

Original Article

Genetic epidemiology of osteoporosis across four microsatellite markers near the VDR gene

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Abstract: The large amount of positive genetic association data in a number of bone diseases suggests functional consequences of Vitamin D receptor (VDR) gene polymorphism. In the present study, four microsatellite markers viz., *D12S1633*, *D12S1635*, *D12S347*, and *D12S96*, that lie in the vicinity of the VDR gene on chromosome 12 were selected to assess the allele distribution pattern and diversity among three groups of individuals - normal, osteopenia and osteoporosis. Genetic association study was performed using allele frequency data. Total genomic DNA was isolated from the whole blood of 226 individuals, after recording their bone mineral density (BMD) using Dual X-ray absorptiometry (DXA). All DNA samples were subjected to multiplex Polymerase Chain Reaction (PCR) - genotyping. Allele frequencies and genetic diversity parameters like - number of alleles, average variance and average heterozygosity across all the four markers among three groups were computed. Effect of population stratification was excluded by investigating population structure. A trend of decreasing genetic diversity across four loci from normal to pre- and post-disease condition has been observed. Lesser recombination rate (θ) indicates linkage between studied microsatellite markers and VDR gene. Statistically significant linkage disequilibrium was detected for the allele - 22 of locus *D12S96* with osteoporosis. A positive association of allele - 22 suggests susceptibility to disease whereas predominance of allele - 27 among non - diseased group implicates its association with normal bone health.

Keywords: Genetic diversity, microsatellites, osteopenia, osteoporosis, VDR

Introduction

Osteoporosis is prevalent worldwide as a multifactorial disease resulting from interactions between genetic and environmental factors. The World Health Organization (WHO) defines it as the bone mineral density (BMD) that lies 2.5 standard deviations or more below the average value for healthy young adults and is expressed as T-score. Genetic factors play an important role (50-85%) in the pathogenesis of bone loss. Family- and population-based studies have identified candidate genes that affect bone remodeling [1, 2]. Among genes relevant to osteoporotic fractures is the gene for the Vitamin-D receptor (VDR) that impacts major signaling pathways in bone metabolism [3]. VDR mediates the action of bioactive form of vitamin D and regulates expression of other genes by forming a heterodimer complex with retinoic X receptor (RXR) [4]. This, in turn, binds to the vitamin D receptor responsive elements

in the target genes. Mutations in the VDR gene result in intestinal malabsorption of calcium and phosphate minerals resulting in decreased bone mineral density [5].

Previous studies have been limited to the use of restriction enzymes with few studies highlighting the role of single nucleotide polymorphisms (SNPs) located in the promoter region and the 3' untranslated region of the VDR gene [6-8]. Studies have identified risk alleles of osteoporosis that are not always associated with BMD score [9, 10], thus making the mechanism of their action unclear.

The present study deals with microsatellite markers or short tandem repeats (STRs) situated in the vicinity (upstream and downstream) of the VDR gene. Microsatellites have been identified associated with increased risk of developing certain diseases like breast cancer [11], schizophrenia [12], and malaria [13].

Table 1. Details of selected microsatellites (*D12S1663*, *D12S1635*, *D12S347* and *D12S96*) on chromosome 12 and the primer used for the study

Marker	Reference allele repeats	Repeat motif	Cytogenetic Position	Fluorescent label	Sequence (5' → 3')	Amplicon size (bps)
<i>D12S1635</i>	23	CA	12q13.12	FAM	F-GCTGACTGTGGAGATTGTTGG R-CGTTCTGGCCTACTTTTTC	164
<i>D12S1663</i>	19	CA	12q13.11	VIC	F-AGTGAGAAATACCAGTTGCAAAG R-TGTATCCTTTCACAGCTTCCTG	167
<i>D12S347</i>	19	CA	12q13.00	NED	F-TTGGACCAGAAATGGAGGTC R-CCAGCAGAGTTTTGCCTTT	175
<i>D12S96</i>	17	CA	12q13.13	PET	F-GAGAGAGAAGCAAACACACCA R-TGTCTACCTGTGGCACGAAG	178

Along these rationales, the current study presents a comparative account of allelic distribution and genetic diversity among three groups (normal, osteopenia and osteoporosis) classified on the basis of BMD across four microsatellite markers viz., *D12S1635*, *D12S1663*, *D12S347* and *D12S96* all consisting of tandem dinucleotide repeats of Cytosine and Adenine. A novel attempt has been made to understand the genetic association between alleles of selected STRs with normal and disease condition (osteoporosis and Osteopenia) in the Asian Indian population.

