

Fish oil attenuates liver injury caused by LPS in weaned pigs associated with inhibition of TLR4 and nucleotide-binding oligomerization domain protein signaling pathways

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Abstract

This study evaluated whether fish oil exerted a hepatoprotective effect in a LPS-induced liver injury model via regulation of TLR4 and nucleotide-binding oligomerization domain protein (NOD) signaling pathways. Twenty-four piglets were used in a 2×2 factorial design, and the main factors included diet (5% corn oil or 5% fish oil) and immunological challenge (LPS or saline). Fish oil resulted in enrichment of eicosapentaenoic acid, docosahexaenoic acid and total (n-3) polyunsaturated fatty acids in liver. Less severe liver injury was observed in pigs fed fish oil, as evidenced by improved serum biochemical parameters and less severe histological liver damage. In addition, higher expression of liver tight junction proteins, and lower hepatocyte proliferation and higher hepatocyte apoptosis were observed in pigs fed fish oil. The improved liver integrity in pigs fed fish oil was concurrent with reduced hepatic mRNA expression of TLR4, myeloid differentiation factor 88, IL-1 receptor-associated kinase 1 and TNF- α receptor-associated factor 6, and NOD1, NOD2 and receptor-interacting serine/threonine-protein kinase 2, as well as reduced hepatic protein expression of NF- κ B p65, leading to reduced hepatic pro-inflammatory mediators. These results indicate that fish oil improves liver integrity partially via inhibition of TLR4 and NOD signaling pathways under an inflammatory condition.

Keywords

Fish oil, lipopolysaccharide, weaned pigs, liver injury, pro-inflammatory cytokines, Toll-like receptor 4, nucleotide-binding oligomerization domain protein

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Introduction

The liver is the most important metabolic organ and the main detoxification site in the body.¹ However, numerous factors, such as bacterial and viral infection or inflammation, lead to activation of macrophages (Kupffer cells) with an increased production of pro-inflammatory cytokines, such as TNF- α , IL-1 β and IL-6, which, consequently, leads to parenchymal liver damage and liver dysfunction, such as acute hepatitis.² Among these cytokines, TNF- α has been shown to be the terminal mediator of hepatic injury and organ failure in several hepatitis models.² Therefore, nutritional modulation of liver inflammatory response, especially the production of pro-inflammatory cytokines may play a beneficial role in attenuating the liver injury.

Growing evidence indicates that long chain n-3 polyunsaturated fatty acids (PUFAs), such as

eicosapentaenoic acid [EPA, 20:5(n-3)] and docosahexaenoic acid [DHA, 22:6(n-3)], which are found mainly in fish oil, can reduce the inflammatory responses and exert beneficial effects on some inflammatory diseases, such as inflammatory bowel diseases, rheumatoid arthritis and asthma in animal models and clinical trials.^{3,4} The beneficial role of n-3 PUFAs may be associated with their inhibitory effects on the over-release of inflammatory mediators, such as pro-inflammatory

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cytokines.³ In addition, n-3 PUFAs have been shown to possess hepatoprotective effects in several liver injury models, such as chemically-induced acute hepatitis,² cholestatic liver injury,⁵ radiation-induced liver injury⁶ and liver ischemia-reperfusion injury.⁷ However, the mechanism(s) underlying the beneficial effect of n-3 PUFAs on liver remain to be elucidated.

Pattern recognition receptors, such as transmembrane TLRs and cytoplasmic nucleotide-binding oligomerization domain proteins (NODs), are important protein families that recognize pathogen associated molecular patterns (PAMPs), and regulate innate and adaptive immune responses.^{8,9} Among the TLR family, TLR4 is the best-characterized member; it is responsible for recognizing endotoxin (LPS) from Gram-negative bacteria.^{10,11} Among the NOD family, NOD1 and NOD2 are the most studied members; they possess the ability to connect with LPS and peptidoglycan, and to transduce a TLR-independent signal.⁹ TLR4 has been investigated extensively in pigs,^{12,13} and molecular cloning and functional characterization of NOD1 and NOD2 have been performed.^{14,15} Interaction of PAMPs with TLRs or NODs triggers multiple downstream intracellular signals that lead to the activation of NF- κ B,⁸ which then induces activation of inflammatory genes, such as *TNF- α* , *IL-1 β* and *IL-6*.⁸ Consequently, the pro-inflammatory cytokines mediate the host's defense against invading pathogens, but can also elicit collateral host tissue injury.

In the present study, *Escherichia coli* LPS, a potent endotoxin, was injected to build upon acute liver injury model following the model of Li et al.,¹ Masaki et al.¹⁶ and Schmöcker et al.² The LPS model is a well-established model for macrophage-dependent liver injury.^{2,16} When binding with the TLR4/MD2/CD14 receptor complex, LPS stimulates macrophages to release a variety of pro-inflammatory cytokines, which mediates the inflammatory response and induces tissue injury. In addition, we made use of a piglet model—a good animal model for studying human nutrition and physiology.^{17,18} Our aim was to evaluate whether dietary supplementation of fish oil (rich in n-3 PUFAs, such as EPA and DHA) could alleviate LPS-induced liver injury via down-regulation of TLR4 and NOD signaling pathways.

Materials and methods

Animal care and diets

This experiment was conducted according to the protocols approved by the Animal Care and Use Committee of Hubei Province, China. Twenty-four crossbred barrows (Duroc \times Large White \times Landrace, weaned at 21 ± 1 d of age) initially weighing 9.0 ± 0.7 kg were used in this experiment. The pigs were vaccinated against swine fever, porcine reproductive and

respiratory syndrome, *Haemophilus parasuis* and porcine pseudorabies before the experiment. Pigs were penned individually (1.80×1.10 -m pens) in a temperature-controlled nursery barn (25 – 27°C). Each pen contained a feeder and a nipple waterer to allow pigs *ad libitum* access to feed and water. Pigs were allotted randomly to one of two diets [5% corn oil-supplemented diet (control) ($n=12$) or fish oil-supplemented diet ($n=12$)]. The dose of 5% fish oil can be thought as a representative dose for treating inflammatory diseases in animal models and clinical trials.^{19,20} Menhaden fish oil was obtained from Fujian Gaolong Company (Fujian, China), and corn oil was obtained from Xiwang Food Company (Shandong, China). The experimental diets (Table 1) were formulated to meet or exceed National Research Council²¹ requirements. The dietary fatty acid composition (Table 2) was determined by gas chromatography, according to Nieto et al.²²

