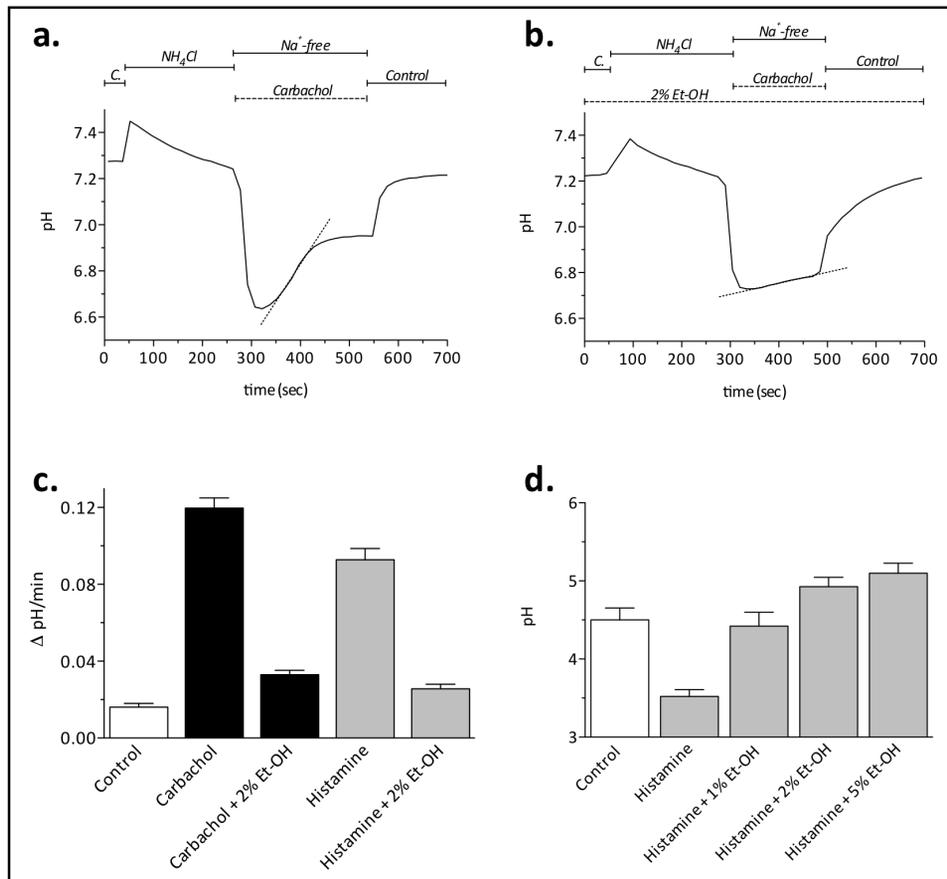
**Table 1.** Composition of solutions used for  $pH_i$  measurements. All concentrations are given in mM. NMDG is N-Methyl-D-Glucosamine. All solutions were titrated to pH 7.4 at 37 °C using either NaOH or KOH. NMDG was titrated with HCl.

aspirated from the stomach and its pH was measured with a pH probe.

*Immunoblotting*

Glands from the corpus of rat stomach were isolated as described elsewhere. The cells were disrupted using a sonicator and lysed in a lysis buffer composed of NaCl (150 mM), NaF (1 mM),  $Na_2VO_4$  (1 mM), Triton X-100 (1%), sodium deoxycholate (0.5%), SDS (0.1%), Tris HCl (50 mM) pH 8; containing protease inhibitor [protease inhibitor cocktail tablets (Roche Diagnostics, Mannheim, Germany)]. The samples in lysis buffer were mixed with the appropriate volume of 5x Lämmli buffer (final concentration: 2% (w/v) SDS, 50 mM Tris/HCl, pH 6.8, 0.2 mg/ml bromphenol blue, 0.1 M DTT, 10% (v/v) glycerol) and incubated for 5 min at 95°C. Equal amounts of lysate protein (60  $\mu$ g per lane) were separated by 8% discontinuous SDS-PAGE. Thereafter, proteins were transferred to polyvinylidene fluoride (PVDF) membranes (Millipore, Billerica, MA). Protein transfer was controlled by Ponceau red staining (not shown). After blocking with 5% nonfat milk in TBST (TBS-0.1% Tween 20) at room temperature for 1 h, the blots were probed overnight at 4°C with a commercial polyclonal rabbit anti-AMPK $\alpha$  antibody (Cell Signaling Technology, Danvers, MA; 1:1000 dilution in TBS-0.1% Tween 20-5% nonfat milk). After three times of washing with TBST for 10 min, the blots were incubated with a secondary anti-rabbit antibody (1:2000 dilution) conjugated with horseradish peroxidase (Amersham, Freiburg, Germany) for 1 h at room temperature. After three times of washing with TBST for 10 min, antibody binding was detected with the enhanced chemiluminescence (ECL, Amersham).

