

## Original Article

# Paeoniflorin protects HUVECs from AGE-BSA-induced injury via an autophagic pathway by acting on the RAGE

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**Abstract:** The aim of our study was to investigate the protective effects of Paeoniflorin (PF) against injury induced by AGE-modified bovine serum albumin (AGE-BSA) in human umbilical vein endothelial cells (HUVECs), and to examine the underlying mechanisms of these effects. A 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyl tetrazolium bromide (MTT) assay was used to determine cell viability. Protein expression levels were determined by western blotting. For function-blocking experiments, we used small interfering RNA molecules (siRNA) for function-blocking experiments. At 6 h, we found that 100 µg/mL AGE-BSA reduced the viability of HUVECs. However, pretreatment with PF restored cell viability in a dose-dependent manner. AGE-BSA increased the levels of microtubule-associated protein light chain 3-II (LC3-II) and the receptor for advanced glycation end products (RAGE). Expression of p62 protein was also increased, but not at a statistically significant level. Pretreatment with PF further increased levels of LC3-II and RAGE, but reduced the expression of p62. In cells transfected with Atg5 and RAGE siRNA, cell viability and expression of LC3-II decreased in both the AGE-BSA and PF + AGE-BSA treatments. PF can protect HUVECs from AGE-BSA-induced injury by upregulating autophagy and promoting the completion of autophagy flux. RAGE plays an important role in this autophagic protection effect.

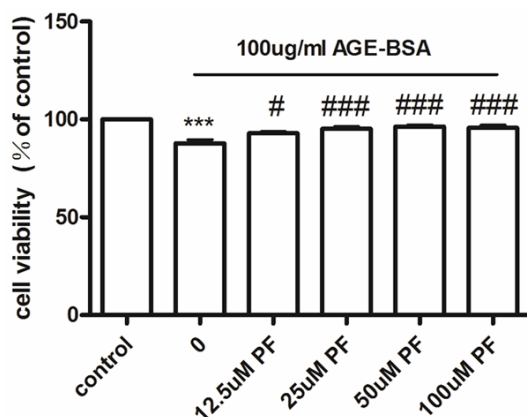
**Keywords:** Human umbilical vein endothelial cells (HUVECs), advanced glycation end products (AGEs), receptor for advanced glycation end products (RAGE), paeoniflorin (PF), autophagy flux

## Introduction

Advanced glycation end products (AGEs) are the end-stage product formed in the body by a non-enzymatic glycosylation reaction that occurs between reducing sugars and proteins or lipids. They are also a group of heterogeneous compounds accumulated in diabetes because of factors including increased reactive carbohydrate substrate availability, oxidative condition favoring glycation and injured detoxification [1]. There is growing evidence that the accumulation of AGEs can trigger oxidative stress, oxidized lipids, inflammation, metabolic stress conditions and apoptosis, which can lead to the dysfunction of endothelial cells. Such dysfunction, with vascular injury, can lead to an increase in atherosclerosis plaque formation [2, 3]. Recent studies have shown that AGEs can accelerate the atherosclerotic (AS) process in type 2 diabetics with coronary heart

disease [4]. In diabetic patients, some studies have shown that the accumulation of interaction between AGEs and the receptor for advanced glycation end products (RAGE) is a key factor in the development of atherosclerotic lesions of vascular smooth muscle cells (VSMCs) [5, 6].

RAGE, macrophage scavenger receptor type I and type II, and other receptors, like AGE-R1 (oligosaccharyl transferase-48), AGE-R2 (80K-H phosphoprotein), and AGE-R3 (galectin-3). RAGE has recently been recognized as a member of the immunoglobulin superfamily, and is encoded in the Class III major histocompatibility complex region the area adjacent to the TNF-α and the encoding regions of several complement components [7]. Several RAGE ligands have been identified, including high-mobility group protein 1 (HMGB1), AGEs, and members of the S100 protein family [8]. The interaction of



**Figure 1.** Cell viability in cultured HUVECs, measured with an MTT assay. Compared with the control, at 6 h, 100  $\mu\text{g/mL}$  AGE-BSA reduces the viability of HUVECs. Pretreatment for 0.5 h with concentrations of PF ranging from 12.5-100  $\mu\text{mol/L}$  increases cell viability in a dose-dependent manner. At 25  $\mu\text{mol/L}$ , the protective effect of PF reaches a plateau. \*\*\* $P < 0.001$  vs. control; # $P < 0.05$  vs. AGE-BSA; ### $P < 0.001$  vs. AGE-BSA.

RAGE and the RAGE ligand is related to the survival and inflammatory responses of cells that express the receptor, and to increased levels of phosphorylation in ERK and NF- $\kappa\text{B}$  p65. The expression of RAGE is significantly increased in cells under stress, and this has been linked to a variety of inflammatory diseases (including sepsis), diabetes, atherosclerosis, and to the pathogenesis of Alzheimer's disease [9, 10]. Some studies have shown that knocking out RAGE in tumor cells can lead to weakened autophagy. In contrast, increasing the expression of RAGE can enhance autophagy, and thereby enhance cell viability [11]. RAGE can also maintain the level of autophagy, which is related to increasing phosphorylation of mTOR and the formation of the Beclin-1/VPS34 autophagosome [11].

