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Pathogenesis of Pulmonary Arterial Hypertension: Clues From Patient and Animal Models of Hereditary Hemorrhagic Telangiectasia

[Mourad Toporsian](#)

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Hereditary hemorrhagic telangiectasia (HHT) is a vascular disease characterized by multiple focal telangiectases and arteriovenous malformations (AVMs) in the pulmonary, hepatic, and cerebral microcirculations. These fragile structures are low-pressure conduits that can affect local tissue blood flow, and their potential rupture in vital organs can lead to internal hemorrhage, anemia, and death. Patients with HHT1 and HHT2 display very similar vascular lesions, but diverge with respect to organ involvement, where a higher prevalence of pulmonary AVMs (PAVMs) is seen in HHT1.¹

Mutations in the endoglin (ENG) and activin-like kinase 1 receptor (ACVLR1, ALK1) genes leading to haploinsufficiency are the underlying causes of HHT type 1 and HHT type 2,

respectively. Recent findings indicate that individuals harboring mutations in ENG or ACVLR1 can also present with varying degrees of pulmonary arterial hypertension (PAH) and/or HHT, suggesting that these diseases share defects in common or related signaling pathways. ENG is a 180kD homodimeric transmembrane glycoprotein that is mostly expressed on endothelial cells and acts as an ancillary receptor for several transforming growth factor-beta (TGF- β) superfamily ligands, including bone morphogenetic proteins (BMPs).² It can be found in both TGF- β and BMP receptor complexes such as TGF- β receptor 2 (T β RII)/ALK1³ and BMPRII/ALK1.⁴ ENG physically interacts with ALK1 and regulates its activity³ within these complexes. Both ENG-null (ENG^{-/-})^{5,6} and ALK1-null (ALK1^{-/-})⁷ mice die at mid-gestation (E9.5) from severe cardiovascular defects, while heterozygous mice are viable and serve as valuable models to study HHT.

In PAH, endothelial dysfunction and the characteristic loss of peripheral capillaries are believed to precede the muscularization and remodeling of pulmonary arteries.⁸ The activity of the endothelial nitric oxide synthase (eNOS) and nitric oxide (NO \bullet) bioavailability are critical determinants of normal endothelial and vascular function, which are perturbed in patients with PAH and in many animal models of this disease.⁹⁻¹¹ For example, eNOS activity is reduced in hypoxia-induced pulmonary hypertension as a result of impaired association of eNOS with its allosteric activator, heat shock protein 90 (Hsp90).¹² These changes in eNOS activation lead to increased eNOS-derived reactive oxygen species (ROS) production instead of NO \bullet in endothelial cells,¹³ and have been observed in an animal model of persistent pulmonary hypertension of the newborn.^{14,15} In response to a stimulus, eNOS activity is termed uncoupled when eNOS fails to efficiently couple the conversion of its substrate, L-arginine, to NO \bullet and instead produces superoxide (\bullet O $_2^-$; generally measured as ROS). Conditions that cause eNOS uncoupling include: 1) substrate (L-arginine) and/or co-factor (tetrahydrobiopterin, BH4) deficiencies, and 2) the impaired ability of eNOS to bind Hsp90.

ENG and ALK1 are expressed on endothelial cells of the distal pulmonary vasculature.¹⁶ ENG resides in endothelial caveolae, associates with eNOS, and facilitates eNOS activation by acting as a scaffolding protein, bringing cytoplasmic Hsp90 into close proximity with caveolar eNOS, and thus resulting in normal NO \bullet production. ENG-deficient endothelial cells have reduced eNOS/Hsp90 association during agonist-induced activation and produce increased eNOS-derived ROS instead of NO \bullet .¹⁷ Interestingly, adult ENG^{+/-} mice spontaneously acquire signs of PAH, including increased right ventricular systolic pressure (RVSP), muscularization of pulmonary arteries, and pruning of distal vessels.¹⁸ The onset of PAH in these mice is developmentally regulated and due to uncoupled eNOS activity acquired in adulthood.^{18,19} Treatment of adolescent ENG^{-/-} mice with the antioxidant Tempol prevents the onset and progression of PAH. More recently, it has been shown that adult ALK1^{+/-} mice also acquire signs of PAH due to uncoupled eNOS activity,²⁰ providing further support that a common defective pathway involving ENG/ALK1/eNOS may be critical for the spontaneous onset and progression of PAH. More specifically, ENG links TGF- β /BMP receptors including ALK1 to the eNOS activation complex. Its reduction renders eNOS unresponsive to the regulation of its phosphorylation status by TGF- β /BMP signals, leading to constitutive endothelial eNOS-derived oxidative stress.^{18,20}

While both ENG^{+/-} and ALK1^{+/-} mice acquire signs of PAH in adulthood via similar mechanisms,^{18,20} it is important to note that ALK1^{+/-} mice display a more severe phenotype. This has also been observed in humans harboring ALK1 mutations who tend to have a greater prevalence and severity of PAH compared to those with ENG mutations. Interestingly, PAVMs are more prevalent in HHT1 (ENG mutation) than in HHT2 (ALK1 mutation) patients

(48% vs 5%).¹ These low-resistance structures may serve to alleviate overall pulmonary vascular resistance (PVR) and thus mask the severity and attenuate the progression of PAH in patients with ENG mutations.²¹ Indeed, patients with ENG mutations presenting with PAH typically have lower PVR than those with ALK1 mutations.⁴ Moreover, in some of these cases, the increased pulmonary arterial pressure has eventually normalized with the appearance of PAVMs.^{22,23} These studies suggest that ENG mutations are a predisposing factor to PAH, and that PAVMs in HHT1 may result from abnormal vascular remodeling under high local pressure conditions, which may in turn serve to alleviate PVR. Manifestations of PAH and/or HHT may be influenced by genetic and environmental modifying factors that specifically affect the integrity of the ENG^{+/-} pulmonary vasculature and its ability for normal remodeling/repair under elevated intravascular pressure.

In summary, TGF- β /BMP signaling and eNOS activity are critical determinants of normal endothelial function and survival, which may be perturbed in PAH patients and in many animal models of this disease. ENG links certain TGF- β /BMP receptors to the eNOS activation complex, and that adult ENG^{+/-} and ALK1^{+/-} mice spontaneously develop signs of PAH due to increased pulmonary endothelial oxidative stress and reduced NO• bioavailability. A growing number of studies suggest a close association between PAH and HHT, and current experimental systems may provide a means to define the specific determinants in the pathogenesis of AVMs from those that underpin vascular remodeling leading to PAH. Moreover, the identification of novel factors that can regulate the level/activity of ENG, ALK1, and their associated signaling pathways irrespective of inborn mutations in TGF- β /BMP receptors may represent novel biomarkers of disease and potential therapeutic targets in the onset and progression of PAH.

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Key Words—arteriovenous malformations, endoglin, endothelial dysfunction, haploinsufficiency, hereditary hemorrhagic telangiectasia

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