**Fig. 1.** Ethanol inhibits gastric acid secretion. a,b. Original tracings of intracellular pH measurements in single parietal cells of isolated rat gastric glands. Hand-dissected single rat gastric glands were loaded with the pH-sensitive dye BCECF and the recovery rate of  $pH_i$  was calculated from the slope (dashed line) after an acid load, using a  $NH_4Cl$  prepulse in the absence of  $Na^+$ . 200  $\mu M$  carbachol has a stimulatory effect on gastric acid secretion (a.). Carbachol-stimulated acid secretion (200  $\mu M$ ) can be inhibited by 2% ethanol which was added to all solutions and the 10-min incubation bath prior to perfusion. c. Bar graph summarizing the inhibitory effects of ethanol on carbachol- and histamine-induced acid secretion in isolated rat gastric glands. The control shows a low basal proton efflux of the resting parietal cell in the absence of stimulatory agents ( $0.016 \pm 0.001 \Delta pH$  units/min) (n=63 cells/7 glands/7 rats).



Carbachol (200  $\mu M$ ) causes a strong intracellular alkalinization ( $0.119 \pm 0.005 \Delta pH$  units/min) (n=129 cells/12 glands/12 rats). Histamine (200  $\mu M$ ) causes a lower rate of acid secretion ( $0.092 \pm 0.005 \Delta pH$  units/min) (n=53 cells/6 glands/5 rats). Carbachol-stimulated acid secretion (200  $\mu M$ ) is significantly reduced by addition of 2% ethanol to all solutions ( $0.033 \pm 0.002 \Delta pH$  units/min) (n=75 cells/9 glands/8 rats) ( $p < 0.001$ , respectively). Histamine-dependent proton efflux (200  $\mu M$ ) is also significantly reduced by 2% ethanol ( $0.025 \pm 0.002 \Delta pH$  units/min) (n=66 cells/8 glands/5 rats) ( $p < 0.001$ ). Data are presented as mean  $\pm$  SEM. d. Bar graph summarizing the inhibitory effects of ethanol on histamine-stimulated acid secretion in whole stomach preparations. Intra-gastric pH without secretagogue stimulation was  $4.50 \pm 0.154$  (n=10 stomachs). Addition of the secretagogue histamine (200  $\mu M$ ) to the bath solution resulted in acidification of the intraluminal content to a pH of  $3.52 \pm 0.086$  (n=41 stomachs). Despite stimulation of acid secretion by histamine (200  $\mu M$ ), injection of 1, 2 and 5% percent ethanol into the gastric lumen increased intra-gastric pH to  $4.42 \pm 0.177$  (n=10 stomachs),  $4.93 \pm 0.119$  (n=11 stomachs) and  $5.10 \pm 0.126$  (n=10 stomachs), respectively. Data are presented as mean  $\pm$  SEM.