Paeoniflorin (PF), a monoterpene glycoside, is the main active ingredient derived from the dried roots of *Paeonia* [12]. It has been widely used in China for more than 1000 years to treat a variety of diseases, including viral hepatitis, systemic lupus erythematosus, pain, giddiness, gynecological problems, and gynecological disease [13]. A growing number of studies show that PF is associated with mitochondrial homeostasis, and is involved in processes such as the maintenance of intracellular calcium concentration, scavenging reactive oxygen species, and inhibition of the inflammatory response [14]. There is evidence that PF could

have anti-inflammatory and anti-apoptotic effects through the HMGB1-RAGE/TLR-2/TLR-4-NF- $\kappa\text{B}$  pathway [15], some studies suggest that PF is a critical antioxidant, decreased the number of ROS, LDH, and MDA equivalents; decrease the apoptotic ratio of cells; reduce the activity of caspase-3; and repair total SOD and GSH-Px activities. Further more, PF almost completely blocked the  $\text{H}_2\text{O}_2$ -induced phosphorylation of ERK1/2 in HUVECs [16], which suggests that PF could play a relevant role through influence the RAGE pathway.

In a preliminary experiment, we used an MTT assay to investigate the effect of AGE-BSA on HUVECs. We found that 100  $\mu\text{g/mL}$  AGE-BSA applied for 6 h, reduced the viability of HUVECs compared to the control group. When we added an autophagy inducer, rapamycin hormone (Rap), cell viability increased, which indicates that increased completion of autophagy in cells has a protective role. After adding an autophagy inhibitor, 3-MA, cell viability decreased, indicating that inhibition of autophagy could increase damage to the cell. In our current study, we will investigate whether PF protects HUVECs from AGE-BSA-induced injury by upregulating autophagy, and examine whether PF increases the level of autophagy through a RAGE-mediated pathway.