Materials and methods

Blood sample collection

Peripheral venous blood (1 ml) was drawn in Ethylenediaminetetraacetic acid (EDTA) vacutainers from participants (N = 226). The procedures followed during sample collection were in accordance with the ethics guidelines of the Indian Council of Medical Research (ICMR). Dual X-ray absorptiometry (DXA) was used to assess mineral content of the bones of the lower lumbar region. Based on the BMD scores [14] unrelated individuals were classified as normal (n = 78) with T-score > -1.1 standard deviation, osteopenia (n = 72) having T-score between -1.1 to -2.5 standard deviation and osteoporosis (n = 76) with a T-score < -2.5 standard deviation. Exclusion criteria followed while recruiting individuals for the study were the presence of bone-related diseases, thyroid diseases, rheumatoid arthritis and premature cessation of regular menstruation (oophorectomy or hysterectomy). The questionnaire also included a section on physical activity and use of medications (hormone replacement therapy, use of estrogen or oral contraceptives applicable for female participants). Personal and fam-

ily medical histories were collected with relevant clinical details such as age, sex, height, weight, body mass index (BMI), food habits (dietary intake of calcium) and lifestyle factors (smoking, alcohol intake). The mean age of the selected individuals (both male and females) was 55 ± 7 years.

DNA isolation

Genomic DNA was isolated from 700 µl of whole blood using the phenol-chloroform extraction method [15].

Markers

Four microsatellite markers namely *D12S1663*, *D12S1635*, *D12S347* and *D12S96* located near the VDR gene (cytogenetic position 12q13.11) were selected as they are highly polymorphic with large number of codominant alleles due to elevated mutation and recombination rates (~1/1000) [16].

Primer designing of selected microsatellites

Primers were designed from the genomic sequence, including flanking regions, of the VDR gene obtained from the NCBI (National Centre for Biotechnology) database (GRCh37.p5 reference assembly) (<http://www.ncbi.nlm.nih.gov/>). Primer3 software was used to design the primers and to ensure that the primers have similar melting temperatures (T_m) and annealing efficiency during the multiplex polymerase chain reaction (PCR) (www.genome.wi.mit.edu) [17]. Details of selected markers and primers are provided in **Table 1**.

For singleplex PCR reaction, primers were synthesized from Bioresource Biotech Pvt. Ltd., India. Singleplex PCR amplification of selected microsatellites was performed using 15 µl final

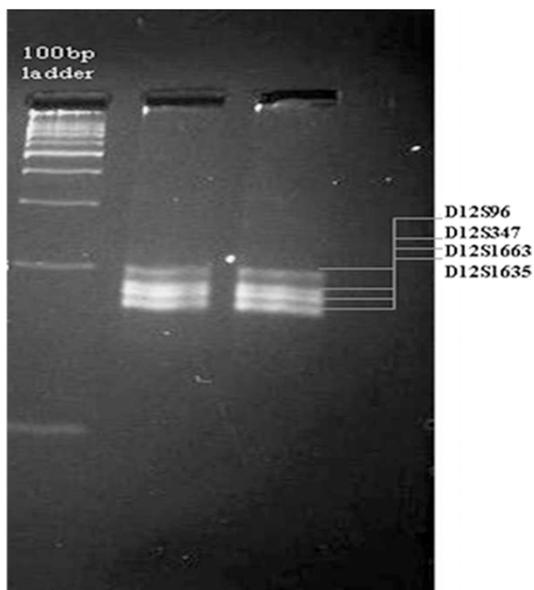


Figure 1. Agarose gel image (2%) of multiplex PCR. Lane - 1, ladder 100 base - pair; Lane - 2 and 3 multiplex PCR products.

reaction volume containing 1-5 nanogram template, 2-5 picomoles of forward and reverse primers, 1.5 units of Taq DNA polymerase, 10x PCR Buffer, 50 millimolar $MgCl_2$, 10 millimolar deoxynucleotide triphosphates (dNTPs) and nuclease free water supplied with PCR kit (GenOmbio Technologies Pvt. Ltd., India). The thermal cycling conditions set in Mastercycler Gradient (Eppendorf, India Pvt. Ltd.) were - 95°C for 5 minutes, 95°C for 30 seconds, 54°C for 40 seconds, 72°C for 40 seconds (30 cycles) and final extension at 72°C for 5 minutes. Amplicons were resolved in 2% agarose gel. The size was found to be in the range of 160 - 180 base - pairs after visualizing under the ultra - violet light using filter 2 of Alpha Ease® FC Stand Alone software (version 4.0.0 in Alpha Imager™ 3400 machine Alpha Innotech Corporation-2401, Merced Street, San Leandro). After the standardization of the singleplex PCR protocol, primers were sent for fluorescent dye labeling. Fluorescent dyes labeled primers (Applied Biosystems, Inc.) were used for multiplexing the four STR loci at an annealing temperature of 54°C (**Figure 1**).