Experimental design

Pigs were fed fish oil or corn oil-supplemented diets for 21 d before LPS challenge. Before pigs were challenged with LPS, the experimental design was a randomized complete block. After pigs were challenged with LPS, the experiment became a 2×2 factorial design. The main factors consisted of diet (5% corn oil or 5% fish oil-supplemented diets) and immunological challenge (LPS or saline). On d 21, half of the pigs ($n=6$) in each dietary treatment were injected i.p. with either *E. coli* LPS (*E. coli* serotype 055: B5; purity $>99\%$; Sigma Chemical Inc., St. Louis, MO, USA) at $100 \mu\text{g/kg}$ body mass (BM) or the same amount of 0.9% (wt/vol) NaCl solution. The dose of LPS was chosen in accordance with our previous study.¹

Blood and liver sample collections

The procedures of blood and liver sample collections were the same as Li et al.¹ At 4 h following injection with LPS or saline, blood samples were collected into uncoated vacuum tubes and centrifuged ($3500g$ for 10 min) to collect serum. Plasma was stored at -80°C until analysis of serum biochemical parameters. Following blood collection, all pigs were killed humanely by i.m. injection of sodium pentobarbital (80 mg/kg BM) and then the liver samples (0.5-cm^3 segments) were collected. One fragment of liver samples was stored in fresh 4% paraformaldehyde/PBS for at least 24 h and then embedded in paraffin; the remaining portions were frozen immediately in liquid nitrogen and then stored at -80°C for further analysis. The time point of 4 h following LPS challenge was chosen according to our previous study, which showed that LPS caused acute liver injury and increased production of hepatic pro-inflammatory cytokines at 4 h after injection of LPS.¹

Table 1. Ingredient composition of diets (as fed basis).

Items	Content
Ingredients	%
Corn	55.50
Soybean meal (44% CP)	22.00
Wheat bran	3.00
Fish meal	5.50
Corn oil or fish oil	5.00
Soy protein concentrate	2.50
Milk-replacer powder	3.00
Limestone	0.70
Dicalcium phosphate	1.00
Salt	0.20
L-Lysine. HCl (78.8% lysine)	0.27
Acidifier ^a	0.20
Butylated hydroquinone	0.05
Preservative ^b	0.05
Sweetener ^c	0.03
Vitamin and mineral premix ^d	1.00
Nutrient composition	
Digestible energy ^e (MJ/kg)	14.0
Crude protein ^f	20.2
Calcium ^f	0.90
Total phosphorus ^f	0.70
Total lysine ^e	1.35
Total methionine + cysteine ^e	0.72

^aA compound acidifier including lactic acid and phosphoric acid (Wuhan Fanhua Biotechnology Company, Wuhan, China).

^bA compound mould inhibitor including calcium propionate, fumaric acid, fumaric acid monoethyl ester and sodium diacetate (Sichuan Minsheng Pharmaceutical, Chengdu, China).

^cA compound sweetener including saccharin sodium and disodium 5'-guanylate (Wuhan Fanhua Biotechnology Company).

^dThe premix provided the following amounts per kg of complete diet: retinol acetate, 2700 µg; cholecalciferol, 62.5 µg; dl- α -tocopheryl acetate, 20 mg; menadione, 3 mg; vitamin B₁₂, 18 µg; riboflavin, 4 mg; niacin, 40 mg; pantothenic acid, 15 mg; choline chloride, 400 mg; folic acid, 700 µg; thiamin, 1.5 mg; pyridoxine, 3 mg; biotin, 100 µg; Zn, 80 mg (ZnSO₄·7H₂O); Mn, 20 mg (MnSO₄·5H₂O); Fe, 83 mg (FeSO₄·H₂O); Cu, 25 mg (CuSO₄·5H₂O); I, 0.48 mg (KI); Se, 0.36 mg (Na₂SeO₃·5H₂O).

^eCalculated.

^fAnalyzed.

CP: crude protein.

The frozen liver samples were weighed, homogenized in ice-cold PBS-EDTA (0.05 M Na₃PO₄, 2.0 M NaCl, 2 × 10⁻³ M EDTA, pH 7.4) with a 1:10 (wt/vol) ratio and then centrifuged (3500 g for 10 min at 4°C) to collect the supernatant. The supernatant was used for TNF- α and prostaglandin E₂ (PGE₂) analysis.

Hepatic fatty acid composition

Hepatic fatty acid profiles were determined by gas chromatography in accordance with the method of Nieto et al.²²

Table 2. Fatty acid composition of the 5% fish oil or 5% corn oil supplemented diets.^a

Fatty acids	Corn oil diet	Fish oil diet
	% Total fatty acids	
14:0	0.4	5.3
16:0	15.0	20.3
16:1(n-7)	0.5	6.0
18:0	2.4	3.7
cis 18:1(n-9)	27.9	17.4
cis 18:2(n-6)	47.4	20.3
18:3(n-3)	1.3	1.4
20:4(n-6)	0.1	0.8
20:5(n-3)	ND	11.6
22:6(n-3)	0.9	7.9
Total (n-6) PUFA ^b	47.6	21.5
Total (n-3) PUFA ^b	2.2	20.9
(n-6)/(n-3) ^b	21.8	1.0

^aThe dietary fatty acid profiles from 4:0 to 24:1(n-9) were analyzed in duplicate. Only the most abundant fatty acids are listed. The detection limit was 0.001 mg/g diet for each fatty acid.

^bTotal (n-6) PUFA and total (n-3) PUFA corresponded to the sum of all the (n-6) or (n-3) PUFA detected.

ND: not detectable.

Serum biochemical parameters

The activities of serum alanine aminotransferase (ALT), aspartate aminotransferase (AST) and alkaline phosphatase (AKP) were analyzed by the colorimetric method using commercial kits (Nanjing Jiancheng Biological Product, Nanjing, China). The activity of serum glutamyl transpeptidase (GGT) was analyzed by enzymatic rate method using a commercial kit (Shanghai Fenghui Medical Technology Company, Shanghai, China). The concentration of serum total bilirubin (TBIL) was measured using commercial kits (Nanjing Jiancheng Biological Product). All parameters were analyzed according to the protocols of the manufacturers.