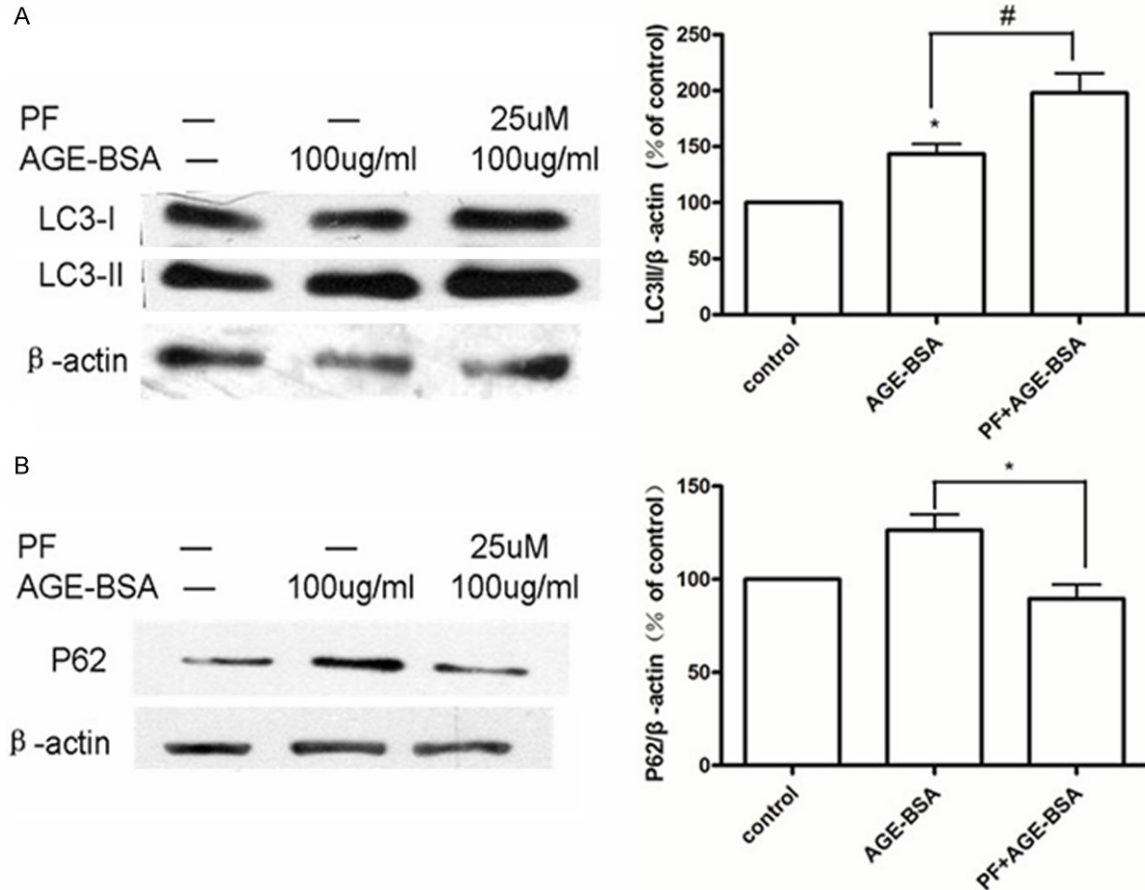
## Material and methods

### Materials

HUVECs were obtained from the Institute of Neuroscience, Soochow University (Suzhou, China). PF (purity  $\geq 98\%$ ) was purchased from the Yangling Dongke Pharmaceutical Division (Shanxi, China). AGE-BSA was purchased from Sigma-Aldrich (St. Louis, MO, USA). Dulbecco's modified Eagle's medium (DMEM) and fetal bovine serum (FBS) were provided by Gibco-BRL (Grand Island, NY, USA). RAGE RNAi and Atg5 RNAi were designed and purchased from Shanghai GenePharma (Shanghai, China). RAGE, Atg5, LC-3, p62, and  $\beta$ -actin antibodies were obtained from Abcam (Cambridge, UK). 3-(4,5-dimethylthiazol-2-yl)-2,5-diphenyltetrazolium bromide (MTT) was obtained from Beyotime Biotechnology (Jiangsu, China).

### Cell culture and treatment

HUVECs were cultured in DMEM containing 10% (v/v) FBS, 100 U/mL penicillin, and 100



**Figure 2.** PF induces autophagy in HUVECs. A. In a western blot assay, HUVECs treated for 6 h with 100  $\mu$ g/mL AGE-BSA increase expression of LC3-II. Pretreatment with 25  $\mu$ mol/L PF for 0.5 h further increases expression. \* $P$  < 0.05 vs. control; # $P$  < 0.05 vs. AGE-BSA. B. HUVECs treated with 100  $\mu$ g/mL AGE-BSA for 6 h show a small, but not significant, change in expression of p62. Pretreatment with 25  $\mu$ mol/L PF for 0.5 h reduces p62 protein expression. \* $P$  < 0.05 vs. AGE-BSA.

$\mu$ g/mL streptomycin, and at 37°C in a humidified atmosphere containing 5% CO<sub>2</sub>. Cells were passaged by trypsinization and seeded at approximately 105 cells/mL. When cells reached 80% confluence, the culture medium was replaced with serum-free medium for 24 h. In the appropriate treatments, cells were pretreated with 25  $\mu$ mol/L PF for 0.5 h prior to a 24 h exposure to AGE-BSA (100  $\mu$ g/mL). The cells used in the experiments underwent 4 to 8 passages.