#### Immunohistochemistry

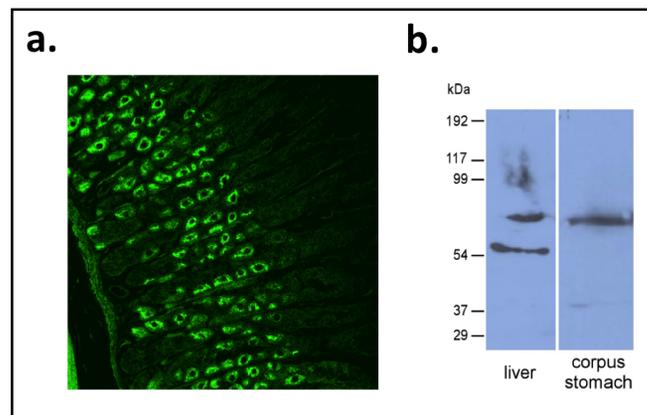
Male Sprague-Dawley rats (150-250 g) were anesthetized with ketamine and perfused through the left ventricle with PBS followed by 4% paraformaldehyde-lysine-periodate (PLP) fixative [29]. Stomachs were removed, cleaned from food residues and fixed by immersion with PLP overnight at 4°C. Stomachs were subsequently washed three times with PBS and 5  $\mu m$  cryosections were cut after cryoprotection with 2.3 M sucrose in PBS solution for at least 12 h. Immunostaining was carried out as described previously [30]. Sections were incubated with 1% SDS for 5 min, washed three times with PBS and incubated with PBS containing 1% bovine serum albumin for 15 min prior to the primary antibody. The primary polyclonal rabbit anti-AMPK $\alpha$  antibody (Cell Signaling Technology) was diluted

1:100 in PBS and applied overnight at 4°C. Sections were then washed twice for 5 min with high-NaCl-PBS (PBS + 2.7% NaCl) and once with PBS and then incubated with a secondary anti-rabbit antibody at a dilution of 1:200 for 1 h at room temperature. Sections were again washed twice with high-NaCl-PBS and once with PBS before being mounted with Vecta-Mount (Vector Laboratories, Burlingame, CA). The specimens were viewed with a Zeiss LSM410 confocal laser scanning microscope.

#### Statistical analysis

All data are summarized as means of  $\Delta pH_i/min$  of individual cells  $\pm$  SEM. Unpaired Student's *t*-test was used to test for significant differences in  $pH_i$  recovery rates. Statistical significance was assumed at  $p < 0.05$ .

**Fig. 2.** Expression of AMPK in the corpus region of rat stomach. a. Immunohistochemistry in the corpus section of rat stomach. Immunolocalization of AMPK  $\alpha$ -subunit (green) in the cytosol of gastric parietal cells. b. Western blot analysis demonstrating the presence of AMPK in rat stomach mucosa. A multiple tissue Western blot of proteins (~60  $\mu$ g total protein per lane) isolated from gastric mucosa of rat corpus and parenchyma of rat liver. AMPK detection is reflected by a band of ~62 kDa in both samples.



## Results

### *Stimulation of gastric acid secretion by secretagogues*

Hand-dissected rat gastric glands were used for intracellular pH measurements to investigate the effects of ethanol on gastric acid secretion. In the absence of acid secretagogues the  $pH_i$  recovery rate is  $0.016 \pm 0.001$  pH units/min (n=63 cells/7 glands/7 rats) (Fig. 1c). As shown in Figures 1a and c, in the presence of carbachol (200  $\mu$ M) (n=129 cells/12 glands/12 rats) or histamine (200  $\mu$ M) (n=53 cells/6 glands/5 rats) the  $pH_i$  recovery rate increases to  $0.119 \pm 0.005$  and  $0.092 \pm 0.005$  pH units/min, respectively, due to stimulated  $H^+, K^+$ -ATPase activity.

### *Inhibition of gastric acid secretion by ethanol in isolated gastric glands*

Acute (10-20 min), low-dose (1-2%) treatment with ethanol significantly reduces gastric acid secretion. In the presence of 1% or 2% ethanol, the carbachol (200  $\mu$ M) induced  $H^+$  extrusion rate reduces to  $0.036 \pm 0.004$  and  $0.033 \pm 0.002$  pH units/min for 1% ethanol (n=43 cells/5 glands/3 rats) and 2% ethanol (n=75 cells/9 glands/8 rats) (Fig. 1b and c), respectively. There is no significant difference between inhibition with 1% or 2% ethanol (p = 0.908)(data not shown). In a separate series of experiments using histamine-stimulated (200  $\mu$ M) cells, addition of 2% ethanol lowered  $H^+$  extrusion to  $0.025 \pm 0.002$  pH units/min (n=66 cells/8 glands/5 rats) (Fig. 1c).