Liver morphology

Tissue slides (5 µm) for liver morphology were deparaffinized and stained with hematoxylin and eosin. Histological analysis was performed in a blinded manner using a light microscope with a computer-assisted morphometric system (BioScan Optimetric, BioScan, Edmonds, WA, USA) by an experienced pathologist.

Hepatic TNF- α and PGE₂ concentrations

The TNF- α concentration in liver supernatant was determined using a commercially available porcine ELISA kit (R&D Systems, Minneapolis, MN, USA).

The PGE₂ concentration in liver supernatant was analyzed using a commercially available ¹²⁵I RIA kit (Beijing Sino-uk Institute of Biological Technology, Beijing, China). The results of TNF- α and PGE₂ were expressed as pg/mg protein.

Protein expression analysis by Western blot

The methods for analysis of heat shock protein 70 (HSP70) and NF- κ B p65 proteins by Western blot was the same as described in Hou et al.^{23,24} Briefly, the liver samples were homogenized in lysis buffer and centrifuged to collect the supernatants for Western blot. Hepatic proteins were separated on a polyacrylamide gel and transferred onto polyvinylidene difluoride membranes. Immunoblots were blocked for at least 60 min with 3% BSA in TBS/Tween-20 buffer. The membranes were incubated overnight (12–16 h) at 4°C with primary Abs and then with the secondary Ab for 120 min at room temperature (21–25°C). Specific primary Abs included mouse anti-HSP70 (1:2000; #SPA-810, Stressgen, Farmingdale, NY, USA), mouse anti-NF κ B p65 (1:1000; #6956, Cell Signaling, Danvers, MA, USA) or mouse anti- β -actin (1:10000; #A2228, Sigma Aldrich, St. Louis, MO, USA). The secondary Ab was goat anti-mouse IgG-HRP (1:5000; #ANT019, Antgene Biotech, Wuhan, China). Blots were developed using an enhanced chemiluminescence Western blotting kit (Amersham Biosciences, Uppsala, Sweden), visualized using a Gene Genome bioimaging system and analyzed using GeneTools software (Syngene, Frederick, MD, USA). The relative abundance of each target protein was expressed as target protein/ β -actin protein ratio.

mRNA expression analysis by real-time PCR

Total RNA was isolated from liver samples using TRIzol reagent [TaKaRa Biotechnology (Dalian), Dalian, China] according to the the manufacturer's instructions. Total RNA was quantified by determining the absorbance at 260 nm using a Nano-Drop 2000 Spectrophotometer (Thermo Scientific, Wilmington, DE, USA). RNA purity was assessed by determining the ratio of the absorbance at 260 and 280 nm, and the integrity was verified using agarose gel electrophoresis.

Removal of genomic DNA and synthesis of cDNA were performed using a PrimeScript[®] RT reagent kit with gDNA eraser [TaKaRa Biotechnology (Dalian)] according to the protocol of the manufacturer. The real-time PCR analysis for gene expression was performed using a SYBR[®] Premix Ex Taq[™] (Tli RNaseH Plus) qPCR kit [TaKaRa Biotechnology (Dalian)] on an Applied Biosystems 7500 Real-Time PCR System (Applied Biosystems, Foster City, CA, USA). The total volume of PCR reaction system was 20 μ l, which contained 10.0 μ l SYBR[®] Premix Ex

Taq[™] (2 \times), 0.4 μ l forward primer (10 μ mol/l), 0.4 μ l reverse primer (10 μ mol/l), 0.4 μ l ROX reference dye II (10 \times), 2.0 μ l cDNA and 6.8 μ l RNase free water. After an initial denaturation at 95°C for 30 s, the reaction was cycled 40 times at 95°C for 5 s and 60°C for 34 s. The primer pairs used are shown in Table 3. Quantitative PCR efficiencies were acquired by the amplification of dilution series of cDNA, and the efficiencies of all target genes and housekeeping gene used in this experiment were close to 100%. Melt curve analysis was performed to validate the primer specificity. Nuclease-free water and genomic DNA-erased RNA (described earlier) were used as negative controls with each assay. All samples were run in triplicate. The PCR products of different primers were verified by agarose gel electrophoresis and sequencing. The expression of the target genes relative to housekeeping gene (GAPDH) was analyzed by the $2^{-\Delta\Delta CT}$ method of Livak and Schmittgen.²⁵ Our results demonstrated that GAPDH did not exhibit any variation among four treatments. Relative mRNA abundance of each target gene was normalized to the group fed corn oil and injected with sterile saline.

Statistical analysis

All data were analyzed by ANOVA using the GLM procedures of SAS (SAS, Cary, NC, USA). The statistical model included the main effects of immunological challenge (saline or LPS) and dietary treatment (5% corn oil or 5% fish oil), and their interactions. Data were expressed as means \pm pooled SEM. $P \leq 0.05$ was considered as statistically significant and $0.05 < P \leq 0.10$ as trends. If a significant interaction or a trend for interaction occurred, *post hoc* testing was performed using Bonferroni's multiple comparison tests. The Bonferroni correction is used to reduce the possibility of making a type I error when multiple pair wise tests are performed on a single data set. To perform a Bonferroni correction, the critical P -value (α) is divided by the number of comparisons being made to get the new critical P -value. The statistical power of the study is then calculated based on this modified P -value. In our current study, the modified P -value was 0.0125 (i.e. $0.05/4 = 0.0125$).

Results

Liver fatty acid composition

Throughout the 21-d trial (pre-challenge), initial and final body mass did not differ between 5% fish oil and 5% corn oil-supplemented diet groups (data not shown). Challenge with LPS decreased total (n-3) PUFA proportion in liver ($P < 0.05$) (Table 4) and had no effect on the other fatty acids in liver. No LPS challenge \times diet interaction was observed for the proportions of the fatty acids. Fatty acid profiles of the

Table 3. Primer sequences used for real-time PCR.