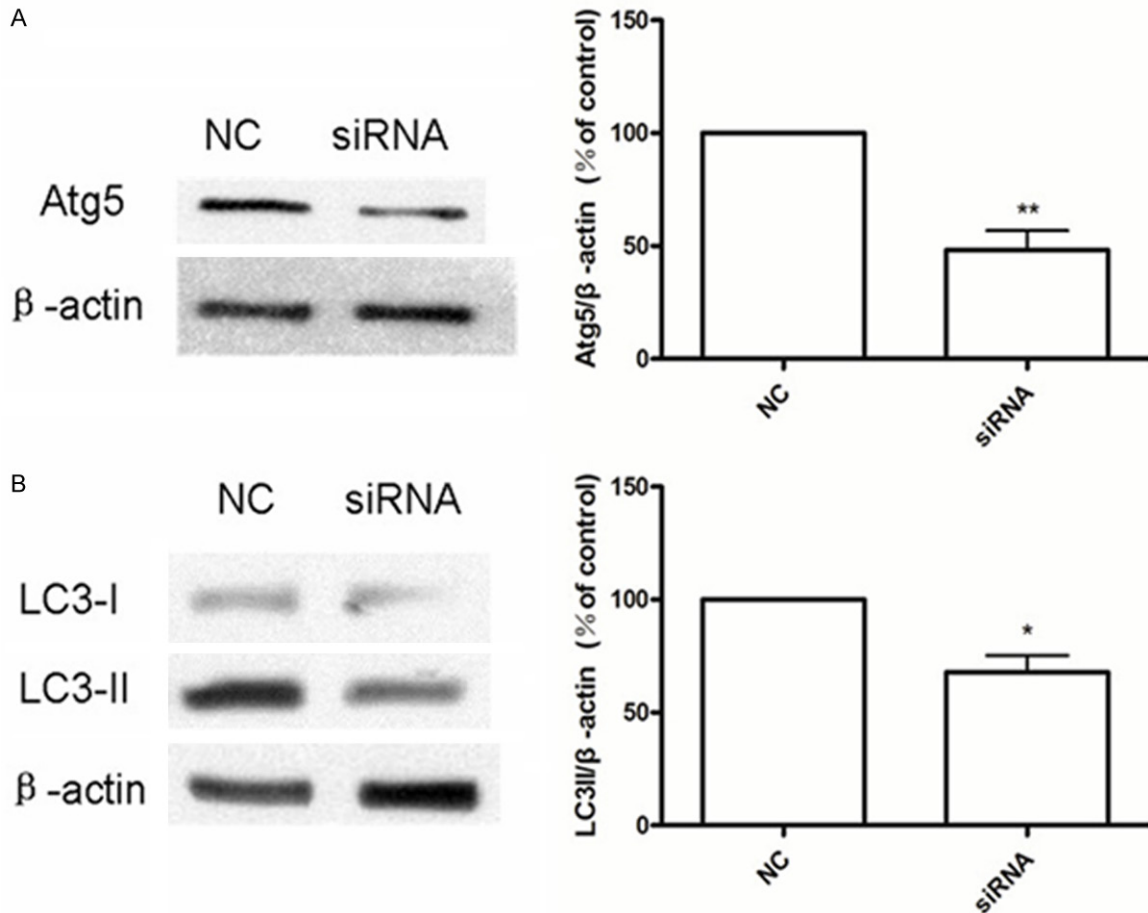
#### Cell viability assay

MTT was used to determine cell viability. Briefly, HUVECs were seeded at a density of  $1 \times 10^4$  cells/well in a 96-well culture plate. Following drug treatment, the cells were washed twice with PBS to remove residual medium, 10  $\mu$ L of MTT (0.5 mg/mL) was added to each well, and

they were incubated for an additional 4 h at 37°C. Subsequently, we added 100  $\mu$ L of dimethyl sulfoxide (DMSO) to dissolve the MTT, and the absorbance at 490 nm was read on a microplate reader. We expressed cell viability data as a percentage of the control, which was considered 100% viable.

#### Western blot analysis

Protein expression levels of RAGE, Atg5, LC-3, p62, and  $\beta$ -actin were determined by western blotting. Briefly, after drug treatment, cells were lysed with ice-cold lysis buffer (0.33 mol/L Tris/HCl, 10% SDS (w/v), 40% glycerol (v/v) and 50 mmol/L DTT containing bromophenol blue), and the protein content of the lysates was measured using the bicinchoninic acid (BCA) method. Equal amounts of protein were separated by 10% SDS-PAGE and transferred to a nitrocel-



**Figure 3.** A. Atg5 siRNA reduces the expression of Atg5 protein. Compared to the negative control (NC), cells transfected with Atg5 siRNA express less Atg5 protein.  $^{**}P < 0.01$  vs. NC. B. Using western blotting, we observe that in cells transfected with siRNA to inhibit the expression of Atg5, the level of LC3-II expression is also reduced.  $^{*}P < 0.05$  vs. NC.

lulose membrane. After being blocked with TBST containing 5% bovine serum albumin, membranes were incubated overnight at 4°C with the primary antibody for RAGE, Atg5, LC-3, p62 or  $\beta$ -actin, and subsequently incubated at room temperature for 1 h with the corresponding horseradish peroxidase-conjugated secondary antibody. The protein bands were quantified by video densitometry and the results were normalized to  $\beta$ -actin expression.