### *Inhibition of gastric acid secretion by ethanol in isolated whole stomachs*

Isolated stomach measurements were performed to investigate whether the inhibitory effects of ethanol observed at the single gland level are reproducible at the whole stomach level. Increasing concentrations of ethanol

progressively increased luminal pH of the stomach (Fig. 1d). Intraluminal pH in the presence of 200  $\mu$ M histamine reached  $4.42 \pm 0.177$  (n=10 stomachs) for an ethanol concentration of 1%,  $4.93 \pm 0.119$  (n=11 stomachs) for 2% ethanol and  $5.10 \pm 0.126$  (n=10 stomachs) for 5% ethanol, respectively. Intraluminal pH in untreated stomachs was  $4.50 \pm 0.154$  (n=10 stomachs). Addition of histamine to the bath reduced intraluminal pH to a value of  $3.52 \pm 0.086$  (n=41 stomachs).

### *Expression and localization of AMPK in rat stomach*

Western blot analysis of isolated rat gastric mucosa confirmed expression of AMPK in rat parietal cells (Fig. 2b). Controls were taken from rat liver, which expresses high amounts of AMPK. Identical molecular weight bands (~62kDa) were found in the proteins isolated from rat stomach and liver. The band at ~54kDa in the liver control is speculated to be a break-down product of AMPK. For localization of AMPK, immunohistochemistry was performed and showed a clear staining for AMPK ( $\alpha$ -subunit) in the cytosol of rat parietal cells (Fig. 2a).

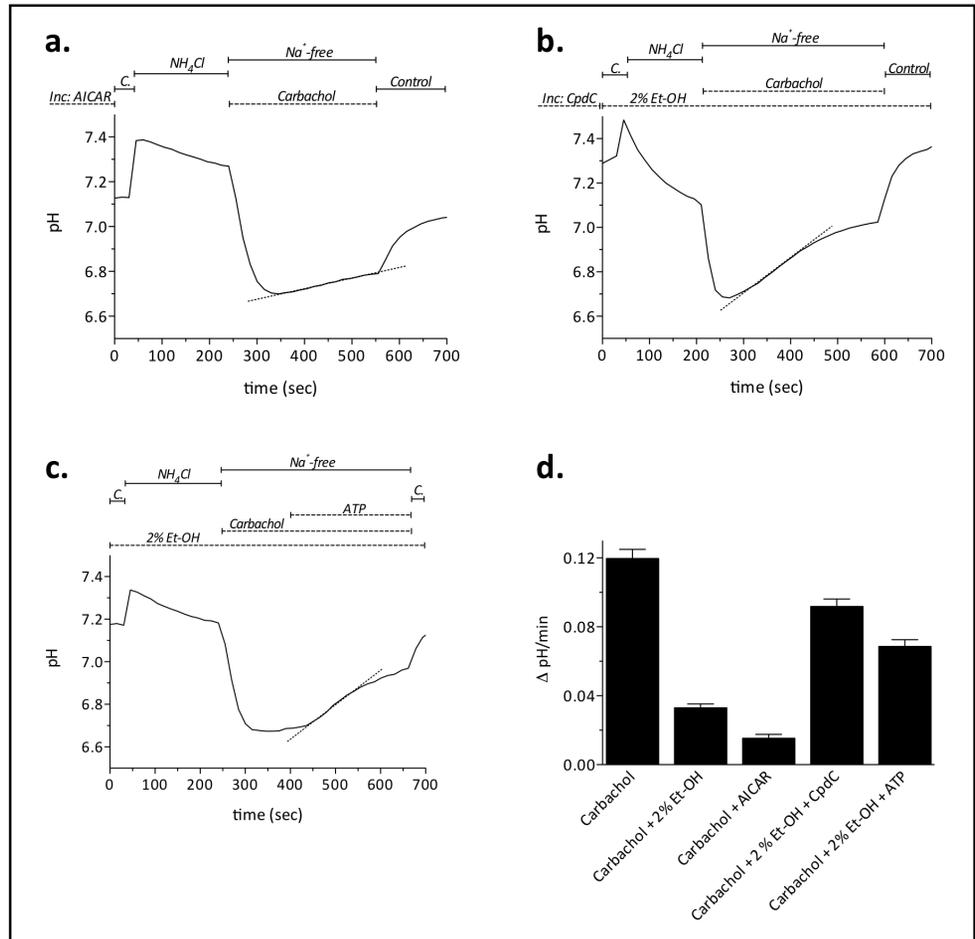
### *Inhibition of gastric acid secretion by AICAR*

As observed previously in mouse parietal cells [23], 10 min preincubation with 20 mM AICAR, a specific activator of AMPK, significantly reduced carbachol-induced acid secretion to a rate of  $0.015 \pm 0.002$  pH units/min (n=33 cells/4 glands/3 rats) (Fig. 3a and d).