Gene	Forward (5'-3')	Reverse (5'-3')	Annealing temperatures (°C)	Product length (bp)	Accession numbers
Occludin	ATCAACAAAGGCAACTCT	GCAGCAGCCATGTACTCT	60	157	NM_001163647.1
Claudin-1	AGATTTACTCCTACGCTGGT	GCACCTCATCATCTTCCAT	60	249	NM_001244539.1
ZO-1	GAGTTTGATAGTGGCGTT	GTGGGAGGATGCTGTTGT	60	298	AJ318101.1
PCNA	TACGCTAAGGGCAGAAGATAATG	CTGAGATCTCGGCATATACGTG	60	192	XM_003359883.1
Caspase-3	ACCCAAACTTTTCATAATTCA	ACCAGGTGCTGTAGAATATGC	60	145	NM_214131.1
TLR4	TCAGTTCTCACCTTCCTCCTG	GTTTCATTCTCACCCAGTCTTC	60	166	GQ503242.1
MyD88	GATGGTAGCGGTTGTCTCTGAT	GATGCTGGGGAACCTTTCTTC	60	148	AB292176.1
IRAK1	CAAGGCAGGTCAGGTTTCGT	TTCGTGGGCGTGAGTGT	60	115	XM_003135490.1
TRAF6	CAAGAGAATACCCAGTCGCACA	ATCCGAGACAAAGGGGAAGAA	60	122	NM_001105286.1
NOD1	CTGTCGTCAACACCGATCCA	CCAGTTGGTGACGCAGCTT	60	57	AB187219.1
NOD2	GAGCGCATCCTCTTAACCTTCG	ACGCTCGTGATCCGTGAAC	60	66	AB195466.1
RIPK2	CAGTGTCAGTAAATCGCAGTTG	CAGGCTTCCGTCATCTGGTT	60	206	XM_003355027.1
NF- κ B p65	AGTACCCTGAGGCTATAACTCGC	TCCGCAATGGAGGAGAAGTC	60	133	EU399817.1
TNF- α	TCCAATGGCAGAGTGGGTATG	AGCTGGTTGTCTTTCAGCTTCAC	60	67	NM_214022.1
COX2	ATGATCTACCCGCCTCACAC	AAAAGCAGCTCTGGGTCAAA	60	284	AY028583.1
HSP70	GCCCTGAATCCGCAGAATA	TCCCCACGGTAGGAAACG	60	152	NM_001123127.1
GAPDH	CGTCCCTGAGACACGATGGT	GCCTTGACTGTGCCGTGGAAT	60	194	AF017079.1

Table 4. Effects of fish oil or corn oil supplementation on selected fatty acids in liver after 4 h *E. coli* LPS challenge in weaned pigs.

	Saline		LPS			P-value		
Item	Corn oil	Fish oil	Corn oil	Fish oil	SEM	Diet	LPS	Interaction
% Total fatty acids								
16:0	14.09	13.36	14.59	14.07	0.61	0.167	0.180	0.806
16:1(n-7)	0.44	1.13	0.36	1.04	0.20	<0.001	0.564	0.915
18:0	24.77	26.14	25.60	25.72	1.77	0.560	0.872	0.622
cis 18:1(n-9)	10.21	7.85	9.69	7.79	1.57	0.073	0.798	0.836
cis 18:2(n-6)	20.46	10.12	19.02	9.97	1.05	<0.001	0.299	0.398
20:4(n-6)	14.87	5.28	14.71	5.57	0.95	<0.001	0.922	0.746
20:5(n-3)	1.00	13.37	0.95	12.43	0.69	<0.001	0.321	0.375
24:0	0.67	5.36	0.76	6.03	0.42	<0.001	0.221	0.346
22:6(n-3)	6.53	10.48	6.43	10.12	0.55	<0.001	0.565	0.748
24:1(n-9)	1.70	3.70	1.98	2.60	0.67	0.014	0.400	0.163
Total (n-6) PUFA	36.35	16.10	34.95	16.22	0.56	<0.001	0.127	0.073
Total (n-3) PUFA	8.01	24.37	7.77	23.01	0.45	<0.001	0.025	0.099
(n-6):(n-3)	4.56	0.66	4.50	0.71	0.11	<0.001	0.950	0.510

Values are mean and pooled SE $n = 6$ (1 pig/pen).

The hepatic fatty acid profiles from 4:0 to 24:1(n-9) were analyzed in duplicate. Only the major fatty acids are listed.

Total (n-6) PUFA and total (n-3) PUFA corresponded to the sum of all the (n-6) or (n-3) PUFA detected.

livers mostly mirrored the fatty acid composition of diets (Table 2 and 4). Compared with pigs fed corn oil, pigs fed fish oil had higher proportions of palmitoleic acid [16:1(n-7)], EPA, DHA, lignoceric acid (24:0), nervonic acid [24:1(n-9)] and total (n-3) PUFA ($P < 0.05$), had lower proportions of linoleic acid [18:2(n-6)], arachidonic acid [20:4(n-6)], total (n-6) PUFA and (n-6):(n-3) ratio ($P < 0.001$), and tended to have a lower proportion of oleic acid [18:1(n-9)] in liver

($P = 0.073$). Fish oil had no effect on the proportions of liver palmitic acid (16:0) and stearic acid (18:0) relative to corn oil.

Liver morphology

Regarding hepatic morphology, no obvious morphologic changes were observed in the saline-injected pigs fed corn oil (Figure 1A) or fish oil (Figure 1B) diets.