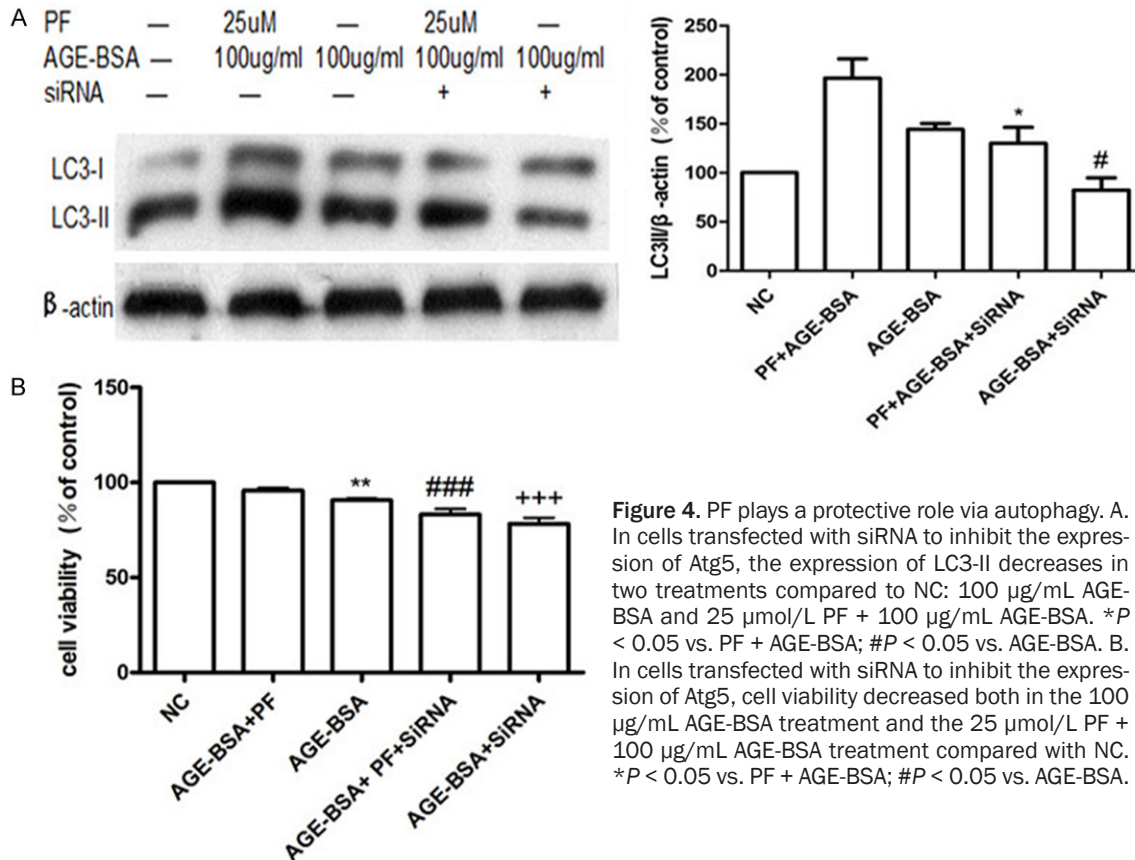
#### RNA interference

In function-blocking experiments, we used small interfering RNA molecules (siRNA) targeted to RAGE mRNA and Atg5 mRNA, which we purchased from Shanghai GenePharma. The siRNA was designed against RAGE (sense, 5'-GCCGAAAUUGUGAAUCCUTT-3'; antisense, 5'-AGGAUUCACAAUUUCCGGCTT-3') and Atg5

(sense, 5'-GCAACTCTGGATGGGATTG-3'; anti-sense, 5'-CATCTGAGCTACCCGGATA-3'). The negative control siRNA was non-targeting (sense, 5'-UUCUCCGAACGUGUCACGUTT-3'; anti-sense, 5'-ACGUGACACGUUCGGAGAATT-3'). Cells were transfected with siRAGE using Lipofectamine 2000 (Invitrogen, USA) for 48 h according to the manufacturer's instructions. The final concentration of siRNA was 100 pM. The efficacy of RNA interference was determined by Western blotting.

#### Statistical analysis

All data were obtained from at least 3 individual experiments. Values are expressed as the mean  $\pm$  SEM. Statistical analysis between groups was performed by one-way ANOVA. Statistical significance was set at  $P < 0.05$ .



## Results

### *PF has a protective effect against AGE-BSA-induced injury in HUVECs*

Using the MTT method, we found that at 6 h, 100 g/mL AGE-BSA reduced the viability of HUVECs viability. However, we found that pre-treatment for 0.5 h with concentrations of PF from 12.5-100 mol/L restored cell viability in a dose-dependent manner. At a concentration of 25 mol/L, the protective effect of PF reached a plateau (**Figure 1**).

### *PF increases the activity of AGE-BSA-induced autophagy*

Using Western blotting, we found that HUVECs treated with 100 µg/mL AGE-BSA for 6 h showed increased expression of LC3-II, which indicates the activation of autophagy, and pre-treatment for 0.5 h with 25 µmol/L PF further upregulated levels of LC3-II (**Figure 2A**). Although p62 protein expression increased in HUVECs following treatment with 100 µg/mL AGE-BSA for 6 h, the increase was not statistically significant. Where HUVECs were pretreat-

ed with 25 µmol/L PF for 0.5 h, expression of p62 was reduced compared with AGE-BSA treatment (**Figure 2B**).

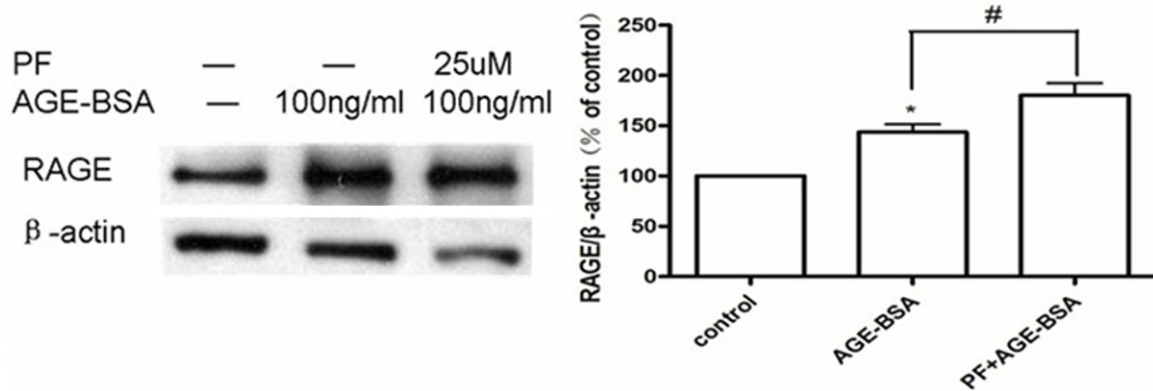
### *The protective role of PF is achieved via autophagy*

Compared to control cells, Atg5 protein expression was reduced by almost 50% in cells transfected with Atg5 siRNA (**Figure 3A**). Using western blotting, we found that cells transfected with siRNA to inhibit the expression of Atg5 showed significantly reduced the expression of LC3-II (**Figure 3B**). Specifically, levels of LC3-II decreased in two treatments: 100 µg/mL AGE-BSA and 25 µmol/L PF + 100 µg/mL AGE-BSA (**Figure 4A**). Using the MTT method, we found that the viability of cells in these two treatments also decreased compared with control cells (**Figure 4B**).