Genotyping

The separation and detection of PCR products was accomplished with the ABI 3730XL Genetic Analyzer 96-capillary array system, a 50 cm

capillary array part # 4331246 (Applied Biosystems, Foster City, CA) using a G5 matrix filter. GS500 LIZ™ (Applied Biosystems, Foster City, CA) was used as the internal standard for sizing DNA in base pairs. Samples were prepared in Hi-Di™ formamide with 1 μ l of PCR product (mixed in 9:1 ratio). Following electrophoresis and data collection, samples were analyzed with the Genescan 3.1 software program.

Statistical analysis

As the studied loci are autosomal, frequency of each allele for individual STR was calculated from the numbers of genotype in the sample set by method of gene count. The unbiased estimates of the average heterozygosity and allele size variance were computed [18] through computer simulating program MICROSAT [19]. Further investigation of population genetic structure was carried using Arlequin (version 2.000) [20]. The population structure of disease and normal groups based on their allele frequency data across selected unlinked microsatellites was inferred from STRUCTURE software (version 2.0) [21]. Recombination rate (θ) [22, 23] between selected loci and VDR gene was calculated followed by analysis of allele frequency data among normal and disease groups using Chi-square test (χ^2) in program MINITAB [24]. Likelihood based test was applied to check allelic association following the established model [25].

Results

The observed alleles and corresponding allele frequencies across four selected loci, *D12S1635*, *D12S1663*, *D12S347* and *D12S96* for osteoporosis (n = 76), osteopenia (n = 72) and normal (n = 78) groups is computed (**Tables 2-5**).

Genetic diversity and structure

Genetic diversity is analyzed by three parameters viz. total number of alleles observed, allele size variance and average heterozygosity. The observed number of alleles for the locus *D12S1635* among normal and osteoporosis is found to be same (total number of observed allele is 5) whereas, in osteopenia group it is 6 (**Table 2**). Likewise, the observed number of alleles at loci *D12S1663* and *D12S347* are

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Table 2. Observed allele frequencies at locus *D12S1635* among three studied groups

Observed Alleles in studied groups	Observed Allele Frequencies		
	Normal (n = 78)	Osteopenia (n = 72)	Osteoporosis (n = 76)
23	0.100	0.065	0.039
25	0.157	0.109	0.000
26	0.129	0.088	0.013
27	0.171	0.130	0.145
28	0.357	0.369	0.514
29	0.086	0.239	0.289

Table 3. Observed allele frequencies at locus *D12S1663* among three studied groups

Observed Alleles in studied groups	Observed Allele Frequencies		
	Normal (n = 78)	Osteopenia (n = 72)	Osteoporosis (n = 76)
15	0.193	0.000	0.000
20	0.193	0.107	0.052
21	0.243	0.446	0.118
22	0.295	0.411	0.395
23	0.076	0.036	0.408
24	0.000	0.000	0.027

Table 4. Observed allele frequencies at locus *D12S347* among three studied groups

Observed Alleles in studied groups	Observed Allele Frequencies		
	Normal (n = 78)	Osteopenia (n = 72)	Osteoporosis (n = 76)
20	0.026	0.047	0.013
21	0.052	0.141	0.052
22	0.118	0.188	0.000
23	0.237	0.265	0.382
24	0.461	0.094	0.395
25	0.065	0.000	0.000
26	0.013	0.032	0.000
27	0.000	0.014	0.014
28	0.014	0.125	0.000
29	0.000	0.094	0.039
30	0.014	0.000	0.105

Table 5. Observed allele frequencies at locus *D12S96* among three studied groups

Observed Alleles in studied groups	Observed Allele Frequencies		
	Normal (n = 78)	Osteopenia (n = 72)	Osteoporosis (n = 76)
19	0.064	0.047	0.039
20	0.064	0.148	0.066
21	0.077	0.148	0.145
22	0.115	0.222	0.276
23	0.154	0.110	0.171
24	0.128	0.148	0.145
25	0.064	0.074	0.013
26	0.103	0.094	0.066
27	0.231	0.056	0.079

same (total number of observed allele is 5 and 9 respectively) among normal and osteopenia which decreases to 4 and 7 respectively in osteoporosis group (**Tables 3, 4**). However, at

locus *D12S96* the number of alleles observed is the same among all three study groups (**Table 5**). Thus, the sum total of alleles observed across all four STR loci in the population is