### *Restoration of acid secretion by compound C and ATP*

The specific AMPK inhibitor compound C (20  $\mu$ M) was used in order to confirm modulation of AMPK activity by ethanol. Glands were simultaneously incubated with carbachol (200  $\mu$ M) and 2% ethanol. As illustrated in Fig. 3b and d, 10 minute preincubation with compound C

**Fig. 3.** Ethanol exerts its inhibitory effects through AMPK. a,b,c. Original tracings of intracellular pH measurements in single parietal cells of isolated rat gastric glands. AMPK acts as a molecular off-switch for gastric acid secretion: 10 min preincubation with the specific AMPK activator AICAR (20 mM) in the presence of carbachol (200  $\mu$ M) completely inhibits stimulated acid secretion (a). The inhibitory effects of 2% ethanol can be reversed by preincubating for 10min with the specific AMPK inhibitor Compound C (20  $\mu$ M) (b). ATP (2 mM) has an immediate effect on inhibited acid secretion (c). Upon inhibition of acid secretion with 2% ethanol, ATP (2 mM) was added to the bath. Acid secretion was stimulated after a few seconds and resulted in an increase of intracellular pH. Carbachol (200  $\mu$ M) was present through all experiments. d. Bar graph summarizing the reactivation of acid secretion by modulation of AMPK activity in isolated rat gastric glands.



Carbachol-induced acid secretion (200  $\mu$ M) ( $0.119 \pm 0.005$   $\Delta$ pH units/min) ( $n=129$  cells/12 glands/12 rats) is significantly reduced by 2% ethanol ( $0.033 \pm 0.002$   $\Delta$ pH units/min) ( $n=75$  cells/9 glands/8 rats) and a 10 min preincubation with the AMPK activator AICAR (20mM) ( $0.015 \pm 0.002$   $\Delta$ pH units/min) ( $n=33$  cells/4 glands/3 rats) ( $p < 0.001$ , respectively). Inhibition of AMPK by a 10 min preincubation with compound C (20  $\mu$ M) stimulated intracellular alkalinization and elevated  $pH_i$  ( $0.091 \pm 0.004$   $\Delta$ pH units/min) ( $n=91$  cells/ 10 glands/6 rats). Addition of ATP (2mM) induced a rapid proton efflux ( $0.068 \pm 0.003$   $\Delta$ pH units/min) ( $n=60$  cells/6 glands/4 rats). Data are presented as mean  $\pm$  SEM.

reversed the inhibitory effect of ethanol. Under these conditions the recovery rate was  $0.091 \pm 0.004$  pH units/min ( $n=91$  cells/ 10 glands/6 rats).

A similar effect could be elicited by addition of 2 mM ATP in the presence of 2% ethanol and 200  $\mu$ M carbachol. Activation of AMPK is a result of an increased AMP/ATP ratio and results in an inhibition of energy-consuming key-enzymes, such as  $H^+,K^+$ -ATPase [20, 21, 23]. As illustrated in Fig. 3c, d, addition of ATP to the bath solution immediately reverses the inhibitory effect of 2% ethanol on carbachol induced proton extrusion to a rate of  $0.068 \pm 0.003$  pH units/min ( $n=60$  cells/6 glands/4 rats).

Fig. 3d summarizes the mean carbachol-induced  $H^+$  extrusion rates in the absence and presence of the different drugs.

## Discussion

Alcohol consumption is a regular occurrence in a substantial portion of the population. As a consequence, numerous attempts have been made in the past to study its effects on the ability of the stomach to produce acid [9-12]. However, the results of these studies were very ambiguous in that no consensus has been reached as to whether ethanol inhibits or stimulates gastric acid secretion [9-12]. Beside the observation that there might be a biphasic effect of ethanol distinguishing between acute and chronic exposure [31, 32], the fact that many groups have employed remarkably high doses of ethanol (with up to 20% being classified as low-dose exposure) and different experimental approaches, ranging from

studies in cultured cells to observations on the whole-tissue level, may account for the heterogeneous past results [9-12]. In the present study we were able to demonstrate that ethanol at doses as low as 1% decreased acid secretion significantly both on the single-cell/gland and on the whole-stomach level. A toxic effect of ethanol on parietal cells at this dose was excluded directly by trypan blue or fluorescent LIVE/DEAD assay staining and indirectly by the reversibility of the ethanol-induced inhibition of gastric acid secretion.