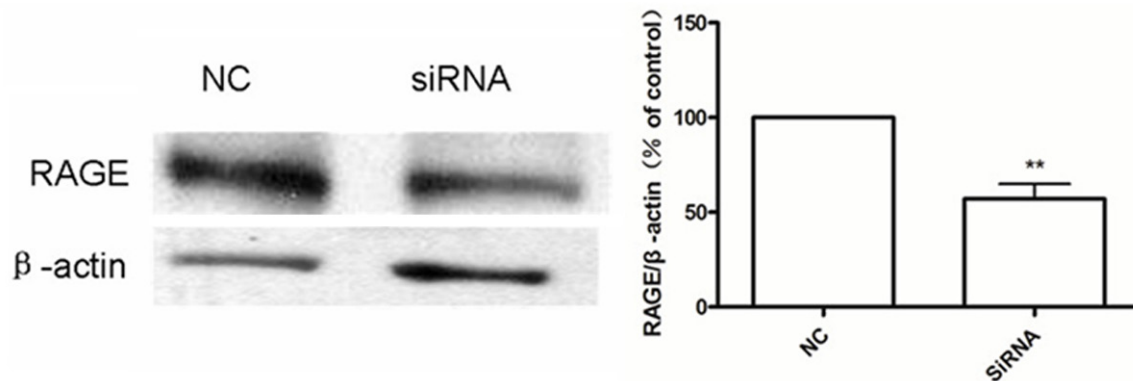
### *RAGE plays an essential role in PF-induced autophagy*

The results of western blotting showed that HUVECs treated with 100 µg/mL AGE-BSA for 6 h increased their expression of RAGE. Pretrea-

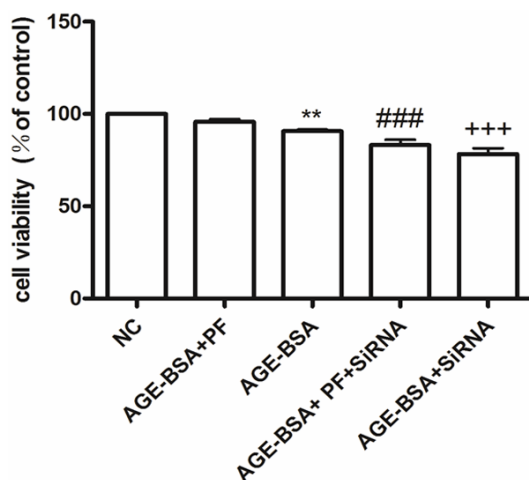




**Figure 5.** PF increases the expression of RAGE. In HUVECs treated for 6 h with 100  $\mu\text{g/mL}$  AGE-BSA, either in isolation or with a pretreatment of 25  $\mu\text{mol/L}$  PF for 0.5 h, expression of RAGE increases compared to that in control cells. Pretreatment with PF causes the most pronounced increase in RAGE expression. \* $P < 0.05$  vs. control; # $P < 0.05$  vs. AGE-BSA.



**Figure 6.** Measured by western blotting, cells transfected with RAGE siRNA show an almost 50% reduction in RAGE protein expression. \*\* $P < 0.01$  vs. NC.