Table 6. Diversity indices among three studied groups of individual

Parameters	Normal (n = 78)	Osteopenia (n = 72)	Osteoporosis (n = 76)
Average allele size variance	3.915	3.807	2.773
Average heterozygosity	0.775	0.730	0.640

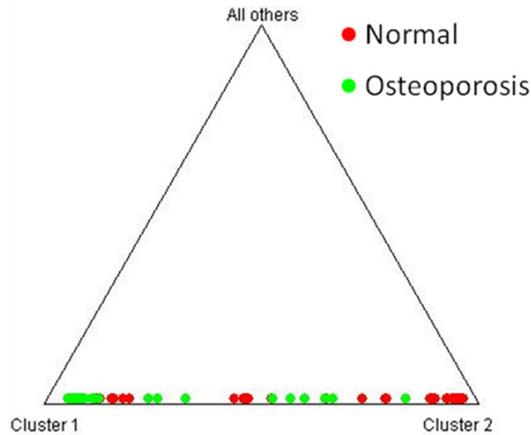


Figure 2. Triangle plot showing estimates of membership coefficient (Q) for each individual of sampled groups, analyzed under admixture model, assuming correlated allele frequencies.

greater in normal (28 alleles) and osteopenia (28 alleles) individuals than in osteoporosis (25 alleles). Average allele size variance is highest in normal individuals (3.915) followed by osteopenia (3.807) and osteoporosis (2.773) (Table 6). The average heterozygosity is again found to be highest in the normal population (0.775) and is least in osteoporotic individuals (0.640) (Table 6).

Since the sampled population belonged to the same geographical area, so the number of alleles, allele size variance and average heterozygosity might be influenced by population admixture and mixed ancestry. Therefore, an admixture model considering correlated allele frequency is applied in STRUCTURE program version 2.0. Using a model-based clustering method the value of α , which indicates degree of admixture, is computed and estimated to be 0.101. The estimation of Q which is the membership coefficient for each individual in a cluster (Figure 2) indicate admixture in the sampled groups. Analysis of molecular variance (AMOVA) shows maximum variation within the population (94.72%) whereas among the groups, the variation is less than 5.28%. The fixation index, F_{ST} for the whole sample is found to be 0.0528.

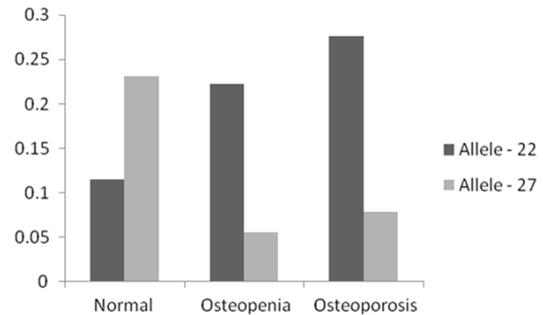


Figure 3. Frequency distribution of alleles - 22 and 27 at the microsatellite locus *D12S96*, among normal, osteopenia and osteoporosis individuals.

Genetic association between microsatellite allele and disease

The genetic distance of four microsatellite markers from the *VDR* gene is computed to assess linkage considering a scale of 1 Mb = 1.168 cM [28]. Locus *D12S1635* is found to be closest to the *VDR* gene (3.235 cM), whereas the computed distance between *D12S96* and *VDR* is found to be 5.653 cM. However, the recombination rate (θ) [29], which indexes linkage between two loci, is found to be 0.49 for all the selected markers and is slightly less than the threshold value of q , which is 0.5. Although the locus *D12S96* (12q13.13) is farthest from the *VDR* gene, it shows a significant difference in the allele frequency distribution pattern among normal and diseased condition (osteoporosis and osteopenia). To verify this allele frequency distribution pattern, we investigated the most frequent alleles (MFA) across the four markers in all groups. At locus *D12S1635*, allele 28 is predominantly present in three groups (Table 2). For loci, *D12S1663* (Table 3) and *D12S347* (Table 4), the MFA varied for different groups (osteoporosis - allele 23 and 24; osteopenia - allele 21 and 23 and normal subjects - allele 22 and 24 respectively) and no common pattern is observed across these two loci. Again, for the locus *D12S96*, which is farthest from the *VDR* gene (genetic distance - 5.653 cM) the most frequent allele was found to be same for the osteopenia and osteoporosis groups (allele - 22), whereas normal group

show allele - 27 as MFA (**Table 5**). Thus, for further linkage analyses, microsatellite marker *D12S96* is taken into consideration. The Chi-square (χ^2) test is performed using program MINITAB to evaluate allele frequency distribution pattern at *D12S96* among disease (osteoporosis and osteopenia) and normal group. Statistical significance was set at $p < 0.05$ level which confirmed that allele - 22 is present in significantly higher frequency (0.222 and 0.276) in disease condition (osteopenia and osteoporosis) than normal (observed allele frequency is 0.115) whereas, allele - 27 is predominant in the normal (observed allele frequency is 0.231) group (**Figure 3**).