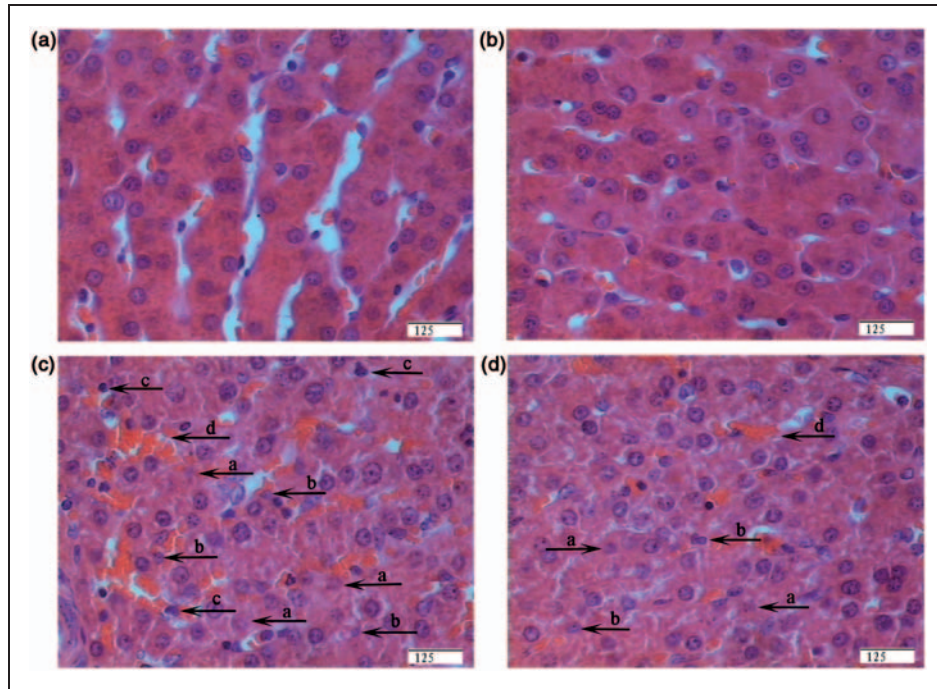


Figure 1. Effects of fish oil or corn oil supplementation on liver morphology after 4 h *E. coli* LPS challenge in weaned pigs. The representative photomicrographs of liver sections stained with hematoxylin and eosin are shown. (A) Piglets fed the corn oil diet and injected with saline. (B) Piglets fed the fish oil diet and injected with saline. No obvious morphologic changes were found. (C) Piglets fed the corn oil diet and challenged with LPS. Significant morphologic changes associated with liver injury, such as hepatocyte karyolysis (a), karyopycnosis (b), inflammatory cell infiltration (c), hyperaemia in hepatic sinusoids (d) and hepatic cell cords arrangement in disorder, were observed. (D) Piglets fed the fish oil diet and challenged with LPS. Liver injury was significantly attenuated. Original magnifications $400\times$. Scale bars = 125 μm .

However, morphologic changes associated with hepatic injury, such as hepatocyte karyolysis, karyopycnosis, inflammatory cell infiltration, hyperaemia in hepatic sinusoids and hepatic cell cords arrangement in disorder, were observed in LPS-challenged pigs fed corn oil (Figure 1C). Compared with LPS-challenged pigs fed corn oil, liver injury was significantly attenuated in LPS challenged pigs fed fish oil (Figure 1D).

Serum biochemical parameters

There were no differences in serum biochemical parameters at 0 h among four treatments (Table 5). Compared with pigs injected with saline, pigs challenged with LPS had higher serum AKP ($P < 0.001$) and GGT ($P < 0.05$) activities, and TBIL concentration ($P < 0.05$) at 2 h and 4 h post-injection, and AST activity ($P < 0.05$) at 4 h post-injection. There was no LPS challenge \times diet interaction observed for serum ALT, AST, GGT or TBIL. However, the pigs fed the fish oil diet had lower serum ALT activity ($P < 0.01$) and TBIL concentration ($P < 0.05$) at 2 h and 4 h post-injection compared with pigs fed the corn oil diet. There was a significant LPS challenge \times diet interaction or a trend for interaction observed for serum AKP at 2 h ($P < 0.05$) and 4 h ($P = 0.074$) post-injection such that the responses of

these parameters to the LPS challenge were lower in those pigs fed the fish oil diet compared with the LPS-challenged pigs fed the corn oil diet, whereas there was no difference in these parameters in saline injected pigs.

Liver tight junction proteins, proliferation cell nuclear antigen and caspase-3 expression

Challenge with LPS decreased hepatic occludin and claudin-1 mRNA abundance, and increased hepatic proliferation cell nuclear antigen (PCNA) and caspase-3 mRNA abundance ($P < 0.001$) (Table 6). There was a LPS challenge \times diet interaction observed for hepatic PCNA ($P < 0.05$) and caspase-3 ($P < 0.001$) and a trend for interaction observed for liver claudin-1 ($P = 0.092$) in which pigs fed fish oil had lower liver PCNA mRNA abundance, and higher hepatic caspase-3 and claudin-1 mRNA abundance compared with pigs fed corn oil among LPS-treated pigs, whereas there was no difference for these variables among saline-treated pigs. No LPS challenge \times diet interaction was observed for hepatic occludin. Dietary supplementation of fish oil increased liver occludin mRNA abundance ($P < 0.05$) compared with corn oil. Neither LPS nor diet had an effect on liver zonula occludens-1 (ZO-1) mRNA abundance.

Table 5. Effects of fish oil or corn oil supplementation on serum biochemical parameters after 4 h *E. coli* LPS challenge in weaned pigs.

	Saline		LPS			P-value		
Item	Corn oil	Fish oil	Corn oil	Fish oil	SEM	Diet	LPS	Interaction
0 h								
ALT (U/l)	73.5	61.0	64.3	61.8	8.3	0.226	0.484	0.412
AST (U/l)	47.7	45.3	37.8	46.0	8.4	0.634	0.457	0.389
AKP (U/l)	301	307	303	291	41	0.936	0.810	0.764
GGT (U/l)	26.1	26.8	25.6	24.4	3.4	0.923	0.547	0.701
TBIL (umol/l)	10.4	10.2	9.9	10.3	0.4	0.740	0.426	0.249
2 h								
ALT (U/l)	65.1	51.8	70.8	54.3	5.5	0.001	0.307	0.692
AST (U/l)	58.6	55.0	59.3	62.4	8.6	0.967	0.515	0.582
AKP (U/l)	303 ^a	303 ^a	483 ^b	358 ^a	39	0.032	<0.001	0.034
GGT (U/l)	25.7	24.2	27.3	31.0	2.5	0.532	0.028	0.159
TBIL (μmol/l)	12.3	11.2	14.5	11.9	0.8	0.003	0.021	0.224
4 h								
ALT (U/l)	66.3	49.8	70.9	50.6	5.9	<0.001	0.516	0.657
AST (U/l)	83.5	78.3	122.9	105.9	18.0	0.390	0.014	0.648
AKP (U/l)	310 ^{a,b}	294 ^a	598 ^c	439 ^b	54	0.030	<0.001	0.074
GGT (U/l)	25.2	24.6	27.9	33.2	2.6	0.206	0.006	0.118
TBIL (μmol/l)	15.2	12.9	22.4	19.6	1.6	0.029	<0.001	0.831

Values are mean and pooled SE $n = 6$ (1 pig/pen).