Our group has previously demonstrated the role of AMPK in the inhibition of acid secretion in mouse stomach [23]. AMPK serves as a master regulatory protein kinase, sensing intracellular energy levels and down-regulating energy-consuming pathways upon imminent ATP-depletion, reflected by a high AMP/ATP-ratio [20, 21]. We suggested that AMPK serves as a physiological off-switch for gastric acid secretion in mouse parietal cells by decreasing the activity of the energy consuming  $H^+,K^+$ -ATPase [23]. Ethanol is known to be metabolized in both liver and stomach and was shown to interact with AMPK in the liver by decreasing its activity after long-term (4 weeks) exposure [19, 22, 33-35]. However, it has also been reported that acute ethanol exposure results in an immediate rise in AMP concentrations in liver cells [22, 36], which is known to act as an activation stimulus for AMPK [20, 21]. Since no scientific evidence for a concomitant activation of AMPK in response to this acute rise in the AMP/ATP ratio is available, one can only speculate about a putative biphasic effect of ethanol on AMPK activity. In light of these observations we therefore hypothesized that the inhibitory effect of ethanol on gastric acid secretion may be mediated by AMPK activation.

In the present study, expression of AMPK in rat gastric mucosa is confirmed through Western Blot analysis and immunohistochemical processing which demonstrated a cytosolic localization pattern of AMPK in the parietal cells. Exposure to the specific AMPK activator AICAR substantially decreased  $H^+,K^+$ -ATPase activity, suggesting that AMPK is significantly involved in the control of acid secretion, which confirms our previous findings in murine parietal cells [23]. Acute low-dose perfusion with ethanol (2%) inhibited acid secretion to a comparable level as did direct AMPK activation through AICAR. This series of studies was followed by treating glands simultaneously with 2% ethanol and the specific AMPK inhibitor compound C, with the aim of

linking the observed ethanol-induced reduction of acid secretion to an interaction with AMPK. Following inhibition of AMPK by treatment with compound C, proton extrusion rates remained high despite exposure to ethanol. It was thus possible to demonstrate that the inhibitory effects of ethanol on gastric acid secretion can be reversed by impairing the activity of AMPK.

The results of this study therefore allow the assumption that short-term acute ethanol exposure increases AMPK activity and consequentially impairs acid secretion in rat parietal cells. Whether this effect is caused by a direct interaction between ethanol and AMPK or by an ethanol-induced decreased availability of ATP, which in consequence stimulates AMPK, remains subject of further investigations. However, ethanol and its metabolite acetate were shown to reduce available ATP and to increase AMP-levels in both liver and parietal cells [10, 22, 36] which putatively suggests AMPK activation by an ethanol-induced elevation in the AMP/ATP ratio. In the present study we were also able to overcome ethanol-induced, AMPK-mediated inhibition of acid secretion by increasing intracellular ATP concentrations. Although the exact mechanism of this ATP-stimulated reactivation of  $H^+,K^+$ -ATPase via AMPK remains to be elucidated, we speculate in accordance with other groups [10, 22, 36] that ethanol may increase the AMP/ATP ratio in the parietal cell, which acts as a primary activator for AMPK. This could explain why it was possible to overcome ethanol-induced inhibition of acid output by increasing intracellular ATP and thereby presumably lowering the intracellular AMP/ATP ratio.

In the present study, acute (15-20 min) low-dose (1-2%) ethanol was demonstrated to inhibit acid secretion in rat parietal cells. The inhibitory effect of ethanol could be reversed by inhibition of AMPK with compound C and high intracellular ATP concentrations. Given the high prevalence of dietary ethanol consumption in many populations, the finding that ethanol decreases gastric acid secretion has a direct implication for pharmacological agents whose pharmacokinetics are dependent on certain gastric pH conditions. Ethanol induced changes in these conditions could thereby result in an impaired uptake of these drugs. We thus emphasize the role of acute low-dose ethanol as a potent inhibitor of parietal cell proton extrusion and confirm the importance of AMPK as the physiological off-switch for acid secretion and a possible future pharmacological target.

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