Linkage disequilibrium (LD) between alleles - 22 and 27 of loci *D12S96* and osteoporosis is checked by applying likelihood test [30]. Here, the microsatellite locus is treated as bi-allelic marker (associated and non-associated alleles) and are represented in 2×2 contingency table. The χ^2 value with Yates correction is calculated to be 9.670 ($p < 0.001$) and the coefficient of association (ϕ) is found to be +0.310 (range from -1 to +1). Thus, likelihood test entails a slight positive association of allele - 22 with osteoporosis and its susceptibility, while allele - 27 is non-associated with the disease. The risk ratio for associated allele - 22 of *D12S96* is 2.5 [95% confidence interval (CI) 1.381 - 4.53; $p < 0.001$].

Discussion

The larger number of observed alleles across the four loci among normal and osteopenia groups indicates greater diversity in these two groups compared to osteoporosis. According to a priori power analysis, using G*Power 3.1 software, for one-tailed t-test with α -error set at 0.05 (power = 0.950), medium effect size (ρ) set at 0.19, coefficient of determination ($r^2 = 0.0361$). The total recommended sample size (N) is computed to be 291. However due to stringent exclusion criteria set during sample collection we were able to collect only 226 sample. Since the number of segregating alleles is sensitive to sample size other two parameters viz., allele size variance and average heterozygosity are calculated, to substantiate the greater genetic diversity among normal and osteopenia individuals [26, 27] (**Table 6**) compared to osteoporosis groups. The declining average allele size variance and average heterozygosity

from normal, osteopenia to osteoporosis groups further indicated less genetic diversity among the later groups. Population admixture analysis along with AMOVA indicates that the participating individuals belong essentially to the same heterozygous population. So the declining diversity could be attributed to the disease prevalence.

The four loci chosen for this study are present on the same contig near *VDR* (12q13.11). They are polymorphic in terms of large number of reference alleles (**Table 1**) and hence suitable for genetic epidemiology. However, in the selected population groups, the total numbers of alleles exhibited by these loci are less. This indicates a pressure of disease on microsatellite allele diversification in the selected population.

At locus *D12S1635*, MFA is found to be allele - 28 in all three groups viz., osteoporosis, osteopenia and normal subjects, suggesting inter-group similarity (**Table 2**) and its insignificance towards disease prevalence. Similar trends of common MFA are not found for the other three markers. Moreover, the loci, *D12S1633* and *D12S347*, though closer (genetic distance - 3.235 cM) to *VDR* seem to have no influence on the disease as no pattern of common MFA is observed between osteoporosis and osteopenia groups. However, at locus *D12S96* the MFA is significantly different ($p < 0.05$) between normal and disease group (osteoporosis and osteopenia). Most of the osteoporosis (27.6%) and osteopenia (22.2%) individuals have 22 repeats of CA nucleotides as compared to normal (11.5%) among which 27 repeats of CA nucleotides are predominant. Since *D12S96* locus is present at the 3' flanking end of the *VDR* gene, the decrease in the number of repeat units of CA in disease (22 repeats) group than normal (27 repeats) may influence the expression of *VDR* gene.

Conclusion

Thus, the present study clearly depicts that the level of heterozygosity, observed range of alleles and allele size variance are higher among normal subjects than the disease groups (osteopenia and osteoporotic subjects). This decreasing trend of diversity indices from normal to osteopenia and the least among osteoporosis group depicts disease burden on the human genome that may be causing allele

restriction. Taken together, the linkage analysis indicates for the first time a significant association between the allele 22 of *D12S96* locus situated downstream to *VDR* gene and risk of osteoporosis among Asian Indians. However, further studies with larger sample sizes from wider geographical areas are required for validation.

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Disclosure of conflict of interest

Authors' contribution: RA is the main investigator who has conceptualized the entire study. RM and BC have equally contributed to the manuscript. All authors read and approved the final manuscript.

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