^{a-c}Labeled means in a row without a common letter differ, $P < 0.05$.

Table 6. Effects of fish oil or corn oil supplementation on mRNA expression of tight junction proteins, PCNA and caspase-3 in liver after 4 h *E. coli* LPS challenge in weaned pigs.

Item	Saline		LPS		SEM	P-value		
	Corn oil	Fish oil	Corn oil	Fish oil		Diet	LPS	Interaction
Occludin	1.00	1.50	0.32	0.59	0.24	0.032	<0.001	0.510
Claudin-1	1.00 ^b	1.04 ^b	0.16 ^a	0.62 ^b	0.17	0.048	<0.001	0.092
ZO-1	1.00	1.01	0.86	1.05	0.15	0.359	0.627	0.415
PCNA	1.00 ^a	0.95 ^a	2.35 ^b	1.54 ^a	0.25	0.025	<0.001	0.046
Caspase-3	1.00 ^a	0.57 ^a	3.48 ^b	8.50 ^c	0.92	0.002	<0.001	<0.001

Values are mean and pooled SE $n = 6$ (1 pig/pen).

^{a-c}Labeled means in a row without a common letter differ, $P < 0.05$. All the data were acquired using real-time PCR. GAPDH was the housekeeping gene, and the pigs fed the corn oil diet and injected with saline were the calibrator sample.

Liver TNF- α , PGE₂ and HSP70 levels, and TNF- α , COX2 and HSP70 mRNA expression

Challenge with LPS increased TNF- α concentration ($P < 0.05$) and HSP70 protein expression ($P < 0.05$), and tended to increase PGE₂ concentration ($P = 0.052$) in liver (Table 7 and Figure 2). There was no LPS challenge \times diet interaction observed for liver TNF- α and HSP70. However, the pigs fed the fish oil diet had lower liver TNF- α concentration ($P < 0.01$) and HSP70 protein expression ($P < 0.05$) compared with pigs fed the corn oil diet. There was a LPS challenge \times diet interaction observed for liver PGE₂

concentration ($P < 0.05$) such that the responses of PGE₂ to the LPS challenge were lower in those pigs receiving the fish oil diet compared with the LPS-challenged pigs fed the corn oil diet, whereas there was no difference in this parameter in saline-injected pigs.

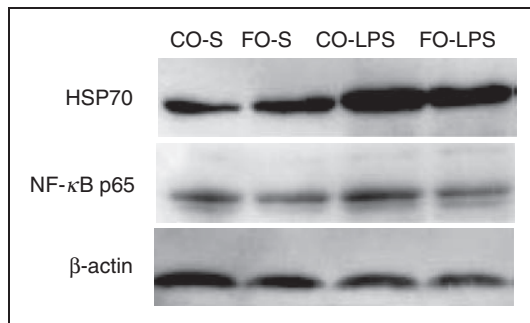
LPS challenge increased liver TNF- α , cyclooxygenase 2 (COX2) and HSP70 mRNA abundance ($P < 0.001$) (Table 8). There was a LPS challenge \times diet interaction observed for liver COX2 mRNA abundance ($P < 0.05$), and a trend for interaction observed for liver TNF- α mRNA abundance ($P = 0.088$) such that the responses of these parameters to the LPS challenge were lower in those pigs receiving the fish oil diet

Table 7. Effects of fish oil or corn oil supplementation on liver TNF- α and PGE₂ concentrations, and HSP70 and NF- κ B p65 protein expressions after 4 h *E. coli* LPS challenge in weaned pigs.

Item	Saline		LPS		SEM	P-value		
	Corn oil	Fish oil	Corn oil	Fish oil		Diet	LPS	Interaction
TNF- α (pg/mg protein)	98	81	101	95	5	0.006	0.021	0.152
PGE ₂ (pg/mg protein)	25.6 ^a	25.9 ^a	30.4 ^b	25.5 ^a	1.6	0.043	0.052	0.026
HSP70/ β -actin	1.56	1.18	1.97	1.53	0.26	0.032	0.046	0.851
NF- κ B p65/ β -actin	0.72	0.62	1.12	0.83	0.09	0.042	0.003	0.317

Values are mean and pooled SE $n = 6$ (1 pig/pen).

^{a-b}Labeled means in a row without a common letter differ, $P < 0.05$. The data for HSP70 and NF- κ B p65 protein expression were acquired using Western blot. Values for relative HSP70 and NF- κ B p65 expression were normalized for β -actin.

**Figure 2.** Effects of fish oil or corn oil supplementation on protein expression of HSP70 and NF- κ B p65 in liver after 4 h *E. coli* LPS challenge in weaned pigs. The bands were the representative Western blot images of HSP70 (70 ku), NF- κ B p65 (65 ku) and β -actin (42 ku) in liver. Column CO-S, piglets fed the corn oil diet and injected with saline; Column FO-S, piglets fed the fish oil diet and injected with saline; Column CO-LPS, piglets fed the corn oil diet and challenged with LPS; Column FO-LPS, piglets fed the fish oil diet and challenged with LPS.

than in the LPS-challenged pigs fed the corn oil diet, whereas there was no difference in these parameters in saline-injected pigs. Fish oil supplementation had no effect on HSP70 mRNA abundance relative to corn oil.

mRNA expression of TLR4 and NODs, and their downstream signals

LPS challenge increased mRNA abundance (Table 8) of liver TLR4, MyD88, IL-1 receptor-associated kinase 1 (IRAK1), TNF- α receptor-associated factor 6 (TRAF6), NOD1, NOD2 and receptor-interacting serine/threonine-protein kinase 2 (RIPK2) ($P < 0.01$). There was a LPS challenge \times diet interaction observed for liver TLR4, MyD88, IRAK1, NOD1 and NOD2 ($P < 0.05$), and a trend for interaction observed for liver RIPK2 ($P = 0.066$) such that the responses of these parameters to LPS challenge were lower in those pigs receiving the fish oil diet compared with the LPS challenged pigs fed the corn oil diet, whereas there was no difference for these parameters in saline-injected pigs. There was no LPS challenge \times diet interaction observed

for liver TRAF6. However, the pigs fed the fish oil diet tended to have lower TRAF6 mRNA abundance ($P = 0.095$) than pigs fed the corn oil diet.