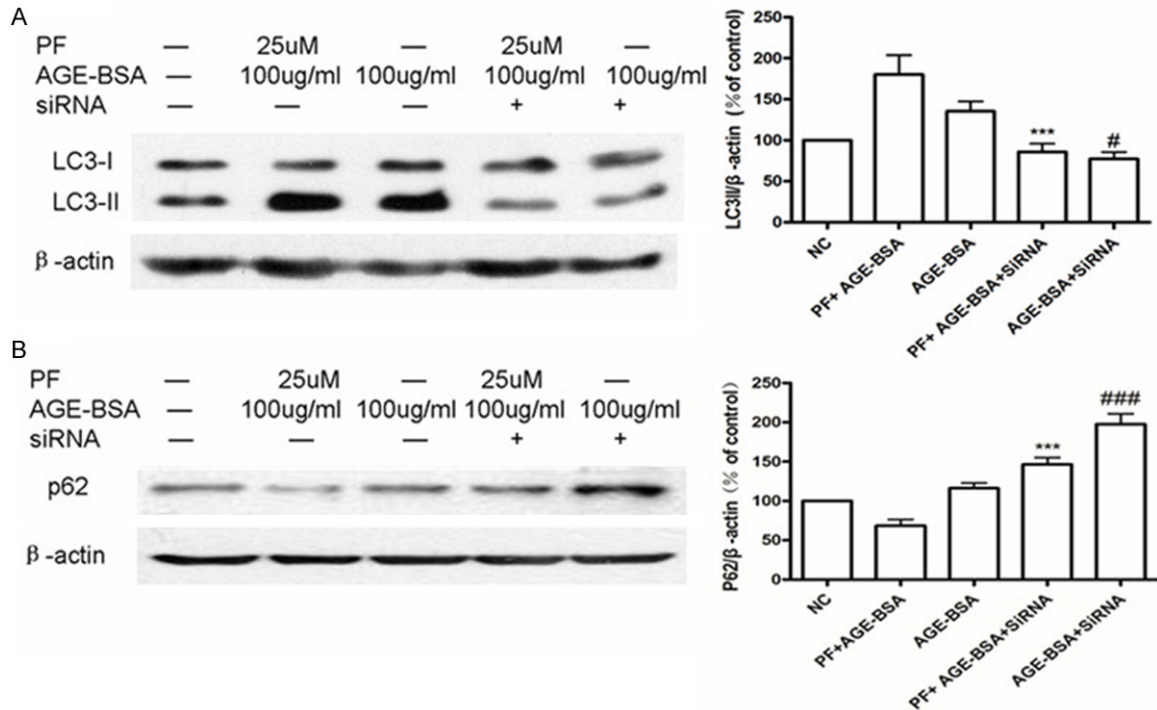
**Figure 7.** Cell viability in cultured HUVECs, measured by the MTT assay. Compared with the NC, HUVECs treated with AGE-BSA (100  $\mu\text{g/mL}$ , 6 h) show decreased viability, but this effect is attenuated by pretreating cells with PF (25  $\mu\text{mol/L}$ ). In cells trans-

ected with RAGE siRNA, cell viability decreases, but does so at various degrees. \*\* $P < 0.01$  vs. NC; ### $P < 0.001$  vs. AGE-BSA + PF; +++ $P < 0.001$  vs. AGE-BSA.

tment with 25  $\mu\text{mol/L}$  PF for 0.5 h further increased the expression of RAGE (Figure 5).

Where we transfected cells with RAGE siRNA, their expression of RAGE protein was reduced by almost 50% relative to control cells (Figure 6).

Compared with the control, HUVECs treated with AGE-BSA (100  $\mu\text{g/mL}$ , 6 h) showed decreased viability, but pretreating cells with PF (25  $\mu\text{mol/L}$ ) attenuated this effect. However, in cells transfected with RAGE siRNA, cell viability was significantly decreased, by varying degrees, in both treatments (Figure 7).



**Figure 8.** RAGE plays an essential role in PF-induced autophagy. A. Using western blotting, we found that AGE-BSA or PF + AGE-BSA induces an increase in LC3-II expression in cells, but a significant decrease in expression is observed in cells transfected with RAGE siRNA. \*\*\* $P < 0.001$  vs. PF + AGE-BSA; # $P < 0.05$  vs. AGE-BSA. B. Treatment with AGE-BSA does not significantly affect the expression of p62 protein. Pretreatment with 25  $\mu\text{mol/L}$  PF for 0.5 h results in reduced p62 protein expression. However, in cells transfected with RAGE siRNA, p62 expression increases in varying degrees. \*\*\* $P < 0.001$  vs. PF + AGE-BSA; ### $P < 0.001$  vs. AGE-BSA.

In cells transfected with RAGE siRNA, we found that treatment with AGE-BSA or PF significantly increased expression of LC3-II compared to control cells. These data illustrate that, in HUVECs, RAGE plays an essential role in PF-induced autophagy (Figure 8A). Treatment with AGE-BSA did not significantly change the expression of p62 protein compared to the control group, but after pretreatment for 0.5 h with 25  $\mu\text{mol/L}$  PF expression of p62 decreased. However, in cells transfected with RAGE siRNA, expression of p62 increased at varying degrees (Figure 8B).

## Discussion

Autophagy is an evolutionarily conserved process involving the degradation of long-lived proteins [17]. It also plays a balance role in cell growth, development, and homeostasis [18]. The autophagic-lysosomal pathway (ALP) is considered the main mechanism involved in removal of misfolded proteins and cell debris. Autophagy also has a cytoprotective effect,

removing the aggregation of denatured proteins and damaged organelles [19]. The autophagy process involves many genes, the critical one is microtubule-associated protein 1 light chain 3 (LC3), which is important to autophagosome formation, the best identified mammalian protein species that is specifically associated with autophagic vacuole membranes [20]. When autophagy is induced, the cytoplasmic form of LC3 (LC3-I) will transform into the membrane-associated form of LC3 (LC3-II) [21]. LC3-II is the primary protein of autophagy [21]. The role of the p62 protein is to connect the LC3 protein to an ubiquitination substrate, so that it can be incorporated into the complete phagosome, by final autophagic lysosomal to degradation, marking the completion of autophagy flux [22, 23]. Atg5, a key molecule involved in autophagic vacuole formation, a protein which is necessary for autophagy, is required for autophagic cell death, stress-mediated cell death, starvation-induced apoptosis, starvation-induced cell death [24]. As autophagy research has developed, it has become clear

that an increase in the number of autophagosomes alone does not necessarily correlate with increased autophagic activity or flux. Instead, the striking accumulation of autophagic vacuoles in cells likely reflects an imbalance between the rates of autophagic sequestration and completion of the degradative process. In other words, these cells can be thought of as undergoing 'autophagic stress' [25].