There was no LPS challenge \times diet interaction observed for liver NF- κ B p65 mRNA (Table 8) and protein expression (Table 7 and Figure 2). LPS challenge increased mRNA and protein expression of NF- κ B p65 in liver ($P < 0.01$). Fish oil had no effect on NF- κ B p65 mRNA abundance, but decreased its protein expression ($P < 0.05$).

Discussion

In this study, to investigate whether dietary supplementation of fish oil could alleviate liver injury, we utilized a well-documented model for inducing liver damage by injecting *E. coli* LPS.^{1,2,16,26} This molecule (LPS), found in the outer membrane of all Gram-negative bacteria, is a potent endotoxin.^{2,16} It binds to Kupffer cells, the specialized macrophages located in liver, and activates them, resulting in the over-release of pro-inflammatory cytokines, such as TNF- α , IL-1 β and IL-6. Of them, TNF- α is a critical mediator of liver damage in this model.² Studies have shown that, within 3–6 h of LPS injection, LPS caused acute liver histological injury and dysfunction, which was accompanied with enhanced hepatic pro-inflammatory cytokine production.^{2,16,26,27}

As an excellent source of n-3 PUFAs such as EPA and DHA, fish oil exerts beneficial effects on inflammatory diseases in animal models and clinical trials.³ Based on this, we investigated a protective effect of 5% fish oil supplementation against LPS-induced liver injury and the molecular mechanism for hepatoprotective effect of fish oil using a piglet model. In our study, as expected, we observed that EPA, DHA and total (n-3) PUFA were enriched in liver through dietary supplementation of 5% fish oil, which is consistent with the results of El-Badry et al.²⁸ and Schmöcker et al.²

Elevation in serum transaminases (ALT and AST) is considered to be a sensitive indicator of liver injury.¹ In addition, serum AKP and GGT activity, and TBIL level, are also described as valuable parameters of liver injury.^{1,5} In this study, serum AST, AKP and

Table 8. Effects of fish oil or corn oil supplementation on mRNA expression of TLR4 and NODs and their downstream signals after 4 h *E. coli* LPS challenge in weaned pigs.

Item	Saline		LPS		SEM	P-value		
	Corn oil	Fish oil	Corn oil	Fish oil		Diet	LPS	Interaction
TLR4	1.00 ^a	0.81 ^a	3.30 ^c	1.96 ^b	0.28	0.001	<0.001	0.010
MyD88	1.00 ^a	0.85 ^a	5.51 ^c	3.65 ^b	0.39	0.001	<0.001	0.005
IRAK1	1.00 ^a	0.97 ^a	1.61 ^b	1.08 ^a	0.16	0.022	0.005	0.041
TRAF6	1.00	0.84	3.17	2.24	0.44	0.095	<0.001	0.229
NOD1	1.00 ^{a,b}	0.51 ^a	3.78 ^c	1.44 ^b	0.31	<0.001	<0.001	<0.001
NOD2	1.00 ^a	1.51 ^a	25.54 ^c	16.85 ^b	1.89	0.006	<0.001	0.003
RIPK2	1.00 ^a	0.73 ^a	20.07 ^c	12.05 ^b	2.82	0.050	<0.001	0.066
NF- κ B p65	1.00	0.78	2.47	2.31	0.29	0.354	<0.001	0.864
TNF- α	1.00 ^a	0.82 ^a	4.84 ^c	3.25 ^b	0.55	0.036	<0.001	0.088
COX2	1.00 ^a	0.79 ^a	40.59 ^b	15.76 ^a	6.47	0.013	<0.001	0.014
HSP70	1.00	1.10	273.16	360.11	64.91	0.354	<0.001	0.355

Values are mean and pooled SE $n = 6$ (1 pig/pen).

^{a-c}Labeled means in a row without a common letter differ, $P < 0.05$. All the data were acquired using real-time PCR. GAPDH was the housekeeping gene, and the pigs fed the corn oil diet and injected with saline were the calibrator sample.

GGT activities, and TBIL level, showed a marked increase in pigs subjected to LPS challenge. However, fish oil decreased ALT and AKP activities, and TBIL level, compared with corn oil. These results were also supported by histological observations; while liver obtained from the LPS-challenged pigs fed corn oil showed severe injury, such as hepatocyte karyolysis, karyopycnosis, inflammatory cell infiltration, hyperaemia in hepatic sinusoids and hepatic cell cords arrangement in disorder, only mild hepatic injury was observed in the LPS-challenged pigs fed fish oil. These results demonstrate that fish oil supplementation attenuated the damage of hepatic architecture and function after LPS challenge. Similarly, n-3 PUFAs have been reported to attenuate hepatic damage, as indicated by reduced serum AST, ALT, AKP and GGT levels, and less histological liver damage in a D-galactosamine (D-GalN)/LPS hepatitis model,² cholestatic liver injury⁵ and liver ischemia-reperfusion injury.⁷

The tight junction is a major cellular component for the maintenance of tissue integrity and has a barrier function.²⁹ The injury of liver architecture is due largely to changes in tight junctions.²⁹ Changes in tight junctions result in deteriorated liver barrier function and increased intercellular permeability.²⁹ Tight junctions are composed of at least 40 different proteins. Of them, occluding, claudins and ZO-1 are considered as the major integral membrane proteins which participate in tight junction structural integrity.³⁰ In our study, consistent with the improved hepatic architecture and function, fish oil increased the mRNA expression of liver occludin and claudin-1. In agreement with our study, Yan et al.³¹ reported that n-3 PUFA supplementation enhanced the expression of occludin, claudin-3 and ZO-1, and protected hepatic tight junction architecture and hepatic function after 70% hepatectomy in

rats. In the present study, fish oil may improve hepatic architecture and function partially via improving the expression of liver tight junction proteins.

Maintaining tissue integrity and homeostasis is determined mainly by a balance between cell proliferation and cell apoptosis.³² However, in pathological conditions, the balance between proliferation and apoptosis is often altered, which results in changes in tissue integrity and homeostasis, thus resulting in the onset of liver diseases.³² Insufficient apoptosis, with failure to remove the damaged cells or cells carrying mutated genes, and uncontrolled proliferation on inflammatory condition, can promote the development of liver cancer.³³ In the current study, LPS challenge induced hepatocyte proliferation indicated by higher PCNA mRNA abundance. This increase in proliferation was accompanied by an increase in apoptosis, which was indicated by higher caspase-3 mRNA abundance, suggesting a compensative trend toward tissue homeostasis. Fish oil inhibited LPS-induced hepatocyte proliferation and promoted hepatocyte apoptosis, which was indicated by lower PCNA mRNA abundance and higher caspase-3 mRNA abundance. Similarly, Chen et al.³⁴ reported that fish oil inhibited liver cell proliferation in spontaneously hypertensive rats. In addition, Kotzampassi et al.⁶ reported that n-3 PUFAs promoted hepatocyte apoptosis, which resulted in faster detachment of damaged cell from the irradiated tissue, thus attenuating radiation-induced liver injury in the rat. In the present study, fish oil may improve the liver integrity partially via modulating hepatocyte proliferation and apoptosis.

We hypothesized that fish oil improved liver integrity by attenuating the liver inflammatory response. Increased levels of TNF- α , PGE₂, COX2 (the key enzyme to produce PGE₂) and HSP70 are thought of

as important markers of inflammation.^{1,35,36} In our study, consistent with improved liver integrity, dietary supplementation of fish oil decreased TNF- α and PGE₂ concentrations and HSP70 protein expression, and also decreased the mRNA expression of TNF- α and COX2 in liver. Several studies have implicated n-3 PUFA in the dampening of liver inflammation by reducing pro-inflammatory mediators, such as pro-inflammatory cytokines (especially TNF- α)^{2,7,37,38} and pro-inflammatory eicosanoids (e.g. PGE₂).³⁹ For example, Schmöcker et al.² reported that n-3 PUFA alleviated D-GalN/LPS-induced acute hepatitis, which was associated with suppression of plasma TNF- α levels and hepatic gene expression of TNF- α , IL-1 β , IFN- γ and IL-6 in the transgenic fat-1 mouse. So, in our current experiment, dietary fish oil supplementation may enhance liver integrity partially by reducing pro-inflammatory mediators.

To explore the molecular mechanism(s) by which dietary supplementation of fish oil exerted an anti-inflammatory role in liver, we examined the roles of TLR4 and NOD signaling pathways. TLRs and NODs are two major forms of innate immune sensors, which play a central role in detection of invading pathogens and regulation of innate and adaptive immune responses by recognizing PAMPs.^{8,9} Of them, TLRs are transmembrane proteins which detect a variety of extracellular PAMPs, whereas NODs are cytoplasmic proteins which respond to PAMPs in the cytosol. Among the TLR family, TLR4 is the most studied member; it is responsible for recognizing endotoxin (LPS) present in the outer membrane of Gram-negative bacteria and triggering an inflammatory response.^{10,11} When engaged by LPS, the TLR4/MD-2/CD14 receptor complex transduces a signal sensed by MyD88, which is further transmitted by a cascade of downstream signaling molecules, such as IRAKs, TRAF6 and NF- κ B-inducing kinase, leading to activation of NF- κ B. Activation of NF- κ B leads to expression of the inflammatory genes, such as pro-inflammatory cytokines and COX2.¹⁰ Among the NOD family, NOD1 and NOD2 are the best-characterized members. Different from TLR4, NODs possess the ability to connect with the bacterial LPS and peptidoglycan, and to transduce a TLR-independent signal, which also leads to NF- κ B activation via the adaptor molecule RIPK2, and stimulates the synthesis of pro-inflammatory mediators.⁹ In the present experiment, we found that liver mRNA abundances of TLR4 and its downstream signals (MyD88, IRAK1 and TRAF6), and NOD1, NOD2 and their adaptor molecule (RIPK2) were reduced, and the protein and mRNA levels of liver TNF- α were decreased simultaneously in the pigs fed a fish oil diet after LPS challenge. Surprisingly, mRNA expression of NF- κ B p65 was not affected by fish oil. However, further protein expression analysis showed that NF- κ B p65 protein expression was down-regulated by fish oil. Some research investigating whether mRNA and protein expression are correlated has shown that

mRNA and protein are differentially expressed, which suggests frequent regulation of gene expression at the post-transcriptional level.⁴⁰ Currently, there are several reports about (n-3) PUFA regulating TLR signaling in cell models, such as monocyte/macrophage cells^{41–43} and intestinal microvascular endothelial cells.⁴⁴ However, data *in vivo* are lacking. Lee et al.⁴² reported that saturated fatty acids (lauric acid) stimulated, but (n-3) PUFA (EPA or DHA) inhibited the activation of TLR4 and the expression of its target genes in macrophage cells (RAW 264.7) and 293T cells. Most recently, Wong et al.⁴³ reported that n-3 PUFAs inhibited LPS- or lauric acid-induced activation of TLR4 through inhibition of receptor dimerization and recruitment into lipid rafts in a reactive oxygen species-dependent manner. Relative to the research on n-3 PUFA modulating the TLR signaling pathway, research on n-3 PUFA regulating NOD signaling is even more limited. Only research from Zhao et al.⁴⁵ reported that saturated fatty acids (lauric acid) stimulated, but n-3 PUFAs (such as EPA or DHA), inhibited NOD signaling pathways, and thus differentially modulated NF- κ B and IL-8 expression in human colonic epithelial HCT116 cells. In our current study, it is possible that the protective effects of fish oil on liver integrity were closely associated with decreasing the expression of hepatic pro-inflammatory cytokines through inhibition of the TLR4 and NOD signaling pathway.

In our study, owing to the dynamic changes that may occur in expression of hepatic pro-inflammatory mediators and signaling molecules,²⁶ measurements taken at one time point (4 h) are probably not adequate to confirm the roles of hepatic pro-inflammatory mediators and signaling molecules in LPS-induced liver injury. So, sample collections at more time points might be needed to analyze their dynamic changes in both mRNA and protein levels, which awaits further experimentation.

In summary, dietary treatment of fish oil attenuates LPS-induced liver injury in weaned pigs. It is possible that the hepatoprotective effects of fish oil may be closely associated with down-regulating the expression of hepatic pro-inflammatory cytokines via inhibition of TLR4 and NOD signaling pathways.

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Conflict of interest

The authors do not have any potential conflicts of interest to declare.

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