In our experiments, AGE-BSA increased the level of LC3-II and had no obviously effect on p62 protein expression in HUVECs. Meanwhile, AGE-BSA reduced cell viability in HUVECs. A cytotoxic effect may be caused by autophagy stress induced by AGE-BSA. Therefore, we propose that treating HUVECs with AGE-BSA caused autophagy dysfunction, and that autophagy flux was not completed.

Our previous experiments showed that pretreatment for 0.5 h with the autophagy inducer rapamycin (Rap) somewhat increased cell viability. Overall, our results indicate that AGE-BSA caused autophagy stress and cellular damage, while raising the level of autophagy, and promoting the completing of autophagy flux, has a protective effect in the cell. Conversely, other studies have indicated that autophagy is involved in AGE-BSA-induced proliferation of VSMCs. The interaction between AGE-BSA and RAGE significantly increased autophagy in VSMCs via the ERK and Akt pathways [20]. Recent studies have shown that PF protects PC12 cells from MPP<sup>+</sup> and acidic damage via the autophagic pathway and enhances the autophagic degradation of  $\alpha$ -synuclein by regulating the expression and activity of ASICs [26, 27]. Researches also convey that paeoniflorin could reduce the expression of HIF-1 $\alpha$ , p53, BNIP3, and against hypoxia-induced apoptosis of endothelial cells [28]. Thus, PF exerts protective effects against cytotoxicity. In our results, we found that pretreating cells with PF further increases levels of LC3-II and decreased expression of p62. We therefore postulate that PF promotes completion of autophagy flux and protects HUVECs from AGE-BSA damage via the autophagic pathway.

Atg5 has been characterized as a protein specifically required for autophagy. In many vivo observations, we have found higher atherosclerotic plaque formation incidence rate in macrophage-specific Atg5-knockout mice, also have

an increase in both apoptosis and oxidative stress, and decreased efferocytosis [29]. In addition to its role in the formation of autophagosomes, Atg5 fragments produced by calpain cleavage have proapoptotic properties [30]. In order to verify that PF exerts a protective effect via the autophagic pathway, we silenced the expression of Atg5. We found that the protective effect of PF decreased significantly. Thus, we infer that PF can protect HUVECs from AGE-BSA damage by simultaneously upregulating autophagy and promoting the completion of autophagy flux.

RAGE is the main receptor for AGEs. Studies have shown that pretreatment with PF significantly inhibits inflammatory cytokines caused by lysophosphatidylcholine (LPC). PF downregulates the expression of RAGE, TLR-2 and TLR-4 mRNA and protein, and reduces NF- $\kappa$ B activity, thereby inhibiting the production of inflammatory cytokines that are induced by LPC [15]. PF can reduce the levels of proinflammatory cytokines, and has a protective action by increasing oxidative stress and by adding Methylglyoxal (MG) detoxification system, which can against MG-induced cell damage [31]. These results suggest that PF acts on RAGE and exerts anti-inflammatory effects. Studies have shown that AGE-BSA induce cardiomyocyte autophagy by inhibiting the PI3K/Akt/mTOR pathway via RAGE [32]. Investigates have indicated that use amyloid-beta peptide ( $A\beta$ ) treatment SH-SY5Y cells could increase the formation of autophagosomes, which was mediated by RAGE-calcium-CaMKK $\beta$ -AMPK pathway. But inhibition the express of RAGE could attenuate autophagosome formation and AMPK signaling, to the contrary, RAGE overexpression amplified the induction of autophagy [33]. RAGE is a positive regulator of autophagy, and a negative regulator of apoptosis during oxidative stress [34]. some data convey that RAGE may prevent monocyte chemotaxis and attraction into the vessel wall where AGEs deposited form, which mean its key role in the development of vascular disease, especially in patients with diabetes [35]. Together, this suggests that RAGE is important for autophagy. We tested whether PF also increases autophagy through the RAGE pathway, and thus protects HUVECs. We found that AGE-BSA and PF could increase the level of autophagy in HUVECs. However, in HUVECs that were transfected with RAGE siRNA, the level of



autophagy was significantly reduced. This illustrates the interaction between AGEs and RAGE, and their connection to the upregulation of autophagy.

In conclusion, our results demonstrate that PF can protect HUVECs from AGE-BSA damage by inducing upregulation of autophagy and promoting the completion of autophagy flux through the RAGE pathway. But the specific mechanism and downstream signaling pathways that determine the RAGE-mediated autophagy flux completion are not yet clear. Further research is necessary to investigate and uncover these mechanisms. However, where PF exerts cytoprotection by eliminating autophagy stress and promoting the completion of autophagy flux, it may become a new therapeutic target, for example, in diabetics with atherosclerosis and other systemic diseases and complications.

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## Disclosure of conflict of interest

None.

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